

Minutes of PNA Masters Board Meeting March 8, 1977

Tom Foley called the meeting to order. Those present were: Ed Johnson, Judy Harrison, Fred Wiggin, Janet Twight, Paul Murphy Jim Miles, Jack Miller, Russ Hall, Bob & Dawn Musselman, Tom Foley, Karen Kohler, Juanita Correa, Sue Dearborn, Kirk Adams and Jim King.

Jack Miller reported that we have \$35 in the checking account and \$1081 in savings.

Meet Committee chairman Fred Wiggin reported that the Anacortes meet was a success. There were 113 entries. The next meet is the PNA championships to be held a PLU April 1 & 2. The schedule of events will be the same as last year. Arbor Heights Pool wants to host an outdoor short course meet June 4 & 5. Jeff Sandoz has indicated that some space will be reserved for masters workouts at Colman Pool this summer. A long course meet in June is still undecided but one will definitely be held at Colman July 16.

Paul Murphy reported that the Heart Association didn't follow through on publicity for the Swimathon and suggested that next year we donate proceeds to another cause such as CEPRI or Mental Health.

All Swimathon pledges are due and should be received by Jack Miller by March 28. Only one third of the pledges have been collected so far.

A few people are still swimming in the meets without AAU Numbers. The team reps should take steps to correct this situation. There are currently 205 PNA AAU members and 31 AAU only. A proposal to extend PNA Membership to 12-31-77 to coincide with AAU expiration date was discussed/

Jan Twight went over the proposed banquet program. Russ Hall will be the MC and there will be a short film, Possibly a skit, a speaker on nutrition and athletic performance, installation of officers and awards will be presented. There may also be some slides taken at the meets by free lance photographer John Yaeger. Bob Musselman presented a choice of menus for the banquet and the board decided on the top sirloin steak at \$5.00 including tax and tip. Cocktail hour will start at 5:00 and the dinner at 6:00.

Paul Murphy suggested looking into putting together a portfolio of photos to present to groups considering a masters program. He will check with John Maeger on the cost.

Newport Hills will collate the next newsletter and be responsible for mailing it.

Tom Foley will write a letter to Anacortes newspaper about the recent meet and Ed Johnson was thanked for doing a good job as meet director.

Judy Harrison suggested that new Masters members be tested for fitness and get a medical checkup before beginning workouts. She will write up an article for the newsletter concerning this. A discussion followed about putting too much emphasis on competition and not enough on fitness. It was suggested that there be more articles on fitness in the newsletter.

The possibility of dropping cumulative team scoring was considered as many swimmers feel pressure to swim events to help the team score and not for personal satisfaction.

Tom Foley suggested we poll the members to get a list of persons with medical training because they may be needed in case of accident at a meet. Judy Harrison will contact the team reps and compile a list.

Russ Hall suggested moving meet entry deadlines to the Friday one week before a meet to give meet directors more time to do the paperwork.

The unattached delegates at large need a list of names of unattached swimmers. There are presently 47.

Next meeting a 7:00 PM Tuesday April 5 at Sue Dearborn's house, 3401 E. Mercer , Seattle.