

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****Women 18-24 50 Yard Freestyle**

| | | | | |
|---|---------------------|----|---------------------|-------|
| 1 | Banaszewski, Summer | 18 | Western Washingt-3 | 27.71 |
| 2 | Lundblad, Katharine | 21 | University of Wa-58 | 28.79 |
| 3 | Hayden, Maddie | 22 | North End Otters-36 | 33.82 |
| 4 | Hutchison, Liya | 19 | University of Wa-58 | 34.33 |
| 5 | Farmer, Samantha | 23 | Western Washingt-3 | 34.79 |

Women 18-24 100 Yard Freestyle

| | | | | |
|---|---------------------|---------|---------------------|---------|
| 1 | Downing, Leah | 19 | University of Wa-58 | 1:01.83 |
| | 29.64 | 1:01.83 | | |
| 2 | Lundblad, Katharine | 21 | University of Wa-58 | 1:06.44 |
| | 31.65 | 1:06.44 | | |
| 3 | Hutchison, Liya | 19 | University of Wa-58 | 1:22.34 |
| | 37.82 | 1:22.34 | | |

Women 18-24 200 Yard Freestyle

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Lewis, Kathryn | 19 | Western Washingt-3 | 2:15.93 |
| | 30.59 | 1:04.98 | 1:40.78 | 2:15.93 |
| 2 | Singh, Isabelle | 24 | Lake Washington-36 | 2:32.12 |
| | 33.22 | 1:11.47 | 1:52.47 | 2:32.12 |
| 3 | Hayden, Maddie | 22 | North End Otters-36 | 2:46.72 |
| | 37.28 | 1:19.34 | 2:02.47 | 2:46.72 |

Women 18-24 500 Yard Freestyle

| | | | | |
|---|---------------------|---------|---------------------|---------|
| 1 | Banaszewski, Summer | 18 | Western Washingt-3 | 6:15.05 |
| | 32.08 | 1:08.47 | 1:46.67 | 2:25.59 |
| | 3:04.48 | 3:43.76 | 4:22.95 | 5:01.76 |
| | 5:39.26 | 6:15.05 | | |
| 2 | Ralstin, Madeline | 22 | Blue Wave Aquati-36 | 6:27.88 |
| | 35.04 | 1:12.50 | 1:51.25 | 2:30.26 |
| | 3:09.67 | 3:49.43 | 4:28.93 | 5:08.80 |
| | 5:48.77 | 6:27.88 | | |
| 3 | Singh, Isabelle | 24 | Lake Washington-36 | 6:44.25 |
| | 34.90 | 1:14.62 | 1:55.36 | 2:36.17 |
| | 3:17.94 | 3:58.84 | 4:40.32 | 5:21.64 |
| | 6:03.53 | 6:44.25 | | |
| 4 | Joslin, Nora | 22 | Western Washingt-3 | 7:02.03 |
| | 34.26 | 1:14.73 | 1:58.44 | 2:41.75 |
| | 3:25.27 | 4:09.85 | 4:55.21 | 5:38.76 |
| | 6:22.62 | 7:02.03 | | |
| 5 | Farmer, Samantha | 23 | Western Washingt-3 | 7:48.45 |
| | 41.18 | 1:25.93 | 2:11.69 | 2:59.22 |
| | 3:47.06 | 4:35.45 | 5:24.24 | 6:14.64 |
| | 7:05.07 | 7:48.45 | | |

Women 18-24 1000 Yard Freestyle

| | | | | |
|---|-----------------|----------|--------------------|----------|
| 1 | Singh, Isabelle | 24 | Lake Washington-36 | 13:46.48 |
| | 35.77 | 1:14.92 | 1:55.73 | 2:36.54 |
| | 3:17.30 | 3:58.79 | 4:40.46 | 5:22.17 |
| | 6:04.24 | 6:46.09 | 7:27.89 | 8:10.08 |
| | 8:52.42 | 9:34.86 | 10:17.08 | 10:58.39 |
| | 11:40.58 | 12:22.96 | 13:04.74 | 13:46.48 |

| | | | | |
|---|--------------|----------|--------------------|----------|
| 2 | Joslin, Nora | 22 | Western Washingt-3 | 14:51.12 |
| | 35.01 | 1:15.57 | 1:59.55 | 2:45.55 |
| | 3:31.84 | 4:18.13 | 5:04.30 | 5:51.92 |
| | 6:39.06 | 7:25.86 | 8:11.66 | 8:58.59 |
| | 9:44.27 | 10:29.67 | 11:15.66 | 11:59.98 |
| | 12:43.68 | 13:27.00 | 14:11.45 | 14:51.12 |

Women 18-24 1650 Yard Freestyle

| | | | | |
|---|-----------------|----------|--------------------|----------|
| 1 | Singh, Isabelle | 24 | Lake Washington-36 | 23:19.56 |
| | 37.23 | 1:18.24 | 2:00.05 | 2:42.36 |
| | 3:24.77 | 4:07.27 | 4:50.17 | 5:32.96 |
| | 6:15.55 | 6:58.67 | 7:41.17 | 8:23.78 |
| | 9:06.59 | 9:49.37 | 10:32.29 | 11:15.79 |
| | 11:57.91 | 12:40.98 | 13:24.04 | 14:06.66 |
| | 14:49.34 | 15:32.40 | 16:15.12 | 16:57.71 |
| | 17:40.79 | 18:23.75 | 19:07.40 | 19:50.49 |
| | 20:33.94 | 21:15.03 | 21:57.63 | 22:39.25 |
| | | | | 23:19.56 |

Women 18-24 50 Yard Backstroke

| | | | | |
|-----|---------------------|----|---------------------|-------|
| 1 | Downing, Leah | 19 | University of Wa-58 | 30.91 |
| 2 | Rogers, Jamie | 22 | Western Washingt-3 | 34.11 |
| 3 | Lundblad, Katharine | 21 | University of Wa-58 | 34.44 |
| --- | Farmer, Samantha | 23 | Western Washingt-3 | NS |

Women 18-24 100 Yard Backstroke

| | | | | |
|---|---------------------|---------|---------------------|---------|
| 1 | Downing, Leah | 19 | University of Wa-58 | 1:08.43 |
| | 33.21 | 1:08.43 | | |
| 2 | Lewis, Kathryn | 19 | Western Washingt-3 | 1:11.68 |
| | 34.65 | 1:11.68 | | |
| 3 | Lundblad, Katharine | 21 | University of Wa-58 | 1:11.75 |
| | 35.35 | 1:11.75 | | |
| 4 | Rogers, Jamie | 22 | Western Washingt-3 | 1:14.67 |
| | 35.08 | 1:14.67 | | |
| 5 | Hayden, Maddie | 22 | North End Otters-36 | 1:26.84 |
| | 42.27 | 1:26.84 | | |

Women 18-24 200 Yard Backstroke

| | | | | |
|---|---------------------|---------|---------------------|---------|
| 1 | Downing, Leah | 19 | University of Wa-58 | 2:31.22 |
| | 33.79 | 1:11.78 | 1:51.68 | 2:31.22 |
| 2 | Lundblad, Katharine | 21 | University of Wa-58 | 2:32.05 |
| | 34.83 | 1:13.20 | 1:53.13 | 2:32.05 |
| 3 | Ralstin, Madeline | 22 | Blue Wave Aquati-36 | 2:33.95 |
| | 36.57 | 1:15.33 | 1:54.78 | 2:33.95 |
| 4 | Rogers, Jamie | 22 | Western Washingt-3 | 2:41.96 |
| | 36.74 | 1:16.72 | 1:59.07 | 2:41.96 |

Women 18-24 50 Yard Breaststroke

| | | | | |
|---|-------------------|----|---------------------|-------|
| 1 | Ralstin, Madeline | 22 | Blue Wave Aquati-36 | 36.39 |
|---|-------------------|----|---------------------|-------|

Women 18-24 100 Yard Breaststroke

| | | | | |
|---|-------------------|---------|---------------------|---------|
| 1 | Ralstin, Madeline | 22 | Blue Wave Aquati-36 | 1:16.30 |
| | 35.80 | 1:16.30 | | |

Women 18-24 50 Yard Butterfly

| | | | | |
|---|---------------------|----|---------------------|-------|
| 1 | Downing, Leah | 19 | University of Wa-58 | 30.17 |
| 2 | Banaszewski, Summer | 18 | Western Washingt-3 | 32.73 |
| 3 | Farmer, Samantha | 23 | Western Washingt-3 | 43.11 |

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Women 18-24 100 Yard Butterfly

| | | | | |
|---|---------------------|---------|---------------------|---------|
| 1 | Lundblad, Katharine | 21 | University of Wa-58 | 1:19.22 |
| | 35.98 | 1:19.22 | | |
| 2 | Singh, Isabelle | 24 | Lake Washington-36 | 1:29.72 |
| | 40.28 | 1:29.72 | | |
| 3 | Joslin, Nora | 22 | Western Washingt-3 | 1:29.93 |
| | 40.25 | 1:29.93 | | |

Women 18-24 200 Yard Butterfly

| | | | | |
|---|---------------|---------|--------------------|---------|
| 1 | Rogers, Jamie | 22 | Western Washingt-3 | 2:53.88 |
| | 36.31 | 1:19.22 | 2:05.68 | 2:53.88 |

Women 18-24 100 Yard IM

| | | | | |
|---|-------------------|---------|---------------------|---------|
| 1 | Ralstin, Madeline | 22 | Blue Wave Aquati-36 | 1:12.33 |
| | 34.27 | 1:12.33 | | |
| 2 | Farmer, Samantha | 23 | Western Washingt-3 | 1:34.14 |
| | 41.24 | 1:34.14 | | |
| 3 | Hutchison, Liya | 19 | University of Wa-58 | 1:41.76 |
| | 46.99 | 1:41.76 | | |

Women 18-24 200 Yard IM

| | | | | |
|---|---------------------|---------|---------------------|---------|
| 1 | Banaszewski, Summer | 18 | Western Washingt-3 | 2:33.57 |
| | 32.34 | 1:12.11 | 1:58.87 | 2:33.57 |
| 2 | Ralstin, Madeline | 22 | Blue Wave Aquati-36 | 2:38.38 |
| | 34.04 | 1:14.10 | 1:58.48 | 2:38.38 |
| 3 | Joslin, Nora | 22 | Western Washingt-3 | 2:59.60 |
| | 37.93 | 1:20.44 | 2:17.06 | 2:59.60 |

Women 18-24 400 Yard IM

| | | | | |
|---|---------------------|---------|--------------------|---------|
| 1 | Banaszewski, Summer | 18 | Western Washingt-3 | 5:29.22 |
| | 35.93 | 1:20.07 | 2:03.01 | 2:44.71 |
| | 3:31.45 | 4:18.03 | 4:53.85 | 5:29.22 |
| 2 | Singh, Isabelle | 24 | Lake Washington-36 | 6:18.33 |
| | 41.94 | 1:32.95 | 2:20.04 | 3:07.12 |
| | 4:01.17 | 4:55.85 | 5:36.93 | 6:18.33 |

Women 25-29 50 Yard Freestyle

| | | | | |
|---|-----------------|----|---------------------|-------|
| 1 | Wu, Joanna | 29 | Blue Wave Aquati-36 | 24.78 |
| 2 | McKenzie, Cora | 29 | Orca Swim Team-36 | 25.91 |
| 3 | Kubo, Minami | 27 | Fina | 25.94 |
| 4 | Lederman, Emily | 26 | Orca Swim Team-36 | 25.98 |
| 5 | Wetzel, Maria | 28 | Oregon Masters-37 | 26.57 |
| 6 | Pound, Hallie | 27 | Bernardo's All S-36 | 26.91 |
| 7 | Lang, Claire | 29 | Bernardo's All S-36 | 27.46 |
| 8 | Kohler, Caralee | 29 | Blue Wave Aquati-36 | 34.32 |
| 9 | Huffman, Shuxu | 29 | Orca Swim Team-36 | 41.21 |

Women 25-29 100 Yard Freestyle

| | | | | |
|-----|-----------------|---------|---------------------|---------|
| 1 | Lederman, Emily | 26 | Orca Swim Team-36 | 57.98 |
| | 27.89 | 57.98 | | |
| 2 | Lang, Claire | 29 | Bernardo's All S-36 | 1:01.20 |
| | 28.11 | 1:01.20 | | |
| 3 | Huffman, Shuxu | 29 | Orca Swim Team-36 | 1:32.78 |
| | 44.02 | 1:32.78 | | |
| --- | Wu, Joanna | 29 | Blue Wave Aquati-36 | NS |

Women 25-29 200 Yard Freestyle

| | | | | |
|---|---------------|---------|---------------------|---------|
| 1 | Pound, Hallie | 27 | Bernardo's All S-36 | 2:07.11 |
| | 28.95 | 1:00.83 | 1:34.04 | 2:07.11 |

| | | | | |
|---|----------------|---------|---------------------|---------|
| 2 | Lang, Claire | 29 | Bernardo's All S-36 | 2:19.47 |
| | 29.58 | 1:04.16 | 1:41.47 | 2:19.47 |
| 3 | Daniels, Avery | 26 | Snohomish Aquati-3 | 2:47.15 |
| | 39.91 | 1:21.72 | 2:04.23 | 2:47.15 |
| 4 | Huffman, Shuxu | 29 | Orca Swim Team-36 | 3:24.99 |
| | 45.54 | 1:37.69 | 2:31.39 | 3:24.99 |

Women 25-29 500 Yard Freestyle

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Lederman, Emily | 26 | Orca Swim Team-36 | 5:40.71 |
| | 30.46 | 1:03.44 | 1:37.09 | 2:11.65 |
| | 2:46.61 | 3:21.68 | 3:57.32 | 4:32.64 |
| | 5:07.07 | 5:40.71 | | |
| 2 | Pound, Hallie | 27 | Bernardo's All S-36 | 5:46.08 |
| | 30.34 | 1:04.05 | 1:39.00 | 2:14.50 |
| | 2:49.90 | 3:25.58 | 4:01.19 | 4:36.60 |
| | 5:11.69 | 5:46.08 | | |
| 3 | Huffman, Shuxu | 29 | Orca Swim Team-36 | 9:00.55 |
| | 46.46 | 1:38.64 | 2:34.33 | 3:29.62 |
| | 4:25.53 | 5:22.06 | 6:18.07 | 7:14.54 |
| | 8:09.37 | 9:00.55 | | |

Women 25-29 1000 Yard Freestyle

| | | | | |
|---|----------------|----------|---------------------|----------|
| 1 | Pound, Hallie | 27 | Bernardo's All S-36 | 12:09.11 |
| | 29.41 | 1:02.67 | 1:37.24 | 2:12.85 |
| | 2:48.85 | 3:25.10 | 4:01.30 | 4:37.78 |
| | 5:14.35 | 5:50.86 | 6:27.99 | 7:05.42 |
| | 7:42.97 | 8:20.63 | 8:58.33 | 9:36.77 |
| | 10:14.82 | 10:53.37 | 11:31.65 | 12:09.11 |
| 2 | Daniels, Avery | 26 | Snohomish Aquati-3 | 14:39.24 |
| | 41.89 | 1:24.16 | 2:07.76 | 2:51.88 |
| | 3:36.39 | 4:21.35 | 5:05.63 | 5:50.08 |
| | 6:34.36 | 7:18.48 | 8:02.12 | 8:46.42 |
| | 9:30.49 | 10:14.57 | 10:59.42 | 11:43.94 |
| | 12:28.57 | 13:12.72 | 13:56.45 | 14:39.24 |
| 3 | Vickery, Danae | 28 | Snoco YMCA Barra-3 | 15:54.30 |
| | 42.30 | 1:27.91 | 2:13.96 | 3:01.28 |
| | 3:48.99 | 4:36.89 | 5:24.41 | 6:12.31 |
| | 7:00.60 | 7:49.79 | 8:38.20 | 9:26.82 |
| | 10:14.48 | 11:02.65 | 11:51.54 | 12:40.60 |
| | 13:29.66 | 14:18.21 | 15:07.53 | 15:54.30 |

Women 25-29 1650 Yard Freestyle

| | | | | |
|---|-----------------|----------|---------------------|----------|
| 1 | Kohler, Caralee | 29 | Blue Wave Aquati-36 | 26:18.21 |
| | 40.71 | 1:24.68 | 2:10.84 | 2:56.94 |
| | 3:43.85 | 4:30.71 | 5:18.57 | 6:05.90 |
| | 6:54.12 | 7:42.17 | 8:30.40 | 9:18.71 |
| | 10:06.62 | 10:55.85 | 11:43.94 | 12:32.43 |
| | 13:20.95 | 14:10.64 | 14:59.11 | 15:47.00 |
| | 16:35.46 | 17:23.04 | 18:11.79 | 19:00.79 |
| | 19:49.64 | 20:38.38 | 21:27.27 | 22:16.07 |
| | 23:04.84 | 23:53.52 | 24:42.22 | 25:31.25 |
| | | | | 26:18.21 |

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Results

(Women 25-29 1650 Yard Freestyle)

| | | | | |
|---|----------------|----------|-------------------|----------|
| 2 | Tran, Jennifer | 28 | Orca Swim Team-36 | 43:00.93 |
| | 1:07.55 | 2:17.50 | 3:36.01 | 4:54.34 |
| | 6:16.44 | 7:40.72 | 9:00.77 | 10:20.04 |
| | 11:42.97 | 12:59.96 | 14:17.63 | 15:38.23 |
| | 16:56.80 | 18:12.16 | 19:30.79 | 20:48.60 |
| | 22:09.88 | 23:28.31 | 24:45.68 | 26:03.92 |
| | 27:23.54 | 28:42.22 | 30:01.57 | 31:17.67 |
| | 32:33.24 | 33:51.96 | 35:13.09 | 36:32.50 |
| | 37:49.04 | 39:07.69 | 40:25.58 | 41:43.06 |
| | | | | 43:00.93 |

Women 25-29 50 Yard Backstroke

| | | | | |
|-----|-----------------|----|---------------------|-------|
| 1 | Lederman, Emily | 26 | Orca Swim Team-36 | 29.73 |
| 2 | Kohler, Caralee | 29 | Blue Wave Aquati-36 | 40.25 |
| 3 | Huffman, Shuxu | 29 | Orca Swim Team-36 | 49.56 |
| --- | Wu, Joanna | 29 | Blue Wave Aquati-36 | NS |

Women 25-29 100 Yard Backstroke

| | | | | |
|---|----------------|---------|--------------------|---------|
| 1 | McKenzie, Cora | 29 | Orca Swim Team-36 | 1:05.47 |
| | 31.56 | 1:05.47 | | |
| 2 | Vickery, Danae | 28 | Snoco YMCA Barra-3 | 1:30.17 |
| | 43.61 | 1:30.17 | | |

Women 25-29 200 Yard Backstroke

| | | | | |
|---|---------------|---------|-------------------|---------|
| 1 | Wetzel, Maria | 28 | Oregon Masters-37 | 2:12.12 |
| | 30.21 | 1:03.33 | 1:37.92 | 2:12.12 |

Women 25-29 50 Yard Breaststroke

| | | | | |
|-----|-----------------------|----|---------------------|-------|
| 1 | Kubo, Minami | 27 | Fina | 32.03 |
| 2 | Lang, Claire | 29 | Bernardo's All S-36 | 38.51 |
| 3 | Kohler, Caralee | 29 | Blue Wave Aquati-36 | 50.41 |
| --- | Johnson Seller, Lucia | 28 | Lake Washington-36 | NS |

Women 25-29 100 Yard Breaststroke

| | | | | |
|-----|-----------------------|---------|---------------------|---------|
| 1 | Kubo, Minami | 27 | Fina | 1:10.20 |
| | 33.32 | 1:10.20 | | |
| 2 | McKenzie, Cora | 29 | Orca Swim Team-36 | 1:14.02 |
| | 34.70 | 1:14.02 | | |
| --- | Lang, Claire | 29 | Bernardo's All S-36 | NS |
| --- | Johnson Seller, Lucia | 28 | Lake Washington-36 | NS |

Women 25-29 200 Yard Breaststroke

| | | | | |
|-----|--|---------|-------------------|----|
| --- | Tran, Jennifer | 28 | Orca Swim Team-36 | DQ |
| | Hands brought beyond the hipline during stroke | | | |
| | 1:21.54 | 2:45.65 | 4:11.90 | DQ |

Women 25-29 50 Yard Butterfly

| | | | | |
|-----|-----------------------|----|---------------------|-------|
| 1 | Wu, Joanna | 29 | Blue Wave Aquati-36 | 26.35 |
| 2 | Lederman, Emily | 26 | Orca Swim Team-36 | 28.51 |
| 3 | Ringstad, Kristin | 27 | Snohomish Aquati-3 | 33.03 |
| 4 | Kohler, Caralee | 29 | Blue Wave Aquati-36 | 39.37 |
| 5 | Daniels, Avery | 26 | Snohomish Aquati-3 | 44.77 |
| --- | Johnson Seller, Lucia | 28 | Lake Washington-36 | NS |

Women 25-29 100 Yard Butterfly

| | | | | |
|-----|-----------------------|----|--------------------|----|
| --- | Johnson Seller, Lucia | 28 | Lake Washington-36 | NS |
|-----|-----------------------|----|--------------------|----|

Women 25-29 100 Yard IM

| | | | | |
|---|-------------------|---------|---------------------|---------|
| 1 | Wu, Joanna | 29 | Blue Wave Aquati-36 | 1:02.63 |
| | 28.26 | 1:02.63 | | |
| 2 | Wetzel, Maria | 28 | Oregon Masters-37 | 1:04.01 |
| | 28.76 | 1:04.01 | | |
| 3 | Lederman, Emily | 26 | Orca Swim Team-36 | 1:05.87 |
| | 29.57 | 1:05.87 | | |
| 4 | Ringstad, Kristin | 27 | Snohomish Aquati-3 | 1:18.81 |
| | 35.25 | 1:18.81 | | |
| 5 | Kohler, Caralee | 29 | Blue Wave Aquati-36 | 1:31.35 |
| | 41.10 | 1:31.35 | | |
| 6 | Huffman, Shuxu | 29 | Orca Swim Team-36 | 1:54.50 |
| | 49.87 | 1:54.50 | | |

Women 25-29 200 Yard IM

| | | | | |
|-----|---------------|---------|---------------------|---------|
| 1 | Pound, Hallie | 27 | Bernardo's All S-36 | 2:31.71 |
| | 30.34 | 1:10.25 | 1:56.83 | 2:31.71 |
| --- | Wu, Joanna | 29 | Blue Wave Aquati-36 | NS |

Women 25-29 400 Yard IM

| | | | | |
|---|----------------|---------|--------------------|---------|
| 1 | Vickery, Danae | 28 | Snoco YMCA Barra-3 | 7:18.67 |
| | 48.42 | 1:45.72 | 2:40.41 | 3:33.70 |
| | 4:36.72 | 5:39.68 | 6:29.65 | 7:18.67 |

