

## TACM March Madness - 3/12/2023

## Results - Session 1

**Women 18-24 50 SC Meter Freestyle**

---	Shieff, Emily E	20	Western Washingt-3	NS
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**Women 18-24 200 SC Meter Freestyle**

1	Singh, Isabelle K	24	Lake Washington-36	3:01.03
	40.63	1:28.42	2:15.35	3:01.03

**Women 18-24 400 SC Meter Freestyle**

1	Peterson, Adelynn M	24	Thunderbird Aqua-3	4:58.92
	34.29	1:11.56	1:49.60	2:27.71
	3:05.37	3:43.02	4:21.49	4:58.92

**Women 18-24 800 SC Meter Freestyle**

1	Singh, Isabelle K	24	Lake Washington-36	12:39.47
	41.08	1:27.45	2:14.67	3:01.33
	3:48.97	4:37.42	5:25.52	6:13.58
	7:02.42	7:50.72	8:39.31	9:27.88
	10:16.90	11:04.41	11:52.23	12:39.47

**Women 18-24 100 SC Meter Backstroke**

1	Peterson, Adelynn M	24	Thunderbird Aqua-3	1:15.41
	36.35	1:15.41		

**Women 18-24 100 SC Meter Butterfly**

1	Peterson, Adelynn M	24	Thunderbird Aqua-3	1:10.31
	32.84	1:10.31		

**Women 18-24 100 SC Meter IM**

---	Shieff, Emily E	20	Western Washingt-3	NS
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**Women 18-24 400 SC Meter IM**

1	Singh, Isabelle K	24	Lake Washington-36	7:21.63
	49.32	1:51.88	2:48.35	3:44.54
	4:48.56	5:50.13	6:36.40	7:21.63

**Women 25-29 50 SC Meter Freestyle**

1	Zacharias, Reva	25	CG Sports Manage-3	30.02
2	Li, Yun	29	Puget Sound Mast-3	33.65
3	Chen, Jing	27	Puget Sound Mast-3	41.08

**Women 25-29 100 SC Meter Freestyle**

1	Li, Yun	29	Puget Sound Mast-3	1:16.95
	35.98	1:16.95		
2	Chen, Jing	27	Puget Sound Mast-3	1:31.32
	43.67	1:31.32		

**Women 25-29 50 SC Meter Backstroke**

---	Zacharias, Reva	25	CG Sports Manage-3	NS
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**Women 25-29 50 SC Meter Butterfly**

1	Li, Yun	29	Puget Sound Mast-3	35.82
---	Zacharias, Reva	25	CG Sports Manage-3	NS

**Women 25-29 100 SC Meter Butterfly**

1	Li, Yun	29	Puget Sound Mast-3	1:27.12
	39.45	1:27.12		

**Women 25-29 100 SC Meter IM**

---	Li, Yun	29	Puget Sound Mast-3	DQ
	One hand touch - breast			
	39.69	DQ		

**Women 30-34 50 SC Meter Freestyle**

1	Evans, Porche	32	Bernardo's All S-36	37.91
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**Women 30-34 100 SC Meter Freestyle**

1	Anderson, Sydney	31	UC36	1:07.92
	33.00	1:07.92		
2	Evans, Porche	32	Bernardo's All S-36	1:26.42
	40.51	1:26.42		
3	Bailey, Taylor	30	Everett Family Y-36	1:36.17
	46.22	1:36.17		

**Women 30-34 400 SC Meter Freestyle**

1	Anderson, Sydney	31	UC36	5:02.87
	34.68	1:11.87	1:49.48	2:27.88
	3:06.59	3:45.55	4:24.30	5:02.87
2	Evans, Porche	32	Bernardo's All S-36	6:47.34
	43.28	1:31.35	2:23.43	3:16.40
	4:10.77	5:58.67	6:47.34	6:47.34

**Women 30-34 800 SC Meter Freestyle**

1	Anderson, Sydney	31	UC36	10:13.07
	35.33	1:13.15	1:51.23	2:29.62
	3:08.22	3:47.04	4:25.97	5:04.79
	5:43.78	6:22.72	7:01.53	7:40.40
	8:19.05	8:57.42	9:35.52	10:13.07

**Women 30-34 50 SC Meter Backstroke**

1	Evans, Porche	32	Bernardo's All S-36	43.08
2	Bailey, Taylor	30	Everett Family Y-36	52.83

**Women 30-34 50 SC Meter Breaststroke**

1	Evans, Porche	32	Bernardo's All S-36	54.15
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**Women 30-34 100 SC Meter Breaststroke**

1	Bailey, Taylor	30	Everett Family Y-36	1:46.73
	51.25	1:46.73		

**Women 30-34 100 SC Meter IM**

1	Bailey, Taylor	30	Everett Family Y-36	1:47.05
	52.88	1:47.05		

**Women 35-39 50 SC Meter Freestyle**

1	Motley, Caitlin	36	Cascade Masters-36	32.50
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**Women 35-39 200 SC Meter Freestyle**

