

Nationally registered clubs represented by this LMSC are:
Pacific Northwest Aquatics
Husky Masters
SQMasters

The meeting was called to order by Vice-President Steve Freeborn. Twelve people in attendance were: Forest Brooks, Kathy Casey, Steve Freeborn, Gordon Gray, Karen Jost, Jan Kavadas, Watson Lawrence, Hugh Moore, Jane Moore, Frank Newquist, Walt Reid, and Tom Taylor. Seven teams represented were: Cascade, Federal Way, Fort Steilacoom, Highline Swim Club, OOPS, Sequim Masters, and Tigers.

1. **Minutes** - The minutes of the last meeting were read and approved with the following addition: (3.C. Records and Top Ten) "Orca's July 1989 meet will be put on a disk and sent in."

2. **Treasurer's Report** - Jane Moore reported a current balance of \$9163.70. Year-to-date income is \$17778.52 and year-to-date expenses are \$11221.45. Lynnwood paid \$55.00 and Federal Way paid \$1465.00 for PNA meet fees.

3. **Committee Reports**

A. **Membership** - Hugh Moore reported that there are currently 611 members as compared to 551 members at the same time last year. The results of the interest/fitness survey that was included in the welcome packet for all swimmers at the Region XII Championships will be published in the July "Wet Set".

B. **Meets** - The Region XII Championships was an excellent meet. 545 swimmers entered that meet. Meet bids are due to Jan Kavadas by June 15. Jan will work on scheduling novice events at a Seattle meet. Other suggestions were "host a new swimmer" and unusual relays. The July 1 meet really is a long course meet.

C. **Records and Top Ten** - Nancy Lawrence, Gordon Gray, Steve Peterson, Walt Reid, and Watson Lawrence met to work on the results of the Region XII Championships. There were very few errors; a handful of one-watch times and the normal number of incorrect calculations of official times. They will do the results of the relays for that meet next. The results of the PNA Championships will be in the June "Wet Set" and the results of the Region XII Championships will be in the July issue. ORCA needs to submit the results of their May meet before the end of June. The board approved the allotment of \$100.00 to print 50 copies of the PNA Records & Top Ten book and sell them at cost.

D. **Newsletter** - Karen Jost will publish a regular column on performances at PNA meets (personal bests, interesting tidbits, etc.). Swimmers are asked to give Karen such information on their swims or others' swims.

E. **Awards** - Tom Foley won the Dawn Musselman Inspirational Award. Frank Newquist will write an article about that presentation for the "Wet Set". Frank and his committee (Steve Peterson and Susan Dearborn) are preparing a notebook on the Dawn Musselman Inspirational Award that will include her biography and a list of the winners. The board approved the establishment of an ad hoc Dawn Musselman Inspirational Award Committee to accept nominations, choose the winner, present the award, and update the notebook each year. The board further approved the appointment of Frank Newquist as chairman of that committee. Steve Freeborn will contact Del Hanson about presenting the Dawn Musselman Award to the winner of the women's 60-64 100 meter freestyle at Long Course Nationals in The Woodlands, Texas, this August. Steve will make that presentation at Nationals. (We have two separate awards as described above.)

F. **Officiating** - Walt Reid reported that the officiating at Regionals was excellent.

G. **HOST/Sunshine** - Seven visiting swimmers were hosted by PNA swimmers for Regionals.

H. **Computer** - Gordon Gray is converting other meet results into the PNA format.

I. **Publicity** - There was television coverage of Regionals as well as coverage by the Federal Way News. KIRO television has an evening news magazine that might feature one or more masters swimmers. PNA could submit several swimmers' profiles for consideration. Gordon Gray and Tom Taylor will follow up with Carter Bannerman on this possibility. The "Wet Set" will ask teams to contribute swimmer profiles.

4. Old Business

A. **Clinic** - Frank Newquist reported that the clinic will be a fitness clinic not a stroke clinic. He met with Jane Moore to discuss possible topics; physical testing, nutrition, flexibility, stretching, weight lifting, and prevention and cure of common swimmer injuries. The clinic will be sometime in October in Federal Way. Submit any ideas and names of people who could help staff the clinic to Frank Newquist, 2210 - 6th Ave., #2B, Milton, WA 98354 (922-3405). Frank will continue as chairman.

C. **Bumper sticker** - The board selected the slogan, "Masters Swimming for the Health of It". Watson Lawrence will work on the bumper sticker.

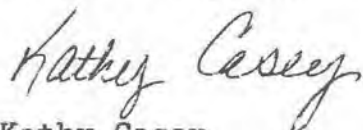
D. **92 Long Course Nationals** - The board approved (by a vote of 10-yes, 1-no, 1-abstain) the establishment of an ad hoc National Meet Organizing Committee to prepare a bid for 1992 Long Course Nationals, make preliminary plans for committees to run the meet, and prepare a budget for producing the meet. The Committee (NMOC) will include the Meet Director, Assistant Meet Director, and chairs of various meet subcommittees as recommended by the NMOC and approved by the PNA board. Members of the various meet subcommittees will be appointed by the NMOC. The board approved a budget of \$200.00 to produce the bid. As approved by the board above, if the PNA is awarded the bid, the Committee will be responsible for implementing the previously established plans for running the meet. The Committee will have the right to conduct necessary business without prior approval of the PNA board, including entering into agreements with other organizations and financial transactions within budgeted amounts. The Committee will report significant decisions, financial transactions, and any other agreements with other organizations at regular PNA board meetings. The PNA board will make recommendations to the ad hoc Committee as necessary. The board approved the following NMOC appointments: Hugh Moore - Meet Director; Lee Carlson - Assistant Meet Director; and Karen Jost, Mark Freitas, Tom Taylor, Steve Freeborn, Frank Newquist, and Jane Moore - all chairs of various meet subcommittees. The board approved a policy allowing non-PNA members to chair a subcommittee and have a vote on the NMOC.

5. New Business

A. **Convention** - The board appointed Hugh Moore and Bobby Gallegos as delegates to Convention 1990 and appointed Jan Kavadas as alternate.

B. **Next Board Meeting** - will be Tuesday, June 26, 7:00 p.m., at the home of Frank Newquist. We need all Team Reps!!!!!!
(Minutes are subject to approval by the board.)

Respectfully submitted,



Kathy Casey