

To: PNA Board

Subject: USMS 1984 Annual Convention  
Indianapolis, Indiana

## Records / Top 10

- New Zealand International Swim Meet held last April was approved for National Records and Top 10 Long Course. It was not sanctioned so a vote to set aside the current rule was passed.
- 25 meter short course Top 10 / Records - Walt Reid reported that only 3 meets have been turned in although the "season" will run from 1-1-84 to 12-31-84. These records and top 10 will be published as "unofficial". It was recommended that I send out to each LMSC Top 10 person another letter stating that we will try for another year (1985) still "unofficial". A decision will be made at next year's convention to continue in an official mode or to discontinue for lack of interest.
- Short Course National at Industry Hills - The National Records set at this meet have not been "verified" as of the publication of the S.C. Top 10. They were turned in with a "NV" (not verified). The relays were submitted with only the team names so they were not included in the Top 20 publication. Relay splits (first person) were not checked for national records. Tina Martin, meet director, was present and she said she will correct all three problems. She will do the Top 20 relays, check relay splits and verify the national records.

- Sanctions / Approvals - a proposal was written to establish a procedure for "approval" of foreign meets so USMS swimmers can submit their times for National Records and Top 10. It was submitted to the delegates at the Board of Governors meeting on Saturday.

## Registration

- New definition of "Transfer" = a change from one club to another club within a LSAC. Since we are recognized as a single club (PNA) at the national level we will not have any transfers.
- A person "moving" from one LSAC to our LSAC must re-register at the National Level and must pay the full dues
- In 1984 (short year) there were 15,591 master swimmers in 51 associations. The PNA is ranked 6<sup>th</sup> largest (1982 = 11,881; 1983 = 14,899)
- Individual registration dues will not change in 1985. Any change in dues must be voted on at the convention and will not be implemented until the following year (if voted on at 1985 convention then would be in effect for fall 1986). However, LSAC dues were increased from \$1.25 to \$10.00 to cover the expense of 1 Swim Master publications for each LSAC (Pres. gets it)
- A growing concern for the number of swimmers that do not re-register. Overall about 50% are dropping out of the program. The National Registrar can provide at cost mailing

labels for all PNA 1984 registered swimmers so we can contact directly each swimmer. This is strictly optional

## Medical

- Committee approved Jane Moore's "minimum requirements" for medical coverage at local meets but built a stronger set of requirements for National meets. They discussed Open Water medical problems but did not want any responsibility for setting minimum requirements. The idea is to have these minimum requirements stated on the meet sanction forms so the person putting on a meet will know our requirements. This issue got tabled at the Board of Governors meeting

- Reviewed a research project (questionnaire) to establish a profile of a "typical" master swimmer. Basically the data was incomplete and non-conclusive. Jane's project on Age vs Swim Times was reviewed with positive input. It was recommended that she continue this effort

## Board of Governors Meeting

Rules : A "meet" is now defined as a series of events held under a single sanction within 10 consecutive days. (this means we can hold a single meet with the 1650 on one weekend and the rest of the meet on the following weekend)

The 20-24 age group will not be recognized at the National level (records, top 10, national meet) as was originally established at the last convention

The no-false start rule will be in effect starting Jan 1 1985

A move to get rid of the Long Course starting procedure was defeated

The 1000 Yd Free and the 800 Meter Free were added to the list of events for local meets. These will not be allowed at the national meet. I think there is a move to eventually drop the 1650 Yd Free and the 1500 M. Free.

A move to reduce the number of individual events from 6 to 5 at Long Course Nationals was Tabled by the president Mike Hawk. (actually it was defeated in a vote but he chose to not accept the vote)

A move to not allow National Records to be set in salt water was defeated (this would have affected our Colman Meet)

Walt Reid

PNA rep.

## CONVENTION REPORT

①

PINA needs to do:

- give the national level input on what we want a national sponsor to do (ie- meets, national office etc.)
- if a national office is created, what do we want it to do
- give Tina Martin (CA) (Commissioner of newly created Masters FINA Bureau) any input on World Masters rules in October and November
- send the PNA newsletter to Dorothy Donnelley
- have any coaches interested in a National Masters Coaches Association notify Chris George
- look into any tax problems of being a club and an LMSC at the same time (through Enid Uhrich)
- be prepared to nominate candidates for National Offices this year
- think ahead to the Ransom Arthur award
- submit new designs for national medals to Mel Goldstein
- submit ideas for gradual time standards to Mel Goldstein
- our long distance swimmers might consider the 85 nationals in long distance swimming at Lake Berryessa.
- look into the possibility of a sanction or approval for the Senior Sports Festival and the Mountlake Terrace Sextathlon, etc.

