

**2010 USMS Top Ten LCM for Pacific Northwest LMSC**

Women 18-24

Place	Event	Name	Age	Club	LMSC	Time
10	200 Back	Brett L Bogachus	24	PNA	Pacific Northwest	2:47.91
9	400 IM	Brett L Bogachus	24	PNA	Pacific Northwest	5:51.45

Women 25-29

Place	Event	Name	Age	Club	LMSC	Time
1	200 Free	Megan M Jendrick	26	PNA	Pacific Northwest	2:04.56
1	50 Breast	Megan M Jendrick	26	PNA	Pacific Northwest	31.60
1	100 Breast	Megan M Jendrick	26	PNA	Pacific Northwest	1:10.56
1	50 Fly	Megan M Jendrick	26	PNA	Pacific Northwest	28.29

Women 30-34

Place	Event	Name	Age	Club	LMSC	Time
6	200 Back	Tamara A Coulter	34	PNA	Pacific Northwest	2:44.79

Women 35-39

Place	Event	Name	Age	Club	LMSC	Time
1	50 Free	Sheri L Hart	39	PNA	Pacific Northwest	27.43
4	50 Free	Kimberly Jeter	38	PNA	Pacific Northwest	28.25
2	100 Free	Kimberly Jeter	38	PNA	Pacific Northwest	1:01.00
1	200 Free	Kimberly Jeter	38	PNA	Pacific Northwest	2:14.91
1	400 Free	Kimberly Jeter	38	PNA	Pacific Northwest	4:50.49
3	1500 Free	Kimberly S Jeter	38	PNA	Pacific Northwest	19:37.28
1	50 Back	Sheri L Hart	39	PNA	Pacific Northwest	30.17
1	100 Back	Sheri L Hart	39	PNA	Pacific Northwest	1:04.99
2	50 Fly	Kimberly Jeter	38	PNA	Pacific Northwest	31.82
3	100 Fly	Kimberly Jeter	38	PNA	Pacific Northwest	1:12.22

Women 40-44

Place	Event	Name	Age	Club	LMSC	Time
10	1500 Free	Mary C Armstrong	43	PNA	Pacific Northwest	22:26.26
7	50 Breast	Mary C Armstrong	43	PNA	Pacific Northwest	38.01

Women 45-49

Place	Event	Name	Age	Club	LMSC	Time
1	50 Free	Lisa A Dahl	49	PNA	Pacific Northwest	28.81
5	100 Free	Lisa A Dahl	49	PNA	Pacific Northwest	1:06.18
8	100 Free	Sarah Gengler Dahl	47	PNA	Pacific Northwest	1:06.28
9	50 Back	Sarah Gengler Dahl	47	PNA	Pacific Northwest	36.55
7	100 Back	Sarah Gengler Dahl	47	PNA	Pacific Northwest	1:18.02

Women 50-54

Place	Event	Name	Age	Club	LMSC	Time
8	800 Free	Mary Lippold	54	PNA	Pacific Northwest	11:07.09
7	1500 Free	Mary B Lippold	54	PNA	Pacific Northwest	21:35.29
7	50 Back	Zena H Courtney	51	PNA	Pacific Northwest	38.08
4	100 Back	Zena H Courtney	51	PNA	Pacific Northwest	1:21.59
6	100 Fly	Mary Lippold	54	PNA	Pacific Northwest	1:20.03
8	400 IM	Robin O'Leary	53	PNA	Pacific Northwest	6:40.64

10 400 IM Dawn Jaeger 54 PNA Pacific Northwest 6:43.65

Women 60-64

Place	Event	Name	Age	Club	LMSC	Time
1	50 Free	Charlotte Davis	60	PNA	Pacific Northwest	30.73
10	50 Free	Toni M LeClercq	62	PNA	Pacific Northwest	36.02
1	100 Free	Charlotte Davis	60	PNA	Pacific Northwest	1:07.33
10	100 Free	Toni M LeClercq	62	PNA	Pacific Northwest	1:22.63
10	200 Free	Sally A Dillon	64	PNA	Pacific Northwest	3:01.08
9	100 Back	Elizabeth Smith	62	UNAT	Pacific Northwest	1:35.46
10	50 Breast	Toni M LeClercq	62	PNA	Pacific Northwest	46.63
1	50 Fly	Charlotte Davis	60	PNA	Pacific Northwest	33.55
8	50 Fly	Toni M LeClercq	62	PNA	Pacific Northwest	39.64
1	100 Fly	Charlotte Davis	60	PNA	Pacific Northwest	1:22.08
8	100 Fly	Toni M LeClercq	62	PNA	Pacific Northwest	1:37.16
10	100 Fly	Sarah Welch	63	PNA	Pacific Northwest	1:40.91
1	200 IM	Charlotte Davis	60	PNA	Pacific Northwest	2:52.67
7	200 IM	Toni M LeClercq	62	PNA	Pacific Northwest	3:28.85
1	400 IM	Charlotte Davis	60	PNA	Pacific Northwest	6:08.99

