

## 2013 IGLA Championship Swim Meet - 8/13/2013 to 8/17/2013

## IGLA 2013 Swimming Championships- Seattle

## Results

**Women 18-24 50 SC Meter Freestyle**

1	Schou, Charlotte	24	DCAC-10	33.66
2	Holliday, Leah	22	Queer Utah Aquat-34	34.75
3	Hannesdottir, Maria	23	Stym Reykjavik	39.47

**Women 18-24 100 SC Meter Freestyle**

1	Quincy, Sarah	24	DCAC-10	1:11.49
				35.19 36.30
2	Garborcauskas, Victoria	20	DCAC-10	1:24.25
				41.67 42.58

**Women 18-24 200 SC Meter Freestyle**

1	Lincoln, Molly	24	DCAC-10	2:31.32
				34.24 37.81 39.62 39.65
2	Schou, Charlotte	24	DCAC-10	2:48.52
				38.39 43.78 45.08 41.27
3	Garborcauskas, Victoria	20	DCAC-10	3:08.43
				42.20 49.02 51.51 45.70

**Women 18-24 400 SC Meter Freestyle**

1	Lincoln, Molly	24	DCAC-10	5:18.59
				35.83 39.25 39.97 40.19
				40.67 41.11 41.18 40.39
2	Garborcauskas, Victoria	20	DCAC-10	7:00.76
				45.14 51.44 56.10 55.48
				56.93 54.31 54.74 46.62

**Women 18-24 800 SC Meter Freestyle**

1	Lincoln, Molly	24	DCAC-10	10:57.00
				36.86 39.79 40.68 41.11
				41.33 42.07 41.81 41.80
				42.15 41.52 41.44 41.63
				41.70 41.70 41.19 40.22

**Women 18-24 1500 SC Meter Freestyle**

1	Lincoln, Molly	24	DCAC-10	20:55.57
				1:15.91 40.66 41.51 41.83
				42.05 42.20 42.23 42.23
				41.69 42.46 42.09 42.21
				41.78 42.25 42.51 41.95
				42.44 42.55 42.59 42.69
				42.63 42.71 42.50 42.85
				42.79 42.70 41.56 42.22
				39.78

**Women 18-24 50 SC Meter Backstroke**

1	Holliday, Leah	22	Queer Utah Aquat-34	39.78
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**Women 18-24 50 SC Meter Breaststroke**

1	Quincy, Sarah	24	DCAC-10	41.85
2	Hannesdottir, Maria	23	Stym Reykjavik	47.36

**Women 18-24 100 SC Meter Breaststroke**

1	Quincy, Sarah	24	DCAC-10	1:27.52
				42.28 45.24

**Women 18-24 50 SC Meter Butterfly**

1	Garborcauskas, Victoria	20	DCAC-10	54.37
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**Women 18-24 100 SC Meter IM**

1	Lincoln, Molly	24	DCAC-10	1:19.37
				35.96 43.41
2	Quincy, Sarah	24	DCAC-10	1:21.90
				40.54 41.36
3	Schou, Charlotte	24	DCAC-10	1:34.93
				45.29 49.64
4	Garborcauskas, Victoria	20	DCAC-10	1:52.19
				54.84 57.35

**Women 18-24 200 SC Meter IM**

1	Quincy, Sarah	24	DCAC-10	2:56.15
				39.36 47.74 48.24 40.81

**Women 25-29 50 SC Meter Freestyle**

1	Wright, Allison	28	Team New York Aq-6	32.23
2	Darrah, Kelly	27	Puget Sound Mstr-36	32.40
3	Watt, Mariko	28	Team New York Aq-6	32.54
4	Duprey, Missi	29	DCAC-10	33.43
5	Stephens, Judy	28	Team New York Aq-6	38.09

**Women 25-29 100 SC Meter Freestyle**

1	Watt, Mariko	28	Team New York Aq-6	1:11.20
				34.61 36.59
2	Darrah, Kelly	27	Puget Sound Mstr-36	1:12.41
				33.85 38.56
3	Winston, Roxanne	26	SF Tsunami-38	1:23.06
				38.01 45.05
4	Stephens, Judy	28	Team New York Aq-6	1:25.58
				40.35 45.23

**Women 25-29 200 SC Meter Freestyle**

1	Warren-Shriner, Lindsey	25	DCAC-10	2:24.99
				32.90 36.67 38.57 36.85
2	Hemady, Noura	27	DCAC-10	2:27.06
				33.69 36.08 38.14 39.15
3	Lancos, Katie	29	DCAC-10	2:40.63
				34.87 40.07 43.12 42.57

**Women 25-29 400 SC Meter Freestyle**

1	Warren-Shriner, Lindsey	25	DCAC-10	5:00.33
				34.52 37.59 38.47 38.15
				37.52 38.85 37.99 37.24
2	Hemady, Noura	27	DCAC-10	5:10.02
				36.43 37.69 38.83 39.22
				39.35 39.55 39.73 39.22

**Women 25-29 800 SC Meter Freestyle**

1	Warren-Shriner, Lindsey	25	DCAC-10	10:19.13
				35.99 38.33 39.03 39.12
				39.14 39.36 39.01 39.07
				38.74 39.22 39.14 38.50
				39.28 38.86 38.61 37.73
2	Baillie, Carol	29	Long Beach Gruni-33	13:19.62
				39.23 46.44 48.72 50.06
				50.75 51.06 50.64 51.62
				51.78 52.55 51.45 51.50
				51.73 51.58 50.53 49.98

