

MINUTES OF THE MARCH PNA BOARD MEETING

We had a meeting. Well, we did not exactly have a meeting because we did not have a quorum in order to conduct official business. So, the 7:00 non-meeting was promptly called to order at 7:18 p.m. by non-president Carolyn Baldwin at Carolyn's home. Those not constituting a quorum were: Carolyn Baldwin, Hugh Moore, Jane Moore, Jan Kavadas, and Frank Newquist. (Goodness! Has EVERYBODY gone out for bowling?)

Minutes of the previous meeting were not approved, but they were not-not approved either. That then raises the question as to whether my "win streak" of consecutive approved minutes is still intact.

There were some announcements, principally that there would be a Long Course Meet on June 19 at the King County Aquatic Center. Meet Director, Hugh Moore, is currently planning that the 400-meter freestyle will be the first event with the second event to follow at 9:00 a.m. We need to be out of the pool by 2:00 as it is scheduled for other activities.

Results of the constitutional changes on a recent ballot measure were announced. A total of 282 votes from the PNA were cast in the election. All four of the constitutional measures passed in an overwhelming fashion. The measures were: (1) add that the PNA is a local Masters Swim Club of USMS; (2) add a paragraph to limit liability of the Board of Managers; (3) add that the Board of Managers is required to operate consistent with its bylaws and USMS rules; (4) amend the constitution to change the numerical requirement for making further changes to the constitution. That is, that instead of 2/3 of 50 percent of the membership, that we have 2/3 of 25 percent of the membership voting in order to make changes. The breakdown is as follows:

	Yes	No
1.	282	0
2.	271	3
3.	276	4
4.	232	44

The next item was a truly fascinating discussion on whether swimming helps to reduce body fat content. Personally, I would say that we did a pretty good job of shredding a rather popular author's contentions that swimming does not help.