

HIGHLIGHTS OF PNA BOARD ACTION: JANUARY & FEBRUARY, 1986

from Ann Gindroz, Secretary

Motions passed:



1. When the 500 is swum first (order #3) there will be a second warmup of 1/2 hour and an identified starting time for the rest of the meet.
2. To print information in the newsletter about the possibility of extra summer workouts for LC Nationals. Those interested in the use of South End Pool for 8 weeks from 5-7 pm, Monday through Friday evenings should send \$30.00 to Hugh to reserve and pay for this usage. The board will continue to explore the other locations for group LC workouts.
3. Money was appropriated for banquet entertainment, a president's award, pin orders, PNA seat cushions and 500 medals.
4. To allow the voluntary sale of teamwear and cards at meets by the host organization for 10% of the take.
5. To include 20-24 year olds on relays in their prescribed brackets for local competition. Encourage other regions to do the same.
6. A committee was appointed to determine the divisions of teams based on size: Walt, Kiko and Rick.
7. Ranson Arthur Nominee selected: Kathy Casey.

Membership currently 384 (80 less than last year).

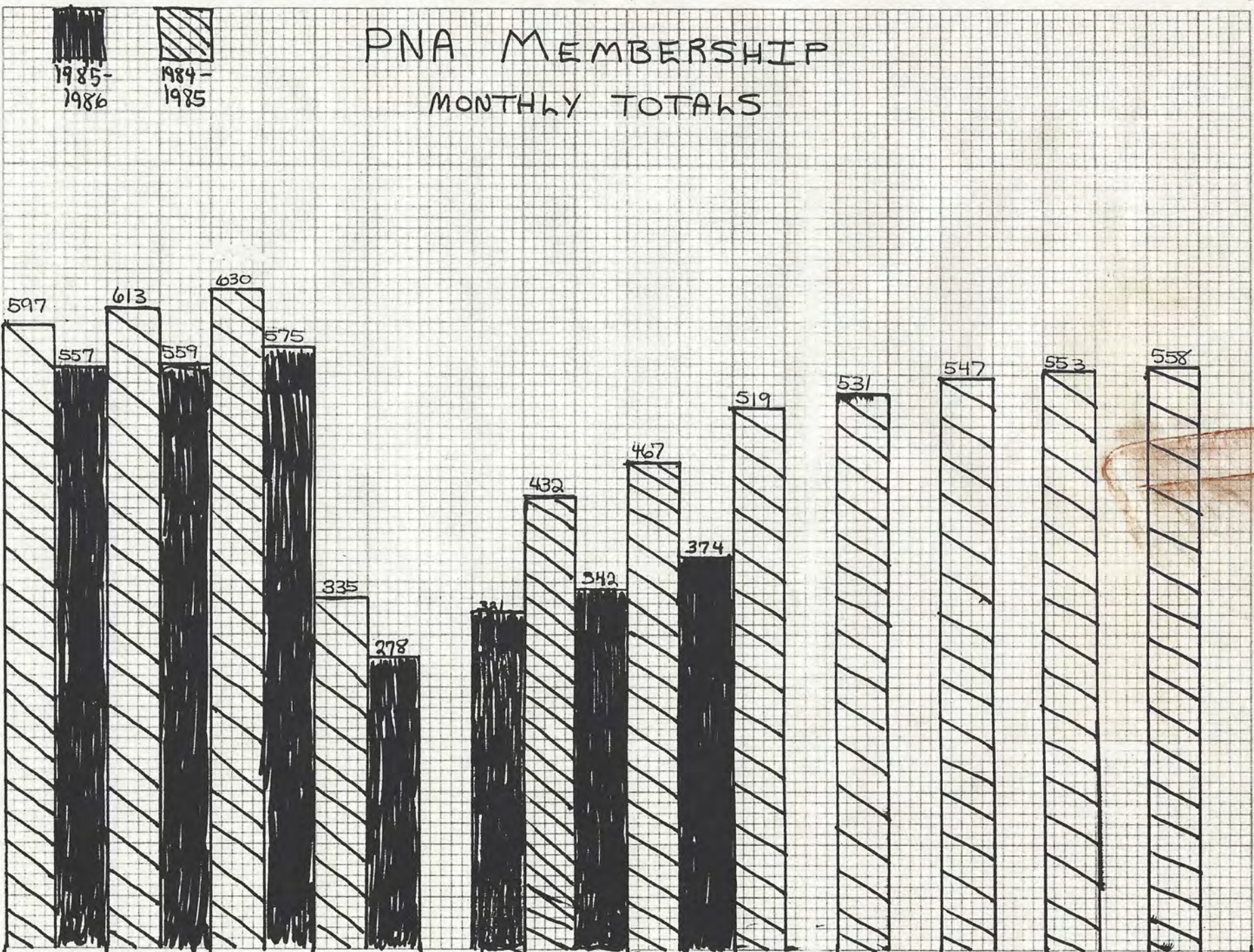
Treasury is approximateliy \$3,000.00.