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**Women 25-29 1500 SC Meter Freestyle**

1	Warren-Shriner, Lindsey	25	DCAC-10	19:33.06
	1:13.17	1:17.89	40.05	1:18.55
	1:19.16	1:19.64	1:17.65	1:18.64
	1:19.05	1:19.47		
	1:16.87			

**Women 25-29 50 SC Meter Backstroke**

1	Wright, Allison	28	Team New York Aq-6	38.48
2	Stephens, Judy	28	Team New York Aq-6	51.18

**Women 25-29 100 SC Meter Backstroke**

1	Hemady, Noura	27	DCAC-10	1:19.34
	38.53	40.81		
2	Lancos, Katie	29	DCAC-10	1:30.16
	43.94	46.22		
3	Winston, Roxanne	26	SF Tsunami-38	1:32.88
	44.81	48.07		
4	Baillie, Carol	29	Long Beach Gruni-33	1:35.07
	44.13	50.94		

**Women 25-29 200 SC Meter Backstroke**

1	Hemady, Noura	27	DCAC-10	2:50.75
	40.69	42.19	43.75	44.12
2	Lancos, Katie	29	DCAC-10	3:15.93
	45.53	48.70	51.89	49.81

**Women 25-29 50 SC Meter Breaststroke**

1	Watt, Mariko	28	Team New York Aq-6	43.10
2	Baillie, Carol	29	Long Beach Gruni-33	43.19
3	Wright, Allison	28	Team New York Aq-6	46.60
4	Winston, Roxanne	26	SF Tsunami-38	48.50

**Women 25-29 100 SC Meter Breaststroke**

1	Baillie, Carol	29	Long Beach Gruni-33	1:33.75
	43.75	50.00		
2	Watt, Mariko	28	Team New York Aq-6	1:34.23
	43.58	50.65		
3	Lancos, Katie	29	DCAC-10	1:39.03
	46.04	52.99		

**Women 25-29 200 SC Meter Breaststroke**

1	Baillie, Carol	29	Long Beach Gruni-33	3:27.64
	44.96	51.63	54.61	56.44

**Women 25-29 50 SC Meter Butterfly**

1	Chialastri, Kate	26	Fins Aquatics Cl-8	29.73
2	Wright, Allison	28	Team New York Aq-6	37.94
3	Stephens, Judy	28	Team New York Aq-6	43.10

**Women 25-29 100 SC Meter Butterfly**

1	Chialastri, Kate	26	Fins Aquatics Cl-8	1:06.37
	31.28	35.09		

**Women 25-29 200 SC Meter Butterfly**

1	Chialastri, Kate	26	Fins Aquatics Cl-8	2:23.81
	31.14	35.41	37.84	39.42

**Women 25-29 100 SC Meter IM**

1	Chialastri, Kate	26	Fins Aquatics Cl-8	1:12.51
	32.97	39.54		
2	Watt, Mariko	28	Team New York Aq-6	1:25.18
	40.66	44.52		
3	Wright, Allison	28	Team New York Aq-6	1:26.83
	38.66	48.17		
4	Duprey, Missi	29	DCAC-10	1:30.13
	42.30	47.83		
5	Winston, Roxanne	26	SF Tsunami-38	1:37.06
	45.69	51.37		
6	Stephens, Judy	28	Team New York Aq-6	1:40.99
	46.80	54.19		

**Women 25-29 200 SC Meter IM**

1	Chialastri, Kate	26	Fins Aquatics Cl-8	2:37.50
	31.54	41.48	48.54	35.94
2	Hemady, Noura	27	DCAC-10	2:52.58
	38.66	43.50	51.87	38.55
3	Lancos, Katie	29	DCAC-10	3:07.25
	39.07	48.57	56.18	43.43

**Women 25-29 400 SC Meter IM**

1	Warren-Shriner, Lindsey	25	DCAC-10	5:52.22
	37.53	42.93	47.09	45.56
	51.18	51.44	38.28	38.21

**Women 30-34 50 SC Meter Freestyle**

1	Stakem, Meredith	32	DCAC-10	28.31
2	McDougall, Janna	34	DCAC-10	28.80
3	Cole, Jacqueline	33	Long Beach Gruni-33	31.15
4	Arkell, Katy	32	Puget Sound Mstr-36	31.21
5	Ferries, Jenny	32	Puget Sound Mstr-36	33.43
6	Gardner, Meghan	30	Fins Aquatics Cl-8	41.38

**Women 30-34 100 SC Meter Freestyle**

1	Stakem, Meredith	32	DCAC-10	1:03.59
	29.94	33.65		
2	November, Colleen	33	SF Tsunami-38	1:16.44
	35.90	40.54		
3	Gardner, Meghan	30	Fins Aquatics Cl-8	1:32.60
	43.16	49.44		
4	Pugh, Dana	32	Long Beach Gruni-33	1:59.69
	56.90	1:02.79		

**Women 30-34 200 SC Meter Freestyle**

1	Gardner, Meghan	30	Fins Aquatics Cl-8	3:27.45
	45.17	52.77	54.94	54.57

**Women 30-34 400 SC Meter Freestyle**

1	Maehr, Erin	31	DCAC-10	5:25.70
	35.72	39.64	40.85	41.52
	42.02	42.23	42.04	41.68
2	Arkell, Katy	32	Puget Sound Mstr-36	5:53.23
	37.28	44.38	44.29	44.89
	45.65	46.30	46.46	43.98
3	Hewitt, Sara	33	DCAC-10	6:01.40
	43.22	46.04	47.30	47.28
	47.23	45.85	44.87	39.61

