

DAWN MUSSELMAN INSPIRATIONAL SWIMMER 2021

The Pacific Northwest Association Local Masters Swimming Committee
proudly presents the

2021 Dawn Musselman Inspirational Swimmer Award to Tonya Berg

Tonya, you are an inspiration to the Green Lake Aqua Ducks and to all of PNA. Your nominators note that you've been a tireless volunteer, serving on GLAD's Board since 2006. You've helped the leadership team guide GLAD's financial health and stability, hire a coach, find a new pool, and develop policies for workouts in the time of COVID.

You seem to be at every workout – there at 4:30 a.m. day after day to help remove the pool covers, even on days you're not swimming! Now coaching the Monday workouts at View Ridge, you started back in 2006 taking on GLAD's Saturday workouts at Evans and Colman pools. You freely offer tips and suggestions to the swimmers while conscientiously maintaining and renewing your Red Cross Lifeguard, CPR, and First Aid certifications.

Your support of GLAD and its members is much appreciated – you're one of those people who go far beyond, benefiting GLAD as a team and as an organization. From jumping in to lead a workout when snow precluded the regular coach from attending to celebrating every team member's birthday each year with cards to sign, your presence in the administration and social sides of GLAD brings positive energy year after year. Attending team parties, sharing coffee and companionship in post-workout gatherings – you're always fun to be around! GLAD swimmers look forward to the post-COVID time when you will again lead them singing "Happy Birthday" before workout on all their birthdays!

And not only do you swim and coach workouts, you attend swim meets as well. (We note your participation so far in 103 PNA and Nationals meets since 1997, with a record of 30 individual and 18 relay top ten achievements and All American relay honors.)

Say your nominators, "As much as we are grateful for her myriad contributions to GLAD, to PNA, and to Masters swimming itself, we know that Tonya is a first-class member of the community. One telling example: she won't pass a piece of litter without picking it up. Even more inspiring is her being on the front line of the pandemic response as a Swedish Medical Center respiratory therapist.

"As you can see, Tonya K. Berg is an inspiration to those she swims with as she works tirelessly to keep GLAD the healthy organization it is and to show everyone what a wonderful thing it is to SWIM! Tonya makes everyone on the team feel special!"

Tonya, for your inspiration to the entire membership of the Pacific Northwest Association of Masters Swimmers by your example of good sportsmanship, encouragement, and commitment, the PNA is proud to recognize you as our Dawn Musselman Inspirational Swimmer for 2021.

Linda Chapman, President

Steve Peterson, Selection Committee Chair