Committees

- Medical - Jane Moore, Chairman
- Long Range Planning - Kiko Kimura  
Kathy Crandell

- Records - Walt Reid
- Tabulation - Walt Reid
- Championship - Kathy Crandell
- Long Distance - Frank Newquist

## projects

- ad hoc - Adaptive Aquatics - Kathy Crandell + Jane Moore
- Organization & Management - Kathy Crandell
- Standing Policy - Kathy Crandell
- 25 meter Top 10 - Walt Reid

Long Range Planning

- the "LMSC & Masters Swim Clubs" guide will be reprinted in a more professional format and distributed to zone chairmen.
- the ad hoc committee on organization and management will continue working. Current ideas include: an odd number of national officers, a zone chairman as "at-large" member of executive committee, a management group for each standing committee (chair, vice-chair, & secretary), hiring a national secretary, job descriptions for elected secretary and hired secretary, varied rotation of officers, and procedures for nominations of national officers.
- the adaptive aquatics handbook will go through the final writing and be published this year. Every club will receive one copy.
- An ad-hoc committee was formed to explore pool facilities and the development of personnel conducive to Masters physical fitness.
- Marketing looked into mailing lists, TV spots, and sponsors.
- A standing policies ad-hoc committee was formed to collect and organize all past policies from Conventions and committees

Championship

SC Nationals 86 - Ft. Pierce, Florida - May 15, 16, 17, 18

LC Nationals 86 - Mt. Hood, Oregon - August 21, 22, 23, 24

- **No** false start rule goes into effect Jan. 1, 1985 - explain exceptions to officials - older people, lost balance, poor vision
- the possibility of no times after a race at Nationals was discussed. It has happened. Ideas were to reswim the race before the end of the day at the option of the swimmer or use a coach's/friend's times and allow it to count for records.
- An effort should be made not to schedule world meets to conflict with Masters Nationals.
- Mel Goldstein is chairing an ad-hoc committee to solicit new designs for the national medals.
- Mel Goldstein (chairman), Bill Bathold, Bobbi Turcotte, and Nancy Ridout are the subcommittee working on a proposal for gradually introducing time standards. Ideas are: introduce time standards to the 25-29 age group first (or 20-24 if that age group is appointed for that time) and introduce them for

## (Championship)

30-34 a few years later (up to 5 years later) and continue in that manner through the next age groups, begin with fairly lenient time standards, no time standards for relays, etc.

- International meets can be "approved" by a certified USMS observer appointed by the national executive committee or by an LMSC if it's a local meet (Canada). Once FINA adopts FINA Masters rules, world meets will be sanctioned by FINA and other international meets sanctioned by the local federation (which would be a FINA member) in that country.

- Required medical personnel at nationals will be an EMT team, a physician, and a physical therapist.

## Long Distance

- They have turned in the Masters long distance rules to USS and have stipulated zone rotation for and made awards for 85 long distance nationals

- they ask that any official masters publications include long distance swimming.

- the "one-hour postal swim" is one of several long distance events that has been sanctioned for 1985.

- Lake Bemysosa is the site of the 85 nationals. 2m.-H2075°-air 80's

- Sanctions can be dual - USS and Masters.

## Bob Helmick - President of FINA

- FINA no longer considers Masters "professionals", but at this time if a 20-24 year old swims in the same meet as a "professional" (in a Masters meet) then he/she loses his/her amateur status. (Making your living from coaching is considered "professional". Coaching on the side, as a hobby, or teaching swimming in the same capacity is not considered "professional".)

Finance - \$72,000 projected income → based on 15% growth rate

\$52,500 projected expenses - committee budgets were approved.

