

2016 USMS Summer Nationals

Mt. Hood Community College Aquatic Center

Results

Women 120-159 200 LC Meter Freestyle Relay

WORLD: 1:49.03 W 8/14/2015 TSUNAMI

S KNYAGININA, A FEOKTISTOVA, L YUDINA, I SHLEMOVA

NATL: 1:50.53 N 6/9/2013 N CAROLINA MASTERS

RUTH JONES, CELIA WOLFF, ALICIA UHL, ERIKA BRAUN

8	Puget Sound	A		2:12.21
	1) Braggin, Jacquelyn E W30		2) Dees, Jillian R W33	
	3) Hiebert, Stephanie W39		4) Howard, Elizabeth R W43	
	32.68	34.91	32.98	31.64

Women 120-159 200 LC Meter Medley Relay

WORLD: 2:03.42 W 9/22/2013 KONAMI S L

A DOI, Y MIWA, J ONISHI, J ISHIKAWA

NATL: 2:04.19 N 8/23/1998 GOLD COAST MASTERS

B GARDNER, S GEYER, T MOLL, J HERRINGTON

2	Puget Sound	A		2:11.35
	1) Cox, Allison L W32		2) Ferries, Jenny W35	
	3) Dinkel, Paloma W28		4) Moorhead, Amy J W45	
	34.37	38.70	30.98	27.30
7	Puget Sound	B		2:32.93
	1) Dees, Jillian R W33		2) Ferrel, Amelia M W29	
	3) Winans, Amanda W33		4) Braggin, Jacquelyn E W30	
	47.55	35.97	36.82	32.59

Women 160-199 200 LC Meter Freestyle Relay

WORLD: 1:48.44 W 8/8/2006 TEAM TYR

S HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE

NATL: 1:48.44 N 8/8/2006 TEAM TYR

C HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE

8	Puget Sound	A		2:12.15
	1) Winans, Amanda W33		2) Farinas, Jennifer R W44	
	3) Voss, Julie E W53		4) Ella, Ellen W38	
	34.64	33.55	33.61	30.35
12	Blue Wave	A		2:31.37
	1) Richards, Kelly M W47		2) Courtney, Khaila K W20	
	3) Kim, Nellis Y W46		4) Courtney, Zena H W57	
	35.53	49.71	33.67	32.46

Women 160-199 200 LC Meter Medley Relay

WORLD: 2:04.75 W 8/8/2006 TEAM TYR

J STEIN, S VON DER LIPPE, B CLEARY, C SAPPEY

NATL: 2:04.75 N 8/8/2006 TEAM TYR

J STEIN, S VON DER LIPPE, B CLEARY, C SAPPEY

6	Puget Sound	A		2:26.96
	1) York, Sandi W40		2) Armstrong, Mary C W49	
	3) Hiebert, Stephanie W39		4) Ella, Ellen W38	
	38.14	38.43	40.63	29.76
10	Blue Wave	A		2:52.92
	1) Courtney, Zena H W57		2) Kim, Nellis Y W46	
	3) Richards, Kelly M W47		4) Courtney, Khaila K W20	
	38.27	45.44	41.87	47.34

Women 200-239 200 LC Meter Freestyle Relay

WORLD: 1:56.04 W 3/19/2011 CAPE TOWN MASTERS

S KRUGER, C STANFORD, M STRAUSS, E OTTERMANN

NATL: 1:57.21 N 8/8/2006 PACIFIC NORTHWEST AQUATICS

L DAHL, D GLASSMAN, C DAVIS, M LIPPOLD

1	Puget Sound	A		2:01.80
	1) Reimer, Shelley B W47		2) Preissler, Stella W67	
	3) McIntyre, Shannon J W52		4) Moorhead, Amy J W45	
	31.77	33.88	29.09	27.06

Women 240-279 200 LC Meter Freestyle Relay

WORLD: 2:04.96 W 3/17/2016 CAPE TOWN MASTERS

S KRUGER, D COETZEE, G MCCARNEY, C STANFORD

NATL: 2:05.98 N 7/11/2015 PLANO WETCATS

J COLE, C MCKELVEY, K MACCURDY, L MORRISON

1	Puget Sound	A		2:05.62N
	1) Dahl, Lisa A W55		2) Lippold, Mary B W60	
	3) Chapman, Linda W60		4) Davis, Charlotte M W66	
	30.65	30.86	33.66	30.45
7	Puget Sound	B		2:23.19
	1) Dillon, Sally A W70		2) Jaeger, Dawn W60	
	3) Kassen, Elizabeth K W64		4) Lucco, Elizabeth D W50	
	40.06	34.01	36.67	32.45