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

PNA MEMBERSHIP MONTHLY TOTALS

 1985-1986
 1984-1985

700
600
500
400
300
200
100



August Sept. Oct. Nov. Dec. Jan. Feb. March April May June July

The January 28th PNA Board Meeting will be at Kathy Casey's house, 11114 111th SW, Tacoma, phone 588-4879. As you can see we have a very active agenda for the January Board Meeting. Please plan to attend as we have a number of important decisions to make. Also, please ask your teammates: we need a volunteer to help on the Teamwear Committee.

January 28th PNA Board Meeting Agenda

- I. Call to order
- II. Minutes
- III. Treasurer's Report
- IV. Committee Reports
 - a. Membership
 - b. Teamwear
 1. PNA Seat Cushions
 2. Proposal to allow Meet hosts to sale Teamwear
 - c. Awards (We need to order new medals)
 - d. Newsletter
 - e. Other
- V. Meets
 - a. Issaquah Pentathalon (Jan.)
 - b. Kent (Feb.)
 - c. Cascade (March)
 - d. BAC Sanction Request (June 14th)
 - e. July LC meet?
 - f. LC Nationals (it is time to organize)
 1. Relays
 2. Workouts
 3. Travel
- VI. PNA Banquet
 - a. Date
 - b. Agenda
- VII. PNA Policy for Relay Teams with one or more swimmer in 20-24 age group. (Since 20-24 age group is only recognized at the LMSC level, it is up to us to develop a policy regarding this age group relative to the new relay format.)
- VIII. PNA Policy Review
(policies not presently being adhered to)
- IX. Misc.
- X. Adjourn

I've included a list of PNA policies with this agenda. Please keep a copy to refer to when you have questions regarding policy. Also, review it and propose any new policies that you feel are needed. Team Reps: It's time to turn in your team registration.

The February 25th PNA Board meeting will begin at 7:00 PM at Hugh and Jane Moore's house, 29920 2nd Pl. SW, Federal Way, 941-3100. From I-5 S. bound, take S. 272nd exit. W. on 272nd to first light, (Pacific Highway S.). S. on Pacific Hwy (approx. 3/4 mile) to Dash Pt. Rd. (Highway 509) W. on Dash Pt. Rd. about 2 miles to 2nd Pl SW. (note: you will cross 1st Ave. S. on a bridge. 2nd Pl. SW is the third street past 1st Ave. S.). Rt. on 2nd Pl SW. Our house is straight ahead where the road turns. From I-5 N. bound, take 320th St. Exit. W. on 320th to Pacific Hwy. S. N. on Pacific Hwy. S. to Dash Pt. Rd. Then follow directions above.

