

PNA Board Meeting
January 22, 1985

The meeting at Debbie Lewis' house was called to order at 7:40 p.m. by President Kiko Kimura. Those in attendance were: Dave Addleman, Carolyn Baldwin, Maxine Carlson, Donna Phelan, Karen Unruh, Hugh and Jane Moore, Rick Ingraham, Carolyn Behse, Julie Corman, Kiko Kimura, Jan Kavadas, Susan Allen, Cookie Justesen, Rondi White, Debbie Lewis, Mike Stipek, Walt Reid and Kathy Crandell.

The minutes of the December meeting were read and approved.

Treasurer: \$6,447.04 is currently in the bank. 143 entrants at the BEST meet resulting in \$715 of which the PNA will get 25%. Hugh Moore suggested forming a committee to look into buying a computer for the PNA. The people on the committee are Dave Addleman, Hugh Moore, Walt Reid, Kathy Crandell, Julie Corman.

Meets: BEST meet: nice pool, frustration with the timing system. Cascade meet will be held on Saturday with the long stuff on Sunday. The meet will be held at Helene Madison pool. Social: Why are not more people attending the potlucks after the meets? The surveys showed people wanted these social gatherings. PNA Champs: There were 9 trophies presented in 1984. The team fee has been \$5.00 with an amendment to the Constitution the board can now change the team fees. The PNA is running out of team swimmer awards and needs more awards for the 1985 banquet. The PNA spent \$250 on awards last year for 32 teams. This year the PNA will award a certificate to the team swimmer instead of a trophy. 3 people will pick 6 categories for awarding the fun awards at the banquet. Julie Corman, Donna Phelan and Kiko Kimura will serve on the committee. A motion was made and passed to raise team fees to \$ 10.00. Rick will take care of the banquet. The order of events will follow the rule book. A motion was made and passed that entries must be in the hands of the meet director or postmarked 14 days before the PNA championship meet. Proposal for scoring the Championship meet: The committee headed by Walt Reid recommended using a plan that would use a 3 person committee to review this list to establish the cut-off points for each group, looking for logical breaks. The objective would be to create groups of equal strength. The committee will rank the teams prior to the start of the meet by using the number of swimmers listed for each team. The committee will use only the number of swimmers, the names of the teams will not be known. Walt Reid, Kathy Brooks, Susan Allen, Rondi White will draw the lines for the PNA championship meet. A motions was made and passed to accept 1-4 and 5A of Walt's proposal for scoring the PNA championship meet. Long Course Regionals: Spokane is hosting Short Course regionals this year and cannot host Long Course regionals too. The PNA will host Long Course regionals and hold the meet in Tacoma at either Titlow or the South End pool. Both pools have 10 lanes. Swim Clinic: There will be no stroke analysis but there will be video tapes and in-the-pool practice. It will be held May 4 all day. On May 5 there will be a 25 meter meet hosted by Sumner. The clinic will cost \$15.00. Meet Bids: Hugh Moore and Julie Corman will work with Joanne Brislin on designing a contract to be signed by teams hosting meets that will outline duties, responsibilities and a bonus system.

Awards: Donna will order 300 blue, 200 red and 100 white ribbons for the March meet. She will also order ribbons for 4th, 5th and 6th places. A motion was made and passed to award ribbons for 4th, 5th and 6th places at the PNA championship meet. People will have to pay for the ribbons.

The meeting was adjourned at 9:35 p.m. The next meeting is at the Central Tacoma YMCA.