Women 240-279 200 LC Meter Medley Relay

WORLD: 2:22.65 W 3/19/2016 CAPE TOWN MASTERS

D COETZEE, G MCCARNEY, C STANFORD, S KRUGER

NATL: 2:24.95 N 8/7/2014 NEW ENGLAND MASTERS

D UUSTAL, B ESTEL, L DELOREY, J HIRSTY

1	Puget Sound	A		2:26.22
	1) Preissler, Stella W67		2) McIntyre, Shannon J W52	
	3) Dahl, Lisa A W55		4) Davis, Charlotte M W66	
	44.55	38.82	32.88	29.97
6	Puget Sound	B		2:41.84
	1) Jaeger, Dawn W60		2) Chapman, Linda W60	
	3) Lippold, Mary B W60		4) Dillon, Sally A W70	
	43.84	42.64	34.95	40.41

Men 120-159 200 LC Meter Medley Relay

WORLD: 1:45.02 W 9/28/2014 GOLDEN AGE

S MITA, R KOBAYASHI, Y MATSUMOTO, H SAKURAI

NATL: 1:46.23 N 8/8/2009 MICHIGAN MASTERS

K DOAK, P SAUCEDO, C MULL, A MULL

5	Puget Sound	A		2:07.08
	1) Scheck, Joshua B M20		2) Axelson, Peter M50	
	3) Liedtke, Matthew M27		4) Jimmison, Tyrone M M36	
	32.50	37.35	29.96	27.27

Men 160-199 200 LC Meter Freestyle Relay

WORLD: 1:36.28 W 8/14/2015 NEVA STARS

A MANZHULA, S MEDVEDEV, P LEBEDEV, V PREDKIN

NATL: 1:36.28 N 8/8/2006 TEAM TYR

M EISENHUTH, J SMITH, R SAEGER, P SMITH

1	Puget Sound	A		1:40.95
	1) Gray, Trevor O M40		2) Nygren, Mats O M50	
	3) Doherty, Todd S M45		4) Conroy, Chris M31	
	24.69	25.71	25.40	25.15

2016 USMS Summer Nationals
Mt. Hood Community College Aquatic Center

Results

(Men 160-199 200 LC Meter Freestyle Relay)

7	Puget Sound	B	1:55.27
	1) Jimmison, Tyrone M M36	2) Hagedorn, Chad F M44	
	3) Castle, Matt M45	4) DeWard, Robert C M42	
	27.44	29.97	29.88 27.98
---	Puget Sound	C	DQ
	1) Kelly, Scott D M47	2) Howard, John H M46	
	3) Adcock, Richard P M61	4) Carmosino, Vince M46	

Men 160-199 200 LC Meter Medley Relay

WORLD: 1:47.07 W 8/14/2015 NEVA STARS

A SHILIN, P LEBEDEV, A MANZHULA, V PREDKIN

NATL: 1:47.72 N 8/8/2006 TEAM TYR

R SAEGER, G RHODENBAUGH, P SMITH, J SMITH

1	Puget Sound	A	1:54.05
	1) Gray, Trever O M40	2) Doherty, Todd S M45	
	3) Conroy, Chris M31	4) Nygren, Mats O M50	
	28.45	32.03	28.24 25.33
8	Puget Sound	B	2:12.17
	1) O'Hern, David C M33	2) Castle, Matt M45	
	3) Hagedorn, Chad F M44	4) DeWard, Robert C M42	
	34.83	36.26	32.02 29.06

Men 200-239 200 LC Meter Freestyle Relay

WORLD: 1:38.24 W 8/8/2006 COLORADO

J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS

NATL: 1:38.24 N 8/8/2006 COLORADO MASTERS

J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS

6	Puget Sound	A	1:48.76
	1) Alsberg, Maoz M48	2) Esko, Kevin L M50	
	3) Nelson, Kirk M46	4) Haynie, Carl M56	
	26.84	27.43	26.65 27.84
13	Puget Sound	B	1:57.07
	1) Nalli, Lyle A M56	2) Moore, Robert B M56	
	3) Piper, Roman K M57	4) Jackson, Robert L M56	
	28.81	28.63	30.43 29.20

