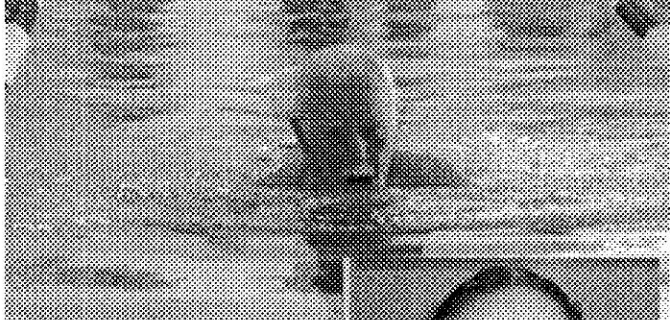


# SWIM MEET RESULTS

## SPOKANE CLUB

Spokane, Washington February 22, 2003



**THE YOUNG AND THE RESTLESS:** C.J. Hamilton (89) of Lake City Masters and Kelly Crandall (22) of Pacific Northwest Association and WSU Masters, were the oldest and youngest swimmers at the February Frolic meet held at the Spokane Club.



### WOMEN'S RESULTS

#### Women 19-24

<b>50 Yard Freestyle</b>			
Kelly Crandell	22	0:28.82	PNA
<b>200 Yard Freestyle</b>			
Kelly Crandell	22	2:17.32	PNA
<b>100 Yard Backstroke</b>			
Kelly Crandell	22	1:23.53	PNA
<b>200 Yard Backstroke</b>			
Kelly Crandell	22	2:55.76	PNA
<b>400 Yard Individual Medley</b>			
Kelly Crandell	22	5:44.76	PNA

#### Women 25-29

<b>200 Yard Freestyle</b>			
Willow Foster	25	3:03.98	WSU
<b>50 Yard Breaststroke</b>			
Liz Edwards	26	0:36.05	WKM
<b>100 Yard Breaststroke</b>			
Liz Edwards	26	1:17.70	WKM
<b>200 Yard Breaststroke</b>			
Liz Edwards	26	2:49.33	WKM
Willow Foster	25	3:35.45	WSU
<b>100 Yard Individual Medley</b>			
Liz Edwards	26	1:12.82	WKM
<b>200 Yard Individual Medley</b>			
Liz Edwards	26	2:36.87	WKM

#### Women 35-39

<b>50 Yard Freestyle</b>			
Amy O'Hara	36	0:37.49	SWA

<b>50 Yard Backstroke</b>			
Susan Gambrel	35	0:35.99	SMT
<b>100 Yard Backstroke</b>			
Susan Gambrel	35	1:19.59	SMT
<b>200 Yard Backstroke</b>			
Susan Gambrel	35	2:45.05	SMT
Deborah Snyder	37	3:03.40	WSU
<b>50 Yard Breaststroke</b>			
Amy O'Hara	36	DQ	SWA
<b>100 Yard Breaststroke</b>			
Deborah Snyder	37	1:27.73	WSU
Amy O'Hara	36	1:38.37	SWA
<b>200 Yard Breaststroke</b>			
Deborah Snyder	37	3:06.46	WSU
<b>50 Yard Butterfly</b>			
Susan Gambrel	35	0:34.53	SMT
<b>200 Yard Individual Medley</b>			
Deborah Snyder	37	2:55.44	WSU

#### Women 40-44

<b>500 Yard Freestyle</b>			
Susanne Simpson	42	5:46.54	SCM
<b>1000 Yard Freestyle</b>			
Susanne Simpson	42	11:29.03	SCM
<b>100 Yard Butterfly</b>			
Susanne Simpson	42	1:05.99	SCM
<b>200 Yard Butterfly</b>			
Susanne Simpson	42	2:30.51	SCM
<b>100 Yard Individual Medley</b>			
Jan Thompson	44	1:23.51	SAS
<b>200 Yard Individual Medley</b>			
Susanne Simpson	42	2:32.58I	SCM

#### Women 45-49

<b>50 Yard Backstroke</b>			
Julianne Parnell	45	0:40.21	SWA
Mary Adams	48	0:46.08	LCM
<b>200 Yard Backstroke</b>			
Mary Adams	48	3:34.19	LCM
<b>50 Yard Butterfly</b>			
Julianne Parnell	45	0:34.63	SWA
Mary Adams	48	0:44.49	LCM
<b>100 Yard Individual Medley</b>			
Mary Adams	48	1:34.65	LCM

#### Women 50-54

<b>500 Yard Freestyle</b>			
Kathrine Casey	54	6:53.69	PNA
<b>50 Yard Breaststroke</b>			
Kathrine Casey	54	0:42.26	PNA
<b>100 Yard Breaststroke</b>			
Kathrine Casey	54	1:33.67	PNA
<b>200 Yard Breaststroke</b>			
Kathrine Casey	54	3:17.20	PNA
<b>50 Yard Butterfly</b>			
Kathrine Casey	54	0:37.10	PNA