1	McLaughlin, Danielle	38	Mercer Island Re-36	2:22.60
	32.60	1:09.02	1:46.31	2:22.60

**Women 35-39 400 SC Meter Freestyle**

1	Calvo, Morena	36	CG Sports Manage-3	5:39.57
	36.69	1:18.71	2:02.56	
	3:30.56	4:14.80	4:58.06	5:39.57

**Women 35-39 50 SC Meter Backstroke**

1	Motley, Caitlin	36	Cascade Masters-36	36.58
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**Women 35-39 100 SC Meter Backstroke**

1	Motley, Caitlin	36	Cascade Masters-36	1:20.55
	38.79	1:20.55		

**Women 35-39 50 SC Meter Breaststroke**

1	Calvo, Morena	36	CG Sports Manage-3	38.10
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**Women 35-39 100 SC Meter Breaststroke**

1	Calvo, Morena	36	CG Sports Manage-3	1:26.29
	39.47	1:26.29		

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## Results - Session 1

**Women 35-39 200 SC Meter Breaststroke**

---	Calvo, Morena	36	CG Sports Manage-3	NS
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**Women 35-39 200 SC Meter IM**

1	Motley, Caitlin	36	Cascade Masters-36	2:58.16
				38.70 1:24.54 2:16.78 2:58.16

**Women 40-44 50 SC Meter Freestyle**

1	Geisheimer, Kelly	40	Fina	29.67
2	Jennings, Lindsey	42	Cascade Masters-36	31.48
3	Brunjes, Molly	43	Cascade Masters-36	34.89
4	Fornier, Ginger	44	Thunderbird Aqua-3	36.06
5	Marks, Jami	44	Thunderbird Aqua-3	37.65

**Women 40-44 100 SC Meter Freestyle**

1	Fornier, Ginger	44	Thunderbird Aqua-3	1:20.41
				38.30 1:20.41

**Women 40-44 400 SC Meter Freestyle**

1	Marks, Jami	44	Thunderbird Aqua-3	6:20.86
				43.23 1:30.43 2:18.30 3:06.87
				3:55.31 4:44.52 5:33.82 6:20.86
2	Fornier, Ginger	44	Thunderbird Aqua-3	6:34.80
				43.31 1:32.38 2:23.05 3:14.23
				4:05.75 4:57.24 5:48.17 6:34.80
3	Dees, Jillian R	40	Thunderbird Aqua-3	7:18.72
				44.14 1:34.16 2:27.69 3:24.05
				4:21.74 5:20.35 6:19.69 7:18.72

**Women 40-44 800 SC Meter Freestyle**

1	Geisheimer, Kelly	40	Fina	10:10.70
				34.56 1:12.19 1:49.78 2:27.19
				3:05.09 3:43.75 4:22.05 5:00.90
				5:40.02 6:19.13 6:58.32 7:37.62
				8:17.31 8:57.17 9:36.09 10:10.70

**Women 40-44 50 SC Meter Backstroke**

1	Jennings, Lindsey	42	Cascade Masters-36	37.50
2	Rosenboim Pazik, Tagel	40	Lake Washington-36	37.52
3	Brunjes, Molly	43	Cascade Masters-36	39.27
4	Marks, Jami	44	Thunderbird Aqua-3	44.13

**Women 40-44 200 SC Meter Backstroke**

1	Rosenboim Pazik, Tagel	40	Lake Washington-36	2:53.73
				40.88 1:24.47 2:09.25 2:53.73
2	Brunjes, Molly	43	Cascade Masters-36	2:55.82
				41.81 1:26.40 2:12.16 2:55.82
3	Marks, Jami	44	Thunderbird Aqua-3	3:29.46
				48.82 1:42.41 2:37.06 3:29.46

**Women 40-44 50 SC Meter Breaststroke**

1	Jennings, Lindsey	42	Cascade Masters-36	40.46
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**Women 40-44 50 SC Meter Butterfly**

1	Jennings, Lindsey	42	Cascade Masters-36	34.06
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**Women 40-44 100 SC Meter IM**

1	Jennings, Lindsey	42	Cascade Masters-36	1:20.27
				37.40 1:20.27
2	Rosenboim Pazik, Tagel	40	Lake Washington-36	1:22.39
				38.55 1:22.39

3	Brunjes, Molly	43	Cascade Masters-36	1:26.92
				39.09 1:26.92

4	Fornier, Ginger	44	Thunderbird Aqua-3	1:40.19
				46.70 1:40.19

**Women 45-49 50 SC Meter Freestyle**

1	Yasukochi, Emily	46	Thunderbird Aqua-3	31.74
2	Phinney, Sandi	47	Thunderbird Aqua-3	35.22
3	High, Marjorie	48	Cascade Masters-36	43.33

**Women 45-49 100 SC Meter Freestyle**

1	Yasukochi, Emily	46	Thunderbird Aqua-3	1:11.15
				33.64 1:11.15
2	Birkner, Joanne	46	Lake Washington-36	1:18.17
				37.95 1:18.17

**Women 45-49 400 SC Meter Freestyle**

1	Yasukochi, Emily	46	Thunderbird Aqua-3	5:44.60
				37.06 1:18.32 2:01.49 2:46.16
				3:31.43 4:16.58 5:01.90 5:44.60
2	Franulovich, Rachel	47	Thunderbird Aqua-3	6:56.59
				43.06 1:32.03 2:25.59 3:18.82
				4:13.42 5:08.00 6:03.20 6:56.59

