

**Pacific Northwest Association of Masters Swimmers**  
**Minutes of Board Meeting via MS Teams**  
**Monday, November 10, 2025**

Attendees: Linda Chapman, Steve Peterson, Sally Dillon, Kathy Casey, Dave Scott, Lorraine Masse, Jim Davidson, Dan Underbrink, Bob DeWard, and Diana Hermanson. (10)

Absent: Brent Barnes, Kim Boggs, and Doug Jelen. (3)

**A. Call to Order and Introductions:** President Linda called the meeting to order at 6:47 pm.

**B. Votes Taken Between Meetings:**

1. **MSA the September 8 minutes as amended.**

**C. Officer Reports**

1. President's report:

- a. The weeks since our September meeting have been dominated by the USMS 2025 Annual Meeting, USMS Relay 2025, and the ongoing conflict in transgender policies between USMS and King County.
- b. Relay 2025 seemed to have the most engagement of the four Relays (aka Leadership Conference) in which Linda has participated. Every workshop she attended was informative with actionable info and much attendee engagement. Linda created a folder in the meeting file for the summary reports from each coach. Four reports are there with others to be added as she receives them. Linda said that PNA's investment in sending seven coaches was well considered.
- c. PNA Champs for 2026 does not have a venue because of the policy conflict mentioned above. Linda will contact Ed Coates and Dawson Hughes after their meeting to determine next steps. PNS (USA-S LSC for Western Washington) has sanctioned their December championship meets at KCAC even though USA-S policies also conflict with King County policies. Linda checked with Snohomish about holding PNA Champs there, but no suitable dates from late March to May 23-24, 2026, are available. (More in D.1 and F.3 below.)

2. At Large Director report: Kathy Casey stated that she and Sally, Steve, and Jim have been reviewing the PNA Bylaws for needed updates. President Linda's comments and ideas have also been included. All comments, suggestions, and ideas have been collated into the bylaws document and submitted back to the group for careful review in anticipation of virtual meetings to discuss current and additional suggestions and ideas. Meetings should begin after Thanksgiving.

3. Financial report: The Federal Way \$20K grant for Summer Nationals was received November 9. The final USMS payment of \$2800 is expected soon. Meet profit may just exceed \$1000.

Income, September - October: ..... \$929:

Check reissues ..... \$889  
Amazon return ..... \$40  
Interest ..... \$1

Expenses, September - October: ..... \$67,062:

Summer Nat'l's (KCAC) ..... \$54,000  
Summer Nat'l's (timers) ..... \$5,400  
Annual Mtg reimburses (7) ..... \$3,905  
Nationals profit shares (3) ..... \$1,250  
Summer Nat'l's (relays) ..... \$927  
NW Zone dues ..... \$809  
Summer Nat'l's (lunch, caps) ..... \$698  
Coach cert reimburse ..... \$75

Net revenue, September - October: ..... (\$66,133)

Total Assets as of October 31: \$73,547:

Checking account balance:	\$15,214
Savings account balance:	\$58,333

4. Membership: PNA ended the membership year at **2,037** (1,071 women, 966 men) for a 6% increase over 2024.

YEAR	2017 Thru 11-10-2025												Total Year	Diff	Diff %
	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT			
<b>2025</b>	422	668	271	93	100	58	89	70	83	53	73	57	2037		
<b>2024</b>	309	656	332	81	88	61	80	72	52	57	68	69	1925	112	6%
<b>2023</b>	312	660	283	84	85	74	69	46	57	44	63	71	1848	189	10%
<b>2022</b>	371	577	280	49	110	71	46	53	36	41	68	74	1776	261	15%
<b>2021</b>	254	432	207	52	53	54	64	64	87	56	67	84	1474	563	38%
<b>2020</b>	305	574	357	93	29	5	7	30	17	23	19	28	1487	550	37%
<b>2019</b>	335	554	331	83	86	100	66	68	36	45	61	42	1807	230	13%
<b>2018</b>	390	507	358	88	74	63	59	55	50	33	48	42	1767	270	15%
<b>2017</b>	418	550	246	95	65	68	68	44	29	52	50	53	1738	299	17%

#### Comparison to same day previous years:

11/10/2025	2037	966 Men	0.47	1071 Women	0.53
11/9/2024	1925	6% Split for total	864 Men	0.45	1061 Women