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**(Women 30-34 400 SC Meter Freestyle)**

4 Gardner, Meghan	30 Fins Aquatics Cl-8	7:01.17
44.32	50.29	52.20
55.02	55.74	56.57
		52.81

**Women 30-34 800 SC Meter Freestyle**

1 Maehr, Erin	31 DCAC-10	11:11.49
36.16	41.29	41.99
42.29	42.27	42.57
42.63	42.79	42.68
43.06	42.29	42.28
		41.58
2 Hewitt, Sara	33 DCAC-10	12:21.40
43.95	45.77	47.04
47.50	47.34	46.86
46.65	46.64	47.00
47.68	47.10	46.31
		40.14
3 Trujillo, Dana	34 Long Beach Gruni-33	15:13.33
48.46	53.07	57.38
59.03	57.71	59.00
58.94	58.66	58.29
59.93	58.23	57.74
		50.63

**Women 30-34 1500 SC Meter Freestyle**

1 Maehr, Erin	31 DCAC-10	21:48.40
1:15.61	41.26	41.85
43.39	43.34	43.70
44.18	44.53	44.44
44.51	44.51	44.71
44.07	44.54	44.48
44.58	44.62	44.59
44.41	44.68	44.27
		44.23
		43.36

**Women 30-34 50 SC Meter Backstroke**

1 Ferries, Jenny	32 Puget Sound Mstr-36	38.75
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**Women 30-34 100 SC Meter Backstroke**

1 McDougall, Janna	34 DCAC-10	1:13.67
36.75	36.92	
2 Pugh, Dana	32 Long Beach Gruni-33	2:02.00
58.20	1:03.80	

**Women 30-34 200 SC Meter Backstroke**

1 Maehr, Erin	31 DCAC-10	2:52.66
40.54	43.52	45.04
		43.56
2 Cole, Jacqueline	33 Long Beach Gruni-33	2:57.69
41.75	45.56	46.35
		44.03
3 Hewitt, Sara	33 DCAC-10	3:20.29
47.78	50.81	50.66
		51.04

**Women 30-34 50 SC Meter Breaststroke**

1 Gardner, Meghan	30 Fins Aquatics Cl-8	58.43
2 Pugh, Dana	32 Long Beach Gruni-33	1:12.04

**Women 30-34 100 SC Meter Breaststroke**

1 Trujillo, Dana	34 Long Beach Gruni-33	1:49.89
51.47	58.42	

**Women 30-34 50 SC Meter Butterfly**

1 Stakem, Meredith	32 DCAC-10	31.95
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2 McDougall, Janna	34 DCAC-10	32.75
3 Arkell, Katy	32 Puget Sound Mstr-36	34.53
4 Ferries, Jenny	32 Puget Sound Mstr-36	36.17
5 Trujillo, Dana	34 Long Beach Gruni-33	49.58

**Women 30-34 100 SC Meter Butterfly**

1 Stakem, Meredith	32 DCAC-10	1:15.67
34.96	40.71	
2 Hewitt, Sara	33 DCAC-10	1:28.93
40.62	48.31	

**Women 30-34 200 SC Meter Butterfly**

1 Cole, Jacqueline	33 Long Beach Gruni-33	3:12.57
40.27	49.23	52.63
		50.44
2 Hewitt, Sara	33 DCAC-10	3:15.67
41.86	49.11	51.70
		53.00
3 Trujillo, Dana	34 Long Beach Gruni-33	4:34.38
1:00.62	1:09.26	1:12.66
		1:11.84

**Women 30-34 100 SC Meter IM**

1 Stakem, Meredith	32 DCAC-10	1:14.42
34.07	40.35	
2 Cole, Jacqueline	33 Long Beach Gruni-33	1:19.80
37.91	41.89	
3 Ferries, Jenny	32 Puget Sound Mstr-36	1:20.24
37.86	42.38	
4 Pugh, Dana	32 Long Beach Gruni-33	2:09.78
1:01.53	1:08.25	
--- McDougall, Janna	34 DCAC-10	DQ
Shoulders past vertical toward breast - back		
		34.94
		39.72

**Women 30-34 200 SC Meter IM**

1 Ferries, Jenny	32 Puget Sound Mstr-36	2:52.26
36.97	44.64	48.88
		41.77

**Women 30-34 400 SC Meter IM**

1 Maehr, Erin	31 DCAC-10	6:09.93
41.29	47.93	46.66
		45.98
		40.99
		40.90
2 Trujillo, Dana	34 Long Beach Gruni-33	8:24.03
59.74	1:08.09	1:06.64
		1:04.83
		1:07.02
		1:03.86
		57.13
		56.72
3 Pugh, Dana	32 Long Beach Gruni-33	9:58.11
1:02.42	1:13.96	1:11.94
		1:12.57
		1:29.65
		1:30.41
		1:09.45
		1:07.71
--- Cole, Jacqueline	33 Long Beach Gruni-33	DQ
Alternating Kick - breast		
		38.89
		46.87
		50.25
		48.56
		51.83
		50.68
		40.12
		40.65

**Women 35-39 50 SC Meter Freestyle**

1 Rodarte, Shannon	39 Team New York Aq-6	31.74
2 Lester, Elizabeth	35 DCAC-10	34.85
3 Alexakos, Beth	36 Puget Sound Mstr-36	35.71
4 West, Audra	35 Queer Utah Aquat-34	38.32