**Women 45-49 50 SC Meter Backstroke**

1	Yasukochi, Emily	46	Thunderbird Aqua-3	38.01
2	Jordan, Shannon	45	Thunderbird Aqua-3	39.32
3	Birkner, Joanne	46	Lake Washington-36	40.38
4	Phinney, Sandi	47	Thunderbird Aqua-3	40.57
5	Franulovich, Rachel	47	Thunderbird Aqua-3	43.72

**Women 45-49 100 SC Meter Backstroke**

1	Jordan, Shannon	45	Thunderbird Aqua-3	1:26.98
				42.23 1:26.98
2	Birkner, Joanne	46	Lake Washington-36	1:28.19
				44.54 1:28.19
---	Phinney, Sandi	47	Thunderbird Aqua-3	DQ
				Delay initiating turn after past vertical
				41.92 DQ

**Women 45-49 200 SC Meter Backstroke**

1	Jordan, Shannon	45	Thunderbird Aqua-3	3:15.19
				45.96 1:34.96 2:25.38 3:15.19

**Women 45-49 50 SC Meter Butterfly**

1	Yasukochi, Emily	46	Thunderbird Aqua-3	35.25
2	Phinney, Sandi	47	Thunderbird Aqua-3	41.37
3	High, Marjorie	48	Cascade Masters-36	52.46

**Women 45-49 100 SC Meter Butterfly**

1	Yasukochi, Emily	46	Thunderbird Aqua-3	1:28.07
				39.25 1:28.07
2	High, Marjorie	48	Cascade Masters-36	2:03.50
				54.56 2:03.50

**Women 45-49 100 SC Meter IM**

1	Jordan, Shannon	45	Thunderbird Aqua-3	1:36.39
				44.58 1:36.39
2	High, Marjorie	48	Cascade Masters-36	1:58.81
				54.76 1:58.81
---	Phinney, Sandi	47	Thunderbird Aqua-3	NS

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**Women 45-49 200 SC Meter IM**

1	Jordan, Shannon	45	Thunderbird Aqua-3	3:27.79
			2:42.45	3:27.79

**Women 45-49 400 SC Meter IM**

1	Jordan, Shannon	45	Thunderbird Aqua-3	7:20.63
			49.41	1:44.15
			2:36.78	3:30.89
			4:35.59	5:40.61
			6:32.56	7:20.63

**Women 50-54 100 SC Meter Freestyle**

1	Kim, Nellis	53	Blue Wave Aquati-36	1:21.40
			38.16	1:21.40

**Women 50-54 50 SC Meter Breaststroke**

1	Lauzon, Chantal	50	Novaquatics Mast-36	41.88
2	Kim, Nellis	53	Blue Wave Aquati-36	44.65

**Women 50-54 100 SC Meter Breaststroke**

1	Lauzon, Chantal	50	Novaquatics Mast-36	1:31.14
			42.38	1:31.14
2	Kim, Nellis	53	Blue Wave Aquati-36	1:39.92
			48.48	1:39.92

**Women 50-54 200 SC Meter Breaststroke**

1	Kim, Nellis	53	Blue Wave Aquati-36	3:35.29
			49.84	1:45.63
			2:41.26	3:35.29

**Women 50-54 50 SC Meter Butterfly**

1	Lauzon, Chantal	50	Novaquatics Mast-36	37.17
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**Women 50-54 100 SC Meter IM**

1	Lauzon, Chantal	50	Novaquatics Mast-36	1:24.04
			38.75	1:24.04

**Women 55-59 50 SC Meter Freestyle**

1	Stenfjord, Tani	58	North End Otters-36	31.23
2	Kramer, Karen	58	North End Otters-36	35.20
3	Arisco, Amy	56	Thunderbird Aqua-3	44.46
4	Overby, Debi	59	Thunderbird Aqua-3	49.77
---	Gamroth, Linda	57	UC36	NS

**Women 55-59 100 SC Meter Freestyle**

1	Stenfjord, Tani	58	North End Otters-36	1:09.16
			34.20	1:09.16
2	Kramer, Karen	58	North End Otters-36	1:21.04
			37.93	1:21.04
3	Overby, Debi	59	Thunderbird Aqua-3	1:48.89
			49.39	1:48.89

**Women 55-59 400 SC Meter Freestyle**

1	Stenfjord, Tani	58	North End Otters-36	5:22.42
			35.97	1:16.40
			1:57.43	2:39.10
			3:20.43	4:02.13
			4:42.91	5:22.42
2	Arisco, Amy	56	Thunderbird Aqua-3	7:34.37
			49.86	1:44.05
			2:41.69	3:39.68
			4:38.46	5:37.36
			6:36.43	7:34.37

**Women 55-59 50 SC Meter Backstroke**

1	Kramer, Karen	58	North End Otters-36	42.01
2	Arisco, Amy	56	Thunderbird Aqua-3	52.69
3	Overby, Debi	59	Thunderbird Aqua-3	55.60

**Women 55-59 50 SC Meter Breaststroke**

---	Gamroth, Linda	57	UC36	NS
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**Women 55-59 50 SC Meter Butterfly**