\$19,500

\$93,500 in reserve

30 days

- recommended no dues increase for 86 (Pres. wanted that reconsidered - report in KC)

- do not request reimbursement until request exceeds \$25

- \* (Law and legislation) - An audit committee was established.  
 - A new approval/sanction system has been established so foreign meets, "Y" meets, & other "closed" meets may count for Top 10 and records. (Copies available on request.)

(4)

## Publications

- This committee feels that Masters should support an "in-house" publication for the official Masters newsletter or magazine (ie- "SWIM-MASTER").
- There are 3 proposals for an official Masters publication
  - ① "SWIM MASTER" - send 2 issues per year (one before convention and one after) to every Masters swimmer in the nation and gain 100% editorial control for those two issues. Projected cost - \$5500. this passed.
  - ② "Swimming World" has a proposal for an official Masters publication. Masters will pursue it without financial obligation (passed).
  - ③ Jim Montgomery (Dallas) will submit a written proposal for a national newsletter by mid-October.

Marketing - withdrew all proposals for publicity and stimulating reregistration due to the Executive Committee's take over of available funds.

Executive Committee - requested funds ranging from \$8,000 to \$18,900 for hiring an executive secretary. Funds (no exact amount) were reserved.

Zone Committee - proposed a "Zone Top 10" not to be done through the national office.  
 - the state of candidates for national officers will be added to next year's convention packet.

## Law and legislation

- Rule changes recommended by the Rules committee may be passed by a simple majority.
  - Rule changes not recommended by the Rules committee require a 2/3 majority to pass.
  - Emergency legislation or rule changes from the floor require a 9/10 majority to pass.
  - "Board of Governors" is now called "House of Delegates"
- \* ↑ see above. KC



Rules Changes - the following proposed rules changes passed:

MSR 1 p 146 - add the following definitions:

Closed Competition - competition open only to the members of one organization or group.

Event - any race or series of races in a given stroke and distance.

Heats - a division of an event in which there are too many swimmers to compete at one time.

Meet - a series of events held ~~on consecutive days~~ *under a single sanction within 10 consecutive days*.

Open Competition - competition which any qualified club, organization or individual may enter.

Timed Finals - competition in which only heats are swum and final placings are determined by the times performed in the heats.

4 p 156 - V (B) delete:

Age Groups - 25-29, 30-34 ... 75 and over. ~~Effective Jan, 1, 1986 the 20-24 age group will be added, Age Grouping for Relays will be changed to, 20 and over,~~

~~30 and over, 40 and over, 50 and over, 60 and over, 70 and over, 80 and over,~~

Note: a 20-24 age group will be added at such time as this category is accepted by FINA.

7 p 158 - V (G) - add:

Events - The following events may be conducted for each age group Short Course (25 yards) 50-100-200-500-~~800~~ or 1650 yards Freestyle (remainder of list unchanged) Long Course (50 meters) 50-100-200-400-~~800~~ or 1500 meters Freestyle (remainder of list unchanged)

*(1000 yd free & 800 m. free may be added)*

8 p 160 - V (H) (3) (b) (x) - amend:

Successful bidders of National Championships will pay to United States Masters Swimming, Inc. prior to the beginning of the meet, a fee of ~~\$1.00~~ \$2.00 per individual participant in the meet. Upon compliance with the conditions set forth in the Meet Award, the sum of \$1.00 per participant shall be returned.

Non-compliance with said conditions shall result in forfeiture of part or all of this amount. *as deter by champ com w/in 60 days of the last day of the meet*

20 p 164 - V (H) (5) (o) - add:

Each individual who wins a short course or long course individual or relay championship shall be awarded a USMS Championship patch. Swimmers...won.

there were 27 rules changes proposals.

Kathy Crandell

WE NEED YOUR HELP !

WE NEED YOUR HELP !

AS THE PNA MEMBERSHIP CONTINUES TO GROW (NOW OVER 500) THERE IS SOME CONCERN ABOUT THE SIZE OF OUR SWIM MEETS.

THE LONG RANGE PLANNING COMMITTEE IS TRYING TO PRESENT SOME POSSIBLE SOLUTIONS AND WE NEED YOUR HELP.

WOULD YOU PLEASE TAKE SOME TIME TO FILL OUT THIS QUESTIONNAIRE AND LEAVE IT HERE FOR OUR ANALYSIS.

