

Bainbridge Aquatic Masters 19th Annual BAMFest 2022
Sunday, October 9, 2022
Warm-up: 9 AM, Sprint lanes after 9:30 AM
Meet starts at 10 AM ~ 2 PM
Sanctioned by PNA for USMS Inc. 362-S005



LOCATION: Bainbridge Island Aquatic Center

8521 Madison Ave, Bainbridge Island, WA 98110
[Bainbridge Island Aquatic Center](#)

CO-MEET DIRECTORS: Tamara Tulou and Jessica Dubey –
BAMFest2022@gmail.com

MEET REFEREE: Bernadette Witty - bmawitty@gmail.com

FACILITY: Competition: 25 yard, 6 lanes - starting end 12.0 feet deep; turning end 3.5 feet deep. Temp 78-82°F. Warm-up: continuous lanes in the recreation pool. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

TIMING SYSTEM: The primary timing system will be automatic timing. Times may be submitted for USMS records and USMS Top 10 consideration.

CONCESSIONS: Accepting donations for assortment of healthy food and beverages.

RULES: Current USMS rules will govern the meet. USMS, WA State, and Kitsap County COVID guidelines and procedures apply.

ELIGIBILITY: Open to all 2022 USMS or foreign registered swimmers 18 and above as of 10/9/2022. Age groups based on the swimmer's age as of 10/9/2022. Foreign registered swimmers need to provide proof of current registration with their country's masters swim body.

ENTRIES: Individual Entries and Relay-Only Swimmers

- Swimmers may enter up to a maximum of 6 individual events and 2 relays.
- Entry time required for all events. Estimates are OK.
- Enter Online at:**
https://www.clubassistant.com/club/meet_information.cfm?c=2620&smid=15224
- Entry Deadline:** Entries must be submitted online by 11:59 PM (Pacific) Sunday, October 2, 2022.
- Entry Fees:** \$17 surcharge PLUS \$4 per individual event. No charge for relays. PNA swimmers who need financial assistance for entry fees may request same from the [PNA Wiggin Fund](#).
- Entry Questions:** Tamara Tulou and Jessica Dubey – BAMFest2022@gmail.com

DECK ENTRIES: Not allowed

SEEDING: All events slow to fast, age groups and genders mixed except relays. Pre-seeding except for 500 Free.

CHECK-IN: Positive check-in required for the 500 Free by the start of Event #1. Swimmers missing the check-in deadline may be scratched from the event.

RELAYS:

- Relay cards due by 9:30 AM for Event #1 and 2, 200 Medley Relay.
- Relay cards due by end of Event #6 for Event #12 and 13, 200 Free Relay.
- No charge for relays, but relay-only swimmers must sign-up online by the entry deadline.

500 Free: Swimmers in the 500 Free must provide their own TIMER. If a COUNTER is desired, the swimmer must supply a person for that job as well. TIMER and COUNTER can't be the same person. Entrants may be limited if timeline is too long.

COVID PROTOCOLS:

- All swimmers are encouraged to be vaccinated.
- All participants may wear a face mask, if desired.
- An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
- Pacific Northwest Association of Masters Swimmers cannot prevent you from becoming exposed to, contracting, or spreading COVID-19 while participating in USMS sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USMS sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

AWARDS: Ribbons will be awarded for 1st, 2nd, and 3rd place in each age group and gender.

ORDER OF EVENTS

1	Women 200 Medley Relay	9	Mixed 100 Free
2	Men 200 Medley Relay	10	Mixed 500 Free
3	Mixed 200 Free	11	Mixed 100 IM
4	Mixed 50 Back	--- 10 minute BREAK ---	
5	Mixed 200 IM	12	Women 200 Free Relay
6	Mixed 50 Free	13	Men 200 Free Relay
--- 15 minute BREAK ---		14	Mixed 100 Back
7	Mixed 100 Fly	15	Mixed 50 Fly
8	Mixed 50 Breast	16	Mixed 100 Breast

DIRECTIONS:

From Seattle: Take the 7:55 AM ferry to Bainbridge Island. Proceed on SR305 exactly one mile to NE High School Road. Turn left (west) on High School Road. Turn right (north) at traffic circle onto Madison Ave. Take first left for driveway entrance to pool.

From West Sound: Take SR305 to Madison Ave. N and turn right (south). Proceed 0.6 miles to the pool entrance on the right.

HOST TEAM INVITATION:

Bainbridge Aquatic Masters swimmers invite you to review the team website, <http://www.bainbridgeaquaticmasters.com> for past meet results, lodging accommodations, restaurants, and tourist attractions on the island.

