

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Women 18-24 50 Yard Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
14	Jacobson, Naomi	20	Pacific Northwest Aquatics	26.30
18	Dowd, Laura D	19	Pacific Northwest Aquatics	27.28
21	Salman, Erin K	19	Pacific Northwest Aquatics	27.75

**Women 18-24 100 Yard Freestyle**

10	Jacobson, Naomi	20	Pacific Northwest Aquatics	57.42
	27.63	57.42 (29.79)		
13	Crandell, Kelly J	22	Pacific Northwest Aquatics	1:00.39
	28.86	1:00.39 (31.53)		
14	Salman, Erin K	19	Pacific Northwest Aquatics	1:00.61
	28.87	1:00.61 (31.74)		

**Women 18-24 200 Yard Freestyle**

9	Lassiter, Mary C	20	Pacific Northwest Aquatics	2:05.02
	28.49	59.82 (31.33)	1:32.40 (32.58)	2:05.02 (32.62)
12	Jacobson, Naomi	20	Pacific Northwest Aquatics	2:08.44
	30.05	1:02.24 (32.19)	1:34.68 (32.44)	2:08.44 (33.76)
13	Jahnke, Amy V	20	Pacific Northwest Aquatics	2:09.69
	30.47	1:03.32 (32.85)	1:36.72 (33.40)	2:09.69 (32.97)
18	Crandell, Kelly J	22	Pacific Northwest Aquatics	2:13.16
	30.57	1:03.52 (32.95)	1:38.01 (34.49)	2:13.16 (35.15)

**Women 18-24 500 Yard Freestyle**

6	Lassiter, Mary C	20	Pacific Northwest Aquatics	5:33.61
	29.20	1:01.44 (32.24)	1:34.78 (33.34)	2:08.65 (33.87)
	2:42.66 (34.01)	3:16.66 (34.00)	3:51.01 (34.35)	4:25.00 (33.99)
	4:59.48 (34.48)	5:33.61 (34.13)		
7	Jahnke, Amy V	20	Pacific Northwest Aquatics	5:40.54
	31.14	1:04.78 (33.64)	1:38.83 (34.05)	2:13.20 (34.37)
	2:47.61 (34.41)	3:22.14 (34.53)	3:57.01 (34.87)	4:32.01 (35.00)
	5:06.68 (34.67)	5:40.54 (33.86)		
11	Bloxham, Michelle M	20	Pacific Northwest Aquatics	5:51.50
	29.99	1:03.00 (33.01)	1:37.64 (34.64)	2:13.13 (35.49)
	2:49.07 (35.94)	3:25.09 (36.02)	4:01.68 (36.59)	4:38.28 (36.60)
	5:15.42 (37.14)	5:51.50 (36.08)		
17	Breed, Carrie L	23	Pacific Northwest Aquatics	6:06.03
	32.61	1:08.38 (35.77)	1:45.05 (36.67)	2:21.78 (36.73)
	2:58.55 (36.77)	3:35.60 (37.05)	4:12.84 (37.24)	4:50.46 (37.62)
	5:28.64 (38.18)	6:06.03 (37.39)		

**Women 18-24 1000 Yard Freestyle**

4	Crandell, Kelly J	22	Pacific Northwest Aquatics	12:43.45
	33.66	1:09.32 (35.66)	1:46.46 (37.14)	2:24.59 (38.13)
	3:02.45 (37.86)	3:40.80 (38.35)	4:19.75 (38.95)	4:58.78 (39.03)
	5:37.68 (38.90)	6:16.65 (38.97)	6:55.28 (38.63)	7:33.77 (38.49)
	8:12.30 (38.53)	8:51.44 (39.14)	9:30.39 (38.95)	10:09.67 (39.28)
	10:48.83 (39.16)	11:27.44 (38.61)	12:06.15 (38.71)	12:43.45 (37.30)

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Women 18-24 1650 Yard Freestyle**

2	Lassiter, Mary C	20	Pacific Northwest Aquatics		19:13.50
	30.01	1:02.81 (32.80)	1:36.89 (34.08)	2:11.00 (34.11)	
	2:45.20 (34.20)	3:19.86 (34.66)	3:54.45 (34.59)	4:29.21 (34.76)	
	5:04.20 (34.99)	5:39.42 (35.22)	6:14.52 (35.10)	6:49.88 (35.36)	
	7:25.27 (35.39)	8:00.60 (35.33)	8:36.01 (35.41)	9:11.40 (35.39)	
	9:47.11 (35.71)	10:22.56 (35.45)	10:58.23 (35.67)	11:34.27 (36.04)	
	12:10.05 (35.78)	12:45.79 (35.74)	13:21.53 (35.74)	13:56.62 (35.09)	
	14:31.90 (35.28)	15:07.31 (35.41)	15:42.58 (35.27)	16:17.96 (35.38)	
	16:53.35 (35.39)	17:29.06 (35.71)	18:03.81 (34.75)	18:39.37 (35.56)	19:13.50 (34.13)
6	Breed, Carrie L	23	Pacific Northwest Aquatics		20:59.61
	33.27	1:09.42 (36.15)	1:46.70 (37.28)	2:24.29 (37.59)	
	3:02.26 (37.97)	3:40.25 (37.99)	4:18.51 (38.26)	4:56.89 (38.38)	
	5:35.45 (38.56)	6:13.51 (38.06)	6:51.92 (38.41)	7:30.53 (38.61)	
	8:08.86 (38.33)	8:46.93 (38.07)	9:25.15 (38.22)	10:03.39 (38.24)	
	10:41.64 (38.25)	11:19.79 (38.15)	11:58.06 (38.27)	12:36.58 (38.52)	
	13:14.79 (38.21)	13:53.63 (38.84)	14:32.14 (38.51)	15:10.79 (38.65)	
	15:49.47 (38.68)	16:28.46 (38.99)	17:07.17 (38.71)	17:45.76 (38.59)	
	18:24.62 (38.86)	19:03.47 (38.85)	19:42.46 (38.99)	20:21.23 (38.77)	20:59.61 (38.38)

**Women 18-24 50 Yard Backstroke**

5	Bloxham, Michelle M	20	Pacific Northwest Aquatics		30.32
7	Dowd, Laura D	19	Pacific Northwest Aquatics		33.35
---	Ritch, Rosanne M	23	Pacific Northwest Aquatics		NS

**Women 18-24 100 Yard Backstroke**

5	Lassiter, Mary C	20	Pacific Northwest Aquatics		1:04.83
	31.68	1:04.83 (33.15)			
8	Bloxham, Michelle M	20	Pacific Northwest Aquatics		1:05.51
	31.96	1:05.51 (33.55)			
14	Ritch, Rosanne M	23	Pacific Northwest Aquatics		1:12.31
	34.26	1:12.31 (38.05)			
18	Salman, Erin K	19	Pacific Northwest Aquatics		1:18.05
	37.80	1:18.05 (40.25)			

**Women 18-24 200 Yard Backstroke**

3	Lassiter, Mary C	20	Pacific Northwest Aquatics		2:16.24
	31.61	1:05.90 (34.29)	1:41.29 (35.39)	2:16.24 (34.95)	
10	Ritch, Rosanne M	23	Pacific Northwest Aquatics		2:36.31
	38.71	1:18.71 (40.00)	1:58.41 (39.70)	2:36.31 (37.90)	

**Women 18-24 50 Yard Breaststroke**

9	Dowd, Laura D	19	Pacific Northwest Aquatics		35.66
10	Salman, Erin K	19	Pacific Northwest Aquatics		36.90
12	Speer, Sasha M	21	Pacific Northwest Aquatics		38.63

**Women 18-24 100 Yard Breaststroke**

17	Salman, Erin K	19	Pacific Northwest Aquatics		1:21.14
	38.38	1:21.14 (42.76)			
18	Speer, Sasha M	21	Pacific Northwest Aquatics		1:22.78
	39.20	1:22.78 (43.58)			

**Women 18-24 200 Yard Breaststroke**

13	Breed, Carrie L	23	Pacific Northwest Aquatics		2:51.00
	39.40	1:22.37 (42.97)	2:06.35 (43.98)	2:51.00 (44.65)	

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****(Women 18-24 200 Yard Breaststroke)**

15	Crandell, Kelly J	22	Pacific Northwest Aquatics	2:56.34
	39.66	1:23.97 (44.31)	2:09.62 (45.65)	2:56.34 (46.72)
16	Speer, Sasha M	21	Pacific Northwest Aquatics	2:57.89
	40.38	1:25.09 (44.71)	2:11.60 (46.51)	2:57.89 (46.29)

**Women 18-24 50 Yard Butterfly**

*14	Jahnke, Amy V	20	Pacific Northwest Aquatics	29.90
*14	Bloxham, Michelle M	20	Pacific Northwest Aquatics	29.90
16	Jacobson, Naomi	20	Pacific Northwest Aquatics	30.07
18	Dowd, Laura D	19	Pacific Northwest Aquatics	31.00

**Women 18-24 100 Yard Butterfly**

11	Jahnke, Amy V	20	Pacific Northwest Aquatics	1:06.54
	31.07	1:06.54 (35.47)		
13	Bloxham, Michelle M	20	Pacific Northwest Aquatics	1:06.89
	30.92	1:06.89 (35.97)		

**Women 18-24 200 Yard Butterfly**

5	Jahnke, Amy V	20	Pacific Northwest Aquatics	2:25.15
	31.72	1:08.38 (36.66)	1:46.49 (38.11)	2:25.15 (38.66)
9	Crandell, Kelly J	22	Pacific Northwest Aquatics	2:48.86
	35.28	1:17.92 (42.64)	2:03.02 (45.10)	2:48.86 (45.84)

**Women 18-24 100 Yard IM**

11	Jacobson, Naomi	20	Pacific Northwest Aquatics	1:07.24
	30.75	1:07.24 (36.49)		
17	Dowd, Laura D	19	Pacific Northwest Aquatics	1:09.84
	32.39	1:09.84 (37.45)		
18	Breed, Carrie L	23	Pacific Northwest Aquatics	1:11.58
	33.39	1:11.58 (38.19)		
20	Ritch, Rosanne M	23	Pacific Northwest Aquatics	1:13.61
	33.55	1:13.61 (40.06)		

**Women 18-24 200 Yard IM**

7	Lassiter, Mary C	20	Pacific Northwest Aquatics	2:22.42
	32.52	1:07.90 (35.38)	1:50.08 (42.18)	2:22.42 (32.34)
15	Breed, Carrie L	23	Pacific Northwest Aquatics	2:34.26
	33.21	1:12.71 (39.50)	1:56.69 (43.98)	2:34.26 (37.57)
18	Ritch, Rosanne M	23	Pacific Northwest Aquatics	2:41.16
	36.22	1:16.12 (39.90)	2:02.68 (46.56)	2:41.16 (38.48)

**Women 18-24 400 Yard IM**

9	Breed, Carrie L	23	Pacific Northwest Aquatics	5:23.01
	33.08	1:11.36 (38.28)	1:53.07 (41.71)	2:34.83 (41.76)
	3:19.71 (44.88)	4:06.41 (46.70)	4:45.66 (39.25)	5:23.01 (37.35)
13	Crandell, Kelly J	22	Pacific Northwest Aquatics	5:47.21
	34.76	1:16.88 (42.12)	2:05.05 (48.17)	2:52.09 (47.04)
	3:40.07 (47.98)	4:29.08 (49.01)	5:08.53 (39.45)	5:47.21 (38.68)