February 25th PNA Board Meeting Agenda

- I. Call to order
- II. Minutes
- III. Treasurer's Report
- IV. Meets
 - a. Kent
 - b. Cascade
 - c. PNA CHAMPS
 - d. Regionals
 - e. LC Nationals (LC pool rental for summer)
- V. Meet Bids for 1986 - 87
- VI. PNA Banquet
- VII. Committee Reports
 - a. Membership
 - b. Teamwear
 - c. Awards
proposal to allow awards to be sold at current meet for 1 previous meet
 - d. Newsletter
 - e. Other
- VIII. Ransom Arthur award
- IX. PNA Sponsored rule changes for USMS Convention
 - a. Change requirement for 3 watches/lane to 2/lane.
 - b. In event of timing failure, only national records will require more than one watch.
 - c. No team score to be kept at national championships.
- X. Misc.
- XI. Adjourn

PNA Standing Rules
(Long Term Policies)

9/16/75

Membership Committee to keep separate list of new members to be welcomed in newsletter.

1/20/81

Participants 65 and over may receive one medal free and purchase additional medals.

3/15/83

Future meets to be seeded by time only, eliminating separate heats for men and women.

7/12/83

Names and phone numbers of Sunshine people will be published in newsletter.

11/22/83

Hand written letter following an approved format to be sent to people whose checks bounce.

3/20/84

Any team award received will be taken from any team found to have discouraged any swimmer from participating in PNA Championship meet.
Awards committee to buy team trophies for PNA Champs. Money used = # of teams x team fee.

4/10/84

Future PNA championship meets will be scored for places 1 through 12.

7/24/84

Meet fees raised to \$5.00 per meet for all regular meets.

8/14/84

One month grace period for the newsletter before dropping a person from the mailing list for failure to renew membership.

10/13/84

September 1 - August 31 will be the PNA financial year to follow the swim season.

1/22/85

PNA will award a certificate to outstanding team swimmer instead of a trophy.

5/28/85

Executive Secretary to be appointed by the President, approved by the Board, and report to the President. Duties: membership, newsletter labels, meet packets, etc.

6/25/85

PNA mailing list should not be given out for commercial purposes; should be used only for official PNA business.

10/5/85

The PNA will not use any of its own funds for financial support of swimmers or coaches at competitions but will supply an endorsement letter to any PNA swimmer in good standing who requests one for the purpose of gathering sponsors to raise money for attending national or international meets.

The PNA shall compensate its members who represent its interests at USAS Annual Conventions; compensation shall be in amounts as appropriated by the Board; amounts shall be limited to travel costs, lodging and transportation.

Entries received after the meet entry deadline may be accepted at the discretion of the meet director. However, such entries for PNA champs shall be restricted as follows: meet entry and membership application deadline shall be postmarked or in the hands of the meet director 14 days before the first day of the meet.

Swimmers with late entries shall be limited to exhibition swims. Their times will be allowed for top ten and records, but they will not be allowed to score points, swim on relays, place or receive awards.

Complimentary copies of the WetSet newsletter shall be sent to the chair and newsletter editor of each LMSC in the Oceana Zone, USMS secretary, pertinent magazines, and the Oceana zone representative. Other persons or pools requesting a newsletter may be sent a single complimentary copy.

Following PNA Champs, the registration fee will be reduced from \$15.00 to \$10.00 (seniors \$10.00 to \$8.00).

The PNA shall maintain an annual club membership with USMS. Any other group of swimmers within the PNA may also maintain club memberships within USMS, provided that they pay the applicable USMS club fee. Swimmers registering in the PNA LMSC may register with any one club maintaining USMS membership or may register unattached.

11/19/85

Starting with the February, 1986 meet, the meet entry fee will be \$5.50. If properly filled out cards are submitted with the entry, fee will be \$5.00.

Cards will be sold at meets (\$1.50/50) or by mail (\$2.00/50 incl. postage). No cards will be required if the meet is computerized.

Team reps for teams outside a 50 mile radius of Seattle may be reimbursed three times per year for attending board meetings at the rate of 10 cents per mile plus ferry cost for mileage to the meeting. Overnight housing at a board member's home will also be provided.

