

SKIT  
 03-19-89  
 SHORT COURSE YARDS  
 P = P.N.A. RECORD  
 R = REGIONAL RECORD  
 N = NATIONAL RECORD  
 W = WORLD RECORD  
 U = UNOFFICIAL TIME (1 WATCH)

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 WOMEN 25-29  
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50 YD. FREE  
 JULIE DANIELS 26 PNA 28.72  
 KERRI LANNOYE 28 PNA 28.80  
 JENNIFER SHOUP 25 PNA 31.56  
 100 YD. FREE  
 KARIN FOSBERG 28 HSKY 58.12  
 KERRI LANNOYE 28 PNA 1:04.15  
 MARY HAMILTON 26 PNA 1:05.27  
 JULIE DANIELS 26 PNA 1:05.66  
 KAREN JOST 27 PNA 1:06.34  
 JENNIFER SHOUP 25 PNA 1:08.85  
 200 YD. FREE  
 KERRI LANNOYE 28 PNA 2:20.56 U  
 MARY HAMILTON 26 PNA 2:24.32  
 1000 YD. FREE  
 SHARON LYDA-RENZ 26 TRI 17:06.58  
 50 YD. BACK  
 KERRI LANNOYE 28 PNA 35.70  
 100 YD. BACK  
 KERRI LANNOYE 28 PNA 1:15.45 U  
 SHARON LYDA-RENZ 26 TRI 1:44.67 U  
 200 YD. BACK  
 KARIN FOSBERG 28 HSKY 2:21.33  
 KAREN JOST 27 PNA 2:39.01  
 200 YD. BRST  
 KARIN FOSBERG 28 HSKY 2:39.91  
 50 YD. FLY  
 JULIE DANIELS 26 PNA 33.90  
 JENNIFER SHOUP 25 PNA 35.86  
 100 YD. FLY  
 SHARON LYDA-RENZ 26 TRI 1:46.06  
 100 YD. I.M.  
 MARY HAMILTON 26 PNA 1:15.84  
 JULIE DANIELS 26 PNA 1:16.62  
 JENNIFER SHOUP 25 PNA 1:21.74  
 SHARON LYDA-RENZ 26 TRI 1:32.78  
 200 YD. I.M.  
 KARIN FOSBERG 28 HSKY 2:19.86  
 KAREN JOST 27 PNA 2:40.15  
 MARY HAMILTON 26 PNA 2:46.63  
 400 YD. I.M.  
 KARIN FOSBERG 28 HSKY 4:55.31 U  
 KAREN JOST 27 PNA 5:27.15 U  
 SHARON LYDA-RENZ 26 TRI 7:00.85 U

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 WOMEN 30-34  
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50 YD. FREE  
 PEG LOVELLFORD 34 PNA 32.51

KAREN WOLF 32 HSKY 32.83  
 SANDY MAC AULEY 34 PNA 34.37  
 100 YD. FREE  
 KAREN WOLF 32 HSKY 1:11.84  
 PEG LOVELLFORD 34 PNA 1:15.04  
 SANDY MAC AULEY 34 PNA 1:19.39  
 DENISE PULLIAM 31 PNA 1:20.13  
 200 YD. FREE  
 LISA FARIN 31 PNA 2:24.88  
 KAREN WOLF 32 HSKY 2:31.47 U  
 DENISE PULLIAM 31 PNA 2:50.75  
 1000 YD. FREE  
 LISA FARIN 31 PNA 13:29.47  
 50 YD. BACK  
 RUTH CONRAD 31 TRI 38.34  
 100 YD. BACK  
 LISA FARIN 31 PNA 1:20.68 U  
 200 YD. BACK  
 KIKO KIMURA 33 HSKY 2:40.50  
 LISA FARIN 31 PNA 2:49.07  
 50 YD. BRST  
 RUTH CONRAD 31 TRI 37.05  
 TERRI ANNE WARD 33 PNA 41.65  
 100 YD. BRST  
 RUTH CONRAD 31 TRI 1:22.98  
 TERRI ANNE WARD 33 PNA 1:30.76  
 200 YD. BRST  
 TERRI ANNE WARD 33 PNA 3:13.51  
 50 YD. FLY  
 PEG LOVELLFORD 34 PNA 36.28  
 KAREN WOLF 32 HSKY 38.81  
 200 YD. FLY  
 KIKO KIMURA 33 HSKY 2:49.13  
 LISA FARIN 31 PNA 2:52.36  
 100 YD. I.M.  
 RUTH CONRAD 31 TRI 1:13.73  
 DENISE PULLIAM 31 PNA 1:31.52  
 PEG LOVELLFORD 34 PNA 1:31.96  
 400 YD. I.M.  
 KIKO KIMURA 33 HSKY 5:33.13 U

