

the

WET  
SET



# PACIFIC NORTHWEST ASSOCIATION OF MASTERS SWIMMERS

**PRESIDENT**

Steve Freeborn  
29925 2nd Ave. SW  
Federal Way, WA 98023  
(206) 941-6808

**EDITOR**

Phyllis Gill  
14037 SE Allen Road  
Bellevue, WA 98006  
(206) 865-9856

THE PNA NEWSLETTER

VOLUME 11 - NUMBER 4



APRIL, 1992

ADVERTISING IN THE WET SET . . . . .	9
ANNOUNCEMENTS . . . . .	6
BANGOR RESULTS . . . . .	15-18
BIRTHDAYS . . . . .	5
CHANGE OF ADDRESS . . . . .	9
DAWN MUSSELMAN RESULTS . . . . .	8
H.O.S.T. . . . .	8
MEET ENTRIES	
ENUMCLAW DOLPHINS MEET . . . . .	20
NATIONAL PREVIEW MEET . . . . .	22-24
MEET SCHEDULES . . . . .	7
NATIONAL UPDATE . . . . .	24
ORCA SWIM CLUB AD . . . . .	25
PNA / USMS 1992 REGISTRATION FORM . . . . .	21
PNA BOARD MEETING MINUTES . . . . .	3-4-5
PRESIDENT STEVE'S LETTER . . . . .	2
RANSOM J. ARTHUR AWARD . . . . .	19
SHERRIE SUITS AD . . . . .	9
SUBSCRIPTION TO THE WET SET . . . . .	9
TEAM REGISTRATION FORM . . . . .	21
WELCOME NEW SWIMMERS TO THE PNA . . . . .	2
WORLD CHAMPIONSHIP INFO. . . . .	10-14

\* \* \* \* \*

UPCOMING BOARD MEETINGS

APRIL 28, 1992 - JANE MOORE'S OFFICE IN FEDERAL WAY  
MAY 26, 1992 - CAROLYN BALDWIN'S HOME

\* \* \* \* \*

United States Masters Swimming, Inc., is now, as it always has been, concerned for the safety and health of its members. It will continue to disseminate such information concerning swimming safety and health as comes to its attention. However, United States Masters Swimming cannot and does not accept responsibility for the content of any information or material not authored by United States Masters Swimming, Inc. All opinions stated in any such material are solely those of the author(s) and not necessarily those of United States Masters Swimming, Inc.

\* \* \* \* \*

I always enjoy this time of year. Not only is the weather nice, but springtime brings with it the championship meet season. By the time you read this, PNA Champs will be history. Year in and year out it proves to be the most enjoyable and exciting of the meets - a chance to compete not only for personal bests, but also as part of a team. I am sure this year will be no different.

The PNA Champs also provides us with the opportunity to recognize the most inspirational swimmer within our organization. This year's recipient is Jan Kavadas. Way to go Jan!

PNA Champs is followed closely by the Northwest Zone Champs, formerly known as the Region XII Championships. This year they are hosted by Oregon, April 24th through the 26th. As always, Oregon does an excellent job in the hospitality department. Let's go down there and give them a sample of what they are in for when they come up for Nationals in August.

Rumor has it that Oregon thinks they are going to win the team competition at National in August. I hate to disappoint them, but this just isn't going to happen. In fact, in the spirit of friendly competition, I will be extending a challenge to John Zell. Currently, I am trying to decide exactly what that challenge will be. I welcome any suggestions - within reason.

As you can probably tell, with each passing month, I become more excited about our hosting Long Course Nationals. Hopefully that excitement will become contagious and we will have a great turnout come August.

Lastly, I will renew my request that we welcome anyone who still desires to assist with the hosting and operation of Nationals.



*Steve*

WELCOME TO THE PNA

THE FOLLOWING SWIMMERS HAVE JOINED THE PNA IN THE LAST MONTH:

EVANS ALEX, TIMOTHY ALLEN, DANIEL BALDERSON, MICHAEL BANDOW, RICHARD BEEN, SHARON BELK-KREBS, LYNN BELL, KENNETH BRIGGS, ROBERT (ROB) CALDWELL, CONNIE CHURCHILL, SALLY CULVERWELL, JOHN DONOSO, DENNIS DONOVAN, THOMAS DRUHAN, BOB DYER, MARCUS FAIRBANKS, ROBERT FARRELL, JONATHAN FINCH, STEVE GAYNER, KRISTY GLAZE, SUE HARRINGTON, ANNE HEALEY, DENNIS HERBERT, DAVID HUTCHINSON, FREDERICK LEATHERMAN, JR., CATHERINE LEWIS, LYNN MARTINDELL, JANICE MATHISEN, ERIN MILLER, MIKEL MORROW, MARY NIHISER, THOMAS PARDEE, CAROL PARKER, SHAWN RASMUSSEN, MARK SCHUBERT, JAY STRINGFELLOW, KEN TELLOIAN, DICK TODD, AND DAVID TURNER.

## MINUTES OF PNA BOARD MEETING

The meeting was held on March 24 at Zena's. The meeting was called to order at 7:15 p.m. by President Steve, looking very august in his red sweats and open-toed sneakers. In attendance were Carolyn Baldwin, Steve Freeborn, Zena Herrmann, Karen Jost, Jan Kavadas, Gordon Gray, Steve Schmidt, Phyllis Gill, Tammi Keeler, Hugh Moore, Jane Moore, and Frank Newquist.

**MINUTES:** Minutes of the previous meeting were approved with the following corrections: Re Zena Herrmann's WR 200 M backstroke, delete 0. Next, the PNA needs a chairperson for the Publicity Committee, not the Social Committee (Tammi Keeler is doing a great job and we wouldn't even consider anybody else). Next, sorry to say that neither Jane Moore nor Nancy Lawrence were present at the January meeting (however, you know how those wild rumors will get started).

### COMMITTEE REPORTS:

**TREASURER:** Jane (this time, she really was present, and in living color) told us that we have been incurring big expenses because of the upcoming National Championship Meet in August, having to pay over \$1700 for brochures and something over \$100 for mailing them. Our current balance was just a bit under \$2000. We expect to improve the low balance as income from the National Meet appears. The Board approved \$29 to Frank for stamps.

**MEMBERSHIP:** Zena reported that we have 478 members to date.

**MEETS:** Jan and Hugh shared in most of the meet information. There will be a swim meet in Enumclaw on May 9. Ninety-seven people registered to swim at Bangor. Hugh suggested a new meet policy to include providing meet size history to the prospective hosts and to urge them to market the meet and compare budgets. Jan will pass this information on to the meet host. Further, the following suggestions were discussed, and each approved individually by the Board. First, to allow the meet host to negotiate a fee with the Board under exceptional circumstances with justification. Next, to have a graduated fee scale, depending on the number of entrants. That is, there would be a \$1 fee per swimmer and then a graduated percentage scale ranging from 0-20%, depending on the number of entrants. Specifics will be provided to the meet host. Next, to have a \$25 advance fee paid by the host to the Board was approved. This is to hopefully minimize the cancellation of future events. The \$25 advance fee would be credited toward the final disbursement of funds and could be returned if the meet should be cancelled with the concurrence of the Board. Jan said that bid packets for meets for next season would be sent out within a reasonable length of time.

**RECORDS:** Walt (IABP\*) asked for volunteers to help in verifying the results of the upcoming PNA Champs. Volunteers (at least momentarily, until we get all the "perqs" straightened out with Walt) are Zena Herrmann, Tammi Keeler, and Frank Newquist. Any other volunteers should contact Walt.

**AWARDS:** Steve Freeborn is working on the trophies for PNA Champs and the Dawn Musselman Memorial Award. He stated the total cost for purchasing the trophies and making a modification on the Dawn Musselman trophy would come to a total of \$143.47.

