

Pacific Northwest Association LMSC Board Meeting
July, 17, 1990 Tom Taylor's house

Nationally registered clubs represented by this LMSC are:
Pacific Northwest Aquatics
Husky Masters
SQMasters

The meeting was called to order by President Bobby Gallegos. Ten people in attendance were: Kathy Casey, Steve Freeborn, Bobby Gallegos, Nancy Lawrence, Watson Lawrence, Hugh Moore, Jane Moore, Frank Newquist, Walt Reid, and Tom Taylor. (A quorum is eight.) Four teams represented were: Federal Way, Fort Steilacoom, Sequim Masters, and South Kitsap.

1. **Minutes** - The minutes of the last meeting were read and approved.

2. **Treasurer's Report** - Jane Moore reported a current balance of \$5,581.88. Year-to-date income is \$18,842.43 and year-to-date expenses are \$15,867.18. Jane also apprised the board of state laws indicating that PNA must pay an annual business and occupation tax if annual revenue is \$12,000.00 or more as well as sales tax on entry fees, clinic fees, medal sales, and newsletter subscriptions (only those subscriptions sold to individuals who are not PNA members). The discussion was tabled pending more investigation. The board approved a reimbursement of \$42.86 to Secretary Kathy Casey for printing, mailing, and office supplies.

3. **Committee Reports**

A. **Membership** - Hugh Moore reported that there are currently 641 members. After August 1, he will encourage potential new members to wait until September 1 to apply for membership, so they can register for the new year rather than just the last month of this membership year.

B. **Meets** - The board approved changing the date of the Port Angeles meet from September 16 to October 14. The Port Angeles meet entry information will be ready for the next newsletter. The King County Aquatic Center is available for a PNA long course meet August 2, 3, and 4, 1991. Low entries at meets, sanction fees, and meet contract/meet cancellation were tabled until the next meeting.

C. **Publicity** - Tom Taylor will write a treatment to submit to the producer for approval of a television special on Masters swimmers. Sequim Masters will be featured in the August issue of the magazine, "50-Something".

D. **National Meet Organizing Committee** - Hugh Moore reported that the NMOC worked on the bid preparations at the July 15 meeting. Bid preparations include the bid application form, bid portfolios to be sent to the members of the national Championship and Executive Committees, and the bid presentation at Convention, September 21, in Pittsburgh. The board approved the following appointments to the NMOC: meet director, Hugh Moore; assistant meet director (meet activities), Lee Carlson; assistant meet director (support services), Mark Freitas; pre-meet registration and office administration, Karen Jost; programs, Tom Taylor; on-site meet check-in, Allison Beezer; awards/logos/souvenirs, Steve Freeborn; housing, Frank Newquist; transportation, Julie Corman; budget/finance, Jane Moore; participant hospitality, Dorothy Kleist; and publicity, Sherry Grindeland. Each assistant meet director will be responsible for half of the NMOC subcommittees. The board also approved an increase in the bid budget from \$200.00 to \$400.00. The next NMOC meeting will be August 7 at Dr. Jane Moore's office.

4. **Old Business**

A. **Clinic** - Frank Newquist reported that Decatur High School is a potential site for the clinic. Jane Moore and Karen Jost have both agreed to be part of the clinic staff. The date will be coordinated with the

availability of the facility and scheduled meets. The next clinic committee meeting will be July 18.

B. **Bumper sticker** - Kathy Casey reported a bid \$165.42 for 700 bumper stickers from Sooner Web & Offset and a bid of \$250.00 for 700 bumper stickers if Sooner Web & Offset had them silk-screened. Watson Lawrence will investigate costs further.

C. **Convention** - Bobby Gallegos will be unable to attend Convention so Jan Kavadas will be a PNA delegate to Convention. (Hugh Moore is the other PNA delegate.)

5. **New Business**

A. **PNA Top Ten Booklet** - is available from Walt Reid for a reimbursement fee of \$2.00. See your team rep or Walt Reid at meets for a copy.

B. **Next Board Meeting** - will be Tuesday, August 28, 7:00 p.m., at a Tacoma location to be announced. Sequim Masters may host a board meeting after the October meet. We need all Team Reps!!!!!!
(Minutes are subject to approval by the board.)

Respectfully submitted,

Kathy Casey
Kathy Casey

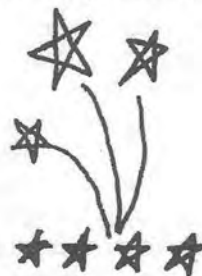
IS THE PHENIX ABOUT TO RISE FROM THE ASHES...AGAIN??

Let us help you.

The PNA is sponsoring a **FITNESS CLINIC** to be held Saturday, October 27, 1990 at Decatur High School in Federal Way.

Topics to be covered are:

- Testing for Strength and Flexibility
- Nutrition
- Weight Lifting for Swimmers
- Flexibility Exercises
- Massage Therapy
- Prevention and Treatment of Swimmers' Injuries
- ... and more.



For questions or suggestions, please call Frank Newquist at 474-1267 or 922-3405, or Caroline Baldwin 243-3705.

Entry information will be in the September newsletter.