#### Women 55-59

<b>50 Yard Freestyle</b>			
Renice Townsend	59	0:50.88	WKM
<b>100 Yard Freestyle</b>			
Suzanne Dills	57	1:12.76	SCM
Renice Townsend	59	2:01.06	WKM
<b>200 Yard Freestyle</b>			
Renice Townsend	59	4:55.24	WKM
<b>1000 Yard Freestyle</b>			
Suzanne Dills	57	14:02.41I	SCM
Virginia Lane	56	20:38.04	LSD
<b>50 Yard Backstroke</b>			
Virginia Lane	56	1:03.14	LSD
<b>100 Yard Backstroke</b>			
Suzanne Dills	57	1:29.09I	SCM
<b>200 Yard Backstroke</b>			
Virginia Lane	56	4:37.82	LSD
<b>50 Yard Breaststroke</b>			
Renice Townsend	59	1:33.52	WKM
<b>100 Yard Breaststroke</b>			
Suzanne Dills	57	1:38.49I	SCM
<b>200 Yard Breaststroke</b>			
Renice Townsend	59	DQ	WKM
<b>100 Yard Butterfly</b>			
Suzanne Dills	57	1:35.66	SCM
<b>100 Yard Individual Medley</b>			
Virginia Lane	56	2:21.79	LSD
<b>200 Yard Individual Medley</b>			
Virginia Lane	56	5:03.05	LSD

#### Women 65-69

<b>50 Yard Freestyle</b>			
Audrey B. Roberts	66	0:47.52	WKM
<b>100 Yard Freestyle</b>			
Audrey B. Roberts	66	1:45.77	WKM

#### 1000 Yard Freestyle

Audrey B. Roberts	66	20:43.81	WKM
<b>100 Yard Individual Medley</b>			
Audrey B. Roberts	66	2:12.28	WKM
<b>200 Yard Individual Medley</b>			
Audrey B. Roberts	66	4:46.70	WKM

#### Women 70-74

<b>50 Yard Freestyle</b>			
Madonna Buder	72	0:49.50	UNA
Annette Orton	71	1:23.40	SWA
<b>100 Yard Freestyle</b>			
Madonna Buder	72	1:45.96	UNA
Annette Orton	71	3:08.33	SWA
<b>1000 Yard Freestyle</b>			
Madonna Buder	72	20:40.93I	UNA
<b>50 Yard Backstroke</b>			
Annette Orton	71	1:39.46	SWA
<b>50 Yard Breaststroke</b>			
Madonna Buder	72	1:06.04	UNA
Annette Orton	71	1:54.66	SWA
<b>200 Yard Breaststroke</b>			
Madonna Buder	72	5:11.61	UNA
<b>100 Yard Individual Medley</b>			
Annette Orton	71	3:41.23	SWA

#### Women 75-79

<b>500 Yard Freestyle</b>			
Elisabeth Brussel	78	11:02.43	WKM
<b>100 Yard Backstroke</b>			
Elisabeth Brussel	78	2:14.42	WKM
<b>200 Yard Backstroke</b>			
Elisabeth Brussel	78	4:39.34	WKM
<b>100 Yard Breaststroke</b>			
Elisabeth Brussel	78	2:25.51	WKM

### MEN

#### Men 25-29

<b>50 Yard Freestyle</b>			
Jeremiah Pappé	26	0:23.27	UNA
Felix Bustos	29	0:26.45	UNA
<b>100 Yard Freestyle</b>			
Jeremiah Pappé	26	0:51.34	UNA
Chad France	28	0:58.77	WKM
<b>200 Yard Freestyle</b>			
Jeremiah Pappé	26	1:56.13	UNA
<b>1000 Yard Freestyle</b>			
Jeremiah Pappé	26	11:42.75	UNA
Chad France	28	13:48.41	WKM
<b>50 Yard Backstroke</b>			
Chad France	28	0:35.18	WKM
<b>100 Yard Backstroke</b>			
Chad France	28	1:16.99	WKM
<b>50 Yard Breaststroke</b>			
Jeremiah Pappé	26	0:29.21I	UNA
Felix Bustos	29	0:32.54	UNA
<b>100 Yard Individual Medley</b>			
Chad France	28	1:14.44	WKM

**Men 30-34**

<b>100 Yard Freestyle</b>			
Brian Hall	32	1:18.80	MCM
<b>50 Yard Breaststroke</b>			
Brian Hall	32	0:40.79	MCM
<b>100 Yard Breaststroke</b>			
Brian Hall	32	1:37.91	MCM
<b>200 Yard Breaststroke</b>			
Brian Hall	32	3:32.71	MCM
<b>100 Yard Individual Medley</b>			
Brian Hall	32	1:32.63	MCM