1/28/86

Awards will be ordered yearly in lots of 500 with no distinction for sex. Place will be designated by ribbon color. Leftovers from previous years will continue to be sold while available.

Relay teams with one or more swimmer in the 20-24 age group will be considered for PNA records in the category for which the total age qualifies them.

PNA Policies
(In Effect)

1/15/75

Top Ten records to be kept and published once a year.
Proposal to swim at national meets as a single PNA team.

3/19/75

Awards Chairman duties: keep awards tally after each meet; coordinate with meet chairman on type and number of awards needed; work with manufacturers on type and number of awards needed; submit request to treasurer for necessary funds; deliver awards to meets; keep inventory.

4/16/75

All teams must register with PNA to be eligible for team trophies.

9/16/75

Pool adult swim schedules to be published in newsletter.

11/18/75

Awards no longer to be mailed out.

1/13/76

Sunshine committee established.

2/24/76

Logo selected: swimmer for T-shirts; killer whale for patches (black & white with green).

Because of "contamination" clause, PNA to ban all non-masters exhibition swimmers until final ruling from AAU.

200 yard mixed medley relay to be included at all meets.

4/6/76

Out of area swimmers to be charged same entry fee as PNA members.

2/1/77

Newsletter to be photographed for quick print. Press to be kept.

4/5/77

Fitness committee established.

3/9/78

Fee for awards increased to \$1.25.

3/6/79

"Inspirational Swimmer Award" waived in favor of each team or a member being recognized at PNA banquet.

6/17/80

Unattached swimmers may swim together as a team on relays.
Any group of 4 swimmers may try for a relay record with permission from their respective teams.

9/9/80

Updated membership list to be sent to each meet director 2 weeks before each meet.

11/18/80

Special medals to be die cast for PNA Championships (quantity for 2-3 years).
No pro-rated fees will be allowed.

1/20/81

PNA Champs team trophies to be continued.
Participants 65 and over may receive one medal free and purchase additional medals.

2/24/81

PNA record holders and top ten to be recognized at banquet.

5/5/81

Allow mixing of male and female entrants when feasible. Should be noted on entry form.

7/28/81

Swimmers at meets who are not PNA members will not be listed in regular results, but names will be listed at end of results with notation of lack of membership.

3/16/82

Complimentary issues of newsletter will no longer be sent to pools.

10/19/82

Limit of \$25.00 placed on Sunshine gifts or flowers.

1/18/83

Application for bulk mail and non-profit mailing status to be made.

4/12/83

"Deck Profiles", article on 2 swimmers and why they swim in Masters will be written by Cathy Brooks for each newsletter.

5/3/83

Newsletter to be printed by the Ingrahams for a maximum of \$205.00 for 5 double sided pages with extra pages being \$2.50 for typing and \$7.00 for printing. Includes layout, typing, printing and mailing. Newsletter will be in the mail by the 10th of every month.

PNA will try to hold meets the 3rd weekend of each month except December. Beginning this fall, entry cards must be filled out and sent in with meet entries.

6/7/83

Entry forms to be printed on colored paper.
Newsletter to be mailed by bulk mail for next year.

7/12/83

Membership forms will always be printed in newsletter.

11/22/83

Printing cost of newsletter raised to \$223 for 500-600 copies.
President and Newsletter Editors will each receive 5 extra copies of newsletter to distribute on request.

1/17/84

Newsletter items should be submitted camera ready if possible.
Meet results will be reduced before printing in newsletter.

2/14/84

Meet evaluation forms are to be completed following each meet at Board meetings and kept for reference for future meet bids.
President's Award (criteria for selection to be determined by President) to be presented at banquet.

10/13/84

Teams will be responsible for purchasing and awarding the Outstanding Swimmer award or the team can order the award from the PNA.

10/23/84

Approved one page column in WetSet monthly for publishing fitness information.
PNA logo changed to a circle of orca whales.

12/18/84

Mike Stipek and Joann Brislin will alternate writing Coaches Corner.
Articles for newsletter must be received by the 31st of each month.