Women 30-34 50 Yard Freestyle

| | | | | |
|-----|-------------------|----|---------------------|-------|
| 1 | Motley, Abigail | 33 | Cascade Masters-36 | 26.25 |
| 2 | Williams, Ava | 33 | Oregon Masters-37 | 27.54 |
| 3 | Walsworth, Rachel | 32 | Puget Sound Swim-3 | 28.60 |
| 4 | Li, Yun | 30 | Lake Washington-36 | 29.44 |
| 5 | Morlan, Heather | 32 | Harbor Aquatics-36 | 30.24 |
| 6 | Spencer, Gillian | 33 | Orca Swim Team-36 | 31.43 |
| 7 | Molina, Anayeli | 31 | Lake Washington-36 | 33.38 |
| 8 | Kennedy, Erin | 34 | Orca Swim Team-36 | 34.01 |
| 9 | Eastlake, Emily | 31 | Bernardo's All S-36 | 34.14 |
| --- | Allen, Latisha | 34 | North End Otters-36 | NS |
| --- | Granger, Brittany | 33 | Thunderbird Aqua-3 | SCR |

Women 30-34 100 Yard Freestyle

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Motley, Abigail | 33 | Cascade Masters-36 | 59.39 |
| | 28.36 | 59.39 | | |
| 2 | Li, Yun | 30 | Lake Washington-36 | 1:03.51 |
| | 30.81 | 1:03.51 | | |
| 3 | Eastlake, Emily | 31 | Bernardo's All S-36 | 1:14.19 |
| | 34.74 | 1:14.19 | | |
| 4 | Molina, Anayeli | 31 | Lake Washington-36 | 1:17.09 |
| | 35.08 | 1:17.09 | | |

Women 30-34 200 Yard Freestyle

| | | | | |
|---|-----------------|---------|--------------------|---------|
| 1 | Morlan, Heather | 32 | Harbor Aquatics-36 | 2:25.50 |
| | 34.12 | 1:10.65 | 1:47.24 | 2:25.50 |
| 2 | Kennedy, Erin | 34 | Orca Swim Team-36 | 2:50.15 |
| | 37.38 | 1:21.01 | 2:06.97 | 2:50.15 |

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| | | | | |
|-----|-----------------|----------|---------------------|----------|
| 1 | Morlan, Heather | 32 | Harbor Aquatics-36 | 13:29.95 |
| | 36.63 | 1:16.27 | 1:56.19 | 2:36.63 |
| | 3:17.39 | 3:57.90 | 4:38.73 | 5:19.39 |
| | 5:59.51 | 6:40.28 | 7:21.17 | 8:02.03 |
| | 8:41.79 | 9:21.26 | 10:01.77 | 10:42.33 |
| | 11:25.18 | 12:06.93 | 12:48.98 | 13:29.95 |
| --- | Eastlake, Emily | 31 | Bernardo's All S-36 | SCR |

Women 30-34 50 Yard Backstroke

| | | | | |
|---|-----------------|----|--------------------|-------|
| 1 | Motley, Abigail | 33 | Cascade Masters-36 | 29.60 |
| 2 | Li, Yun | 30 | Lake Washington-36 | 34.24 |
| 3 | Molina, Anayeli | 31 | Lake Washington-36 | 38.54 |

Women 30-34 100 Yard Backstroke

| | | | | |
|-----|-----------------|---------|---------------------|---------|
| 1 | Motley, Abigail | 33 | Cascade Masters-36 | 1:05.14 |
| | 30.89 | 1:05.14 | | |
| 2 | Li, Yun | 30 | Lake Washington-36 | 1:15.25 |
| | 36.54 | 1:15.25 | | |
| --- | Kennedy, Erin | 34 | Orca Swim Team-36 | NS |
| --- | Allen, Latisha | 34 | North End Otters-36 | NS |

Women 30-34 50 Yard Breaststroke

| | | | | |
|-----|-------------------|----|---------------------|-------|
| 1 | Motley, Abigail | 33 | Cascade Masters-36 | 35.30 |
| 2 | Eastlake, Emily | 31 | Bernardo's All S-36 | 46.01 |
| --- | Granger, Brittany | 33 | Thunderbird Aqua-3 | SCR |

Women 30-34 100 Yard Breaststroke

| | | | | |
|-----|-------------------|---------|---------------------|---------|
| 1 | Walsworth, Rachel | 32 | Puget Sound Swim-3 | 1:28.61 |
| | 40.44 | 1:28.61 | | |
| 2 | Morlan, Heather | 32 | Harbor Aquatics-36 | 1:30.12 |
| | 41.98 | 1:30.12 | | |
| 3 | Eastlake, Emily | 31 | Bernardo's All S-36 | 1:43.24 |
| | 47.44 | 1:43.24 | | |
| --- | Granger, Brittany | 33 | Thunderbird Aqua-3 | SCR |

Women 30-34 200 Yard Breaststroke

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Eastlake, Emily | 31 | Bernardo's All S-36 | 3:40.89 |
| | 50.88 | 1:46.37 | 2:43.75 | 3:40.89 |

Women 30-34 50 Yard Butterfly

| | | | | |
|---|------------------|----|--------------------|-------|
| 1 | Motley, Abigail | 33 | Cascade Masters-36 | 28.75 |
| 2 | Li, Yun | 30 | Lake Washington-36 | 31.64 |
| 3 | Morlan, Heather | 32 | Harbor Aquatics-36 | 35.43 |
| 4 | Spencer, Gillian | 33 | Orca Swim Team-36 | 36.19 |
| 5 | Molina, Anayeli | 31 | Lake Washington-36 | 39.85 |
| 6 | Kennedy, Erin | 34 | Orca Swim Team-36 | 42.42 |

Women 30-34 100 Yard IM

| | | | | |
|-----|-------------------|---------|--------------------|---------|
| 1 | Li, Yun | 30 | Lake Washington-36 | 1:16.27 |
| | 35.69 | 1:16.27 | | |
| 2 | Morlan, Heather | 32 | Harbor Aquatics-36 | 1:18.33 |
| | 36.60 | 1:18.33 | | |
| 3 | Spencer, Gillian | 33 | Orca Swim Team-36 | 1:21.55 |
| | 36.19 | 1:21.55 | | |
| 4 | Kennedy, Erin | 34 | Orca Swim Team-36 | 1:30.66 |
| | 42.40 | 1:30.66 | | |
| --- | Granger, Brittany | 33 | Thunderbird Aqua-3 | SCR |

Women 30-34 400 Yard IM

| | | | | |
|-----|---------------|----|-------------------|----|
| --- | Williams, Ava | 33 | Oregon Masters-37 | NS |
|-----|---------------|----|-------------------|----|

Women 35-39 50 Yard Freestyle

| | | | | |
|---|-----------------|----|---------------------|-------|
| 1 | Motley, Caitlin | 36 | Cascade Masters-36 | 27.26 |
| 2 | Calvo, Morena | 36 | CG Sports Manage-36 | 28.52 |
| 3 | Isa, April | 35 | Oregon Masters-37 | 29.02 |
| 4 | Fritcher, Katie | 36 | Orca Swim Team-36 | 31.49 |
| 5 | Mason, Lauren | 39 | Blue Wave Aquati-36 | 31.59 |
| 6 | Miller, Jasmine | 38 | Lake Washington-36 | 45.17 |

Women 35-39 100 Yard Freestyle

| | | | | |
|---|---------------|---------|---------------------|---------|
| 1 | Calvo, Morena | 36 | CG Sports Manage-36 | 1:02.57 |
| | 29.82 | 1:02.57 | | |
| 2 | Mason, Lauren | 39 | Blue Wave Aquati-36 | 1:10.91 |
| | 32.61 | 1:10.91 | | |

Women 35-39 200 Yard Freestyle

| | | | | |
|---|--------------------|---------|---------------------|---------|
| 1 | Karpeeva, Svetlana | 38 | Lake Washington-36 | 2:01.86 |
| | 27.66 | 57.99 | 1:29.76 | 2:01.86 |
| 2 | Mason, Lauren | 39 | Blue Wave Aquati-36 | 2:46.38 |
| | 35.88 | 1:17.63 | 2:01.71 | 2:46.38 |
| 3 | Miller, Jasmine | 38 | Lake Washington-36 | 3:33.85 |
| | 50.91 | 1:45.97 | 2:41.56 | 3:33.85 |

Women 35-39 500 Yard Freestyle

| | | | | |
|---|----------------------|---------|---------------------|---------|
| 1 | Karpeeva, Svetlana | 38 | Lake Washington-36 | 5:41.69 |
| | 29.64 | 1:01.93 | 1:35.15 | 2:09.95 |
| | 2:44.79 | 3:20.39 | 3:56.20 | 4:32.14 |
| | 5:08.01 | 5:41.69 | | |
| 2 | Motley, Caitlin | 36 | Cascade Masters-36 | 6:01.14 |
| | 29.66 | 1:03.66 | 1:39.52 | 2:16.46 |
| | 2:54.63 | 3:32.71 | 4:10.71 | 4:49.00 |
| | 5:26.04 | 6:01.14 | | |
| 3 | Zimmerman, Stephanie | 37 | Husky Masters-36 | 6:51.75 |
| | 37.23 | 1:18.19 | 1:59.64 | 2:40.57 |
| | 3:22.14 | 4:04.48 | 4:46.50 | 5:29.79 |
| | 6:11.15 | 6:51.75 | | |
| 4 | Milman, Ariana | 39 | Bernardo's All S-36 | 7:52.18 |
| | 41.88 | 1:28.54 | 2:16.56 | 3:05.10 |
| | 3:54.33 | 4:42.64 | 5:31.29 | 6:19.64 |
| | 7:07.32 | 7:52.18 | | |

Women 35-39 1000 Yard Freestyle

| | | | | |
|---|--------------------|----------|--------------------|----------|
| 1 | Karpeeva, Svetlana | 38 | Lake Washington-36 | 11:33.00 |
| | 30.80 | 1:04.66 | 1:38.68 | 2:12.30 |
| | 2:46.48 | 3:21.32 | 3:56.29 | 4:31.07 |
| | 5:05.91 | 5:40.40 | 6:14.74 | 6:49.68 |
| | 7:24.75 | 8:00.20 | 8:35.62 | 9:11.07 |
| | 9:46.76 | 10:22.69 | 10:58.72 | 11:33.00 |
| 2 | Hartney, Maureen | 37 | Lake Washington-36 | 13:59.96 |
| | 34.89 | 1:12.59 | 1:52.65 | 2:34.06 |
| | 3:16.78 | 3:59.71 | 4:43.22 | 5:26.20 |
| | 6:09.49 | 6:52.49 | 7:35.13 | 8:18.18 |
| | 9:01.41 | 9:44.31 | 10:27.46 | 11:10.47 |
| | 11:53.64 | 12:36.99 | 13:19.10 | 13:59.96 |

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****(Women 35-39 1000 Yard Freestyle)**

| | | | | |
|---|-----------------|----------|---------------------|----------|
| 3 | Croghan, Rachel | 39 | UC36 | 14:45.99 |
| | 38.76 | 1:20.49 | 2:03.44 | 2:47.21 |
| | 3:31.13 | 4:15.16 | 4:59.82 | 5:44.69 |
| | 6:29.70 | 7:14.81 | 8:00.25 | 8:46.02 |
| | 9:30.79 | 10:15.96 | 11:01.38 | 11:46.67 |
| | 12:32.08 | 13:17.23 | 14:02.43 | 14:45.99 |
| 4 | Milman, Ariana | 39 | Bernardo's All S-36 | 17:10.03 |
| | 45.19 | 1:35.53 | 2:27.59 | 3:19.23 |
| | 4:11.30 | 5:02.71 | 5:54.75 | 6:47.44 |
| | 7:39.07 | 8:32.11 | 9:25.38 | 10:17.64 |
| | 11:10.50 | 12:03.18 | 12:55.37 | 13:47.98 |
| | 14:39.86 | 15:31.54 | 16:22.35 | 17:10.03 |

Women 35-39 1650 Yard Freestyle

| | | | | |
|---|----------------------|----------|------------------|----------|
| 1 | Zimmerman, Stephanie | 37 | Husky Masters-36 | 24:04.84 |
| | 38.58 | 1:20.66 | 2:03.84 | 2:46.99 |
| | 3:31.24 | 4:15.40 | 4:59.53 | 5:44.15 |
| | 6:27.37 | 7:11.48 | 7:55.30 | 8:38.53 |
| | 9:22.53 | 10:06.29 | 10:50.06 | 11:33.74 |
| | 12:18.03 | 13:02.11 | 13:47.43 | 14:32.50 |
| | 15:16.89 | 16:00.95 | 16:46.03 | 17:30.69 |
| | 18:15.17 | 19:00.47 | 19:44.92 | 20:28.39 |
| | 21:13.05 | 21:57.41 | 22:41.05 | 23:24.28 |
| | | | | 24:04.84 |
| 2 | Croghan, Rachel | 39 | UC36 | 24:37.54 |
| | 39.59 | 1:22.46 | 2:06.08 | 2:50.21 |
| | 3:34.69 | 4:18.81 | 5:03.83 | 5:48.65 |
| | 6:33.80 | 7:18.89 | 8:03.59 | 8:48.97 |
| | 9:34.20 | 10:19.47 | 11:04.51 | 11:49.63 |
| | 12:35.44 | 13:20.34 | 14:05.67 | 14:51.56 |
| | 15:36.61 | 16:21.77 | 17:07.40 | 17:53.01 |
| | 18:38.81 | 19:23.86 | 20:09.39 | 20:55.09 |
| | 21:40.88 | 22:26.69 | 23:11.42 | 23:55.80 |
| | | | | 24:37.54 |

Women 35-39 50 Yard Backstroke

| | | | | |
|---|----------------------|----|---------------------|-------|
| 1 | Motley, Caitlin | 36 | Cascade Masters-36 | 30.85 |
| 2 | Mason, Lauren | 39 | Blue Wave Aquati-36 | 36.67 |
| 3 | Zimmerman, Stephanie | 37 | Husky Masters-36 | 40.05 |

Women 35-39 100 Yard Backstroke

| | | | | |
|-----|------------------|---------|---------------------|---------|
| 1 | Mason, Lauren | 39 | Blue Wave Aquati-36 | 1:27.02 |
| | 40.58 | 1:27.02 | | |
| 2 | Milman, Ariana | 39 | Bernardo's All S-36 | 1:32.88 |
| | 45.59 | 1:32.88 | | |
| --- | Hartney, Maureen | 37 | Lake Washington-36 | NS |

Women 35-39 200 Yard Backstroke

| | | | | |
|---|----------------|---------|---------------------|---------|
| 1 | Mason, Lauren | 39 | Blue Wave Aquati-36 | 3:02.06 |
| | 40.46 | 1:26.20 | 2:13.43 | 3:02.06 |
| 2 | Milman, Ariana | 39 | Bernardo's All S-36 | 3:17.44 |
| | 47.91 | 1:37.60 | 2:29.64 | 3:17.44 |

Women 35-39 50 Yard Breaststroke

| | | | | |
|---|-----------------|----|--------------------|-------|
| 1 | Motley, Caitlin | 36 | Cascade Masters-36 | 35.29 |
| 2 | Isa, April | 35 | Oregon Masters-37 | 38.27 |
| 3 | Croghan, Rachel | 39 | UC36 | 43.10 |

Women 35-39 100 Yard Breaststroke

| | | | | |
|-----|-----------------|---------|-------------------|---------|
| 1 | Fritcher, Katie | 36 | Orca Swim Team-36 | 1:28.06 |
| | 41.35 | 1:28.06 | | |
| --- | Croghan, Rachel | 39 | UC36 | NS |

Women 35-39 200 Yard Breaststroke

| | | | | |
|---|--------------------|---------|--------------------|---------|
| 1 | Karpeeva, Svetlana | 38 | Lake Washington-36 | 2:31.09 |
| | 34.98 | 1:13.81 | 1:52.85 | 2:31.09 |
| 2 | Croghan, Rachel | 39 | UC36 | 3:21.75 |
| | 45.44 | 1:37.42 | 2:29.84 | 3:21.75 |

Women 35-39 50 Yard Butterfly

| | | | | |
|---|-----------------|----|--------------------|-------|
| 1 | Motley, Caitlin | 36 | Cascade Masters-36 | 30.11 |
| 2 | Isa, April | 35 | Oregon Masters-37 | 33.63 |

Women 35-39 100 Yard Butterfly

| | | | | |
|---|------------|---------|-------------------|---------|
| 1 | Isa, April | 35 | Oregon Masters-37 | 1:26.17 |
| | 38.23 | 1:26.17 | | |

Women 35-39 100 Yard IM

| | | | | |
|-----|--------------------|---------|---------------------|---------|
| 1 | Karpeeva, Svetlana | 38 | Lake Washington-36 | 1:01.15 |
| | 27.94 | 1:01.15 | | |
| 2 | Motley, Caitlin | 36 | Cascade Masters-36 | 1:08.57 |
| | 31.38 | 1:08.57 | | |
| 3 | Calvo, Morena | 36 | CG Sports Manage-36 | 1:10.18 |
| | 32.93 | 1:10.18 | | |
| 4 | Milman, Ariana | 39 | Bernardo's All S-36 | 1:30.51 |
| | 44.95 | 1:30.51 | | |
| --- | Croghan, Rachel | 39 | UC36 | NS |

Women 35-39 200 Yard IM

| | | | | |
|---|--------------------|---------|--------------------|---------|
| 1 | Karpeeva, Svetlana | 38 | Lake Washington-36 | 2:20.51 |
| | 29.70 | 1:04.58 | 1:44.97 | 2:20.51 |

Women 35-39 400 Yard IM

| | | | | |
|---|----------------|---------|---------------------|---------|
| 1 | Milman, Ariana | 39 | Bernardo's All S-36 | 7:41.84 |
| | 51.14 | 1:48.11 | 2:51.15 | 3:52.33 |
| | 4:56.13 | 5:59.43 | 6:53.61 | 7:41.84 |

Women 40-44 50 Yard Freestyle

| | | | | |
|----|-------------------------|----|---------------------|-------|
| 1 | Higlett, Lex | 40 | Oregon Masters-37 | 25.82 |
| 2 | Jennings, Lindsey | 42 | Cascade Masters-36 | 27.41 |
| 3 | Millward, Helen | 41 | Harbor Aquatics-36 | 28.13 |
| 4 | Hass, Katie | 44 | North End Otters-36 | 29.07 |
| 5 | Jensen-Bergren, Hillary | 42 | Harbor Aquatics-36 | 29.30 |
| 6 | Cary, Michelle | 42 | Oregon Masters-37 | 29.74 |
| 7 | Brunjes, Molly | 43 | Cascade Masters-36 | 29.84 |
| 8 | Merry, Alaina | 43 | UC36 | 31.11 |
| 9 | Gustitus, Leah | 40 | Orca Swim Team-36 | 34.17 |
| 10 | Stribling Geldien, Gail | 43 | Blue Wave Aquati-36 | 34.40 |
| 11 | Schepler, Lani | 43 | Blue Wave Aquati-36 | 36.81 |

Women 40-44 100 Yard Freestyle

| | | | | |
|---|----------------|---------|---------------------|---------|
| 1 | Brunjes, Molly | 43 | Cascade Masters-36 | 1:04.18 |
| | 30.46 | 1:04.18 | | |
| 2 | Schepler, Lani | 43 | Blue Wave Aquati-36 | 1:23.59 |
| | 39.74 | 1:23.59 | | |

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****Women 40-44 200 Yard Freestyle**

| | | | | |
|-----|-------------------------|---------|-----------------------|---------|
| 1 | Millward, Helen | 41 | Harbor Aquatics-36 | 2:21.96 |
| | 32.39 | 1:07.79 | 1:44.59 | 2:21.96 |
| 2 | Jensen-Bergren, Hillary | 42 | Harbor Aquatics-36 | 2:26.80 |
| | 33.68 | 1:11.03 | 1:50.42 | 2:26.80 |
| 3 | Cary, Michelle | 42 | Oregon Masters-37 | 2:27.39 |
| | 33.84 | 1:11.16 | 1:50.43 | 2:27.39 |
| 4 | Nesvig, Chelsea | 42 | Orca Swim Team-36 | 2:33.43 |
| | 34.74 | 1:12.75 | 1:53.18 | 2:33.43 |
| 5 | Stribling Geldien, Gail | 43 | Blue Wave Aquatics-36 | 2:42.15 |
| | 36.39 | 1:16.91 | 1:59.93 | 2:42.15 |
| 6 | Merry, Alaina | 43 | UC36 | 2:47.47 |
| | 36.55 | 1:19.83 | 2:04.78 | 2:47.47 |
| --- | Higlett, Lex | 40 | Oregon Masters-37 | NS |

Women 40-44 500 Yard Freestyle

| | | | | |
|---|----------------|---------|--------------------|---------|
| 1 | Higlett, Lex | 40 | Oregon Masters-37 | 5:35.99 |
| | 30.20 | 1:03.55 | 1:37.64 | 2:12.57 |
| | 2:47.30 | 3:21.84 | 3:56.48 | 4:30.48 |
| | 5:03.80 | 5:35.99 | | |
| 2 | Brunjes, Molly | 43 | Cascade Masters-36 | 6:19.40 |
| | 33.48 | 1:11.47 | 1:50.82 | 2:30.06 |
| | 3:09.59 | 3:48.74 | 4:27.71 | 5:06.03 |
| | 5:43.54 | 6:19.40 | | |

Women 40-44 1650 Yard Freestyle

| | | | | |
|---|----------------|----------|-------------------|----------|
| 1 | Cary, Michelle | 42 | Oregon Masters-37 | 23:39.01 |
| | 37.39 | 1:17.80 | 1:59.92 | 2:43.14 |
| | 3:26.02 | 4:09.40 | 4:52.69 | 5:36.09 |
| | 6:19.93 | 7:03.69 | 7:47.17 | 8:30.50 |
| | 9:13.58 | 9:56.82 | 10:39.95 | 11:23.12 |
| | 12:06.42 | 12:49.79 | 13:33.08 | 14:16.36 |
| | 14:59.49 | 15:42.70 | 16:26.03 | 17:09.22 |
| | 17:52.59 | 18:36.17 | 19:19.66 | 20:03.18 |
| | 20:46.87 | 21:30.48 | 22:13.88 | 22:57.06 |
| | | | | 23:39.01 |

Women 40-44 50 Yard Backstroke

| | | | | |
|---|-------------------|----|--------------------|-------|
| 1 | Lindberg, Denise | 41 | Lake Washington-36 | 31.06 |
| 2 | Jennings, Lindsey | 42 | Cascade Masters-36 | 32.04 |
| 3 | Brunjes, Molly | 43 | Cascade Masters-36 | 33.54 |

Women 40-44 100 Yard Backstroke

| | | | | |
|-----|-------------------------|---------|-----------------------|---------|
| 1 | Brunjes, Molly | 43 | Cascade Masters-36 | 1:10.29 |
| | 34.04 | 1:10.29 | | |
| 2 | Jensen-Bergren, Hillary | 42 | Harbor Aquatics-36 | 1:20.17 |
| | 38.74 | 1:20.17 | | |
| 3 | Stribling Geldien, Gail | 43 | Blue Wave Aquatics-36 | 1:20.53 |
| | 39.23 | 1:20.53 | | |
| --- | Higlett, Lex | 40 | Oregon Masters-37 | NS |

