

2013 LCM Top Ten.txt
 2013 USMS Top Ten LCM for Pacific Northwest LMSC

Women 25-29						
Place	Event	Name	Age	Club	LMSC	Time
1	50 Free	Paloma Dinkel	25	PSM	Pacific Northwest	27.92
2	100 Free	Paloma Dinkel	25	PSM	Pacific Northwest	1:01.16
2	50 Breast	Paloma Dinkel	25	PSM	Pacific Northwest	36.07
3	100 Breast	Paloma Dinkel	25	PSM	Pacific Northwest	1:17.02
1	50 Fly	Paloma Dinkel	25	PSM	Pacific Northwest	29.58
3	100 Fly	Paloma Dinkel	25	PSM	Pacific Northwest	1:06.29
3	200 IM	Paloma Dinkel	25	PSM	Pacific Northwest	2:26.92

Women 35-39						
Place	Event	Name	Age	Club	LMSC	Time
10	100 Free	Colleen M Philipps	37	PSM	Pacific Northwest	1:06.27
9	200 Free	Colleen M Philipps	37	PSM	Pacific Northwest	2:27.42

Women 40-44						
Place	Event	Name	Age	Club	LMSC	Time
3	100 Back	Susan Wetstone	40	PSM	Pacific Northwest	1:12.11
5	200 Back	Susan Wetstone	40	PSM	Pacific Northwest	2:38.13

Women 50-54						
Place	Event	Name	Age	Club	LMSC	Time
9	200 Breast	Tonya K Berg	54	PSM	Pacific Northwest	3:21.07

Women 55-59						
Place	Event	Name	Age	Club	LMSC	Time
4	50 Free	Mary B Lippold	57	PSM	Pacific Northwest	31.51
7	100 Free	Mary B Lippold	57	PSM	Pacific Northwest	1:11.22
8	50 Fly	Mary B Lippold	57	PSM	Pacific Northwest	35.07
6	100 Fly	Mary B Lippold	57	PSM	Pacific Northwest	1:20.50

Women 60-64						
Place	Event	Name	Age	Club	LMSC	Time
2	50 Free	Charlotte M Davis	63	PSM	Pacific Northwest	30.64
2	100 Free	Charlotte M Davis	63	PSM	Pacific Northwest	1:08.44
7	1500 Free	Elizabeth K Kassen	61	PSM	Pacific Northwest	23:53.59
1	50 Fly	Charlotte M Davis	63	PSM	Pacific Northwest	32.96
3	100 Fly	Charlotte M Davis	63	PSM	Pacific Northwest	1:24.49
2	200 IM	Charlotte M Davis	63	PSM	Pacific Northwest	2:53.68
1	400 IM	Charlotte M Davis	63	PSM	Pacific Northwest	6:11.25

Women 65-69						
Place	Event	Name	Age	Club	LMSC	Time
7	50 Free	Sarah welch	66	PSM	Pacific Northwest	35.73
8	1500 Free	Kathrine J Casey	65	PSM	Pacific Northwest	28:50.74
10	50 Back	Kathrine J Casey	65	PSM	Pacific Northwest	46.41
9	100 Back	Kathrine J Casey	65	PSM	Pacific Northwest	1:42.14
9	200 Back	Kathrine J Casey	65	PSM	Pacific Northwest	3:42.94
5	50 Fly	Sarah welch	66	PSM	Pacific Northwest	40.52
3	100 Fly	Sarah welch	66	PSM	Pacific Northwest	1:33.75

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2	200 Fly	Sarah Welch	66	PSM	Pacific Northwest	3:46.32
4	200 IM	Sarah Welch	66	PSM	Pacific Northwest	3:35.08
6	400 IM	Kathrine J Casey	65	PSM	Pacific Northwest	8:34.80

Men 25-29

Place	Event	Name	Age	Club	LMSC	Time
8	50 Free	Chris J Chapman	26	PSM	Pacific Northwest	24.53
8	100 Free	Chris J Chapman	26	PSM	Pacific Northwest	54.56
9	200 Free	Chris Conroy	28	PSM	Pacific Northwest	2:05.81
3	50 Back	Chris J Chapman	26	PSM	Pacific Northwest	28.70
5	50 Breast	Cejih J Yung	28	PSM	Pacific Northwest	31.63
9	50 Breast	Chris Conroy	28	PSM	Pacific Northwest	32.49
4	100 Breast	Cejih J Yung	28	PSM	Pacific Northwest	1:09.26
7	100 Breast	Chris Conroy	28	PSM	Pacific Northwest	1:12.08
5	200 Breast	Cejih J Yung	28	PSM	Pacific Northwest	2:28.17
3	50 Fly	Chris J Chapman	26	PSM	Pacific Northwest	25.65
1	100 Fly	Chris J Chapman	26	PSM	Pacific Northwest	56.46
5	200 IM	Cejih J Yung	28	PSM	Pacific Northwest	2:19.59