**Women 35-39 100 SC Meter Freestyle**

1 Rodarte, Shannon	39 Team New York Aq-6	1:11.40
33.11	38.29	

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**(Women 35-39 100 SC Meter Freestyle)**

2	Gilliland, Sara	37	Long Beach Gruni-33	1:20.10
	39.88	40.22		
3	Alexakos, Beth	36	Puget Sound Mstr-36	1:20.68
	38.94	41.74		

**Women 35-39 200 SC Meter Freestyle**

1	Alexakos, Beth	36	Puget Sound Mstr-36	3:00.05
	40.20	44.36	47.16	48.33
2	Cutler, Rachel	38	Team New York Aq-6	3:14.60
	43.91	49.61	51.50	49.58

**Women 35-39 400 SC Meter Freestyle**

1	Lester, Elizabeth	35	DCAC-10	6:20.37
	41.79	47.01	49.94	50.34
	48.45	49.55	49.09	44.20
2	Cutler, Rachel	38	Team New York Aq-6	6:39.52
	43.93	50.12	51.41	51.66
	51.49	51.03	51.48	48.40

**Women 35-39 800 SC Meter Freestyle**

1	Cutler, Rachel	38	Team New York Aq-6	13:43.18
	45.35	51.84	52.65	52.53
	52.29	51.88	51.98	51.99
	51.97	51.77	51.84	51.98
	52.01	51.76	51.87	49.47

**Women 35-39 1500 SC Meter Freestyle**

1	LaBonte, Alison	36	DCAC-10	24:47.34
	43.12	45.86	47.84	48.75
	49.60	50.13	49.89	50.30
	50.06	49.81	49.41	49.63
	49.58	50.51	50.80	50.94
	50.82	50.25	50.92	50.44
	49.81	50.42	50.61	49.94
	51.02	49.61	50.18	49.86
	49.18	48.05		
2	Cutler, Rachel	38	Team New York Aq-6	26:01.81
	45.17	50.58	52.20	52.31
	52.33	51.80	51.81	51.48
	53.04	52.14	51.52	51.64
	52.22	51.85	52.50	52.29
	52.50	52.78	52.09	52.89
	53.21	52.79	53.14	53.23
	52.69	52.97	53.00	52.57
	52.53	50.54		

**Women 35-39 50 SC Meter Backstroke**

1	Gilliland, Sara	37	Long Beach Gruni-33	44.07
2	Alexakos, Beth	36	Puget Sound Mstr-36	47.80
3	Cutler, Rachel	38	Team New York Aq-6	52.46

**Women 35-39 200 SC Meter Backstroke**

1	Lester, Elizabeth	35	DCAC-10	3:35.23
	49.51	54.92	55.53	55.27

**Women 35-39 50 SC Meter Breaststroke**

1	Alexakos, Beth	36	Puget Sound Mstr-36	51.05
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**Women 35-39 100 SC Meter Breaststroke**

1	Rodarte, Shannon	39	Team New York Aq-6	1:26.41
	40.63	45.78		

**Women 35-39 200 SC Meter Breaststroke**

1	Lester, Elizabeth	35	DCAC-10	4:19.19
	56.01	1:06.01	1:09.74	1:07.43

**Women 35-39 50 SC Meter Butterfly**

1	West, Audra	35	Queer Utah Aquat-34	42.21
2	Gilliland, Sara	37	Long Beach Gruni-33	46.70

**Women 35-39 100 SC Meter IM**

1	Rodarte, Shannon	39	Team New York Aq-6	1:21.83
	38.45	43.38		

**Women 35-39 200 SC Meter IM**

1	Rodarte, Shannon	39	Team New York Aq-6	3:08.34
	37.98	48.89	54.27	47.20
2	Lester, Elizabeth	35	DCAC-10	3:35.76
	44.91	54.30	1:07.42	49.13

**Women 40-44 50 SC Meter Freestyle**

1	Goebel, Lauren	40	Long Beach Gruni-33	33.47
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**Women 40-44 100 SC Meter Freestyle**

1	Goebel, Lauren	40	Long Beach Gruni-33	1:16.11
	36.39	39.72		

**Women 40-44 200 SC Meter Freestyle**

1	Hofmann, Elke	41	Fins Aquatics CI-8	2:36.36
	36.84	39.32	40.17	40.03
2	Fritz, Britta	42	Cologne	3:00.34
	40.55	45.09	47.88	46.82

**Women 40-44 400 SC Meter Freestyle**

1	Hofmann, Elke	41	Fins Aquatics CI-8	5:32.78
	38.02	40.68	42.40	43.06
	43.17	42.27	42.54	40.64
2	Fritz, Britta	42	Cologne	6:04.99
	42.38	45.74	46.75	47.14
	46.13	46.15	46.46	44.24

**Women 40-44 800 SC Meter Freestyle**

1	Hofmann, Elke	41	Fins Aquatics CI-8	11:26.80
	38.02	41.68	43.01	43.32
	43.54	43.51	43.98	43.86
	43.57	43.56	43.65	43.63
	43.60	43.64	43.12	41.11
2	Fritz, Britta	42	Cologne	12:31.65
	43.76	45.91	47.02	47.33
	47.15	47.45	47.38	46.91
	46.87	47.79	47.91	47.47
	47.40	48.04	48.59	44.67
3	Volz, Kristin	40	Swim Fort Lauder-50	13:25.04
	45.54	49.18	49.81	50.18
	49.81	50.59	50.92	51.21
	51.63	51.65	51.55	51.81
	51.36	51.18	50.68	47.94