**Women 25-29 50 Yard Freestyle**

5	Murphy, Casey A	25	Pacific Northwest Aquatics	24.59
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**Women 25-29 100 Yard Freestyle**

---	Murphy, Casey A	25	Pacific Northwest Aquatics	SCR
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**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Women 25-29 200 Yard Freestyle**

---	Murphy, Casey A	25	Pacific Northwest Aquatics		SCR
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**Women 25-29 500 Yard Freestyle**

1	Murphy, Casey A	25	Pacific Northwest Aquatics		5:13.04
	28.88	59.80 (30.92)	1:30.97 (31.17)	2:02.12 (31.15)	
	2:33.43 (31.31)	3:05.19 (31.76)	3:37.02 (31.83)	4:09.66 (32.64)	
	4:41.63 (31.97)	5:13.04 (31.41)			

**Women 25-29 50 Yard Breaststroke**

4	Dillon, Jean M	29	Pacific Northwest Aquatics		31.66
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**Women 25-29 100 Yard Breaststroke**

4	Dillon, Jean M	29	Pacific Northwest Aquatics		1:09.01
	32.73	1:09.01 (36.28)			

**Women 25-29 200 Yard Breaststroke**

3	Dillon, Jean M	29	Pacific Northwest Aquatics		2:28.80
	33.65	1:11.41 (37.76)	1:49.78 (38.37)	2:28.80 (39.02)	

**Women 25-29 50 Yard Butterfly**

---	Murphy, Casey A	25	Pacific Northwest Aquatics		SCR
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**Women 25-29 100 Yard Butterfly**

4	Dillon, Jean M	29	Pacific Northwest Aquatics		1:01.09
	28.69	1:01.09 (32.40)			

**Women 25-29 100 Yard IM**

3	Murphy, Casey A	25	Pacific Northwest Aquatics		1:00.46
	28.00	1:00.46 (32.46)			
11	Dillon, Jean M	29	Pacific Northwest Aquatics		1:03.60
	30.80	1:03.60 (32.80)			

**Women 25-29 400 Yard IM**

4	Dillon, Jean M	29	Pacific Northwest Aquatics		5:00.99
	29.79	1:03.96 (34.17)	1:45.99 (42.03)	2:27.36 (41.37)	
	3:07.73 (40.37)	3:49.30 (41.57)	4:25.99 (36.69)	5:00.99 (35.00)	

**Women 30-34 50 Yard Freestyle**

31	Cullom, Adria Ellen	32	Pacific Northwest Aquatics		40.88
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**Women 30-34 100 Yard Freestyle**

18	Simsak, Tara E	33	Pacific Northwest Aquatics		59.15
	28.11	59.15 (31.04)			
23	Bussart, Megan M	32	Pacific Northwest Aquatics		1:00.55
	28.86	1:00.55 (31.69)			
33	Cullom, Adria Ellen	32	Pacific Northwest Aquatics		1:30.27
	40.90	1:30.27 (49.37)			

**Women 30-34 200 Yard Freestyle**

25	Bussart, Megan M	32	Pacific Northwest Aquatics		2:13.11
	29.59	1:02.78 (33.19)	1:37.99 (35.21)	2:13.11 (35.12)	

**Women 30-34 500 Yard Freestyle**

18	Bussart, Megan M	32	Pacific Northwest Aquatics		5:57.03
	32.43	1:07.45 (35.02)	1:43.19 (35.74)	2:19.34 (36.15)	
	2:56.00 (36.66)	3:32.97 (36.97)	4:09.64 (36.67)	4:46.77 (37.13)	
	5:23.07 (36.30)	5:57.03 (33.96)			

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****(Women 30-34 500 Yard Freestyle)**

26	Wright, Marci D	32	Pacific Northwest Aquatics		6:54.74
	35.83	1:15.29 (39.46)	1:56.70 (41.41)	2:39.11 (42.41)	
	3:21.77 (42.66)	4:04.50 (42.73)	4:47.47 (42.97)	5:29.87 (42.40)	
	6:12.72 (42.85)	6:54.74 (42.02)			

**Women 30-34 1650 Yard Freestyle**

6	Bussart, Megan M	32	Pacific Northwest Aquatics		20:33.35
	32.11	1:07.89 (35.78)	1:44.23 (36.34)	2:21.24 (37.01)	
	2:58.36 (37.12)	3:35.48 (37.12)	4:12.84 (37.36)	4:50.06 (37.22)	
	5:27.77 (37.71)	6:05.54 (37.77)	6:43.14 (37.60)	7:20.84 (37.70)	
	7:58.68 (37.84)	8:36.53 (37.85)	9:14.20 (37.67)	9:51.71 (37.51)	
	10:29.70 (37.99)	11:07.34 (37.64)	11:45.12 (37.78)	12:22.50 (37.38)	
	13:01.05 (38.55)	13:38.28 (37.23)	14:16.45 (38.17)	14:54.05 (37.60)	
	15:31.97 (37.92)	16:10.38 (38.41)	16:48.50 (38.12)	17:26.86 (38.36)	
	18:05.12 (38.26)	18:42.86 (37.74)	19:21.29 (38.43)	19:58.49 (37.20)	20:33.35 (34.86)

**Women 30-34 50 Yard Backstroke**

8	Simsak, Tara E	33	Pacific Northwest Aquatics		31.89
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**Women 30-34 200 Yard Backstroke**

13	Wright, Marci D	32	Pacific Northwest Aquatics		2:51.92
	40.04	1:23.41 (43.37)	2:08.38 (44.97)	2:51.92 (43.54)	

**Women 30-34 50 Yard Breaststroke**

---	Cullom, Adria Ellen	32	Pacific Northwest Aquatics		NS
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**Women 30-34 100 Yard IM**

16	Simsak, Tara E	33	Pacific Northwest Aquatics		1:08.03
	30.22	1:08.03 (37.81)			
---	Wright, Marci D	32	Pacific Northwest Aquatics		SCR

**Women 35-39 200 Yard Freestyle**

30	Whitney, Jamie F	38	Pacific Northwest Aquatics		2:29.16
	33.35	1:10.81 (37.46)	1:49.78 (38.97)	2:29.16 (39.38)	
33	Hennessy, Patricia M	35	Pacific Northwest Aquatics		3:02.73
	41.38	1:28.22 (46.84)	2:16.94 (48.72)	3:02.73 (45.79)	

**Women 35-39 500 Yard Freestyle**

37	Hennessy, Patricia M	35	Pacific Northwest Aquatics		8:21.59
	43.79	1:35.48 (51.69)	2:27.50 (52.02)	3:18.37 (50.87)	
	4:11.21 (52.84)	5:02.59 (51.38)	5:53.73 (51.14)	6:45.42 (51.69)	
	7:35.98 (50.56)	8:21.59 (45.61)			

**Women 35-39 1000 Yard Freestyle**

15	Hennessy, Patricia M	35	Pacific Northwest Aquatics		17:28.72
	45.21	1:36.31 (51.10)	2:30.05 (53.74)	3:25.95 (55.90)	
	4:20.92 (54.97)	5:15.50 (54.58)	6:10.12 (54.62)	7:03.60 (53.48)	
	7:57.45 (53.85)	8:51.42 (53.97)	9:44.07 (52.65)	10:36.24 (52.17)	
	11:28.77 (52.53)	12:21.61 (52.84)	13:13.86 (52.25)	14:06.34 (52.48)	
	14:59.93 (53.59)	15:51.35 (51.42)	16:43.20 (51.85)	17:28.72 (45.52)	

**Women 35-39 50 Yard Backstroke**

8	PetersJohnson, Anne T	38	Pacific Northwest Aquatics		30.78
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**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Women 35-39 100 Yard Backstroke**

8	PetersJohnson, Anne T	38	Pacific Northwest Aquatics	1:05.77
	32.47	1:05.77 (33.30)		

**Women 35-39 200 Yard Backstroke**

9	PetersJohnson, Anne T	38	Pacific Northwest Aquatics	2:24.54
	33.39	1:09.82 (36.43)	1:47.18 (37.36)	2:24.54 (37.36)

**Women 35-39 50 Yard Breaststroke**

---	Dierich, Denise M	38	Pacific Northwest Aquatics	SCR
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**Women 35-39 100 Yard Breaststroke**

3	Dierich, Denise M	38	Pacific Northwest Aquatics	1:12.12
	34.76	1:12.12 (37.36)		
20	Whitney, Jamie F	38	Pacific Northwest Aquatics	1:24.13
	40.76	1:24.13 (43.37)		

**Women 35-39 200 Yard Breaststroke**

6	Dierich, Denise M	38	Pacific Northwest Aquatics	2:42.25
	38.46	1:19.52 (41.06)	2:01.26 (41.74)	2:42.25 (40.99)
18	Whitney, Jamie F	38	Pacific Northwest Aquatics	3:04.17
	40.37	1:27.13 (46.76)	2:15.35 (48.22)	3:04.17 (48.82)

**Women 40-44 50 Yard Freestyle**

7	Mathews, Carolyn W	40	Pacific Northwest Aquatics	25.98
22	Dahl, Lisa A	42	Pacific Northwest Aquatics	27.46

**Women 40-44 100 Yard Freestyle**

9	Mathews, Carolyn W	40	Pacific Northwest Aquatics	57.39
	26.39	57.39 (31.00)		
---	Dahl, Lisa A	42	Pacific Northwest Aquatics	SCR
---	Courtney, Zena H	43	Pacific Northwest Aquatics	SCR

**Women 40-44 1000 Yard Freestyle**

4	Wilson, Lisa A	41	Pacific Northwest Aquatics	11:38.98
	31.21	1:05.18 (33.97)	1:39.28 (34.10)	2:14.22 (34.94)
	2:49.18 (34.96)	3:24.64 (35.46)	3:59.78 (35.14)	4:35.02 (35.24)
	5:10.07 (35.05)	5:45.70 (35.63)	6:20.95 (35.25)	6:55.84 (34.89)
	7:30.98 (35.14)	8:06.43 (35.45)	8:41.81 (35.38)	9:17.26 (35.45)
	9:52.54 (35.28)	10:28.39 (35.85)	11:04.01 (35.62)	11:38.98 (34.97)

**Women 40-44 50 Yard Backstroke**

3	Mathews, Carolyn W	40	Pacific Northwest Aquatics	29.81
7	Dahl, Lisa A	42	Pacific Northwest Aquatics	31.96
---	Courtney, Zena H	43	Pacific Northwest Aquatics	SCR

**Women 40-44 100 Yard Backstroke**

3	Mathews, Carolyn W	40	Pacific Northwest Aquatics	1:03.33
	30.34	1:03.33 (32.99)		
6	Courtney, Zena H	43	Pacific Northwest Aquatics	1:06.62
	32.09	1:06.62 (34.53)		
7	Wilson, Lisa A	41	Pacific Northwest Aquatics	1:06.64
	32.33	1:06.64 (34.31)		

**Women 40-44 200 Yard Backstroke**

3	Mathews, Carolyn W	40	Pacific Northwest Aquatics	2:19.78
	33.41	1:08.74 (35.33)	1:44.63 (35.89)	2:19.78 (35.15)

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****(Women 40-44 200 Yard Backstroke)**

4	Courtney, Zena H	43	Pacific Northwest Aquatics	2:22.37
	33.43	1:09.04 (35.61)	1:45.99 (36.95)	2:22.37 (36.38)
6	Wilson, Lisa A	41	Pacific Northwest Aquatics	2:25.31
	34.43	1:10.64 (36.21)	1:47.81 (37.17)	2:25.31 (37.50)