THANK YOU WALT REID

- =====
- #1 \*\*IS THERE REALLY A PROBLEM--ARE THE CURRENT 1 DAY MEETS TOO LONG ? YES 33 NO 64 DON'T KNOW 13
- #2 \*\*IF A MEET STARTS AT 9:00AM WHAT IS A REASONABLE HOUR FOR COMPLETION ? 1PM 8 2PM 27 3PM 62 13 later
- THE FOLLOWING IDEAS ARE AIMED AT REDUCING THE LENGTH OF A SWIM MEET:
- #3 \*\*DO YOU LIKE MIXING MEN AND WOMEN IN THE SAME HEATS ? YES 93 NO 5 DON'T CARE 12
- #4 \*\*IF YOU NOW SWIM 5 EVENTS PER MEET WOULD YOU BE WILLING TO LIMIT IT TO 4 ? YES 82 NO 22 DON'T CARE 6
- #5 \*\*DO YOU LIKE THE IDEA OF REDUCING THE NUMBER OF EVENTS OFFERED AT A MEET (LIKE OFFER ALL STROKES BUT NOT ALL DISTANCES) ? YES 37 NO 64 DON'T CARE 9
- #6 \*\*ARE 2 DAY MEETS THE ANSWER--ESPECIALLY IN THE SEATTLE AREA. DO YOU WANT MORE 2 DAY MEETS ? YES 34 NO 65 DON'T CARE 11
- #7 \*\*HOW ABOUT 2 MEETS PER MONTH SO YOU COULD CHOOSE THE ONE YOU WANT TO ATTEND ? YES 53 NO 29 DON'T CARE 28
- #8 \*\*IF WE HAD 2 PER MONTH AND THEY WERE BOTH "REGULAR" MEETS--WOULD YOU GO TO BOTH YES 16 NO 76 DON'T CARE 8
- #9 \*\*IF WE HAD 2 PER MONTH AND ONE WAS A "REGULAR" AND THE OTHER WAS A "SPECIAL" (RELAYS OR SPRINT OR DISTANCES)--WOULD YOU GO TO BOTH ? YES 38 NO 59 DON'T CARE 13
- #10 \*\*MORE MEETS MEAN WE NEED MORE GROUPS WILLING TO RUN A MEET--IF THE ISSUE IS MONEY, WOULD YOU BE WILLING TO PAY MORE LIKE \$5.00 PER MEET ? YES 100 NO 6 DON'T CARE 4
- #11 \*\*SHOULD WE ENCOURAGE 2 SWIMMERS PER LANE FOR THE 1650 AND 500 FREE--RUN THEM IN THE FIRST HEAT AND THEN RUN THE FASTER HEATS ? YES 32 NO 57 DON'T CARE 21
- #12 \*\*SHOULD WE LIMIT TO ONLY 2 RELAYS INSTEAD OF THE 4 WE NOW RUN ? YES 31 NO 59 DON'T CARE 20

\*\*DO YOU HAVE ANY SUGGESTIONS ?

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NAME

AGE

# OF MEETS YOU SWAM  
SINCE LAST PNA CHAMPS

SWIM MEET	TOTAL # SWIMMERS			# OF SWIMMERS BY # OF EVENTS					TOTAL # OF SWIMS			
	MEN	WOMEN	TOTAL	1	2	3	4	5	MEN	WOMEN	TOTAL	
	PNA CHAMPS											
U of W 4-83	155	120	275	14	32	45	40	150	606	509	1115	
Bellevue 10-83	64	85	149	12	23	32	48	34	293	223	516	
Rainier 11-83	87	94	181	13	23	51	45	47	321	315	636	
Evergreen 12-83	97	62	159	13	30	36	40	40	326	216	542	
Port Angeles 1-84	55	51	106	4	8	25	38	31	206	196	402	
Kent 2-84	100	92	192	18	23	40	52	59	353	334	687	
Anacortes 3-84	73	59	132	4	8	33	52	35	270	232	502	
PNA Champs Shoreline 4-84	150	131	281	12	35	60	48	126	573	511	1084	
Avg. for 1 day meets	79	74	153	11	19	36	46	41	295	253	548	
REGION Haven 5-84	121	95	216	18	25	33	39	41	59	502	387	889

Attached is a summary of the questionnaire we made available at the PNA Championships

The response was good - 110 returns.