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**Women 40-44 1500 SC Meter Freestyle**

1	Fritz, Britta	42	Cologne	24:20.78
	42.76	46.89	48.16	48.91
	49.05	48.84	48.84	49.00
	49.33	49.26	48.48	49.18
	48.67	48.49	49.31	48.62
	49.13	49.81	49.31	48.80
	49.41	49.64	49.37	49.16
	49.06	49.47	49.38	49.09
	48.56	46.80		
2	Turnbull-Brown, Elisabeth	41	Team New York Aq-6	24:40.54
	41.21	47.05	47.35	48.03
	49.73	48.84	50.03	49.73
	48.90	49.92	49.83	49.34
	49.92	49.44	49.12	49.86
	50.62	49.23	49.90	51.12
	50.70	49.89	50.22	50.45
	50.31	50.45	51.01	49.44
	51.66	47.24		

**Women 40-44 100 SC Meter Backstroke**

1	Volz, Kristin	40	Swim Fort Lauder-50	1:49.46
	55.11	54.35		

**Women 40-44 200 SC Meter Backstroke**

---	Fritz, Britta	42	Cologne	DQ
	Delay initiating turn after past vertical			
	50.51	54.30	55.85	54.81

**Women 40-44 50 SC Meter Breaststroke**

1	Turnbull-Brown, Elisabeth	41	Team New York Aq-6	43.73
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**Women 40-44 100 SC Meter Breaststroke**

1	Turnbull-Brown, Elisabeth	41	Team New York Aq-6	1:36.97
	46.77	50.20		

**Women 40-44 200 SC Meter Breaststroke**

1	Turnbull-Brown, Elisabeth	41	Team New York Aq-6	3:33.08
	47.18	54.29	55.85	55.76

**Women 40-44 50 SC Meter Butterfly**

1	Goebel, Lauren	40	Long Beach Gruni-33	39.33
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**Women 40-44 200 SC Meter Butterfly**

1	Volz, Kristin	40	Swim Fort Lauder-50	4:07.03
	55.88	1:03.19	1:07.29	1:00.67

**Women 40-44 100 SC Meter IM**

1	Goebel, Lauren	40	Long Beach Gruni-33	1:28.53
	40.53	48.00		
2	Turnbull-Brown, Elisabeth	41	Team New York Aq-6	1:36.80
	47.13	49.67		
3	Volz, Kristin	40	Swim Fort Lauder-50	1:39.53
	50.35	49.18		

**Women 40-44 200 SC Meter IM**

1	Goebel, Lauren	40	Long Beach Gruni-33	3:15.63
	41.24	52.48	57.38	44.53

**Women 40-44 400 SC Meter IM**

1	Volz, Kristin	40	Swim Fort Lauder-50	7:40.62
	55.78	1:01.14	1:00.33	59.77
	58.38	59.65	53.37	52.20

**Women 45-49 50 SC Meter Freestyle**

1	Watkins, Elizabeth	48	Oregon Masters-37	32.29
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**Women 45-49 100 SC Meter Freestyle**

1	Watkins, Elizabeth	48	Oregon Masters-37	1:09.21
	33.60	35.61		

**Women 45-49 200 SC Meter Freestyle**

1	Ogle, Jennifer	46	Puget Sound Mstr-36	2:42.69
	36.50	40.48	42.07	43.64

**Women 45-49 400 SC Meter Freestyle**

1	Watkins, Elizabeth	48	Oregon Masters-37	5:07.12
	36.21	39.02	39.20	38.96
	38.85	38.76	38.41	37.71

**Women 45-49 800 SC Meter Freestyle**

1	Watkins, Elizabeth	48	Oregon Masters-37	10:24.83
	36.42	38.82	39.51	39.19
	39.16	39.54	39.78	39.46
	38.88	39.12	39.18	39.27
	39.08	39.27	39.47	38.68
2	Morris, Kathleen	45	San Diego Mstrs-44	13:31.36
	47.78	49.59	49.72	50.52
	50.64	51.42	51.40	51.28
	51.37	51.33	51.13	52.08
	51.18	52.94	50.73	48.25
3	Utu, Robyn	49	Long Beach Gruni-33	17:09.69
	52.80	1:01.38	1:02.23	1:03.69
	1:03.78	1:06.27	1:06.03	1:09.33
	1:07.80	1:06.25	1:10.39	1:07.57
	1:06.09	1:05.56	1:02.91	57.61

**Women 45-49 50 SC Meter Backstroke**

1	Harris, Janet	48	Team New York Aq-6	36.12
2	Ogle, Jennifer	46	Puget Sound Mstr-36	36.57
3	Utu, Robyn	49	Long Beach Gruni-33	49.03

**Women 45-49 100 SC Meter Backstroke**

1	Ogle, Jennifer	46	Puget Sound Mstr-36	1:19.16
	38.83	40.33		

**Women 45-49 200 SC Meter Backstroke**

1	Ogle, Jennifer	46	Puget Sound Mstr-36	2:46.67
	38.64	41.84	42.84	43.35
2	Utu, Robyn	49	Long Beach Gruni-33	4:02.13
	55.46	1:02.38	1:03.80	1:00.49

**Women 45-49 50 SC Meter Breaststroke**

1	Harris, Janet	48	Team New York Aq-6	42.58
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**Women 45-49 50 SC Meter Butterfly**

