

PACIFIC NORTHWEST MASTERS BOARD MEETING

March 6, 1979

The regular Board meeting was called to order by President Tom Foley at 7:30 p.m. at the home of Sue Dearborn. Those present were Paul Murphy, Judy Harrison, Carolyn Behse, Maxine Carlson, Mariette James, Shirley Lehman, Florence Miller, Juanita Correa, Karen Kohler, Sue Dearborn, Russ Hall, Tom Cooper, Janet Twight, Neville Johnson, John Koruga, and Kirk Adams.

A big thank you was extended to the meet director Kathy Crandel and manager Jim Taylor for the successful P.N.A. swimming meet at Ft. Steilacoom on March 3 and 4. Letters of appreciation will be sent to the above mentioned.

Committee Reports

1. Treasure - Paul Murphy

\$1,482.07 - Checking Account
\$ 850.00 - Savings Account

2. Membership - Karen Kohler

As of March 5, 1979, we have 163 paid P.N.A./A.A.U. members.

3. Meets

There were 115 paid entries to the Ft. Steilacoom meet.

The P.N.A. Championships will be April 20 and 21 at Mount Rainier District Pool. Entries are due by April 15 to Neville Johnson, Meet Director.

The Meets Committee was asked to review the order of events for coming swimming meets.

4. Awards - Neville Johnson

Walnut plaques (8" x 10") have been purchased for the awards for first, second and third place finishers. The above purchases were all made within the \$55.00 allotment.

5. Stroke Clinic - Neville Johnson

The clinic will be Sunday, March 25 at the Mercer Island Forward Thrust Pool. Details will be in the next newsletter.

6. Regionals - Tom Cooper

The Short Course Regionals will be May 18, 19, 20 at Gonzaga University Pool, Spokane. Entry forms and complete information should be sent in a separate newsletter in approximately two weeks.

Team reps will be responsible for submitting their best 50 yard times for each member who is planning to attend regionals. The unattached swimmers will submit their times to Tom Cooper. Questions and plans for Regionals should be directed to Tom Cooper at 743-9350.

7. P.N.A. Banquet - Russ Hall, Janet Twight

The banquet will be at Meekers Landing, Kent, Washington, on Saturday, April 21. The time and reservation fee will be in the next newsletter. Judy Harrison made a motion that we accept the above Banquet Committee recommendations. Karen Kohler seconded. Motion carried.

The question of whether to have an "Inspirational Swimmer Award" presented at the banquet was discussed. Tom Foley entertained a motion to waive the Inspirational Swimmer Award in lieu of each team (or a team member) being recognized at the banquet. Seconded by Judy Harrison. Motion carried.

8. Community Service

Janet Twight announced that volunteers are needed to assist in running the Blind Athletes Swim Meet on March 23 at University of Washington Hec Edmundsen Pavillion.

9. Nationals - Sue Dearborn

Travel arrangements are being handled by Dayton Travel, Mercer Island, 232-7493. April 4 is the deadline for entries and fees to Sue Dearborn.

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10. Newsletter - Shirley Lehman

Information and details for the next newsletter are to be sent to Shirley by the 12th of March.

11. Nomination Committee - Jack Miller

The Nomination Committee has announced the following slate of candidates for offices for two years for the P.N.A.

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|-----------------------------|---------------------------|
| President | Judy Harrison |
| Vice President | Jim Miles |
| Secretary | Sue Dills |
| Treasurer | Carolyn Behse |
| Representatives at Large | Fred Wiggin and Russ Hall |

A short discussion followed on the number of candidates on the proposed ballot for each office. Tom Foley will review this matter with Jack Miller. An official ballot will be included in the next newsletter.

Tom Foley read a letter of thank you from the Highline Swim Club for our contribution of \$25.00.

Two articles on Masters Swimming have been recently published:

Family Health, for health, fitness and fun...Swim, by Phillip Whitten, page 34-38

Swimmers, Masters Swimming - A Key for Delaying the Aging Process, by Dr. Paul Hutinger, page 36-41, Feb.-March, 1979

The meeting was adjourned at 9:30 p.m. The next meeting will be Tuesday, April 24, at 7:30 p.m. at the home of Sue Dearborn.

Respectfully submitted,



Carolyn Behse
P.N.A. Secretary