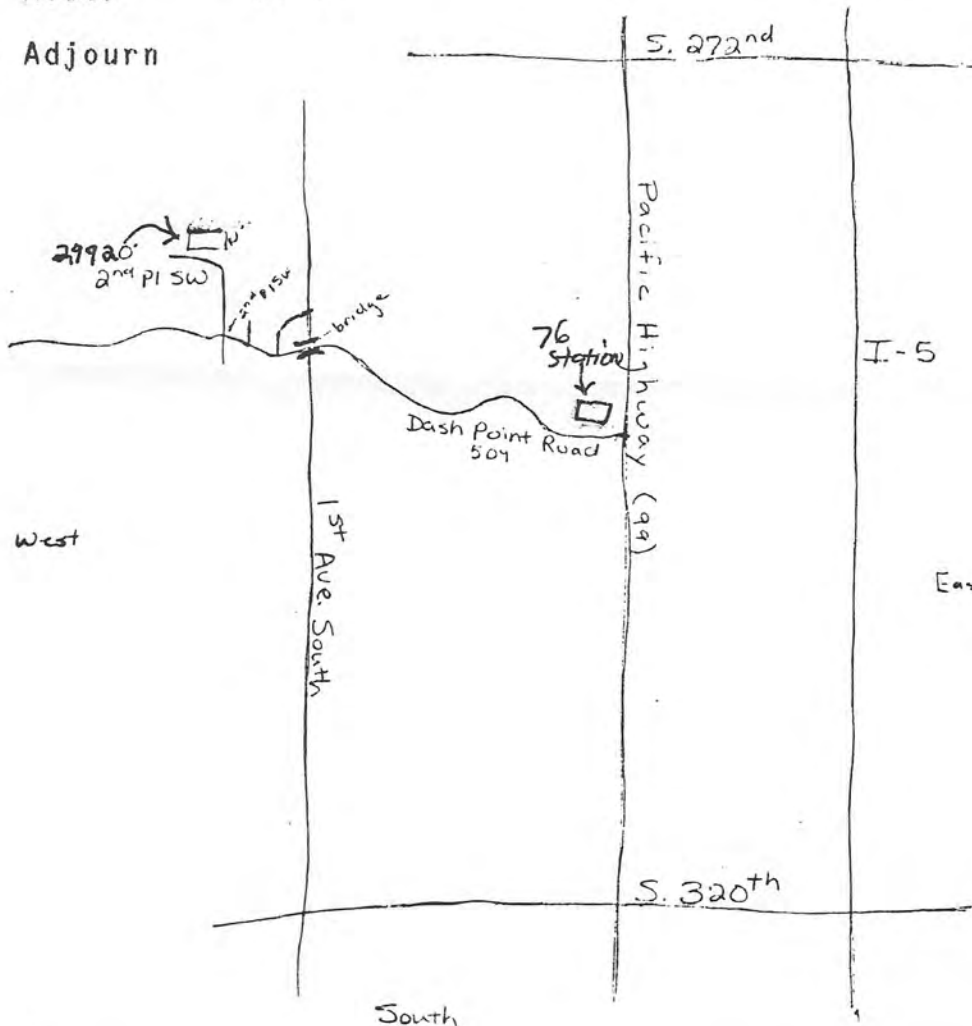


The October 22nd PNA Board meeting will begin at 7:00 PM at Hugh and Jane Moore's, 29920 2nd PL. SW., Federal Way.

October 22nd PNA Board Meeting Agenda

- I. Call to order
- II. Minutes
- III. Treasurer's Report
- IV. Committee Reports
 - a. Membership
 - b. Newsletter
 - c. Other
- V. Meets
 - a. UPS (Oct.)
 - b. N. Kitsap (Nov.)
 - c. Husky (Dec.)
- VI. PNA Policy Review
- VII. Misc. North
- VIII. Adjourn