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 WOMEN 35-39  
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50 YD. FREE  
 DONNA DALY 37 PNA 29.28  
 100 YD. FREE  
 DEBORAH WALKER 36 HSKY 1:02.58  
 DONNA DALY 37 PNA 1:07.22 U  
 1000 YD. FREE  
 DONNA DALY 37 PNA 15:10.21  
 100 YD. BRST  
 DEBORAH WALKER 36 HSKY 1:23.18  
 50 YD. FLY  
 DEBORAH WALKER 36 HSKY 31.85  
 DONNA DALY 37 PNA 32.95 U  
 100 YD. I.M.  
 DEBORAH WALKER 36 HSKY 1:13.47  
 DONNA DALY 37 PNA 1:20.02

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 WOMEN 40-44  
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50 YD. FREE  
 JULIE CORMAN 40 HSKY 28.69  
 KATHRINE CASEY 40 PNA 28.86  
 MARYANN BROWN 40 PNA 33.13  
 MAGI HARRIS 42 PNA 36.23  
 NANCY ANDERSON 40 PNA 43.41  
 100 YD. FREE  
 MARYANN BROWN 40 PNA 1:11.58  
 200 YD. FREE  
 KATHRINE CASEY 40 PNA 2:17.20  
 CATHERINE BROOKS 40 DAM 2:52.80  
 NANCY ANDERSON 40 PNA 3:24.34  
 1000 YD. FREE  
 KATHRINE CASEY 40 PNA 13:03.89 P  
 KATE SUTHERLAND 40 PNA 15:52.58 U  
 NANCY ANDERSON 40 PNA 19:12.47  
 50 YD. BACK  
 JULIE CORMAN 40 HSKY 33.38 P  
 RONDI WHITE 43 PNA 37.94  
 NANCY ANDERSON 40 PNA 47.84  
 100 YD. BACK  
 JULIE CORMAN 40 HSKY 1:13.56  
 KATE SUTHERLAND 40 PNA 1:32.37 U  
 200 YD. BACK  
 JULIE CORMAN 40 HSKY 2:41.11  
 CATHERINE BROOKS 40 DAM 2:54.23  
 50 YD. BRST  
 KATHRINE CASEY 40 PNA 36.60  
 100 YD. BRST  
 KATHRINE CASEY 40 PNA 1:22.10  
 KATE SUTHERLAND 40 PNA 1:34.31  
 200 YD. BRST  
 MAGI HARRIS 42 PNA 3:10.33  
 KATE SUTHERLAND 40 PNA 3:21.44  
 50 YD. FLY  
 RONDI WHITE 43 PNA 36.47 U  
 100 YD. FLY  
 RONDI WHITE 43 PNA 1:34.87  
 200 YD. FLY  
 CATHERINE BROOKS 40 DAM 3:05.48  
 100 YD. I.M.  
 RONDI WHITE 43 PNA 1:22.24  
 MAGI HARRIS 42 PNA 1:27.63  
 KATE SUTHERLAND 40 PNA 1:29.64  
 NANCY ANDERSON 40 PNA 1:50.63  
 400 YD. I.M.  
 MAGI HARRIS 42 PNA 6:36.69 U