Women 40-44 200 Yard Backstroke

| | | | | |
|---|-------------------------|---------|-----------------------|---------|
| 1 | Brunjes, Molly | 43 | Cascade Masters-36 | 2:31.88 |
| | 35.15 | 1:13.53 | 1:52.83 | 2:31.88 |
| 2 | Stribling Geldien, Gail | 43 | Blue Wave Aquatics-36 | 2:53.81 |
| | 39.85 | 1:23.08 | 2:08.48 | 2:53.81 |

Women 40-44 50 Yard Breaststroke

| | | | | |
|---|------------------|----|--------------------|-------|
| 1 | Lindberg, Denise | 41 | Lake Washington-36 | 32.05 |
|---|------------------|----|--------------------|-------|

| | | | | |
|---|-------------------|----|--------------------|-------|
| 2 | Jennings, Lindsey | 42 | Cascade Masters-36 | 34.70 |
| 3 | Cary, Michelle | 42 | Oregon Masters-37 | 41.39 |

Women 40-44 100 Yard Breaststroke

| | | | | |
|---|-------------------------|---------|-----------------------|---------|
| 1 | Lindberg, Denise | 41 | Lake Washington-36 | 1:10.30 |
| | 32.69 | 1:10.30 | | |
| 2 | Millward, Helen | 41 | Harbor Aquatics-36 | 1:22.83 |
| | 39.43 | 1:22.83 | | |
| 3 | Jensen-Bergren, Hillary | 42 | Harbor Aquatics-36 | 1:27.23 |
| | 41.55 | 1:27.23 | | |
| 4 | Schepler, Lani | 43 | Blue Wave Aquatics-36 | 1:43.81 |
| | 48.76 | 1:43.81 | | |

Women 40-44 50 Yard Butterfly

| | | | | |
|-----|-------------------|----|---------------------|-------|
| 1 | Jennings, Lindsey | 42 | Cascade Masters-36 | 29.32 |
| 2 | Hass, Katie | 44 | North End Otters-36 | 31.51 |
| 3 | Millward, Helen | 41 | Harbor Aquatics-36 | 33.76 |
| 4 | Gustitus, Leah | 40 | Orca Swim Team-36 | 38.29 |
| --- | Lindberg, Denise | 41 | Lake Washington-36 | NS |

Women 40-44 100 Yard Butterfly

| | | | | |
|---|----------------|---------|-------------------|---------|
| 1 | Cary, Michelle | 42 | Oregon Masters-37 | 1:22.12 |
| | 38.71 | 1:22.12 | | |

Women 40-44 100 Yard IM

| | | | | |
|---|-------------------------|---------|---------------------|---------|
| 1 | Lindberg, Denise | 41 | Lake Washington-36 | 1:04.20 |
| | 30.14 | 1:04.20 | | |
| 2 | Jennings, Lindsey | 42 | Cascade Masters-36 | 1:08.30 |
| | 31.81 | 1:08.30 | | |
| 3 | Millward, Helen | 41 | Harbor Aquatics-36 | 1:13.81 |
| | 35.10 | 1:13.81 | | |
| 4 | Hass, Katie | 44 | North End Otters-36 | 1:16.03 |
| | 33.41 | 1:16.03 | | |
| 5 | Jensen-Bergren, Hillary | 42 | Harbor Aquatics-36 | 1:18.69 |
| | 36.46 | 1:18.69 | | |
| 6 | Gustitus, Leah | 40 | Orca Swim Team-36 | 1:28.89 |
| | 39.88 | 1:28.89 | | |

Women 40-44 200 Yard IM

| | | | | |
|---|-------------------|---------|--------------------|---------|
| 1 | Lindberg, Denise | 41 | Lake Washington-36 | 2:21.84 |
| | 31.17 | 1:07.90 | 1:48.27 | 2:21.84 |
| 2 | Higlett, Lex | 40 | Oregon Masters-37 | 2:25.65 |
| | 31.00 | 1:07.92 | 1:53.17 | 2:25.65 |
| 3 | Jennings, Lindsey | 42 | Cascade Masters-36 | 2:34.50 |
| | 31.68 | 1:11.16 | 1:56.65 | 2:34.50 |

Women 40-44 400 Yard IM

| | | | | |
|---|----------------|---------|-------------------|---------|
| 1 | Higlett, Lex | 40 | Oregon Masters-37 | 5:02.85 |
| | 31.11 | 1:07.27 | 1:46.62 | 2:24.82 |
| | 3:10.22 | 3:56.01 | 4:30.32 | 5:02.85 |
| 2 | Cary, Michelle | 42 | Oregon Masters-37 | 6:37.54 |
| | 39.36 | 1:28.69 | 2:17.95 | 3:05.00 |
| | 4:13.51 | 5:09.40 | 5:54.92 | 6:37.54 |

Women 45-49 50 Yard Freestyle

| | | | | |
|---|-------------------|----|-----------------------|-------|
| 1 | Yasukochi, Emily | 47 | Thunderbird Aqua-3 | 27.55 |
| 2 | Sayigh, Julie | 48 | Cascade Masters-36 | 28.97 |
| 3 | Jackman, Erika | 46 | Blue Wave Aquatics-36 | 30.93 |
| 4 | Mellick, Kimberly | 45 | Blue Wave Aquatics-36 | 32.36 |

2024 PNA Championship - 4/13/2024 to 4/14/2024

2024 PNA Championship
Hosted by Blue Wave Aquatics

Results

(Women 45-49 50 Yard Freestyle)

| | | | | |
|---|--------------------|----|--------------------|-------|
| 5 | Aylesworth, Alison | 46 | Orca Swim Team-36 | 32.62 |
| 6 | Barclay, Rebecca | 45 | Lake Washington-36 | 33.86 |
| 7 | Claridge, Jennifer | 45 | Thunderbird Aqua-3 | 34.05 |
| 8 | High, Marjorie | 48 | Cascade Masters-36 | 34.77 |
| 9 | Moran, Marcy | 47 | Puget Sound Swim-3 | 35.73 |

Women 45-49 100 Yard Freestyle

| | | | | |
|-----|--------------------|---------|---------------------|---------|
| 1 | Phinney, Sandi | 48 | Thunderbird Aqua-3 | 1:04.95 |
| | 31.08 | 1:04.95 | | |
| 2 | Mellick, Kimberly | 45 | Blue Wave Aquati-36 | 1:17.08 |
| | 35.85 | 1:17.08 | | |
| 3 | Shepherd, Laurie | 46 | UC36 | 1:18.83 |
| | 37.13 | 1:18.83 | | |
| 4 | High, Marjorie | 48 | Cascade Masters-36 | 1:19.89 |
| | 37.50 | 1:19.89 | | |
| --- | Moran, Marcy | 47 | Puget Sound Swim-3 | NS |
| --- | Claridge, Jennifer | 45 | Thunderbird Aqua-3 | NS |

Women 45-49 200 Yard Freestyle

| | | | | |
|---|--------------------|---------|---------------------|---------|
| 1 | Jackman, Erika | 46 | Blue Wave Aquati-36 | 2:34.76 |
| | 33.68 | 1:11.63 | 1:52.79 | 2:34.76 |
| 2 | Barclay, Rebecca | 45 | Lake Washington-36 | 2:53.39 |
| | 37.64 | 1:21.13 | 2:08.19 | 2:53.39 |
| 3 | Claridge, Jennifer | 45 | Thunderbird Aqua-3 | 2:53.74 |
| | 39.95 | 1:23.82 | 2:09.33 | 2:53.74 |
| 4 | Loiacano, Toni | 46 | Bainbridge Aquat-36 | 3:20.69 |
| | 46.73 | 1:37.67 | 2:30.55 | 3:20.69 |

Women 45-49 500 Yard Freestyle

| | | | | |
|---|------------------------|---------|---------------------|---------|
| 1 | Halter, Dana Robertson | 49 | Cascade Masters-36 | 6:08.08 |
| | 32.78 | 1:07.93 | 1:44.01 | 2:20.86 |
| | 2:57.90 | 3:35.21 | 4:12.96 | 4:51.10 |
| | 5:29.42 | 6:08.08 | | |
| 2 | Rasmussen, Karen | 49 | Blue Wave Aquati-36 | 7:31.33 |
| | 39.14 | 1:21.37 | 2:06.15 | 2:52.12 |
| | 3:38.75 | 4:25.61 | 5:12.55 | 5:59.33 |
| | 6:46.11 | 7:31.33 | | |
| 3 | Neely, Wendy | 49 | Blue Wave Aquati-36 | 7:36.82 |
| | 42.50 | 1:26.18 | 2:11.49 | 2:57.52 |
| | 3:43.98 | 4:30.39 | 5:17.47 | 6:04.16 |
| | 6:51.06 | 7:36.82 | | |
| 4 | Claridge, Jennifer | 45 | Thunderbird Aqua-3 | 7:38.06 |
| | 41.51 | 1:26.65 | 2:12.74 | 2:59.51 |
| | 3:46.31 | 4:33.98 | 5:21.09 | 6:06.79 |
| | 6:52.92 | 7:38.06 | | |
| 5 | Sayigh, Julie | 48 | Cascade Masters-36 | 8:01.36 |
| | 35.76 | 1:20.35 | 2:08.82 | 3:00.47 |
| | 3:51.18 | 4:43.42 | 5:36.24 | 6:27.25 |
| | 7:17.76 | 8:01.36 | | |
| 6 | Shepherd, Laurie | 46 | UC36 | 8:25.88 |
| | 41.77 | 1:28.76 | 2:18.16 | 3:08.07 |
| | 4:02.09 | 4:57.38 | 5:50.24 | 6:43.36 |
| | 7:34.96 | 8:25.88 | | |

| | | | | |
|---|----------------|---------|---------------------|---------|
| 7 | Loiacano, Toni | 46 | Bainbridge Aquat-36 | 8:47.20 |
| | 47.32 | 1:39.98 | 2:34.49 | 3:28.29 |
| | 4:22.19 | 5:15.55 | 6:09.37 | 7:02.60 |
| | 7:56.27 | 8:47.20 | | |

Women 45-49 1000 Yard Freestyle

| | | | | |
|---|------------------------|----------|--------------------|----------|
| 1 | Halter, Dana Robertson | 49 | Cascade Masters-36 | 12:34.20 |
| | 33.63 | 1:09.97 | 1:47.19 | 2:24.55 |
| | 3:02.29 | 3:40.16 | 4:17.90 | 4:55.60 |
| | 5:33.38 | 6:11.14 | 6:49.23 | 7:27.22 |
| | 8:05.42 | 8:44.07 | 9:22.35 | 10:00.50 |
| | 10:38.73 | 11:17.37 | 11:56.00 | 12:34.20 |
| 2 | Aylesworth, Alison | 46 | Orca Swim Team-36 | 13:45.85 |
| | 37.62 | 1:17.24 | 1:58.20 | 2:39.36 |
| | 3:20.44 | 4:02.33 | 4:44.23 | 5:25.92 |
| | 6:07.46 | 6:49.35 | 7:30.90 | 8:12.86 |
| | 8:54.44 | 9:35.99 | 10:18.28 | 11:00.29 |
| | 11:42.38 | 12:24.11 | 13:05.26 | 13:45.85 |
| 3 | Barclay, Rebecca | 45 | Lake Washington-36 | 15:29.07 |
| | 39.95 | 1:23.62 | 2:08.78 | 2:54.62 |
| | 3:40.61 | 4:26.75 | 5:13.20 | 5:59.93 |
| | 6:47.39 | 7:34.57 | 8:22.50 | 9:09.78 |
| | 9:57.49 | 10:45.12 | 11:32.50 | 12:20.44 |
| | 13:08.18 | 13:56.03 | 14:43.25 | 15:29.07 |

Women 45-49 50 Yard Backstroke

| | | | | |
|---|------------------------|----|---------------------|-------|
| 1 | Phinney, Sandi | 48 | Thunderbird Aqua-3 | 32.64 |
| 2 | Halter, Dana Robertson | 49 | Cascade Masters-36 | 34.31 |
| 3 | Bowman, Julie | 45 | Lake Washington-36 | 34.91 |
| 4 | Moran, Marcy | 47 | Puget Sound Swim-3 | 40.91 |
| 5 | Mellick, Kimberly | 45 | Blue Wave Aquati-36 | 43.07 |
| 6 | Neely, Wendy | 49 | Blue Wave Aquati-36 | 43.64 |

Women 45-49 100 Yard Backstroke

| | | | | |
|---|------------------------|---------|---------------------|---------|
| 1 | Phinney, Sandi | 48 | Thunderbird Aqua-3 | 1:11.17 |
| | 34.19 | 1:11.17 | | |
| 2 | Halter, Dana Robertson | 49 | Cascade Masters-36 | 1:14.22 |
| | 36.12 | 1:14.22 | | |
| 3 | Sayigh, Julie | 48 | Cascade Masters-36 | 1:17.26 |
| | 36.98 | 1:17.26 | | |
| 4 | Aylesworth, Alison | 46 | Orca Swim Team-36 | 1:21.05 |
| | 39.76 | 1:21.05 | | |
| 5 | Neely, Wendy | 49 | Blue Wave Aquati-36 | 1:29.10 |
| | 43.81 | 1:29.10 | | |
| 6 | Claridge, Jennifer | 45 | Thunderbird Aqua-3 | 1:30.35 |
| | 44.64 | 1:30.35 | | |
| 7 | Loiacano, Toni | 46 | Bainbridge Aquat-36 | 1:43.88 |
| | 52.30 | 1:43.88 | | |

Women 45-49 200 Yard Backstroke

| | | | | |
|---|------------------|---------|---------------------|---------|
| 1 | Phinney, Sandi | 48 | Thunderbird Aqua-3 | 2:39.28 |
| | 35.94 | 1:15.55 | 1:57.51 | 2:39.28 |
| 2 | Bowman, Julie | 45 | Lake Washington-36 | 2:46.62 |
| | 37.61 | 1:19.45 | 2:03.69 | 2:46.62 |
| 3 | Barclay, Rebecca | 45 | Lake Washington-36 | 3:10.78 |
| | 43.78 | 1:31.44 | 2:23.18 | 3:10.78 |
| 4 | Neely, Wendy | 49 | Blue Wave Aquati-36 | 3:10.79 |
| | 44.52 | 1:31.86 | 2:21.50 | 3:10.79 |

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****Women 45-49 50 Yard Breaststroke**

| | | | | |
|---|-------------------|----|---------------------|-------|
| 1 | Sayigh, Julie | 48 | Cascade Masters-36 | 41.97 |
| 2 | Shepherd, Laurie | 46 | UC36 | 42.03 |
| 3 | Moran, Marcy | 47 | Puget Sound Swim-3 | 45.55 |
| 4 | Mellick, Kimberly | 45 | Blue Wave Aquati-36 | 46.56 |
| 5 | High, Marjorie | 48 | Cascade Masters-36 | 48.56 |
| 6 | Neely, Wendy | 49 | Blue Wave Aquati-36 | 50.47 |

Women 45-49 100 Yard Breaststroke

| | | | | |
|---|------------------|---------|--------------------|---------|
| 1 | Moran, Marcy | 47 | Puget Sound Swim-3 | 1:40.59 |
| | 48.38 | 1:40.59 | | |
| 2 | Kempe, Christine | 46 | Lake Washington-36 | 1:46.50 |
| | 51.11 | 1:46.50 | | |

Women 45-49 50 Yard Butterfly

| | | | | |
|---|-------------------|----|---------------------|-------|
| 1 | Yasukochi, Emily | 47 | Thunderbird Aqua-3 | 31.28 |
| 2 | Sayigh, Julie | 48 | Cascade Masters-36 | 31.61 |
| 3 | Bowman, Julie | 45 | Lake Washington-36 | 33.49 |
| 4 | Phinney, Sandi | 48 | Thunderbird Aqua-3 | 33.52 |
| 5 | Jackman, Erika | 46 | Blue Wave Aquati-36 | 34.04 |
| 6 | Mellick, Kimberly | 45 | Blue Wave Aquati-36 | 36.44 |
| 7 | High, Marjorie | 48 | Cascade Masters-36 | 41.42 |
| 8 | Kempe, Christine | 46 | Lake Washington-36 | 47.28 |

Women 45-49 100 Yard Butterfly

| | | | | |
|---|----------------|---------|--------------------|---------|
| 1 | Phinney, Sandi | 48 | Thunderbird Aqua-3 | 1:18.71 |
| | 35.33 | 1:18.71 | | |
| 2 | High, Marjorie | 48 | Cascade Masters-36 | 1:41.84 |
| | 46.38 | 1:41.84 | | |

Women 45-49 200 Yard Butterfly

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Lickwala, Holly | 47 | Team Walker Inte-36 | 2:40.37 |
| | 36.15 | 1:17.15 | 1:58.48 | 2:40.37 |

Women 45-49 100 Yard IM

| | | | | |
|----|------------------------|---------|---------------------|---------|
| 1 | Yasukochi, Emily | 47 | Thunderbird Aqua-3 | 1:10.35 |
| | 32.12 | 1:10.35 | | |
| 2 | Halter, Dana Robertson | 49 | Cascade Masters-36 | 1:13.86 |
| | 34.49 | 1:13.86 | | |
| 3 | Bowman, Julie | 45 | Lake Washington-36 | 1:13.92 |
| | 34.01 | 1:13.92 | | |
| 4 | Jackman, Erika | 46 | Blue Wave Aquati-36 | 1:19.27 |
| | 36.13 | 1:19.27 | | |
| 5 | Sayigh, Julie | 48 | Cascade Masters-36 | 1:19.82 |
| | 36.44 | 1:19.82 | | |
| 6 | Mellick, Kimberly | 45 | Blue Wave Aquati-36 | 1:30.45 |
| | 40.45 | 1:30.45 | | |
| 7 | Moran, Marcy | 47 | Puget Sound Swim-3 | 1:31.24 |
| | 41.37 | 1:31.24 | | |
| 8 | High, Marjorie | 48 | Cascade Masters-36 | 1:35.48 |
| | 44.55 | 1:35.48 | | |
| 9 | Neely, Wendy | 49 | Blue Wave Aquati-36 | 1:35.88 |
| | 44.46 | 1:35.88 | | |
| 10 | Kempe, Christine | 46 | Lake Washington-36 | 1:45.90 |
| | 51.36 | 1:45.90 | | |
| 11 | Loiacano, Toni | 46 | Bainbridge Aquat-36 | 1:53.32 |
| | 53.63 | 1:53.32 | | |

Women 45-49 200 Yard IM

| | | | | |
|---|------------------------|---------|---------------------|---------|
| 1 | Lickwala, Holly | 47 | Team Walker Inte-36 | 2:33.73 |
| | 31.24 | 1:10.83 | 1:56.74 | 2:33.73 |
| 2 | Halter, Dana Robertson | 49 | Cascade Masters-36 | 2:39.18 |
| | 34.34 | 1:16.46 | 2:03.23 | 2:39.18 |
| 3 | Bowman, Julie | 45 | Lake Washington-36 | 2:45.07 |
| | 33.76 | 1:15.54 | 2:04.61 | 2:45.07 |
| 4 | Rasmussen, Karen | 49 | Blue Wave Aquati-36 | 3:16.39 |
| | 46.25 | 1:37.51 | 2:33.46 | 3:16.39 |

Women 45-49 400 Yard IM

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Lickwala, Holly | 47 | Team Walker Inte-36 | 5:32.90 |
| | 35.41 | 1:15.63 | 1:58.66 | 2:43.30 |
| | 3:29.57 | 4:17.48 | 4:55.95 | 5:32.90 |

Women 50-54 50 Yard Freestyle

| | | | | |
|-----|------------------------|----|---------------------|-------|
| 1 | Mcclafferty, Christine | 50 | Oregon Masters-37 | 26.48 |
| 2 | Baralt, Anamaria | 53 | UC36 | 27.85 |
| 3 | Decker, Laura | 50 | UC36 | 33.81 |
| 4 | Thompson, Kelly | 54 | Bainbridge Aquat-36 | 34.90 |
| --- | Tuche, Megan | 53 | Blue Wave Aquati-36 | NS |

Women 50-54 100 Yard Freestyle

| | | | | |
|-----|------------------|---------|---------------------|---------|
| 1 | Milkowski, Lisa | 54 | Puget Sound Mast-36 | 1:41.33 |
| | 49.34 | 1:41.33 | | |
| --- | Baralt, Anamaria | 53 | UC36 | NS |

Women 50-54 500 Yard Freestyle

| | | | | |
|-----|-----------------|---------|---------------------|---------|
| 1 | Cyger, Erin | 52 | Bainbridge Aquat-36 | 7:09.31 |
| | 39.44 | 1:23.33 | 2:08.43 | 2:53.34 |
| | 3:37.43 | 4:21.12 | 5:04.86 | 5:48.03 |
| | 6:29.60 | 7:09.31 | | |
| 2 | Milkowski, Lisa | 54 | Puget Sound Mast-36 | 9:52.57 |
| | 53.65 | 1:53.76 | 2:55.06 | 3:56.70 |
| | 4:57.26 | 5:57.43 | 6:57.25 | 7:56.42 |
| | 8:57.05 | 9:52.57 | | |
| --- | Wolfe, Amy | 54 | Bernardo's All S-36 | NS |

Women 50-54 1000 Yard Freestyle

| | | | | |
|---|---------------|----------|---------------------|----------|
| 1 | Pelham, Kathy | 51 | Team Walker Inte-36 | 13:11.27 |
| | 34.17 | 1:11.39 | 1:49.88 | 2:29.40 |
| | 3:08.84 | 3:49.15 | 4:29.60 | 5:09.70 |
| | 5:50.55 | 6:30.69 | 7:11.09 | 7:51.28 |
| | 8:31.38 | 9:12.01 | 9:52.09 | 10:32.29 |
| | 11:12.92 | 11:52.88 | 12:32.33 | 13:11.27 |

Women 50-54 1650 Yard Freestyle

| | | | | |
|---|---------------|----------|---------------------|----------|
| 1 | Pelham, Kathy | 51 | Team Walker Inte-36 | 22:11.36 |
| | 34.94 | 1:13.69 | 1:52.96 | 2:33.33 |
| | 3:13.93 | 3:54.84 | 4:35.48 | 5:16.44 |
| | 5:56.91 | 6:37.73 | 7:18.64 | 7:59.85 |
| | 8:40.64 | 9:21.92 | 10:02.60 | 10:43.11 |
| | 11:24.02 | 12:05.89 | 12:46.64 | 13:27.35 |
| | 14:07.65 | 14:47.93 | 15:28.66 | 16:09.02 |
| | 16:49.30 | 17:30.80 | 18:11.31 | 18:51.93 |
| | 19:32.42 | 20:12.61 | 20:52.80 | 21:32.87 |
| | | | | 22:11.36 |