**NEWSLETTER:** Phyllis Gill (IPAILC) reported that she needed all information for the newsletter before the end of the month. In the past, she has been able to live with a first of the next month deadline; however, the process for putting out the newsletter has become more complicated, and our time for getting information to her has been shortened. (OK, OK, Frank - no pressure here, huh?) Hugh asked about including National Meet brochures with the newsletter, but was advised that it would be much better to make them a separate bulk mailing, which he readily agreed to do. He stated that the mailing of the National Meet brochures to the PNA membership would take place in early May.

**COMPUTERS:** Zena told us that the resurrection of the dead PNA computer is progressing, although she was not able to give a date for the completion of this miracle.

**OFFICIATING:** Overall, the meet at Bangor got good marks for officiating. There was one disqualification of an unnamed swimmer, whose initials are Jim Penfield. The almost anonymous J.P. got disqualified for an ever-so-slightly illegal backstroke turn. But, you know how picky some of those judges are.

**SOCIAL:** Tammi said that she and Steve are working on the PNA Social, which will be a pizza feast. Further, she said that Robin O'Leary would like to conduct Saturday workouts open to all PNA swimmers, beginning at Evans Pool, probably followed by a breakfast. More information will be published on that as it develops. Steve Freeborn had suggested Saturday afternoon workouts at some of the outdoor long-course pools in the Seattle and Tacoma areas, followed by picnics. He pointed out that the workouts were done a couple of years ago in preparation for National Champs and met with great success. Last item was the agreement of an ice cream social following our June 20 long-course meet at WKCAC. But, oh no, that wasn't good enough for Hugh...he wanted to have some healthy food, like broccoli and cauliflower. The Board, in its usual dedicated fashion, worked out a compromise of having pizza in addition to the ice cream. Hugh seemed satisfied with that; however, we ruled that anyone who doesn't eat their ice cream doesn't get their pizza.

**FITNESS:** Karen reported that seven or eight swimmers had sent in their fitness forms for February. She stated that swimmers could still send in the February forms, if they wished. (Subsequent forms appear for each month until the contest is ended. See the February newsletter for details, or call Karen.) Steve Freeborn suggested a team challenge throughout the PNA on using these fitness forms.

**PUBLICITY:** No report.

#### **OLD BUSINESS:**

**NMOC UPDATE:** Hugh gave the NMOC update. He told us that the Oregon team is challenging the PNA for Long-course Nationals. There was some discussion about having the two presidents challenge each other. It was finally agreed that the PNA would throw down the gauntlet to Oregon, wherein President Steve would challenge the Oregon Association President, John Zell, to swim 25 yards butterfly per point difference. (For example, if the PNA creams Oregon by say, 100 points, John has to swim 2500 continuous yards butterfly.) A suggestion was made that we obtain sponsors for each event at Nationals. If we can raise \$50 for each event from sponsors, that would come to \$2000. Hugh wanted to review this policy with the NMOC first.

**JUNE MEET:** The meet has been titled, "Masters National Preview Meet." Warmups will begin at 7:30 a.m. and the 400 M freestyle is scheduled to begin at 8:15. The rest of the meet will begin no earlier than 9:15. A notice will be put in the entry form that a swimmer may have to scratch a fourth event, which should be marked on the sheet. We need to be out of the pool by 2 p.m. because of later commitments by the pool management. Hugh worked out a budget and time line for the meet. If we have 150 swimmers at four events each, he expects we can finish by 1:30 p.m. The pool costs \$100 an hour. He suggested an \$8 flat fee.

**PNA CHAMPS:** Karen reported that she had 234 entries.

**RANSOM ARTHUR AWARD:** Nomination for Kathy Casey and Walt Reid was sent to the committee rep in Oregon. A copy of the letter will be published in the next newsletter.

**NEW BUSINESS:** Gordon Gray passed around an announcement about a couple who do underwater stroke analyses with a "video scope." (You may contact Gordon for details.)

**TEAMS REPRESENTED:**

**NEXT MEETING:** The next meeting will be held on Tuesday, April 28 at 7 p.m. at Jane Moore's office in Federal Way. The following meeting will be held on May 26 at Carolyn Baldwin's at 7 p.m.

The meeting was adjourned at approximately 9 p.m.

Respectively submitted,

FRANK M. NEWQUIST  
Recording Secretary

\* See January's minutes



*Come join us  
at the next  
Board meeting!*

**HAPPY BIRTHDAY TO THE FOLLOWING PNA SWIMMERS**

04/16	RICHARD(DICK) GREEN	04/28	GEOFFREY ANDERSON
04/16	LINDA MARX	04/29	DENNIS DONOVAN
04/17	MICHAEL SIBLE	04/29	RICK STAFFORD
04/18	HAROLD JOHANSON	04/30	BETH BRENNER
04/18	DAVID PARSONS	04/30	CHARLOTTE DAVIS
04/18	SUSAN ROBERTS	04/30	MARK LIST
04/19	CAROL BROWN	05/01	CAROLYN BEHSE
04/19	MICHAEL GRIFFIN	05/02	DOROTHY KLEIST
04/19	LAURIE SWAN	05/04	PAUL IKEDA
04/19	IAN THOMPSON	05/06	MARGARET (MARGEE) CURRAN
04/20	SUZANNE DILLS	05/07	MEGAN LOE
04/20	C. ANN GINDROZ	05/07	DONNA MULLER
04/20	MARYJEANNE (MARNIE) KERN	05/07	ROBIN O'LEARY
04/20	MICHAEL MC GOORTY	05/07	JILL PLETAN
04/21	SANDY BEQUETTE	05/09	HENRY SHAW III
04/23	EUGENE HUNN	05/12	BERTIL DILLNER
04/24	HEIDI HAGELSTEIN	05/12	SUSAN HIGINBOTHAM
04/24	MARIETTA HUNZIKER	05/12	THOMAS PARDEE
04/25	KRISTY GLAZE	05/13	MARYAN BURKE
04/25	DEBORAH LADD	05/13	MARK OLSON
04/25	KAREN WOLF	05/14	EVERETT CASSELL
04/27	KRISTEN ASERLIND	05/14	KIM KAY

GENERAL ANNOUNCEMENTS

If you swim in a non-USMS meet (eg. USS, etc.) and want your times considered for Top Ten / Records, you must request that the meet be approved by the PNA Board prior to your participation. For more details, see the "approved meets" section of the 1992 USMS Rule Book, available from Kathy Casey for \$6.00.

MSI has World Top 10 standings for 1991 (Long Course and Short Course Meters) available for \$5.00. See Walt Reid for the books. He has also ordered patches that cost \$3.00 for interested swimmers.

U.S.M.S. National Records and Top Ten Tabulations for relay and individual events, plus World Record listings are published three times yearly. You can subscribe to this publication for \$12.00 per year. Order through U.S.M.S. National office, Two Peter Ave., Rutland, MA 01543. Checks payable to U.S.M.S.

Steve Freeborn (PNA President), Phyllis Gill (Newsletter Editor), and Kathy Casey (Oceana Zone Rep) all receive information on out-of-the-area meets on a regular basis. If you are planning a vacation and would like to check out a meet in another area, please contact one of us and we'll see if we can help!!

Walt Reid has copies of the PNA Top Ten listings (PNA, Regional, National, World). These are free for registered team reps and may be picked up at PNA Board meetings. Extra copies will be available for \$2.00 soon.