Debbie Lewis

Proposed Team Categories for Scoring PNA Championships

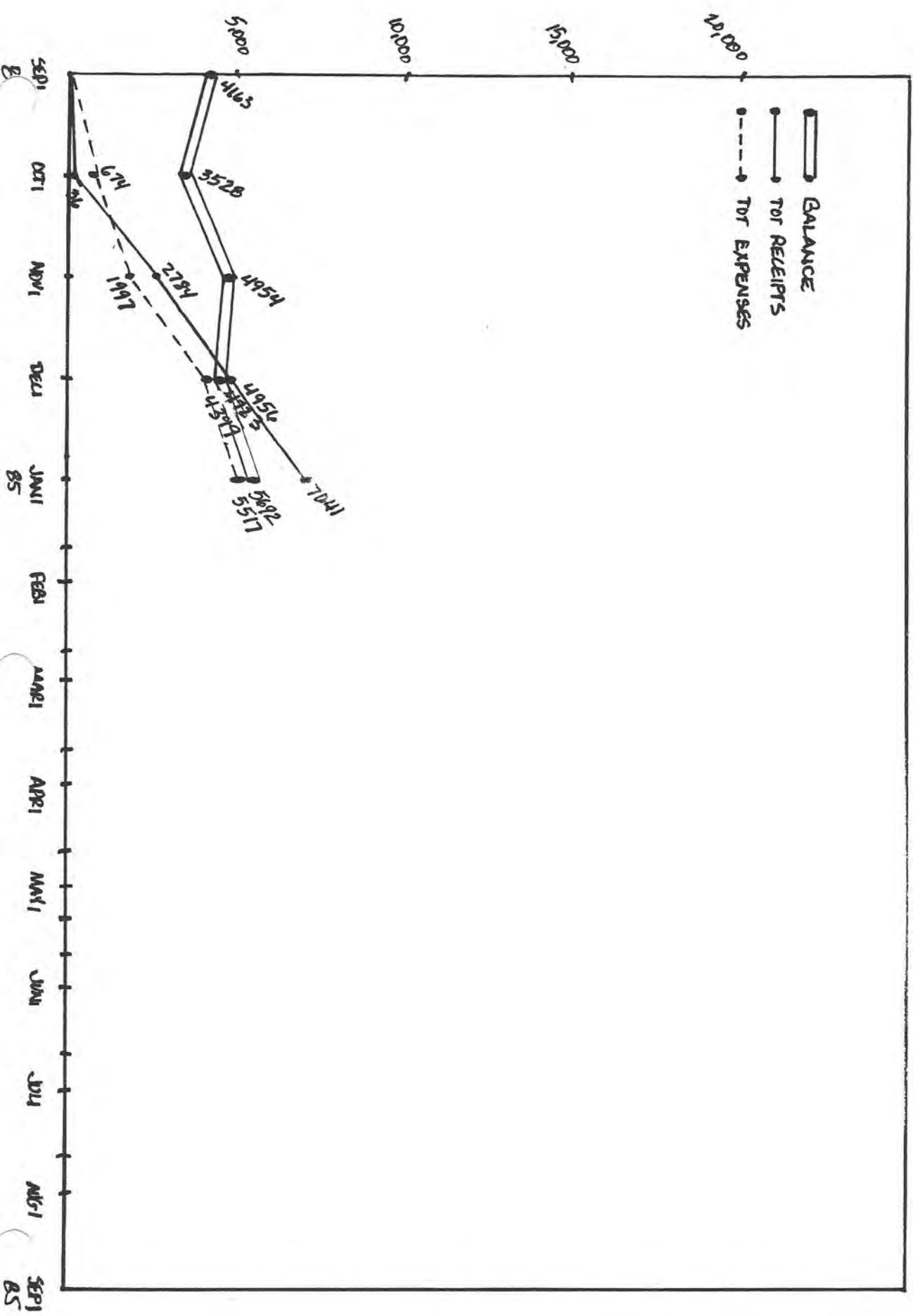
Objective: To group the registered teams into competition classes that provides a more equal opportunity for winning a trophy

- #1 The number of swimmers on a team will be determined by counting the meet entries as of the closing date (same as last year)
 - #2 Teams will be divided into 3 classes with a first, second, third award in each class (same as last year)
 - #3 Unlike last year, do not pre-define the groups prior to the meet. Last year this caused one group to have only 3 teams
 - #4 Prepare a list of the teams ranked by number of swimmers (do not show the team names)
 - #5 A Use a 3 person committee to review this list to establish the cut-off points for each group, looking for logical breaks. Remember objective is to create groups of "equal" strength.
- OR
- #5 B Divide the total number of registered teams ~~into~~ by 3 to determine the cut-off points.