Women 50-54 50 Yard Backstroke

| | | | | |
|---|-------------|----|---------------------|-------|
| 1 | Cyger, Erin | 52 | Bainbridge Aquat-36 | 38.07 |
|---|-------------|----|---------------------|-------|

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****(Women 50-54 50 Yard Backstroke)**

| | | | | |
|-----|------------------|----|---------------------|-------|
| 2 | Kim, Nellis | 53 | Blue Wave Aquati-36 | 39.37 |
| --- | Baralt, Anamaria | 53 | UC36 | NS |
| --- | Wolfe, Amy | 54 | Bernardo's All S-36 | NS |

Women 50-54 100 Yard Backstroke

| | | | | |
|---|---------------|----|------|---------------|
| 1 | Decker, Laura | 50 | UC36 | 1:22.82 |
| | | | | 39.43 1:22.82 |

Women 50-54 200 Yard Backstroke

| | | | | |
|---|-----------------|----|--------------------|-------------------------------|
| 1 | Polidori, Wendy | 54 | Snohomish Aquati-3 | 2:49.26 |
| | | | | 41.93 1:24.69 2:07.86 2:49.26 |

Women 50-54 50 Yard Breaststroke

| | | | | |
|---|-----------------|----|---------------------|---------|
| 1 | Kim, Nellis | 53 | Blue Wave Aquati-36 | 39.29 |
| 2 | Cyger, Erin | 52 | Bainbridge Aquat-36 | 39.72 |
| 3 | Milkowski, Lisa | 54 | Puget Sound Mast-36 | 1:00.99 |

Women 50-54 100 Yard Breaststroke

| | | | | |
|-----|--------------|----|---------------------|---------------|
| 1 | Kim, Nellis | 53 | Blue Wave Aquati-36 | 1:29.51 |
| | | | | 41.95 1:29.51 |
| --- | Tuche, Megan | 53 | Blue Wave Aquati-36 | NS |

Women 50-54 200 Yard Breaststroke

| | | | | |
|-----|------------------------|----|---------------------|-------------------------------|
| 1 | Mcclafferty, Christine | 50 | Oregon Masters-37 | 2:42.38 |
| | | | | 37.07 1:17.90 1:59.91 2:42.38 |
| 2 | Kim, Nellis | 53 | Blue Wave Aquati-36 | 3:16.10 |
| | | | | 44.04 1:34.17 2:25.71 3:16.10 |
| --- | Badran, Lianna | 50 | Lake Washington-36 | NS |

Women 50-54 50 Yard Butterfly

| | | | | |
|-----|------------------------|----|---------------------|-------|
| 1 | Mcclafferty, Christine | 50 | Oregon Masters-37 | 27.79 |
| 2 | Polidori, Wendy | 54 | Snohomish Aquati-3 | 32.39 |
| 3 | Decker, Laura | 50 | UC36 | 37.52 |
| --- | Tuche, Megan | 53 | Blue Wave Aquati-36 | NS |

Women 50-54 100 Yard Butterfly

| | | | | |
|---|-------------|----|---------------------|---------------|
| 1 | Cyger, Erin | 52 | Bainbridge Aquat-36 | 1:17.42 |
| | | | | 35.92 1:17.42 |

Women 50-54 200 Yard Butterfly

| | | | | |
|-----|------------------------|----|--------------------|-------------------------------|
| 1 | Mcclafferty, Christine | 50 | Oregon Masters-37 | 2:18.96 |
| | | | | 30.60 1:06.27 1:41.84 2:18.96 |
| --- | Badran, Lianna | 50 | Lake Washington-36 | NS |

Women 50-54 100 Yard IM

| | | | | |
|-----|------------------------|----|---------------------|---------------|
| 1 | Mcclafferty, Christine | 50 | Oregon Masters-37 | 1:05.28 |
| | | | | 29.42 1:05.28 |
| 2 | Baralt, Anamaria | 53 | UC36 | 1:13.31 |
| | | | | 34.26 1:13.31 |
| 3 | Kim, Nellis | 53 | Blue Wave Aquati-36 | 1:22.72 |
| | | | | 38.68 1:22.72 |
| 4 | Thompson, Kelly | 54 | Bainbridge Aquat-36 | 1:40.32 |
| | | | | 49.10 1:40.32 |
| --- | Polidori, Wendy | 54 | Snohomish Aquati-3 | NS |
| --- | Tuche, Megan | 53 | Blue Wave Aquati-36 | NS |

Women 50-54 200 Yard IM

| | | | | |
|---|------------------------|----|-------------------|-------------------------------|
| 1 | Mcclafferty, Christine | 50 | Oregon Masters-37 | 2:23.29 |
| | | | | 30.58 1:08.30 1:50.55 2:23.29 |

Women 50-54 400 Yard IM

| | | | | |
|---|-------------|----|---------------------|---------------------------------|
| 1 | Kim, Nellis | 53 | Blue Wave Aquati-36 | 6:30.64 |
| | | | | 44.05 1:37.12 2:28.10 3:18.78 |
| | | | | 4:11.33 5:05.65 5:49.68 6:30.64 |

Women 55-59 50 Yard Freestyle

| | | | | |
|---|-------------------|----|---------------------|-------|
| 1 | Armstrong, Mary | 56 | Snohomish Aquati-3 | 27.02 |
| 2 | Stenfjord, Tani | 58 | North End Otters-36 | 27.36 |
| 3 | Marsh-Limm, Margo | 56 | Snohomish Aquati-3 | 30.86 |
| 4 | Fuglvog, Jennell | 57 | UC36 | 31.52 |
| 5 | Batdorf, Casandra | 56 | Bernardo's All S-36 | 57.78 |

Women 55-59 100 Yard Freestyle

| | | | | |
|-----|-------------------|----|---------------------|-----------------|
| 1 | Rabiah, Susie | 57 | Oregon Masters-37 | 59.43 |
| | | | | 28.79 59.43 |
| 2 | Huntamer, Nancy | 59 | Cascade Masters-36 | 1:28.40 |
| | | | | 42.82 1:28.40 |
| 3 | Batdorf, Casandra | 56 | Bernardo's All S-36 | 2:13.90 |
| | | | | 1:03.10 2:13.90 |
| --- | Fuglvog, Jennell | 57 | UC36 | NS |

Women 55-59 200 Yard Freestyle

| | | | | |
|---|-------------------|----|---------------------|---------------------------------|
| 1 | Rabiah, Susie | 57 | Oregon Masters-37 | 2:11.75 |
| | | | | 30.84 1:04.07 1:37.95 2:11.75 |
| 2 | Stenfjord, Tani | 58 | North End Otters-36 | 2:13.82 |
| | | | | 31.35 1:05.76 1:40.38 2:13.82 |
| 3 | Waite, Jocelyn | 55 | Bainbridge Aquat-36 | 3:12.39 |
| | | | | 45.55 1:35.36 2:25.29 3:12.39 |
| 4 | Batdorf, Casandra | 56 | Bernardo's All S-36 | 5:04.42 |
| | | | | 1:03.67 2:21.68 3:45.34 5:04.42 |

Women 55-59 500 Yard Freestyle

| | | | | |
|---|-----------------|----|--------------------|---------------------------------|
| 1 | Huntamer, Nancy | 59 | Cascade Masters-36 | 8:17.39 |
| | | | | 46.46 1:36.02 2:26.63 3:17.50 |
| | | | | 4:07.82 4:58.25 5:48.68 6:38.82 |
| | | | | 7:29.03 8:17.39 |

Women 55-59 50 Yard Backstroke

| | | | | |
|---|-------------------|----|---------------------|---------|
| 1 | Rabiah, Susie | 57 | Oregon Masters-37 | 32.03 |
| 2 | Batdorf, Casandra | 56 | Bernardo's All S-36 | 1:17.84 |

Women 55-59 100 Yard Backstroke

| | | | | |
|---|-------------------|----|---------------------|---------------|
| 1 | Stenfjord, Tani | 58 | North End Otters-36 | 1:09.88 |
| | | | | 34.60 1:09.88 |
| 2 | Marsh-Limm, Margo | 56 | Snohomish Aquati-3 | 1:21.09 |
| | | | | 39.04 1:21.09 |

Women 55-59 200 Yard Backstroke

| | | | | |
|---|-----------------|----|---------------------|-------------------------------|
| 1 | Rabiah, Susie | 57 | Oregon Masters-37 | 2:26.93 |
| | | | | 34.68 1:11.69 1:49.48 2:26.93 |
| 2 | Stenfjord, Tani | 58 | North End Otters-36 | 2:29.84 |
| | | | | 35.66 1:13.30 1:51.82 2:29.84 |

Women 55-59 50 Yard Breaststroke

| | | | | |
|-----|-------------------|----|---------------------|----------------|
| --- | Batdorf, Casandra | 56 | Bernardo's All S-36 | DQ |
| | | | | One hand touch |

2024 PNA Championship - 4/13/2024 to 4/14/2024

2024 PNA Championship
Hosted by Blue Wave Aquatics

Results

| | | | | | | |
|--|-----------------------|------------------------|----------|---------------|-----------------------|---------|
| Women 55-59 100 Yard Breaststroke | | | | 2 Ewalt, Anne | 61 Cascade Masters-36 | 1:46.47 |
| --- | Waite, Jocelyn | 55 Bainbridge Aquat-36 | DQ | 51.65 | 1:46.47 | |
| Head under for 2 or more strokes | | | | | | |
| | 47.39 | DQ | | | | |
| Women 55-59 50 Yard Butterfly | | | | | | |
| 1 | Armstrong, Mary | 56 Snohomish Aquati-3 | 30.08 | | | |
| Women 55-59 100 Yard IM | | | | | | |
| 1 | Armstrong, Mary | 56 Snohomish Aquati-3 | 1:09.32 | | | |
| | 32.13 | 1:09.32 | | | | |
| 2 | Stenfjord, Tani | 58 North End Otters-36 | 1:09.76 | | | |
| | 31.71 | 1:09.76 | | | | |
| 3 | Rabiah, Susie | 57 Oregon Masters-37 | 1:10.36 | | | |
| | 32.39 | 1:10.36 | | | | |
| 4 | Waite, Jocelyn | 55 Bainbridge Aquat-36 | 1:39.21 | | | |
| | 49.04 | 1:39.21 | | | | |
| Women 55-59 200 Yard IM | | | | | | |
| 1 | Rabiah, Susie | 57 Oregon Masters-37 | 2:31.20 | | | |
| | 34.34 | 1:11.66 | 1:57.71 | 2:31.20 | | |
| Women 60-64 50 Yard Freestyle | | | | | | |
| 1 | Underbrink, Mary | 64 Lake Washington-36 | 36.76 | | | |
| Women 60-64 200 Yard Freestyle | | | | | | |
| 1 | Hoffman, Wendy | 61 Mercer Island Co-36 | 2:40.15 | | | |
| | 36.41 | 1:16.48 | 1:58.23 | 2:40.15 | | |
| 2 | Underbrink, Mary | 64 Lake Washington-36 | 3:13.71 | | | |
| | 42.74 | 1:32.55 | 2:23.70 | 3:13.71 | | |
| 3 | Ewalt, Anne | 61 Cascade Masters-36 | 3:20.29 | | | |
| | 42.77 | 1:33.03 | 2:27.29 | 3:20.29 | | |
| Women 60-64 500 Yard Freestyle | | | | | | |
| 1 | Ghilarducci, Emily | 61 Bernardo's All S-36 | 7:33.30 | | | |
| | 39.97 | 1:25.82 | 2:12.66 | 2:58.99 | | |
| | 3:45.14 | 4:31.74 | 5:18.63 | 6:05.59 | | |
| | 6:51.07 | 7:33.30 | | | | |
| Women 60-64 1000 Yard Freestyle | | | | | | |
| --- | Ghilarducci, Emily | 61 Bernardo's All S-36 | SCR | | | |
| Women 60-64 1650 Yard Freestyle | | | | | | |
| 1 | Hoffman, Wendy | 61 Mercer Island Co-36 | 23:05.67 | | | |
| | 37.19 | 1:17.18 | 1:58.74 | 2:40.75 | | |
| | 3:22.60 | 4:04.36 | 4:46.06 | 5:28.77 | | |
| | 6:11.12 | 6:53.84 | 7:35.82 | 8:18.44 | | |
| | 9:01.22 | 9:43.61 | 10:26.11 | 11:08.16 | | |
| | 11:50.25 | 12:32.58 | 13:14.73 | 13:57.32 | | |
| | 14:39.38 | 15:21.73 | 16:04.64 | 16:47.07 | | |
| | 17:29.28 | 18:12.01 | 18:54.57 | 19:36.68 | | |
| | 20:18.93 | 21:00.66 | 21:42.77 | 22:24.96 | 23:05.67 | |
| Women 60-64 200 Yard Backstroke | | | | | | |
| 1 | Hoffman, Wendy | 61 Mercer Island Co-36 | 2:59.74 | | | |
| | 42.89 | 1:27.53 | 2:14.03 | 2:59.74 | | |
| Women 60-64 100 Yard Breaststroke | | | | | | |
| 1 | Ghilarducci, Emily | 61 Bernardo's All S-36 | 1:31.25 | | | |
| | 43.78 | 1:31.25 | | | | |
| Women 60-64 200 Yard Breaststroke | | | | | | |
| 1 | Hoffman, Wendy | 61 Mercer Island Co-36 | 3:13.05 | | | |
| | 45.14 | 1:33.77 | 2:23.81 | 3:13.05 | | |
| 2 | Ghilarducci, Emily | 61 Bernardo's All S-36 | 3:15.90 | | | |
| | 45.63 | 1:35.27 | 2:26.21 | 3:15.90 | | |
| Women 60-64 200 Yard Butterfly | | | | | | |
| 1 | Hoffman, Wendy | 61 Mercer Island Co-36 | 3:14.32 | | | |
| | 41.76 | 1:32.80 | 2:23.15 | 3:14.32 | | |
| Women 60-64 100 Yard IM | | | | | | |
| 1 | Underbrink, Mary | 64 Lake Washington-36 | 1:44.86 | | | |
| | 50.74 | 1:44.86 | | | | |
| Women 60-64 400 Yard IM | | | | | | |
| 1 | Hoffman, Wendy | 61 Mercer Island Co-36 | 6:14.59 | | | |
| | 41.97 | 1:32.02 | 2:19.59 | 3:07.22 | | |
| | 3:58.61 | 4:49.90 | 5:33.25 | 6:14.59 | | |
| Women 65-69 50 Yard Freestyle | | | | | | |
| 1 | Adkins-Narte, Heather | 69 Bainbridge Aquat-36 | 1:06.54 | | | |
| Women 65-69 500 Yard Freestyle | | | | | | |
| 1 | Belt, Barbara | 68 Bainbridge Aquat-36 | 7:56.60 | | | |
| | 42.93 | 1:29.41 | 2:17.68 | 3:06.09 | | |
| | 3:54.95 | 4:43.69 | 5:32.68 | 6:21.55 | | |
| | 7:10.02 | 7:56.60 | | | | |
| Women 65-69 1650 Yard Freestyle | | | | | | |
| 1 | Belt, Barbara | 68 Bainbridge Aquat-36 | 27:57.02 | | | |
| | 44.36 | 1:32.66 | 2:24.93 | 3:15.30 | | |
| | 4:06.69 | 4:58.34 | 5:48.94 | 6:41.01 | | |
| | 7:31.86 | 8:22.89 | 9:14.49 | 10:05.35 | | |
| | 10:56.07 | 11:46.32 | 12:38.28 | 13:29.22 | | |
| | 14:20.03 | 15:11.22 | 16:02.53 | 16:53.99 | | |
| | 17:45.04 | 18:37.20 | 19:28.65 | 20:19.86 | | |
| | 21:10.98 | 22:02.57 | 22:53.80 | 23:44.97 | | |
| | 24:36.01 | 25:26.70 | 26:17.49 | 27:08.13 | 27:57.02 | |
| 2 | Muir, Guila | 69 Puget Sound Mast-36 | 33:57.35 | | | |
| | 53.13 | 1:51.63 | 2:53.73 | 3:55.01 | | |
| | 4:56.68 | 5:57.58 | 6:59.52 | 8:01.48 | | |
| | 9:03.84 | 10:05.49 | 11:07.12 | 12:09.77 | | |
| | 13:11.01 | 14:12.80 | 15:15.57 | 16:17.56 | | |
| | 17:19.22 | 18:21.73 | 19:23.80 | 20:26.77 | | |
| | 21:29.37 | 22:31.44 | 23:33.95 | 24:35.93 | | |
| | 25:38.52 | 26:41.23 | 27:44.12 | 28:46.53 | | |
| | 29:48.97 | 30:51.19 | 31:53.73 | 32:56.45 | 33:57.35 | |
| Women 65-69 100 Yard Backstroke | | | | | | |
| 1 | Adkins-Narte, Heather | 69 Bainbridge Aquat-36 | 2:25.87 | | | |
| | 1:10.78 | 2:25.87 | | | | |
| Women 65-69 50 Yard Breaststroke | | | | | | |
| --- | Chapman, Linda | 68 Lake Washington-36 | NS | | | |
| Women 65-69 100 Yard Breaststroke | | | | | | |
| 1 | Chapman, Linda | 68 Lake Washington-36 | 1:26.13 | | | |
| | 40.80 | 1:26.13 | | | | |

2024 PNA Championship - 4/13/2024 to 4/14/2024

2024 PNA Championship
Hosted by Blue Wave Aquatics
Results

(Women 65-69 100 Yard Breaststroke)

| | | |
|-------------------------|------------------------|---------|
| 2 Adkins-Narte, Heather | 69 Bainbridge Aquat-36 | 2:42.06 |
| 1:14.04 | 2:42.06 | |

Women 65-69 200 Yard Breaststroke

| | | |
|--------------------|-----------------------|----|
| --- Chapman, Linda | 68 Lake Washington-36 | NS |
|--------------------|-----------------------|----|

Women 65-69 100 Yard IM

| | | |
|------------------|-----------------------|---------|
| 1 Chapman, Linda | 68 Lake Washington-36 | 1:23.73 |
| 39.88 | 1:23.73 | |

Women 65-69 200 Yard IM

| | | |
|-----------------|------------------------|-----------------|
| 1 Belt, Barbara | 68 Bainbridge Aquat-36 | 3:36.60 |
| 54.87 | 1:46.69 | 2:48.95 3:36.60 |

Women 70-74 50 Yard Freestyle

| | | |
|------------------|------------------------|---------|
| 1 Hinds, Cynthia | 70 Bernardo's All S-36 | 1:07.94 |
|------------------|------------------------|---------|

Women 70-74 100 Yard Freestyle

| | | |
|-------------------|------------------------|---------|
| 1 McDaniel, Kathy | 72 Team Walker Inte-36 | 1:30.26 |
| 43.51 | 1:30.26 | |

Women 70-74 1650 Yard Freestyle

| | | |
|-------------------|----------------------|----------------------------|
| 1 Summers, Jeanna | 70 Oregon Masters-37 | 25:40.26 |
| 42.97 | 1:29.37 | 2:16.61 3:03.35 |
| 3:49.81 | 4:36.90 | 5:23.76 6:11.12 |
| 6:58.21 | 7:45.40 | 8:32.45 9:19.55 |
| 10:06.62 | 10:53.63 | 11:40.54 12:27.44 |
| 13:14.07 | 14:01.37 | 14:48.77 15:35.32 |
| 16:23.44 | 17:10.02 | 17:56.94 18:43.49 |
| 19:30.24 | 20:16.66 | 21:03.18 21:49.83 |
| 22:36.60 | 23:22.74 | 24:08.80 24:54.95 25:40.26 |

Women 70-74 50 Yard Backstroke

| | | |
|-------------------|------------------------|-------|
| 1 McDaniel, Kathy | 72 Team Walker Inte-36 | 48.75 |
|-------------------|------------------------|-------|

Women 70-74 50 Yard Breaststroke

| | | |
|------------------|------------------------|---------|
| 1 Hinds, Cynthia | 70 Bernardo's All S-36 | 1:19.04 |
|------------------|------------------------|---------|

Women 75-79 50 Yard Freestyle

| | | |
|------------------|------------------------|---------|
| 1 Williams, Judy | 76 Blue Wave Aquati-36 | 42.78 |
| 2 Ryan, Sally | 77 Bernardo's All S-36 | 1:06.06 |

Women 75-79 100 Yard Freestyle

| | | |
|------------------|------------------------|---------|
| 1 Williams, Judy | 76 Blue Wave Aquati-36 | 1:37.57 |
| 46.76 | 1:37.57 | |

Women 75-79 200 Yard Freestyle

| | | |
|----------------|------------------------|-----------------|
| 1 Hunt, Andrea | 76 Bainbridge Aquat-36 | 3:17.28 |
| 47.06 | 1:37.18 | 2:28.31 3:17.28 |

Women 75-79 500 Yard Freestyle

| | | |
|------------------|------------------------|-----------------|
| 1 Hunt, Andrea | 76 Bainbridge Aquat-36 | 8:45.65 |
| 49.27 | 1:40.94 | 2:33.79 3:27.93 |
| 4:21.56 | 5:15.34 | 6:08.97 7:02.15 |
| 7:54.94 | 8:45.65 | |
| 2 Williams, Judy | 76 Blue Wave Aquati-36 | 9:29.82 |
| 47.96 | 1:44.19 | 2:42.77 3:41.99 |
| 4:39.95 | 5:38.18 | 6:36.77 7:35.74 |
| 8:34.77 | 9:29.82 | |

Women 75-79 1000 Yard Freestyle

| | | |
|----------------|------------------------|-------------------|
| 1 Hunt, Andrea | 76 Bainbridge Aquat-36 | 17:28.44 |
| 49.27 | 1:40.24 | 2:33.51 3:26.91 |
| 4:20.65 | 5:14.26 | 6:08.06 7:02.25 |
| 7:55.24 | 8:48.35 | 9:41.40 10:34.35 |
| 11:26.65 | 12:19.02 | 13:11.49 14:04.28 |
| 14:55.94 | 15:47.22 | 16:38.24 17:28.44 |

Women 75-79 1650 Yard Freestyle

| | | |
|----------------|------------------------|----------------------------|
| 1 Hunt, Andrea | 76 Bainbridge Aquat-36 | 28:56.64 |
| 50.20 | 1:42.60 | 2:35.56 3:28.05 |
| 4:21.05 | 5:14.49 | 6:08.21 7:00.51 |
| 7:53.24 | 8:46.10 | 9:38.78 10:31.72 |
| 11:24.32 | 12:16.99 | 13:09.80 14:02.06 |
| 14:54.73 | 15:47.42 | 16:39.84 17:33.20 |
| 18:26.22 | 19:19.03 | 20:12.22 21:04.87 |
| 21:58.03 | 22:50.88 | 23:43.65 24:36.83 |
| 25:28.96 | 26:21.50 | 27:14.22 28:06.47 28:56.64 |