**SWIM COACH WANTED:**

Swim Seattle is searching for a Master Swimming Coach. Candidate should possess strong coaching skills for all levels, be dependable and reliable. Practices are held Monday - Friday 5:30 a.m. - 6:30 a.m. Position available for this summer. For additional information, contact Tim Peters at 283-0709 or send resume to Swim Seattle, attention Coaching Select Committee, PO Box 1562, Seattle, 98115.



We are sorry to report that Marlene Holmes is ill. Marlene has been a long time PNA member and is a past recipient of the Dawn Musselman Inspirational Award. She is now living in a group home in Roy, Washington and would love to get a note from any of her swimming friends. You may write to her at:

35114 83rd Ave Ct. Phone: 458-2831  
Roy, WA 98580  
c/o Wanda Reynolds

\* \* \* \* \*

P N A MEET SCHEDULE

April 3-5  
June 20  
August 20-23

PNA Champs - King County Aquatic Center  
PNA-sponsored long course - KCAC  
1992 USMS LC Nationals - KCAC

\* \* \* \* \*

OREGON MEET SCHEDULE

April 3-5  
April 24-26  
May 9  
July 13  
July ???

ORE Assoc. Champs - SOSOC - Ashland  
Northwest Zone Champs - Lewis/Clark College  
Tigard - Age Group/Masters  
SO. Oregon Willow Lake Swim  
MT. Hood Long Course - Gresham

\* \* \* \* \*

INLAND EMPIRE

JULY ???

Northwest Zone Champs - TENTATIVE

\* \* \* \* \*

NATIONAL AND INTERNATIONAL SCHEDULE

May 21-24, 1992  
June 27- July 5, 1992  
August 20-23, 1992

1992 Short Course National Champs.  
U. of North Carolina - Chapel Hill  
World Masters Aquatic Championships  
Indiana University Natatorium  
Contact: Heidi Neuburger,  
901 W New York St, Rm 204,  
Indianapolis, IN 46202  
1992 Long Course National Championships  
Federal Way, WA - King Co. Aquatic Ctr.

\* \* \* \* \*

**1992**  
Long Course



# National Championships

WEYERHAEUSER KING COUNTY AQUATIC CENTER  
FEDERAL WAY, WA

**AUGUST 20-23**

FOR INFORMATION ON OUT OF PNA MEETS, UNLESS OTHERWISE STATED

<u>INLAND EMPIRE</u>	<u>OREGON</u>	<u>IDAHO</u>	<u>BRITISH COLUMBIA</u>
Carolyn Kent 2712 Honeysuckle Couer d'Alene ID 83814 (208) 765-1711	John Zell 4640 NE 36th Ave Portland, OR 97211 (503) 282-9347	Pete Capano 5551 S. Lapwai Pl Boise, ID 83709 (208) 362-2229 (208) 323-4579	Denis Crockett BC Masters 1531 W 4th Ave Vancouver, BC V6J 1L6 (604) 736-7645

<u>UTAH</u>	<u>MONTANA</u>	<u>ALASKA</u>
Carol Morgan 4650 Idlewild Rd Salt Lake City, UT 84124	Steve Holloway Box 8412 Missoula, MT 59807	John Zell PO Box 230125 Anchorage, AK 99523 (907) 345-7088

\* \* \* \* \*

HOUSE OUR SWIMMERS TONIGHT (H.O.S.T.)

Contact the following H.O.S.T. when you wish to stay in another swimmer's home during an out of town meet.

Inland Empire	Mariah Clarke	(509) 926-2597
Oregon Masters	Andy Schrag	(206) 254-9400 H (206) 254-9916 W
Southern Oregon	Terry and Judy McCurdy	(503) 673-3673
Corvallis, Oregon	Mark and Laura Wordon	(503) 753-9352
Snake River	Janet Wood	(208) 345-8843 H (208) 339-7229 W
PNA	Ann Gindroz	(206) 272-1854
	Marietta Hunziker	(206) 391-7244

NOTE ! ! ! If you would like to host a fellow swimmer in your home, please contact your local representative. This is an excellent way to meet new friends and cement old friendships

\* \* \* \* \*

DAWN MUSSELMAN SWIM AGAIN CANCER RESULTS

INDIVIDUALS

Tracy Asher	F	30-34	FedWay	2235
Carol Anning	F	50-54	Tac Y	2620
Nancy Lawrence	F	65-69	Sequim	2635
Pat Matthiesen	F	75-79	Tigers	2650
Charlie Dunford	M	45-49	OOPS	2875
Megan Loe	F	45-49		3070
Harold Young	M	70-74	Tac Y	3100
Ann Gindroz	F	50-54	Tac Y	3190
Jean Crecelius	F	45-49	Sequim	3344
Caroline Vogel	F		FedWay	3350
Michael Saunders	M	40-44	OOPS	3450
Jamie McGregor	F	25-29	OOPS	3450
Terri Franklin	F	45-49	BEST	3700
Rocky Phoenix	M	35-39	OOPS	3700
Frank Newquist	M	50-54	FedWay	3800
Linda Mariz	F	40-44	Bell-Y	3812
Greg Miller	M	30-34	OOPS	3975
Richard Shipley	M		OOPS	3975
Steve Pederson	M	45-49	OOPS	4050
Gordon Gray	M	45-49	OOPS	4155
Joe Leitzinger	M	35-39		4300
Kathrine Casey	F	40-44	Ft.Steil	4435
Hugh Moore	M	35-39	FedWay	4750
Zena Herrman	F	30-34	FedWay	4815
Ian Thompson	M	40-44	Bell-Y	4990

TEAM

TEAM	# of Part.	Ave \$	Ttl. \$	Ttl. Yards	Ave. Yard
Tacoma Y	3	49.33	148.00	8910	2970
OOPS	8	51.50	412.00	29630	3704
FedWay	5	45.00	229.00	18950	3790





IF YOU ARE IN BUSINESS, CONSIDER ADVERTISING IN THE "WET SET"

ONE FOURTH PAGE \$20.00 FIRST MONTH, THEN \$15.00 PER MONTH

ONE HALF PAGE \$40.00 FIRST MONTH, THEN \$20.00 PER MONTH

Send your ad and a check, payable to PNA MASTERS SWIMMERS, by the first of the month in which you wish your ad to appear to: Phyllis Gill, 14037 SE Allen Rd., Bellevue, WA 98006. Telephone: 865-9856.

\* \* \* \* \*

NON-PNA MEMBERS SUBSCRIPTION FORM FOR THE "WET SET"

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

Send this form and a check for \$12.00, payable to PNA MASTERS SWIMMERS, to Zena Herrmann, 16204 135th Ave SE, Renton, WA 98058.

\* \* \* \* \*

CHANGE OF ADDRESS

IMPORTANT !! BULK MAIL IS NOT FORWARDED !!

RETURN TO: Zena Herrmann, 16204 135th Ave SE, Renton, WA 98058

NAME \_\_\_\_\_

USMS # \_\_\_\_\_

OLD ADDRESS \_\_\_\_\_

NEW ADDRESS \_\_\_\_\_

NEW PHONE NUMBER \_\_\_\_\_

\* \* \* \* \*

# Sherrie Suits

*Handmade Northwest Swim Suits and Sportswear*

- Teams
- Custom Orders Welcome
- Childrens, Maternity and Extra Large Sizes Available

## (206) 747-0831

*Nancy Laymance, Sales and Marketing*

RELAY ENTRY FOR WORLD CHAMPIONSHIPS AND LONG COURSE NATIONALS

HELP THE PNA WIN LONG COURSE NATIONALS!! SIGN UP FOR RELAYS!! (And remember, your entries for world and national championship meets must bear the club name PNA, HUSKY, or SQ Masters. Those are the only nationally registered clubs in PNA. They won't recognize GLAD, Federal Way, etc.)

