

Pacific Northwest Association of Masters Swimmers
Teleconference
January 24, 2017
Minutes

Vice President Zena Courtney called the meeting to order at 6:46 pm. Board members present were: Kim Boggs, Kathy Casey, Linda Chapman, Jim Davidson, Sally Dillon, Stephanie Hiebert, Arni Litt, Hugh & Jane Moore, Steve Peterson, and Sarah Welch. *The WetSet* editor Lucianne Pugh and Bellevue Club Coach Todd Doherty also attended.

A. Officer Reports

1. Vice-President: Zena reported that we missed the opportunity to advertise the Coach of the Year and Dawn Musselman Awards in the January issue of *The WetSet*. It was suggested that we develop an editorial calendar for the newsletter to help avoid missed deadlines in the future and Zena will provide Lucianne with the necessary information. The awards should be an agenda item for the December meeting. The awards were not published in time last year so an email blast was sent to the membership and the March newsletter provided more information. Sally will send last year's "blast" and newsletter information to Zena for review. Nominations for the Dawn Musselman and Coach of the Year awards should go to Sally and Coaches Chair Matt Edde (respectively). They were appointed to 2-year terms last year. Zena will follow-up with Matt Edde about the COY award since he was not present; Sally agreed to chair the DM award.
2. Meeting Minutes: **It was MSA to approve the minutes of the December 13, 2016 Board meeting.**
3. Treasurer: Arni reported assets in checking (\$10,286) and savings (\$34,268) for a total of \$44,569. There are no outstanding liabilities. Recent income comes from online registration (\$12,565) and LMSC donations (\$395). Donations are tracked on the calendar year so the amount represents donations since January 1. She noted that printing and copy expense belongs under supplies and \$5/swimmer registration goes to their clubs. \$/5 for unattached swimmers remains in the general budget. The net total income for January (through 1/22) is \$7581. **It was MSA to approve the January financial report.**
4. Membership: Currently, PNA has 1186 members; 589 men and 597 women. Last year's total on 1/24 was 1172. Zena noted that USMS held a contest to encourage registration within teams and clubs. She suggested that PNA should have done some additional encouraging.

B. Old Business

1. Nominating Committee Report: Hugh reported that the nominating committee has met twice via conference call and submitted an article for the January/February *WetSet* that solicited volunteers to be on the board. They are still seeking a candidate for Secretary. The current tentative slate (subject to change) is: President-Sally Dillon, Vice President-Zena Courtney, Secretary-open, Treasurer-Arni Litt, At-Large Directors-Kathy Casey and Isaac Contreras.
The committee will contact current standing committee chairs and coordinators to see if they are interested and committed to continuing their current positions and to see if anyone might be interested in a different position. They plan to open voting via Survey Monkey around 3/1, but no later than 3/9 to be compliant with PNA's bylaws. Voting will close on 4/1, one week before Champs.
The committee suggested that PNA take advantage of the voting process to get feedback from our members. Linda suggested "Where do you get your swimming news?" and/or "What's the best way to let you know about PNA meets?". She offered to email suggestions to the board and Hugh asked that we send other ideas to him.
2. USMS Leadership Summit (March 10-12 in Houston, TX): Sally and Zena received phone calls from Tracy Grilli at the National Office regarding the Summit. Apparently numerous messages since November had gone to President Mike Grimm and there had been no response. Tracy also told Sally that Mike was not currently registered for USMS. Sally informed Tracy that we had budgeted for and were committed to sending someone from PNA. She also contacted a few other board members and it was agreed that Zena would be an excellent candidate for the event. Zena confirmed that she was interested and available. **It was MSA to approve Zena Courtney as PNA's representative to the USMS Leadership Summit and to reimburse her for airfare, ground transportation, and the cost of one meal.**
3. Social Media Coordinator: Zena had no report but will get the flyer designed and distributed to Husky Masters and the Western Washington team.

C. New Business

1. Updating mailing lists for team/club representatives and coaches: Sally expressed her concern that some teams are being overlooked. With teams/workout groups (WGs) registering directly with USMS, PNA is not as able to track the team/club leadership like we had done in the past. She suggested that we need to reach out to the reps via the newsletter or direct contact. It was noted that as USMS has increased the fees, the number

of teams independently registering has gone down. There are 32 teams/WGs registered, two fewer than last year, and six were lost in 2015. Kathy said that you can register for WGs that are not registered with USMS; they are in the drop-down menu, which is apparently left over from last year. Arni explained that PNA added that field to the registration. She also said that we have more UC36 swimmers (unattached to a club in PNA) because they are registering for teams not considered part of PSM. In the past it was easier to get unattached swimmers assigned to the right club.

Sarah asked if we could get a list from USMS registration in answer to our question about “who do you swim with?”. She suggested that we should be able to get a list of those who indicate that they are a coach and that the two databases would help us search the members for information about teams/WGs. When a team/WG registers with USMS they only submit the name of one representative.