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 WOMEN 45-49  
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50 YD. FREE  
 KAY LANG 45 PNA 45.18  
 100 YD. FREE  
 LOUISE ELLIOT 46 PNA 1:19.61  
 MARIETTA HUNZIKER 49 PNA 1:42.69  
 200 YD. FREE  
 MARIETTA HUNZIKER 49 PNA 3:45.26  
 1000 YD. FREE  
 LOUISE ELLIOT 46 PNA 16:18.28

MARIETTA HUNZIKER 49 PNA 21:00.70  
 100 YD. BACK  
 BARBARA FRID 46 OREG 1:17.99 U  
 200 YD. BACK  
 BARBARA FRID 46 OREG 2:54.56  
 50 YD. BRST  
 BARBARA FRID 46 OREG 38.65  
 100 YD. BRST  
 BARBARA FRID 46 OREG 1:24.03  
 50 YD. FLY  
 BARBARA FRID 46 OREG 32.02  
 LOUISE ELLIOT 46 PNA 41.41  
 100 YD. I.M.  
 LOUISE ELLIOT 46 PNA 1:32.19 U

WOMEN 50-54

50 YD. FREE  
 ANN GINDROZ 50 PNA 35.49  
 CAROL ANNING 51 PNA 42.30  
 100 YD. FREE  
 ANN GINDROZ 50 PNA 1:20.12  
 CAROL ANNING 51 PNA 1:30.67  
 200 YD. FREE  
 ANN GINDROZ 50 PNA 3:02.06  
 CAROL ANNING 51 PNA 3:18.86  
 1000 YD. FREE  
 ANN GINDROZ 50 PNA 16:50.65 U  
 CAROL ANNING 51 PNA 18:15.93  
 100 YD. BACK  
 CAROLYN BALDWIN 54 PNA 1:59.31 U  
 50 YD. BRST  
 CAROL ANNING 51 PNA 57.73  
 200 YD. BRST  
 CAROLYN BALDWIN 54 PNA 3:48.16  
 100 YD. I.M.  
 CAROLYN BALDWIN 54 PNA 1:43.51  
 400 YD. I.M.  
 ANN GINDROZ 50 PNA 7:23.56 U

WOMEN 55-59

100 YD. FREE  
 JOY ROSS 55 PNA 1:24.94  
 200 YD. FREE  
 JOY ROSS 55 PNA 2:58.40  
 1000 YD. FREE  
 LAVELLE STOINOFF 56 OREG 12:54.28  
 JOY ROSS 55 PNA 16:01.41 U  
 JANET KAVADAS 57 PNA 19:22.21  
 50 YD. BACK  
 JANET KAVADAS 57 PNA 54.44  
 50 YD. BRST  
 CYNTHIA ROSIK 56 PNA 49.86  
 100 YD. BRST  
 JOY ROSS 55 PNA 1:45.51  
 JANET KAVADAS 57 PNA 1:55.28  
 200 YD. BRST  
 LAVELLE STOINOFF 56 OREG 3:07.80  
 CYNTHIA ROSIK 56 PNA 4:04.30

50 YD. FLY  
 JANET KAVADAS 57 PNA 56.04  
 100 YD. I.M.  
 JOY ROSS 55 PNA 1:41.70  
 CYNTHIA ROSIK 56 PNA 1:55.03  
 400 YD. I.M.  
 LAVELLE STOINOFF 56 OREG 6:09.79  
 JANET KAVADAS 57 PNA 8:21.23 U

WOMEN 60-64

100 YD. FREE  
 MARYAN BURKE 63 PNA 2:01.55 U  
 200 YD. BACK  
 MARYAN BURKE 63 PNA 4:15.74  
 100 YD. BRST  
 MARYAN BURKE 63 PNA 2:11.02  
 50 YD. FLY  
 MARYAN BURKE 63 PNA 1:16.42 U

WOMEN 65-69

50 YD. FREE  
 MURIEL FLYNN 66 PNA 41.07  
 JULIA MORRISH 65 PNA 45.18  
 100 YD. FREE  
 MURIEL FLYNN 66 PNA 1:32.25  
 200 YD. FREE  
 MURIEL FLYNN 66 PNA 3:28.02  
 50 YD. BACK  
 JULIA MORRISH 65 PNA 50.49  
 100 YD. BACK  
 JULIA MORRISH 65 PNA 1:53.59 U