Also included is a summary page I put together on the meets that we have held this past year

The following notes are my comments on each item in the questionnaire

#1 - Most say "No PROBLEM", this means we have time to find and try possible solutions

#2 - Again looks like we are on target, most of our meets are done by 3 PM

#3 - Glad to see this!

#4 - Got a lot of "YES" votes from people who do not swim 5 events. Notice from the meet summary sheet that only 7% of the total number of swimmers were "5th Event" swimmers. It is difficult to translate that into possible number of heats that could be dropped if we only allow 4 maximum.

#5 - A heavy "NO" vote, I think we should stay away from this one

#6 - Looks like 2-day meets are not the answer

- #7 Two meets per month is a good solution - especially during the heavy months
- #8 Good results, most people would not go to both
- #9 This combination will help us a little but #7 is better
- #10 Good results, might be needed to attract sponsors.
- #11 Not too many "YES" votes but then not too many swim these events. If the 1650 is run the night before we do run late. I think 2 per lane should be encouraged but they should not swim first. Usually the older swimmers would go for this idea and it would be best to swim them in the proper sequence
- #12 OK, lets stay with 4 relays.

Some additional "suggestions" were presented

Divide the PNA by Zones (North vs South)

Split the meets by sex  
or age  
or speed

Basically I am against these ideas

One idea that I did not offer in the questionnaire was Deck Seeding. I think we should consider this. It could be all events or just the 200, 500, 1650. I would require a good clerk-of-course (2 or 3 of them) I need more input on this. I think it would be difficult with our average meet (153 swimmers, 548 swimmers)

### Recommendations

- The need is not "critical" so we have time to try several ideas
- 2 meets per month is a good solution
- Keep the 5 event limit
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Please review the results of the questionnaire and prepare your own comments and recommendations.

I am not sure if we can meet as a committee prior to the "ADVANCE" in June. If I can't put it together I will call each of you and discuss your suggestions.

We will present our results at the "ADVANCE"

Thank you

Walt Reid

PNA RECEIPTS, June '83 to May '84

month	entries	membership	banquet	team wear	interest	team fees	awards	relays(natl)
83/06	389.50	120.00		86.00	14.43			37.00
83/07		120.00			9.40		107.00	
83/08		216.00			20.88		316.00	
83/09	1,078.80	66.00	657.00	170.00	18.56			
83/10					17.65			
83/11	897.50				15.14			
83/12	1,395.00	1,700.00			18.89	5.00	229.50	
84/01		672.00			17.43			
84/02	1,228.00	1,463.65		84.00	18.40			
84/03	1,043.50	895.00			23.01		121.00	
84/04	2,363.00	1,517.50	935.00		22.77		337.75	
84/05	1,357.00	1,980.00			31.60			
<b>Total:</b>	<b>10,082.30</b>	<b>7,840.15</b>	<b>1,592.00</b>	<b>340.00</b>	<b>228.16</b>	<b>5.00</b>	<b>1,111.25</b>	<b>37.00</b>

TOTAL - \$ 21,235.80

PNA EXPENSES, June '83 to May '84


month	newsltr	post	uses	meets	phone	printing	postage	supplies	bank	convention	banquets	misc.
83/06	484.60	287.11	32.50		59.09	2.19	49.12	3.99				19.70
83/07	231.40	51.34	32.50	292.13			12.00		49.70	545.00	49.69	
83/08	215.70	55.42	58.50		9.18	20.60	20.00		26.00		534.69	
83/09	231.40	54.20	14.00	913.97	10.00	15.75	4.00	492.90				
83/10	203.95	54.71			2.45	6.07	12.00	921.15				
83/11	272.15	64.60			22.83	12.25	9.00					
83/12	299.41	64.53	505.00	1,002.00	3.37	11.79	15.00	171.70		1,230.36		
84/01	315.41	111.57	128.50	540.75	6.78	17.23	28.58	1.56	39.50			58.00
84/02	255.50	40.58	412.85	320.25	11.19	20.65		84.43				57.45
84/03	275.95	56.83	292.50	637.85	25.75	6.43	27.55	14.34			200.00	
84/04	341.73	117.73	390.00	2,059.13	50.05	33.62	39.46	103.77	14.00		1,251.50	343.00
84/05	315.67	67.19		1,281.00	55.32	12.13	19.14	1,393.49	16.00			
<b>Total:</b>	<b>3,438.62</b>	<b>1,029.61</b>	<b>1,926.35</b>	<b>7,053.08</b>	<b>256.01</b>	<b>158.76</b>	<b>235.85</b>	<b>3,187.35</b>	<b>147.20</b>	<b>1,775.36</b>	<b>2,035.58</b>	<b>477.15</b>