Men 200-239 200 LC Meter Medley Relay

WORLD: 1:50.83 W 8/8/2006 COLORADO

S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS

NATL: 1:50.83 N 8/8/2006 COLORADO MASTERS

S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS

8	Puget Sound	C	2:10.52
	1) Nalli, Lyle A M56	2) Jackson, Robert L M56	
	3) Moore, Robert B M56	4) Piper, Roman K M57	
	33.68	34.75	31.11 30.98
11	Puget Sound	A	2:15.42
	1) Pearson, Jay D M55	2) Haynie, Carl M56	
	3) Contreras Sandoval, Isaac	4) Kirkland, Dan L M68	
	39.35	35.28	30.33 30.46

Men 240-279 200 LC Meter Freestyle Relay

WORLD: 1:45.90 W 8/16/2008 OREGON MASTERS

M TENNANT, T LANDIS, R SMITH, W EDWARDS

NATL: 1:45.90 N 8/16/2008 OREGON MASTERS

M TENNANT, T LANDIS, R SMITH, W EDWARDS

2	Puget Sound	A	1:48.27
	1) Graham, Donald M62	2) Hannula, Dave M62	
	3) Colella, Rick M65	4) Phillips, Daniel L M53	
	27.50	26.43	27.58 26.76
6	Puget Sound	B	2:02.00
	1) Pearson, Jay D M55	2) Stretch, James J M65	
	3) Rogers, Randy M58	4) Baker, John B M65	
	30.23	32.29	29.38 30.10

Men 240-279 200 LC Meter Medley Relay

WORLD: 2:01.60 W 8/17/2014 NORTH CAROLINA MASTERS

J KLEIN, N VESTAL, D GILCHRIST, P TREVISAN

NATL: 2:01.60 N 8/15/2014 N CAROLINA MASTERS

J KLEIN, N VESTAL, D GILCHRIST, P TREVISAN

2	Puget Sound	A	2:00.89W
	1) Graham, Donald M62	2) Colella, Rick M65	
	3) Phillips, Daniel L M53	4) Hannula, Dave M62	
	32.73	32.88	55.28
9	Puget Sound	B	2:41.22
	1) Stretch, James J M65	2) Adcock, Richard P M61	
	3) Monohon, Paul E M71	4) Fritschen, Tom M M60	
	43.56	40.49	43.90 33.27

Men 280-319 200 LC Meter Freestyle Relay

WORLD: 1:56.91 W 8/15/2014 GOLD COAST MASTERS

D QUIGGIN, D PAINTER, K LODWIG, L CHILDS

NATL: 1:56.91 N 8/15/2014 GOLD COAST MASTERS

D QUIGGIN, D PAINTER, K LODWIG, L CHILDS

3	Puget Sound	A	2:08.40
	1) Peterson, Steven B M70	2) Pilger, Robert T M73	
	3) McColly, Michael M71	4) Kirkland, Dan L M68	
	34.51	30.46	32.78 30.65
7	Puget Sound	B	2:33.93
	1) Sawyer, Dennis L M72	2) Fritschen, Tom M M60	
	3) Campen, Gary M72	4) Jones, Ronald C M76	
	39.11	33.15	44.77 36.90

Men 280-319 200 LC Meter Medley Relay

WORLD: 2:16.74 W 8/8/2009 SAN DIEGO SWIM MASTERS

V VAN BAALEN, P ANDERSEN, K LODWIG, D HUBBARD

NATL: 2:16.74 N 8/9/2009 SAN DIEGO SWIM MASTERS

V VAN BAALEN, P ANDERSEN, K LODWIG, D HUBBARD

4	Puget Sound	A	2:42.77
	1) McColly, Michael M71	2) Sawyer, Dennis L M72	
	3) Peterson, Steven B M70	4) Jones, Ronald C M76	
	41.41	44.23	40.82 36.31

2016 USMS Summer Nationals
Mt. Hood Community College Aquatic Center

Results

Mixed 100-119 200 LC Meter Medley Relay

WORLD: 1:51.99 W 7/17/2006 OAHU CLUB

T KITASHITA, H MATSUDA, K KAWAMOTO, I MAEDA

NATL: 1:55.34 N 7/9/2011 THE OLYMPIC CLUB

O'DONNELL-MCCARTH, J DORR, E REILLY, S GREENWOOD

3	Puget Sound	A		2:03.16
	1) Cox, Allison L W32	2) Conroy, Chris M31		
	3) Scheck, Joshua B M20	4) Dinkel, Paloma W28		
	34.73	32.47	27.30	28.66
7	Puget Sound	B		2:13.24
	1) O'Hern, David C M33	2) Ferrel, Amelia M W29		
	3) Liedtke, Matthew M27	4) Braggin, Jacquelyn E W30		
	35.54	36.49	30.01	31.20