1/22/85

Team fees increased to \$10.00 per year.
Scoring PNA Championship meets: Number of swimmers on a team determined by counting the meet entries as of the closing date; Teams will be divided into three classes with 1st, 2nd, and 3rd place awarded in each class; Do not pre-define the groups prior to the meet; Prepare a list of the teams ranked by number of swimmers (do not show the team names); Use a 3 person committee to review the list to establish the cut-off points for each group, looking for logical breaks to create groups of equal strength.
Ribbons to be available for purchase for 4th, 5th and 6th places at PNA Champs.

2/26/85

Awards system that is uniform with a standardized trophy will be started for PNA Championship meets.

4/23/85

Ribbons (4th - 6th place) to be bought for next years PNA Champs.

5/28/85

Executive Secretary shall be reimbursed at \$5.00/hour.
Three at-large board members to represent small teams and unattached swimmers appointed: Debbie Lewis, Jane Moore, and Susan Allen.

6/25/85

Seven member committee formed to review meets to determine if plans per contract met.

Sunshine committee will provide a list of age-group-change birthdays for each WetSet.

7/23/85

Dues will increase to \$15.00 per year; seniors over 65 will pay \$10.00.

Newsletter subscription fee for non-members will increase to \$8.00.

Continue to try for 1 meet per month with 3 months notice in WetSet.

8/27/85

PNA informational flyer being developed to be sent out with registration cards.

Approval given for printing promotional flyer, cost not to exceed \$100 per 1000.

10/22/85

The three at-large board representatives will divide reresentation of unattached and small team swimmers on the basis of zip code: <98100; 98100-98199; >98199.

Debra Lewis' resignation as at-large rep accepted; Jay Palmer chosen as replacement.

12/17/85

Sanction fee of \$15.00 approved for sanctioning dual meet to be held at Fidalgo Pool 1/19/86.

1/28/86

Fifty seat cushions will be ordered at cost of \$5.92 each with the single orca PNA design to be sold with teamwear.

Meet hosts may sell the PNA teamwear at meets, if they so desire, for 10% of the receipts. Prices will be increased by 10%, except cards, caps, and towels.

PNA Board February 1986

Ann Gindroz

Kiko Kumuwa

Julie Corma

Carolyn Baldwin

John Heneg

Jan Kavala

Hugh + Jane Moore

Linda Cazin

Frank Neugeust

Walt Reed

Kathy Casey

PNA Committees as of January 29, 1986

COMMITTEE	MEMBERS (* - chair)
Awards	*Carolyn Baldwin, Steve Freeborn
Computer Applications	*Hugh Moore, Walt Reid, Dave Addleman
Constitution & By-laws	*Rick Ingraham, Hugh Moore, Kathy Casey
Finance	*Julie Corman, Hop Bailey, Hugh Moore
Fitness	*Kiko Kimura, Hugh Moore, Jane Moore, Lib Rust, Amy Rust, Maxine Carlson, Cathy Brooks, Karen Unruh, Carolyn Baldwin
History	*Tom Foley, Maxine Carlson
Hospitality	*Dave Addleman, Kiko Kimura
Medical	*Jane Moore, Kiko Kimura, Martha McClelland, Carolyn Baldwin
Meets	*Jan Kavadas, Hugh Moore, Joann Brislin, Julie Corman, Carolyn Baldwin, Rick Ingraham
Membership	*Jane Moore, Hugh Moore, Rick Ingraham
Newsletter	*Kathy Casey, Hugh Moore, Walt Reid
Officiating	*Carolyn Behse, Rick Ingraham
Publicity	*Frank Newquist
Records	*Walt Reid, Kathy Casey
Relay Captains	*Kathy Casey, Jay Palmer, Julie Corman
Social	*Linda Cazin, Rick Ingraham
Sunshine	*Marietta Hunziker-James(582-6877), Jim Penfield (884-2359)
Teamwear	*Jay Palmer