Hugh asked about reaching out to reps before meetings and Sally explained that she sends a message to the current lists of reps and coaches at least a week before meetings and invites them to participate. She asks for RSVPs and sends the meeting packet to those who responded when it becomes available. Hugh said we may have around 10 teams/WGs who are not on the list and they would reach out to us if they were not getting the information that they need.

Steve is responsible for updating Places to Swim on the website and the team rep list has not been updated in a long time. It was pointed out that a current list of Places to Swim would be helpful to new or visiting swimmers; keeping it current has always been a challenge. It was suggested that the Club and Coach Services Coordinator and the Coaches Chair work together to maintain the list. Stephanie said that when someone registers for UC36, who was previously with PSM, she moves them to PSM and sends them an email notification. It was also suggested that PNA email all UC36 and “unattached to PSM” swimmers and ask who they are swimming with; Stephanie and Arni will see that this gets done. Zena suggested that Steve, as Webmaster and Club and Coach Services Coordinator, should update the mailing lists and the Places to Swim. Stephanie offered to look at the team/club lists and compare with what is in the current database.

Steve and Stephanie will have a progress report at the next meeting; Arni offered her help. The goal is to have the Places to Swim and mailing lists updated. Zena suggested they be updated a couple times a year.

2. Mike Grimm's USMS registration: Linda expressed concern about Mike's lack of registration. Sally said that she sent Mike an email right away reminding him that it was a USMS requirement and that he should register immediately. She did not get a response. Sarah checked the database and Mike is still not registered. Linda pointed out that there is a LMSC Standards survey underway and Mike has received the one for our LMSC. It is imperative that he gets registered so we are not out of compliance. Stephanie offered to reach out to Mike via email since he is apparently out of the country.

D. Committee Reports

1. Meets: Linda reported that entries are ahead of last year for the Anacortes meet. The due date is Monday, 1/30. She received her 2017 USMS Rule Book and believes everyone on the board has received their copy. Sally asked that anyone receiving two copies bring the extras to the April retreat.
2. Open Water: Jim announced that the Aly Fell OW swim has been cancelled; the director has retired and no replacement has come forward. The OW event directors will have a teleconference in February. There are new age rules and USMS has also implemented a Safety Director test. An ad was prepared and submitted to *USMS Swimmer* to promote the National Championship 1-mile event being held at Angle Lake in September. It also includes a link to the other swims that will take place in PNA. Dates for the 2017 swims are set as follows: Swim Defiance - June 3, Whidbey Adventure - June 17, Fat Salmon - July 16, and Last Gasp (NC) - Sept 23. Zena suggested that Jim might ask Whidbey if they could switch to August, when there will be another high tide on a weekend. Jim will ask. He will update the website with the current date information.
3. Newsletter: Lucianne reported that Greta Perales has retired her column and she is looking for someone else to add some humor to the newsletter. Zena and Linda have teammates who might be willing to contribute to *The WetSet*; they will let Lucianne know if their prospects pan out. It was suggested that she plan an article about the new board for the May issue. Sally noted that we could do a group photo at the board meeting in April.
4. Postal Swims: Sally noted that the 1-Hour postal swim runs through February this year. An article appeared in the January newsletter and email reminders will go to coaches to encourage them to set aside pool time. She maintains email lists for nearly 200 swimmers so reminders will go to them as well. The 1-Hour event attracts well over 2000 participants each year. Zena said that pool time at KCAC has been difficult to get and other pools have been too warm; BWAQ hopes to have more participants this year.
5. Official's Clinic: Teri White conducted a successful clinic in Idaho recently and submitted an article and photos for the newsletter and the website. Sarah suggested that we include something in the election ballot email about hosting an Officials clinic in PNA.
6. Coaching Clinics: Sarah reported that USMS scheduled a Level Coach 3 Certification clinic on March 4 (\$225) and a second clinic on March 5 to “teach coaches how to run a stroke clinic” (\$50). Coming up January

28 is an Adult Learn to Swim class (ALTS) (\$300). Sarah has received two applications for PNA scholarships for the ALTS. She, Jim, and Sally revised the funding application to include questions about where and how the training will be used. She said the applicants are not responding to the questions and she will ask for more information before a decision is made to provide funds. Wendy Neely is teaching the clinic and twelve people have signed up. Zena suggested that we include clinic dates and information in calendar section of the PNA newsletter. Sarah noted that the National Office develops the clinic schedule without regard to events that are scheduled in our area. Unfortunately, the March clinics fall on the same weekend as the meet in Port Angeles.

Next Meetings – the Board approved the following meetings:

Tuesday, March 7 at 7 pm – conference call

Saturday, April 22 from 1-4 pm - at Timber Ridge in Issaquah; Annual Meeting – needs to be advertised in the newsletter. Zena suggested that we have a featured speaker at this meeting, possibly a local swimming “celebrity”. Sally noted that the April meeting will involve important business as we begin a new administration. She suggested that we plan an “event” to take place during the summer that could include a speaker as well as a social activity along with a short business meeting.

It was MSA to adjourn the meeting at 8:28 pm.

Minutes prepared by Secretary, Sally Dillon