Men 40-44

Place	Event	Name	Age	Club	LMSC	Time
5	100 Free	Ryan K Packer	43	PSM	Pacific Northwest	56.97
10	200 Free	Kirk Nelson	43	PSM	Pacific Northwest	2:10.42
9	400 Free	Kirk Nelson	43	PSM	Pacific Northwest	4:38.11
4	800 Free	Kirk Nelson	43	PSM	Pacific Northwest	9:33.08
7	1500 Free	Doug Jelen	40	PSM	Pacific Northwest	19:47.52
4	200 Back	Doug Jelen	40	PSM	Pacific Northwest	2:31.88
4	50 Fly	Ryan K Packer	43	PSM	Pacific Northwest	27.40
7	200 Fly	Doug Jelen	40	PSM	Pacific Northwest	2:40.10
5	400 IM	Doug Jelen	40	PSM	Pacific Northwest	5:32.70

Men 45-49

Place	Event	Name	Age	Club	LMSC	Time
9	50 Breast	Kevin L Esko	47	PSM	Pacific Northwest	34.54

Men 50-54

Place	Event	Name	Age	Club	LMSC	Time
8	50 Free	Ned Stack	54	PSM	Pacific Northwest	26.72
5	100 Free	Ned Stack	54	PSM	Pacific Northwest	59.00
10	400 Free	Daniel L Phillips	50	PSM	Pacific Northwest	4:48.82
10	800 Free	Daniel L Phillips	50	PSM	Pacific Northwest	10:09.33
6	1500 Free	Daniel L Phillips	50	PSM	Pacific Northwest	19:17.95
9	1500 Free	Lyle A Nalli	53	PSM	Pacific Northwest	19:45.31
10	50 Back	Carl Haynie	53	PSM	Pacific Northwest	33.42
10	100 Back	Carl Haynie	53	PSM	Pacific Northwest	1:12.54
6	200 Back	Lyle A Nalli	53	PSM	Pacific Northwest	2:40.05
4	50 Breast	Daniel L Phillips	50	PSM	Pacific Northwest	33.83
10	100 Breast	Daniel L Phillips	50	PSM	Pacific Northwest	1:18.54
5	200 Breast	Daniel L Phillips	50	PSM	Pacific Northwest	2:47.68
6	50 Fly	Ned Stack	54	PSM	Pacific Northwest	28.31

Men 55-59

Place	Event	Name	Age	Club	LMSC	Time
3	50 Back	Donald Graham	59	PSM	Pacific Northwest	31.87
6	100 Back	Donald Graham	59	PSM	Pacific Northwest	1:11.53
6	50 Fly	Donald Graham	59	PSM	Pacific Northwest	29.06
8	100 Fly	Donald Graham	59	PSM	Pacific Northwest	1:08.54

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Men 60-64

Place	Event	Name	Age	Club	LMSC	Time
1	50 Breast	Rick Colella	62	PSM	Pacific Northwest	33.96
1	100 Breast	Rick Colella	62	PSM	Pacific Northwest	1:13.38
8	50 Fly	Rick Colella	62	PSM	Pacific Northwest	30.68
1	200 IM	Rick Colella	62	PSM	Pacific Northwest	2:23.10

Men 65-69

Place	Event	Name	Age	Club	LMSC	Time
5	400 Free	Michael McColly	68	PSM	Pacific Northwest	5:21.10
4	800 Free	Michael McColly	68	PSM	Pacific Northwest	11:12.91
6	100 Back	Michael McColly	68	PSM	Pacific Northwest	1:24.17
4	200 Back	Michael McColly	68	PSM	Pacific Northwest	2:56.62
10	200 Back	Rick R Spencer	65	PSM	Pacific Northwest	3:14.45
7	50 Breast	Steven B Peterson	67	PSM	Pacific Northwest	39.91
2	100 Breast	Steven B Peterson	67	PSM	Pacific Northwest	1:29.67
3	200 Breast	Steven B Peterson	67	PSM	Pacific Northwest	3:14.26
4	200 IM	Michael McColly	68	PSM	Pacific Northwest	2:53.66
9	200 IM	Steven B Peterson	67	PSM	Pacific Northwest	3:08.13
4	400 IM	Michael McColly	68	PSM	Pacific Northwest	6:30.70