NAME \_\_\_\_\_ AGE \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_ USMS# \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
PHONE \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

\*\*\*\*\*

My best 50 meter times for 1992 are: (please be accurate)

50 free \_\_\_\_\_ 50 breast \_\_\_\_\_  
50 back \_\_\_\_\_ 50 fly \_\_\_\_\_

\*\*\*\*\*

\_\_\_ I will be attending the World Championships in Indianapolis, IN, June 30 - July 5. I would like to swim on the following relays:

\_\_\_ 200 Mixed Free relay, July 1            \_\_\_ 200 Free relay, July 3  
\_\_\_ 200 Medley relay, July 2            \_\_\_ 200 Mixed Medley relay, July 4

FOR WORLDS ONLY!

Enclosed is my check for:

\_\_\_\_\_ relays X \$6.25 = \_\_\_\_\_

Make checks payable to:

KATHY CASEY

TOTAL = \_\_\_\_\_

DUE DATE: MAY 1, 1992

\*\*\*\*\*

\_\_\_ I will be attending Long Course Nationals in Federal Way, August 20 - 23. I would like to swim on the following relays:

\_\_\_ 200 Mixed Free relay, Aug 21    \_\_\_ 200 Mixed Medley relay, Aug 22  
\_\_\_ 200 Free relay, Aug 22            \_\_\_ 200 Medley relay, Aug 23

FOR NATIONALS ONLY!

Enclosed is my check for:

\_\_\_\_\_ relays X \$2.00 = \_\_\_\_\_

Make checks payable to:

KATHY CASEY

TOTAL = \_\_\_\_\_

DUE DATE: JULY 1, 1992

\*\*\*\*\*

I understand that if I cannot attend Worlds or Nationals, I must notify Kathy Casey prior to MAY 1 (for Worlds) or JULY 1 (for Nationals), or I may not get my relay fee back. If I am not selected to swim on all the relays that I have paid for, I will be reimbursed for the relays I do not swim.

SIGNED \_\_\_\_\_

PLEASE NOTIFY KATHY IMMEDIATELY IF YOU CANNOT SWIM ON RELAYS.

DUE DATES: MAY 1, 1992 (Worlds)  
          JULY 1, 1992 (Nationals)  
          (206)588-4879

Mail to : Kathy Casey  
          11114 - 111th St. S.W.  
          Tacoma, WA 98498

\*\*\*\*\*

**IV WORLD MASTERS SWIMMING CHAMPIONSHIPS**  
**INDIANAPOLIS INDIANA USA**

**INDIVIDUAL SWIMMING**  
**OFFICIAL ENTRY FORM**

- INSTRUCTIONS - Complete using BLOCK CAPITAL letters. DO NOT ENTER "NO TIME".
- ENTRY DUE DATE—May 22, 1992. NO ENTRIES WILL BE ACCEPTED AFTER THIS DATE.

NAME \_\_\_\_\_ MALE  FEMALE   
SURNAME GIVEN NAME

ADDRESS \_\_\_\_\_  
STREET CITY

\_\_\_\_\_ STATE POSTAL CODE COUNTRY

NATIONAL MASTERS ORGANIZATION \_\_\_\_\_

CHECK HERE IF YOUR NATIONAL MASTERS ORGANIZATION IS NOT AFFILIATED WITH EITHER FINA OR MSI.

CLUB (as it appears on your registration card) \_\_\_\_\_  
IN FULL ABBREVIATED

MASTERS REGISTRATION NUMBER \_\_\_\_\_

YOUR AGE AS OF JULY 5, 1992 \_\_\_\_\_ YOUR BIRTHDATE \_\_\_\_\_  
MONTH DAY YEAR

RANK	#	WOMEN ENTRY TIME	EVENT	MEN ENTRY TIME	#	RANK
<b>TUESDAY JUNE 30, 1992</b>						
	1	: .	200 METER BACKSTROKE	: .	2	
	3	: .	50 METER BREASTSTROKE	: .	4	
	5	: .	400 METER FREESTYLE	: .	6	
<b>WEDNESDAY JULY 1, 1992</b>						
	7	: .	100 METER FREESTYLE	: .	8	
	9	: .	200 METER BUTTERFLY	: .	10	
	11	: .	50 METER BACKSTROKE	: .	12	
	13/14	(see relay form)	200 METER MIXED FREE RELAY	(see relay form)	13/14	
<b>THURSDAY JULY 2, 1992</b>						
	15	: .	50 METER FREESTYLE	: .	16	
	17	: .	100 METER BREASTSTROKE	: .	18	
	19	: .	400 METER INDIVIDUAL MEDLEY	: .	20	
	21	(see relay form)	200 METER MEDLEY RELAY	(see relay form)	22	
<b>FRIDAY JULY 3, 1992</b>						
	23	: .	200 METER BREASTSTROKE	: .	24	
	25	: .	100 METER BACKSTROKE	: .	26	
	27	: .	50 METER BUTTERFLY	: .	28	
	29	(see relay form)	200 METER FREE RELAY	(see relay form)	30	
<b>SATURDAY JULY 4, 1992</b>						
	31	: .	200 METER INDIVIDUAL MEDLEY	: .	32	
	33	: .	100 METER BUTTERFLY	: .	34	
	35	: .	200 METER FREESTYLE	: .	36	
	37/38	(see relay form)	200 METER MIXED MEDLEY RELAY	(see relay form)	37/38	
<b>SUNDAY JULY 5, 1992</b>						
	39	: .	800 METER FREESTYLE	: .	40	

A swimmer may enter a maximum of six individual events with no more than two events per day. U.S. swimmers must rank the events entered, in their order of preference, in the space provided. In order to maintain a 10 hour per day competition schedule the sixth event may be dropped for U.S. swimmers. There will be no refunds if this event is dropped. If U.S. swimmers do not complete this part of the entry the local organizing committee will rank their events in the order they are presented.



**HOUSING REQUEST FORM**  
**IV WORLD MASTERS SWIMMING CHAMPIONSHIPS**  
**INDIANAPOLIS, INDIANA USA JUNE 25 - JULY 5, 1992**

THE FOLLOWING HOTELS ARE HOLDING ROOM BLOCKS AT SPECIAL NON-COMMISSIONABLE RATES FOR THE IV WORLD MASTERS SWIMMING CHAMPIONSHIPS. This listing is grouped by comparable rate. Rates do not include state and city taxes.

- \* **Downtown** hotels are located within 1 mile of the competition venue, in the heart of the shopping and entertainment district. Most athletes enjoy the short walk to the competition venue, or share a cab.
- **Airport** hotels are conveniently located adjacent to the Indianapolis International Airport in the southwest quadrant of the city. 12 minutes by car to the competition venue on I-70 East. 10 minutes by car to Eagle Creek Park Reservoir on I-465 North.
- **Suburban** hotels are all located just outside of downtown Indianapolis, but easily accessible to the competition venue on the interstate system.

**BUDGET:**

- #1 **Hampton Inn East.** (Suburban). 2311 N. Shadeland Avenue (I-70 at Shadeland). Rate: \$52. - \$55. single, \$57. - \$60. double.
- #2 **Hampton Northwest.** (Suburban). 7220 Woodland Drive. (at I-465). Rate: \$51. single, \$54. double.
- #3 **La Quinta Motor Inn.** (Airport). 5316 West Southern Ave. Freshly brewed coffee in the morning and courtesy airport van. Rate: \$55.00 flat rate.
- #4 **Indianapolis Motor Speedway Motel.** (Airport). 4790 W. 16th Street. This hotel offers an exciting location adjacent to the world-famous Indianapolis Motor Speedway, home of the Indianapolis "500". Tour the Speedway Museum or play one of two nine-hole golf courses adjacent to the hotel. Rate: \$55.00 flat rate.

