

**2011 USMS Top Ten LCM for Pacific Northwest LMSC**

Women 35-39

Place	Event	Name	Age	Club	LMSC	Time
6	50 Free	Kimberly S Jeter	39	PNA	Pacific Northwest	29.57
4	100 Free	Kimberly S Jeter	39	PNA	Pacific Northwest	1:04.79
9	400 Free	Kimberly S Jeter	39	PNA	Pacific Northwest	5:11.76

Women 40-44

Place	Event	Name	Age	Club	LMSC	Time
1	100 Free	Sheri L Hart	40	PNA	Pacific Northwest	59.96
1	100 Back	Sheri L Hart	40	PNA	Pacific Northwest	1:05.41
1	50 Fly	Sheri L Hart	40	PNA	Pacific Northwest	29.66

Women 50-54

Place	Event	Name	Age	Club	LMSC	Time
1	50 Free	Lisa A Dahl	50	PNA	Pacific Northwest	28.86
5	100 Free	Lisa A Dahl	50	PNA	Pacific Northwest	1:07.04
8	50 Back	Lisa A Dahl	50	PNA	Pacific Northwest	36.74
3	50 Breast	Lisa A Dahl	50	PNA	Pacific Northwest	39.75
1	50 Fly	Lisa A Dahl	50	PNA	Pacific Northwest	30.81

Women 55-59

Place	Event	Name	Age	Club	LMSC	Time
5	50 Free	Debbie A Glassman	58	PNA	Pacific Northwest	31.81
8	100 Free	Debbie A Glassman	58	PNA	Pacific Northwest	1:14.03
8	50 Fly	Debbie A Glassman	58	PNA	Pacific Northwest	35.57
6	100 Fly	Debbie A Glassman	58	PNA	Pacific Northwest	1:26.59

Women 60-64

Place	Event	Name	Age	Club	LMSC	Time
5	50 Fly	Sarah Welch	64	PNA	Pacific Northwest	41.29
5	100 Fly	Sarah Welch	64	PNA	Pacific Northwest	1:36.73
6	200 Fly	Sarah Welch	64	PNA	Pacific Northwest	3:57.53
9	200 IM	Sarah Welch	64	PNA	Pacific Northwest	3:36.76
8	400 IM	Sarah Welch	64	PNA	Pacific Northwest	7:55.27

Women 80-84

Place	Event	Name	Age	Club	LMSC	Time
8	50 Free	Gloria M Tolaro	81	PNA	Pacific Northwest	52.72
9	100 Free	Gloria M Tolaro	81	PNA	Pacific Northwest	2:07.98
7	400 Free	Gloria M Tolaro	81	PNA	Pacific Northwest	9:50.54
5	50 Back	Gloria M Tolaro	81	PNA	Pacific Northwest	59.38

Men 30-34

Place	Event	Name	Age	Club	LMSC	Time
7	100 Free	Ian A Mosher	31	PNA	Pacific Northwest	56.70
4	200 IM	Ian A Mosher	31	PNA	Pacific Northwest	2:24.35

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Men 35-39

Place	Event	Name	Age	Club	LMSC	Time
8	800 Free	Doug Jelen	38	PNA	Pacific Northwest	10:26.49
4	200 Back	Doug Jelen	38	PNA	Pacific Northwest	2:29.73
10	100 Fly	Doug Jelen	38	PNA	Pacific Northwest	1:05.92
4	200 Fly	Doug Jelen	38	PNA	Pacific Northwest	2:32.09
7	400 IM	Doug Jelen	38	PNA	Pacific Northwest	5:34.04

Men 40-44

Place	Event	Name	Age	Club	LMSC	Time
3	400 Free	Kirk Nelson	41	PNA	Pacific Northwest	4:37.01
4	800 Free	Kirk Nelson	41	PNA	Pacific Northwest	9:43.92
3	1500 Free	Kirk Nelson	41	PNA	Pacific Northwest	18:15.81

Men 50-54

Place	Event	Name	Age	Club	LMSC	Time
2	50 Free	Ned Stack	52	PNA	Pacific Northwest	25.80
3	100 Free	Ned Stack	52	PNA	Pacific Northwest	58.86
10	200 Free	Lyle A Nalli	51	PNA	Pacific Northwest	2:16.79
3	50 Fly	Ned Stack	52	PNA	Pacific Northwest	28.08
6	100 Fly	Ned Stack	52	PNA	Pacific Northwest	1:05.86

Men 55-59

Place	Event	Name	Age	Club	LMSC	Time
8	50 Free	Donald Graham	57	PNA	Pacific Northwest	27.06
7	100 Free	Donald Graham	57	PNA	Pacific Northwest	1:01.59
2	50 Back	Donald Graham	57	PNA	Pacific Northwest	31.95
3	100 Back	Donald Graham	57	PNA	Pacific Northwest	1:11.97
9	200 Back	Donald Graham	57	PNA	Pacific Northwest	2:46.42
5	50 Fly	Donald Graham	57	PNA	Pacific Northwest	29.02
7	100 Fly	Donald Graham	57	PNA	Pacific Northwest	1:08.60
10	200 IM	Donald Graham	57	PNA	Pacific Northwest	2:44.66
8	400 IM	Donald Graham	57	PNA	Pacific Northwest	5:53.59

Men 60-64

Place	Event	Name	Age	Club	LMSC	Time
5	400 Free	William J Penn	60	PNA	Pacific Northwest	5:11.84
5	800 Free	William J Penn	60	PNA	Pacific Northwest	10:46.91
3	1500 Free	William J Penn	60	PNA	Pacific Northwest	20:12.53

Men 70-74

Place	Event	Name	Age	Club	LMSC	Time
7	100 Back	Walt Reid	71	PNA	Pacific Northwest	1:35.37
4	50 Breast	Walt Reid	71	PNA	Pacific Northwest	43.69
4	100 Breast	Walt Reid	71	PNA	Pacific Northwest	1:41.41

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Men 160-199

Place	Event	Club	Time	Swimmers
=====	=====	=====	=====	=====
9	400 Free	PNA	4:33.40	Leo Espinosa (51), Jason T Stone (36), Nick E Klem (33), Matthew A Lind (47)
10	400 Free	PNA	4:43.77	Chris Bresemann(32), Spencer Cotton (46) George Gonzalez(41), Jim Lasersohn (46)
8	800 Free	PNA	11:10.41	Matt Mabus (51), Paul K Verner (57), George Gonzalez(41), Jim Lasersohn (46)

Mixed 160-199

Place	Event	Club	Time	Swimmers
=====	=====	=====	=====	=====
9	400 Medley	PNA	5:31.27	Kevin Brooks (20), Brian Williams (34), Sarah Welch (64), Lisa A Dahl (50)

Mixed 200-239

Place	Event	Club	Time	Swimmers
=====	=====	=====	=====	=====
7	200 Free	PNA	2:06.26	Lisa A Dahl (50), Sarah Welch (64), John Keller (55), James Kendrick (59)