Recommend 5 A because it best fits the objective

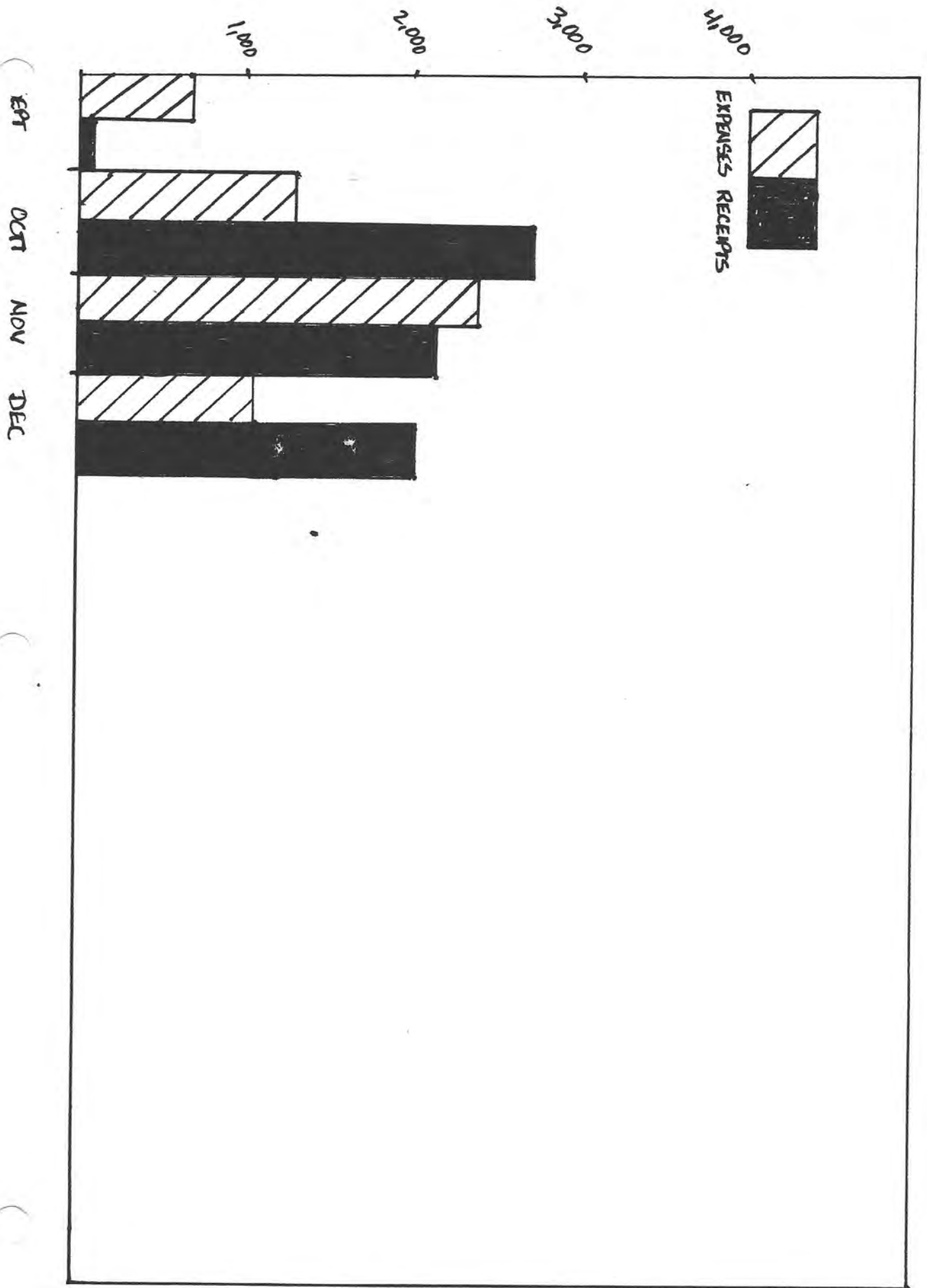
84-85 CASH FLOW

RNA MASTERS
SWIMMERS



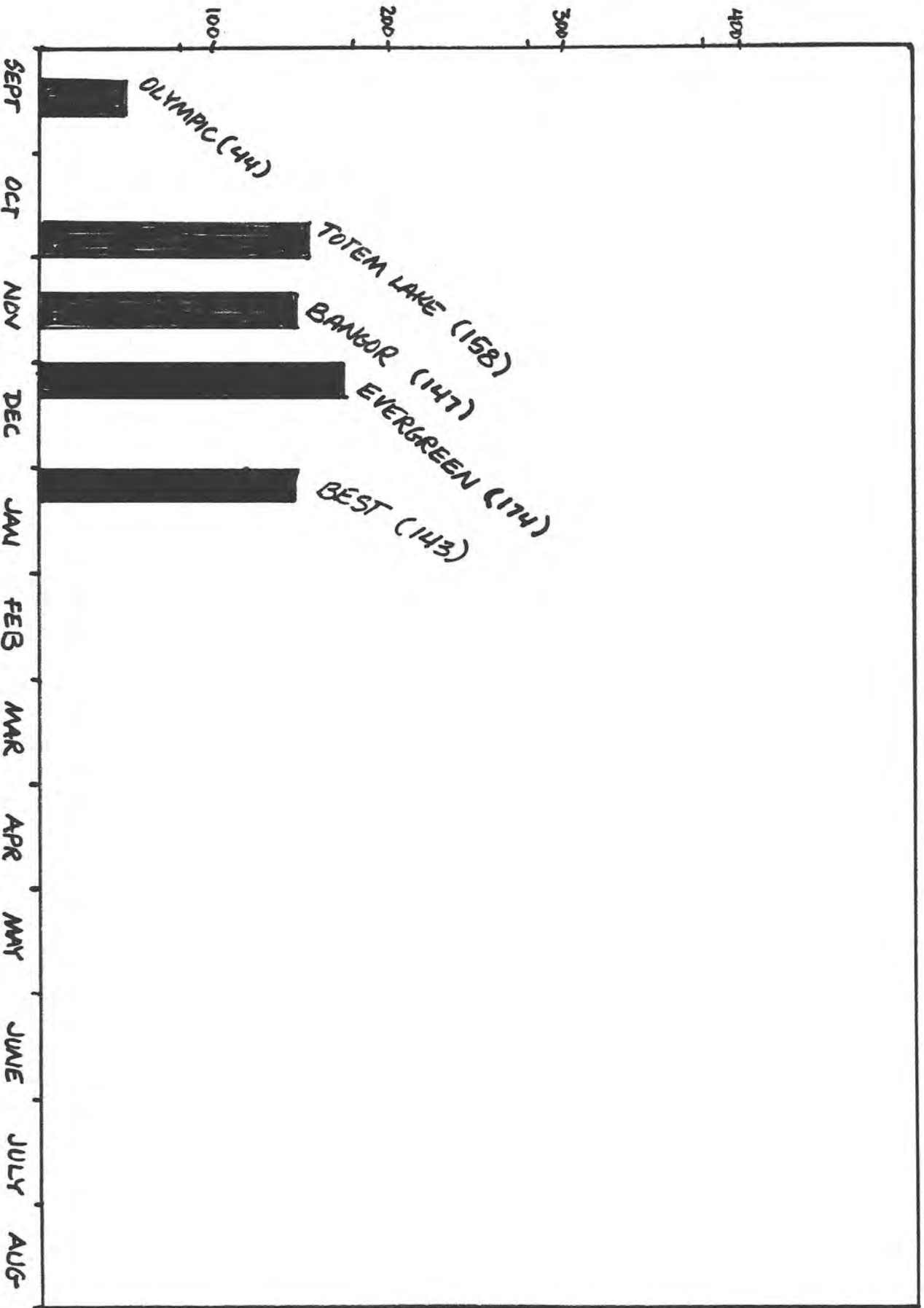
84-85 EXPENSES & RECEIPTS

DNA MASTERS
SUMMERS



84-85 MEET ATTENDANCE

PWA
MASTERS
SWIMMERS



January 30, 1985

To the Ransom Arthur Award Committee,

There are few times in which the PNA has the opportunity to submit outside our association a candidate for national recognition. With the Ransom Arthur Award being this opportunity, I'd like to nominate Kathy Crandall since she is certainly a candidate worthy of consideration. She has shown exceptional leadership, unwavering dedication and a total commitment to Master's Swimming, it's people and it's ideals. Within our organization, furthermore, I believe that she best exemplifies these qualities all all levels-PNA, Regional and National.

Kathy started in 1978, since then she has successfully combined hard training, multiple-level competition and committed coaching. Over the years she has provided consistent board leadership for PNA. More recently she has served twice as our delegate to nationals, representing us well and serving on several standing committees. During this time she had become a mother, acted as a parent and is a full-time Special Education teacher for Lakes High School District in Tacoma.

Monthly, she organizes and prepares meet results for our newsletter and is co-chairperson for the records of PNA. She inspires and encourages others and gives generously of her time, not only to her own team members but to all other PNA swimmers with whom she comes in contact. Frequently she helps them with their training problems, workouts, their strokes and sometimes even their jobs. Once, this was not a "little" job either. For six months she was our registration chairwoman for US Swimming. While another went on vacation, she took care of the 600 plus registrations. At championship time, she has pulled PNA relays together again and again and has served as PNA coach at Nationals.

In addition to these multiple duties and challenges, she brings along with her a wonderful sense of humor. The laughter that she brings with her to the meets and the meetings would be sorely missed and we in our association certainly appreciate her ever presence. These are just a few reasons why I'm nominating Kathy Crandall at this time. She seems to personify what this award stands for. In closing I'd like to point to her amazing record, which perhaps speaks best for her qualifications and contributions.