MEN 19-24

100 YD. FREE  
 JOHN PARKER 24 TRI 1:07.74  
 50 YD. BRST  
 JOHN PARKER 24 TRI 34.46  
 100 YD. BRST  
 JOHN PARKER 24 TRI 1:20.16  
 100 YD. I.M.  
 JOHN PARKER 24 TRI 1:16.18

MEN 25-29

50 YD. FREE  
 STEVE SCHMIDT 27 PNA 22.79  
 STEVE BRANDT 27 PNA 23.03  
 100 YD. FREE  
 STEVE BRANDT 27 PNA 51.52  
 TOM KRETZLER 28 PNA 57.56  
 200 YD. FREE  
 STEVE BRANDT 27 PNA 1:54.30  
 TOM KRETZLER 28 PNA 2:10.86  
 1000 YD. FREE  
 STEVE SCHMIDT 27 PNA 10:36.73  
 STEVE BRANDT 27 PNA 12:27.05 U  
 50 YD. BRST

TOM KRETZLER 28 PNA 34.96  
 200 YD. FLY  
 STEVE SCHMIDT 27 PNA 2:00.77  
 100 YD. I.M.  
 STEFAN MITU 28 PNA 55.79  
 400 YD. I.M.  
 STEVE SCHMIDT 27 PNA 4:25.13  
 STEFAN MITU 28 PNA 4:25.57

MEN 30-34

50 YD. FREE  
 PAUL PLEVICH 33 PNA 28.84  
 100 YD. FREE  
 BERNIE KINGSLEY 30 PNA 52.81  
 JOHN ZELL 32 OREG 55.53  
 200 YD. FREE  
 RAY MILES 32 PNA 2:20.62  
 1000 YD. FREE  
 HUGH MOORE 34 PNA 11:47.61  
 BERNIE KINGSLEY 30 PNA 12:19.78  
 CLIFTON WARD 32 PNA 12:27.05 U  
 RAY MILES 32 PNA 13:37.53  
 50 YD. BACK  
 SCOTT WEIR 31 HSKY 28.69  
 100 YD. BACK  
 SCOTT WEIR 31 HSKY 58.35  
 JOHN ZELL 32 OREG 1:02.61  
 200 YD. BACK  
 SCOTT WEIR 31 HSKY 2:05.12  
 JOHN ZELL 32 OREG 2:15.20  
 50 YD. BRST  
 BERNIE KINGSLEY 30 PNA 31.52  
 PAUL PLEVICH 33 PNA 36.85  
 100 YD. BRST  
 RAY MILES 32 PNA 1:21.59  
 200 YD. BRST  
 RAY MILES 32 PNA 3:00.81  
 50 YD. FLY  
 SCOTT WEIR 31 HSKY 25.23  
 STEPHEN FREEBORN 33 PNA 25.46  
 BERNIE KINGSLEY 30 PNA 26.18  
 HUGH MOORE 34 PNA 27.03  
 MICHAEL EVANS 34 PNA 30.10  
 PAUL PLEVICH 33 PNA 31.76  
 100 YD. FLY  
 STEPHEN FREEBORN 33 PNA 58.67  
 HUGH MOORE 34 PNA 1:00.75  
 CLIFTON WARD 32 PNA 1:05.62  
 MICHAEL EVANS 34 PNA 1:06.87  
 200 YD. FLY  
 HUGH MOORE 34 PNA 2:15.87  
 MICHAEL EVANS 34 PNA 2:32.16  
 100 YD. I.M.  
 STEPHEN FREEBORN 33 PNA 1:00.04  
 BERNIE KINGSLEY 30 PNA 1:00.67  
 CLIFTON WARD 32 PNA 1:01.47  
 MICHAEL EVANS 34 PNA 1:06.15  
 200 YD. I.M.  
 CLIFTON WARD 32 PNA 2:18.21