1	Harris, Janet	48	Team New York Aq-6	34.13
2	Ogle, Jennifer	46	Puget Sound Mstr-36	35.74
3	Watkins, Elizabeth	48	Oregon Masters-37	37.38

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**Women 45-49 100 SC Meter Butterfly**

1	Harris, Janet	48	Team New York Aq-6	1:20.87
	36.92	43.95		

**Women 45-49 200 SC Meter IM**

1	Harris, Janet	48	Team New York Aq-6	2:58.48
	41.82	46.06	51.49	39.11
2	Utu, Robyn	49	Long Beach Gruni-33	4:24.60
	1:06.24	1:02.56	1:16.48	59.32

**Women 45-49 400 SC Meter IM**

1	Utu, Robyn	49	Long Beach Gruni-33	9:49.44
	1:09.51	1:39.30	1:09.93	1:14.55
	1:21.64	1:15.26	1:02.67	56.58

**Women 50-54 50 SC Meter Freestyle**

1	Dahl, Lisa	52	Puget Sound Mstr-36	29.70
2	Moss, Pam Henry	51	Fins Aquatics Cl-8	31.34
3	Duquesnel, Susan	54	Long Beach Gruni-33	47.97

**Women 50-54 100 SC Meter Freestyle**

1	Courtney, Zena	54	Blue Wave Aquati-36	1:06.88
	31.63	35.25		
2	Tuliao, Miriam	52	Team New York Aq-6	1:41.84
	49.09	52.75		
3	Duquesnel, Susan	54	Long Beach Gruni-33	1:53.81
	51.90	1:01.91		

**Women 50-54 200 SC Meter Freestyle**

1	Moss, Pam Henry	51	Fins Aquatics Cl-8	2:32.09
	35.23	37.86	39.18	39.82
2	Duquesnel, Susan	54	Long Beach Gruni-33	4:11.86
	55.84	1:06.74	1:07.01	1:02.27

**Women 50-54 400 SC Meter Freestyle**

1	Moss, Pam Henry	51	Fins Aquatics Cl-8	5:26.38
	38.79	42.57	42.57	41.95
	41.09	40.80	40.47	38.14
2	Tuliao, Miriam	52	Team New York Aq-6	7:39.00
	51.33	57.85		
	1:20.65	58.88	58.77	55.81

**Women 50-54 800 SC Meter Freestyle**

1	Tuliao, Miriam	52	Team New York Aq-6	16:10.79
	56.07	59.94	1:00.39	1:00.64
	1:01.77	1:01.16	1:01.55	1:02.26
	1:02.75	1:01.92	1:01.66	1:01.22
	1:01.64	1:00.73	1:00.79	56.30

**Women 50-54 1500 SC Meter Freestyle**

1	Courtney, Zena	54	Blue Wave Aquati-36	20:15.21
	1:15.29	40.07	40.18	40.07
	40.36	40.36	40.54	40.54
	40.49	40.60	41.02	40.76
	40.87	41.31	41.37	40.79
	41.13	40.90	41.30	40.80
	40.94	41.21	40.83	41.88
	41.09	40.70	40.50	40.70
	40.01			

**Women 50-54 50 SC Meter Backstroke**

1	Courtney, Zena	54	Blue Wave Aquati-36	34.73
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**Women 50-54 100 SC Meter Backstroke**

1	Courtney, Zena	54	Blue Wave Aquati-36	1:14.78
	35.87	38.91		

**Women 50-54 200 SC Meter Backstroke**

1	Courtney, Zena	54	Blue Wave Aquati-36	2:38.62
	37.68	40.42	40.57	39.95

**Women 50-54 100 SC Meter Breaststroke**

1	Tuliao, Miriam	52	Team New York Aq-6	2:11.33
	1:03.39	1:07.94		

**Women 50-54 50 SC Meter Butterfly**

1	Dahl, Lisa	52	Puget Sound Mstr-36	32.50
2	Duquesnel, Susan	54	Long Beach Gruni-33	58.11

**Women 50-54 100 SC Meter IM**

1	Moss, Pam Henry	51	Fins Aquatics Cl-8	1:21.47
	37.64	43.83		
2	Tuliao, Miriam	52	Team New York Aq-6	2:02.01
	1:04.55	57.46		
3	Duquesnel, Susan	54	Long Beach Gruni-33	2:04.12
	1:00.79	1:03.33		

**Women 55-59 100 SC Meter Freestyle**

1	Hickel, Jessie	55	Blue Wave Aquati-36	1:17.30
	37.63	39.67		
2	Powers, Patricia	56	Long Beach Gruni-33	1:24.24
	39.82	44.42		

**Women 55-59 200 SC Meter Freestyle**

1	Powers, Patricia	56	Long Beach Gruni-33	3:00.66
	39.79	45.84	48.15	46.88

**Women 55-59 400 SC Meter Freestyle**

1	Powers, Patricia	56	Long Beach Gruni-33	6:08.06
	40.96	45.53	47.06	47.46
	47.19	47.44	46.77	45.65

**Women 55-59 800 SC Meter Freestyle**

1	Hickel, Jessie	55	Blue Wave Aquati-36	11:59.52
	40.99	45.16	45.75	46.03
	45.65	45.69	45.95	45.11
	45.07	45.51	45.06	45.14
	45.15	44.66	45.30	43.30
2	Powers, Patricia	56	Long Beach Gruni-33	12:25.71
	41.63	46.09	46.97	47.21
	47.28	47.17	47.40	47.25
	47.47	47.29	47.00	46.84
	47.63	46.55	46.76	45.17