PNA Board Members and Active Committee Members (Oct. 14, 1

last name	first name	address	city	zip	phone	work ph	type	team	
								Madison Masters Pac West	
Addleman	Dave	1812 Maple Lane #D-21	Kent	98031	852-7002			Tacoma Y	N
Allen	Susan A.	14837 SE 113th St.	Renton	98056	226-9295		at-large	Rainier Valley Masters	Y
Anderson	Tom W.	4102 SW 104th	Seattle	98146	932-1764	246-1610	team rep	Southwest Masters	Y
Baldwin	Carolyn	17056 12th Pl. SW	Seattle	98166	243-3705		team rep	Tigers	Y
Behse	Carolyn	1321 177th NE	Bellevue	98008	747-3889		rep	BEST	Y
Brislin	Joann	700 NE 53rd	Seattle	98105	525-9687	522-5586	team rep	Husky	Y
Corman	Julie A.	7004 Linden Ave. W.	Seattle	98103	784-3804	447-6376	officer	Husky	Y
Crandell	Kathrine J.	11114 111th St. SW	Tacoma	98498	588-4879		team rep	Ft. Steilacoom	Y
Daly	Donna M.	11770 NE 140th	Kirkland	98034	821-5729		team rep	TLST	Y
Dotson	Patricia S.	P.O. Box 7	Medina	98039	454-1411		team rep	Bell Athletic Club	N
Fields	David L.	6843 43rd NE	Seattle	98115	363-3338	443-1111	team rep	Seattle Club	Y
Gaines	Teresa L.	5198 Pine Rd. NE	Bremerton	98310	779-4817	337-5975	team rep	Bangor	Y
Gindroz	C. Ann	715 N. Yakima	Tacoma	98403	272-1854		officer	Tacoma Y	Y
Hunziker-James	Marietta	P.O. Box 131	Tacoma	98401			sunshine	Ft. Steilacoom	N
X Huss	Donna R.	22811 Main St.	Redmond	98052	392-8342	872-4491	team rep	Issaquah	N
Ingraham	Rick O.	5909 Reid Dr. NW	Big Harbor	98335	851-7130		officer	S. Kitsap	Y
Kavadas	Jan	217 Alder St. #305	Edmonds	98020	775-5814		meets	Cascade	N
Killpack	Steve	P.O. Box 10261	Bainbridge Island	98110	842-2302		team rep	Bainbridge Island	N
Kimura	D. Kiko	4755 Sand Pt. Way NE	Seattle	98105	525-9687	526-2183	non-rep	Husky	N
Lewis	Debra	4665 41st NE	Seattle	98105	522-9097		at-large	Un	Y
Masters	Gloria	3171 SE Colvea Dr. WA	Port Orchard	98366	876-9203		team rep	S. Kitsap	Y
Noore	Hugh C.	29920 2nd Pl. SW	Federal Way	98023	941-3100	394-3560	officer	Federal Way	Y
	Jane A.	29920 2nd Pl. SW	Federal Way	98023	941-3100		at-large	Federal Way	Y
Newquist	Frank	811 S. L St. Apt. D	Tacoma	98405	572-8335		Publicity	Ft. Steilacoom	N
O'Leary	Robin C.	126 SW 116th St. NE-21	Seattle	98146	241-0623	464-2030	team rep	Cascade	Y
Olsen	Steven H.	1120 L Ave.	Anacortes	98221	293-3692		team rep	Fidalgo Island Sea Hawks	Y
Palmer	Jay A.	223 Poppy Rd.	Bothell	98012	672-4429	451-3730	team rep	Eastside Eels	N
Phelan	Donna	18027 Valley Pl. E.	Sumner	98390	862-8777			Sumner	N
Reid	Walter E.	17306 Rich Rd. S. Apt. B1	Spanaway	98387	537-1068	924-2818	non-rep	Ft. Steilacoom	N
X Sachs	Allan E.	13 Eldorado Dr.	Mercer Island	98040	232-1122		team rep	J.C.C.	N
Stipek	Michael R.	1002 S Pearl St.	Tacoma	98465	759-7791	564-9622	team rep	Tacoma Y	Y
Thomas	Bob	P.O. Box 356	Sumner	98340	893-3260		team rep	Sumner Tritons	Y
Thompson	Ian L.	1514 Fairview	Bellingham	98226	733-2338	671-0070	team rep	Whamsters	N
Underbrink	John M.	451 4th Ave. S. #109	Kirkland	98033	828-6733		team rep	MISC	Y
Watkins	Robert	863 Mt. Angeles Rd.	Port Angeles	98362	452-3526	457-0491	team rep	Port Angeles	N
X Wedaman	Andy	3245 63rd SW	Seattle	98116	938-1840	773-0851	team rep	W. Seattle Y Dolphins	N

X - indicates those whose labels I pulled

ANN,

Here is the latest list of "Board Members".

