

PNA BOARD MEETING
October 23, 1984

The meeting was called to order at 7:40 p.m. by President Kiko Kimura. Those in attendance were: Kiko Kimura, Julie Corman, Leif Johnson, Marietta James, Karen Unruh, Donna Phelan, Glenda Garrett, Mike Stipek, Carolyn Baldwin, Maxine Carlson, Cookie Justesen, Hugh and Jane Moore, Rick Ingraham, Susan Allen, Kathy Crandell, Walt Reid, Rondi White and Debbie Lewis.

There were no minutes of the September board meeting to approve.

Treasurer: There were 158 swimmers at the Totem Lake meet. \$790.00 gross from the meet. \$197.50 went to the PNA from the meet earnings. There is currently \$4,251.88 in the bank.

Membership: 138 members to date for 1985. 600 members in 1984. The national level dues will not increase for 2 years.

Meets: Totem Lake meet: the water was too cold but the meet moved along well. There was a good stroke and turn judge.

Bangor Meet: Swimmers must turn in lists of all names, whether or not they are swimmers, to get past the guards at the gate. Send entry cards with the entry fee. Rick Ingraham will get 3,000 blue and 3,000 pink entry cards printed.

December Meet: A motion was made and passed to hold the December meet Dec. 14-15 instead of Dec. 8-9 to accommodate a change in the Husky schedule.

Records: Top 10 Short Course National and Long Course National results will appear in the next newsletter.

Newsletter: The December newsletter will be the last one received if people have not reregistered for 1985.

Social: Cookie Justesen will be the new Social chairman. She is working on a Christmas party for December. Jan Shaw is trying to organize something for after the Bangor meet. Cookie would like to see someone coordinate overnight stays for away meets and 2-3 day meets. Cookie will write up something for the newsletter discussing this and to ask for assistance.

Awards: \$88.00 was made from awards sold during the last 2 meets. The PNA has enough medals to last until April. The meets average 153 swimmers but we are only selling 60 medals at each meet. It would cost \$137.00 a meet or \$1.00 a swimmer to provide free ribbons instead of selling medals at meets. This would go into effect for the summer meets. To give away free awards it might be necessary to raise meet entry fees. The December meet will be used as an experiment to test the free ribbons. \$20.00 will buy enough ribbons for awards for 6 places for all races at the December meet. It would cost \$25 per ribbon to buy ribbons for the PNA championship meet.

Other: The Fitness Committee held a meeting last week. Hugh Moore is preparing a fitness flyer. He requested and was granted up to 1 page for a column in the Wetset for publishing fitness information. Stroke Clinics: It would be best to separate clinics for fitness and recreational swimmers.

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Summer Swim Clinic in May: This clinic would combine a fitness and swim clinic in lieu of the May swim meet. Dick Hannula might lead the swim clinic. Perhaps offer an October clinic for recreational swimmers using PNA coaches. A motion was made and passed that a clinic be held in lieu of a late May meet.

Mr. Hannula had suggested 2 alternatives: \$400.00 to hire Mr. Hannula to conduct the clinic or combine the clinic with the Tacoma Swim Club and the PNA to make it a money maker for the Tacoma Swim Club. The Tacoma Swim Club would provide the UPS pool without pool charges to the PNA. Donna Phelan and Karen Unruh will get 2-3 different proposals from Mr. Hannula and bring them to the November board meeting.

T Shirts: The Orca circle logo is already printed up and ready for silkscreening. A motion was made and passed to change the PNA logo to a circle of orcas.

Pins: 150-499 pins will cost \$150.00 for a 7/8" pin or \$1.07 per pin.

The meeting was adjourned at 9:20 p.m. The next meeting will be November 27 at 7:30 p.m. at Debbie Lewis' house.

