

2016 FINA WORLD Top 10 SCM for Pacific Northwest LMSC

Women 30-34

Place	Event	Name	Age	Club	LMSC	Time
9	1500 Free	Allison L Cox	32	PSM	Pacific Northwest	18:53.81

Women 40-44

Place	Event	Name	Age	Club	LMSC	Time
6	200 Fly	Lianna M Badran	42	PSM	Pacific Northwest	2:37.55
5	400 IM	Lianna M Badran	42	PSM	Pacific Northwest	5:34.08

Women 45-49

Place	Event	Name	Age	Club	LMSC	Time
1	50 Free	Amy J Moorhead	45	PSM	Pacific Northwest	27.16
6	100 Free	Amy J Moorhead	45	PSM	Pacific Northwest	1:01.74
9	100 IM	Amy J Moorhead	45	PSM	Pacific Northwest	1:11.96

Women 50-54

Place	Event	Name	Age	Club	LMSC	Time
6	400 Free	Shannon J McIntyre	52	PSM	Pacific Northwest	4:47.92
6	200 Breast	Shannon J McIntyre	52	PSM	Pacific Northwest	2:58.12
7	100 IM	Shannon J McIntyre	52	PSM	Pacific Northwest	1:12.42
7	200 IM	Shannon J McIntyre	52	PSM	Pacific Northwest	2:41.41
2	400 IM	Shannon J McIntyre	52	PSM	Pacific Northwest	5:39.03

Women 60-64

Place	Event	Name	Age	Club	LMSC	Time
6	50 Breast	Linda Chapman	60	PSM	Pacific Northwest	40.77
6	100 Breast	Linda Chapman	60	PSM	Pacific Northwest	1:28.01
9	200 Breast	Linda Chapman	60	PSM	Pacific Northwest	3:20.91

Women 65-69

Place	Event	Name	Age	Club	LMSC	Time
3	200 Free	Charlotte M Davis	66	PSM	Pacific Northwest	2:36.98
3	400 Free	Charlotte M Davis	66	PSM	Pacific Northwest	5:44.47
4	50 Back	Charlotte M Davis	66	PSM	Pacific Northwest	37.71
1	100 Breast	Charlotte M Davis	66	PSM	Pacific Northwest	1:30.81
2	50 Fly	Charlotte M Davis	66	PSM	Pacific Northwest	33.56
4	200 IM	Charlotte M Davis	66	PSM	Pacific Northwest	3:02.59

Women 70-74

Place	Event	Name	Age	Club	LMSC	Time
7	400 Free	Sally A Dillon	70	PSM	Pacific Northwest	6:52.03

Men 50-54

Place	Event	Name	Age	Club	LMSC	Time
3	800 Free	Mats O Nygren	50	PSM	Pacific Northwest	9:15.06

Men 55-59

Place	Event	Name	Age	Club	LMSC	Time
10	100 Back	Carl Haynie	56	PSM	Pacific Northwest	1:06.27

5	200 Back	Carl Haynie	56	PSM	Pacific Northwest	2:26.54
6	50 Fly	Brad V Hering	55	PSM	Pacific Northwest	28.52

Men 60-64

Place	Event	Name	Age	Club	LMSC	Time
8	50 Free	Donald Graham	62	PSM	Pacific Northwest	27.02
7	100 Back	Donald Graham	62	PSM	Pacific Northwest	1:11.14
2	50 Fly	Donald Graham	62	PSM	Pacific Northwest	28.24
4	100 Fly	Donald Graham	62	PSM	Pacific Northwest	1:05.31
10	200 Fly	Donald Graham	62	PSM	Pacific Northwest	2:44.81
4	100 IM	Donald Graham	62	PSM	Pacific Northwest	1:09.45
8	200 IM	Donald Graham	62	PSM	Pacific Northwest	2:38.51

Men 65-69

Place	Event	Name	Age	Club	LMSC	Time
1	100 Free	Rick Colella	65	PSM	Pacific Northwest	58.19
1	200 Free	Rick Colella	65	PSM	Pacific Northwest	2:07.56
7	200 Free	Dan L Kirkland	68	PSM	Pacific Northwest	2:21.50
2	400 Free	Dan L Kirkland	68	PSM	Pacific Northwest	4:55.58
8	400 Free	John B Baker	65	PSM	Pacific Northwest	5:13.52
3	800 Free	Dan L Kirkland	68	PSM	Pacific Northwest	10:15.78
1	1500 Free	Dan L Kirkland	68	PSM	Pacific Northwest	19:39.12
1	200 Back	Dan L Kirkland	68	PSM	Pacific Northwest	2:42.59
1	50 Breast	Rick Colella	65	PSM	Pacific Northwest	32.50
6	50 Breast	John B Baker	65	PSM	Pacific Northwest	35.89
1	100 Breast	Rick Colella	65	PSM	Pacific Northwest	1:13.16
4	100 Breast	John B Baker	65	PSM	Pacific Northwest	1:20.36
5	200 Breast	John B Baker	65	PSM	Pacific Northwest	3:01.79
1	100 IM	Rick Colella	65	PSM	Pacific Northwest	1:05.43
1	200 IM	Rick Colella	65	PSM	Pacific Northwest	2:22.60
8	200 IM	John B Baker	65	PSM	Pacific Northwest	2:48.08