Mixed 120-159 200 LC Meter Freestyle Relay

WORLD: 1:40.14 W 8/14/2015 TSUNAMI

A SATANOVSKIY, I SHLEMOVA, S KNYAGININA, A KRYLOV

NATL: 1:42.65 N 8/23/1998 GOLD COAST MASTERS

T PACE, T MOLL, J HERRINGTON, K WIENANTS

5	Puget Sound	A		1:49.77
	1) Scheck, Joshua B M20	2) Dinkel, Paloma W28		
	3) Cox, Allison L W32	4) Doherty, Todd S M45		
		29.26	25.68	
7	Puget Sound	B		1:56.06
	1) Castle, Matt M45	2) Contreras Sandoval, Isaac		
	3) Ella, Ellen W38	4) Braggin, Jacquelyn E W30		
	29.00	26.41	29.61	31.04
15	Blue Wave	B		2:18.68
	1) Noffke, Wendy W43	2) Kim, Nellis Y W46		
	3) Thomas, Isaac J M36	4) Edde, Matthew L M27		
	42.84	33.55	31.05	31.24

Mixed 160-199 200 LC Meter Freestyle Relay

WORLD: 1:42.27 W 8/8/2006 TEAM TYR

J SMITH, R SAEGER, C SAPPEY, S HART

NATL: 1:42.27 N 8/8/2006 TEAM TYR

J SMITH, R SAEGER, C SAPPEY, S HART

1	Puget Sound	A		1:46.69
	1) Moorhead, Amy J W45	2) McIntyre, Shannon J W52		
	3) Conroy, Chris M31	4) Gray, Trevor O M40		
	27.82	29.29	25.30	24.28
14	Puget Sound	B		2:02.78
	1) DeWard, Robert C M42	2) Axelson, Peter M50		
	3) York, Sandi W40	4) Hiebert, Stephanie W39		
	29.37	33.43	31.05	28.93
23	Puget Sound	D		2:22.89
	1) Pearson, Jay D M55	2) Casey, Kathrine J W68		
	3) Dees, Jillian R W33	4) O'Hern, David C M33		
	30.87	44.37	36.96	30.69
---	Puget Sound	C		DQ
	1) Regan Koppelberger, Tammy	2) Ferrel, Amelia M W29		
	3) Jelen, Doug M43	4) Kelly, Scott D M47		

Mixed 160-199 200 LC Meter Medley Relay

WORLD: 1:55.32 W 8/14/2015 NEVA STARS

V PREDKIN, P LEBEDEV, A POLIAKOVA, O POZDNIKOVA

NATL: 1:58.35 N 8/10/2006 TEAM TYR

M MCCUE, M RUFFNER, R SMIT, S VON DER LIPPE

4	Puget Sound	A		2:07.36
	1) Gray, Trevor O M40	2) Doherty, Todd S M45		
	3) Hiebert, Stephanie W39	4) Ella, Ellen W38		
	27.98	31.63	38.11	29.64
16	Puget Sound	B		2:21.15
	1) Jelen, Doug M43	2) Axelson, Peter M50		
	3) Dees, Jillian R W33	4) McRae, Michelle W41		
	34.51	36.68	39.32	30.64
20	Blue Wave	A		2:26.04
	1) Littlefield, James R M56	2) Kim, Nellis Y W46		
	3) Thomas, Isaac J M36	4) Courtney, Zena H W57		
	36.62	44.18	32.78	32.46
23	Puget Sound	C		2:27.54
	1) York, Sandi W40	2) Pearson, Jay D M55		
	3) Kelly, Scott D M47	4) Dumouchel, Denise M W54		
	37.87	40.73	29.77	39.17
---	Blue Wave	B		DQ
	1) Richards, Kelly M W47	2) Noffke, Wendy W43		
	3) Durban, Eric M61	4) Edde, Matthew L M27		

Mixed 200-239 200 LC Meter Freestyle Relay

WORLD: 1:44.96 W 8/8/2006 COLORADO

T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS

NATL: 1:44.96 N 8/10/2006 COLORADO MASTERS

T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS

3	Puget Sound	A		1:53.68
	1) Phillips, Daniel L M53	2) Nygren, Mats O M50		
	3) Lippold, Mary B W60	4) Armstrong, Mary C W49		
	27.16	25.63	31.44	29.45
9	Puget Sound	B		2:00.20
	1) Alsberg, Maoz M48	2) Esko, Kevin L M50		
	3) Chapman, Linda W60	4) Reimer, Shelley B W47		
	26.80	27.41	34.10	31.89
21	Blue Wave	A		2:10.28
	1) Richards, Kelly M W47	2) Durban, Eric M61		
	3) Lieggi, Anthony M55	4) Courtney, Zena H W57		
	44.89	24.33	29.02	32.04