**Women 40-44 50 Yard Butterfly**

6	Mathews, Carolyn W	40	Pacific Northwest Aquatics	28.32
20	Courtney, Zena H	43	Pacific Northwest Aquatics	30.21

**Women 40-44 100 Yard Butterfly**

---	Courtney, Zena H	43	Pacific Northwest Aquatics	NS
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**Women 40-44 100 Yard IM**

6	Wilson, Lisa A	41	Pacific Northwest Aquatics	1:05.63
	30.16	1:05.63 (35.47)		
11	Dahl, Lisa A	42	Pacific Northwest Aquatics	1:07.40
	31.26	1:07.40 (36.14)		

**Women 40-44 200 Yard IM**

5	Wilson, Lisa A	41	Pacific Northwest Aquatics	2:22.85
	30.60	1:07.42 (36.82)	1:50.28 (42.86)	2:22.85 (32.57)

**Women 40-44 400 Yard IM**

6	Wilson, Lisa A	41	Pacific Northwest Aquatics	5:11.94
	32.57	1:10.19 (37.62)	1:49.69 (39.50)	2:29.60 (39.91)
	3:14.05 (44.45)	4:00.55 (46.50)	4:35.89 (35.34)	5:11.94 (36.05)

**Women 45-49 50 Yard Freestyle**

6	Lippold, Mary B	47	Pacific Northwest Aquatics	26.16
14	Glassman, Debbie A	49	Pacific Northwest Aquatics	27.44
---	Moore, Jo	48	Pacific Northwest Aquatics	NS

**Women 45-49 100 Yard Freestyle**

5	Moore, Jo	48	Pacific Northwest Aquatics	57.45
	27.46	57.45 (29.99)		
11	Lippold, Mary B	47	Pacific Northwest Aquatics	59.39
	28.54	59.39 (30.85)		
19	Glassman, Debbie A	49	Pacific Northwest Aquatics	1:01.08
	29.03	1:01.08 (32.05)		

**Women 45-49 200 Yard Freestyle**

2	Moore, Jo	48	Pacific Northwest Aquatics	2:06.78
	29.75	1:02.37 (32.62)	1:35.13 (32.76)	2:06.78 (31.65)
4	Lippold, Mary B	47	Pacific Northwest Aquatics	2:09.03
	29.74	1:01.75 (32.01)	1:34.70 (32.95)	2:09.03 (34.33)
16	Glassman, Debbie A	49	Pacific Northwest Aquatics	2:18.99
	31.75	1:07.47 (35.72)	1:43.80 (36.33)	2:18.99 (35.19)

**Women 45-49 500 Yard Freestyle**

4	Moore, Jo	48	Pacific Northwest Aquatics	5:47.05
	31.09	1:06.11 (35.02)	1:41.79 (35.68)	2:17.62 (35.83)
	2:53.45 (35.83)	3:29.45 (36.00)	4:04.35 (34.90)	4:39.23 (34.88)
	5:13.66 (34.43)	5:47.05 (33.39)		

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Women 45-49 1000 Yard Freestyle**

1	Moore, Jo	48	Pacific Northwest Aquatics		11:46.19
	31.11	1:05.29 (34.18)	1:40.26 (34.97)	2:15.51 (35.25)	
	2:50.86 (35.35)	3:26.33 (35.47)	4:01.92 (35.59)	4:37.80 (35.88)	
	5:13.72 (35.92)	5:50.18 (36.46)	6:26.05 (35.87)	7:01.80 (35.75)	
	7:37.65 (35.85)	8:13.48 (35.83)	8:49.40 (35.92)	9:25.47 (36.07)	
	10:01.11 (35.64)	10:36.99 (35.88)	11:12.12 (35.13)	11:46.19 (34.07)	

**Women 45-49 1650 Yard Freestyle**

3	Lippold, Mary B	47	Pacific Northwest Aquatics		20:07.52
	33.18	1:09.35 (36.17)	1:45.80 (36.45)	2:22.61 (36.81)	
	2:59.36 (36.75)	3:36.04 (36.68)	4:12.73 (36.69)	4:49.38 (36.65)	
	5:25.96 (36.58)	6:02.67 (36.71)	6:39.40 (36.73)	7:16.12 (36.72)	
	7:52.91 (36.79)	8:29.69 (36.78)	9:06.42 (36.73)	9:43.44 (37.02)	
	10:20.72 (37.28)	10:57.70 (36.98)	11:34.71 (37.01)	12:11.30 (36.59)	
	12:47.51 (36.21)	13:24.20 (36.69)	14:00.73 (36.53)	14:37.32 (36.59)	
	15:14.14 (36.82)	15:51.28 (37.14)	16:28.60 (37.32)	17:05.55 (36.95)	
	17:42.53 (36.98)	18:19.25 (36.72)	18:55.93 (36.68)	19:32.19 (36.26)	20:07.52 (35.33)

**Women 45-49 50 Yard Butterfly**

11	Glassman, Debbie A	49	Pacific Northwest Aquatics		29.91
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**Women 45-49 100 Yard Butterfly**

4	Lippold, Mary B	47	Pacific Northwest Aquatics		1:04.81
	30.55	1:04.81 (34.26)			
10	Glassman, Debbie A	49	Pacific Northwest Aquatics		1:08.72
	31.64	1:08.72 (37.08)			

**Women 45-49 200 Yard Butterfly**

4	Lippold, Mary B	47	Pacific Northwest Aquatics		2:29.79
	32.37	1:08.87 (36.50)	1:48.23 (39.36)	2:29.79 (41.56)	
6	Glassman, Debbie A	49	Pacific Northwest Aquatics		2:40.12
	33.57	1:14.02 (40.45)	1:56.67 (42.65)	2:40.12 (43.45)	

**Women 45-49 100 Yard IM**

---	Moore, Jo	48	Pacific Northwest Aquatics		NS
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**Women 50-54 50 Yard Freestyle**

3	Davis, Charlotte M	53	Pacific Northwest Aquatics		26.92
18	Casey, Kathrine J	54	Pacific Northwest Aquatics		30.80

**Women 50-54 100 Yard Freestyle**

2	Davis, Charlotte M	53	Pacific Northwest Aquatics		1:00.04
	29.60	1:00.04 (30.44)			
12	Casey, Kathrine J	54	Pacific Northwest Aquatics		1:07.61
	32.57	1:07.61 (35.04)			

**Women 50-54 500 Yard Freestyle**

---	Gundred, Barb L	51	Pacific Northwest Aquatics		NS
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**Women 50-54 1000 Yard Freestyle**

1	Gundred, Barb L	51	Pacific Northwest Aquatics		12:12.26
	31.07	1:05.41 (34.34)	1:41.19 (35.78)	2:17.05 (35.86)	
	2:53.20 (36.15)	3:29.51 (36.31)	4:06.00 (36.49)	4:42.94 (36.94)	
	5:20.07 (37.13)	5:57.50 (37.43)	6:34.63 (37.13)	7:12.00 (37.37)	
	7:49.88 (37.88)	8:27.36 (37.48)	9:05.13 (37.77)	9:42.89 (37.76)	
	10:20.69 (37.80)	10:57.75 (37.06)	11:35.16 (37.41)	12:12.26 (37.10)	



**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Women 50-54 50 Yard Backstroke**

2	Gundred, Barb L	51	Pacific Northwest Aquatics	31.07
---	Ohana, Chris	50	Pacific Northwest Aquatics	SCR

**Women 50-54 100 Yard Backstroke**

2	Gundred, Barb L	51	Pacific Northwest Aquatics	1:06.52
	31.65		1:06.52 (34.87)	
15	Ohana, Chris	50	Pacific Northwest Aquatics	1:25.07
	40.19		1:25.07 (44.88)	

**Women 50-54 200 Yard Backstroke**

1	Gundred, Barb L	51	Pacific Northwest Aquatics	2:26.62
	33.26		1:09.42 (36.16) 1:47.25 (37.83) 2:26.62 (39.37)	
10	Ohana, Chris	50	Pacific Northwest Aquatics	3:09.97
	45.18		1:33.17 (47.99) 2:23.73 (50.56) 3:09.97 (46.24)	

**Women 50-54 50 Yard Breaststroke**

3	Litzenberger, Andra	50	Pacific Northwest Aquatics	36.22
12	Casey, Kathrine J	54	Pacific Northwest Aquatics	40.04

**Women 50-54 100 Yard Breaststroke**

2	Litzenberger, Andra	50	Pacific Northwest Aquatics	1:17.09
	36.85		1:17.09 (40.24)	
13	Casey, Kathrine J	54	Pacific Northwest Aquatics	1:30.21
	42.02		1:30.21 (48.19)	

**Women 50-54 200 Yard Breaststroke**

2	Litzenberger, Andra	50	Pacific Northwest Aquatics	2:48.80
	38.45		1:21.06 (42.61) 2:06.30 (45.24) 2:48.80 (42.50)	

**Women 50-54 50 Yard Butterfly**

2	Davis, Charlotte M	53	Pacific Northwest Aquatics	29.49
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**Women 50-54 200 Yard Butterfly**

3	Casey, Kathrine J	54	Pacific Northwest Aquatics	3:05.63
	43.00		1:30.93 (47.93) 2:18.27 (47.34) 3:05.63 (47.36)	

**Women 50-54 100 Yard IM**

3	Davis, Charlotte M	53	Pacific Northwest Aquatics	1:09.39
	32.28		1:09.39 (37.11)	
4	Litzenberger, Andra	50	Pacific Northwest Aquatics	1:09.59
	32.62		1:09.59 (36.97)	
5	Gundred, Barb L	51	Pacific Northwest Aquatics	1:10.18
	31.45		1:10.18 (38.73)	

**Women 50-54 200 Yard IM**

2	Davis, Charlotte M	53	Pacific Northwest Aquatics	2:30.73
	33.45		1:12.73 (39.28) 1:57.33 (44.60) 2:30.73 (33.40)	
3	Litzenberger, Andra	50	Pacific Northwest Aquatics	2:32.68
	32.26		1:11.40 (39.14) 1:56.06 (44.66) 2:32.68 (36.62)	
10	Casey, Kathrine J	54	Pacific Northwest Aquatics	2:56.53
	41.96		1:26.84 (44.88) 2:17.76 (50.92) 2:56.53 (38.77)	

**Women 50-54 400 Yard IM**

2	Davis, Charlotte M	53	Pacific Northwest Aquatics	5:27.12
	32.70		1:10.65 (37.95) 1:52.64 (41.99) 2:34.84 (42.20)	
	3:23.67 (48.83)		4:12.63 (48.96) 4:49.72 (37.09) 5:27.12 (37.40)	

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****(Women 50-54 400 Yard IM)**

---	Litzenberger, Andra	50	Pacific Northwest Aquatics		SCR
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**Women 55-59 50 Yard Freestyle**

3	Dillon, Sally A	56	Pacific Northwest Aquatics		30.74
13	Litt, Arni H	57	Pacific Northwest Aquatics		34.96

**Women 55-59 100 Yard Freestyle**

1	Dillon, Sally A	56	Pacific Northwest Aquatics		1:05.08
		31.82	1:05.08 (33.26)		
8	Litt, Arni H	57	Pacific Northwest Aquatics		1:21.22
		37.65	1:21.22 (43.57)		
12	Ensign, Jeanne	56	Pacific Northwest Aquatics		1:26.84
		42.32	1:26.84 (44.52)		
---	Welch, Sarah	56	Pacific Northwest Aquatics		NS