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**Women 55-59 1500 SC Meter Freestyle**

1	Powers, Patricia	56	Long Beach Gruni-33	23:17.08
	41.05	45.27	45.85	46.59
	46.55	46.83	46.88	46.65
	46.62	46.47	46.09	46.15
	47.02	47.18	47.28	46.93
	46.96	46.78	47.02	47.10
	46.80	47.33	47.32	47.34
	47.31	47.45	47.23	46.85
	46.66	45.52		

**Women 55-59 50 SC Meter Backstroke**

1	Larson, Linda	58	Swim Fort Lauder-50	38.69
2	Rawlings, Ruth	57	Long Beach Gruni-33	53.18

**Women 55-59 100 SC Meter Backstroke**

1	Larson, Linda	58	Swim Fort Lauder-50	1:21.69
	40.20	41.49		
2	Hickel, Jessie	55	Blue Wave Aquati-36	1:34.06
	47.05	47.01		
3	Rawlings, Ruth	57	Long Beach Gruni-33	2:09.71
	1:00.02	1:09.69		

**Women 55-59 200 SC Meter Backstroke**

1	Larson, Linda	58	Swim Fort Lauder-50	2:55.72
	42.56	44.01	44.85	44.30

**Women 55-59 50 SC Meter Breaststroke**

1	Rawlings, Ruth	57	Long Beach Gruni-33	56.59
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**Women 55-59 100 SC Meter Breaststroke**

1	Rawlings, Ruth	57	Long Beach Gruni-33	2:09.10
	1:01.75	1:07.35		

**Women 55-59 200 SC Meter Breaststroke**

1	Rawlings, Ruth	57	Long Beach Gruni-33	4:26.06
	59.99	1:07.05	1:10.41	1:08.61

**Women 55-59 50 SC Meter Butterfly**

1	Lambert, Heather	59	Long Beach Gruni-33	37.77
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**Women 55-59 100 SC Meter Butterfly**

1	Lambert, Heather	59	Long Beach Gruni-33	1:42.39
	49.06	53.33		

**Women 55-59 200 SC Meter Butterfly**

1	Lambert, Heather	59	Long Beach Gruni-33	3:31.03
	49.10	54.74	56.49	50.70
2	Larson, Linda	58	Swim Fort Lauder-50	3:33.28
	45.14	56.02	56.62	55.50
3	Hickel, Jessie	55	Blue Wave Aquati-36	3:44.72
	51.17	59.00	58.99	55.56

**Women 55-59 100 SC Meter IM**

1	Lambert, Heather	59	Long Beach Gruni-33	1:33.12
	41.68	51.44		

**Women 55-59 200 SC Meter IM**

1	Lambert, Heather	59	Long Beach Gruni-33	3:25.17
	39.43	57.70	1:02.80	45.24

**Women 55-59 400 SC Meter IM**

1	Larson, Linda	58	Swim Fort Lauder-50	6:43.87
	45.40	59.29	47.79	46.21
	59.60	59.47	43.52	42.59
2	Hickel, Jessie	55	Blue Wave Aquati-36	6:58.60
	49.91	57.20	52.21	50.77
	1:00.44	58.91	46.40	42.76

**Women 60-64 50 SC Meter Freestyle**

1	Talbot, Teresa	63	Fins Aquatics CI-8	39.07
2	Church, Mary	63	West Hollywood A-33	51.44

**Women 60-64 100 SC Meter Freestyle**

1	Talbot, Teresa	63	Fins Aquatics CI-8	1:31.17
	41.53	49.64		
2	Vail, Ellyn	64	DCAC-10	1:52.58
	51.85	1:00.73		

**Women 60-64 200 SC Meter Freestyle**

1	Vail, Ellyn	64	DCAC-10	4:06.90
	52.72		1:05.86	

**Women 60-64 400 SC Meter Freestyle**

1	Vail, Ellyn	64	DCAC-10	8:27.75
	56.04	1:04.05	1:04.54	1:04.58
	1:03.42	1:04.73	1:04.85	1:05.54

**Women 60-64 1500 SC Meter Freestyle**

1	Jacobus, Anne	63	Long Beach Gruni-33	31:09.47
	53.40	59.01	1:02.84	1:04.04
	1:03.92	1:03.38	1:02.97	1:03.47
	1:03.06	1:03.71	1:03.47	1:02.86
	1:02.43	1:03.07	1:02.53	1:02.67
	1:02.49	1:03.29	1:03.13	1:02.87
	1:03.06	1:02.80	1:03.67	1:02.92
	1:02.43	1:02.59	1:02.45	1:02.28
	1:01.74	56.92		

**Women 60-64 50 SC Meter Backstroke**

1	Jacobus, Anne	63	Long Beach Gruni-33	52.08
2	Talbot, Teresa	63	Fins Aquatics CI-8	54.32
3	Church, Mary	63	West Hollywood A-33	1:11.97

**Women 60-64 100 SC Meter Backstroke**

1	Jacobus, Anne	63	Long Beach Gruni-33	1:57.18
	57.41	59.77		
2	Vail, Ellyn	64	DCAC-10	1:59.65
	58.16	1:01.49		

**Women 60-64 200 SC Meter Backstroke**

1	Vail, Ellyn	64	DCAC-10	4:29.24
	1:03.87	1:10.14	1:08.72	1:06.51

**Women 60-64 50 SC Meter Breaststroke**

1	Seaton, Jessica	60	West Hollywood A-33	47.74
2	Talbot, Teresa	63	Fins Aquatics CI-8	54.47
3	Church, Mary	63	West Hollywood A-33	1:08.87