1	Arisco, Amy	56	Thunderbird Aqua-3	53.48
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**Women 55-59 100 SC Meter IM**

1	Kramer, Karen	58	North End Otters-36	1:29.99
			40.74	1:29.99

**Women 60-64 50 SC Meter Freestyle**

1	Krzic, Maja	60	Fina	34.10
2	Morrison, Mary	64	Thunderbird Aqua-3	51.85
---	Phillips, Sue	64	Cascade Masters-36	SCR

**Women 60-64 200 SC Meter Freestyle**

1	Krzic, Maja	60	Fina	2:53.64
			39.31	1:23.22
			2:08.81	2:53.64

**Women 60-64 400 SC Meter Freestyle**

1	Hoffman, Wendy	61	Puget Sound Mast-36	6:12.78
			42.39	1:29.33
			2:17.96	3:06.35
			3:54.19	4:41.19
			5:27.80	6:12.78
---	Phillips, Sue	64	Cascade Masters-36	SCR

**Women 60-64 50 SC Meter Backstroke**

1	Morrison, Mary	64	Thunderbird Aqua-3	1:01.81
---	Phillips, Sue	64	Cascade Masters-36	SCR

**Women 60-64 50 SC Meter Breaststroke**

1	Hoffman, Wendy	61	Puget Sound Mast-36	50.88
2	Morrison, Mary	64	Thunderbird Aqua-3	1:05.15

**Women 60-64 200 SC Meter Breaststroke**

1	Hoffman, Wendy	61	Puget Sound Mast-36	3:40.23
			50.96	1:46.55
			2:43.62	3:40.23

**Women 60-64 50 SC Meter Butterfly**

1	Krzic, Maja	60	Fina	37.40
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**Women 60-64 200 SC Meter IM**

1	Hoffman, Wendy	61	Puget Sound Mast-36	3:29.12
			2:42.54	3:29.12

**Women 60-64 400 SC Meter IM**

1	Hoffman, Wendy	61	Puget Sound Mast-36	7:14.54
			49.83	1:48.20
			2:45.46	3:42.36
			4:40.54	5:37.17
			6:25.95	7:14.54

**Women 65-69 50 SC Meter Breaststroke**

1	Chapman, Linda	67	Lake Washington-36	44.66
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**Women 65-69 100 SC Meter Breaststroke**

1	Chapman, Linda	67	Lake Washington-36	1:37.93
			47.43	1:37.93

**Women 65-69 200 SC Meter Breaststroke**

1	Chapman, Linda	67	Lake Washington-36	3:38.06
			51.43	1:45.63
			2:42.27	3:38.06

**Women 70-74 100 SC Meter Freestyle**

1	Glassman, Debbie	70	Puget Sound Mast-36	1:27.73
			42.41	1:27.73

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## Results - Session 1

**Women 70-74 50 SC Meter Backstroke**

1 Glassman, Debbie 70 Puget Sound Mast-3 49.34

**Women 70-74 50 SC Meter Butterfly**

1 Glassman, Debbie 70 Puget Sound Mast-3 44.38

**Women 70-74 100 SC Meter IM**1 Glassman, Debbie 70 Puget Sound Mast-3 1:42.59  
48.02 1:42.59**Women 75-79 50 SC Meter Freestyle**

1 Dillon, Sally 77 Bellevue Club-36 46.05

**Women 75-79 100 SC Meter Freestyle**1 Dillon, Sally 77 Bellevue Club-36 1:40.35  
48.65 1:40.35**Women 75-79 50 SC Meter Backstroke**

1 Dillon, Sally 77 Bellevue Club-36 1:03.27

**Women 75-79 50 SC Meter Breaststroke**

--- Dillon, Sally 77 Bellevue Club-36 NS

**Men 18-24 50 SC Meter Freestyle**

1 Eggenberger, Thomas 24 Thunderbird Aqua-3 26.63

**Men 18-24 100 SC Meter Freestyle**

--- Loeser, Jonas 24 Western Washing-3 NS

**Men 18-24 200 SC Meter Freestyle**

--- Loeser, Jonas 24 Western Washing-3 NS

**Men 18-24 400 SC Meter Freestyle**1 Eggenberger, Thomas 24 Thunderbird Aqua-3 4:46.72  
31.96 1:07.75 1:44.59 2:21.51  
2:57.97 3:34.89 4:11.01 4:46.72**Men 18-24 100 SC Meter Backstroke**1 Eggenberger, Thomas 24 Thunderbird Aqua-3 1:06.97  
30.31 1:06.97**Men 18-24 50 SC Meter Butterfly**