I made labels for all these, except x's, y's, mine, and Jane's.

PNA Standing Rules adopted at Oct. ⁵~~12~~th, 1985 retreat

1) The PNA shall not use any of its own funds for financial support of swimmers or coaches at competitions. However, the PNA will supply an endorsement letter to any PNA swimmer in good standing who requests one, for the purpose of gathering sponsors to raise money for attending national or international meets.

2) The PNA shall compensate its members who represent its interests at the national United States Aquatic Sports annual convention. Compensation shall be in amounts as approved by the Board. Amounts shall be limited to travel costs, registration fees, and lodging.

3) Entries received after meet entry deadlines may be accepted at the discretion of the meet director. However, such entries for PNA champs shall be restricted as follows:
Meet entry & Membership application deadline shall be a post-mark (or in the hands of the meet director) 14 days before the first day of the meet.

Swimmers with late entries shall be limited to exhibition swims. Their times will be allowed for top 10 & records, but they will not be allowed to place, score points, swim on relays, or receive awards.

4) Complimentary newsletters shall be sent monthly to the chairperson & newsletter editor of each LMSC in Oceana zone, as well as USMS Secretary, Oceana zone rep, and editors of pertinent magazines. Other persons or pools requesting newsletters may be sent single complementary issues.

PNA Long Range Planning & Policy Meeting

Oct. 5th, 9:00 AM Husky Hall of Fame Room
University of Washington, Hec Edmunson pavillion

Agenda

- I. Call to order
- II. Committee Reports
- III. Ex-Members Survey
- IV. Covention Reports
- V. Discussion Groups
- VI. Review of Discussion Groups
- LUNCH (provided by PNA)
- VII. Review of current PNA policies
 - a. policies still in effect
 - b. standing rules
 - c. policies not being followed
 - d. regional policies
 - e. obsolete policies
- VIII. New Policies
 - ✓a. allowing other clubs to register with USMS
 - b. team size determination for voting representation
 - c. reimbursement policy
 - d. relay fee collection *continue definition*
 - e. Wet Set "advertising" for events not sanctioned by PNA
- IX. Misc.
- X. Adjourn

Discussion groups: Each group should select a chairperson to keep the group organized, and a secretary to keep minutes to be presented to the board of managers when we reconvene. I would like each group to address the following questions:

- 1) Registering clubs other than PNA at national level. How can we maintain our present team identities and not publish team scores?
- 2) Method of communication between at-large-representatives and the swimmers that they represent.
- 3) The PNA registration was reduced by about 40 swimmers last year. Do you feel that this is a one time occurrence? What should we do to promote membership and encourage participation?
- 4) What can the PNA do to encourage meet bids?
- 5) How can we involve more people at the committee level?
- 6) Should the awards banquet be moved to a date separate from PNA Champs?
- 7) Would you like to see more stroke clinics and fitness clinics? If so, what format would you like to see? When? How often?
- 8) What should the PNA do to improve meets?
- 9) How can we improve the distribution process for entry cards?
- 10) Do you have any suggestions for fund-raising projects?
- 11) Do you have any articles that you would like to see deleted from or added to the WetSet?
- 12) Other topics that your group feels are appropriate.

The following definitions apply to the discussion below.

LMSC - Local Masters Swim Committee, a division of USMS with supervisory responsibilities for an association (in our case, the PNA)

Club - A group of swimmers in an LMSC who register together, through their LMSC, at the national level.

Team - A group of swimmers in the PNA who register with the PNA.