**Women 55-59 200 Yard Freestyle**

2	Dillon, Sally A	56	Pacific Northwest Aquatics		2:23.19
		33.32	1:09.24 (35.92)	1:45.99 (36.75)	2:23.19 (37.20)
5	Welch, Sarah	56	Pacific Northwest Aquatics		2:35.73
		34.79	1:13.41 (38.62)	1:54.85 (41.44)	2:35.73 (40.88)
11	Litt, Arni H	57	Pacific Northwest Aquatics		2:56.15
		39.43	1:23.79 (44.36)	2:10.99 (47.20)	2:56.15 (45.16)
15	Ensign, Jeanne	56	Pacific Northwest Aquatics		3:10.87
		44.28	1:32.88 (48.60)	2:22.37 (49.49)	3:10.87 (48.50)

**Women 55-59 500 Yard Freestyle**

3	Dillon, Sally A	56	Pacific Northwest Aquatics		6:32.29
		35.07	1:13.76 (38.69)	1:53.11 (39.35)	2:32.67 (39.56)
		3:12.70 (40.03)	3:52.28 (39.58)	4:32.04 (39.76)	5:12.65 (40.61)
		5:53.18 (40.53)	6:32.29 (39.11)		
7	Welch, Sarah	56	Pacific Northwest Aquatics		7:07.47
		36.10	1:17.40 (41.30)	2:02.25 (44.85)	2:46.77 (44.52)
		3:29.91 (43.14)	4:13.98 (44.07)	4:58.04 (44.06)	5:42.05 (44.01)
		6:26.20 (44.15)	7:07.47 (41.27)		
12	Ensign, Jeanne	56	Pacific Northwest Aquatics		8:17.79
		46.43	1:37.97 (51.54)	2:28.01 (50.04)	3:18.30 (50.29)
		4:09.90 (51.60)	5:00.92 (51.02)	5:51.05 (50.13)	6:41.24 (50.19)
		7:30.43 (49.19)	8:17.79 (47.36)		

**Women 55-59 1650 Yard Freestyle**

1	Dillon, Sally A	56	Pacific Northwest Aquatics		22:43.37
		34.75	1:13.37 (38.62)	1:52.80 (39.43)	2:33.13 (40.33)
		3:13.45 (40.32)	3:54.15 (40.70)	4:35.18 (41.03)	5:16.43 (41.25)
		5:58.01 (41.58)	6:39.89 (41.88)	7:21.24 (41.35)	8:03.18 (41.94)
		8:45.30 (42.12)	9:27.39 (42.09)	10:09.67 (42.28)	10:51.96 (42.29)
		11:33.94 (41.98)	12:16.42 (42.48)	12:59.19 (42.77)	13:41.41 (42.22)
		14:23.47 (42.06)	15:06.01 (42.54)	15:48.28 (42.27)	16:30.29 (42.01)
		17:12.30 (42.01)	17:54.19 (41.89)	18:36.08 (41.89)	19:17.11 (41.03)
		19:58.83 (41.72)	20:40.14 (41.31)	21:22.00 (41.86)	22:03.14 (41.14)
					22:43.37 (40.23)

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****(Women 55-59 1650 Yard Freestyle)**

7	Ensign, Jeanne	56	Pacific Northwest Aquatics						27:35.44
	46.31	1:36.30 (49.99)	2:27.36 (51.06)	3:19.00 (51.64)					
	4:10.10 (51.10)	5:02.12 (52.02)	5:51.50 (49.38)	6:45.52 (54.02)					
	7:35.89 (50.37)	8:26.32 (50.43)	9:16.91 (50.59)	10:06.73 (49.82)					
	10:57.63 (50.90)	11:47.95 (50.32)	12:38.92 (50.97)	13:28.15 (49.23)					
	14:18.47 (50.32)	15:08.32 (49.85)	15:58.46 (50.14)	16:48.32 (49.86)					
	17:39.77 (51.45)	18:29.32 (49.55)	19:19.29 (49.97)	20:09.91 (50.62)					
	20:59.45 (49.54)	21:49.98 (50.53)	22:40.24 (50.26)	23:30.88 (50.64)					
	24:20.17 (49.29)	25:08.65 (48.48)	25:58.55 (49.90)	26:48.06 (49.51)					27:35.44 (47.38)
8	Sutherland, Kate	55	Pacific Northwest Aquatics						30:25.98
	43.38	1:36.74 (53.36)	2:31.69 (54.95)	3:27.58 (55.89)					
	4:23.11 (55.53)	5:17.76 (54.65)	6:12.55 (54.79)	7:07.82 (55.27)					
	8:04.07 (56.25)	9:00.22 (56.15)	9:55.57 (55.35)	10:50.19 (54.62)					
	11:44.89 (54.70)	12:39.80 (54.91)	13:34.94 (55.14)	14:30.29 (55.35)					
	15:25.78 (55.49)	16:22.56 (56.78)	17:20.19 (57.63)	18:15.08 (54.89)					
	19:10.50 (55.42)	20:06.24 (55.74)	21:02.57 (56.33)	21:58.73 (56.16)					
	22:55.07 (56.34)	23:51.77 (56.70)	24:48.16 (56.39)	25:44.57 (56.41)					
	26:41.59 (57.02)	27:36.83 (55.24)	28:33.75 (56.92)	29:29.83 (56.08)					30:25.98 (56.15)

**Women 55-59 50 Yard Breaststroke**

2	Dillon, Sally A	56	Pacific Northwest Aquatics						38.82
8	Litt, Arni H	57	Pacific Northwest Aquatics						42.91

**Women 55-59 100 Yard Breaststroke**

6	Litt, Arni H	57	Pacific Northwest Aquatics						1:34.39
	44.89	1:34.39 (49.50)							

**Women 55-59 200 Yard Breaststroke**

6	Litt, Arni H	57	Pacific Northwest Aquatics						3:26.65
	46.07	1:38.44 (52.37)	2:33.49 (55.05)	3:26.65 (53.16)					
12	Sutherland, Kate	55	Pacific Northwest Aquatics						3:53.19
	50.98	1:51.84 (1:00.86)	2:53.46 (1:01.62)	3:53.19 (59.73)					

**Women 55-59 200 Yard Butterfly**

3	Welch, Sarah	56	Pacific Northwest Aquatics						3:18.08
	39.40	1:28.37 (48.97)	2:22.07 (53.70)	3:18.08 (56.01)					

**Women 55-59 200 Yard IM**

3	Welch, Sarah	56	Pacific Northwest Aquatics						2:57.61
	36.84	1:24.77 (47.93)	2:18.59 (53.82)	2:57.61 (39.02)					

**Women 55-59 400 Yard IM**

2	Welch, Sarah	56	Pacific Northwest Aquatics						6:21.62
	38.49	1:27.86 (49.37)	2:20.24 (52.38)	3:11.48 (51.24)					
	4:04.85 (53.37)	4:59.52 (54.67)	5:40.75 (41.23)	6:21.62 (40.87)					
7	Sutherland, Kate	55	Pacific Northwest Aquatics						7:56.51
	51.95	1:58.85 (1:06.90)	3:05.80 (1:06.95)	4:10.81 (1:05.01)					
	5:11.85 (1:01.04)	6:11.91 (1:00.06)	7:04.63 (52.72)	7:56.51 (51.88)					

**Women 60-64 50 Yard Freestyle**

3	Walker, Elise (Pinky) M	60	Pacific Northwest Aquatics						31.48
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**Women 60-64 50 Yard Backstroke**

1	Walker, Elise (Pinky) M	60	Pacific Northwest Aquatics						36.74
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**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Women 60-64 100 Yard Backstroke**

2	Walker, Elise (Pinky) M	60	Pacific Northwest Aquatics	1:21.99
	39.46	1:21.99 (42.53)		

**Women 60-64 200 Yard Backstroke**

2	Walker, Elise (Pinky) M	60	Pacific Northwest Aquatics	3:01.94
	41.63	1:27.03 (45.40)	2:15.09 (48.06)	3:01.94 (46.85)

**Women 60-64 100 Yard IM**

3	Walker, Elise (Pinky) M	60	Pacific Northwest Aquatics	1:21.48
	37.90	1:21.48 (43.58)		

**Women 60-64 200 Yard IM**

4	Walker, Elise (Pinky) M	60	Pacific Northwest Aquatics	3:05.11
	44.05	1:29.08 (45.03)	2:22.34 (53.26)	3:05.11 (42.77)

**Women 80-84 200 Yard Freestyle**

5	Chadwick, Marion K	81	Pacific Northwest Aquatics	5:01.89
	1:07.93	2:25.95 (1:18.02)	3:45.41 (1:19.46)	5:01.89 (1:16.48)

**Women 80-84 500 Yard Freestyle**

3	Chadwick, Marion K	81	Pacific Northwest Aquatics	14:03.89
	1:12.52	2:36.29 (1:23.77)	4:02.87 (1:26.58)	5:29.76 (1:26.89)
	6:56.79 (1:27.03)	8:22.96 (1:26.17)	9:50.14 (1:27.18)	11:19.74 (1:29.60)
	12:44.74 (1:25.00)	14:03.89 (1:19.15)		

**Women 80-84 1000 Yard Freestyle**

3	Chadwick, Marion K	81	Pacific Northwest Aquatics	29:01.92
	1:15.37	2:39.05 (1:23.68)	4:05.79 (1:26.74)	5:34.28 (1:28.49)
	7:01.54 (1:27.26)	8:27.76 (1:26.22)	9:54.45 (1:26.69)	11:21.89 (1:27.44)
	12:49.63 (1:27.74)	14:18.91 (1:29.28)	15:45.69 (1:26.78)	17:16.10 (1:30.41)
	18:48.09 (1:31.99)	20:16.72 (1:28.63)	21:46.93 (1:30.21)	23:17.65 (1:30.72)
	24:48.03 (1:30.38)	26:15.62 (1:27.59)	27:41.22 (1:25.60)	29:01.92 (1:20.70)

**Women 80-84 100 Yard Backstroke**

7	Chadwick, Marion K	81	Pacific Northwest Aquatics	2:58.32
	1:25.07	2:58.32 (1:33.25)		

**Women 80-84 200 Yard Backstroke**

4	Chadwick, Marion K	81	Pacific Northwest Aquatics	6:31.14
	1:29.72	3:07.74 (1:38.02)	4:50.10 (1:42.36)	6:31.14 (1:41.04)

**Men 18-24 50 Yard Freestyle**

26	Smith, Aaron M	21	Pacific Northwest Aquatics	24.44
28	Tourigny, David P	23	Pacific Northwest Aquatics	24.58

**Men 18-24 200 Yard Freestyle**

12	Tourigny, David P	23	Pacific Northwest Aquatics	2:00.22
	27.46	58.54 (31.08)	1:29.54 (31.00)	2:00.22 (30.68)
13	Weatherbie, Kevin K	19	Pacific Northwest Aquatics	2:00.48
	27.75	58.26 (30.51)	1:29.50 (31.24)	2:00.48 (30.98)

**Men 18-24 500 Yard Freestyle**

2	Grimes, Timothy P	24	Pacific Northwest Aquatics	5:08.21
	26.11	55.51 (29.40)	1:26.03 (30.52)	1:57.00 (30.97)
	2:28.29 (31.29)	2:59.82 (31.53)	3:31.49 (31.67)	4:03.85 (32.36)
	4:35.82 (31.97)	5:08.21 (32.39)		

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****(Men 18-24 500 Yard Freestyle)**