**MID-PRICE:**

- #5 **Adam's Mark Hotel.** (Airport). 2544 Executive Drive. Full service hotel with two restaurants, lounges, indoor/outdoor pools, sauna exercise room and free parking. Courtesy airport shuttle. Rate: \$78.00 flat rate.
- #6 **Days Inn Airport.** (Airport). 5860 Fortune Circle West. Complimentary airport shuttle service and outdoor parking. This hotel offers many amenities at an affordable rate. Rate: \$60.00 flat rate.
- #7 **Holiday Inn Airport.** (Airport). 2501 South High School Rd. This recently renovated hotel offers a tropical indoor atrium with pool, saunas and exercise room, as well as two full service restaurants and a lounge with nightly entertainment. Rate: \$77.00 single or double, \$88.00 triple or quad.
- #8 **Howard Johnson Hotel.** (Airport). 2602 N. High School Rd. Located in pleasant suburban surroundings, yet minutes from downtown. Complimentary airport shuttle and parking. Rate: \$60.00 flat rate.
- \* #9 **North Meridian Inn.** 1530 N. Meridian St. (Approx. 2 1/2 miles from the competition venue, on a public transportation route). This hotel offers luxury with convenience and affordable rates. Rate: \$60.00 flat rate.
- #10 **Waterfront Plaza.** (Airport). 2930 Waterfront Parkway. This beautiful mini-resort with guest rooms overlooking a picturesque lake or glass-domed atrium offers a full-service restaurant and lounge. Rate: \$75.00 flat rate.

**LUXURY:**

- \* #11 **The Canterbury Hotel.** (Downtown). 123 S. Illinois Street. Indiana's only Four Star/Four Diamond Hotel featuring 99 guestrooms with traditional European atmosphere. Located in downtown Indianapolis, just five minutes from the IU Natatorium, and one block from Union Station. Rate includes complimentary continental breakfast, concierge staff, and airport limousine service mornings and evenings. Rate: \$105.00 flat rate.
- \* #12 **Embassy Suites.** (Downtown). 110 West Washington Street. Rate includes free parking, complimentary full American breakfast, and complimentary beverages in the evening. All accommodations include a spacious two-room suite with 2 televisions, 2 phones, a refrigerator and microwave. Located six blocks from the competition venue. Rate: \$106.00 single/double, \$116.00 triple/quad.
- #13 **Hilton at the Airport.** (Airport). Indianapolis International Airport. Full service hotel. Two restaurants, two lounges and a lovely domed swimming pool. Complimentary airport shuttle and parking. Rate: \$85.00 flat rate.
- \* #14 **Hilton at the Circle.** (Downtown). 31 W. Ohio Street. Located in the heart of downtown Indianapolis overlooking historic Monument Circle. Two restaurants, complimentary airport shuttle and an attached parking garage. Rate: \$85.00 flat rate.
- \* #15 **Holiday Inn Union Station.** (Downtown). PO Box 2186. Located in historic Union Station, the Holiday Inn offers complimentary breakfast buffet (exclusive of gratuity), parking, airport shuttle and the luxury of 75 shops, restaurants, night clubs and eateries, all under one roof. Rate: \$86.00 single, \$96.00 double.
- \* #16 **Hyatt Regency.** (Downtown). One South Capitol. Located in the heart of downtown. Richly appointed guest rooms, restaurants for casual and formal dining and a variety of shops and services. An extensive indoor pool and health club are available to all guests. Rate: \$82.00 single, \$87.00 double, \$94.00 triple, \$100.00 quad.
- \* #17 **Omni Severin Hotel.** (Downtown). 40 West Jackson Place. Enjoy a return to elegance at the newly restored Omni Severin Hotel. Located across from Union Station in the heart of Indianapolis' entertainment and shopping district. Indoor pool/health club and the Severin Bar & Grill restaurant. Rate: \$90.00 single, \$100.00 double.
- #18 **Radisson Plaza.** (Suburban). 8787 Keystone Crossing. Located on I-465 at Keystone Avenue. 20 - 40 minutes to the competition venue by car (depending upon time of day). Full service hotel connected to an upscale retail shopping mall. Fine dining as well as a fast food court located on site. Airport shuttle, complimentary parking and full health club facilities. This is a good location for athletes entered in the open water long distance swim at Eagle Creek Park Reservoir, who have private transportation. Rate: \$82.00 single, \$93.00 double.
- \* #19 **Ramada Downtown.** (Downtown). 501 W. Washington Street. Three Blocks to the competition venue, this hotel offers convenience, complimentary parking and airport shuttle, outdoor pool and exercise room, and "T.G.I. Fridays" restaurant located in the building. Rate: \$79.00 one bed, \$89.00 two beds.
- \* #20 **University Place Executive Conference Center & Hotel.** (Downtown). 850 West Michigan Street. Located on the IUPUI campus and connected by skywalk to the competition venue. In addition to a fine dining restaurant and sports lounge, the hotel houses a food court mall consisting of major fast food restaurants, snack shops and a gift shop. Rate: \$95.00 flat rate.
- \* #21 **Westin Hotel.** (Downtown). 50 South Capitol Avenue. This 15 story contemporary structure offers indoor pool, health club, Graffiti's restaurant, Filibusters Lounge and a gift shop. Underground parking is located adjacent to the hotel. Rate: \$87.00 single, \$97.00 double, \$20.00 each additional person.



HOUSING REQUEST FORM  
IV WORLD MASTERS SWIMMING CHAMPIONSHIPS  
INDIANAPOLIS, INDIANA USA JUNE 25 - JULY 5, 1992

(This housing request system has been used successfully for many sporting events and conventions of similar magnitude as this event. It has been found to be a convenient and equitable means of distributing hotel rooms. Please follow these simple instructions and we are confident that you will be satisfied with the results.)

IV WORLD MASTERS SWIMMING CHAMPIONSHIPS ORGANIZING COMMITTEE FOR APPROVAL. The requesting party will be asked to demonstrate an ability to meet this obligation by providing a room list or some documentation of history of participation in similar events. A deposit will be required in order to confirm the reservation.

\* HOUSING REQUEST SHOULD BE MADE BY MAY 26, 1992. The earlier you return this form the better your chances of receiving the hotel of your choice. Most requesting parties will be placed in their first or second hotel preference.

\* THIS HOUSING REQUEST FORM MUST BE MAILED TO:

\* PHONE REQUESTS FOR HOUSING WILL NOT BE ACCEPTED.

IV World Masters Swimming Championships  
Indianapolis Convention and Visitors Association  
Housing Bureau  
One Hoosier Dome, Suite 100  
Indianapolis, Indiana 46225 USA

\* HOUSING REQUESTS MUST BE MADE ON THIS FORM. You may photocopy this form if needed.

\* DO NOT MAIL THIS HOUSING REQUEST FORM TO THE WORLD CHAMPIONSHIPS ORGANIZING COMMITTEE. This will delay the processing of your request and will lessen your chances of being assigned to your hotel preference.

\* ANY HOUSING REQUEST FOR MORE THAN 10 ROOMS PER DAY WILL BE REFERRED, BY THE HOUSING BUREAU, TO THE

HOTEL SELECTION:

1. Refer to the back of this form for a list of participating hotels, their locations, and the non-commissionable rates which they will be offering.
2. List 4 hotel choices, with at least one of them being outside of the downtown area.