Women 75-79 100 Yard Backstroke

| | | |
|------------------|------------------------|---------|
| 1 Hunt, Andrea | 76 Bainbridge Aquat-36 | 1:42.29 |
| 50.72 | 1:42.29 | |
| 2 Welch, Sarah | 77 Orca Swim Team-36 | 1:48.70 |
| 53.21 | 1:48.70 | |
| --- Meyers, Kate | 75 Bainbridge Aquat-36 | SCR |

Women 75-79 200 Yard Backstroke

| | | |
|----------------|------------------------|-----------------|
| 1 Hunt, Andrea | 76 Bainbridge Aquat-36 | 3:31.97 |
| 52.14 | 1:45.93 | 2:39.63 3:31.97 |
| 2 Welch, Sarah | 77 Orca Swim Team-36 | 3:53.58 |
| 55.92 | 1:54.78 | 2:55.42 3:53.58 |

Women 75-79 50 Yard Breaststroke

| | | |
|-------------------|------------------------|---------|
| 1 Gettling, Janet | 75 Oregon Masters-37 | 43.39 |
| 2 Ryan, Sally | 77 Bernardo's All S-36 | 1:10.24 |

Women 75-79 100 Yard Breaststroke

| | | |
|-------------------|------------------------|---------|
| 1 Gettling, Janet | 75 Oregon Masters-37 | 1:39.50 |
| 46.66 | 1:39.50 | |
| --- Meyers, Kate | 75 Bainbridge Aquat-36 | SCR |

Women 75-79 200 Yard Breaststroke

| | | |
|-------------------|----------------------|-----------------|
| 1 Gettling, Janet | 75 Oregon Masters-37 | 3:43.70 |
| 51.51 | 1:48.78 | 2:46.68 3:43.70 |

Women 75-79 50 Yard Butterfly

| | | |
|-------------------|----------------------|-------|
| 1 Gettling, Janet | 75 Oregon Masters-37 | 42.68 |
| 2 Welch, Sarah | 77 Orca Swim Team-36 | 48.32 |

Women 75-79 100 Yard IM

| | | |
|-------------------|------------------------|---------|
| 1 Gettling, Janet | 75 Oregon Masters-37 | 1:32.20 |
| 43.94 | 1:32.20 | |
| 2 Welch, Sarah | 77 Orca Swim Team-36 | 1:51.55 |
| 51.85 | 1:51.55 | |
| 3 Williams, Judy | 76 Blue Wave Aquati-36 | 2:00.71 |
| 58.76 | 2:00.71 | |
| --- Meyers, Kate | 75 Bainbridge Aquat-36 | SCR |

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2024 PNA Championship
Hosted by Blue Wave Aquatics

Results

Women 75-79 200 Yard IM

| | | | | |
|---|-----------------|---------|-------------------|---------|
| 1 | Gettling, Janet | 75 | Oregon Masters-37 | 3:25.70 |
| | 48.76 | 1:42.53 | 2:39.73 | 3:25.70 |

Women 80-84 50 Yard Freestyle

| | | | | |
|---|-----------|----|-------------------|-------|
| 1 | Ward, Joy | 81 | Oregon Masters-37 | 38.30 |
|---|-----------|----|-------------------|-------|

Women 80-84 100 Yard Freestyle

| | | | | |
|---|-----------|---------|-------------------|---------|
| 1 | Ward, Joy | 81 | Oregon Masters-37 | 1:28.58 |
| | 41.31 | 1:28.58 | | |

Women 80-84 50 Yard Backstroke

| | | | | |
|---|-----------|----|-------------------|-------|
| 1 | Ward, Joy | 81 | Oregon Masters-37 | 42.62 |
|---|-----------|----|-------------------|-------|

Women 80-84 100 Yard Backstroke

| | | | | |
|---|-----------|---------|-------------------|---------|
| 1 | Ward, Joy | 81 | Oregon Masters-37 | 1:36.49 |
| | 47.73 | 1:36.49 | | |

Women 80-84 50 Yard Butterfly

| | | | | |
|---|-----------|----|-------------------|-------|
| 1 | Ward, Joy | 81 | Oregon Masters-37 | 49.62 |
|---|-----------|----|-------------------|-------|

Women 80-84 100 Yard IM

| | | | | |
|---|-----------|---------|-------------------|---------|
| 1 | Ward, Joy | 81 | Oregon Masters-37 | 1:39.65 |
| | 44.86 | 1:39.65 | | |

Men 18-24 50 Yard Freestyle

| | | | | |
|----|-------------------|----|---------------------|-------|
| *1 | Hecksel, Phillip | 24 | Blue Wave Aquati-36 | 22.85 |
| *1 | Meneses, Andrew | 24 | Snohomish Aquati-3 | 22.85 |
| 3 | Cutter, Charlie | 24 | Blue Wave Aquati-36 | 23.56 |
| 4 | Smit, Aidan | 23 | Lake Washington-36 | 23.59 |
| 5 | Arnold, Joshua | 24 | Bernardo's All S-36 | 23.77 |
| 6 | Gibbs, Mason | 18 | UC36 | 23.97 |
| 7 | Quinn, Conor | 23 | UC36 | 25.53 |
| 8 | Allen, Finian | 18 | Western Washing-3 | 26.44 |
| 9 | Grueber, Zachary | 18 | Western Washing-3 | 27.33 |
| 10 | Miharilaza, Larry | 21 | Husky Masters-36 | 34.69 |

Men 18-24 100 Yard Freestyle

| | | | | |
|---|--------------------|-------|---------------------|-------|
| 1 | Chaussabel, Adrien | 24 | Husky Masters-36 | 50.95 |
| | 24.82 | 50.95 | | |
| 2 | Meneses, Andrew | 24 | Snohomish Aquati-3 | 51.11 |
| | 23.75 | 51.11 | | |
| 3 | Arnold, Joshua | 24 | Bernardo's All S-36 | 52.63 |
| | 24.83 | 52.63 | | |
| 4 | Allen, Finian | 18 | Western Washing-3 | 59.60 |
| | 27.96 | 59.60 | | |

Men 18-24 200 Yard Freestyle

| | | | | |
|---|--------------------|---------|---------------------|---------|
| 1 | Chaussabel, Adrien | 24 | Husky Masters-36 | 1:55.01 |
| | 25.55 | 53.91 | 1:23.83 | 1:55.01 |
| 2 | Hecksel, Phillip | 24 | Blue Wave Aquati-36 | 1:58.70 |
| | 27.17 | 57.36 | 1:27.71 | 1:58.70 |
| 3 | Smit, Aidan | 23 | Lake Washington-36 | 1:59.44 |
| | 26.74 | 55.97 | 1:27.08 | 1:59.44 |
| 4 | Allen, Finian | 18 | Western Washing-3 | 2:17.00 |
| | 31.05 | 1:05.77 | 1:42.08 | 2:17.00 |

Men 18-24 500 Yard Freestyle

| | | | | |
|---|------------|---------|---------|---------|
| 1 | Klem, Ryan | 20 | UC36 | 5:59.97 |
| | 32.29 | 1:08.51 | 1:44.94 | 2:21.99 |
| | 2:58.77 | 3:35.71 | 4:12.87 | 4:49.86 |
| | 5:25.99 | 5:59.97 | | |

Men 18-24 1650 Yard Freestyle

| | | | | |
|---|--------------------|----------|------------------|----------|
| 1 | Chaussabel, Adrien | 24 | Husky Masters-36 | 20:20.95 |
| | 31.21 | 1:06.43 | 1:43.18 | 2:20.62 |
| | 2:59.06 | 3:36.82 | 4:15.08 | 4:53.16 |
| | 5:30.72 | 6:08.47 | 6:46.04 | 7:23.59 |
| | 8:01.30 | 8:39.29 | 9:16.54 | 9:54.01 |
| | 10:31.29 | 11:08.47 | 11:45.31 | 12:22.27 |
| | 12:59.22 | 13:36.30 | 14:13.12 | 14:49.99 |
| | 15:27.62 | 16:04.39 | 16:42.15 | 17:19.87 |
| | 17:56.93 | 18:34.16 | 19:11.44 | 19:47.95 |
| | | | | 20:20.95 |

Men 18-24 50 Yard Backstroke

| | | | | |
|---|---------------------|----|---------------------|-------|
| 1 | Casey-Minnick, Liam | 23 | Blue Wave Aquati-36 | 26.66 |
| 2 | Ko, Tyler | 19 | Western Washing-3 | 26.77 |
| 3 | Klem, Ryan | 20 | UC36 | 30.53 |
| 4 | Allen, Finian | 18 | Western Washing-3 | 31.13 |

Men 18-24 100 Yard Backstroke

| | | | | |
|---|---------------|---------|-------------------|---------|
| 1 | Ko, Tyler | 19 | Western Washing-3 | 56.42 |
| | 26.72 | 56.42 | | |
| 2 | Allen, Finian | 18 | Western Washing-3 | 1:10.66 |
| | 33.78 | 1:10.66 | | |

Men 18-24 200 Yard Backstroke

| | | | | |
|---|------------|---------|-------------------|---------|
| 1 | Ko, Tyler | 19 | Western Washing-3 | 2:05.63 |
| | 28.27 | 59.38 | 1:31.98 | 2:05.63 |
| 2 | Klem, Ryan | 20 | UC36 | 2:24.04 |
| | 33.62 | 1:09.58 | 1:46.81 | 2:24.04 |

Men 18-24 50 Yard Breaststroke

| | | | | |
|---|---------------------|----|---------------------|-------|
| 1 | Casey-Minnick, Liam | 23 | Blue Wave Aquati-36 | 29.01 |
| 2 | Arnold, Joshua | 24 | Bernardo's All S-36 | 30.83 |
| 3 | Ko, Tyler | 19 | Western Washing-3 | 31.34 |
| 4 | Klem, Ryan | 20 | UC36 | 33.29 |
| 5 | Grueber, Zachary | 18 | Western Washing-3 | 34.68 |
| 6 | Miharilaza, Larry | 21 | Husky Masters-36 | 40.19 |

Men 18-24 100 Yard Breaststroke

| | | | | |
|-----|--------------------|---------|------------------|---------|
| 1 | Chaussabel, Adrien | 24 | Husky Masters-36 | 1:06.13 |
| | 31.27 | 1:06.13 | | |
| 2 | Gibbs, Mason | 18 | UC36 | 1:06.55 |
| | 31.17 | 1:06.55 | | |
| --- | Miharilaza, Larry | 21 | Husky Masters-36 | DQ |
| | One hand touch | | | |
| | 41.87 | DQ | | |

Men 18-24 200 Yard Breaststroke

| | | | | |
|---|--------------------|---------|------------------|---------|
| 1 | Chaussabel, Adrien | 24 | Husky Masters-36 | 2:28.31 |
| | 33.68 | 1:11.45 | 1:49.74 | 2:28.31 |

Men 18-24 50 Yard Butterfly

| | | | | |
|---|---------------------|----|---------------------|-------|
| 1 | Casey-Minnick, Liam | 23 | Blue Wave Aquati-36 | 24.33 |
| 2 | Cutter, Charlie | 24 | Blue Wave Aquati-36 | 25.60 |

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****(Men 18-24 50 Yard Butterfly)**

| | | | | |
|---|------------------|----|---------------------|-------|
| 3 | Arnold, Joshua | 24 | Bernardo's All S-36 | 25.81 |
| 4 | Gibbs, Mason | 18 | UC36 | 26.25 |
| 5 | Quinn, Conor | 23 | UC36 | 29.42 |
| 6 | Klem, Ryan | 20 | UC36 | 29.82 |
| 7 | Grueber, Zachary | 18 | Western Washingt-3 | 30.27 |

Men 18-24 100 Yard Butterfly

| | | | | |
|---|----------------|----|---------------------|-------|
| 1 | Arnold, Joshua | 24 | Bernardo's All S-36 | 57.62 |
| | 26.00 | | 57.62 | |

Men 18-24 100 Yard IM

| | | | | |
|---|---------------------|----|---------------------|---------|
| 1 | Casey-Minnick, Liam | 23 | Blue Wave Aquati-36 | 56.91 |
| | 25.49 | | 56.91 | |
| 2 | Arnold, Joshua | 24 | Bernardo's All S-36 | 59.26 |
| | 26.32 | | 59.26 | |
| 3 | Chaussabel, Adrien | 24 | Husky Masters-36 | 59.53 |
| | 28.23 | | 59.53 | |
| 4 | Gibbs, Mason | 18 | UC36 | 1:00.80 |
| | 28.05 | | 1:00.80 | |
| 5 | Cutter, Charlie | 24 | Blue Wave Aquati-36 | 1:01.79 |
| | 27.30 | | 1:01.79 | |
| 6 | Smit, Aidan | 23 | Lake Washington-36 | 1:03.65 |
| | 28.48 | | 1:03.65 | |
| 7 | Klem, Ryan | 20 | UC36 | 1:04.28 |
| | 29.85 | | 1:04.28 | |
| 8 | Grueber, Zachary | 18 | Western Washingt-3 | 1:11.39 |
| | 32.14 | | 1:11.39 | |

Men 25-29 50 Yard Freestyle

| | | | | |
|-----|-----------------------|----|---------------------|-------|
| 1 | Slanschek, Marvin | 25 | UC36 | 21.16 |
| 2 | Chang, Daniel | 26 | Orca Swim Team-36 | 21.21 |
| 3 | Repeta, Alex | 25 | Lake Washington-36 | 21.67 |
| 4 | Pallasigui, Ian Jayne | 28 | Bernardo's All S-36 | 22.61 |
| 5 | Lam, Eddie | 27 | Orca Swim Team-36 | 25.38 |
| 6 | Strazzabosco, Domenic | 26 | Orca Swim Team-36 | 26.02 |
| 7 | Long, William | 25 | Orca Swim Team-36 | 26.29 |
| 8 | Couch, Brandon | 28 | Bernardo's All S-36 | 27.26 |
| --- | Edwards, Evan | 26 | Oregon Masters-37 | NS |

Men 25-29 100 Yard Freestyle

| | | | | |
|-----|-----------------------|----|---------------------|-------|
| 1 | Slanschek, Marvin | 25 | UC36 | 46.90 |
| | 22.49 | | 46.90 | |
| 2 | Repeta, Alex | 25 | Lake Washington-36 | 48.07 |
| | 23.00 | | 48.07 | |
| 3 | Woodbury, Brian | 27 | Lake Washington-36 | 48.45 |
| | 23.05 | | 48.45 | |
| 4 | Pallasigui, Ian Jayne | 28 | Bernardo's All S-36 | 49.88 |
| | 24.32 | | 49.88 | |
| 5 | Felix, Francisco | 25 | Husky Masters-36 | 51.37 |
| | 25.56 | | 51.37 | |
| 6 | Couch, Brandon | 28 | Bernardo's All S-36 | 58.42 |
| | 27.73 | | 58.42 | |
| --- | Edwards, Evan | 26 | Oregon Masters-37 | NS |

Men 25-29 200 Yard Freestyle

| | | | | | |
|-----|-----------------------|----|---------------------|---------|---------|
| 1 | Repeta, Alex | 25 | Lake Washington-36 | 1:48.41 | |
| | 24.24 | | 51.46 | 1:19.80 | 1:48.41 |
| 2 | Felix, Francisco | 25 | Husky Masters-36 | 1:53.79 | |
| | 27.62 | | 56.66 | 1:25.58 | 1:53.79 |
| 3 | Wintermute, Logan | 27 | Snoco YMCA Barra-3 | 2:07.54 | |
| | 28.03 | | 1:00.06 | 1:33.74 | 2:07.54 |
| 4 | Strazzabosco, Domenic | 26 | Orca Swim Team-36 | 2:07.72 | |
| | 28.87 | | 1:01.09 | 1:34.42 | 2:07.72 |
| 5 | Long, William | 25 | Orca Swim Team-36 | 2:15.19 | |
| | 30.36 | | 1:05.50 | 1:41.58 | 2:15.19 |
| 6 | Rittenhouse, Jackson | 26 | Bernardo's All S-36 | 2:33.19 | |
| | 35.64 | | 1:14.35 | 1:54.42 | 2:33.19 |
| --- | Edwards, Evan | 26 | Oregon Masters-37 | NS | |

Men 25-29 500 Yard Freestyle

| | | | | | |
|---|------------------|----|--------------------|---------|---------|
| 1 | Woodbury, Brian | 27 | Lake Washington-36 | 4:59.91 | |
| | 26.46 | | 56.06 | 1:26.48 | 1:57.28 |
| | 2:28.06 | | 2:58.60 | 3:29.35 | 3:59.76 |
| | 4:30.48 | | 4:59.91 | | |
| 2 | Hutchison, Tom | 28 | Bellevue Club-36 | 5:05.21 | |
| | 27.17 | | 57.75 | 1:28.51 | 1:59.49 |
| | 2:30.68 | | 3:01.69 | 3:32.95 | 4:04.39 |
| | 4:35.35 | | 5:05.21 | | |
| 3 | Felix, Francisco | 25 | Husky Masters-36 | 5:08.08 | |
| | 28.84 | | 59.88 | 1:31.29 | 2:02.69 |
| | 2:34.18 | | 3:05.43 | 3:36.75 | 4:08.22 |
| | 4:38.66 | | 5:08.08 | | |
| 4 | Edwards, Evan | 26 | Oregon Masters-37 | 5:09.89 | |
| | 28.94 | | 59.92 | 1:31.51 | 2:03.49 |
| | 2:35.06 | | 3:06.02 | 3:37.48 | 4:09.07 |
| | 4:40.12 | | 5:09.89 | | |

Men 25-29 1000 Yard Freestyle

| | | | | | |
|-----|----------------------|----|---------------------|----------|----------|
| 1 | Woodbury, Brian | 27 | Lake Washington-36 | 10:27.21 | |
| | 26.97 | | 57.08 | 1:27.67 | 1:58.55 |
| | 2:29.40 | | 3:00.61 | 3:32.18 | 4:03.88 |
| | 4:35.67 | | 5:07.42 | 5:39.23 | 6:10.99 |
| | 6:43.15 | | 7:15.40 | 7:47.43 | 8:19.73 |
| | 8:52.10 | | 9:24.36 | 9:56.35 | 10:27.21 |
| 2 | Felix, Francisco | 25 | Husky Masters-36 | 10:52.16 | |
| | 29.26 | | 1:01.20 | 1:34.03 | 2:06.95 |
| | 2:40.42 | | 3:13.21 | 3:46.44 | 4:19.42 |
| | 4:52.43 | | 5:25.55 | 5:59.35 | 6:32.65 |
| | 7:05.73 | | 7:38.51 | 8:11.17 | 8:43.82 |
| | 9:16.53 | | 9:49.31 | 10:21.43 | 10:52.16 |
| 3 | Rittenhouse, Jackson | 26 | Bernardo's All S-36 | 14:51.97 | |
| | 41.81 | | 1:24.35 | 2:08.67 | 2:53.41 |
| | 3:38.88 | | 4:24.83 | 5:10.65 | 5:56.84 |
| | 6:42.80 | | 7:28.46 | 8:14.05 | 8:59.35 |
| | 9:45.41 | | 10:30.16 | 11:15.66 | 12:00.40 |
| | 12:43.73 | | 13:27.23 | 14:10.25 | 14:51.97 |
| --- | Edwards, Evan | 26 | Oregon Masters-37 | SCR | |

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****Men 25-29 1650 Yard Freestyle**

| | | | | |
|-----|------------------|----------|-------------------|----------|
| 1 | Felix, Francisco | 25 | Husky Masters-36 | 17:59.24 |
| | 29.96 | 1:02.30 | 1:34.97 | 2:07.59 |
| | 2:40.34 | 3:13.04 | 3:45.26 | 4:17.67 |
| | 4:50.17 | 5:22.74 | 5:54.95 | 6:26.99 |
| | 6:59.62 | 7:32.11 | 8:05.14 | 8:38.21 |
| | 9:11.49 | 9:44.64 | 10:18.27 | 10:51.96 |
| | 11:25.31 | 11:58.50 | 12:31.76 | 13:05.49 |
| | 13:38.74 | 14:12.05 | 14:45.32 | 15:18.84 |
| | 15:52.13 | 16:25.13 | 16:57.56 | 17:29.46 |
| --- | Edwards, Evan | 26 | Oregon Masters-37 | SCR |

Men 25-29 50 Yard Backstroke

| | | | | |
|---|-----------------------|----|---------------------|-------|
| 1 | Pallasigui, Ian Jayne | 28 | Bernardo's All S-36 | 29.43 |
|---|-----------------------|----|---------------------|-------|

Men 25-29 100 Yard Backstroke

| | | | | |
|---|----------------|-------|------------------|-------|
| 1 | Hutchison, Tom | 28 | Bellevue Club-36 | 56.58 |
| | 27.47 | 56.58 | | |

Men 25-29 50 Yard Breaststroke

| | | | | |
|---|-------------------|----|--------------------|-------|
| 1 | Slanschek, Marvin | 25 | UC36 | 26.70 |
| 2 | Mehta, Sivan | 29 | Lake Washington-36 | 28.90 |

Men 25-29 100 Yard Breaststroke

| | | | | |
|---|----------------------|---------|---------------------|---------|
| 1 | Woodbury, Brian | 27 | Lake Washington-36 | 1:00.64 |
| | 28.29 | 1:00.64 | | |
| 2 | Hutchison, Tom | 28 | Bellevue Club-36 | 1:04.32 |
| | 29.71 | 1:04.32 | | |
| 3 | Chandler, Christiaan | 25 | Blue Wave Aquati-36 | 1:05.53 |
| | 29.65 | 1:05.53 | | |

Men 25-29 200 Yard Breaststroke

| | | | | |
|---|----------------------|---------|---------------------|---------|
| 1 | Woodbury, Brian | 27 | Lake Washington-36 | 2:16.98 |
| | 30.40 | 1:04.98 | 1:40.51 | 2:16.98 |
| 2 | Rittenhouse, Jackson | 26 | Bernardo's All S-36 | 3:09.31 |
| | 42.86 | 1:32.00 | 2:21.27 | 3:09.31 |

Men 25-29 50 Yard Butterfly

| | | | | |
|---|-----------------------|----|---------------------|-------|
| 1 | Chang, Daniel | 26 | Orca Swim Team-36 | 22.46 |
| 2 | Slanschek, Marvin | 25 | UC36 | 23.38 |
| 3 | Mehta, Sivan | 29 | Lake Washington-36 | 23.74 |
| 4 | Pallasigui, Ian Jayne | 28 | Bernardo's All S-36 | 23.95 |
| 5 | Knox, Quentin | 27 | UC35 | 24.50 |
| 6 | Chandler, Christiaan | 25 | Blue Wave Aquati-36 | 25.90 |
| 7 | Lam, Eddie | 27 | Orca Swim Team-36 | 28.60 |
| 8 | Long, William | 25 | Orca Swim Team-36 | 29.46 |
| 9 | Couch, Brandon | 28 | Bernardo's All S-36 | 30.82 |

