

**WWU MASTERS SWIMMING
VIKING INVITATIONAL
SUNDAY, FEBRUARY 26, 2023
Warm-up: 8 AM; Meet starts at 9 AM
Sanctioned by PNA for USMS Inc. # 363-S002**

LOCATION: Arne Hanna Aquatic Center
Aquatic Center & Downer Ball Fields
1114 Potter Street, Bellingham, WA 98229, (360) 778-7665

FACILITY: Competition 25 yards, 8 lanes. Temp 79-82°F. Continuous warm-up in the extra lanes not being used for competition. The number of lanes used for competition will range from 5 to 8, depending on the size of the meet. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. Starting end 6' deep, turning end 3.5' deep. Warm-up pool: 15 yds x 10 yd dive tank. At least 1 lane in competition pool may be available for continuous warm-up.

TIMING SYSTEM: The primary timing system will be manual timing. Times from this competition will be eligible for USMS Top 10 consideration, but not for world or USMS records.

MEET DIRECTOR: Nora Joslin, westernswimming@gmail.com
(206) 965-5485

MEET REFEREE: Heather Brennan, heatherbrennan11@gmail.com

CONCESSIONS: None

RULES: Current USMS rules will govern the meet.

ELIGIBILITY: Open to all 2023 USMS or foreign registered swimmers 18 and above as of 2/26/23. Age groups based on the swimmer's age as of 2/26/23.

ENTRIES: Swimmers may enter up to 5 individual events. Entries must be submitted online by 11:59 (Pacific) Wednesday, February 22, 2023.

DECK ENTRIES: No race day entries accepted

SEEDING: All events slow to fast, age group and genders mixed. Pre-seeding except for relays, 400 IM, and 500 Free.

CHECK-IN: Positive check-in required for the 400 IM by 8:15 AM and the 500 Free by the conclusion of event #11. Swimmers missing the check-in deadline may be scratched from the event.

RELAYS: Deck-enter relays at the meet

- Women, Men, and Mixed relays will be seeded together
- A swimmer may swim on only one relay team (W, M, or Mixed) for each relay event
- Mixed relays require two men and two women
- Deck entries for all relays due 15 minutes after the start of warmups
- No charge for relays

- **Relay Only Swimmers:** Wishing to swim only relays at the meet may do so. Same entry deadline and entry fee surcharge applies.

AWARDS: No awards will be available to purchase.

ORDER OF EVENTS: All events are mixed genders

1	400 IM	10	100 Free
2	50 Breast	11	200 Back
3	100 Fly		~ 15 min BREAK
4	200 Free	12	200 Breast
5	50 Back	13	200 Fly
6	100 IM	14	50 Free
	~ 15 min BREAK	15	100 Back
7	200 Medley Relay	16	200 IM
	W/M/X	17	200 Free Relay
8	100 Breast		W/M/X
9	50 Fly	18	500 Free

ENTRY FEES: \$16 USD (includes LMSC and timing surcharges) PLUS \$3 USD per individual event. No charge for relays. PNA swimmers who need financial assistance for entry fees may request same from the [PNA Wiggin Fund](#).

ONLINE ENTRIES: Enter online at: [WWU Swimming Viking Invitational 2023 \(2/26/2023\) \(clubassistant.com\)](http://WWU Swimming Viking Invitational 2023 (2/26/2023) (clubassistant.com)).

DIRECTIONS: [Link to Google Maps](#). From North Bound I-5: Take Exit 253 for Lakeway Drive in Bellingham. Turn left onto Potter Street. From South Bound I-5: Take Exit 253 for Lakeway Drive in Bellingham. Turn left onto Lakeway Drive. Turn left onto Lincoln



Street. Turn right onto Potter Street.