1st \_\_\_\_\_ 3rd \_\_\_\_\_  
2nd \_\_\_\_\_ 4th \_\_\_\_\_

ARRIVAL DATE \_\_\_\_\_ ARRIVAL TIME \_\_\_\_\_ (AM) (PM)

DEPARTURE DATE \_\_\_\_\_

NUMBER OF ROOMS REQUIRED: (give number of rooms per type)

\_\_\_\_\_ single (1 bed/1 person)      \_\_\_\_\_ double (1 bed/2 persons)      \_\_\_\_\_ twin (2 beds/2 persons)  
\_\_\_\_\_ triple (2 beds/3 persons)      \_\_\_\_\_ quad (2 beds/4 persons)      \_\_\_\_\_ other \_\_\_\_\_

List below the names of people occupying each room. USE ONE LINE FOR EACH ROOM.

You may duplicate the form or attach a rooming list if more space is needed. ATTACHMENTS: YES \_\_\_\_\_ NO \_\_\_\_\_

(names)	(type of room)
(1) _____	_____
(2) _____	_____
(3) _____	_____
(4) _____	_____

ACKNOWLEDGMENT: A housing acknowledgment letter will be sent directly to the individual listed below. Only one person will receive an acknowledgment. If your housing request is for a group reservation be sure the other delegates do not duplicate this request.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ POSTAL CODE \_\_\_\_\_

COUNTRY \_\_\_\_\_ PHONE \_\_\_\_\_ FAX \_\_\_\_\_

FOR GUARANTEE, PLEASE CHARGE TO:

VISA # \_\_\_\_\_ AM EXP # \_\_\_\_\_ MASTER CARD# \_\_\_\_\_

EXPIRATION DATE \_\_\_\_\_ PRINT NAME AS IT APPEARS ON CARD \_\_\_\_\_

SIGNATURE \_\_\_\_\_

## ENTRY CHECKLIST

■ Please refer to page 4 of this book for complete instructions.

■ FEES (Do not send cash.)

Optional GOLD MEDAL SPONSOR U.S. \$25.00 \_\_\_\_\_

U.S. \$25.00 registration fee \_\_\_\_\_

U.S. \$5.00 x \_\_\_\_\_ events entered (1 through 4) \_\_\_\_\_

U.S. \$10.00 x \_\_\_\_\_ events entered (5 through 6) \_\_\_\_\_

TOTAL AMOUNT DUE \_\_\_\_\_

IF PAYING BY CREDIT CARD: MasterCard \_\_\_\_\_ VISA \_\_\_\_\_ Discover \_\_\_\_\_

Expiration date \_\_\_\_\_ Account number \_\_\_\_\_

Name as it appears on card \_\_\_\_\_

Signature \_\_\_\_\_

U.S. SWIMMERS: If you prefer not to use a credit card, make a personal check payable to the IV WORLD MASTERS SWIMMING CHAMPIONSHIPS. No entry will be considered complete until the check clears the bank.

FOREIGN SWIMMERS: If you prefer not to use a credit card, remit the total amount due in the form of a bank draft in U.S. dollars drawn on any U.S. bank. Make the draft payable to the IV WORLD MASTERS SWIMMING CHAMPIONSHIPS.

THERE WILL BE NO REFUNDS FOR ANY REASON.

■ WAIVER

I hereby declare that I am in good health and am properly conditioned for competitive swimming. I declare that I am of stated age. I completely relieve FINA, MSI, Indiana University Natatorium, Indiana University, U.S. Masters governing bodies for each sport, the IV WORLD MASTERS SWIMMING CHAMPIONSHIPS local organizing committee, and all corporate sponsors and suppliers of responsibility for any injury, loss or damage to myself or my property which I may sustain in the course of (or in association with) the IV WORLD MASTERS SWIMMING CHAMPIONSHIPS.

DATE \_\_\_\_\_ SIGNATURE \_\_\_\_\_

■ PLEASE SEND YOUR COMPLETED ENTRY FORM, FEES, AND DOCUMENT PHOTOCOPIES TO:

IV WORLD MASTERS SWIMMING CHAMPIONSHIPS

Attention: Heidi Neuburger

901 West New York Street, Room 204

Indianapolis, Indiana 46202

USA

FAX: 317-274-7769

**ENTRIES MUST BE POSTMARKED OR FAXED BY MIDNIGHT ON MAY 22, 1992**

29925 2nd Ave. SW  
Federal Way, WA 98023

March 11, 1992

Ransom J. Arthur Award Committee

Dear Committee Member:

The Pacific Northwest Association of Master Swimmers (PNA) is proud to nominate Walt Reid and Kathy Casey, husband and wife, for the 1992 Ransom J. Arthur award.

We feel that it is most appropriate to make this co-nomination, as few individuals have done more to promote masters swimming than Walt and Kathy. Whether it be on a local or national level, no two names are more synonymous with the sport of masters swimming and its philosophy of "fun, fitness and friendship".

While providing countless hours of service to masters swimming, both Walt and Kathy find time to involve themselves in worthwhile activities outside the sport. We feel this to be an integral factor in the selection process as it is the total character of the individual that must be considered and not just their contribution to the sport.

Rather than attempt to formulate a voluminous letter listing their various achievements, enclosed with this letter are the resumes of both Walt and Kathy.

In all their work in these many areas, Walt and Kathy have shown exceptional leadership, unwavering dedication and a total commitment to Masters Swimming - attributes which extend even beyond the bounds of Masters Swimming.

For all these reasons, they should be considered for the 1992 Ransom J. Arthur Award.

Sincerely,



Stephen L. Freeborn, President  
Pacific Northwest Association of Masters Swimmers

MEET ENTRY FORM  
 MEET DATE: MAY 9, 1992  
 HOSTED BY ENUMCLAW DOLPHINS SWIM CLUB  
 AT ENUMCLAW FORWARD THRUST POOL  
 SANCTION #923608  
 APPLICATION DEADLINE: APRIL 28, 1992

PNA MASTERS LOCAL SWIMMING COMMITTEE  
 MEET INFORMATION: May 9, 1992  
 Hosted by Enumclaw Dolphins Swim Club  
 Sanction # 923608

DEADLINE: Entries due: April 28, 1992

ORDER OF EVENTS  
 EVENT # EVENT

- 1 200 FREE RELAY
- 2 200 FLY
- 3 200 BACK
- 3 50 BREAST
- 5 100 FREE
- 5 MINUTE BREAK
- 6 200 IM
- 7 50 FLY
- 8 100 BACK
- 9 200 BREAST
- 10 50 FREE
- 11 200 MEDLEY RELAY

CHECK IN FOR 500 FREE  
 5 MINUTE BREAK

- 12 100 FLY
- 13 50 BACK
- 14 100 BREAST
- 15 200 FREE
- 16 100 I.M.
- 17 400 MEDLEY RELAY

5 MINUTE BREAK

18 500 FREE

NO DIVING DURING WARMUP EXCEPT IN DESIGNATED SPRINT LANES

**Directions:** From Renton: Take Highway 169. Turn left at Highway 164 (traffic light as you enter town, right on Cole (at next traffic light), right on Highway 410 (thru 4-way stop and in front of Coast-to-Coast store), right on 252nd SE, pool is on right immediately before High School.

**From Auburn,** take Highway 164 (13 miles) to 244th SE, right on 244th, left on 456th SE, right on 252nd SE, pool is on right immediately after High School.

**NOTE:** Relays may be swum all men; all women; or mixed (2 men, 2 women). Be sure your entry card specifies which relay you are entering.

**PLEASE NOTE:** Swimmers under the age of 25 are advised that they might jeopardize their amateur status under FINA Rule GR-1 if they participate in Masters competition

DATE: May 9, 1992  
 TIME: Warmup 8:30 a.m.  
 Meet 9:30 a.m.