1 Eggenberger, Thomas 24 Thunderbird Aqua-3 29.53

**Men 25-29 100 SC Meter Freestyle**1 Woodbury, Brian 27 Lake Washington-36 55.14  
26.39 55.14**Men 25-29 400 SC Meter Freestyle**1 Rittenhouse, Jackson S 26 Bernardo's All S-36 6:02.07  
40.72 1:25.36 2:12.04 2:58.71  
3:45.04 4:31.79 5:18.29 6:02.07**Men 25-29 800 SC Meter Freestyle**1 Rittenhouse, Jackson S 26 Bernardo's All S-36 12:44.57  
41.64 1:28.91 2:16.98 3:05.71  
3:55.13 4:44.66 5:33.32 6:22.63  
7:12.04 8:00.75 8:49.22 9:37.33  
10:25.19 11:13.13 12:00.02 12:44.57**Men 25-29 100 SC Meter Backstroke**1 Woodbury, Brian 27 Lake Washington-36 57.15  
27.80 57.15**Men 25-29 200 SC Meter Breaststroke**1 Rittenhouse, Jackson S 26 Bernardo's All S-36 3:21.59  
46.12 1:39.58 2:30.59 3:21.59**Men 25-29 50 SC Meter Butterfly**

1 Rittenhouse, Jackson S 26 Bernardo's All S-36 38.30

**Men 25-29 400 SC Meter IM**1 Woodbury, Brian 27 Lake Washington-36 5:00.53  
32.33 1:09.07 1:47.27 2:25.24  
3:06.70 3:48.89 4:25.41 5:00.53**Men 30-34 100 SC Meter Freestyle**1 Yuan, Lei 31 Puget Sound Mast-3 1:28.59  
41.64 1:28.59**Men 30-34 400 SC Meter Freestyle**1 Yuan, Lei 31 Puget Sound Mast-3 7:53.67  
47.27 1:41.27 2:39.97 3:42.61  
4:45.45 5:48.52 6:52.83 7:53.67**Men 30-34 100 SC Meter Breaststroke**

--- Hessen, James 33 Everett Family Y-36 NS

**Men 30-34 50 SC Meter Butterfly**

1 Yuan, Lei 31 Puget Sound Mast-3 40.97

**Men 30-34 100 SC Meter Butterfly**

--- Hessen, James 33 Everett Family Y-36 NS

**Men 30-34 200 SC Meter IM**

--- Hessen, James 33 Everett Family Y-36 NS

**Men 35-39 50 SC Meter Freestyle**

1 Conroy, Chris 38 CG Sports Manage-3 26.90

**Men 35-39 100 SC Meter Freestyle**1 Conroy, Chris 38 CG Sports Manage-3 1:00.37  
28.71 1:00.37**Men 35-39 200 SC Meter Backstroke**1 Dee, Kevin 35 Fina 2:21.06  
33.04 1:08.24 1:44.88 2:21.06  
2 Petersen, Erik 35 CG Sports Manage-3 2:38.26  
37.18 1:17.09 1:58.19 2:38.26**Men 35-39 50 SC Meter Breaststroke**1 Dee, Kevin 35 Fina 33.69  
--- Conroy, Chris 38 CG Sports Manage-3 NS**Men 35-39 100 SC Meter Breaststroke**1 Conroy, Chris 38 CG Sports Manage-3 1:16.00  
36.08 1:16.00  
2 Petersen, Erik 35 CG Sports Manage-3 1:26.52  
41.00 1:26.52**Men 35-39 200 SC Meter Breaststroke**1 Dee, Kevin 35 Fina 2:42.87  
36.01 1:17.40 2:00.10 2:42.87**Men 35-39 100 SC Meter Butterfly**1 Petersen, Erik 35 CG Sports Manage-3 1:04.35  
29.97 1:04.35

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## Results - Session 1

**Men 35-39 100 SC Meter IM**

1	Dee, Kevin	35	Fina	1:05.24
	30.14	1:05.24		
2	Petersen, Erik	35	CG Sports Manage-3	1:09.42
	31.85	1:09.42		

**Men 35-39 200 SC Meter IM**

1	Dee, Kevin	35	Fina	2:29.32
	31.54	1:10.02	1:53.55	2:29.32

**Men 40-44 50 SC Meter Freestyle**

1	Berndt, Ryan	41	UC36	32.42
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**Men 40-44 100 SC Meter Freestyle**

1	Whitbeck, Dave E	41	Lake Washington-36	1:00.62
	28.86	1:00.62		

**Men 40-44 100 SC Meter Backstroke**

1	Whitbeck, Dave E	41	Lake Washington-36	1:13.87
	35.35	1:13.87		

**Men 40-44 50 SC Meter Breaststroke**

1	Berndt, Ryan	41	UC36	39.35
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**Men 40-44 100 SC Meter Breaststroke**

1	Whitbeck, Dave E	41	Lake Washington-36	1:17.83
	36.75	1:17.83		

**Men 40-44 200 SC Meter Breaststroke**

1	Berndt, Ryan	41	UC36	3:28.01
	44.06	1:36.64	2:32.06	3:28.01

**Men 40-44 50 SC Meter Butterfly**

1	Berndt, Ryan	41	UC36	38.68
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**Men 40-44 100 SC Meter Butterfly**

1	Whitbeck, Dave E	41	Lake Washington-36	1:06.01
	31.08	1:06.01		

**Men 45-49 50 SC Meter Freestyle**

1	Donnelly, Michael	45	Thunderbird Aqua-3	34.37
2	Hernandez, Alexander	49	Thunderbird Aqua-3	34.39

**Men 45-49 100 SC Meter Freestyle**

1	Hernandez, Alexander	49	Thunderbird Aqua-3	1:20.65
	36.67	1:20.65		

**Men 45-49 400 SC Meter Freestyle**

1	Donnelly, Michael	45	Thunderbird Aqua-3	6:09.26
	39.81	1:24.84	2:12.82	3:01.49
	3:49.89	4:38.06	5:25.82	6:09.26

**Men 45-49 800 SC Meter Freestyle**

1	Donnelly, Michael	45	Thunderbird Aqua-3	12:39.90
	39.43	1:24.07	2:12.08	3:01.11
	3:50.44	4:40.01	5:29.48	6:18.29
	7:07.46	7:56.87	8:46.23	9:35.69
	10:23.51	11:11.56	11:58.24	12:39.90