**Men 35-39**

<b>50 Yard Freestyle</b>			
Bill Volckening	36	0:24.93	NEM
Don Delcambre	39	0:29.53	SWA
Mike Brosnahan	39	0:29.84	SWA
<b>100 Yard Freestyle</b>			
Bill Volckening	36	0:54.76	NEM
Jeff Underwood	37	1:06.35	SCM
Mike Brosnahan	39	1:07.27	SWA
<b>200 Yard Freestyle</b>			
Bill Volckening	36	2:01.66	NEM
<b>1000 Yard Freestyle</b>			
Jeff Underwood	37	14:33.85	SCM
<b>50 Yard Breaststroke</b>			
Don Delcambre	39	0:38.43	SWA
<b>100 Yard Breaststroke</b>			
Mike Brosnahan	39	1:28.21	SWA

**Men 40-44**

<b>50 Yard Freestyle</b>			
Murray Allen	40	0:25.50	UNA
Jim Christian	40	0:26.07	UNA
Thomas Lamar	42	0:28.77	MCM
Thomas Simpson	42	0:31.21	SCM
<b>100 Yard Freestyle</b>			
Lincoln Djang	43	0:51.41	UNA
Murray Allen	40	0:58.90	UNA
Eric Ridgway	42	1:02.63	SWA
Thomas Lamar	42	1:02.75	MCM
Thomas Simpson	42	1:07.90	SCM
Doug Garcia	41	1:11.66	WSU
<b>200 Yard Freestyle</b>			
Thomas Simpson	42	2:30.12	SCM
<b>500 Yard Freestyle</b>			
Thomas Simpson	42	7:00.67	SCM
Doug Garcia	41	7:24.52	WSU

**TEAM STANDINGS**

West Kootenay Masters	365
Sandpoint West Athletic Club	320
Spokane Club	203
Lake City Masters	185
WSU Masters	142
Inland Empire YMCA	33
London Silver Dolphins	30
North Spokane Masters	30
Spokane Masters and Tri	20
Panhandle Masters	19

**KEY FOR CODES**

- U = Unofficial Time
  - I = Inland Northwest Record
  - Z = Northwest Zone Record
  - N = USMS National Record
  - W = World Record
  - DQ = Disqualification
- All records are pending verification

**1000 Yard Freestyle**

Lincoln Djang	43	10:39.06I	UNA
Thomas Simpson	42	DQ	SCM

**50 Yard Breaststroke**

Jim Christian	40	0:32.87	UNA
Eric Ridgway	42	0:36.54	SWA

**100 Yard Breaststroke**

Jim Christian	40	1:14.32	UNA
Eric Ridgway	42	1:16.71	SWA

**200 Yard Breaststroke**

Eric Ridgway	42	2:48.35	SWA
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**50 Yard Butterfly**

Murray Allen	40	0:29.72	UNA
Thomas Lamar	42	0:31.22	MCM

**100 Yard Butterfly**

Doug Garcia	41	1:31.27	WSU
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**100 Yard Individual Medley**

Eric Ridgway	42	1:11.35	SWA
Thomas Lamar	42	1:11.89	MCM

**200 Yard Individual Medley**

Lincoln Djang	43	2:06.44I	UNA
Doug Garcia	41	3:07.48	WSU

**400 Yard Individual Medley**

Doug Garcia	41	6:44.92	WSU
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**Men 45-49**

**50 Yard Freestyle**

Larry Krauser	49	0:23.51	SCM
Robert Morrison	48	0:30.40	IEY

**100 Yard Freestyle**

Robert Morrison	48	0:59.55	IEY
Holger Caban	46	0:59.59	SCM
Bill Triol	48	1:03.04	WKM

**200 Yard Freestyle**

Holger Caban	46	2:14.22	SCM
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**500 Yard Freestyle**

Bill Triol	48	6:39.93	WKM
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**1000 Yard Freestyle**

Larry Krauser	49	11:25.37	SCM
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**50 Yard Backstroke**

Bill Triol	48	0:36.28	WKM
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**200 Yard Backstroke**

Larry Krauser	49	2:22.63	SCM
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**50 Yard Breaststroke**

Robert Morrison	48	0:32.66	IEY
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**100 Yard Breaststroke**

Robert Morrison	48	1:13.34	IEY
Holger Caban	46	1:15.93	SCM

**200 Yard Breaststroke**

Robert Morrison	48	2:45.57	IEY
Holger Caban	46	2:47.13	SCM

**50 Yard Butterfly**

Bill Triol	48	0:30.13	WKM
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**100 Yard Individual Medley**

Larry Krauser	49	1:06.58	SCM
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**400 Yard Individual Medley**