Sincerely I am,



Donna Phelan

KATHY CRANDALL

Ransom Arthur Award Candidate for PNA 1985

1. Board member 1979-1984.
2. Editor of the Wet Set Newsletter 1979-1980.
3. National PNA Delegate to convention 1983 and 1984.
4. On 4 National Committees.
 - 1.) Adaptive aquatics and Handbook Committee. Ad Hoc. 2 years.
 - 2.) Organization and Management Committee. Ad Hoc Committee. 8 months
 - 3.) National Championship Meet Committee. 1 year
 - 4.) Long Range Planning Committee. 8 months
5. Master's Coach. 7 years. Fort Stellicoom Swim Team.
6. 1969-1978 Age Group, High School, Diving and Synchronized Teams
7. Board Level Activities
 - 1.) Membership for US Swimming. 6 months
 - 2.) Meet Results Computation and Organization
 - 3.) Records and Top 10. September 1982-1985.
8. Hosted 3 PNA Championship Meets
 - 1.) Championship Meet 1980 and Banquet
 - 2.) Co-host Championship Meet and Banquet 1981 and 1982
 - 3.) Hosted Developmental Meet March, 1979
9. Awards
 - 1.) Outstanding Club Award 1981
 - 2.) PNA President's Award 1984
 - 3.) Top Ten National Awards
 - 1979-1984, except 1981 in Breast and Free Events.
 - 1984 in Short Course Season-10 Events
 - 1984 in Long Course Season-5 Events.

Ransom Arthur Award Nominee - Kiko Kimura

Kiko Kimura is an excellent candidate for the Ransom Arthur Award. One has to ask how one so young could accomplish so much in such a short period. But Kiko has done it all for Masters in the past few years. She first started Masters swimming in 1981 and became an original member of Husky Masters in 1983. She has attended Masters National Championships three times: 1982 Short Course at The Woodlands, 1982 Long Course at Mt. Hood Community College, and 1984 Short Course at Industry Hills. As our PNA president since 1983, she has been the enthusiastic leader who has been responsible for major growth in the number of members. Attendance at our meets has been setting records in recent years, and Kiko is always there to meet and encourage all who attend.

Kiko's enthusiasm and effective organizational efforts for the PNA have resulted in a much wider geographic scope to the PNA throughout the Northwest. She has also accomplished a very effective national exposure and involvement for the PNA. She has set goals for the organization whose realization has provided untold benefits to all the participants. She has motivated an excellent cadre of people to carry out the PNA jobs. She has traveled widely throughout our area to contact and encourage new swimmers to participate in the Masters program. This effort has included slide shows, talks, and in the water demonstrations and instructions for new swimming groups.

Kiko, in addition to her organizational accomplishments, has set an excellent example for all of us in her own individual dedication to improving her own swimming abilities. She trains hard, participates in all the meets, and continually encourages us all to strive for new goals in our individual swimming efforts.

In summary, Kiko has been directly responsible for a major surge in our PNA membership which means hundreds of new people exposed to the benefits of adult fitness training thru Masters swimming. Kiko, better than anyone, is an excellent example of all three aspects of our PNA motto - Fun, Fitness, and Friendship.

Submitted by Tom Foley.

Tom Foley

Ransom Arthur Award Candidate for PNA 1985

1. Co-founded the Pacific Northwest Masters w/Steve Engels in 1972.
2. Father of the original PNA By-Laws and Constitution, drafted and adopted in 1973.
3. PNA President and Vice President:
President 1977-1979 Vice President 1973-1976
4. As president of an age group team -the Seattle Tritons, he, Coach Engels and the club hosted in August 1972 the 1st PNA Swim meet. (20 swimmers attended) Tom served 4 years as President for the
5. AAU Timers certification
Held AAU Official Timing certification for 10 years.
6. Committed competitor. He has attended every PNA meet since 1972.
7. Served on the board in many capacities: team representative, constitution and by-laws committee for 3 years, and nomination committees. The latest in 1984.
8. Promoted and expanded Masters Swimming through talks and slide shows principally in the Tacoma area during the early years of PNA.
9. Special Olympics swimming official 5-6 years.
10. Volunteer work is not new to Tom: for 4 years he was President of the Seattle Triton Swim Club; as Democratic Precinct committeeman he has served the community 4-2 year terms; and was President of the Arbor Heights Swim and Country Club for 2 years.
11. American Red Cross Advanced Lifesaving certification at age 47.