Debbie Lewis

To: PNA Masters Swimming Board

From: Joann Brislin, Meet Committee Liason

Husky Swim Club was under the impression that the Masters meet they will host in December was scheduled for Dec. 14 and 15 (Fri., Sat). The PNA schedule lists the dates as Dec. 8-9 (Sat., Sun.).

Although Husky can get a pool and host the meet the earlier weekend (Dec 8-9), they would prefer to host the meet Dec. 14 and 15. If the meet were Dec. 14 and 15, it would probably be a higher quality meet because the Dec. 8-9 weekend is also a Senior meet weekend--Husky Invitational. The head coach, senior swimmers and the best club officials would be at Husky Invitational.

If the meet is Dec 14-15, the head coach, Scott Lautman, Senior swimmers and better club officials would be at the Masters meet.

Please consider voting to move the meet to the weekend of December 14 and 15.

PNA Planning Meeting, October 13, 1984
University of Washington

The 2nd annual PNA planning meeting was called to order at 11:00 a.m. by Kiko Kimura. Those in attendance were: see attached list.

Kiko gave a review of last year's meeting.

Zone Correspondence: Kathy Crandell reported that there is no set policy for bidding on zone championship meets.

National Convention Reports: See the attached reports.

Walt Reid's report: The New Zealand records will count in the US Top 10 Long Course results. Walt is in charge of compiling Top 10 25 Meter results and is still trying to build interest in this distance for records. The National people will start establishing procedures for approving unsanctioned meets so that results will count at the national level. The PNA is the 6th largest Association in masters swimming.

Kathy Crandell's report: Donna Phelan will head the committee to find a nominee for the Ransom J. Arthur award and Jane Moore will assist.

Toronto Meet: Cookie Justesen is the contact person for this meet. Relay people are needed to coordinate relays.

Short Course Meet: The 1985 Short Course Regional meet will be April 26-28, 1985 in Moscow, Idaho.

Fitness Committee: Hugh Moore reported there were no volunteers on the committee. Cathy Brooks, Donna Phelan and Maxine Carlson volunteered to be on the committee. Hugh has designed a flyer to explain the fitness potential of swimming. There is a need to find swim programs for people who want to swim but do not want to compete.

Medical Committee: Jane Moore reported that she has developed a fitness test that includes blood pressure, strength, flexibility, muscular endurance, percent of body fat, aerobic ability through a 12 minute swim. This could be conducted in conjunction with a swim clinic. Sumner will try to organize a combined swim and fitness clinic in lieu of the May 25 Meter meet.

Membership Committee: Hugh Moore reported 428 members in 1982, 474 members in 1983 and 597 members in 1984. The PNA will probably hit 700 members in 1985. Approximately 50% of the people did not reregister during 1984. 2/3 of the swimmers in the PNA are under 40 years old. The PNA needs more participation from the team Reps. District coordinators for team Reps on an area basis have been appointed. Leif Johnson will coordinate the project. Leif will coordinate west of the Puget Sound, Rondi White will do the South, Susan Allen will do the East side, Libby and Amy Rust will do Seattle and Dave Van Kleek and Don Engelbach will do the North.

Meet Committee: See Attached Report.

The committee will study the possibility of having the 1650 the weekend before the PNA Champs meet to avoid overcrowding at the meet. It is up to the discretion of the meet director to decide whether or not to honor requests for specific seeding assignments by people swimming the 400 IM or 1650. June is the deadline for submitting meet bids. The June board meeting will be used by people for presenting proposals for the 1985-86 season.

Financial Report: See Attached Report.

\$4,153 in account. September 1 - August 31 has been established as the PNA financial year to follow the PNA swim season. Expenses will be categorized and put on a computer. The treasurer will chart the flow of expenses and receipts and will establish a budget. Meet fees were increased because there is a need to make some capital expenditures. This could include an electronic timing system, a copy machine or a phone answering machine. Susan Dearborn will investigate purchasing a phone answering machine. It will be connected to an extra line at her home. Increased team fees will be used to pay for purchasing awards for the PNA champs meet, plaques and trophies. Teams will be responsible for purchasing and awarding the Outstanding Swimmer award or the team can order the award from the PNA. Donna Phelan will write a notice for inclusion in the newsletter. It was suggested that team fees for registering teams be prorated according to team size.