#### D. Coordinator/Committee Reports

- Meets: **MSA to sanction TACM's March 1 SCY meet in Anacortes**. With KCAC not likely as a Champs venue, Kathy suggested the Curtis HS pool (Tacoma) with its eight lanes and separate warmup space. BWAQ would likely not host because of distance and their reliance on KCAC staff for computer support. BERN and TWIM are based in the south Sound but have not hosted pool meets. Lorraine noted that the Hazen HS pool is six-lane, newly renovated, but lacking warmup space. Mary Wayte and Juanita, both renovated Forward Thrust pools, are similar. Champs has been held in Bellingham before, with eight lanes and a dive tank, but is shallow at one end. The Evergreen State College pool was also suggested, 25 y by 25 m, but is even farther away. (See more in F.3 below.)
- Fitness coordinator: Lorraine asked who should replace Wade Praeger in this role. Diana said she was willing to be the contact person for anyone who wants to set up a clinic.

#### E. Old Business/Ongoing projects

- PNA Bylaws: As stated in C.2 above, Kathy, Sally, Jim, and Steve will be meeting after Thanksgiving to bring proposed changes before the board.
- Redo meet agreement: Linda and Lorraine have yet to meet.
- Launch email newsletter: Lorraine proposed purchasing Constant Contact<sup>1</sup> over the NewsMail product used by her company. She felt the latter had templates that were easy to use but may prove limited over time and it did not have any user tracking features. Linda said she has had formatting issues using the legacy USMS *ESTHER* email delivery software.

Constant Contact pricing would consist of the TechSoup nonprofit discount of \$59, 50% off the selected plan based on the number of emails going out, and 30% off for annual payment up front. "Standard" Constant Contact would be \$374 (\$315 for our 1300 members who have not opted out of email delivery plus the TechSoup \$59 fee). **MSA to budget \$400 for a Constant Contact "Standard" subscription**. Linda noted that the emails sent out should also be logged on the

<sup>1</sup> "After a 3-year hiatus, the Oregon AquaMaster is publishing again using Constant Contact." – NW Zone Chatter, Dec 2025

website for reference by all, including those who opted out. Linda will contact Brent for the TechSoup discount code. She reiterated that Lorraine would set this up, but other contributors will be relied upon for ongoing content.

4. Board shadowing program: Linda, Dave, and Bob will pursue further action now that the September/October flurry of USMS activity has passed.

## **F. New Business**

1. Appoint directors for 2026: MSA to appoint Dan and Bob as Appointed Directors for 2026. Linda, noting that Dan and Bob both agreed to continue this role, asked about what they enjoyed working on and what they're looking forward to doing:
  - a. Dan enjoyed putting on clinics with TWIM, listening to the membership to find that coach certification was desired. This being a USMS function, his big project was the coach certification weekend last January. He liked the Annual Meeting opportunity, seeing how USMS works, and working with Kathy on a Rules change (accommodating medical devices attached to the body).
  - b. Bob attended most meetings and enjoyed his "great experience" volunteering at nationals. His ongoing commitment going forward is helping to find a venue for Champs. He plans to stay involved with the shadowing program and committee work.
2. Supporting coaches and clubs: Linda noted that the coaches who submitted reports from Relay 2025 so far had a great time. They learned much, felt listened to, and felt community. To "what can we do to help coaches achieve their goals?" she suggested inviting a coach or two per meeting to tell us about their team and what they're doing. From that, we could develop ideas and actions to aid them.
3. Champs 2026 committee: Linda solicited interest in forming a committee to help hold Champs. Diana asked about a list of requirements, which Linda compared to running Nationals but on a much smaller scale. Linda reiterated that Snohomish had no available dates. Annie Wright, Hazen HS, Clover Park HS, South Kitsap HS, and Stadium HS pools were discussed as possible venues. Dave noted that Oregon Champs will be held April 18-19, ahead of Spring Nationals April 30 – May 3. Kathy will check with Curtis HS on dates and details. Diana said she would ask BERN about hosting at Curtis and suggested that Brent be asked to find out about Evergreen State's availability.

## **G. Looking Ahead**

1. Likely 2026 meeting dates: Jan 12, March 9, May 11, July 13, September 14, November 9
2. Next meeting: Monday, January 12, 6:45 pm via Teams (final 2025 financials; 2026 budget)

## **MSA to adjourn at 8:05 pm**

Minutes prepared by Steve Peterson, Secretary