Larry Krauser	49	5:01.99I	SCM
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**Men 50-54**

**100 Yard Backstroke**

Richard Green	50	1:07.13	IEY
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**200 Yard Backstroke**

Richard Green	50	2:29.07	IEY
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**100 Yard Breaststroke**

Michael Merrell	54	1:16.18	SWA
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**200 Yard Breaststroke**

Michael Merrell	54	2:43.73	SWA
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**200 Yard Butterfly**

Michael Merrell	54	2:44.21	SWA
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**NEW FOUND FRIENDSHIP:** Jeremiah Pappe (26) left, and Lincoln Djang (43) found themselves in quite a race at the February Frolic meet. Pappe finished the 100 Freestyle in a :51.34 with Djang close behind at :51.41. Both swimmers swim unattached.

**200 Yard Individual Medley**

Michael Merrell	54	2:44.06	SWA
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**400 Yard Individual Medley**

Michael Merrell	54	5:39.15	SWA
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**Men 55-59**

**50 Yard Freestyle**

Steve Wolcott	57	0:28.76	UNA
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**100 Yard Freestyle**

Steve Wolcott	57	1:03.37	UNA
Don Caskey	58	1:20.09	WKM

**200 Yard Freestyle**

Steve Wolcott	57	2:28.39	UNA
Don Caskey	58	3:23.03	WKM

**100 Yard Backstroke**

Don Caskey	58	1:37.42	WKM
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**200 Yard Backstroke**

Don Caskey	58	3:31.31	WKM
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**50 Yard Butterfly**

Steve Wolcott	57	0:32.90	UNA
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**100 Yard Individual Medley**

Don Caskey	58	1:44.73	WKM
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**Men 60-64**

**50 Yard Freestyle**

John Corn	61	0:41.04	SWA
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**50 Yard Breaststroke**

John Corn	61	0:49.79	SWA
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**Men 65-69**

**50 Yard Freestyle**

George Spomer	65	0:42.21	MCM
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**100 Yard Freestyle**

George Spomer	65	1:39.26	MCM
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**200 Yard Freestyle**

David Rusnell	69	3:11.42	WKM
George Spomer	65	3:39.60	MCM

**500 Yard Freestyle**

David Rusnell	69	8:39.80	WKM
George Spomer	65	9:47.23	MCM

**1000 Yard Freestyle**

George Spomer	65	19:15.83	MCM
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**50 Yard Backstroke**

David Rusnell	69	0:48.82	WKM
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**200 Yard Backstroke**

David Rusnell	69	3:54.99	WKM
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**50 Yard Butterfly**

David Rusnell	69	0:49.57	WKM
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**Men 75-79**

**50 Yard Freestyle**

Gerrit Brussel	79	0:50.80	WKM
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**50 Yard Backstroke**

Gerrit Brussel	79	1:10.45	WKM
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**50 Yard Breaststroke**

William Bresko	75	0:52.00	UNA
Gerrit Brussel	79	0:55.85	WKM

**100 Yard Breaststroke**

William Bresko	75	2:03.31	UNA
Gerrit Brussel	79	2:21.37	WKM

**50 Yard Butterfly**

William Bresko	75	1:20.66I	UNA
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**100 Yard Individual Medley**

William Bresko	75	2:12.76I	UNA
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**200 Yard Individual Medley**

William Bresko	75	5:03.94I	UNA
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**Men 85-89**

**100 Yard Freestyle**

C.J. Hamilton	89	3:46.79	LCM
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**100 Yard Backstroke**

C.J. Hamilton	89	3:18.05	LCM
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**100 Yard Breaststroke**

C.J. Hamilton	89	3:44.90	LCM
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**100 Yard Butterfly**

C.J. Hamilton	89	4:26.96	LCM
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**100 Yard Individual Medley**

C.J. Hamilton	89	3:35.25I	LCM
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**RELAY RESULTS****Women's 200 Medley Relay**

WKM 25+ 3:50.56  
Elisabeth Brussel 78  
Renice Townsend 59  
Liz Edwards 26  
Audrey B. Roberts 66

**Men's 200 Freestyle Relay**

WKM 25+ 2:32.54  
Chad France 28  
Gerrit Brussel 79  
Don Caskey 58  
Bill Triol 48

**Men's 200 Medley Relay**

WKM 25+ 2:33.88  
Don Caskey 58  
Bill Triol 48  
Chad France 28  
David Rusnell 69

**Mixed 200 Freestyle Relay**

WKM 25+ 2:21.94  
Chad France 28  
Renice Townsend 59  
Don Caskey 58  
Liz Edwards 26

**SCM 35+ 1:52.53I**

Susanne Simpson 42  
Suzanne Dills 57  
Holger Caban 46  
Larry Krauser 49

