

The regular board meeting was called to order by the President, Tom Foley, at 7:30, at the home of Sue Dearborn. Those present were: Juanita Correa, Sue Dills, Fred Wiggin, John Thomas, Steve Engel, Jan Twight, Paul Murphy, Sue Dearborn, Kirk Adams, Ed Barker and Frank Newquist.

The Meeting was opened with a report on the National Short Course Meet at Ft. Lauderdale, May 13-15. 10 persons from PNA entered (4 men and 6 women). Women placed 5th; Men placed 33rd; PNA placed 2nd in relays and 4th in mixed relay. PNA took 13th place overall.

COMMITTEE REPORTS:

1. Treasurer: (Paul Murphy)

- a. \$800.00 in savings (with an expenditure of \$650.00 for medals this month)
- b. \$123.00 in checking
- c. Approx. \$425 in receipts from Arbor Heights Meet (some of which will go toward meet expenses)
- d. Masters Swimmers are committed for Senior Open Concession July 23 at Coleman Pool.

2. Fitness: (Sue Dills)

- a. A Fitness Seminar is being set up at the Bellevue East Side "Y" for some time in September. The following stations are being set up:
 1. Video taping swimmers.
 2. YMCA fitness testing on flexibility and endurance.
 3. Someone on Nutrition
 4. ExerciseThe fee will be \$10.00 for testing per person and the seminar will be limited to 50 persons. If no profit, the "Y" will donate the facility to PNA.

3. Meets: (Fred Wiggin)

- a. The following three Long Course Meets will be held before the Nationals in Spokane:
 1. July 30-31 at Coleman Pool (date change)
 2. Aug. 12-14 in Portland (Regionals) Mtn. Park
 3. Jun. 18-19 in Portland at Mountain Park
- b. The Coleman Pool will be available after June 11 for lap swimming from 12:30 to 1:30 and 5:30 to 6:30 daily Mon. thru Fri. at 75¢ per session. Coaching will be available.
- c. The Meets Committee is currently working on a new "rate" sheet for meet sponsors to present at the next meeting.

4. Newsletter: (Sue Dearborn)

- a. All articles for the Newsletter must be typed and "camera ready".
- b. John Thomas volunteered to collate the next newsletter.

5. Nationals: (Paul Murphy)

- a. Paul is setting up committees on transportation, housing, etc. and is appointing age-group reps to coordinate relays. Names were submitted by board members in each age group.

NEW BUSINESS:

1. Competitive Aquatic Center: (Ed Barker)
 - a. Ed is contacting all aquatic groups in the area with information on the above project and requested a volunteer rep. from Masters Swimmers. Paul Murphy will work with Ed. Much organization and background work has already been done in an effort to get this kind of a facility in the Seattle area.
2. Open Water Swims: (Frank Newquist)
 - a. Frank expressed an interest in open water swims, and he will contact Janet Russell, who worked on such a project for PNA last year.
 - b. An article will be printed in the Newsletter in order to contact other interested persons.

MISCELLANEOUS:

1. Tom Foley attended a luncheon put on by the Heart Association and accepted a placque in behalf of PNA Masters Swimmers in appreciation of their efforts in the Swim-A-thon. PNA is the second largest contributor to date.
2. Special Olympics are being held this week end at Fort Lewis. Any volunteers will be appreciated.

The meeting was closed at 9:30 PM. Next meeting will be Aug. 2 at the home of Sue Dearborn, 3401 E Mercer, Seattle, at 7 PM.

ACTION ITEMS:

1. Team reps: Get relay participant names to Paul Murphy.
2. Janet Russell: Compile Top Ten Booklet.
3. Committee Chairmen: Get budget items to Paul Murphy seven days from receiving newsletter.
4. Paul Murphy: Set up sale of new AAU Patches for meets.
Up date posters
5. Jim Miles: Check with Secretary of State re: by-laws

Respectfully submitted,

Audrey Gilbert, Secretary