Women 65-69

Place	Event	Name	Age	Club	LMSC	Time
2	200 Free	Suzanne L Dills	65	PNA	Pacific Northwest	2:55.10
1	400 Free	Suzanne L Dills	65	PNA	Pacific Northwest	6:12.64
3	100 Back	Suzanne L Dills	65	PNA	Pacific Northwest	1:41.15
2	200 IM	Suzanne L Dills	65	PNA	Pacific Northwest	3:22.92
10	200 IM	Joan D Delgado	65	PNA	Pacific Northwest	4:09.87
2	400 IM	Suzanne L Dills	65	PNA	Pacific Northwest	7:23.09

Women 70-74

Place	Event	Name	Age	Club	LMSC	Time
6	50 Back	Janet Getzendaner	70	PNA	Pacific Northwest	55.50
4	100 Back	Janet Getzendaner	70	PNA	Pacific Northwest	1:58.67
6	200 Back	Janet Getzendaner	70	PNA	Pacific Northwest	4:17.80

Women 75-79

Place	Event	Name	Age	Club	LMSC	Time
10	100 Back	Gail A Gladwell	79	PNA	Pacific Northwest	3:10.08
10	50 Breast	Gail A Gladwell	79	PNA	Pacific Northwest	1:19.03
10	100 Breast	Gail A Gladwell	79	PNA	Pacific Northwest	3:09.93

Men 30-34

Place	Event	Name	Age	Club	LMSC	Time
7	100 Free	Matthew Buckmaster	32	PNA	Pacific Northwest	59.80
6	200 Free	Matthew Buckmaster	32	PNA	Pacific Northwest	2:12.07
10	800 Free	Gabe J Bush	33	PNA	Pacific Northwest	10:35.20

Men 35-39

Place	Event	Name	Age	Club	LMSC	Time
10	100 Back	Doug Jelen	37	PNA	Pacific Northwest	1:09.45
6	200 Back	Doug Jelen	37	PNA	Pacific Northwest	2:30.74
6	100 Fly	Doug Jelen	37	PNA	Pacific Northwest	1:04.78
3	200 Fly	Doug Jelen	37	PNA	Pacific Northwest	2:25.31
6	400 IM	Doug Jelen	37	PNA	Pacific Northwest	5:26.35

## Men 40-44

Place	Event	Name	Age	Club	LMSC	Time
8	200 Free	Kirk Nelson	40	PNA	Pacific Northwest	2:08.12
8	400 Free	Kirk Nelson	40	PNA	Pacific Northwest	4:34.26
5	800 Free	Kirk Nelson	40	PNA	Pacific Northwest	9:32.35
6	400 IM	Kirk Nelson	40	PNA	Pacific Northwest	5:14.60

## Men 45-49

Place	Event	Name	Age	Club	LMSC	Time
10	400 Free	Eric Valley	49	PNA	Pacific Northwest	4:51.51
8	1500 Free	Blair R Elander	49	PNA	Pacific Northwest	20:53.98
8	200 Fly	Eric Valley	49	PNA	Pacific Northwest	2:48.97
10	400 IM	Eric Valley	49	PNA	Pacific Northwest	5:49.68

## Men 50-54

Place	Event	Name	Age	Club	LMSC	Time
4	50 Free	Ned Stack	51	PNA	Pacific Northwest	26.41
9	200 Free	Lyle Nalli	50	PNA	Pacific Northwest	2:15.95
6	400 Free	Lyle Nalli	50	PNA	Pacific Northwest	4:46.27
9	800 Free	Lyle Nalli	50	PNA	Pacific Northwest	10:03.00
4	200 Back	Lyle Nalli	50	PNA	Pacific Northwest	2:32.85
2	50 Fly	Ned Stack	51	PNA	Pacific Northwest	28.11
7	100 Fly	Ned Stack	51	PNA	Pacific Northwest	1:06.62
1	400 IM	Lyle Nalli	50	PNA	Pacific Northwest	5:25.67