PLACE: Enumclaw Forward Thrust Pool  
 420 Semanski S.  
 Enumclaw, WA 98022  
 (206) 825-1188  
 MEET DIRECTOR: Mike Krattli  
 (206) 825-1741

FACILITY: 6-lane, 25 yard pool  
 Warm-up area

RULES: Current USMS rules will

govern the meet  
 ELIGIBILITY: Open to all USMS registered  
 1992 swimmers 19 and over as  
 of the last day of the meet

SEEDING: Slow to Fast

CONCESSIONS: Yes or No

NAME: \_\_\_\_\_ M F AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

USMS NUMBER: \_\_\_\_\_

TEAM: \_\_\_\_\_ OR UNATTACHED: \_\_\_\_\_ ASSOCIATION: \_\_\_\_\_

AGE GROUP: 19-24 25-29 30-34 35-39 40-44 45-49 50-54  
 55-59 60-64 65-69 70-74 75-79 80-84 85-89 90+

ENTRY LIMIT: 5 EVENTS, PLUS RELAYS

EVENT #	EVENT	EVENT TIME

ENTRY FEES

SURCHARGE @ \$3.00 (INCLUDES LMSC SURCHARGE \$1) \$ 3.00  
 INDIVIDUAL EVENTS @ \$1.00 (NO CHARGE FOR RELAYS)  
 TOTAL \_\_\_\_\_

MAKE CHECKS PAYABLE TO: EDSC  
 MAIL FEES AND THIS ENTRY FORM TO:

MIKE KRATTLI  
 25811 SE 396TH  
 ENUMCLAW, WA. 98022

ENTRIES ARE DUE BY APRIL 28, 1992

STATEMENT OF RELEASE

I, THE UNDERSIGNED PARTICIPANT, INTENDING TO BE LEGALLY BOUND, HEREBY CERTIFY THAT I AM PHYSICALLY FIT & HAVE NOT OTHERWISE BEEN INFORMED BY A PHYSICIAN. I ACKNOWLEDGE THAT I AM AWARE OF ALL THE RISKS INHERENT IN MASTERS SWIMMING INCLUDING POSSIBLE PERMANENT DISABILITY OR DEATH AND AGREE TO ASSUME ALL OF THOSE RISKS. I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES ARISING OUT OF PARTICIPATION IN THE MASTERS PROGRAM OR ANY ACTIVITIES INCIDENT THERETO AGAINST UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES, AS A CONDITION OF MY PARTICIPATION IN MASTER SWIMMING.

SIGNED \_\_\_\_\_ DATE \_\_\_\_\_



**UNITED STATES MASTERS SWIMMING, INC. -- 1992 REGISTRATION APPLICATION**

PLEASE FILL OUT FORM WITH NAME YOU WILL USE ON MEET APPLICATIONS

Please (X) One:  New Registration only (valid 1 Nov 91 to 31 Dec 92)

PLEASE PRINT OR TYPE INFORMATION

1991 Renewal (valid 1 Jan to 31 Dec 92)

LAST NAME FIRST NAME INT

[ ] [ ] [ ]

STREET ADDRESS

[ ]

CITY STATE ZIPCODE

[ ] [ ] [ ]

AREA CODE+TELEPHONE DATE OF BIRTH AGE SEX

[ ] [ ] [ ] [ ] [ ]

MARK ONE CLUB (NATIONAL LEVEL) OR YOU WILL BE UNATTACHED

PNW Aquatics  SQM  HUSKY  UNATTACHED

PLEASE NOTE THESE CHANGE(S) FROM MY 1991 REGISTRATION:  
 NAME \_\_\_\_\_  
 ADDRESS   
 OTHER \_\_\_\_\_

	USMS FEE	LMSC FEE	TOTAL FEE
UNDER 65	\$15.00	\$10.00	\$25.00
SENIOR (65+)	\$15.00	\$4.00	\$19.00

LMSC FEE INCLUDES A SUBSCRIPTION TO THE WETSET  
 Make check payable to: **PNA MASTERS SWIMMERS**

MAIL TO: ZENA HERRMANN  
 16204 135TH AVENUE SE  
 RENTON, WA 98058  
 (206) 235-6371

LOCAL AFFILIATION

TEAM \_\_\_\_\_ UNATTACHED

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all those risks. I hereby waive any and all rights to claims for loss or damages arising out of my participation in the Masters Swimming program or any activities incident thereto against United States Swimming, Inc., the Local Masters Swimming Committees, the clubs, host facilities, meet sponsors, meet committees, or any individuals officiating at the meets or supervising such activities, as a condition of my participation in Masters Swimming. I further agree to abide by and be governed by the rules and regulations of USMS.

\_\_\_\_\_  
 APPLICANT'S SIGNATURE DATE

**PACIFIC NORTHWEST ASSOCIATION TEAM REGISTRATION FORM**

Team Name (up to 30 characters)

Team name abbreviation (up to 4 characters)

Team Representative to the PNA Board \_\_\_\_\_  
 Phone Number \_\_\_\_\_

Team Coach Name \_\_\_\_\_  
 Phone Number \_\_\_\_\_

Please mail completed form and \$10.00 to Frank Newquist, 2210 6th Avenue, Apt. 2B, Milton, WA 98354. *Team registrations valid January - December 1992.*

MEET INFORMATION: MASTERS NATIONAL PREVIEW MEET  
JUNE 20, 1992

WEYERHAEUSER KING COUNTY AQUATIC CENTER, 650 SW Campus Drive, Federal Way, WA 98023 296-4444. The pool depth varies from 9 to 10-1/2 feet. This is one of the fastest pools in the world. The competition pool has eight nine foot wide lanes and will be set to 50 meters in length. The diving pool will have seven twenty-five yard lanes and will be used for warm-up during competition.

DIRECTIONS: a) NORTH BOUND I-5 OR SOUTH BOUND I-5: Take exit 142 B. You will then be going west on S 348th. Continue West on S 348th past Pacific Highway S (Highway 99) and past 1st AVE S (NOTE: 348th becomes SW Campus Drive after crossing 1st AVE S). The pool is on your right about 1/2 mile past 1st AVE S.  
b) WEST bound Highway 18 (from North Bend) continue west on 18 into Federal Way. Highway 18 becomes S 348th after crossing I-5. Follow the instructions for a).

Please note: Swimmers under the age of 25 are advised they might jeopardize their amateur status under FINA rule GR-1 if they participate in Masters competition.

ENTRIES MUST BE POSTMARKED OR IN THE HANDS OF THE MEET DIRECTOR BY JUNE 8, 1992. ALL SWIMMERS MUST BE REGISTERED WITH USMS PRIOR TO MEET ENTRY OR SUBMIT AN APPLICATION POSTMARKED BY JUNE 8, 1992 ACCOMPANYING THE MEET ENTRY.  
SWIMMERS FROM OTHER LMSCs MUST INCLUDE A COPY OF THEIR USMS REGISTRATION CARD (OR CASA FOR CANADIANS) WITH MEET ENTRY.

NO DIVING DURING WARM-UP EXCEPT IN DESIGNATED SPRINT LANES.

ELIGIBILITY: OPEN TO ALL 1992 USMS REGISTERED SWIMMERS 19 AND OVER AS OF JUNE 20, 1992.

SEEDING: SLOW TO FAST FOR ALL EVENTS.

ICE CREAM SOCIAL. Following the meet there will be an opportunity to stay at the pool and continue on your chlorine high, try to psyche-out your opponents in preparation for nationals, or mingle with the other swimmers. Drinks, Ice Cream, and even some healthy food will be provided. Cost is \$5 per person.