Men 25-29 100 Yard Butterfly

| | | | | |
|---|-----------------------|---------|---------------------|---------|
| 1 | Slanschek, Marvin | 25 | UC36 | 52.58 |
| | 24.14 | 52.58 | | |
| 2 | Pallasigui, Ian Jayne | 28 | Bernardo's All S-36 | 53.77 |
| | 25.91 | 53.77 | | |
| 3 | Wintermute, Logan | 27 | Snoco YMCA Barra-36 | 1:06.62 |
| | 29.81 | 1:06.62 | | |
| 4 | Couch, Brandon | 28 | Bernardo's All S-36 | 1:07.08 |
| | 30.88 | 1:07.08 | | |
| 5 | Rittenhouse, Jackson | 26 | Bernardo's All S-36 | 1:21.86 |
| | 37.90 | 1:21.86 | | |

Men 25-29 200 Yard Butterfly

| | | | | |
|---|----------------------|---------|---------------------|---------|
| 1 | Rittenhouse, Jackson | 26 | Bernardo's All S-36 | 3:29.09 |
| | 40.52 | 1:30.27 | 2:27.75 | 3:29.09 |

Men 25-29 100 Yard IM

| | | | | |
|-----|-----------------------|---------|---------------------|---------|
| 1 | Chang, Daniel | 26 | Orca Swim Team-36 | 50.38 |
| | 22.99 | 50.38 | | |
| 2 | Slanschek, Marvin | 25 | UC36 | 52.20 |
| | 23.96 | 52.20 | | |
| 3 | Mehta, Sivan | 29 | Lake Washington-36 | 54.82 |
| | 24.65 | 54.82 | | |
| 4 | Knox, Quentin | 27 | UC35 | 56.65 |
| | 25.90 | 56.65 | | |
| 5 | Pallasigui, Ian Jayne | 28 | Bernardo's All S-36 | 58.91 |
| | 27.01 | 58.91 | | |
| 6 | Felix, Francisco | 25 | Husky Masters-36 | 1:01.62 |
| | 29.59 | 1:01.62 | | |
| 7 | Wintermute, Logan | 27 | Snoco YMCA Barra-36 | 1:06.18 |
| | 30.21 | 1:06.18 | | |
| 8 | Strazzabosco, Domenic | 26 | Orca Swim Team-36 | 1:06.91 |
| | 30.47 | 1:06.91 | | |
| 9 | Lam, Eddie | 27 | Orca Swim Team-36 | 1:07.25 |
| | 31.30 | 1:07.25 | | |
| 10 | Long, William | 25 | Orca Swim Team-36 | 1:13.44 |
| | 32.93 | 1:13.44 | | |
| --- | Chandler, Christiaan | 25 | Blue Wave Aquati-36 | NS |

Men 25-29 200 Yard IM

| | | | | |
|-----|-----------------------|---------|---------------------|---------|
| 1 | Mehta, Sivan | 29 | Lake Washington-36 | 2:02.90 |
| | 25.56 | 55.75 | 1:32.69 | 2:02.90 |
| 2 | Hutchison, Tom | 28 | Bellevue Club-36 | 2:03.55 |
| | 25.94 | 57.91 | 1:34.70 | 2:03.55 |
| 3 | Wintermute, Logan | 27 | Snoco YMCA Barra-36 | 2:26.53 |
| | 28.77 | 1:07.29 | 1:51.19 | 2:26.53 |
| 4 | Rittenhouse, Jackson | 26 | Bernardo's All S-36 | 3:01.19 |
| | 35.56 | 1:29.64 | 2:18.93 | 3:01.19 |
| --- | Strazzabosco, Domenic | 26 | Orca Swim Team-36 | NS |

Men 30-34 50 Yard Freestyle

| | | | | |
|-----|-------------------|----|---------------------|-------|
| 1 | Mesford, Chase | 34 | Oregon Masters-37 | 22.16 |
| 2 | Burt, Alan | 31 | Orca Swim Team-36 | 23.34 |
| 3 | Ni, Jake | 30 | Puget Sound Mast-36 | 23.82 |
| 4 | Burns, Nicholas | 32 | Oregon Masters-37 | 24.44 |
| 5 | Ong, Stephen | 32 | UC22 | 25.25 |
| 6 | Sanchez, Daniel | 31 | Orca Swim Team-36 | 26.74 |
| 7 | Plotnikov, Pavel | 30 | Bernardo's All S-36 | 28.07 |
| 8 | Calley, Paul | 32 | Orca Swim Team-36 | 28.17 |
| 9 | Davis, Brandon | 33 | Orca Swim Team-36 | 29.17 |
| --- | Gallardo, Donatto | 33 | Blue Wave Aquati-36 | NS |

Men 30-34 100 Yard Freestyle

| | | | | |
|---|------------------|---------|---------------------|---------|
| 1 | Mesford, Chase | 34 | Oregon Masters-37 | 49.45 |
| | 23.37 | 49.45 | | |
| 2 | Fan, Roger | 32 | Cascade Masters-36 | 57.84 |
| | 27.37 | 57.84 | | |
| 3 | Plotnikov, Pavel | 30 | Bernardo's All S-36 | 1:01.31 |
| | 29.13 | 1:01.31 | | |

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Hosted by Blue Wave Aquatics

Results

(Men 30-34 100 Yard Freestyle)

| | | | | |
|-----|-------------------|----|---------------------|----|
| --- | Gallardo, Donatto | 33 | Blue Wave Aquati-36 | NS |
|-----|-------------------|----|---------------------|----|

Men 30-34 200 Yard Freestyle

| | | | | |
|-----|-----------------|---------|---------------------|---------|
| 1 | Ekstrom, Alex | 33 | Bernardo's All S-36 | 1:59.50 |
| | 28.39 | 58.63 | 1:28.43 | 1:59.50 |
| 2 | Calley, Paul | 32 | Orca Swim Team-36 | 2:26.12 |
| | 31.12 | 1:06.68 | 1:44.59 | 2:26.12 |
| 3 | Lum, Andrew | 30 | Blue Wave Aquati-36 | 2:39.15 |
| | 37.99 | 1:20.85 | 2:01.82 | 2:39.15 |
| --- | Burns, Nicholas | 32 | Oregon Masters-37 | NS |

Men 30-34 500 Yard Freestyle

| | | | | |
|---|--------------|---------|------------------|---------|
| 1 | Clark, Jamie | 32 | Husky Masters-36 | 5:30.59 |
| | 29.10 | 1:01.24 | 1:33.70 | 2:06.72 |
| | 2:40.70 | 3:14.92 | 3:49.23 | 4:23.60 |
| | 4:57.56 | 5:30.59 | | |

Men 30-34 1000 Yard Freestyle

| | | | | |
|---|-------------|----------|---------------------|----------|
| 1 | Lum, Andrew | 30 | Blue Wave Aquati-36 | 13:09.50 |
| | 37.31 | 1:18.18 | 1:59.07 | 2:39.80 |
| | 3:20.90 | 4:02.04 | 4:42.61 | 5:22.94 |
| | 6:03.34 | 6:43.37 | 7:22.61 | 8:02.04 |
| | 8:41.55 | 9:20.96 | 9:59.05 | 10:38.35 |
| | 11:16.65 | 11:55.38 | 12:32.56 | 13:09.50 |

Men 30-34 50 Yard Backstroke

| | | | | |
|-----|-------------------|----|---------------------|-------|
| 1 | Rybin, Roman | 33 | Lake Washington-36 | 23.79 |
| --- | Mendez, Tomas | 32 | Blue Wave Aquati-36 | NS |
| --- | Gallardo, Donatto | 33 | Blue Wave Aquati-36 | NS |

Men 30-34 200 Yard Backstroke

| | | | | |
|---|---------------|---------|---------------------|---------|
| 1 | Ekstrom, Alex | 33 | Bernardo's All S-36 | 2:20.98 |
| | 32.49 | 1:07.93 | 1:43.87 | 2:20.98 |

Men 30-34 50 Yard Breaststroke

| | | | | |
|-----|-----------------|----|---------------------|-------|
| 1 | Benson, Andrew | 34 | Fina | 27.57 |
| 2 | Guerrero, Ruben | 32 | Team Walker Inte-36 | 29.64 |
| 3 | Ni, Jake | 30 | Puget Sound Mast-36 | 33.04 |
| --- | Ong, Stephen | 32 | UC22 | NS |
| --- | Burt, Alan | 31 | Orca Swim Team-36 | NS |

Men 30-34 100 Yard Breaststroke

| | | | | |
|---|----------------|---------|------|---------|
| 1 | Benson, Andrew | 34 | Fina | 1:02.68 |
| | 29.03 | 1:02.68 | | |
| 2 | Ong, Stephen | 32 | UC22 | 1:13.49 |
| | 34.36 | 1:13.49 | | |

Men 30-34 200 Yard Breaststroke

| | | | | |
|-----|-----------------|---------|---------------------|---------|
| 1 | Guerrero, Ruben | 32 | Team Walker Inte-36 | 2:22.47 |
| | 31.98 | 1:07.50 | 1:44.39 | 2:22.47 |
| 2 | Benson, Andrew | 34 | Fina | 2:24.23 |
| | 32.13 | 1:08.66 | 1:46.41 | 2:24.23 |
| 3 | Ekstrom, Alex | 33 | Bernardo's All S-36 | 2:43.17 |
| | 36.28 | 1:18.23 | 2:00.63 | 2:43.17 |
| --- | Ong, Stephen | 32 | UC22 | NS |

Men 30-34 50 Yard Butterfly

| | | | | |
|---|--------------|----|--------------------|-------|
| 1 | Rybin, Roman | 33 | Lake Washington-36 | 21.30 |
|---|--------------|----|--------------------|-------|

| | | | | |
|-----|-------------------|----|---------------------|-------|
| 2 | Ni, Jake | 30 | Puget Sound Mast-36 | 26.87 |
| 3 | Burns, Nicholas | 32 | Oregon Masters-37 | 27.57 |
| 4 | Fan, Roger | 32 | Cascade Masters-36 | 27.79 |
| 5 | Ong, Stephen | 32 | UC22 | 29.11 |
| 6 | Plotnikov, Pavel | 30 | Bernardo's All S-36 | 32.82 |
| 7 | Davis, Brandon | 33 | Orca Swim Team-36 | 34.60 |
| --- | Gallardo, Donatto | 33 | Blue Wave Aquati-36 | NS |
| --- | Mendez, Tomas | 32 | Blue Wave Aquati-36 | NS |

Men 30-34 100 Yard Butterfly

| | | | | |
|-----|-------------------|---------|---------------------|---------|
| 1 | Rybin, Roman | 33 | Lake Washington-36 | 46.90 |
| | 21.39 | 46.90 | | |
| 2 | Clark, Jamie | 32 | Husky Masters-36 | 1:01.18 |
| | 27.85 | 1:01.18 | | |
| 3 | Fan, Roger | 32 | Cascade Masters-36 | 1:05.43 |
| | 31.00 | 1:05.43 | | |
| 4 | Ni, Jake | 30 | Puget Sound Mast-36 | 1:07.62 |
| | 29.27 | 1:07.62 | | |
| --- | Gallardo, Donatto | 33 | Blue Wave Aquati-36 | NS |
| --- | Mendez, Tomas | 32 | Blue Wave Aquati-36 | NS |

Men 30-34 200 Yard Butterfly

| | | | | |
|---|---------------|---------|---------------------|---------|
| 1 | Ekstrom, Alex | 33 | Bernardo's All S-36 | 2:19.36 |
| | 29.87 | 1:03.54 | 1:39.31 | 2:19.36 |

Men 30-34 100 Yard IM

| | | | | |
|-----|-------------------|---------|---------------------|---------|
| 1 | Rybin, Roman | 33 | Lake Washington-36 | 51.84 |
| | 22.96 | 51.84 | | |
| 2 | Mesford, Chase | 34 | Oregon Masters-37 | 57.70 |
| | 26.69 | 57.70 | | |
| 3 | Burt, Alan | 31 | Orca Swim Team-36 | 59.19 |
| | 27.61 | 59.19 | | |
| 4 | Fan, Roger | 32 | Cascade Masters-36 | 1:05.82 |
| | 30.06 | 1:05.82 | | |
| 5 | Ong, Stephen | 32 | UC22 | 1:05.85 |
| | 30.65 | 1:05.85 | | |
| --- | Gallardo, Donatto | 33 | Blue Wave Aquati-36 | NS |
| --- | Mendez, Tomas | 32 | Blue Wave Aquati-36 | NS |

Men 30-34 200 Yard IM

| | | | | |
|-----|----------------|---------|---------------------|---------|
| 1 | Benson, Andrew | 34 | Fina | 2:12.33 |
| | 26.79 | 1:02.77 | 1:40.38 | 2:12.33 |
| 2 | Ekstrom, Alex | 33 | Bernardo's All S-36 | 2:17.77 |
| | 28.59 | 1:03.32 | 1:45.42 | 2:17.77 |
| --- | Burt, Alan | 31 | Orca Swim Team-36 | NS |

Men 30-34 400 Yard IM

| | | | | |
|---|----------------|---------|---------------------|---------|
| 1 | Benson, Andrew | 34 | Fina | 4:56.48 |
| | 29.81 | 1:04.70 | 1:44.96 | 2:24.57 |
| | 3:05.49 | 3:46.44 | 4:21.95 | 4:56.48 |
| 2 | Ni, Jake | 30 | Puget Sound Mast-36 | 5:52.30 |
| | 34.40 | 1:16.08 | 2:05.66 | 2:54.02 |
| | 3:45.69 | 4:35.92 | 5:15.81 | 5:52.30 |

Men 35-39 50 Yard Freestyle

| | | | | |
|---|-------------------|----|---------------------|-------|
| 1 | Wong, Austin | 38 | Orca Swim Team-36 | 23.28 |
| 2 | Scott, Michael | 37 | Lake Washington-36 | 27.20 |
| 3 | Maccari, Dino | 36 | Bernardo's All S-36 | 30.99 |
| 4 | Schwartz, Michael | 36 | Bernardo's All S-36 | 32.20 |

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Men 35-39 100 Yard Freestyle

| | | |
|-------------------|------------------------|---------|
| 1 Sprinkle, Baden | 36 Blue Wave Aquati-36 | 51.23 |
| 24.58 | 51.23 | |
| 2 Scott, Michael | 37 Lake Washington-36 | 59.79 |
| 28.72 | 59.79 | |
| 3 Alexander, Nick | 35 Bernardo's All S-36 | 1:15.41 |
| 36.40 | 1:15.41 | |

Men 35-39 200 Yard Freestyle

| | | |
|-------------------|------------------------|-----------------|
| 1 Sprinkle, Baden | 36 Blue Wave Aquati-36 | 1:55.55 |
| 26.47 | 56.10 | 1:26.47 1:55.55 |
| 2 Scott, Michael | 37 Lake Washington-36 | 2:13.26 |
| 30.76 | 1:04.05 | 1:38.40 2:13.26 |
| 3 Maccari, Dino | 36 Bernardo's All S-36 | 2:48.56 |
| 36.73 | 1:18.91 | 2:05.20 2:48.56 |

Men 35-39 500 Yard Freestyle

| | | |
|---------------------|------------------------|-----------------|
| 1 Sprinkle, Baden | 36 Blue Wave Aquati-36 | 5:21.76 |
| 27.81 | 58.99 | 1:30.96 2:03.61 |
| 2:36.48 | 3:09.75 | 3:43.68 4:17.28 |
| 4:50.66 | 5:21.76 | |
| 2 Scott, Michael | 37 Lake Washington-36 | 6:01.69 |
| 31.81 | 1:07.88 | 1:44.39 2:21.17 |
| 2:58.36 | 3:35.32 | 4:12.36 4:49.76 |
| 5:26.31 | 6:01.69 | |
| 3 Schwartz, Michael | 36 Bernardo's All S-36 | 8:16.45 |
| 40.06 | 1:27.69 | 2:17.39 3:08.69 |
| 3:59.71 | 4:50.30 | 5:42.49 6:34.75 |
| 7:26.58 | 8:16.45 | |

Men 35-39 1000 Yard Freestyle

| | | |
|-------------------|------------------------|-------------------|
| 1 Sprinkle, Baden | 36 Blue Wave Aquati-36 | 11:12.73 |
| 28.59 | 1:01.00 | 1:33.99 2:07.63 |
| 2:41.38 | 3:15.52 | 3:49.46 4:23.61 |
| 4:57.68 | 5:31.65 | 6:05.70 6:39.87 |
| 7:14.17 | 7:48.59 | 8:22.74 8:57.34 |
| 9:31.64 | 10:05.86 | 10:40.40 11:12.73 |

Men 35-39 1650 Yard Freestyle

| | | |
|-----------------|----------|-------------------|
| 1 Yang, Honghua | 37 UC36 | 26:24.38 |
| 42.45 | 1:27.91 | 2:15.41 3:03.06 |
| 3:50.55 | 4:38.30 | 5:25.71 6:13.98 |
| 7:02.19 | 7:50.30 | 8:38.65 9:28.17 |
| 10:18.41 | 11:08.11 | 11:57.97 12:47.71 |
| 13:37.38 | 14:26.61 | 15:15.76 16:06.01 |
| 16:55.20 | 17:44.05 | 18:33.76 19:23.57 |
| 20:13.80 | 21:02.30 | 21:49.73 22:35.94 |
| 23:21.97 | 24:07.79 | 24:54.04 25:40.40 |
| | | 26:24.38 |

Men 35-39 50 Yard Backstroke

| | | |
|---------------------|------------------------|-------|
| 1 Sprinkle, Baden | 36 Blue Wave Aquati-36 | 28.07 |
| 2 Schwartz, Michael | 36 Bernardo's All S-36 | 44.41 |

Men 35-39 100 Yard Backstroke

| | | |
|---------------------|------------------------|---------|
| 1 Schwartz, Michael | 36 Bernardo's All S-36 | 1:31.88 |
| 45.30 | 1:31.88 | |

Men 35-39 200 Yard Backstroke

| | | |
|-------------------|------------------------|-----------------|
| 1 Sprinkle, Baden | 36 Blue Wave Aquati-36 | 2:20.01 |
| 32.26 | 1:06.80 | 1:43.36 2:20.01 |

Men 35-39 50 Yard Breaststroke

| | | |
|---------------------|------------------------|-------|
| 1 Kotynia, Jakub | 35 UC36 | 27.37 |
| 2 Conroy, Chris | 38 CG Sports Manage-36 | 28.39 |
| 3 Schwartz, Michael | 36 Bernardo's All S-36 | 42.35 |

Men 35-39 100 Yard Breaststroke

| | | |
|-----------------|------------------------|---------|
| 1 Conroy, Chris | 38 CG Sports Manage-36 | 1:02.56 |
| 29.00 | 1:02.56 | |

Men 35-39 200 Yard Breaststroke

| | | |
|------------------|------------------------|-----------------|
| 1 Kotynia, Jakub | 35 UC36 | 2:14.39 |
| 30.24 | 1:04.67 | 1:38.90 2:14.39 |
| 2 Conroy, Chris | 38 CG Sports Manage-36 | 2:19.01 |
| 30.95 | 1:06.18 | 1:42.17 2:19.01 |

Men 35-39 50 Yard Butterfly

| | | |
|---------------------|------------------------|-------|
| 1 Wong, Austin | 38 Orca Swim Team-36 | 24.76 |
| 2 Petersen, Erik | 35 CG Sports Manage-36 | 25.91 |
| 3 Scott, Michael | 37 Lake Washington-36 | 30.11 |
| 4 Schwartz, Michael | 36 Bernardo's All S-36 | 34.95 |

Men 35-39 100 Yard Butterfly

| | | |
|------------------|------------------------|-------|
| 1 Petersen, Erik | 35 CG Sports Manage-36 | 56.87 |
| 26.67 | 56.87 | |

Men 35-39 200 Yard Butterfly

| | | |
|------------------|------------------------|-----------------|
| 1 Petersen, Erik | 35 CG Sports Manage-36 | 2:07.91 |
| 27.99 | 1:00.15 | 1:33.66 2:07.91 |

Men 35-39 100 Yard IM

| | | |
|----------------|----------------------|-------|
| 1 Wong, Austin | 38 Orca Swim Team-36 | 58.28 |
| 26.29 | 58.28 | |

Men 40-44 50 Yard Freestyle

| | | |
|-----------------------------|------------------------|-------|
| 1 Anzilago Tesser, Guilhern | 42 Team Walker Inte-36 | 23.46 |
| 2 Thompson, Scott | 41 Lake Washington-36 | 23.70 |
| 3 Chan, Barry | 41 UC36 | 24.10 |
| 4 Taylor, Daniel | 42 North End Otters-36 | 24.51 |
| 5 Koss, Michael | 44 Lake Washington-36 | 24.52 |
| 6 Greiner, Christopher | 42 UC36 | 27.62 |
| 7 Miller, Aaron | 40 Lake Washington-36 | 28.39 |
| 8 Andelin, Travis | 41 Cascade Masters-36 | 31.56 |
| --- Ryden, Eric | 43 Orca Swim Team-36 | NS |

Men 40-44 100 Yard Freestyle

| | | |
|-------------------------------|------------------------|---------|
| 1 Bennett, John | 44 Cascade Masters-36 | 50.71 |
| 24.37 | 50.71 | |
| 2 Jeffery, Shawn | 44 Cascade Masters-36 | 52.60 |
| 25.53 | 52.60 | |
| 3 Chan, Barry | 41 UC36 | 53.71 |
| 25.39 | 53.71 | |
| 4 Kim, Jae Seon | 43 UC36 | 1:05.78 |
| 31.40 | 1:05.78 | |
| --- Greiner, Christopher | 42 UC36 | NS |
| --- Anzilago Tesser, Guilhern | 42 Team Walker Inte-36 | NS |
| --- Koss, Michael | 44 Lake Washington-36 | SCR |

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| | | | | |
|-----|-----------------|---------|--------------------|---------|
| 1 | Bennett, John | 44 | Cascade Masters-36 | 1:52.81 |
| | 26.04 | 53.91 | 1:22.56 | 1:52.81 |
| 2 | Thompson, Scott | 41 | Lake Washington-36 | 1:57.15 |
| | 27.97 | 58.05 | 1:28.02 | 1:57.15 |
| 3 | Lang, Brendan | 41 | Greenlake Aquadu-3 | 1:59.06 |
| | 26.66 | 56.22 | 1:27.32 | 1:59.06 |
| 4 | Koss, Michael | 44 | Lake Washington-36 | 2:02.20 |
| | 28.67 | 59.64 | 1:31.57 | 2:02.20 |
| 5 | Miller, Aaron | 40 | Lake Washington-36 | 2:17.53 |
| | 30.96 | 1:05.48 | 1:41.52 | 2:17.53 |
| 6 | Kim, Jae Seon | 43 | UC36 | 2:31.08 |
| | 33.74 | 1:11.48 | 1:51.89 | 2:31.08 |
| 7 | Andelin, Travis | 41 | Cascade Masters-36 | 2:32.15 |
| | 33.43 | 1:10.59 | 1:50.82 | 2:32.15 |
| --- | Ryden, Eric | 43 | Orca Swim Team-36 | NS |