Men 70-74

Place	Event	Name	Age	Club	LMSC	Time
8	100 Breast	Steven B Peterson	70	PSM	Pacific Northwest	1:26.64
7	200 Breast	Steven B Peterson	70	PSM	Pacific Northwest	3:14.80
8	400 IM	Steven B Peterson	70	PSM	Pacific Northwest	6:44.68

Men 85-89

Place	Event	Name	Age	Club	LMSC	Time
10	100 IM	Robert O Dorse	85	PSM	Pacific Northwest	2:12.00

2016 FINA WORLD Top 10 SCM Relays for Pacific Northwest LMSC

Men 160-199 SCM (2016)

Place	Event	Club	LMSC	Time	Swimmers
7	400 Medley	PSM	Pacific Northwest	4:16.74	Rick V Cardoso (37), Daniel L Phillips (53), Todd S Doherty (45), Mats O Nygren (50)

Men 200-239 SCM (2016)

Place	Event	Club	LMSC	Time	Swimmers
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5	200 Free	PSM	Pacific Northwest	1:44.87	Rick V
Cardoso (37), Carl Haynie (56), Dave Hannula (62), Mats O Nygren (50)					
9	400 Medley	PSM	Pacific Northwest	4:45.83	Max L Hanson
(49), Kevin L Esko (50), Michael Porter (50), David L McCarty (52)					

Men 240-279 SCM (2016)

Place	Event	Club	LMSC	Time	Swimmers
=====	=====	=====	=====	=====	
=====	=====	=====	=====	=====	
1	200 Medley	PSM	Pacific Northwest	1:57.52	Carl Haynie
(56), Rick Colella (65), Donald Graham (62), Dave Hannula (62)					
1	400 Free	PSM	Pacific Northwest	4:02.66	Donald
Graham (62), Daniel L Phillips (53), Dave Hannula (62), Rick Colella (65)					
1	400 Medley	PSM	Pacific Northwest	4:23.96	Carl Haynie
(56), Rick Colella (65), Donald Graham (62), Dave Hannula (62)					

Women 120-159 SCM (2016)

Place	Event	Club	LMSC	Time	Swimmers
=====	=====	=====	=====	=====	
=====	=====	=====	=====	=====	
9	800 Free	PSM	Pacific Northwest	11:28.96	Jacquelyn E
Braggin (30), Katherine M Lomatewama (29), Stephanie Hiebert (39), Amanda Winans (33)					

Women 160-199 SCM (2016)

Place	Event	Club	LMSC	Time	Swimmers
=====	=====	=====	=====	=====	
=====	=====	=====	=====	=====	
4	400 Free	PSM	Pacific Northwest	4:22.56	Allison L
Cox (32), Lianna M Badran (42), Shannon J McIntyre (52), Amy J Moorhead (45)					
5	800 Free	PSM	Pacific Northwest	10:20.98	Allison L
Cox (32), Shelley B Reimer (47), Wendy Polidori (47), Kathy Pelham (43)					

Women 200-239 SCM (2016)

Place	Event	Club	LMSC	Time	Swimmers
=====	=====	=====	=====	=====	
=====	=====	=====	=====	=====	
2	200 Free	PSM	Pacific Northwest	1:59.88	Lisa A Dahl
(55), Shannon J McIntyre (52), Linda Chapman (60), Amy J Moorhead (45)					
1	200 Medley	PSM	Pacific Northwest	2:14.67	Lisa A Dahl
(55), Shannon J McIntyre (52), Charlotte M Davis (66), Amy J Moorhead (45)					

Women 240-279 SCM (2016)

Place	Event	Club	LMSC	Time	Swimmers
=====	=====	=====	=====	=====	
=====	=====	=====	=====	=====	
6	400 Free	PSM	Pacific Northwest	5:25.53	Shelley B
Reimer (47), Sarah Welch (69), Linda Chapman (60), Charlotte M Davis (66)					

Mixed 160-199 SCM (2016)

Place	Event	Club	LMSC	Time	Swimmers
=====	=====	=====	=====	=====	
=====	=====	=====	=====	=====	
4	400 Free	PSM	Pacific Northwest	4:06.37	Todd S
Doherty (45), Max L Hanson (49), Shannon J McIntyre (52), Amy J Moorhead (45)					

Mixed 200-239 SCM (2016)

Place	Event	Club	LMSC	Time	Swimmers
=====	=====	=====	=====	=====	
=====	=====	=====	=====	=====	

2	200 Free	PSM	Pacific Northwest	1:50.70	Lisa A Dahl
(55), Daniel L Phillips (53), Amy J Moorhead (45), Mats O Nygren (50)					
3	200 Medley	PSM	Pacific Northwest	2:05.23	Carl Haynie
(56), Shannon J McIntyre (52), Daniel L Phillips (53), Amy J Moorhead (45)					

Mixed 240-279 SCM (2016)

Place	Event	Club	LMSC	Time	Swimmers
=====	=====	=====	=====	=====	
=====					
1	200 Medley	PSM	Pacific Northwest	2:08.42	Lisa A Dahl
(55), Rick Colella (65), Donald Graham (62), Charlotte M Davis (66)					
1	400 Free	PSM	Pacific Northwest	4:16.39	Rick Colella
(65), Charlotte M Davis (66), Dave Hannula (62), Lisa A Dahl (55)					