

2010 USMS Top Ten SCM for Pacific Northwest LMSC

Women 18-24

Place	Event	Name	Age	Club	LMSC	Time
10	200 Back	Barbara L Johnshoy	24	PNA	Pacific Northwest	3:06.18

Women 25-29

Place	Event	Name	Age	Club	LMSC	Time
8	200 Free	Melissa Chamberlin	29	PNA	Pacific Northwest	2:16.48
5	400 Free	Melissa Chamberlin	29	PNA	Pacific Northwest	4:44.24
10	50 Back	Rebecca B Shults	27	PNA	Pacific Northwest	33.82
1	50 Breast	Megan M Jendrick	26	PNA	Pacific Northwest	31.87
5	50 Breast	Katelin A Fitzgerald	25	PNA	Pacific Northwest	36.70
6	50 Breast	Melissa Chamberlin	29	PNA	Pacific Northwest	37.06
1	200 Breast	Melissa Chamberlin	29	PNA	Pacific Northwest	2:42.69
2	400 IM	Melissa Chamberlin	29	PNA	Pacific Northwest	5:24.92

Women 30-34

Place	Event	Name	Age	Club	LMSC	Time
6	400 Free	Carrie L Nordberg	34	PNA	Pacific Northwest	5:00.61
5	100 Breast	Carrie L Nordberg	34	PNA	Pacific Northwest	1:24.23
5	200 IM	Carrie L Nordberg	34	PNA	Pacific Northwest	2:39.44

Women 35-39

Place	Event	Name	Age	Club	LMSC	Time
3	50 Free	Kimberly S Jeter	38	PNA	Pacific Northwest	28.78
3	100 Free	Kimberly S Jeter	38	PNA	Pacific Northwest	1:02.32
3	200 Free	Kimberly S Jeter	38	PNA	Pacific Northwest	2:20.18
2	400 Free	Kimberly S Jeter	38	PNA	Pacific Northwest	4:50.34
8	100 Fly	Kimberly S Jeter	38	PNA	Pacific Northwest	1:14.86

Women 45-49

Place	Event	Name	Age	Club	LMSC	Time
1	50 Free	Lisa A Dahl	49	PNA	Pacific Northwest	28.08
4	100 Free	Lisa A Dahl	49	PNA	Pacific Northwest	1:03.84
7	50 Breast	Lisa A Dahl	49	PNA	Pacific Northwest	39.08
4	50 Fly	Lisa A Dahl	49	PNA	Pacific Northwest	30.72
4	100 IM	Lisa A Dahl	49	PNA	Pacific Northwest	1:13.48

Women 60-64

Place	Event	Name	Age	Club	LMSC	Time
1	50 Free	Charlotte M Davis	60	PNA	Pacific Northwest	30.01
6	50 Free	Toni M LeClercq	62	PNA	Pacific Northwest	35.56
1	100 Free	Charlotte M Davis	60	PNA	Pacific Northwest	1:06.58
8	100 Free	Toni M LeClercq	62	PNA	Pacific Northwest	1:20.27
9	100 Free	Sally A Dillon	64	PNA	Pacific Northwest	1:20.42
6	200 Free	Sally A Dillon	64	PNA	Pacific Northwest	2:55.27
6	400 Free	Sally A Dillon	64	PNA	Pacific Northwest	6:13.91
9	50 Breast	Toni M LeClercq	62	PNA	Pacific Northwest	47.16
10	50 Breast	Sally A Dillon	64	PNA	Pacific Northwest	48.79
1	50 Fly	Charlotte M Davis	60	PNA	Pacific Northwest	33.30
6	50 Fly	Toni LeClercq	62	PNA	Pacific Northwest	39.30
7	50 Fly	Sarah Welch	63	PNA	Pacific Northwest	39.35
5	100 Fly	Sarah Welch	63	PNA	Pacific Northwest	1:32.01
6	100 Fly	Toni LeClercq	62	PNA	Pacific Northwest	1:36.61
3	200 Fly	Sarah Welch	63	PNA	Pacific Northwest	3:30.04

1	100	IM	Charlotte M Davis	60	PNA	Pacific Northwest	1:17.48
4	100	IM	Toni M LeClercq	62	PNA	Pacific Northwest	1:29.78
1	200	IM	Charlotte M Davis	60	PNA	Pacific Northwest	2:48.33
4	200	IM	Toni M LeClercq	62	PNA	Pacific Northwest	3:20.89
8	200	IM	Sarah Welch	63	PNA	Pacific Northwest	3:26.95
1	400	IM	Charlotte M Davis	60	PNA	Pacific Northwest	5:57.70