**Women 60-64 100 SC Meter Breaststroke**

1	Seaton, Jessica	60	West Hollywood A-33	1:42.64
	48.57	54.07		

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**Women 60-64 200 SC Meter Breaststroke**

1	Seaton, Jessica	60	West Hollywood A-33	3:43.68
	50.54	57.38	59.09	56.67

**Women 60-64 100 SC Meter IM**

1	Jacobus, Anne	63	Long Beach Gruni-33	1:52.45
	53.44	59.01		
2	Talbot, Teresa	63	Fins Aquatics Cl-8	1:55.69
	56.54	59.15		

**Women 60-64 200 SC Meter IM**

1	Seaton, Jessica	60	West Hollywood A-33	3:33.93
	47.77	59.07	58.35	48.74
2	Jacobus, Anne	63	Long Beach Gruni-33	4:16.33
	54.03	1:08.99	1:14.03	59.28

**Women 60-64 400 SC Meter IM**

1	Seaton, Jessica	60	West Hollywood A-33	7:29.85
	50.94	59.33	1:01.42	58.43
	58.09	58.55	53.99	49.10

**Women 65-69 50 SC Meter Freestyle**

1	Nash, Barbara	69	Queer Utah Aquat-34	40.21
2	Romano, Kathleen	67	Team New York Aq-6	49.92

**Women 65-69 100 SC Meter Freestyle**

1	Nash, Barbara	69	Queer Utah Aquat-34	1:35.87
	43.07	52.80		
2	Cole, Anita	66	Long Beach Gruni-33	2:30.29
	1:13.80	1:16.49		

**Women 65-69 400 SC Meter Freestyle**

1	Welch, Sarah	66	Puget Sound Mstr-36	6:21.62
	42.90	47.98	49.33	48.64
	47.72	50.14	49.18	45.73
2	Romano, Kathleen	67	Team New York Aq-6	8:00.79
	58.70	1:01.11	1:01.46	1:02.12
	1:02.19	59.80	59.74	55.67
3	Cole, Anita	66	Long Beach Gruni-33	10:31.97
	1:10.90	1:20.12	1:20.92	1:20.40
	1:20.99	1:21.01	1:20.06	1:17.57

**Women 65-69 800 SC Meter Freestyle**

1	Romano, Kathleen	67	Team New York Aq-6	16:21.93
	58.52	1:01.23	1:01.32	1:01.23
	1:00.94	1:01.97	1:03.94	1:02.10
	1:02.33	1:02.41	1:01.79	1:02.41
	1:02.30	1:01.06	1:00.65	57.73
2	Cole, Anita	66	Long Beach Gruni-33	21:50.83
	1:16.31	1:22.41	1:23.17	1:23.74
	1:23.23	1:24.98	1:22.83	1:21.94
	1:22.83	1:22.15	1:22.10	1:20.60
	1:22.43	1:20.82	1:20.82	1:20.47

**Women 65-69 100 SC Meter Backstroke**

---	Davidson, Nora	67	DCAC-10	DNF
	Did not finish			
	1:26.87			

**Women 65-69 50 SC Meter Breaststroke**

1	Nash, Barbara	69	Queer Utah Aquat-34	49.29
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**Women 65-69 100 SC Meter Breaststroke**

1	Nash, Barbara	69	Queer Utah Aquat-34	1:53.98
	53.88	1:00.10		
2	Cole, Anita	66	Long Beach Gruni-33	3:19.35
	1:35.87	1:43.48		

**Women 65-69 200 SC Meter Breaststroke**

1	Nash, Barbara	69	Queer Utah Aquat-34	4:18.23
	55.42	1:07.67	1:10.44	1:04.70

**Women 65-69 50 SC Meter Butterfly**

1	Welch, Sarah	66	Puget Sound Mstr-36	40.21
2	Romano, Kathleen	67	Team New York Aq-6	58.44

**Women 65-69 100 SC Meter Butterfly**

1	Welch, Sarah	66	Puget Sound Mstr-36	1:33.67
	43.96	49.71		

**Women 65-69 200 SC Meter Butterfly**

1	Welch, Sarah	66	Puget Sound Mstr-36	3:34.38
	48.06	52.87	56.95	56.50

**Women 65-69 100 SC Meter IM**

1	Romano, Kathleen	67	Team New York Aq-6	2:05.40
	1:02.35	1:03.05		
2	Cole, Anita	66	Long Beach Gruni-33	3:19.56
	1:48.41	1:31.15		

**Women 65-69 200 SC Meter IM**

1	Welch, Sarah	66	Puget Sound Mstr-36	3:27.64
	43.84	53.86	1:03.77	46.17

**Scores - Women****Women - Team Rankings - Through Event 47**

1.	Long Beach Grunions	584
2.	District Of Columbia Aquatics	521
3.	Team New York Aquatics	371
4.	Puget Sound Masters	242
5.	Fins Aquatics Club	195
6.	Blue Wave Aquatics	83
7.	Swim Fort Lauderdale	82
8.	Queer Utah Aquatic Club	75
9.	West Hollywood Aquatics	64
10.	Oregon Masters	42
11.	Sport Club Janus E.V / Cologne	30
12.	San Francisco Tsunami Masters	28
13.	St. Szymir Reykjavik	13
14.	San Diego Masters	7