4	Weatherbie, Kevin K	19	Pacific Northwest Aquatics		5:19.62
	28.24	59.06 (30.82)	1:30.76 (31.70)	2:03.17 (32.41)	
	2:35.84 (32.67)	3:08.49 (32.65)	3:40.97 (32.48)	4:13.91 (32.94)	
	4:47.29 (33.38)	5:19.62 (32.33)			
6	Smith, Aaron M	21	Pacific Northwest Aquatics		5:23.81
	29.17	1:01.05 (31.88)	1:33.43 (32.38)	2:06.14 (32.71)	
	2:39.11 (32.97)	3:12.55 (33.44)	3:45.95 (33.40)	4:19.60 (33.65)	
	4:53.05 (33.45)	5:23.81 (30.76)			
8	Tourigny, David P	23	Pacific Northwest Aquatics		5:31.21
	29.20	1:01.57 (32.37)	1:34.90 (33.33)	2:09.00 (34.10)	
	2:43.10 (34.10)	3:16.88 (33.78)	3:50.61 (33.73)	4:24.76 (34.15)	
	4:58.64 (33.88)	5:31.21 (32.57)			

**Men 18-24 1000 Yard Freestyle**

2	Grimes, Timothy P	24	Pacific Northwest Aquatics		11:02.31
	27.54	58.43 (30.89)	1:30.11 (31.68)	2:02.19 (32.08)	
	2:34.91 (32.72)	3:07.39 (32.48)	3:40.71 (33.32)	4:14.29 (33.58)	
	4:47.65 (33.36)	5:21.13 (33.48)	5:54.44 (33.31)	6:28.47 (34.03)	
	7:02.44 (33.97)	7:37.51 (35.07)	8:11.82 (34.31)	8:45.95 (34.13)	
	9:21.42 (35.47)	9:55.67 (34.25)	10:28.73 (33.06)	11:02.31 (33.58)	

**Men 18-24 1650 Yard Freestyle**

1	Weatherbie, Kevin K	19	Pacific Northwest Aquatics		18:16.04
	29.89	1:02.22 (32.33)	1:34.95 (32.73)	2:08.17 (33.22)	
	2:41.23 (33.06)	3:14.58 (33.35)	3:48.46 (33.88)	4:21.85 (33.39)	
	4:55.29 (33.44)	5:28.95 (33.66)	6:02.38 (33.43)	6:35.40 (33.02)	
	7:08.81 (33.41)	7:42.15 (33.34)	8:15.78 (33.63)	8:49.60 (33.82)	
	9:23.69 (34.09)	9:57.60 (33.91)	10:31.50 (33.90)	11:05.13 (33.63)	
	11:38.51 (33.38)	12:11.55 (33.04)	12:44.46 (32.91)	13:17.42 (32.96)	
	13:50.07 (32.65)	14:22.96 (32.89)	14:56.29 (33.33)	15:29.85 (33.56)	
	16:03.48 (33.63)	16:36.73 (33.25)	17:10.24 (33.51)	17:43.42 (33.18)	18:16.04 (32.62)

**Men 18-24 100 Yard Backstroke**

12	Smith, Aaron M	21	Pacific Northwest Aquatics		1:02.69
	30.27	1:02.69 (32.42)			

**Men 18-24 200 Yard Backstroke**

4	Grimes, Timothy P	24	Pacific Northwest Aquatics		2:04.59
	29.20	59.94 (30.74)	1:31.99 (32.05)	2:04.59 (32.60)	
6	Weatherbie, Kevin K	19	Pacific Northwest Aquatics		2:16.71
	32.77	1:07.19 (34.42)	1:42.29 (35.10)	2:16.71 (34.42)	

**Men 18-24 50 Yard Breaststroke**

5	Sayah, George S	24	Pacific Northwest Aquatics		29.37
6	Tanaka, Leo	24	Pacific Northwest Aquatics		29.49

**Men 18-24 100 Yard Breaststroke**

5	Sayah, George S	24	Pacific Northwest Aquatics		1:05.13
	30.65	1:05.13 (34.48)			
7	Tanaka, Leo	24	Pacific Northwest Aquatics		1:06.44
	31.40	1:06.44 (35.04)			

**Men 18-24 200 Yard Breaststroke**

3	Sayah, George S	24	Pacific Northwest Aquatics		2:27.27
	32.58	1:09.23 (36.65)	1:48.21 (38.98)	2:27.27 (39.06)	

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Men 18-24 50 Yard Butterfly**

18	Smith, Aaron M	21	Pacific Northwest Aquatics	26.29
20	Sayah, George S	24	Pacific Northwest Aquatics	27.03

**Men 18-24 100 Yard Butterfly**

4	Grimes, Timothy P	24	Pacific Northwest Aquatics	55.00
	25.84		55.00 (29.16)	
11	Smith, Aaron M	21	Pacific Northwest Aquatics	58.82
	27.23		58.82 (31.59)	
15	Tourigny, David P	23	Pacific Northwest Aquatics	59.54
	27.65		59.54 (31.89)	

**Men 18-24 200 Yard Butterfly**

1	Grimes, Timothy P	24	Pacific Northwest Aquatics	2:01.48
	27.23		57.60 (30.37) 1:28.98 (31.38) 2:01.48 (32.50)	
2	Weatherbie, Kevin K	19	Pacific Northwest Aquatics	2:17.48
	30.36		1:04.98 (34.62) 1:40.74 (35.76) 2:17.48 (36.74)	

**Men 18-24 100 Yard IM**

9	Sayah, George S	24	Pacific Northwest Aquatics	59.25
	28.46		59.25 (30.79)	
10	Tourigny, David P	23	Pacific Northwest Aquatics	1:00.57
	28.17		1:00.57 (32.40)	

**Men 18-24 200 Yard IM**

6	Sayah, George S	24	Pacific Northwest Aquatics	2:11.47
	27.84		1:02.28 (34.44) 1:40.00 (37.72) 2:11.47 (31.47)	

**Men 18-24 400 Yard IM**

2	Grimes, Timothy P	24	Pacific Northwest Aquatics	4:29.04
	27.14		57.64 (30.50) 1:32.29 (34.65) 2:05.95 (33.66)	
	2:45.61 (39.66)		3:26.04 (40.43) 3:58.12 (32.08) 4:29.04 (30.92)	
3	Weatherbie, Kevin K	19	Pacific Northwest Aquatics	4:48.74
	30.83		1:06.56 (35.73) 1:43.35 (36.79) 2:19.66 (36.31)	
	3:01.54 (41.88)		3:43.70 (42.16) 4:16.75 (33.05) 4:48.74 (31.99)	

**Men 25-29 50 Yard Freestyle**

30	Fong, Eduardo S	25	Pacific Northwest Aquatics	24.15
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**Men 25-29 100 Yard Freestyle**

17	Arnold, Mark A	28	Pacific Northwest Aquatics	50.72
	24.56		50.72 (26.16)	
22	Fong, Eduardo S	25	Pacific Northwest Aquatics	52.79
	24.64		52.79 (28.15)	

**Men 25-29 500 Yard Freestyle**

10	Fong, Eduardo S	25	Pacific Northwest Aquatics	5:28.86
	28.82		1:00.88 (32.06) 1:33.70 (32.82) 2:07.15 (33.45)	
	2:40.75 (33.60)		3:15.02 (34.27) 3:48.89 (33.87) 4:23.05 (34.16)	
	4:56.54 (33.49)		5:28.86 (32.32)	

**Men 25-29 100 Yard Backstroke**

9	Arnold, Mark A	28	Pacific Northwest Aquatics	55.81
	27.29		55.81 (28.52)	

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Men 25-29 200 Yard Backstroke**

6	Arnold, Mark A	28	Pacific Northwest Aquatics	2:00.73
	28.02	58.54 (30.52)	1:29.60 (31.06)	2:00.73 (31.13)

**Men 25-29 100 Yard Butterfly**

22	Fong, Eduardo S	25	Pacific Northwest Aquatics	58.32
	26.69	58.32 (31.63)		

**Men 25-29 100 Yard IM**

13	Arnold, Mark A	28	Pacific Northwest Aquatics	57.87
	25.90	57.87 (31.97)		

**Men 30-34 50 Yard Freestyle**

8	Packer, Ryan K	32	Pacific Northwest Aquatics	21.74
17	Cann, William H	30	Pacific Northwest Aquatics	22.40

**Men 30-34 100 Yard Freestyle**

12	Packer, Ryan K	32	Pacific Northwest Aquatics	48.45
	23.09	48.45 (25.36)		
18	Cann, William H	30	Pacific Northwest Aquatics	49.73
	24.46	49.73 (25.27)		

**Men 30-34 200 Yard Freestyle**

25	Nelson, Kirk E	33	Pacific Northwest Aquatics	1:56.37
	27.78	57.32 (29.54)	1:27.31 (29.99)	1:56.37 (29.06)

**Men 30-34 500 Yard Freestyle**

13	Nelson, Kirk E	33	Pacific Northwest Aquatics	5:11.48
	28.23	58.41 (30.18)	1:29.27 (30.86)	2:00.58 (31.31)
	2:32.00 (31.42)	3:03.72 (31.72)	3:35.64 (31.92)	4:07.98 (32.34)
	4:40.37 (32.39)	5:11.48 (31.11)		

**Men 30-34 100 Yard Backstroke**

10	Cann, William H	30	Pacific Northwest Aquatics	55.19
	26.75	55.19 (28.44)		
21	Schutte, Tom F	33	Pacific Northwest Aquatics	58.79
	28.39	58.79 (30.40)		

**Men 30-34 200 Yard Backstroke**

16	Schutte, Tom F	33	Pacific Northwest Aquatics	2:08.42
	29.70	1:01.63 (31.93)	1:35.16 (33.53)	2:08.42 (33.26)

**Men 30-34 50 Yard Breaststroke**

8	Schutte, Tom F	33	Pacific Northwest Aquatics	29.41
---	Cann, William H	30	Pacific Northwest Aquatics	SCR

**Men 30-34 100 Yard Breaststroke**

4	Schutte, Tom F	33	Pacific Northwest Aquatics	1:02.32
	29.27	1:02.32 (33.05)		

**Men 30-34 200 Yard Breaststroke**

3	Schutte, Tom F	33	Pacific Northwest Aquatics	2:17.62
	30.68	1:05.20 (34.52)	1:41.41 (36.21)	2:17.62 (36.21)

**Men 30-34 50 Yard Butterfly**

6	Packer, Ryan K	32	Pacific Northwest Aquatics	23.78
15	Cann, William H	30	Pacific Northwest Aquatics	24.62

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Men 30-34 100 Yard Butterfly**

10	Packer, Ryan K	32	Pacific Northwest Aquatics	52.79
	24.42		52.79 (28.37)	
35	Nelson, Kirk E	33	Pacific Northwest Aquatics	59.10
	27.89		59.10 (31.21)	

**Men 30-34 100 Yard IM**

6	Packer, Ryan K	32	Pacific Northwest Aquatics	55.03
	24.86		55.03 (30.17)	

**Men 30-34 200 Yard IM**

10	Cann, William H	30	Pacific Northwest Aquatics	2:04.06
	26.49		58.01 (31.52) 1:34.95 (36.94) 2:04.06 (29.11)	
16	Schutte, Tom F	33	Pacific Northwest Aquatics	2:07.01
	26.89		59.63 (32.74) 1:35.81 (36.18) 2:07.01 (31.20)	
23	Nelson, Kirk E	33	Pacific Northwest Aquatics	2:11.80
	27.80		1:02.90 (35.10) 1:42.14 (39.24) 2:11.80 (29.66)	