STEPHEN FREEBORN 33 PNA 2:18.64  
 MICHAEL EVANS 34 PNA 2:31.46  
 RAY MILES 32 PNA 2:50.34  
 400 YD. I.M.  
 HUGH MOORE 34 PNA 4:55.61 U  
 STEPHEN FREEBORN 33 PNA 5:02.76 U  
 CLIFTON WARD 32 PNA 5:05.34

M E N 35-39

50 YD. FREE  
 BOB BUSK 35 PNA 25.02  
 DANIEL WADE 39 HSKY 27.63  
 MICHAEL KRATTLI 38 PNA 27.66  
 BRUCE LOMAX 37 PNA 35.97  
 100 YD. FREE  
 BOB BUSK 35 PNA 56.12  
 DANIEL WADE 39 HSKY 1:00.97  
 BRUCE LOMAX 37 PNA 1:23.05  
 200 YD. FREE  
 BOB BUSK 35 PNA 2:10.53  
 DANIEL WADE 39 HSKY 2:22.20  
 1000 YD. FREE  
 BILL PENN 37 PNA 11:11.36  
 50 YD. BACK  
 MICHAEL KRATTLI 38 PNA 31.99  
 BRUCE LOMAX 37 PNA 55.03  
 50 YD. BRST  
 KENTON BOLTE 37 HSKY 35.00  
 DANIEL WADE 39 HSKY 38.64  
 100 YD. BRST  
 KENTON BOLTE 37 HSKY 1:18.36  
 50 YD. FLY  
 KENTON BOLTE 37 HSKY 34.18  
 200 YD. FLY  
 BILL PENN 37 PNA 2:10.32  
 100 YD. I.M.  
 MICHAEL KRATTLI 38 PNA 1:09.94  
 DANIEL WADE 39 HSKY 1:13.74  
 BRUCE LOMAX 37 PNA 1:49.42

M E N 40-44

50 YD. FREE  
 RICK STAFFORD 41 PNA 26.34  
 FOREST BROOKS 41 PNA 51.53  
 100 YD. FREE  
 HOP BAILEY 41 HSKY 59.92  
 STEVEN PETERSON 42 PNA 1:00.55  
 200 YD. FREE  
 HOP BAILEY 41 HSKY 2:10.09  
 1000 YD. FREE  
 GORDON GRAY 43 PNA 13:10.20  
 FOREST BROOKS 41 PNA 26:24.50  
 50 YD. BACK  
 FOREST BROOKS 41 PNA 1:08.72  
 100 YD. BACK  
 FRANK WARNER 40 OREG 1:02.23  
 GORDON GRAY 43 PNA 1:19.78 U  
 FOREST BROOKS 41 PNA 2:27.08 U

200 YD. BACK  
 FRANK WARNER 40 OREG 2:15.86  
 50 YD. BRST  
 RICK STAFFORD 41 PNA 32.30  
 100 YD. BRST  
 RICK STAFFORD 41 PNA 1:10.27  
 STEVEN PETERSON 42 PNA 1:12.00 U  
 GORDON GRAY 43 PNA 1:30.15 U  
 200 YD. BRST  
 RICK STAFFORD 41 PNA 2:32.26  
 STEVEN PETERSON 42 PNA 2:37.39  
 50 YD. FLY  
 GORDON GRAY 43 PNA 35.29  
 100 YD. FLY  
 HOP BAILEY 41 HSKY 1:06.77  
 100 YD. I.M.  
 STEVEN PETERSON 42 PNA 1:07.45  
 HOP BAILEY 41 HSKY 1:10.08  
 200 YD. I.M.  
 HOP BAILEY 41 HSKY 2:31.05  
 STEVEN PETERSON 42 PNA 2:41.25