## Men 55-59

Place	Event	Name	Age	Club	LMSC	Time
8	50 Free	Donald Graham	56	PNA	Pacific Northwest	27.40
4	800 Free	Scott M Lautman	58	PNA	Pacific Northwest	10:24.08
1	1500 Free	Scott M Lautman	58	PNA	Pacific Northwest	19:46.96
6	1500 Free	William J Penn	59	PNA	Pacific Northwest	20:49.90
3	50 Back	Donald Graham	56	PNA	Pacific Northwest	32.19
4	100 Back	Donald Graham	56	PNA	Pacific Northwest	1:12.56
1	200 Breast	Rick Colella	59	PNA	Pacific Northwest	2:46.93
1	50 Fly	Donald Graham	56	PNA	Pacific Northwest	28.59
9	50 Fly	Scott M Lautman	58	PNA	Pacific Northwest	30.44
2	100 Fly	Scott M Lautman	58	PNA	Pacific Northwest	1:06.65
7	100 Fly	Donald Graham	56	PNA	Pacific Northwest	1:08.84
1	200 Fly	Scott M Lautman	58	PNA	Pacific Northwest	2:31.74
1	200 IM	Rick Colella	59	PNA	Pacific Northwest	2:29.86
9	400 IM	Donald Graham	56	PNA	Pacific Northwest	6:03.03

## Men 60-64

Place	Event	Name	Age	Club	LMSC	Time
5	100 Free	Alan Bell	60	PNA	Pacific Northwest	1:03.96
3	200 Free	Alan Bell	60	PNA	Pacific Northwest	2:20.55
8	1500 Free	Brian L Carlton	60	PNA	Pacific Northwest	23:53.23
7	50 Back	Frank Warner	60	PNA	Pacific Northwest	36.69
4	100 Back	Alan Bell	60	PNA	Pacific Northwest	1:16.83
8	100 Back	Frank Warner	61	PNA	Pacific Northwest	1:20.11
4	200 Back	Alan Bell	60	PNA	Pacific Northwest	2:42.63
8	50 Breast	Steven B Peterson	64	PNA	Pacific Northwest	38.17
10	100 Breast	Steven Peterson	64	PNA	Pacific Northwest	1:27.34
8	200 Breast	Steven B Peterson	64	PNA	Pacific Northwest	3:09.53

8	50 Fly	Alan Bell	60	PNA	Pacific Northwest	31.60
1	100 Fly	Alan Bell	60	PNA	Pacific Northwest	1:10.28
1	200 Fly	Alan Bell	60	PNA	Pacific Northwest	2:48.09

Men 65-69

Place	Event	Name	Age	Club	LMS	Time
1	400 Free	Michael McColly	65	PNA	Pacific Northwest	5:23.74
2	800 Free	Michael McColly	65	PNA	Pacific Northwest	11:15.97
4	100 Back	Michael McColly	65	PNA	Pacific Northwest	1:21.72
2	200 Back	Michael McColly	65	PNA	Pacific Northwest	2:52.34
10	100 Fly	Michael McColly	65	PNA	Pacific Northwest	1:33.91
4	200 IM	Michael McColly	65	PNA	Pacific Northwest	2:58.74
2	400 IM	Michael McColly	65	PNA	Pacific Northwest	6:18.95

Men 70-74

Place	Event	Name	Age	Club	LMS	Time
10	50 Back	Walter Reid	70	PNA	Pacific Northwest	42.06
9	100 Back	Walt Reid	70	PNA	Pacific Northwest	1:38.06
4	50 Breast	Walt Reid	70	PNA	Pacific Northwest	43.36
10	50 Breast	Dick A Peterson	73	PNA	Pacific Northwest	45.80
3	100 Breast	Walt Reid	70	PNA	Pacific Northwest	1:40.86
2	200 Breast	Dick A Peterson	73	PNA	Pacific Northwest	3:39.32
5	200 IM	Dick A Peterson	73	PNA	Pacific Northwest	3:33.91

Mixed 200-239 LCM (2010)

Place	Event	Club	Time	Swimmers
2	400 Free	PNA	4:24.95	Charlotte Davis (60), Lisa A Dahl (49), Alan Bell (60), Rick Colella (59)