Currently the PNA registers all of its swimmers under one club, the PNA. The main advantage for this is in forming relays (especially for regionals and nationals). According to USMS rules, all relay team members must be registered with the same club. However, this has caused some resentment among other LMSCs. Legislation has been proposed to redefine Club and LMSC, which would cause the PNA great difficulty. At the recent USMS convention, the action failed. However, it is not a dead issue. Some LMSCs have noted that the PNA has teams registered on a local level which they feel should be registered nationally as clubs. I feel that we should try to stay a step ahead by amending our rules to allow other clubs to register with USMS. Therefore, I am suggesting that the PNA consider adopting the following proposal:

The PNA shall maintain an annual club membership with USMS. Any other group of swimmers within the PNA may also maintain club memberships within USMS, provided that they pay the applicable USMS club fee. Swimmers registering in the PNA may register with any one club maintaining USMS membership or may register unattached.

*Motion to
adopt as policy*

Discussion items:

- 1) Method of communication between at-large-representatives and the swimmers that they represent.
- 2) The PNA registration was reduced by about 40 swimmers last year. Do you feel that this is a one time occurrence? What should we do to promote membership and encourage participation?
- 3) What can the PNA do to encourage meet bids?
- 4) How can we involve more people at the committee level?
- 5) Should the awards banquet be moved to a date separate from PNA Champs?
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- 9) Do you have any suggestions for fund-raising projects?
- 10) Do you have any articles that you would like to see deleted from or added to the WetSet?

Present policies to be reviewed:

- 1) mailing list distribution.
- 2) complementary newsletter distribution.
- 3) one award free per meet for seniors.

I feel that policies need to be created in the following areas:

- 1) Team size determination for voting representation.
- 2) Allow late entries in PNA champs to swim exhibiton.
- 3) Reduction of registration fees for members who register after PNA champs.
- 4) Financial reimbursement policy.
- 5) Method for collecting relay fees for national and international meets.
- 6) Determination of which events not sanctioned by the PNA may be published in the WetSet.

7) *Relay organization*

PNA Policies (In Effect) *Next board*

1/15/75

Top Ten records to be kept and published once a year.
Proposal to swim at national meets as a single PNA team.

3/19/75

Awards Chairman duties: keep awards tally after each meet; coordinate with meet chairman on type and number of awards needed; work with manufacturers on type and number of awards needed; submit request to treasurer for necessary funds; deliver awards to meets; keep inventory.

4/16/75

All teams must register with PNA to be eligible for team trophies.

9/16/75

Pool adult swim schedules to be published in newsletter.

11/18/75

Awards no longer to be mailed out.

1/13/76

Sunshine committee established.

2/24/76

Logo selected: swimmer for T-shirts; killer whale for patches (black & white with green).

Because of "contamination" clause, PNA to ban all non-masters exhibition swimmers until final ruling from AAU.

200 yard mixed medley relay to be included at all meets.

4/6/76

Out of area swimmers to be charged same entry fee as PNA members.

2/1/77

Newsletter to be photographed for quick print. Press to be kept.

4/5/77

Fitness committee established.

3/9/78

Fee for awards increased to \$1.25.

3/6/79

"Inspirational Swimmer Award" waived in favor of each team or a member being recognized at PNA banquet.

6/17/80

Unattached swimmers may swim together as a team on relays.

Any group of 4 swimmers may try for a relay record with permission from their respective teams.

9/9/80

Updated membership list to be sent to each meet director 2 weeks before each meet.

11/18/80

Special medals to be die cast for PNA Championships (quantity for 2-3 years). No pro-rated fees will be allowed.

1/20/81

PNA Champs team trophies to be continued.

Participants 65 and over may receive one medal free and purchase additional medals.

2/24/81

PNA record holders and top ten to be recognized at banquet.

5/5/81

Allow mixing of male and female entrants when feasible. Should be noted on entry form.

7/28/81

Swimmers at meets who are not PNA members will not be listed in regular results, but names will be listed at end of results with notation of lack of membership.

3/16/82

Complimentary issues of newsletter will no longer be sent to pools.

10/19/82

Limit of \$25.00 placed on Sunshine gifts or flowers.

1/18/83

Application for bulk mail and non-profit mailing status to be made.

4/12/83

"Deck Profiles", article on 2 swimmers and why they swim in Masters will be written by Cathy Brooks for each newsletter.

5/3/83

PNA will try to hold meets the 3rd weekend of each month except December. Beginning this fall, entry cards must be filled out and sent in with meet entries.

6/7/83

Entry forms to be printed on colored paper.