**Men 35-39 50 Yard Freestyle**

27	Bornfleth, Eric L	37	Pacific Northwest Aquatics	23.93
49	Redfield, Douglas H	39	Pacific Northwest Aquatics	26.80

**Men 35-39 100 Yard Freestyle**

---	Bornfleth, Eric L	37	Pacific Northwest Aquatics	NS
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**Men 35-39 200 Yard Freestyle**

25	Anderson, Sam	35	Pacific Northwest Aquatics	1:53.68
	26.36		54.71 (28.35) 1:23.77 (29.06) 1:53.68 (29.91)	
44	Redfield, Douglas H	39	Pacific Northwest Aquatics	2:06.07
	29.61		1:00.97 (31.36) 1:33.72 (32.75) 2:06.07 (32.35)	

**Men 35-39 500 Yard Freestyle**

17	Anderson, Sam	35	Pacific Northwest Aquatics	5:12.80
	27.78		57.93 (30.15) 1:28.86 (30.93) 1:59.99 (31.13)	
	2:31.73 (31.74)		3:03.39 (31.66) 3:35.57 (32.18) 4:08.22 (32.65)	
	4:40.83 (32.61)		5:12.80 (31.97)	
27	Redfield, Douglas H	39	Pacific Northwest Aquatics	5:37.63
	31.33		1:03.99 (32.66) 1:37.25 (33.26) 2:11.13 (33.88)	
	2:45.34 (34.21)		3:19.34 (34.00) 3:54.11 (34.77) 4:28.87 (34.76)	
	5:03.97 (35.10)		5:37.63 (33.66)	

**Men 35-39 1000 Yard Freestyle**

6	Anderson, Sam	35	Pacific Northwest Aquatics	10:53.12
	28.65		59.53 (30.88) 1:31.23 (31.70) 2:03.24 (32.01)	
	2:35.36 (32.12)		3:07.94 (32.58) 3:40.49 (32.55) 4:13.65 (33.16)	
	4:46.60 (32.95)		5:19.82 (33.22) 5:52.90 (33.08) 6:26.13 (33.23)	
	6:59.21 (33.08)		7:32.81 (33.60) 8:06.30 (33.49) 8:39.88 (33.58)	
	9:13.46 (33.58)		9:47.04 (33.58) 10:20.71 (33.67) 10:53.12 (32.41)	



**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Men 35-39 1650 Yard Freestyle**

18	Redfield, Douglas H	39	Pacific Northwest Aquatics		19:52.36
	31.18	1:05.01 (33.83)	1:40.19 (35.18)	2:15.35 (35.16)	
	2:50.91 (35.56)	3:26.40 (35.49)	4:01.94 (35.54)	4:37.31 (35.37)	
	5:12.91 (35.60)	5:48.58 (35.67)	6:24.26 (35.68)	6:59.68 (35.42)	
	7:35.48 (35.80)	8:11.57 (36.09)	8:48.15 (36.58)	9:23.57 (35.42)	
	9:59.34 (35.77)	10:35.42 (36.08)	11:11.90 (36.48)	11:48.35 (36.45)	
	12:25.41 (37.06)	13:02.21 (36.80)	13:38.76 (36.55)	14:16.02 (37.26)	
	14:53.01 (36.99)	15:30.62 (37.61)	16:08.70 (38.08)	16:46.35 (37.65)	
	17:23.70 (37.35)	18:01.46 (37.76)	18:38.56 (37.10)	19:16.05 (37.49)	19:52.36 (36.31)

**Men 35-39 50 Yard Backstroke**

1	Wardian, Edward P	37	Pacific Northwest Aquatics		25.22
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**Men 35-39 100 Yard Backstroke**

2	Wardian, Edward P	37	Pacific Northwest Aquatics		53.58
	26.25	53.58 (27.33)			

**Men 35-39 200 Yard Backstroke**

1	Wardian, Edward P	37	Pacific Northwest Aquatics		1:56.17
	27.13	56.53 (29.40)	1:26.43 (29.90)	1:56.17 (29.74)	

**Men 35-39 50 Yard Butterfly**

35	Bornfleth, Eric L	37	Pacific Northwest Aquatics		26.81
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**Men 35-39 100 Yard Butterfly**

24	Anderson, Sam	35	Pacific Northwest Aquatics		57.70
	27.21	57.70 (30.49)			
32	Bornfleth, Eric L	37	Pacific Northwest Aquatics		59.72
	27.53	59.72 (32.19)			

**Men 40-44 50 Yard Freestyle**

47	Littlefield, James R	43	Pacific Northwest Aquatics		24.34
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**Men 40-44 100 Yard Freestyle**

44	Littlefield, James R	43	Pacific Northwest Aquatics		53.73
	25.52	53.73 (28.21)			

**Men 40-44 200 Yard Freestyle**

38	Dybdahl, Eric T	43	Pacific Northwest Aquatics		2:02.26
	28.34	59.67 (31.33)	1:30.95 (31.28)	2:02.26 (31.31)	
39	Littlefield, James R	43	Pacific Northwest Aquatics		2:02.62
	26.04	56.00 (29.96)	1:28.82 (32.82)	2:02.62 (33.80)	

**Men 40-44 500 Yard Freestyle**

30	Dybdahl, Eric T	43	Pacific Northwest Aquatics		5:36.22
	29.61	1:02.34 (32.73)	1:36.08 (33.74)	2:10.33 (34.25)	
	2:44.37 (34.04)	3:18.56 (34.19)	3:52.44 (33.88)	4:26.38 (33.94)	
	5:02.41 (36.03)	5:36.22 (33.81)			

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Men 40-44 1650 Yard Freestyle**

14	Dybdahl, Eric T	43	Pacific Northwest Aquatics		19:49.34
	30.24	1:04.18 (33.94)	1:39.57 (35.39)	2:15.40 (35.83)	
	2:51.61 (36.21)	3:27.54 (35.93)	4:03.94 (36.40)	4:40.36 (36.42)	
	5:17.07 (36.71)	5:53.71 (36.64)	6:31.13 (37.42)	7:08.17 (37.04)	
	7:44.26 (36.09)	8:21.07 (36.81)	8:57.86 (36.79)	9:33.99 (36.13)	
	10:10.53 (36.54)	10:47.11 (36.58)	11:23.26 (36.15)	11:59.83 (36.57)	
	12:36.42 (36.59)	13:13.41 (36.99)	13:50.03 (36.62)	14:26.21 (36.18)	
	15:02.88 (36.67)	15:39.74 (36.86)	16:15.86 (36.12)	16:52.55 (36.69)	
	17:28.82 (36.27)	18:05.10 (36.28)	18:40.91 (35.81)	19:16.11 (35.20)	19:49.34 (33.23)

**Men 40-44 50 Yard Backstroke**

17	Littlefield, James R	43	Pacific Northwest Aquatics		29.26
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**Men 40-44 100 Yard Backstroke**

19	Littlefield, James R	43	Pacific Northwest Aquatics		1:02.04
	29.98	1:02.04 (32.06)			

**Men 40-44 200 Yard Backstroke**

20	Littlefield, James R	43	Pacific Northwest Aquatics		2:21.16
	31.88	1:06.29 (34.41)	1:43.59 (37.30)	2:21.16 (37.57)	
22	Dybdahl, Eric T	43	Pacific Northwest Aquatics		2:27.41
	33.06	1:09.56 (36.50)	1:48.02 (38.46)	2:27.41 (39.39)	

**Men 40-44 200 Yard Butterfly**

---	Dybdahl, Eric T	43	Pacific Northwest Aquatics		DQ
	30.56	1:05.44 (34.88)	1:41.93 (36.49)		

**Men 40-44 400 Yard IM**

24	Dybdahl, Eric T	43	Pacific Northwest Aquatics		5:20.70
	30.69	1:05.29 (34.60)	1:45.87 (40.58)	2:26.50 (40.63)	
	3:16.72 (50.22)	4:08.29 (51.57)	4:45.24 (36.95)	5:20.70 (35.46)	

**Men 45-49 50 Yard Freestyle**

40	Spencer, Donald L	45	Pacific Northwest Aquatics		24.84
52	Delony, Will C	47	Pacific Northwest Aquatics		26.02

**Men 45-49 100 Yard Freestyle**

39	Spencer, Donald L	45	Pacific Northwest Aquatics		54.26
	26.92	54.26 (27.34)			
49	Delony, Will C	47	Pacific Northwest Aquatics		57.86
	26.99	57.86 (30.87)			

**Men 45-49 50 Yard Backstroke**

13	Russell, Brian A	46	Pacific Northwest Aquatics		29.35
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**Men 45-49 100 Yard Breaststroke**

24	Robinson, Dan L	45	Pacific Northwest Aquatics		1:10.30
	33.98	1:10.30 (36.32)			

**Men 45-49 200 Yard Breaststroke**

14	Robinson, Dan L	45	Pacific Northwest Aquatics		2:32.36
	35.39	1:14.10 (38.71)	1:53.16 (39.06)	2:32.36 (39.20)	

**Men 45-49 50 Yard Butterfly**

32	Spencer, Donald L	45	Pacific Northwest Aquatics		27.36
33	Russell, Brian A	46	Pacific Northwest Aquatics		27.37

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Men 45-49 100 Yard Butterfly**

9	Russell, Brian A	46	Pacific Northwest Aquatics	57.63
	27.13		57.63 (30.50)	
17	Robinson, Dan L	45	Pacific Northwest Aquatics	1:01.03
	28.72		1:01.03 (32.31)	

**Men 45-49 200 Yard Butterfly**

9	Robinson, Dan L	45	Pacific Northwest Aquatics	2:16.21
	30.16		1:03.32 (33.16) 1:38.14 (34.82) 2:16.21 (38.07)	
11	Russell, Brian A	46	Pacific Northwest Aquatics	2:19.37
	30.53		1:04.71 (34.18) 1:40.84 (36.13) 2:19.37 (38.53)	

**Men 45-49 100 Yard IM**

29	Spencer, Donald L	45	Pacific Northwest Aquatics	1:03.00
	29.53		1:03.00 (33.47)	

**Men 45-49 200 Yard IM**

15	Russell, Brian A	46	Pacific Northwest Aquatics	2:14.42
	28.11		1:01.84 (33.73) 1:42.09 (40.25) 2:14.42 (32.33)	

**Men 45-49 400 Yard IM**

11	Robinson, Dan L	45	Pacific Northwest Aquatics	4:53.65
	30.39		1:04.10 (33.71) 1:44.23 (40.13) 2:23.13 (38.90)	
	3:05.05 (41.92)		3:47.22 (42.17) 4:21.06 (33.84) 4:53.65 (32.59)	
14	Russell, Brian A	46	Pacific Northwest Aquatics	5:02.66
	29.31		1:02.94 (33.63) 1:40.37 (37.43) 2:18.16 (37.79)	
	3:03.15 (44.99)		3:49.61 (46.46) 4:26.12 (36.51) 5:02.66 (36.54)	

**Men 50-54 50 Yard Freestyle**

5	Press, Oliver W	50	Pacific Northwest Aquatics	23.42
7	Jacobs, Ronald	51	Pacific Northwest Aquatics	23.79
30	Wright, Larry E	54	Pacific Northwest Aquatics	25.43
42	Reeder, Bill D	50	Pacific Northwest Aquatics	27.21

**Men 50-54 100 Yard Freestyle**

7	Jacobs, Ronald	51	Pacific Northwest Aquatics	52.30
	24.96		52.30 (27.34)	
13	Press, Oliver W	50	Pacific Northwest Aquatics	53.57
	25.27		53.57 (28.30)	
27	Wright, Larry E	54	Pacific Northwest Aquatics	58.25
	27.52		58.25 (30.73)	