**Men 45-49 100 SC Meter IM**

1	Hernandez, Alexander	49	Thunderbird Aqua-3	1:38.63
	44.47	1:38.63		

**Men 50-54 50 SC Meter Freestyle**

1	Castle, Matt	52	Thunderbird Aqua-3	29.31
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2	Rolfes, Ted	53	Thunderbird Aqua-3	37.39
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**Men 50-54 100 SC Meter Freestyle**

---	Hooper, James C	52	Fina	NS
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**Men 50-54 50 SC Meter Backstroke**

1	Castle, Matt	52	Thunderbird Aqua-3	35.71
2	Rolfes, Ted	53	Thunderbird Aqua-3	47.10
---	Ness, Kerry	54	Team Walker Inte-36	NS

**Men 50-54 50 SC Meter Breaststroke**

1	Hooper, James C	52	Fina	32.40
2	Castle, Matt	52	Thunderbird Aqua-3	37.48
---	Ness, Kerry	54	Team Walker Inte-36	NS

**Men 50-54 100 SC Meter Breaststroke**

1	Hooper, James C	52	Fina	1:12.85
	34.33	1:12.85		
2	Rolfes, Ted	53	Thunderbird Aqua-3	1:47.47
	49.54	1:47.47		
---	Ness, Kerry	54	Team Walker Inte-36	NS

**Men 50-54 100 SC Meter IM**

1	Rolfes, Ted	53	Thunderbird Aqua-3	1:43.55
	48.79	1:43.55		
---	Ness, Kerry	54	Team Walker Inte-36	NS

**Men 50-54 200 SC Meter IM**

1	Castle, Matt	52	Thunderbird Aqua-3	2:56.87
	36.02	1:25.27	2:14.85	2:56.87

**Men 55-59 50 SC Meter Freestyle**

1	Yu, Gehua	55	Puget Sound Mast-30	42.13
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**Men 55-59 100 SC Meter Freestyle**

1	Ellis, Kenneth	56	Thunderbird Aqua-3	1:21.87
	37.84	1:21.87		

**Men 55-59 800 SC Meter Freestyle**

1	Yu, Gehua	55	Puget Sound Mast-30	16:41.78
	47.38	1:41.07	2:37.42	3:38.13
	4:42.76	5:49.77	6:55.84	8:02.53
	9:09.14	10:15.74	11:23.27	12:31.16
	13:35.85	14:42.00	15:47.55	16:41.78

**Men 55-59 100 SC Meter Backstroke**

1	Ellis, Kenneth	56	Thunderbird Aqua-3	1:36.25
	45.47	1:36.25		

**Men 55-59 50 SC Meter Breaststroke**

1	Steenhuis, Harm-Jan	56	WS Twente-39	39.04
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**Men 55-59 100 SC Meter Breaststroke**

1	Steenhuis, Harm-Jan	56	WS Twente-39	1:28.00
	41.07	1:28.00		

**Men 55-59 200 SC Meter Breaststroke**

---	Steenhuis, Harm-Jan	56	WS Twente-39	SCR
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**Men 55-59 50 SC Meter Butterfly**

1	Ellis, Kenneth	56	Thunderbird Aqua-3	39.12
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**Men 60-64 50 SC Meter Freestyle**

1	Steenbeeke, Alain	61	Bernardo's All S-36	28.49
2	Hansen, David	63	Thunderbird Aqua-3	33.62

## TACM March Madness - 3/12/2023

## Results - Session 1

**(Men 60-64 50 SC Meter Freestyle)**

3	Niegemann, Gary S	64	Everett Family Y-36	40.00
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**Men 60-64 100 SC Meter Freestyle**

1	Steenbeeke, Alain	61	Bernardo's All S-36	1:02.64
				29.83 1:02.64
2	Niegemann, Gary S	64	Everett Family Y-36	1:36.94

**Men 60-64 400 SC Meter Freestyle**

---	Niegemann, Gary S	64	Everett Family Y-36	SCR
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**Men 60-64 800 SC Meter Freestyle**

1	Hoover, David	61	Cascade Masters-36	11:50.54
				40.30 1:24.65 2:08.93 2:53.72
				3:38.56 4:23.02 5:07.89 5:52.24
				6:37.29 7:22.28 8:07.61 8:52.96
				9:38.11 10:23.18 11:07.77 11:50.54

**Men 60-64 50 SC Meter Backstroke**

1	Steenbeeke, Alain	61	Bernardo's All S-36	33.59
2	Hoover, David	61	Cascade Masters-36	40.06
3	Hansen, David	63	Thunderbird Aqua-3	43.55