Women 65-69

Place	Event	Name	Age	Club	LMSC	Time
2	50 Free	Suzanne Dills	65	PNA	Pacific Northwest	36.27
2	200 Free	Suzanne L Dills	65	PNA	Pacific Northwest	2:45.06
2	400 Free	Suzanne L Dills	65	PNA	Pacific Northwest	5:46.47
1	1500 Free	Suzanne L Dills	65	PNA	Pacific Northwest	22:59.28
4	50 Back	Suzanne Dills	65	PNA	Pacific Northwest	45.62
1	200 Back	Suzanne L Dills	65	PNA	Pacific Northwest	3:19.73
7	50 Breast	Suzanne Dills	65	PNA	Pacific Northwest	52.84
1	50 Fly	Suzanne Dills	65	PNA	Pacific Northwest	41.84
2	200 IM	Suzanne L Dills	65	PNA	Pacific Northwest	3:16.37
2	400 IM	Suzanne L Dills	65	PNA	Pacific Northwest	7:02.74

Women 70-74

Place	Event	Name	Age	Club	LMSC	Time
9	800 Free	JoAn Forsyth	71	PNA	Pacific Northwest	19:00.30

Women 75-79

Place	Event	Name	Age	Club	LMSC	Time
7	800 Free	Barbara A Allen	77	PNA	Pacific Northwest	21:06.56
8	50 Back	Barbara A Allen	77	PNA	Pacific Northwest	1:01.60
5	100 Back	Barbara A Allen	77	PNA	Pacific Northwest	2:16.60
7	200 Back	Barbara A Allen	77	PNA	Pacific Northwest	4:59.11

Men 30-34

Place	Event	Name	Age	Club	LMSC	Time
7	400 Free	Kyle G Heaton	30	PNA	Pacific Northwest	4:33.21
6	50 Back	Kyle G Heaton	30	PNA	Pacific Northwest	29.29
8	100 IM	Kyle G Heaton	30	PNA	Pacific Northwest	1:04.49
9	200 IM	Kyle G Heaton	30	PNA	Pacific Northwest	2:24.00

Men 35-39

Place	Event	Name	Age	Club	LMSC	Time
5	200 Fly	Doug Jelen	37	PNA	Pacific Northwest	2:25.29
7	400 IM	Doug Jelen	37	PNA	Pacific Northwest	5:22.19

Men 40-44

Place	Event	Name	Age	Club	LMSC	Time
8	100 Free	David E Kays	43	PNA	Pacific Northwest	57.01
6	200 Free	Kirk E Nelson	40	PNA	Pacific Northwest	2:08.55
3	400 Free	David E Kays	43	PNA	Pacific Northwest	4:22.77
5	400 Free	Kirk E Nelson	40	PNA	Pacific Northwest	4:35.50
10	800 Free	Kirk E Nelson	40	PNA	Pacific Northwest	9:49.26
3	1500 Free	David E Kays	43	PNA	Pacific Northwest	17:42.13
5	1500 Free	Kirk E Nelson	40	PNA	Pacific Northwest	18:23.00
8	200 Breast	Kirk E Nelson	40	PNA	Pacific Northwest	2:50.27
3	200 Fly	David E Kays	43	PNA	Pacific Northwest	2:20.53
2	200 IM	David E Kays	43	PNA	Pacific Northwest	2:19.55
1	400 IM	David E Kays	43	PNA	Pacific Northwest	5:00.64

Men 50-54

Place	Event	Name	Age	Club	LMSC	Time
5	50 Free	Ned Stack	51	PNA	Pacific Northwest	26.18
7	100 Free	Ned Stack	51	PNA	Pacific Northwest	59.75
3	200 Free	Lyle A Nalli	50	PNA	Pacific Northwest	2:10.44
3	400 Free	Lyle A Nalli	50	PNA	Pacific Northwest	4:37.56
3	800 Free	Lyle A Nalli	50	PNA	Pacific Northwest	9:41.13
5	1500 Free	Lyle A Nalli	50	PNA	Pacific Northwest	18:46.18
2	200 Back	Lyle A Nalli	50	PNA	Pacific Northwest	2:26.11
6	50 Fly	Ned Stack	51	PNA	Pacific Northwest	28.56
7	200 Fly	Dan L Robinson	53	PNA	Pacific Northwest	2:40.87
2	400 IM	Lyle A Nalli	50	PNA	Pacific Northwest	5:17.31