MEET DIRECTOR: HUGH MOORE (206)941-3100

TIMES: Saturday, June 20th:

WARM-UPS: 7:30 AM to 8:10 AM. Event #1 (400 free) 8:15 AM. Event #2 will start no earlier than 9:15. A second warm-up in the competition pool may be provided if time permits. Please indicate your fourth event on the entry form. If the estimated time-line indicates that the meet will finish after 2 PM, everyone will be limited to three entries. Relays will be offered only if time permits.

SATURDAY JUNE 20TH

All events are Long Course Meters

1	400 FREE	CHECK IN BY 8 AM	9	200 BACK
2	200 BREAST		10	50 BREAST
3	100 FLY		11	200 FLY
4	200 FREE		12	50 FREE
5	50 BACK		13	100 BACK
6	100 BREAST		14	200 IM
7	50 FLY		15	200 FREE RELAY (MEN, WOMEN, or MIXED)
8	100 FREE		16	200 MEDLEY RELAY (MEN, WOMEN, or MIXED)

MASTERS NATIONAL PREVIEW MEET  
 JUNE 20, 1992 SANCTION # 923606  
 SANCTIONED BY PACIFIC NORTHWEST ASSOCIATION FOR USMS, INC.  
 HOSTED BY PACIFIC NORTHWEST ASSOCIATION

NAME \_\_\_\_\_ M F AGE as of 6/20/92 \_\_\_\_\_

ADDRESS \_\_\_\_\_  
 \_\_\_\_\_

PHONE \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ USMS NUMBER \_\_\_\_\_ - \_\_\_\_\_

CLUB \_\_\_\_\_ or UNATTACHED \_\_\_\_\_ LMSC \_\_\_\_\_

AGE GROUP: 19-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59  
 60-64 65-69 70-74 75-79 80-84 85-89 90+

ENTRY LIMIT: 4 INDIVIDUAL EVENTS - plus relays. DUE TO OTHER ACTIVITIES SCHEDULED AT THE AQUATIC CENTER, WE MUST BE OUT OF THE POOL BY 2 PM. IF THE MEET SIZE IS TOO LARGE, YOU WILL BE LIMITED TO THREE EVENTS. PLEASE MARK YOUR FOURTH EVENT (I.E. THE ONE THAT YOU WOULD PREFER TO BE SCRATCHED).

Event #	EVENT	ESTIMATED TIME	* - FOURTH EVENT
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

ENTRY FEES

Surcharge: \$8.00		\$8.00
ICE CREAM SOCIAL	_____ @ \$5	_____
TOTAL		_____

Note: Relays are free and entered at the meet

**CHECKLIST**

Checks payable to PNA  
 Phone (206)941-3100 before 9 PM

Mail to: Dr. Jane Moore  
 30819 14th AVE S. Suite C  
 Federal Way, WA 98003

VERIFY THAT YOU HAVE ENTERED THE CORRECT CLUB NAME AS IT APPEARS ON YOUR REGISTRATION FORM. ENTRIES MUST BE POSTMARKED BY JUNE 8, 1992. ALL SWIMMERS MUST BE REGISTERED WITH USMS PRIOR TO MEET ENTRY OR SUBMIT AN APPLICATION POSTMARKED BY JUNE 8TH ACCOMPANYING THE MEET ENTRY. SWIMMERS FROM OTHER LMSCs MUST INCLUDE A COPY OF THEIR USMS REGISTRATION CARD (OR CASA FOR CANADIANS) WITH MEET ENTRY. WAIVER MUST BE SIGNED

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. I hereby waive any and all rights to claims for loss or damages arising out of participation in the Masters program or any activities incident thereto against United States Masters Swimming, Inc., the Local Masters Swimming Committees, the clubs, host facilities, meets sponsors, meet committees or any individuals officiating at the meets or supervising such activities, as a condition of my participation in Masters Swimming.

SIGNED \_\_\_\_\_ DATE \_\_\_\_\_

## ACCOMMODATIONS

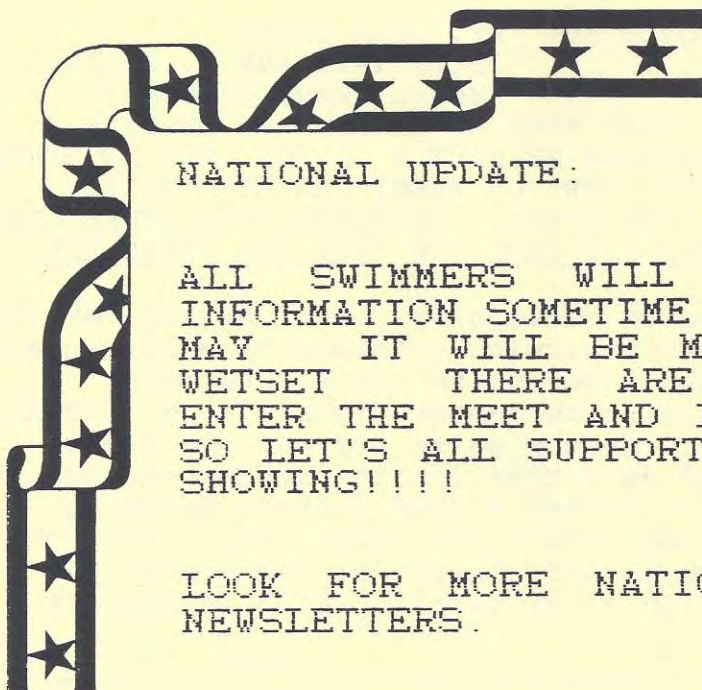
Following is a list of motels in the area

Name/Address	Phone (206)	Restaurant	Approx distance to pool
Executel 31611 20th Ave. S	941-5888	yes	6 miles
Best Western Fife 5700 Pacific Hwy E	922-0080	yes	8 miles
Super 8 Motel 1688 S 348th St	838-8808	no	2 miles
Royal Coachman Motor Inn 5805 Pacific Hwy E, Fife	922-2500	yes	8 miles
Motel 6 - Fife 5201 20th St E	922-1270	no	8 miles
Nendel's 3518 Pacific Hwy E Fife	922-0550	yes	8 miles
Portage Inn 3021 Pacific Hwy E Fife	922-3500	yes	8 miles

Numerous additional accommodations are available in Tacoma and near Sea Tac airport. Both areas are located approximately 10 miles from the pool.

### HOST (House Our Swimmers Tonight)

If you prefer the camaraderie of staying with other Masters swimmers contact either Ann Gindroz at (206)272-1854 or Marietta Hunziker at (206)391-7244.



### NATIONAL UPDATE:

ALL SWIMMERS WILL RECIEVE NATIONAL MEET INFORMATION SOMETIME DURING THE FIRST PART OF MAY IT WILL BE MAILED SEPERATE FROM THE WETSET THERE ARE NO QUALIFYNG TIMES TO ENTER THE MEET AND IT'S IN OUR OWN BACKYARD SO LET'S ALL SUPPORT THE PNA AND HAVE A BIG SHOWING!!!!

LOOK FOR MORE NATIONAL NEWS IN UP COMING NEWSLETTERS.



**ORCA Swim Club  
cordially invites you to join us for**

**IGLA 1992**

**International Gay & Lesbian Aquatics Championships**

**July 3rd - 5th**

**King County Aquatic Center  
Federal Way, Washington**

**IGLA members range from  
Olympic Gold medalists  
to the swimmers in your lane!**

**The ORCA Swim Club welcomes all Master's swimmers  
to join us for this exciting event!**

For entry forms please contact Paul Sherman at 322-0871  
Early entry fee (April 1) \$20...Regular entry fee (May 15) \$30

**DON'T FORGET TO SEND KAREN  
JUST YOUR LOGS FOR THE FIT  
SWIM - THE FEE OF \$15.00 IS  
FOR THE YEAR, (A ONE TIME  
FEE)**