Awards: Donna Phelan reported some people do not like to buy awards. It was suggested that ribbons be given to swimmers for 1-3 places. Phase out the medals for ribbons and save the medals for PNA champs and Regionals. Award medals for Champs for 1-3 places and ribbons for 4-6 places. A motion was made and passed to try ribbons at the Husky December meet. Joann Brislin will try to purchase the ribbons from the Husky swim team.

PNA Champs: A discussion of making ribbons available for 4-6 places and ribbons only for relays took place. The 1st award would be free and then charge for all others. This discussion was tabled until the next meeting because of a need for additional information, mainly the number of awards needed for PNA champs, including ribbons, and more discussion on whether or not to charge for them. A motion was made and passed that team fees remain at \$5.00 and that a minimum of 25¢ per swimmer be used for the purchase of team trophies. The outstanding swimmer award could be ordered from the PNA.

PNA Champs: See Cathy Brooks' report.

A committee composed of Rick Ingraham, Cathy Brooks, Rondi White, Hugh Moore and Walt Reid was established to come to the January board meeting with suggestions about dividing the PNA teams into divisions for the PNA champs meet.

Teamwear: Jan Kavadas will take on this responsibility with assistance from Joann Brislin, Donna Phelan and Susan Allen.

Historical Committee: The PNA scrapbooks will be at all PNA meets. People should submit articles to Jane Moore or Donna Phelan for inclusion in the scrapbooks.

Outreach: Some people felt a need for posters for bulletin boards at pools to publicize masters swimming. Posters cost a lot of money, approximately \$1.00 per poster. The logo committee will investigate ideas for posters.

Community Service: Emphasize fitness in the community as a service. Continue with a food drive at the December meet.

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Nominations: Tom Foley, Donna Phelan and Debbie Lewis are on the nomination committee. A slate of officers will be ready by the November board meeting. The December and January newsletters will carry ballots.

Newsletter: Rick Ingraham will investigate the per page costs of producing the newsletter to determine how much to charge an organization for printing something in the newsletter.

Social Committee: This committee needs volunteers.

Open Water Swims: The PNA is not going to be involved in sponsoring this type of event.

The meeting was adjourned at 5:15 p.m.

Respectfully Submitted,

Debbie Lewis

NAME	Team	Phone #
Debbie Lewis	Seattle YMCA	625-2268 (w) 522-9097 (h)
Susan Dearborn	Midlakes Masters	454-7447 (w) 324-4945
Cathy Brooks	Renton Area Masters	226-2796
PAT DOTSON	BAC	954-1411
Maxine Carlson	Tigers	246-2446
Donna Piholan	SUNNOR TRITONS	862-8777
Jan Rehmann-Shaw	Bangor	692-0456
Jill Corman	Huskies!	784-3804
Kiko Kimura	Husky Masters	525-9687
Kathy Crandell	Ft. Steilacoom Masters	588-4879
Walt Reid	Ft. Steilacoom Masters	847-2972
Joann Brislin	200-111 Husky Masters	522-5586 543-4556 pool
Susan Allen	Rainier Valley Masters	237-4082 w 226-9295 h
Hugh Moore	Federal Way	941-3100 h
Jane Moore	Federal Way	941-3150 h 922-6466 w
DON ENGELBACH	BELLINGHAM Y	676-9207
Rick Ingraham	S Kitsap Masters	876-8091 851-7130
DAVE VAN KLEECK	BELLINGHAM Y	733-3300 647- 676 -1395
Ronoi White	TACOMA Y	582-0532
Heif Johnson		
Steve Angle		
Jan Kavadas		
Imy Rust		
Libby Rust		