Newsletter to be mailed by bulk mail for next year.

7/12/83

Membership forms will always be printed in newsletter.

11/22/83

President and Newsletter Editors will each receive 5 extra copies of newsletter to distribute on request.

1/17/84

Newsletter items should be submitted camera ready if possible.
Meet results will be reduced before printing in newsletter.

2/14/84

Meet evaluation forms are to be completed following each meet at Board meetings and kept for reference for future meet bids.
President's Award (criteria for selection to be determined by President) to be presented at banquet.

10/13/84

Teams will be responsible for purchasing and awarding the Outstanding Swimmer award or the team can order the award from the PNA.

10/23/84

PNA logo changed to a circle of orca whales.

12/18/84

Articles for newsletter must be received by the 31st of each month.

1/22/85

Team fees increased to \$10.00 per year.

- Entries must be in the hands of the meet director or postmarked 14 days before the PNA Championship meet.

Scoring PNA Championship meets: Number of swimmers on a team determined by counting the meet entries as of the closing date; teams will be divided into three classes with 1st, 2nd, and 3rd place awarded in each class; Do not pre-define the groups prior to the meet; Prepare a list of the teams ranked by number of swimmers (do not show the team names); Use a 3 person committee to review the list to establish the cut-off points for each group, looking for logical breaks to create groups of equal strength.

Ribbons to be available for purchase for 4th, 5th and 6th places at PNA Champs.

2/26/85

Awards system that is uniform with a standardized trophy will be started for PNA Championship meets.

4/23/85

Ribbons (4th - 6th place) to be bought for next years PNA Champs.

5/28/85

Three at-large board members to represent small teams and unattached swimmers appointed: Debbie Lewis, Jane Moore, and Susan Allen.

6/25/85

Seven member committee formed to review meets to determine if plans per contract met.

Sunshine committee will provide a list of age-group-change birthdays for each WetSet.

7/23/85

Dues will increase to \$15.00 per year; seniors over 65 will pay \$10.00.

Newsletter subscription fee for non-members will increase to \$8.00.

Continue to try for 1 meet per month with 3 months notice in WetSet.

8/27/85

PNA informational flyer being developed to be sent out with registration cards.
Approval given for printing promotional flyer, cost not to exceed \$100 per 1000.

PNA Policies
Still in Effect but Not Followed

11/20/74

Late entry fee to be levied against late meet entries.

3/19/75

Sponsorships will be sold to individuals and businesses: heat sheet ads - \$10.00; sponsor an event - \$5.00.

9/16/75

Membership Committee to keep separate list of new members to be welcomed in newsletter.

10/21/75

Stroke and Training committee: articles to newsletter on strokes; organize and oversee 2 clinics/year; coordinate and submit national and regional entries. Medical advisor: articles to newsletter on medical aspects of Masters swimming. Phone committee established.

3/8/77

List of persons with medical experience to be compiled in case of emergencies at meets.

5/2/78

Agreed to comply with suggestion from Ted Haartz (Chair-Masters Swimming Committee)- remove scoring for local teams from publications distributed nationally as PNA registered as a single team.

1/23/79

Team suit adopted; Arena lycra or nylon freeback or flyback in navy with red/white panel insert. Official PNA warm-up suit color adopted: navy.

9/9/80

Committee chairs to hold office until September to allow smoother change-over of officers in May.

11/18/80

Paid ads from businesses related to sports and companies supporting physical fitness will be sought for newsletter in an effort to stop raising fees.

2/24/81

Self-addressed, stamped envelope must be included when sending in AAU/PNA membership fees.

4/12/83

People must be registered with the membership chair by the meet entry deadline in order to swim in that meet.

7/12/83

Names and phone numbers of Sunshine people will be published in newsletter.

11/22/83

Hand written letter following an approved format to be sent to people whose checks bounce.

12/13/83

Banquet committee to be formed to assist in setting up banquets for Championship meets.

4/10/84

Ad-hoc ethics committee formed to develop Code of Ethics for PNA meets.

10/13/84

District coordinators for team reps on an area basis appointed; West of Puget Sound, South, Eastside, Seattle, North.

4/23/85

Vice President to serve as liaison to keep standing and special committees up to date.