**Men 50-54 200 Yard Freestyle**

7	Lautman, Scott M	50	Pacific Northwest Aquatics	1:54.55
	27.91		56.99 (29.08) 1:25.52 (28.53) 1:54.55 (29.03)	
13	Jacobs, Ronald	51	Pacific Northwest Aquatics	1:57.25
	26.47		56.55 (30.08) 1:27.43 (30.88) 1:57.25 (29.82)	

**Men 50-54 500 Yard Freestyle**

---	Lautman, Scott M	50	Pacific Northwest Aquatics	SCR
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**Men 50-54 1650 Yard Freestyle**

---	Lautman, Scott M	50	Pacific Northwest Aquatics	SCR
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**Men 50-54 50 Yard Backstroke**

7	Jacobs, Ronald	51	Pacific Northwest Aquatics	28.61
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**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Men 50-54 100 Yard Backstroke**

8	Jacobs, Ronald	51	Pacific Northwest Aquatics	1:01.65
	30.08	1:01.65 (31.57)		
16	Wright, Larry E	54	Pacific Northwest Aquatics	1:07.78
	32.52	1:07.78 (35.26)		

**Men 50-54 200 Yard Backstroke**

6	Jacobs, Ronald	51	Pacific Northwest Aquatics	2:14.86
	31.51	1:05.42 (33.91)	1:40.33 (34.91)	2:14.86 (34.53)

**Men 50-54 50 Yard Breaststroke**

16	Gregory, Daniel J	52	Pacific Northwest Aquatics	32.11
20	Reeder, Bill D	50	Pacific Northwest Aquatics	33.77

**Men 50-54 100 Yard Breaststroke**

17	Gregory, Daniel J	52	Pacific Northwest Aquatics	1:13.37
	34.00	1:13.37 (39.37)		

**Men 50-54 50 Yard Butterfly**

12	Press, Oliver W	50	Pacific Northwest Aquatics	27.02
16	Wright, Larry E	54	Pacific Northwest Aquatics	27.34
27	Reeder, Bill D	50	Pacific Northwest Aquatics	29.08

**Men 50-54 100 Yard Butterfly**

2	Lautman, Scott M	50	Pacific Northwest Aquatics	55.39
	26.24	55.39 (29.15)		
13	Press, Oliver W	50	Pacific Northwest Aquatics	1:00.36
	28.15	1:00.36 (32.21)		
24	Wright, Larry E	54	Pacific Northwest Aquatics	1:05.78
	28.94	1:05.78 (36.84)		

**Men 50-54 200 Yard Butterfly**

1	Lautman, Scott M	50	Pacific Northwest Aquatics	2:05.26
	27.61	58.56 (30.95)	1:30.56 (32.00)	2:05.26 (34.70)

**Men 50-54 100 Yard IM**

18	Press, Oliver W	50	Pacific Northwest Aquatics	1:03.91
	30.20	1:03.91 (33.71)		
27	Wright, Larry E	54	Pacific Northwest Aquatics	1:05.68
	29.43	1:05.68 (36.25)		
30	Gregory, Daniel J	52	Pacific Northwest Aquatics	1:08.43
	33.02	1:08.43 (35.41)		
32	Reeder, Bill D	50	Pacific Northwest Aquatics	1:09.57
	32.34	1:09.57 (37.23)		

**Men 50-54 200 Yard IM**

22	Reeder, Bill D	50	Pacific Northwest Aquatics	2:29.64
	30.62	1:10.08 (39.46)	1:55.00 (44.92)	2:29.64 (34.64)

**Men 50-54 400 Yard IM**

13	Reeder, Bill D	50	Pacific Northwest Aquatics	5:22.18
	32.46	1:11.93 (39.47)	1:53.20 (41.27)	2:36.07 (42.87)
	3:24.39 (48.32)	4:13.53 (49.14)	4:48.91 (35.38)	5:22.18 (33.27)

**Men 55-59 50 Yard Freestyle**

36	Batley, Richard M	55	Pacific Northwest Aquatics	30.09
37	Sawyer, Dennis L	59	Pacific Northwest Aquatics	30.18

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Men 55-59 100 Yard Freestyle**

---	Peterson, Steven B	56	Pacific Northwest Aquatics							NS
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**Men 55-59 200 Yard Freestyle**

24	Norris, James G	55	Pacific Northwest Aquatics							2:20.94
	31.83	1:07.30 (35.47)		1:44.32 (37.02)		2:20.94 (36.62)				
29	Batley, Richard M	55	Pacific Northwest Aquatics							2:32.19
	34.69	1:13.31 (38.62)		1:53.08 (39.77)		2:32.19 (39.11)				

**Men 55-59 500 Yard Freestyle**

9	McColly, Michael	57	Pacific Northwest Aquatics							5:45.30
	29.68	1:02.33 (32.65)		1:36.52 (34.19)		2:10.96 (34.44)				
	2:46.25 (35.29)	3:21.45 (35.20)		3:58.67 (37.22)		4:34.31 (35.64)				
	5:10.49 (36.18)	5:45.30 (34.81)								
---	Norris, James G	55	Pacific Northwest Aquatics							SCR
---	Batley, Richard M	55	Pacific Northwest Aquatics							SCR

**Men 55-59 1000 Yard Freestyle**

4	McColly, Michael	57	Pacific Northwest Aquatics							11:44.83
	31.24	1:05.48 (34.24)		1:40.52 (35.04)		2:16.71 (36.19)				
	2:52.86 (36.15)	3:28.92 (36.06)		4:05.04 (36.12)		4:40.80 (35.76)				
		5:52.09 ( )		6:27.64 (35.55)		7:03.11 (35.47)				
	7:38.60 (35.49)	8:14.11 (35.51)		8:49.65 (35.54)		9:24.70 (35.05)				
	10:00.12 (35.42)	10:35.61 (35.49)		11:11.26 (35.65)		11:44.83 (33.57)				

**Men 55-59 1650 Yard Freestyle**

1	McCleery, James T	57	Pacific Northwest Aquatics							19:03.29
	30.11	1:03.37 (33.26)		1:37.04 (33.67)		2:11.47 (34.43)				
	2:46.05 (34.58)	3:20.61 (34.56)		3:55.72 (35.11)		4:30.54 (34.82)				
	5:05.33 (34.79)	5:40.22 (34.89)		6:15.43 (35.21)		6:50.81 (35.38)				
	7:25.94 (35.13)	8:00.69 (34.75)		8:35.73 (35.04)		9:10.65 (34.92)				
	9:45.87 (35.22)	10:20.86 (34.99)		10:55.84 (34.98)		11:30.94 (35.10)				
	12:06.02 (35.08)	12:41.24 (35.22)		13:16.38 (35.14)		13:51.67 (35.29)				
	14:26.94 (35.27)	15:01.82 (34.88)		15:37.05 (35.23)		16:12.07 (35.02)				
	16:46.95 (34.88)	17:22.01 (35.06)		17:56.83 (34.82)		18:30.98 (34.15)			19:03.29 (32.31)	
6	Norris, James G	55	Pacific Northwest Aquatics							21:15.08
	34.11	1:10.61 (36.50)		1:48.83 (38.22)		2:26.95 (38.12)				
	3:04.93 (37.98)	3:43.33 (38.40)		4:21.41 (38.08)		4:59.82 (38.41)				
	5:38.36 (38.54)	6:17.18 (38.82)		6:56.24 (39.06)		7:35.42 (39.18)				
	8:14.23 (38.81)	8:53.55 (39.32)		9:32.67 (39.12)		10:11.52 (38.85)				
	10:50.75 (39.23)	11:29.88 (39.13)		12:09.02 (39.14)		12:48.12 (39.10)				
	13:27.43 (39.31)	14:06.83 (39.40)		14:46.41 (39.58)		15:25.74 (39.33)				
	16:04.99 (39.25)	16:44.27 (39.28)		17:23.68 (39.41)		18:02.72 (39.04)				
	18:41.59 (38.87)	19:20.60 (39.01)		19:59.44 (38.84)		20:37.92 (38.48)			21:15.08 (37.16)	
8	Batley, Richard M	55	Pacific Northwest Aquatics							23:16.49
	35.53	1:15.35 (39.82)		1:55.95 (40.60)		2:37.41 (41.46)				
	3:18.70 (41.29)	4:00.00 (41.30)		4:41.59 (41.59)		5:23.25 (41.66)				
	6:05.23 (41.98)	6:46.88 (41.65)		7:29.01 (42.13)		8:10.97 (41.96)				
	8:52.89 (41.92)	9:35.19 (42.30)		10:17.60 (42.41)		11:00.03 (42.43)				
	11:42.62 (42.59)	12:25.30 (42.68)		13:07.84 (42.54)		13:50.93 (43.09)				
	14:34.23 (43.30)	15:17.38 (43.15)		16:00.29 (42.91)		16:43.71 (43.42)				
	17:26.96 (43.25)	18:10.47 (43.51)		18:53.93 (43.46)		19:37.37 (43.44)				
	20:21.00 (43.63)	21:04.20 (43.20)		21:50.45 (46.25)		22:34.26 (43.81)			23:16.49 (42.23)	

**Men 55-59 100 Yard Backstroke**

7	McColly, Michael	57	Pacific Northwest Aquatics							1:07.53
	33.55	1:07.53 (33.98)								

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Men 55-59 200 Yard Backstroke**

6	McColly, Michael	57	Pacific Northwest Aquatics	2:26.06
	34.33	1:10.99 (36.66)	1:49.14 (38.15)	2:26.06 (36.92)

**Men 55-59 50 Yard Breaststroke**

11	Peterson, Steven B	56	Pacific Northwest Aquatics	33.37
20	Sawyer, Dennis L	59	Pacific Northwest Aquatics	36.83

**Men 55-59 100 Yard Breaststroke**

10	Peterson, Steven B	56	Pacific Northwest Aquatics	1:11.52
	33.82	1:11.52 (37.70)		
19	Sawyer, Dennis L	59	Pacific Northwest Aquatics	1:20.35
	38.33	1:20.35 (42.02)		

**Men 55-59 200 Yard Breaststroke**

8	Peterson, Steven B	56	Pacific Northwest Aquatics	2:40.15
	35.07	1:15.45 (40.38)	1:57.48 (42.03)	2:40.15 (42.67)

**Men 55-59 200 Yard IM**

8	McColly, Michael	57	Pacific Northwest Aquatics	2:27.77
	30.98	1:09.06 (38.08)	1:53.74 (44.68)	2:27.77 (34.03)
12	Peterson, Steven B	56	Pacific Northwest Aquatics	2:34.03
	34.63	1:16.70 (42.07)	1:58.25 (41.55)	2:34.03 (35.78)

**Men 55-59 400 Yard IM**

3	McColly, Michael	57	Pacific Northwest Aquatics	5:12.38
	31.75	1:11.65 (39.90)	1:52.95 (41.30)	2:32.84 (39.89)
	3:17.73 (44.89)	4:03.60 (45.87)	4:38.93 (35.33)	5:12.38 (33.45)

**Men 60-64 50 Yard Backstroke**

8	Reid, Walter E	62	Pacific Northwest Aquatics	36.03
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**Men 60-64 100 Yard Backstroke**

11	Reid, Walter E	62	Pacific Northwest Aquatics	1:18.74
	37.18	1:18.74 (41.56)		

**Men 60-64 50 Yard Breaststroke**

7	Reid, Walter E	62	Pacific Northwest Aquatics	35.79
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**Men 60-64 100 Yard Breaststroke**