Men 40-44 500 Yard Freestyle

| | | | | |
|---|---------------|---------|--------------------|---------|
| 1 | Bennett, John | 44 | Cascade Masters-36 | 5:15.29 |
| | 27.96 | 57.83 | 1:28.35 | 1:59.83 |
| | 2:31.31 | 3:02.93 | 3:35.44 | 4:08.32 |
| | 4:41.85 | 5:15.29 | | |

Men 40-44 1000 Yard Freestyle

| | | | | |
|-----|--------------------|----------|--------------------|----------|
| 1 | Simpson, Kevin | 40 | Orca Swim Team-36 | 12:09.28 |
| | 30.70 | 1:05.59 | 1:41.41 | 2:17.14 |
| | 2:53.75 | 3:29.58 | 4:06.59 | 4:43.60 |
| | 5:21.35 | 5:58.28 | 6:35.55 | 7:13.17 |
| | 7:51.12 | 8:28.53 | 9:06.69 | 9:43.76 |
| | 10:22.11 | 11:00.52 | 11:36.53 | 12:09.28 |
| 2 | Andelin, Travis | 41 | Cascade Masters-36 | 14:57.92 |
| | 35.61 | 1:14.76 | 1:56.89 | 2:40.60 |
| | 3:26.24 | 4:10.96 | 4:57.64 | 5:43.82 |
| | 6:30.04 | 7:16.85 | 8:02.29 | 8:48.72 |
| | 9:34.14 | 10:20.41 | 11:06.87 | 11:53.32 |
| | 12:39.65 | 13:27.23 | 14:12.09 | 14:57.92 |
| --- | Lekakis, Vasileios | 40 | UC36 | SCR |

Men 40-44 1650 Yard Freestyle

| | | | | |
|-----|--------------------|----|------|-----|
| --- | Lekakis, Vasileios | 40 | UC36 | SCR |
|-----|--------------------|----|------|-----|

Men 40-44 50 Yard Backstroke

| | | | | |
|---|----------------------|----|------|-------|
| 1 | Greiner, Christopher | 42 | UC36 | 32.86 |
|---|----------------------|----|------|-------|

Men 40-44 100 Yard Backstroke

| | | | | |
|---|----------------|---------|-------------------|---------|
| 1 | Chan, Barry | 41 | UC36 | 59.03 |
| | 28.47 | 59.03 | | |
| 2 | Simpson, Kevin | 40 | Orca Swim Team-36 | 1:10.55 |
| | 34.60 | 1:10.55 | | |

Men 40-44 200 Yard Backstroke

| | | | | |
|-----|----------------|---------|--------------------|---------|
| 1 | Chan, Barry | 41 | UC36 | 2:11.09 |
| | 31.08 | 1:04.21 | 1:37.69 | 2:11.09 |
| 2 | Lang, Brendan | 41 | Greenlake Aquadu-3 | 2:16.04 |
| | 31.10 | 1:05.10 | 1:40.62 | 2:16.04 |
| --- | Simpson, Kevin | 40 | Orca Swim Team-36 | NS |

Men 40-44 50 Yard Breaststroke

| | | | | |
|---|-------------|----|------|-------|
| 1 | Chan, Barry | 41 | UC36 | 30.82 |
|---|-------------|----|------|-------|

| | | | | |
|-----|----------------------|----|--------------------|-------|
| 2 | Lang, Brendan | 41 | Greenlake Aquadu-3 | 31.98 |
| 3 | Kim, Jae Seon | 43 | UC36 | 34.78 |
| 4 | Greiner, Christopher | 42 | UC36 | 36.29 |
| --- | Koss, Michael | 44 | Lake Washington-36 | SCR |

Men 40-44 100 Yard Breaststroke

| | | | | |
|---|---------------|---------|--------------------|---------|
| 1 | Koss, Michael | 44 | Lake Washington-36 | 1:07.97 |
| | 33.52 | 1:07.97 | | |
| 2 | Miller, Aaron | 40 | Lake Washington-36 | 1:15.41 |
| | 35.95 | 1:15.41 | | |
| 3 | Kim, Jae Seon | 43 | UC36 | 1:16.33 |
| | 35.79 | 1:16.33 | | |

Men 40-44 200 Yard Breaststroke

| | | | | |
|-----|---------------|---------|--------------------|---------|
| 1 | Kim, Jae Seon | 43 | UC36 | 2:50.44 |
| | 37.82 | 1:19.82 | 2:04.49 | 2:50.44 |
| --- | Koss, Michael | 44 | Lake Washington-36 | SCR |

Men 40-44 50 Yard Butterfly

| | | | | |
|-----|---------------------------|----|---------------------|-------|
| 1 | Bennett, John | 44 | Cascade Masters-36 | 25.38 |
| 2 | Rector, Joel | 41 | UCLA Bruin Maste-3 | 25.67 |
| 3 | Taylor, Daniel | 42 | North End Otters-36 | 26.58 |
| 4 | Anzilago Tesser, Guilhern | 42 | Team Walker Inte-36 | 28.06 |
| 5 | Greiner, Christopher | 42 | UC36 | 29.09 |
| --- | Ryden, Eric | 43 | Orca Swim Team-36 | NS |

Men 40-44 100 Yard Butterfly

| | | | | |
|-----|----------------|-------|--------------------|-------|
| 1 | Jeffery, Shawn | 44 | Cascade Masters-36 | 55.90 |
| | 26.42 | 55.90 | | |
| 2 | Bennett, John | 44 | Cascade Masters-36 | 57.47 |
| | 26.31 | 57.47 | | |
| --- | Rector, Joel | 41 | UCLA Bruin Maste-3 | NS |

Men 40-44 200 Yard Butterfly

| | | | | |
|---|----------------|---------|--------------------|---------|
| 1 | Rector, Joel | 41 | UCLA Bruin Maste-3 | 2:07.92 |
| | 28.65 | 1:01.17 | 1:34.11 | 2:07.92 |
| 2 | Lang, Brendan | 41 | Greenlake Aquadu-3 | 2:08.18 |
| | 27.57 | 59.00 | 1:32.22 | 2:08.18 |
| 3 | Jeffery, Shawn | 44 | Cascade Masters-36 | 2:14.03 |
| | 27.66 | 59.56 | 1:33.35 | 2:14.03 |

Men 40-44 100 Yard IM

| | | | | |
|-----|----------------------|---------|---------------------|---------|
| 1 | Bennett, John | 44 | Cascade Masters-36 | 58.70 |
| | 26.94 | 58.70 | | |
| 2 | Lang, Brendan | 41 | Greenlake Aquadu-3 | 1:00.00 |
| | 28.02 | 1:00.00 | | |
| 3 | Rector, Joel | 41 | UCLA Bruin Maste-3 | 1:00.02 |
| | 27.10 | 1:00.02 | | |
| 4 | Chan, Barry | 41 | UC36 | 1:01.17 |
| | 27.88 | 1:01.17 | | |
| 5 | Taylor, Daniel | 42 | North End Otters-36 | 1:02.19 |
| | 27.93 | 1:02.19 | | |
| 6 | Miller, Aaron | 40 | Lake Washington-36 | 1:12.09 |
| | 34.69 | 1:12.09 | | |
| 7 | Andelin, Travis | 41 | Cascade Masters-36 | 1:23.00 |
| | 40.65 | 1:23.00 | | |
| --- | Greiner, Christopher | 42 | UC36 | NS |

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****Men 40-44 400 Yard IM**

| | | | | |
|-----|---------------|---------|--------------------|---------|
| 1 | Lang, Brendan | 41 | Greenlake Aquadu-3 | 4:43.58 |
| | 28.42 | 1:00.64 | 1:38.69 | 2:16.24 |
| | 2:55.88 | 3:35.74 | 4:10.07 | 4:43.58 |
| --- | Rector, Joel | 41 | UCLA Bruin Maste-3 | NS |

Men 45-49 50 Yard Freestyle

| | | | | |
|---|-----------------|----|---------------------|-------|
| 1 | Perry, Maxwell | 45 | Cascade Masters-36 | 23.73 |
| 2 | Larson, Cameron | 45 | Orca Swim Team-36 | 24.18 |
| 3 | Wiley, Ryan | 45 | Blue Wave Aquati-36 | 26.10 |
| 4 | Cox, Gary | 46 | Husky Masters-36 | 26.26 |
| 5 | Graber, Lee | 46 | Cascade Masters-36 | 26.42 |
| 6 | Schweiger, Joel | 48 | UC31 | 26.63 |
| 7 | Chuang, Mason | 45 | Orca Swim Team-36 | 27.30 |
| 8 | Wadey, Chuck | 46 | Bernardo's All S-36 | 31.70 |

Men 45-49 100 Yard Freestyle

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Farrell, Andrew | 45 | Puget Sound Mast-36 | 51.92 |
| | 25.02 | 51.92 | | |
| 2 | Perry, Maxwell | 45 | Cascade Masters-36 | 52.01 |
| | 24.54 | 52.01 | | |
| 3 | Schweiger, Joel | 48 | UC31 | 57.48 |
| | 27.42 | 57.48 | | |
| 4 | Cox, Gary | 46 | Husky Masters-36 | 58.47 |
| | 28.90 | 58.47 | | |
| 5 | Graber, Lee | 46 | Cascade Masters-36 | 58.82 |
| | 28.99 | 58.82 | | |
| 6 | Wiley, Ryan | 45 | Blue Wave Aquati-36 | 1:00.19 |
| | 28.64 | 1:00.19 | | |
| 7 | Wadey, Chuck | 46 | Bernardo's All S-36 | 1:09.94 |

Men 45-49 200 Yard Freestyle

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Farrell, Andrew | 45 | Puget Sound Mast-36 | 1:56.05 |
| | 26.49 | 55.70 | 1:26.07 | 1:56.05 |
| 2 | Stender, Shane | 46 | Puget Sound Mast-36 | 2:05.67 |
| | 28.95 | 1:00.94 | 1:33.61 | 2:05.67 |
| 3 | Schweiger, Joel | 48 | UC31 | 2:07.45 |
| | 29.28 | 1:01.72 | 1:34.35 | 2:07.45 |
| 4 | Wiley, Ryan | 45 | Blue Wave Aquati-36 | 2:11.66 |
| | 29.53 | 1:02.75 | 1:36.79 | 2:11.66 |
| 5 | Yamamoto, Jin | 49 | Lake Washington-36 | 2:14.24 |
| | 32.14 | 1:06.68 | 1:41.09 | 2:14.24 |
| 6 | Chuang, Mason | 45 | Orca Swim Team-36 | 2:28.73 |
| | 33.24 | 1:08.22 | 1:47.81 | 2:28.73 |

Men 45-49 500 Yard Freestyle

| | | | | |
|---|-----------------|---------|--------------------|---------|
| 1 | Schweiger, Joel | 48 | UC31 | 5:40.61 |
| | 32.01 | 1:06.38 | 1:40.65 | 2:15.06 |
| | 2:49.54 | 3:23.96 | 3:58.67 | 4:33.21 |
| | 5:07.59 | 5:40.61 | | |
| 2 | Yamamoto, Jin | 49 | Lake Washington-36 | 5:59.89 |
| | 33.11 | 1:09.23 | 1:45.92 | 2:23.30 |
| | 3:00.25 | 3:37.02 | 4:13.78 | 4:50.10 |
| | 5:25.80 | 5:59.89 | | |

| | | | | |
|---|-------------|---------|--------------------|---------|
| 3 | Graber, Lee | 46 | Cascade Masters-36 | 6:07.32 |
| | 32.85 | 1:08.20 | 1:44.47 | 2:21.57 |
| | 2:59.28 | 3:37.36 | 4:15.57 | 4:53.75 |
| | 5:31.82 | 6:07.32 | | |

| | | | | |
|---|-------------|---------|---------------------|---------|
| 4 | Wiley, Ryan | 45 | Blue Wave Aquati-36 | 6:08.49 |
| | 32.11 | 1:08.46 | 1:45.59 | 2:22.75 |
| | 3:00.14 | 3:37.56 | 4:15.22 | 4:53.65 |
| | 5:31.96 | 6:08.49 | | |

| | | | | |
|---|---------------|---------|---------|---------|
| 5 | Stevens, Phil | 48 | UC36 | 7:46.76 |
| | 37.91 | 1:23.11 | 2:10.95 | 3:00.52 |
| | 3:49.92 | 4:39.26 | 5:29.33 | 6:17.11 |
| | 7:04.41 | 7:46.76 | | |

Men 45-49 50 Yard Backstroke

| | | | | |
|---|----------------|----|--------------------|-------|
| 1 | Perry, Maxwell | 45 | Cascade Masters-36 | 27.17 |
| 2 | Graber, Lee | 46 | Cascade Masters-36 | 35.45 |

Men 45-49 100 Yard Backstroke

| | | | | |
|---|----------------|---------|--------------------|---------|
| 1 | Perry, Maxwell | 45 | Cascade Masters-36 | 1:00.10 |
| | 28.98 | 1:00.10 | | |
| 2 | Chuang, Mason | 45 | Orca Swim Team-36 | 1:21.51 |
| | 39.86 | 1:21.51 | | |

Men 45-49 200 Yard Backstroke

| | | | | |
|---|---------------|---------|--------------------|---------|
| 1 | Yamamoto, Jin | 49 | Lake Washington-36 | 2:26.65 |
| | 35.93 | 1:12.91 | 1:49.91 | 2:26.65 |

Men 45-49 50 Yard Breaststroke

| | | | | |
|---|--------------|----|---------------------|-------|
| 1 | Wadey, Chuck | 46 | Bernardo's All S-36 | 38.08 |
|---|--------------|----|---------------------|-------|

Men 45-49 100 Yard Breaststroke

| | | | | |
|---|---------------|---------|---------------------|---------|
| 1 | Chuang, Mason | 45 | Orca Swim Team-36 | 1:17.22 |
| | 36.51 | 1:17.22 | | |
| 2 | Yamamoto, Jin | 49 | Lake Washington-36 | 1:20.04 |
| | 38.12 | 1:20.04 | | |
| 3 | Wadey, Chuck | 46 | Bernardo's All S-36 | 1:23.19 |
| | 38.42 | 1:23.19 | | |

Men 45-49 50 Yard Butterfly

| | | | | |
|---|-----------------|----|---------------------|-------|
| 1 | Farrell, Andrew | 45 | Puget Sound Mast-36 | 25.80 |
| 2 | Stender, Shane | 46 | Puget Sound Mast-36 | 26.99 |
| 3 | Wiley, Ryan | 45 | Blue Wave Aquati-36 | 27.31 |
| 4 | Perry, Maxwell | 45 | Cascade Masters-36 | 27.55 |
| 5 | Cox, Gary | 46 | Husky Masters-36 | 28.90 |
| 6 | Chuang, Mason | 45 | Orca Swim Team-36 | 29.08 |
| 7 | Schweiger, Joel | 48 | UC31 | 30.30 |
| 8 | Graber, Lee | 46 | Cascade Masters-36 | 31.84 |

Men 45-49 100 Yard Butterfly

| | | | | |
|-----|-----------------|---------|---------------------|---------|
| 1 | Stender, Shane | 46 | Puget Sound Mast-36 | 1:00.80 |
| | 28.18 | 1:00.80 | | |
| 2 | Wiley, Ryan | 45 | Blue Wave Aquati-36 | 1:05.01 |
| | 30.33 | 1:05.01 | | |
| 3 | Cox, Gary | 46 | Husky Masters-36 | 1:07.79 |
| | 31.29 | 1:07.79 | | |
| --- | Farrell, Andrew | 45 | Puget Sound Mast-36 | NS |

Men 45-49 200 Yard Butterfly

| | | | | |
|---|----------------|---------|---------------------|---------|
| 1 | Stender, Shane | 46 | Puget Sound Mast-36 | 2:29.29 |
| | 30.82 | 1:06.18 | 1:45.33 | 2:29.29 |

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****Men 45-49 100 Yard IM**

| | | | | |
|-----|-----------------|---------|---------------------|---------|
| 1 | Stender, Shane | 46 | Puget Sound Mast-36 | 1:04.58 |
| | 29.94 | 1:04.58 | | |
| 2 | Chuang, Mason | 45 | Orca Swim Team-36 | 1:07.57 |
| | 32.34 | 1:07.57 | | |
| 3 | Cox, Gary | 46 | Husky Masters-36 | 1:08.95 |
| | 32.14 | 1:08.95 | | |
| 4 | Graber, Lee | 46 | Cascade Masters-36 | 1:10.06 |
| | 33.07 | 1:10.06 | | |
| --- | Schweiger, Joel | 48 | UC31 | NS |

Men 45-49 200 Yard IM

| | | | | |
|---|---------------|---------|--------------------|---------|
| 1 | Yamamoto, Jin | 49 | Lake Washington-36 | 2:27.54 |
| | 31.21 | 1:08.98 | 1:53.78 | 2:27.54 |
| 2 | Stevens, Phil | 48 | UC36 | 3:20.94 |
| | 43.87 | 1:38.29 | 2:36.07 | 3:20.94 |

Men 45-49 400 Yard IM

| | | | | |
|---|---------------|---------|--------------------|---------|
| 1 | Yamamoto, Jin | 49 | Lake Washington-36 | 5:12.56 |
| | 33.80 | 1:12.55 | 1:52.28 | 2:31.36 |
| | 3:16.64 | 4:01.43 | 4:37.79 | 5:12.56 |

Men 50-54 50 Yard Freestyle

| | | | | |
|---|------------------|----|---------------------|-------|
| 1 | Pelton, Regan | 54 | UC36 | 23.95 |
| 2 | DeWard, Robert | 50 | Puget Sound Mast-36 | 26.40 |
| 3 | Henzel, Gregory | 54 | Harbor Aquatics-36 | 30.69 |
| 4 | Olivares, Miguel | 52 | Orca Swim Team-36 | 35.06 |

Men 50-54 100 Yard Freestyle

| | | | | |
|---|------------------|---------|---------------------|---------|
| 1 | Pelton, Regan | 54 | UC36 | 53.36 |
| | 25.09 | 53.36 | | |
| 2 | DeWard, Robert | 50 | Puget Sound Mast-36 | 59.36 |
| | 27.49 | 59.36 | | |
| 3 | Olivares, Miguel | 52 | Orca Swim Team-36 | 1:17.72 |
| | 37.20 | 1:17.72 | | |

Men 50-54 200 Yard Freestyle

| | | | | |
|---|------------------|---------|---------------------|---------|
| 1 | Grote, Kurt | 50 | Oregon Masters-37 | 1:47.63 |
| | 25.75 | 53.58 | 1:20.93 | 1:47.63 |
| 2 | DeWard, Robert | 50 | Puget Sound Mast-36 | 2:18.17 |
| | 29.22 | 1:03.10 | 1:39.94 | 2:18.17 |
| 3 | Gonzalez, George | 53 | Orca Swim Team-36 | 2:26.07 |
| | 32.51 | 1:08.89 | 1:48.61 | 2:26.07 |

Men 50-54 1000 Yard Freestyle

| | | | | |
|---|------------------|----------|-------------------|----------|
| 1 | Gonzalez, George | 53 | Orca Swim Team-36 | 13:50.40 |
| | 34.27 | 1:13.00 | 1:53.58 | 2:36.06 |
| | 3:19.58 | 4:02.08 | 4:44.31 | 5:26.70 |
| | 6:09.62 | 6:51.79 | 7:33.85 | 8:16.41 |
| | 8:58.64 | 9:41.01 | 10:22.18 | 11:03.80 |
| | 11:46.45 | 12:28.24 | 13:09.97 | 13:50.40 |

Men 50-54 1650 Yard Freestyle

| | | | | |
|---|-----------------|----------|-------------------|----------|
| 1 | Tujo, Christian | 52 | Oregon Masters-37 | 21:43.07 |
| | 34.74 | 1:12.90 | 1:50.96 | 2:28.82 |
| | 3:06.71 | 3:44.47 | 4:22.88 | 5:01.42 |
| | 5:40.12 | 6:18.07 | 6:57.39 | 7:36.18 |
| | 8:15.17 | 8:54.60 | 9:33.84 | 10:13.92 |
| | 10:53.34 | 11:33.09 | 12:13.37 | 12:54.33 |
| | 13:34.89 | 14:14.90 | 14:55.39 | 15:36.44 |
| | 16:17.50 | 16:58.35 | 17:39.56 | 18:21.29 |
| | 19:01.80 | 19:42.84 | 20:23.96 | 21:04.40 |
| | | | | 21:43.07 |

Men 50-54 50 Yard Backstroke

| | | | | |
|---|----------------|----|---------------------|-------|
| 1 | Pelton, Regan | 54 | UC36 | 28.62 |
| 2 | DeWard, Robert | 50 | Puget Sound Mast-36 | 30.55 |
| 3 | Castle, Matt | 52 | Thunderbird Aqua-36 | 32.80 |

Men 50-54 100 Yard Backstroke

| | | | | |
|---|----------------|---------|---------------------|---------|
| 1 | Pelton, Regan | 54 | UC36 | 1:02.50 |
| | 30.25 | 1:02.50 | | |
| 2 | Watkins, Hugh | 52 | Orca Swim Team-36 | 1:09.40 |
| | 33.84 | 1:09.40 | | |
| 3 | DeWard, Robert | 50 | Puget Sound Mast-36 | 1:10.37 |
| | 33.75 | 1:10.37 | | |

Men 50-54 200 Yard Backstroke

| | | | | |
|---|---------------|---------|-------------------|---------|
| 1 | Grote, Kurt | 50 | Oregon Masters-37 | 2:03.60 |
| | 30.26 | 1:01.34 | 1:32.49 | 2:03.60 |
| 2 | Watkins, Hugh | 52 | Orca Swim Team-36 | 2:27.80 |
| | 34.64 | 1:11.39 | 1:49.87 | 2:27.80 |

Men 50-54 50 Yard Breaststroke

| | | | | |
|-----|----------------------|----|---------------------|-------|
| 1 | Grote, Kurt | 50 | Oregon Masters-37 | 27.72 |
| 2 | Castle, Matt | 52 | Thunderbird Aqua-36 | 33.61 |
| 3 | Olivares, Miguel | 52 | Orca Swim Team-36 | 44.10 |
| --- | Derouillat, Emmanuel | 51 | Lake Washington-36 | NS |

Men 50-54 100 Yard Breaststroke

| | | | | |
|---|------------------|---------|--------------------|---------|
| 1 | Van Pelt, Darren | 54 | Lake Washington-36 | 1:19.31 |
| | 37.54 | 1:19.31 | | |
| 2 | Henzel, Gregory | 54 | Harbor Aquatics-36 | 1:32.31 |
| | 42.71 | 1:32.31 | | |
| 3 | Olivares, Miguel | 52 | Orca Swim Team-36 | 1:38.89 |
| | 46.82 | 1:38.89 | | |