TOTAL - \$ 21,721.60

newsletter - 4468.63 or ~ \$7.50 each

## PNA Champs Three Division Proposal

The three divisions of the PNA Champs are based upon swimmers actually entered in the champs NOT based upon how many show up of those who entered, or how many total swimmers a team has.

In order to determine how many swimmers are entered at the PNA Champs from each team, a tally sheet is used as each entry is opened. Team names are written down for the first entrant of each team, then a running tally is kept for each additional swimmer entered. Once all swimmers entered have been tallied the total number of TEAMS is divided by three, i.e. 24 teams entered,  $24 \div 3 = 8$ . Three equal divisions  would then be formed. The smallest number teams would be in Division I, next ~~smallest~~ largest teams in Division II & largest teams in Division III. Taking the example of  $24 \div 3$ , it would mean there would be eight teams in each of the three divisions. The sole purpose of this proposal is to achieve fairness. (over)



## Exception:

Teams 8 and 9 have the same number of swimmers, both teams stay in the lower Division - Division I.

Teams 15 and 16 have the same number of swimmers; both teams stay in the lower Division - Division II.

(\*) The teams would be placed in the three Divisions by straight statistical viewpoint which is the least arbitrary and contains no bias. Based upon the number of swimmers entered from each team a list would be made ranking from biggest to lowest number. The group with the largest number would be in Division III, next largest Division II & smallest Division I. The number <sup>of teams</sup> in each Division would be the total teams  $\div$  by 3. Thus if 24 teams entered 6 teams would be taken <sup>from</sup> the ranking list for each Division.

## Philosophy & Goals of Teamwear & Money Raiser Committee of PNA Masters Swimmers

1. To promote PNA Masters Swimming by selling to members and others items to use which feature Masters Swimming related "Eye Catchers." This can lead to conversations which will discuss Masters Swimming and what it is about.
2. To help PNA Masters members feel part of the group by providing "Identity Items." This will help new members and others feel they are part of the program and a contributing member by displaying the PNA Logo.
3. To sell quality products which will last a long time. This will encourage members and others to feel they are getting their money's worth when purchasing items. Also, this will accomplish items #1 & #2 above for a longer time period.
4. To sell products at a price which will:
  - A. Return the original investment
  - B. Provide capital to purchase replacement inventory
  - C. Provide a modest profit to augment the treasury so the membership fees and participation fees may be held at the current level longer into the future.

### Teamwear & Money Raiser Committee Report

#### Current Inventory

Rule books — 0 (Sold 20 in 1983)  
 PNA Swim Caps — 56  
 PNA T-shirts — 48 (4 S, 11 M, 33 L, 0 XL)  
 PNA Towels — 0

#### Items Available

Rule books — \$6.00 each  
 Towels — @ \$9.75 ea. Minimum order 12 dozen  
 Patches — 100, 250, 500  
     3" Dia. \$1.25 \$1.15 \$1.10  
     4" Dia. \$1.50 \$1.40 \$1.35  
 Pins 150 500  
     1/2 " max. \$.90 \$.80 Safety pin or clutch back  
     7/8 " \$1.10 \$.85 Gold, silver, or bronze base metal  
     1 " \$1.20 \$.90 up to 5 colors

#### T-shirts

3 button collar placket print area 4" X 4" on left chest or sleeve	6 doz \$8.25	12 doz \$8.08
Sport shirt	12-71 \$7.82	72-143 \$7.62
Baseball shirt	\$4.72	\$4.52
T-shirt	\$3.35	\$3.15

#### Baseball cap with puff print

	48-99	100-249
Mesh back	\$2.64	\$2.59
Solid back	\$2.69	\$2.64
Multi-color	\$2.74	\$2.69
Team cap	\$2.05	\$2.00