12	Reid, Walter E	62	Pacific Northwest Aquatics	1:23.34
	39.54	1:23.34 (43.80)		

**Women 18+ 200 Yard Freestyle Relay**

6	Pacific Northwest Aquatics	A	1:44.50
	1) Jacobson, Naomi W20	2) Salman, Erin K W19	3) Lassiter, Mary C W20
	26.72	54.15 (27.43)	1:20.31 (26.16)
			1:44.50 (24.19)
15	Pacific Northwest Aquatics	B	1:53.49
	1) Speer, Sasha M W21	2) Bloxham, Michelle M W20	3) Dowd, Laura D W19
	30.83	58.15 (27.32)	1:25.43 (27.28)
			1:53.49 (28.06)

**Women 18+ 200 Yard Medley Relay**

8	Pacific Northwest Aquatics	A	2:00.37
	1) Lassiter, Mary C W20	2) Dowd, Laura D W19	3) Jahnke, Amy V W20
	30.97	1:04.69 (33.72)	1:34.42 (29.73)
			2:00.37 (25.95)
13	Pacific Northwest Aquatics	B	2:07.90
	1) Bloxham, Michelle M W20	2) Speer, Sasha M W21	3) Crandell, Kelly J W22
	30.52	1:08.46 (37.94)	1:40.67 (32.21)
			2:07.90 (27.23)
			4) Jacobson, Naomi W20
			4) Salman, Erin K W19

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Women 25+ 200 Yard Medley Relay**

18 Pacific Northwest Aquatics	A		2:26.18
1) Murphy, Casey A W25	2) Cullom, Adria Ellen W32	3) Whitney, Jamie F W38	4) Hennessy, Patricia M W35
29.53	1:15.52 (45.99)	1:52.21 (36.69)	2:26.18 (33.97)

**Women 35+ 200 Yard Freestyle Relay**

--- Pacific Northwest Aquatics	A		DQ
1) Courtney, Zena H W43	2) Wilson, Lisa A W41	3) Whitney, Jamie F W38	4) Mathews, Carolyn W W40
28.31	54.76 (26.45)	1:23.97 (29.21)	

**Women 35+ 200 Yard Medley Relay**

9 Pacific Northwest Aquatics	A		2:02.84
1) PetersJohnson, Anne T W38	2) Wilson, Lisa A W41	3) Dahl, Lisa A W42	4) Courtney, Zena H W43
30.90	1:05.92 (35.02)	1:34.81 (28.89)	2:02.84 (28.03)

**Women 45+ 200 Yard Freestyle Relay**

1 Pacific Northwest Aquatics	A		1:46.54
1) Moore, Jo W48	2) Davis, Charlotte M W53	3) Glassman, Debbie A W49	4) Lippold, Mary B W47
26.91	53.40 (26.49)	1:20.67 (27.27)	1:46.54 (25.87)

**Women 45+ 200 Yard Medley Relay**

2 Pacific Northwest Aquatics	A		2:03.72
1) Davis, Charlotte M W53	2) Litzenberger, Andra W50	3) Glassman, Debbie A W49	4) Lippold, Mary B W47
33.27	1:08.22 (34.95)	1:37.72 (29.50)	2:03.72 (26.00)
--- Pacific Northwest Aquatics	B		NS

**Women 55+ 200 Yard Freestyle Relay**

1 Pacific Northwest Aquatics	A		2:08.55
1) Welch, Sarah W56	2) Walker, Elise (Pinky) M W60	3) Litt, Arni H W57	4) Dillon, Sally A W56
1:02.80	1:38.90 ( )	2:08.55 (29.65)	

**Women 55+ 200 Yard Medley Relay**

1 Pacific Northwest Aquatics	A		2:26.00
1) Walker, Elise (Pinky) M W60	2) Litt, Arni H W57	3) Welch, Sarah W56	4) Dillon, Sally A W56
37.21	1:20.08 (42.87)	1:55.54 (35.46)	2:26.00 (30.46)

**Men 18+ 200 Yard Freestyle Relay**

9 Pacific Northwest Aquatics	A		1:38.00
1) Sayah, George S M24	2) Fong, Eduardo S M25	3) Tourigny, David P M23	4) Smith, Aaron M M21
24.69	48.42 (23.73)	1:13.04 (24.62)	1:38.00 (24.96)

**Men 18+ 200 Yard Medley Relay**

15 Pacific Northwest Aquatics	A		1:50.67
1) Smith, Aaron M M21	2) Tanaka, Leo M24	3) Tourigny, David P M23	4) Sayah, George S M24
28.81	58.35 (29.54)	1:25.15 (26.80)	1:50.67 (25.52)

**Men 25+ 200 Yard Freestyle Relay**

15 Pacific Northwest Aquatics	A		1:32.46
1) Cann, William H M30		3) Nelson, Kirk E M33	4) Arnold, Mark A M28
24.07	47.22 (23.15)	1:10.19 (22.97)	1:32.46 (22.27)

**Men 25+ 200 Yard Medley Relay**

14 Pacific Northwest Aquatics	A		1:44.16
1) Arnold, Mark A M28	2) Schutte, Tom F M33	3) Nelson, Kirk E M33	4) Fong, Eduardo S M25
26.34	55.40 (29.06)	1:21.14 (25.74)	1:44.16 (23.02)

**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Men 35+ 200 Yard Freestyle Relay**

22	Pacific Northwest Aquatics	A			1:39.43
	1) Wardian, Edward P M37	2) Dybdahl, Eric T M43	3) Redfield, Douglas H M39	4) Littlefield, James R M43	
	22.97	48.19 (25.22)	1:15.13 (26.94)	1:39.43 (24.30)	

**Men 35+ 200 Yard Medley Relay**

24	Pacific Northwest Aquatics	A			1:56.81
	1) Dybdahl, Eric T M43	2) Sawyer, Dennis L M59	3) Littlefield, James R M43	4) Bornfleth, Eric L M37	
	30.82	1:06.31 (35.49)	1:33.05 (26.74)	1:56.81 (23.76)	

**Men 45+ 200 Yard Freestyle Relay**

11	Pacific Northwest Aquatics	A			1:37.14
	1) Russell, Brian A M46	2) Jacobs, Ronald M51	3) Lautman, Scott M M50	4) Press, Oliver W M50	
	23.88	49.25 (25.37)	1:13.39 (24.14)	1:37.14 (23.75)	

**Men 45+ 200 Yard Medley Relay**

10	Pacific Northwest Aquatics	A			1:48.58
	1) Jacobs, Ronald M51	2) Gregory, Daniel J M52	3) Lautman, Scott M M50	4) Press, Oliver W M50	
	28.15	59.63 (31.48)	1:24.95 (25.32)	1:48.58 (23.63)	
19	Pacific Northwest Aquatics	B			1:56.71
	1) Russell, Brian A M46	2) Peterson, Steven B M56	3) Robinson, Dan L M45	4) Reeder, Bill D M50	
	29.80	1:02.12 (32.32)	1:29.87 (27.75)	1:56.71 (26.84)	

**Men 55+ 200 Yard Freestyle Relay**

7	Pacific Northwest Aquatics	A			1:55.36
	1) McColly, Michael M57	2) Reid, Walter E M62	3) Sawyer, Dennis L M59	4) Peterson, Steven B M56	
	27.36	57.59 (30.23)	1:27.34 (29.75)	1:55.36 (28.02)	

**Men 55+ 200 Yard Medley Relay**

---	Pacific Northwest Aquatics	A			NS
	2:13.51				

**Mixed 18+ 200 Yard Freestyle Relay**

---	Pacific Northwest Aquatics	A			NS
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**Mixed 18+ 200 Yard Medley Relay**

13	Pacific Northwest Aquatics	A			1:54.67
	1) Bloxham, Michelle M W20	2) Tanaka, Leo M24	3) Jahnke, Amy V W20	4) Smith, Aaron M M21	
	31.19	1:00.74 (29.55)	1:30.66 (29.92)	1:54.67 (24.01)	
19	Pacific Northwest Aquatics	B			2:00.01
	1) Ritch, Rosanne M W23	2) Sayah, George S M24	3) Tourigny, David P M23	4) Crandell, Kelly J W22	
	34.06	1:04.70 (30.64)	1:32.35 (27.65)	2:00.01 (27.66)	

**Mixed 25+ 200 Yard Medley Relay**

15	Pacific Northwest Aquatics	A			1:50.13
	1) Arnold, Mark A M28	2) Schutte, Tom F M33	3) Murphy, Casey A W25	4) Whitney, Jamie F W38	
	26.24	54.61 (28.37)	1:21.20 (26.59)	1:50.13 (28.93)	

**Mixed 35+ 200 Yard Freestyle Relay**

9	Pacific Northwest Aquatics	A			1:40.87
	1) Wilson, Lisa A W41	2) Dahl, Lisa A W42	3) Dybdahl, Eric T M43	4) Littlefield, James R M43	
	26.58	51.61 (25.03)	1:17.26 (25.65)	1:40.87 (23.61)	

**Mixed 35+ 200 Yard Medley Relay**

18	Pacific Northwest Aquatics	A			1:55.42
	1) Wardian, Edward P M37	2) Wilson, Lisa A W41	3) Courtney, Zena H W43	4) Littlefield, James R M43	
	25.43	1:00.59 (35.16)	1:31.63 (31.04)	1:55.42 (23.79)	



**2003 USMS Short Course National Championships****Mona Plummer Aquatic Center****Results****Mixed 45+ 200 Yard Freestyle Relay**

6	Pacific Northwest Aquatics	A			1:42.35
	1) Davis, Charlotte M W53		2) Lippold, Mary B W47	3) Jacobs, Ronald M51	4) Russell, Brian A M46
	23.91		51.16 (27.25)	1:18.11 (26.95)	1:42.35 (24.24)

**Mixed 45+ 200 Yard Medley Relay**

7	Pacific Northwest Aquatics	A			1:55.78
	1) Gundred, Barb L W51		2) Litzenberger, Andra W50	3) Lautman, Scott M M50	4) Press, Oliver W M50
	31.55		1:06.54 (34.99)	1:32.10 (25.56)	1:55.78 (23.68)
8	Pacific Northwest Aquatics	B			1:56.75
	1) Jacobs, Ronald M51		2) Robinson, Dan L M45	3) Davis, Charlotte M W53	4) Lippold, Mary B W47
	28.85		1:00.84 (31.99)	1:30.16 (29.32)	1:56.75 (26.59)

**Mixed 55+ 200 Yard Freestyle Relay**

---	Pacific Northwest Aquatics	A			DQ
	1) Dillon, Sally A W56		2) Walker, Elise (Pinky) M W60	3) Reid, Walter E M62	4) Sawyer, Dennis L M59
	30.74		1:02.17 (31.43)	1:31.34 (29.17)	

**Mixed 55+ 200 Yard Medley Relay**

4	Pacific Northwest Aquatics	A			2:10.39
	1) McColly, Michael M57		2) Peterson, Steven B M56	3) Welch, Sarah W56	4) Dillon, Sally A W56
	31.66		1:03.96 (32.30)	1:40.22 (36.26)	2:10.39 (30.17)
9	Pacific Northwest Aquatics	B			2:30.11
	1) Walker, Elise (Pinky) M W60		2) Reid, Walter E M62	3) Litt, Arni H W57	4) Sawyer, Dennis L M59
	37.19		54.29 (17.10)	1:59.54 (1:05.25)	2:30.11 (30.57)