Men 55-59

Place	Event	Name	Age	Club	LMSC	Time
8	800 Free	William J Penn	59	PNA	Pacific Northwest	10:28.29
5	1500 Free	William J Penn	59	PNA	Pacific Northwest	20:07.65
4	50 Back	Donald Graham	56	PNA	Pacific Northwest	31.24
2	100 Back	Donald Graham	56	PNA	Pacific Northwest	1:11.42
10	200 Back	Donald Graham	56	PNA	Pacific Northwest	2:43.39
1	50 Fly	Donald Graham	56	PNA	Pacific Northwest	28.36
3	100 Fly	Donald Graham	56	PNA	Pacific Northwest	1:05.51
4	100 Fly	Scott M Lautman	58	PNA	Pacific Northwest	1:06.28
2	200 Fly	Scott M Lautman	58	PNA	Pacific Northwest	2:32.47
3	100 IM	Donald Graham	56	PNA	Pacific Northwest	1:07.05
9	200 IM	Donald Graham	56	PNA	Pacific Northwest	2:41.53
9	400 IM	William J Penn	59	PNA	Pacific Northwest	6:22.96

Men 60-64

Place	Event	Name	Age	Club	LMSC	Time
8	100 Free	Alan Bell	60	PNA	Pacific Northwest	1:02.97
3	400 Free	Alan Bell	60	PNA	Pacific Northwest	4:48.74
3	1500 Free	Alan Bell	60	PNA	Pacific Northwest	18:55.42
5	200 Back	Alan Bell	60	PNA	Pacific Northwest	2:38.51
10	100 Breast	Steven B Peterson	64	PNA	Pacific Northwest	1:27.06
9	200 Breast	Steven B Peterson	64	PNA	Pacific Northwest	3:09.95
7	50 Fly	Larry E Wright	61	PNA	Pacific Northwest	31.16
1	200 Fly	Alan Bell	60	PNA	Pacific Northwest	2:40.80

Men 65-69

Place	Event	Name	Age	Club	LMSC	Time
2	400 Free	Michael McColly	65	PNA	Pacific Northwest	5:13.27
2	800 Free	Michael McColly	65	PNA	Pacific Northwest	10:57.07
2	100 Back	Michael McColly	65	PNA	Pacific Northwest	1:17.29
2	200 Back	Michael McColly	65	PNA	Pacific Northwest	2:43.82
7	200 Back	Allan K McDougall	69	PNA	Pacific Northwest	3:13.85
1	200 IM	Michael McColly	65	PNA	Pacific Northwest	2:48.14
1	400 IM	Michael McColly	65	PNA	Pacific Northwest	5:59.98

Men 75-79

Place	Event	Name	Age	Club	LMSC	Time
10	100 Breast	Don L Rehfeldt	76	PNA	Pacific Northwest	2:01.48
6	200 Breast	Don L Rehfeldt	76	PNA	Pacific Northwest	4:28.59

Men 80-84

Place	Event	Name	Age	Club	LMSC	Time
1	1500 Free	Harvey W Prosser	82	PNA	Pacific Northwest	30:19.54

7 50 Fly Harvey W Prosser 82 PNA Pacific Northwest 1:03.95

Men 85-89

Place	Event	Name	Age	Club	LMSC	Time
6	50 Free	George Roudebush	85	PNA	Pacific Northwest	59.63
5	50 Back	George Roudebush	85	PNA	Pacific Northwest	1:06.98
5	100 Back	George Roudebush	85	PNA	Pacific Northwest	2:36.07
3	200 Back	George Roudebush	85	PNA	Pacific Northwest	5:29.67

Women 120-159 SCM (2010)

Place	Event	Club	Time	Swimmers
8	200 Free	PNA	2:13.04	Barbara Johnshoy(24), Jennifer Bohannon(40), Melissa L Clarke (25), Deana Strom (43)

Mixed 100-119 SCM (2010)

Place	Event	Club	Time	Swimmers
8	200 Medley	PNA	2:13.80	Allison Cox (26), Melissa Chamberlin (29), Cameron Klein (26), Staten T Hansen (33)

Mixed 120-159 SCM (2010)

Place	Event	Club	Time	Swimmers
7	200 Free	PNA	1:57.66	Staten T Hansen (33), Cameron Klein (26), Carrie Nordberg(34), Melissa Chamberlin(29)