M E N 45-49

50 YD. FREE  
 MICHAEL MC KINLAY 45 PNA 27.48  
 DICK PRINE 45 PNA 28.55  
 100 YD. FREE  
 DICK PRINE 45 PNA 1:03.94  
 DAVID DEMOREST 46 PNA 1:06.43 U  
 200 YD. FREE  
 DICK PRINE 45 PNA 2:27.67  
 DAVID DEMOREST 46 PNA 2:30.49  
 50 YD. BACK  
 MICHAEL MC KINLAY 45 PNA 30.17  
 100 YD. BACK  
 MICHAEL MC KINLAY 45 PNA 1:05.39  
 200 YD. BACK  
 MICHAEL MC KINLAY 45 PNA 2:24.35  
 50 YD. BRST  
 WALT REID 48 PNA 33.81  
 DAVID DEMOREST 46 PNA 37.56  
 100 YD. BRST  
 WALT REID 48 PNA 1:17.20  
 DAVID DEMOREST 46 PNA 1:22.59  
 200 YD. BRST  
 WALT REID 48 PNA 2:52.76  
 DAVID DEMOREST 46 PNA 3:08.39  
 50 YD. FLY  
 MICHAEL MC KINLAY 45 PNA 30.26  
 GEORGE GRANT 45 PNA 30.74  
 100 YD. I.M.  
 GEORGE GRANT 45 PNA 1:16.42  
 DICK PRINE 45 PNA 1:16.69

M E N 50-54

50 YD. FREE  
 JACK LYNCH 54 PNA 43.09  
 100 YD. FREE

JACK LYNCH 54 PNA 1:44.50  
 200 YD. FREE  
 JACK LYNCH 54 PNA 4:06.75 U  
 1000 YD. FREE  
 FRANK NEWQUIST 51 PNA 13:59.36  
 JACK LYNCH 54 PNA 22:06.25 U  
 50 YD. BACK  
 MARVIN WOOD 53 PNA 42.66  
 200 YD. BRST  
 MARVIN WOOD 53 PNA 3:06.53  
 TOM FOLEY 54 PNA 3:35.30  
 50 YD. FLY  
 FRANK NEWQUIST 51 PNA 32.67  
 100 YD. FLY  
 MARVIN WOOD 53 PNA 1:20.06  
 TOM FOLEY 54 PNA 1:43.77  
 100 YD. I.M.  
 FRANK NEWQUIST 51 PNA 1:18.33  
 400 YD. I.M.  
 FRANK NEWQUIST 51 PNA 6:08.36 P  
 TOM FOLEY 54 PNA 7:04.00 U

M E N 55-59

50 YD. FREE  
 BOB DORSE 57 PNA 26.61  
 100 YD. FREE  
 BOB DORSE 57 PNA 1:02.00  
 50 YD. FLY  
 BOB DORSE 57 PNA 32.67  
 200 YD. I.M.  
 BOB DORSE 57 PNA 2:59.45

M E N 65-69

100 YD. BACK  
 JAMES WORREL 66 PNA 1:46.99 U  
 100 YD. BRST  
 JAMES WORREL 66 PNA 1:37.30  
 50 YD. FLY  
 JAMES WORREL 66 PNA 47.13  
 100 YD. FLY  
 EARL WALTER 67 OREG 1:25.47  
 200 YD. FLY  
 EARL WALTER 67 OREG 3:33.07  
 100 YD. I.M.  
 JAMES WORREL 66 PNA 1:40.86

M E N 70-74

50 YD. BACK  
 FRED WIGGIN 73 PNA 45.66  
 100 YD. BACK  
 FRED WIGGIN 73 PNA 1:37.76 U  
 100 YD. I.M.  
 FRED WIGGIN 73 PNA 1:36.56  
 200 YD. I.M.  
 FRED WIGGIN 73 PNA 3:34.52

M E N 75-79

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50 YD. FREE		
GENE CROSSETT	75 PNA	33.54 R
100 YD. FREE		
GENE CROSSETT	75 PNA	1:17.45 R
200 YD. FREE		
GENE CROSSETT	75 PNA	2:54.31 R
1000 YD. FREE		
GENE CROSSETT	75 PNA	16:44.30 R

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M E N 80-84

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400 YD. I.M.		
JIM PENFIELD	80 PNA	10:10.93 P

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RELAYS-M E N 200 YD. MEDLEY

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25 +		
CLIFTON WARD	32 PNA	1:59.51
STEVEN PETERSON	42	
STEVE BRANDT	27	
PAUL FLEVICH	33	