Mixed 200-239 200 LC Meter Medley Relay

WORLD: 2:02.32 W 8/15/2005 SAN DIEGO SWIM MASTERS

K PIPES-NEILSEN, C KRATTLI, S LAUTMAN, V VAN BAALE

NATL: 2:02.32 N 8/15/2005 SAN DIEGO SWIM MASTERS

K PIPES-NEILSEN, C KRATTLI, S LAUTMAN, V VAN BAALE

2	Puget Sound	A		2:04.63
	1) Nygren, Mats O M50	2) Phillips, Daniel L M53		
	3) McIntyre, Shannon J W52	4) Moorhead, Amy J W45		
	31.05	32.21	34.01	27.36
9	Puget Sound	B		2:15.58
	1) Haynie, Carl M56	2) Chapman, Linda W60		
	3) Esko, Kevin L M50	4) Reimer, Shelley B W47		
	32.25	41.90	29.58	31.85

2016 USMS Summer Nationals
Mt. Hood Community College Aquatic Center

Results

Mixed 240-279 200 LC Meter Freestyle Relay

WORLD: 1:55.19 W 8/14/2015 CAPE TOWN MASTERS

C MAUGHAN, S KRUGER, D COETZEE, T SHEAD

NATL: 1:55.86 N 8/8/2015 PUGET SOUND MASTERS

D GRAHAM, R COLELLA, C DAVIS, Z COURTNEY

2	Puget Sound	A			1:54.67 W
	1) Graham, Donald M62	2) Colella, Rick M65			
	3) Davis, Charlotte M W66	4) Dahl, Lisa A W55			
	27.77	26.97	30.09	29.84	
21	Puget Sound	B			2:45.61
	1) Stretch, James J M65	2) Fritschen, Tom M M60			
	3) Dumouchel, Denise M W54	4) Adkins-Narte, Heather D W62			
	33.54	31.85	39.56	1:00.66	

Mixed 240-279 200 LC Meter Medley Relay

WORLD: 2:09.06 W 8/8/2009 TAMALPAIS AQUATIC

R BURNS, K FROST, L VAL, B WHEELER

NATL: 2:09.06 N 8/8/2009 TAMALPAIS AQUATIC MASTERS

R BURNS, K FROST, L VAL, B WHEELER

1	Puget Sound	A			2:08.11 W
	1) Dahl, Lisa A W55	2) Colella, Rick M65			
	3) Graham, Donald M62	4) Davis, Charlotte M W66			
	37.21	32.99	28.20	29.71	
7	Puget Sound	B			2:22.71
	1) Hannula, Dave M62	2) Sawyer, Dennis L M72			
	3) Lippold, Mary B W60	4) Armstrong, Mary C W49			
	33.70	43.83	36.00	29.18	

Mixed 280-319 200 LC Meter Freestyle Relay

WORLD: 2:09.39 W 8/8/2015 TAMALPAIS AQUATIC

L VAL, K FROST, N RIDOUT, R BURNS

NATL: 2:09.39 N 8/8/2015 TAMALPAIS AQUATIC MASTERS

L VAL, K FROST, N RIDOUT, R BURNS

2	Puget Sound	A			2:21.74
	1) Preissler, Stella W67	2) Dillon, Sally A W70			
	3) McColly, Michael M71	4) Pilger, Robert T M73			
	35.78	40.47	33.57	31.92	
7	Puget Sound	B			2:38.98
	1) Hunt, Andrea M W68	2) Jones, Ronald C M76			
	3) Peterson, Steven B M70	4) Grisso, Carol A W72			
	44.59	36.73	34.37	43.29	

Mixed 280-319 200 LC Meter Medley Relay

WORLD: 2:21.20 W 8/9/2015 TAMALPAIS AQUATIC

L VAL, K FROST, R BURNS, N RIDOUT

NATL: 2:21.20 N 8/9/2015 TAMALPAIS AQUATIC MASTERS

L VAL, K FROST, R BURNS, N RIDOUT

4	Puget Sound	A			2:45.27
	1) Preissler, Stella W67	2) Peterson, Dick A M79			
	3) Baker, John B M65	4) Dillon, Sally A W70			
	44.09	48.10	33.10	39.98	
7	Puget Sound	B			2:58.27
	1) Hunt, Andrea M W68	2) Peterson, Steven B M70			
	3) Monohon, Paul E M71	4) Grisso, Carol A W72			
	52.72	39.90	43.31	42.34	