

Bainbridge Aquatic Masters
20th Annual BAMFest
Sunday, October 8, 2023
 Warm-up: 9 AM, Sprint lanes after 9:30 AM
 Meet starts at 10 AM ~ 3 PM
 Sanctioned by PNA for USMS Inc. 363-S006



LOCATION: Bainbridge Island Aquatic Center
[8521 Madison Ave, Bainbridge Island, WA 98110](https://www.bainbridgeislandwa.gov/8521-Madison-Ave-Bainbridge-Island-WA-98110)

MEET DIRECTOR: Tamara Tulou – SwimBAMFest@gmail.com

MEET REFEREE: Julee Longridge – juleelongridge@comcast.net

FACILITY: Competition – Ray Williams Pool: 25 yard, 6 lanes – starting end 12.0 feet deep; turning end 3.5 feet deep. Temp 76-81°F.
 Warm-up – Don Nakata Pool: two continuous lanes in the 25 yard recreation pool during competition. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

TIMING SYSTEM: The primary timing system will be automatic timing. Times may be submitted for USMS records and USMS Top 10 consideration.

CONCESSIONS: Available at no charge. Donations welcome.

RULES: Current USMS rules will govern the meet.

ELIGIBILITY: Open to all 2023 USMS or foreign registered swimmers 18 and above as of 10/8/2023. Age groups based on the swimmer's age as of 10/8/2023. Foreign registered swimmers need to provide proof of current registration with their country's masters swim body.

ENTRIES: Individual Entries and Relay-Only Swimmers

- Swimmers may enter up to a maximum of 6 individual events and 4 relays.
- Entry time required for all events. Estimates are OK.
- **Enter Online at:**
https://www.clubassistant.com/club/meet_information.cfm?c=2620&smid=16555
- **Entry Deadline:** Entries must be submitted online by 11:59 PM (Pacific) Sunday, October 1, 2023.
- **Entry Fees:** \$16 surcharge PLUS \$3 per individual event. No charge for relays. PNA swimmers who need financial assistance for entry fees may request same from the [PNA Wiggin Fund](#).
- **Entry Questions:** Tamara Tulou – SwimBAMFest@gmail.com

DECK ENTRIES: No race day deck entries.

SEEDING: All events slow to fast, age groups and sexes mixed. Pre-seeding except for 500 Free and relays.

CHECK-IN: Positive check-in required for the 500 Free by 10:00 AM. Swimmers missing the check-in deadline may be scratched from the event.

RELAYS:

- Relay cards due by 9:30 AM for Events #1, 2, and 3.
- Relay cards due by end of Event #7 for Events #13, 14, and 15.
- No charge for relays, but relay-only swimmers must enter online by the entry deadline.
- Mixed relays require two men and two women.

500 FREE: Swimmers in the 500 Free must provide their own COUNTER if desired. Timers and counting device will be provided. Entrants may be limited if timeline is too long.

AWARDS: Ribbons will be awarded for 1st, 2nd, and 3rd place in each age group and gender.

ORDER OF EVENTS:

1	Mixed 200 Free Relay (due by 9:30 AM)	10	Mixed 100 Free
2	Women's 200 Medley Relay (due by 9:30 AM)	11	Mixed 500 Free (check-in by 10:00 AM)
3	Men's 200 Medley Relay (due by 9:30 AM)	12	Mixed 100 IM
4	Mixed 200 Free	--- 10 minute BREAK ---	
5	Mixed 50 Back	13	Mixed 200 Medley Relay (due by end of Event 7)
6	Mixed 200 IM	14	Women's 200 Free Relay (due by end of Event 7)
7	Mixed 50 Free	15	Men's 200 Free Relay (due by end of Event 7)
--- 15 minute BREAK ---		16	Mixed 100 Back
8	Mixed 100 Fly	17	Mixed 50 Fly
9	Mixed 50 Breast	18	Mixed 100 Breast

DIRECTIONS:

Heading south on SR 305 from Agate Pass Bridge, turn right at the third traffic light onto Madison Ave. The Aquatic Center is approximately one-half mile, on the right.

Heading north on SR 305 from the ferry terminal, turn left at the fourth traffic light (approximately 1.5 miles) onto Madison Ave. The Aquatic Center is approximately one-half mile, on the right.

FERRY SCHEDULE: Find the ferry schedule and status on the [WA State DOT Ferries website](#).