**Men 60-64 100 SC Meter IM**

1	Steenbeeke, Alain	61	Bernardo's All S-36	1:13.81
				34.13 1:13.81
2	Hansen, David	63	Thunderbird Aqua-3	1:33.25
				44.02 1:33.25

**Men 60-64 200 SC Meter IM**

1	Hansen, David	63	Thunderbird Aqua-3	3:31.53
				2:44.88 3:31.53

**Men 65-69 200 SC Meter Freestyle**

1	Morrison, Jeffrey	68	Thunderbird Aqua-3	3:02.97
				42.78 1:28.47 2:15.82 3:02.97

**Men 65-69 400 SC Meter Freestyle**

1	Underbrink, Dan	67	Team Walker Inte-36	6:19.98
				41.66 1:29.62 2:18.24 3:07.40
				3:55.62 4:45.10 5:34.76 6:19.98
2	Weyhrauch, Tom	66	Bernardo's All S-36	7:17.45
				42.62 1:34.32 2:30.95 3:27.47
				5:26.14 6:24.24 7:17.45

**Men 65-69 800 SC Meter Freestyle**

1	Weyhrauch, Tom	66	Bernardo's All S-36	15:08.67
				1:40.21 2:35.95
				5:26.07 7:23.33
				8:22.30 9:21.69 10:19.92
				14:14.67 15:08.67

**Men 65-69 50 SC Meter Backstroke**

1	Morrison, Jeffrey	68	Thunderbird Aqua-3	46.29
2	Underbrink, Dan	67	Team Walker Inte-36	46.66

**Men 65-69 100 SC Meter Backstroke**

1	Underbrink, Dan	67	Team Walker Inte-36	1:40.87
				49.22 1:40.87

**Men 65-69 200 SC Meter Backstroke**

1	Underbrink, Dan	67	Team Walker Inte-36	3:36.93
				1:45.20 2:42.00 3:36.93

**Men 65-69 100 SC Meter Breaststroke**

1	Underbrink, Dan	67	Team Walker Inte-36	1:41.45
				48.58 1:41.45
2	Morrison, Jeffrey	68	Thunderbird Aqua-3	1:53.01
				53.30 1:53.01

**Men 65-69 200 SC Meter Breaststroke**

1	Underbrink, Dan	67	Team Walker Inte-36	3:32.52
				50.00 1:44.32 2:39.58 3:32.52

**Men 70-74 50 SC Meter Freestyle**

1	Walsh, Greg	70	Puget Sound Mast-36	35.29
2	Olsen, Steven	73	UC36	38.82
---	Anderson, Graham E	72	Everett Family Y-36	NS
---	Hile, Laurence	73	Bainbridge Aquat-36	SCR

**Men 70-74 100 SC Meter Freestyle**

1	Olsen, Steven	73	UC36	1:32.50
				42.67 1:32.50
---	Anderson, Graham E	72	Everett Family Y-36	NS

**Men 70-74 200 SC Meter Freestyle**

---	Hile, Laurence	73	Bainbridge Aquat-36	SCR
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**Men 70-74 800 SC Meter Freestyle**

1	Olsen, Steven	73	UC36	15:49.09
				46.70 1:41.89 2:40.40 3:40.39
				4:40.71 5:41.08 6:41.83 7:43.41
				8:44.63 9:45.72 10:46.87 11:48.23
				12:49.80 13:51.50 14:51.77 15:49.09
---	Hile, Laurence	73	Bainbridge Aquat-36	SCR

**Men 70-74 50 SC Meter Backstroke**

---	Anderson, Graham E	72	Everett Family Y-36	NS
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**Men 70-74 50 SC Meter Breaststroke**

1	Walsh, Greg	70	Puget Sound Mast-36	45.38
---	Anderson, Graham E	72	Everett Family Y-36	NS

**Men 70-74 100 SC Meter Breaststroke**

---	Anderson, Graham E	72	Everett Family Y-36	NS
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**Men 75-79 50 SC Meter Backstroke**

1	Fogg, Stephen	75	Team Walker Inte-36	40.10
---	Thompson, Doug	75	Thunderbird Aqua-3	SCR

**Men 75-79 200 SC Meter Backstroke**

1	Fogg, Stephen	75	Team Walker Inte-36	3:21.89
				49.11 1:41.20 2:33.36 3:21.89

**Men 75-79 50 SC Meter Breaststroke**

1	Peterson, Steve B	77	Bernardo's All S-36	42.37
---	Thompson, Doug	75	Thunderbird Aqua-3	SCR

**Men 75-79 100 SC Meter Breaststroke**

---	Peterson, Steve B	77	Bernardo's All S-36	X1:36.48
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**Men 75-79 200 SC Meter Breaststroke**

1	Peterson, Steve B	77	Bernardo's All S-36	3:23.40
				45.08 1:36.48 2:30.81 3:23.40

**Men 75-79 100 SC Meter IM**

1	Fogg, Stephen	75	Team Walker Inte-36	1:34.38
				43.17 1:34.38

## TACM March Madness - 3/12/2023

## Results - Session 1

**(Men 75-79 100 SC Meter IM)**

---	Thompson, Doug	75	Thunderbird Aqua-3	SCR
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**Men 75-79 200 SC Meter IM**

