

PACIFIC NORTHWEST MASTERS BOARD MEETING  
SEPTEMBER 13, 1977

The regular board meeting was called to order by the Vice President, Janet Russell at 7:00 PM at the home of Sue Dearborn. Those present were: Kirk Adams, Sue Dearborn, Paul Murphy, Janet Twight, Shirley Lehman, Karen Koehler, Judy Harrison, Carolyn Behse, Sue Dills, Russ Hall, Fred Wiggin and Audrey Gilbert.

COMMITTEE REPORTS:

1. Treasurer: (Paul Murphy)

\$800.00 savings; \$129.00 checking. Expenditures heavy recently with Nationals relay entries @ \$245.00, printing \$92.00, etc.

2. Nationals:

15 points short of winning Nationals in Spokane. Men placed second; women second. Paul Murphy thanked the team captains for helping to organize PNA team.

3. Meets: (Fred Wiggin)

Next meet October 16, Northshore pool. Sunday warm up 11:00 AM; meet 12:00 noon. Northshore will sponsor and run the meet. Tentative second meet is December 10, 11 at Hazen Pool.

4. Awards: (Gary Ladd)

Gary Ladd and Fred Wiggin will work on awards changes and report next meeting.

5. Fitness: (Sue Dills)

24 people registered for a completely successful fitness clinic. There was fitness testing, stroke clinic, nutrition information and exercises.

Fitness committee will work toward other fitness clinics, and also stroke clinics (possibly 4 per year)

6. Membership: (Janet Russell)

231 members on mailing list, plus 60 AAU only.

7. Newsletter: (Sue Dearborn)

Reminder: get information for newsletter in by deadline.  
Suggestion: call some of the newer teams for collating.

8. Publicity: (Judy Harrison)

Suggestion: Appoint members in local areas to get meet results for local area newspapers to Judy right after each meet. She will submit articles to the papers. A complete report from Publicity Committee due next meeting.

9. Records: (Karen Koehler)

Shirley Lehman and Janet Russell are working out a new system for getting out results at the Meets. They will report back next meeting.

NEW BUSINESS:

1. Dues Increase: (Paul Murphy)

Suggestion: Increase PNA dues from \$4.00 to \$5.50 per year. AAU to increase to \$4.50, which would make total expenditure per member \$10.00. Motion passed to increase PNA dues to \$10.00 per year to include both PNA and AAU memberships, plus newsletter, with no separate AAU memberships allowed.

2. King County sponsored team: (Sue Dills)

Suggestion: Contact county regarding team sponsorship for PNA, This could result in reduced pool rental fees. Report next meeting.

3. A letter was read from Sue Nelson, Seattle Tennis Club coach regarding new work outs at Medgar Evans Pool as follows: Tues./Wed./Thurs. 7 - 8:30 PM. 75¢ per session, plus \$10.00 per month fee for coaching

The following work out schedules were reported:

<p><i>Seattle swim club</i>                  \$12.00 mo.                  \$10.00 mo.                  \$12.00 mo                  \$16.00 mo                  \$5000 per quarter</p>	{ a. Shoreline Pool MASTERS	6:15 - 7:15 AM 5 days MON-FRI
	{ b. Helene Madison Pool	5:45 - 7:30 AM 5 days " "
	{ c. Best (Eastside "Y")	9:00 - 10:15 AM 3 days
	{ d. Red Shield	9:00 - 10:15 AM "
	{ e. Newport	7:30 - 8:30 PM 2 eves. Tues/Thurs.
	{ f. Highline	6:45 - 8:00 AM 3 days
		6:30 - 7:30 PM 3 days

4. Open water swim:

Fitness Committee will discuss this topic and bring report and recommendations to board.

Meeting adjourned 8:45. Next meeting on WEDNESDAY, October 19 at the home of Sue Dearborn, 3401 E Mercer, Seattle (324-4945)

Respectfully submitted,

Audrey Gilbert, Secretary