1	Peterson, Steve B	77	Bernardo's All S-36	3:18.29
		47.08	1:39.49	2:32.97
				3:18.29

**Men 85-89 50 SC Meter Backstroke**

1	Peterson, Dick	86	Puget Sound Mast-36	1:01.86
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**Men 85-89 100 SC Meter Backstroke**

1	Peterson, Dick	86	Puget Sound Mast-36	2:12.50
				1:06.24
				2:12.50

**Men 85-89 200 SC Meter Backstroke**

1	Peterson, Dick	86	Puget Sound Mast-36	5:17.13
				1:17.71
				2:39.83
				4:00.90
				5:17.13

**Men 85-89 50 SC Meter Breaststroke**

1	Peterson, Dick	86	Puget Sound Mast-36	1:03.80
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**Men 85-89 100 SC Meter Breaststroke**

1	Peterson, Dick	86	Puget Sound Mast-36	2:17.63
				1:06.60
				2:17.63

**Men 85-89 200 SC Meter Breaststroke**

1	Peterson, Dick	86	Puget Sound Mast-36	4:45.82
				1:08.19
				2:20.45
				3:33.49
				4:45.82

**Women 160-199 200 SC Meter Freestyle Relay**

---	Cascade Masters-36	A		DQ
	Early take-off swimmer #4			
1)	Brunjes, Molly W43	2)	Jennings, Lindsey W42	
3)	High, Marjorie W48	4)	Motley, Caitlin W36	
	34.14		1:05.49	1:49.14
				DQ

**Women 160-199 200 SC Meter Medley Relay**

1	Cascade Masters-36	A		2:38.57
	1) Brunjes, Molly W43	2)	Jennings, Lindsey W42	
	3) Motley, Caitlin W36	4)	High, Marjorie W48	
	39.10		1:18.46	1:54.51
				2:38.57

**Mixed 120-159 200 SC Meter Freestyle Relay**

1	CG Sports Manage-36	A		1:56.76
	1) Zacharias, Reva W25	2)	Calvo, Morena W36	
	3) Petersen, Erik M35	4)	Conroy, Chris M38	
	30.32		1:02.45	1:30.15
				1:56.76
2	Thunderbird Aqua-36	A		2:04.92
	1) Peterson, Adelynn M W24	2)	Donnelly, Michael M45	
	3) Jordan, Shannon W45	4)	Eggenberger, Thomas M24	
	30.68		1:03.19	1:37.61
				2:04.92
3	Thunderbird Aqua-36	B		2:24.11
	1) Hernandez, Alexander M49	2)	Marks, Jami W44	
	3) Ellis, Kenneth M56	4)	Forner, Ginger W44	
	35.65		1:12.30	1:49.57
				2:24.11
---	Puget Sound Mast-36	A		DQ
	Early take-off swimmer #3			
	1) Chen, Jing W27	2)	Yuan, Lei M31	
	3) Yu, Gehua M55	4)	Li, Yun W29	
	39.15		1:24.24	1:57.54
				DQ

**Mixed 120-159 200 SC Meter Medley Relay**

1	Puget Sound Mast-36	A		2:07.39
	1) Chen, Jing W27	2)	Yuan, Lei M31	
	3) Li, Yun W29	4)	Yu, Gehua M55	
	34.46		1:13.12	1:40.97
				2:07.39
2	Thunderbird Aqua-36	A		2:07.99
	1) Eggenberger, Thomas M24	2)	Castle, Matt M52	
	3) Peterson, Adelynn M W24	4)	Yasukochi, Emily W46	
	29.05		1:06.26	1:37.59
				2:07.99
3	CG Sports Manage-36	A		2:53.10
	1) Zacharias, Reva W25	2)	Calvo, Morena W36	
	3) Petersen, Erik M35	4)	Conroy, Chris M38	
	45.96		1:37.60	2:13.23
				2:53.10

**Mixed 200-239 200 SC Meter Freestyle Relay**

1	Thunderbird Aqua-36	C		2:14.07
	1) Franulovich, Rachel W47	2)	Hansen, David M63	
	3) Yasukochi, Emily W46	4)	Castle, Matt M52	
	38.44		1:11.02	1:44.22
				2:14.07
2	Thunderbird Aqua-36	D		2:41.44
	1) Overby, Debi W59	2)	Morrison, Jeffrey M68	
	3) Rolfes, Ted M53	4)	Phinney, Sandi W47	
	48.20		1:27.57	2:06.37
				2:41.44

**Mixed 200-239 200 SC Meter Medley Relay**

1	Thunderbird Aqua-36	C		2:43.79
	1) Overby, Debi W59	2)	Rolfes, Ted M53	
	3) Arisco, Amy W56	4)	Donnelly, Michael M45	
	40.58		1:29.94	2:15.59
				2:43.79
2	Thunderbird Aqua-36	B		3:08.64
	1) Phinney, Sandi W47	2)	Morrison, Jeffrey M68	
	3) Ellis, Kenneth M56	4)	Forner, Ginger W44	
	55.83		1:40.36	2:34.71
				3:08.64