Men 50-54 200 Yard Breaststroke

| | | | | |
|-----|----------------------|---------|--------------------|---------|
| 1 | Grote, Kurt | 50 | Oregon Masters-37 | 2:10.08 |
| | 30.05 | 1:03.45 | 1:36.28 | 2:10.08 |
| 2 | Olivares, Miguel | 52 | Orca Swim Team-36 | 3:19.97 |
| | 44.88 | 1:35.22 | 2:27.63 | 3:19.97 |
| 3 | Adams, Keith | 52 | Fina | 3:34.88 |
| | 47.62 | 1:44.02 | 2:41.97 | 3:34.88 |
| --- | Derouillat, Emmanuel | 51 | Lake Washington-36 | NS |

Men 50-54 50 Yard Butterfly

| | | | | |
|---|------------------|----|-------------------|-------|
| 1 | Pelton, Regan | 54 | UC36 | 26.68 |
| 2 | Watkins, Hugh | 52 | Orca Swim Team-36 | 31.31 |
| 3 | Gonzalez, George | 53 | Orca Swim Team-36 | 35.17 |

2024 PNA Championship - 4/13/2024 to 4/14/2024

2024 PNA Championship
Hosted by Blue Wave Aquatics

Results

Men 50-54 100 Yard Butterfly

| | | | | |
|-----|----------------------|----|--------------------|----|
| --- | Derouillat, Emmanuel | 51 | Lake Washington-36 | NS |
|-----|----------------------|----|--------------------|----|

Men 50-54 200 Yard Butterfly

| | | | | |
|---|--------------|---------|---------|---------|
| 1 | Adams, Keith | 52 | Fina | 4:07.88 |
| | 57.01 | 2:02.16 | 3:09.41 | 4:07.88 |

Men 50-54 100 Yard IM

| | | | | |
|---|------------------|---------|-------------------|---------|
| 1 | Grote, Kurt | 50 | Oregon Masters-37 | 55.80 |
| | 26.70 | 55.80 | | |
| 2 | Olivares, Miguel | 52 | Orca Swim Team-36 | 1:28.32 |
| | 43.81 | 1:28.32 | | |

Men 50-54 200 Yard IM

| | | | | |
|-----|----------------------|---------|--------------------|---------|
| 1 | Grote, Kurt | 50 | Oregon Masters-37 | 1:58.81 |
| | 26.23 | 57.70 | 1:31.14 | 1:58.81 |
| 2 | Adams, Keith | 52 | Fina | 3:25.85 |
| | 51.00 | 1:44.21 | 2:42.05 | 3:25.85 |
| --- | Derouillat, Emmanuel | 51 | Lake Washington-36 | NS |

Men 50-54 400 Yard IM

| | | | | |
|---|-----------------|---------|-------------------|---------|
| 1 | Tujo, Christian | 52 | Oregon Masters-37 | 5:38.69 |
| | 34.44 | 1:15.87 | 2:02.21 | 2:47.88 |
| | 3:35.27 | 4:23.16 | 5:00.98 | 5:38.69 |

Men 55-59 50 Yard Freestyle

| | | | | |
|---|------------------|----|---------------------|-------|
| 1 | Alsberg, Maoz | 55 | Team Walker Inte-36 | 24.08 |
| 2 | Hackley, Jeff | 55 | Oregon Masters-37 | 24.84 |
| 3 | Marx, John | 55 | UC36 | 25.89 |
| 4 | Kirchhofer, Karl | 59 | Bainbridge Aquat-36 | 27.42 |
| 5 | Rich, Stephen | 55 | Bernardo's All S-36 | 27.97 |
| 6 | Morlan, Garvin | 59 | Puget Sound Mast-36 | 30.70 |

Men 55-59 100 Yard Freestyle

| | | | | |
|-----|----------------|-------|---------------------|-------|
| 1 | Sullivan, Scot | 57 | Oregon Masters-37 | 52.84 |
| | 25.62 | 52.84 | | |
| 2 | Marx, John | 55 | UC36 | 58.13 |
| | 28.36 | 58.13 | | |
| --- | Rich, Stephen | 55 | Bernardo's All S-36 | DQ |
| | False start | | | |
| | 29.51 | DQ | | |
| --- | Alsberg, Maoz | 55 | Team Walker Inte-36 | NS |

Men 55-59 200 Yard Freestyle

| | | | | |
|---|-----------------|---------|--------------------|---------|
| 1 | Sullivan, Scot | 57 | Oregon Masters-37 | 1:56.80 |
| | 26.98 | 56.65 | 1:26.48 | 1:56.80 |
| 2 | Porter, Michael | 57 | Lake Washington-36 | 2:05.74 |
| | 29.34 | 1:00.65 | 1:32.71 | 2:05.74 |
| 3 | Marx, John | 55 | UC36 | 2:17.05 |
| | 32.71 | 1:09.48 | 1:44.36 | 2:17.05 |
| 4 | Stearn, Chris | 55 | Orca Swim Team-36 | 2:47.15 |
| | 37.31 | 1:19.63 | 2:04.94 | 2:47.15 |

Men 55-59 500 Yard Freestyle

| | | | | |
|---|----------------|---------|-------------------|---------|
| 1 | Sullivan, Scot | 57 | Oregon Masters-37 | 5:22.93 |
| | 29.11 | 1:01.33 | 1:33.67 | 2:06.45 |
| | 2:39.38 | 3:12.53 | 3:45.66 | 4:18.74 |
| | 4:51.46 | 5:22.93 | | |

| | | | | |
|---|-----------------|---------|--------------------|---------|
| 2 | Porter, Michael | 57 | Lake Washington-36 | 5:50.55 |
| | 32.75 | 1:08.20 | 1:44.69 | 2:21.25 |
| | 2:56.55 | 3:31.28 | 4:06.08 | 4:40.88 |
| | 5:16.37 | 5:50.55 | | |

| | | | | |
|---|----------------|---------|--------------------|---------|
| 3 | McCarty, David | 59 | Lake Washington-36 | 5:59.94 |
| | 32.65 | 1:08.60 | 1:45.49 | 2:22.47 |
| | 2:59.33 | 3:35.99 | 4:12.61 | 4:48.62 |
| | 5:24.48 | 5:59.94 | | |

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 4 | Panzer, Timothy | 59 | Bernardo's All S-36 | 6:50.61 |
| | 34.22 | 1:12.91 | 1:54.21 | 2:37.40 |
| | 3:20.48 | 4:04.20 | 4:46.89 | 5:29.24 |
| | 6:10.58 | 6:50.61 | | |

| | | | | |
|---|---------------|---------|---------------------|---------|
| 5 | Barnes, Brent | 56 | Team Walker Inte-36 | 7:10.34 |
| | 36.55 | 1:16.10 | 1:57.49 | 2:40.54 |
| | 3:24.85 | 4:09.33 | 4:54.21 | 5:40.29 |
| | 6:26.66 | 7:10.34 | | |

Men 55-59 1000 Yard Freestyle

| | | | | |
|---|-----------------|----------|---------------------|----------|
| 1 | Panzer, Timothy | 59 | Bernardo's All S-36 | 14:06.84 |
| | 35.53 | 1:14.28 | 1:56.14 | 2:39.11 |
| | 3:21.75 | 4:04.31 | 4:47.49 | 5:30.57 |
| | 6:14.19 | 6:58.11 | 7:41.90 | 8:25.84 |
| | 9:09.35 | 9:52.92 | 10:36.83 | 11:19.97 |
| | 12:02.93 | 12:45.16 | 13:26.96 | 14:06.84 |

| | | | | |
|---|---------------|----------|---------------------|----------|
| 2 | Barnes, Brent | 56 | Team Walker Inte-36 | 14:58.36 |
| | 37.24 | 1:18.35 | 2:00.08 | 2:43.27 |
| | 3:27.60 | 4:13.50 | 4:59.76 | 5:45.66 |
| | 6:31.59 | 7:18.67 | 8:05.33 | 8:51.73 |
| | 9:38.39 | 10:25.32 | 11:11.67 | 11:58.20 |
| | 12:44.19 | 13:30.54 | 14:15.18 | 14:58.36 |

Men 55-59 1650 Yard Freestyle

| | | | | |
|---|-----------------|----------|---------------------|----------|
| 1 | Panzer, Timothy | 59 | Bernardo's All S-36 | 23:22.54 |
| | 35.78 | 1:14.56 | 1:56.68 | 2:39.43 |
| | 3:21.46 | 4:03.85 | 4:46.50 | 5:28.95 |
| | 6:11.76 | 6:54.46 | 7:37.23 | 8:20.16 |
| | 9:03.12 | 9:46.92 | 10:30.32 | 11:13.16 |
| | 11:56.43 | 12:39.92 | 13:23.41 | 14:06.70 |
| | 14:49.81 | 15:32.94 | 16:16.41 | 16:59.23 |
| | 17:42.51 | 18:25.83 | 19:09.37 | 19:52.57 |
| | 20:36.06 | 21:19.31 | 22:02.10 | 22:43.62 |
| | | | | 23:22.54 |

Men 55-59 50 Yard Backstroke

| | | | | |
|---|----------------|----|---------------------|-------|
| 1 | Alsberg, Maoz | 55 | Team Walker Inte-36 | 28.13 |
| 2 | McCarty, David | 59 | Lake Washington-36 | 31.12 |
| 3 | Rich, Stephen | 55 | Bernardo's All S-36 | 35.27 |

Men 55-59 100 Yard Backstroke

| | | | | |
|-----|------------------|---------|---------------------|---------|
| 1 | Kirchhofer, Karl | 59 | Bainbridge Aquat-36 | 1:13.03 |
| | 36.05 | 1:13.03 | | |
| 2 | Rich, Stephen | 55 | Bernardo's All S-36 | 1:15.99 |
| | 36.58 | 1:15.99 | | |
| 3 | Stearn, Chris | 55 | Orca Swim Team-36 | 1:27.11 |
| | 41.09 | 1:27.11 | | |
| --- | Alsberg, Maoz | 55 | Team Walker Inte-36 | NS |
| --- | Morlan, Garvin | 59 | Puget Sound Mast-36 | NS |

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****Men 55-59 200 Yard Backstroke**

| | | | | |
|---|-----------------|---------|--------------------|---------|
| 1 | Sullivan, Scot | 57 | Oregon Masters-37 | 2:12.67 |
| | 32.54 | 1:06.19 | 1:39.74 | 2:12.67 |
| 2 | McCarty, David | 59 | Lake Washington-36 | 2:23.83 |
| | 35.30 | 1:13.07 | 1:49.39 | 2:23.83 |
| 3 | Porter, Michael | 57 | Lake Washington-36 | 2:24.85 |
| | 34.27 | 1:10.26 | 1:47.87 | 2:24.85 |

Men 55-59 50 Yard Breaststroke

| | | | | |
|---|--------------|----|---------------------|-------|
| 1 | Scott, David | 57 | Team Walker Inte-36 | 33.61 |
|---|--------------|----|---------------------|-------|

Men 55-59 100 Yard Breaststroke

| | | | | |
|-----|---------------|---------|---------------------|---------|
| 1 | Scott, David | 57 | Team Walker Inte-36 | 1:11.24 |
| | 34.31 | 1:11.24 | | |
| --- | Barnes, Brent | 56 | Team Walker Inte-36 | NS |

Men 55-59 200 Yard Breaststroke

| | | | | |
|-----|-----------------|---------|---------------------|---------|
| 1 | Sullivan, Scot | 57 | Oregon Masters-37 | 2:35.66 |
| | 35.39 | 1:15.31 | 1:55.04 | 2:35.66 |
| 2 | Scott, David | 57 | Team Walker Inte-36 | 2:35.72 |
| | 36.36 | 1:16.55 | 1:57.24 | 2:35.72 |
| 3 | Porter, Michael | 57 | Lake Washington-36 | 2:45.09 |
| | 37.84 | 1:19.80 | 2:02.18 | 2:45.09 |
| 4 | Panzer, Timothy | 59 | Bernardo's All S-36 | 3:20.82 |
| | 44.38 | 1:34.23 | 2:23.97 | 3:20.82 |
| --- | Barnes, Brent | 56 | Team Walker Inte-36 | NS |

Men 55-59 50 Yard Butterfly

| | | | | |
|---|------------------|----|---------------------|-------|
| 1 | Hackley, Jeff | 55 | Oregon Masters-37 | 27.60 |
| 2 | McCarty, David | 59 | Lake Washington-36 | 28.07 |
| 3 | Marx, John | 55 | UC36 | 29.16 |
| 4 | Kirchhofer, Karl | 59 | Bainbridge Aquat-36 | 32.01 |
| 5 | Stearn, Chris | 55 | Orca Swim Team-36 | 33.41 |
| 6 | Morlan, Garvin | 59 | Puget Sound Mast-36 | 34.48 |

Men 55-59 100 Yard IM

| | | | | |
|-----|-----------------|---------|---------------------|---------|
| 1 | Sullivan, Scot | 57 | Oregon Masters-37 | 1:00.48 |
| | 27.74 | 1:00.48 | | |
| 2 | McCarty, David | 59 | Lake Washington-36 | 1:05.02 |
| | 29.54 | 1:05.02 | | |
| 3 | Porter, Michael | 57 | Lake Washington-36 | 1:05.44 |
| | 30.21 | 1:05.44 | | |
| 4 | Scott, David | 57 | Team Walker Inte-36 | 1:06.75 |
| | 32.56 | 1:06.75 | | |
| 5 | Marx, John | 55 | UC36 | 1:07.96 |
| | 32.11 | 1:07.96 | | |
| --- | Morlan, Garvin | 59 | Puget Sound Mast-36 | NS |

Men 55-59 200 Yard IM

| | | | | |
|---|-----------------|---------|--------------------|---------|
| 1 | McCarty, David | 59 | Lake Washington-36 | 2:22.79 |
| | 30.41 | 1:06.64 | 1:48.61 | 2:22.79 |
| 2 | Porter, Michael | 57 | Lake Washington-36 | 2:24.48 |
| | 29.99 | 1:07.67 | 1:50.35 | 2:24.48 |
| 3 | Marx, John | 55 | UC36 | 2:34.26 |
| | 33.09 | 1:13.82 | 1:59.45 | 2:34.26 |

Men 55-59 400 Yard IM

| | | | | |
|---|---------------|---------|-------------------|---------|
| 1 | Hackley, Jeff | 55 | Oregon Masters-37 | 5:05.32 |
| | 29.92 | 1:05.22 | 1:48.74 | 2:30.36 |
| | 3:13.02 | 3:55.49 | 4:31.17 | 5:05.32 |

Men 60-64 50 Yard Freestyle

| | | | | |
|---|-------------------|----|---------------------|-------|
| 1 | Stack, Ned | 64 | Lake Washington-36 | 25.13 |
| 2 | Steenbeeke, Alain | 62 | Bernardo's All S-36 | 25.97 |
| 3 | Hathaway, David | 63 | Oregon Masters-37 | 26.29 |
| 4 | Praeger, Wade | 61 | Lake Washington-36 | 27.45 |
| 5 | Schwartz, Steven | 60 | Team Walker Inte-36 | 27.76 |
| 6 | Sasaki, Yasushi | 60 | UC36 | 31.00 |
| 7 | Bittner, Matthew | 64 | UC36 | 34.98 |
| 8 | Condotta, Robert | 60 | Blue Wave Aquati-36 | 36.41 |

Men 60-64 100 Yard Freestyle

| | | | | |
|-----|------------------|---------|---------------------|---------|
| 1 | Hathaway, David | 63 | Oregon Masters-37 | 56.91 |
| | 27.59 | 56.91 | | |
| 2 | Schwartz, Steven | 60 | Team Walker Inte-36 | 59.34 |
| | 28.72 | 59.34 | | |
| 3 | Sasaki, Yasushi | 60 | UC36 | 1:07.47 |
| | 31.62 | 1:07.47 | | |
| 4 | Condotta, Robert | 60 | Blue Wave Aquati-36 | 1:25.43 |
| | 39.44 | 1:25.43 | | |
| --- | Praeger, Wade | 61 | Lake Washington-36 | NS |
| --- | Stack, Ned | 64 | Lake Washington-36 | NS |

Men 60-64 200 Yard Freestyle

| | | | | |
|---|------------------|---------|---------------------|---------|
| 1 | Hathaway, David | 63 | Oregon Masters-37 | 2:03.92 |
| | 29.12 | 1:00.71 | 1:32.90 | 2:03.92 |
| 2 | Condotta, Robert | 60 | Blue Wave Aquati-36 | 3:05.98 |
| | 40.97 | 1:29.18 | 2:18.43 | 3:05.98 |
| 3 | Bittner, Matthew | 64 | UC36 | 3:20.90 |
| | 42.52 | 1:31.93 | 2:25.94 | 3:20.90 |

Men 60-64 500 Yard Freestyle

| | | | | |
|---|------------------|---------|---------------------|---------|
| 1 | Condotta, Robert | 60 | Blue Wave Aquati-36 | 8:09.57 |
| | 46.08 | 1:35.38 | 2:24.43 | 3:12.88 |
| | 4:01.64 | 4:51.44 | 5:41.50 | 6:31.64 |
| | 7:21.99 | 8:09.57 | | |

Men 60-64 1000 Yard Freestyle

| | | | | |
|---|------------------|----------|---------------------|----------|
| 1 | Condotta, Robert | 60 | Blue Wave Aquati-36 | 16:38.27 |
| | 42.87 | 1:32.64 | 2:21.04 | 3:10.64 |
| | 4:00.05 | 4:50.73 | 5:41.87 | 6:32.53 |
| | 7:23.03 | 8:13.64 | 9:04.53 | 9:55.01 |
| | 10:46.24 | 11:37.79 | 12:28.87 | 13:20.35 |
| | 14:10.64 | 15:01.09 | 15:51.30 | 16:38.27 |

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****Men 60-64 1650 Yard Freestyle**

| | | | | |
|---|------------------|----------|---------------------|----------|
| 1 | Condotta, Robert | 60 | Blue Wave Aquati-36 | 28:54.88 |
| | 46.94 | 1:36.83 | 2:27.60 | 3:19.19 |
| | 4:12.63 | 5:05.14 | 5:56.95 | 6:49.48 |
| | 7:41.96 | 8:33.94 | 9:26.91 | 10:19.23 |
| | 11:11.36 | 12:04.74 | 12:57.79 | 13:50.76 |
| | 14:44.38 | 15:37.32 | 16:31.13 | 17:24.75 |
| | 18:17.38 | 19:11.26 | 20:04.74 | 20:58.56 |
| | 21:50.39 | 22:43.88 | 23:37.12 | 24:30.03 |
| | 25:23.20 | 26:16.58 | 27:10.46 | 28:02.99 |
| | | | | 28:54.88 |

Men 60-64 50 Yard Backstroke

| | | | | |
|---|--------------|----|---------------------|-------|
| 1 | Haynie, Carl | 63 | Team Walker Inte-36 | 29.67 |
|---|--------------|----|---------------------|-------|

Men 60-64 100 Yard Backstroke

| | | | | |
|-----|-------------------|---------|---------------------|---------|
| 1 | Haynie, Carl | 63 | Team Walker Inte-36 | 1:02.84 |
| | 30.52 | 1:02.84 | | |
| 2 | Steenbeeke, Alain | 62 | Bernardo's All S-36 | 1:05.19 |
| | 31.35 | 1:05.19 | | |
| 3 | Moore, Robert | 63 | Team Walker Inte-36 | 1:10.35 |
| | 34.27 | 1:10.35 | | |
| --- | Hoover, David | 61 | Cascade Masters-36 | NS |

Men 60-64 200 Yard Backstroke

| | | | | |
|---|---------------|---------|---------------------|---------|
| 1 | Haynie, Carl | 63 | Team Walker Inte-36 | 2:20.95 |
| | 33.71 | 1:09.06 | 1:45.16 | 2:20.95 |
| 2 | Moore, Robert | 63 | Team Walker Inte-36 | 2:31.16 |
| | 35.09 | 1:13.30 | 1:52.67 | 2:31.16 |
| 3 | Hoover, David | 61 | Cascade Masters-36 | 2:57.43 |
| | 40.83 | 1:24.23 | 2:11.09 | 2:57.43 |

Men 60-64 50 Yard Breaststroke

| | | | | |
|---|-----------------|----|---------------------|-------|
| 1 | Haynie, Carl | 63 | Team Walker Inte-36 | 31.87 |
| 2 | Howell, Richard | 64 | Oregon Masters-37 | 32.45 |

Men 60-64 100 Yard Breaststroke

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Howell, Richard | 64 | Oregon Masters-37 | 1:13.43 |
| | 34.39 | 1:13.43 | | |
| 2 | Haynie, Carl | 63 | Team Walker Inte-36 | 1:14.12 |
| | 35.13 | 1:14.12 | | |

Men 60-64 200 Yard Breaststroke

| | | | | |
|---|-----------------|---------|-------------------|---------|
| 1 | Howell, Richard | 64 | Oregon Masters-37 | 2:43.17 |
| | 37.12 | 1:18.41 | 2:00.63 | 2:43.17 |
| 2 | Hathaway, David | 63 | Oregon Masters-37 | 2:52.07 |
| | 39.01 | 1:23.27 | 2:08.16 | 2:52.07 |

Men 60-64 50 Yard Butterfly

| | | | | |
|---|------------------|----|---------------------|-------|
| 1 | Bollens, Stephen | 64 | UC37 | 30.11 |
| 2 | Moore, Robert | 63 | Team Walker Inte-36 | 30.91 |
| 3 | Schwartz, Steven | 60 | Team Walker Inte-36 | 31.13 |
| 4 | Stack, Ned | 64 | Lake Washington-36 | 31.25 |
| 5 | Praeger, Wade | 61 | Lake Washington-36 | 31.92 |

Men 60-64 100 Yard Butterfly

| | | | | |
|-----|------------------|---------|---------------------|---------|
| 1 | Schwartz, Steven | 60 | Team Walker Inte-36 | 1:16.05 |
| | 34.08 | 1:16.05 | | |
| --- | Howell, Richard | 64 | Oregon Masters-37 | NS |

Men 60-64 100 Yard IM

| | | | | |
|-----|------------------|---------|---------------------|---------|
| 1 | Schwartz, Steven | 60 | Team Walker Inte-36 | 1:12.77 |
| | 33.61 | 1:12.77 | | |
| 2 | Sasaki, Yasushi | 60 | UC36 | 1:21.02 |
| | 37.55 | 1:21.02 | | |
| --- | Howell, Richard | 64 | Oregon Masters-37 | NS |

Men 60-64 200 Yard IM

| | | | | |
|---|--------------|---------|---------------------|---------|
| 1 | Haynie, Carl | 63 | Team Walker Inte-36 | 2:27.58 |
| | 32.10 | 1:08.89 | 1:51.97 | 2:27.58 |

Men 60-64 400 Yard IM

| | | | | |
|---|-----------------|---------|-------------------|---------|
| 1 | Hathaway, David | 63 | Oregon Masters-37 | 5:21.49 |
| | 32.77 | 1:10.68 | 1:54.51 | 2:36.69 |
| | 3:26.31 | 4:13.53 | 4:48.83 | 5:21.49 |

Men 65-69 50 Yard Freestyle

| | | | | |
|---|----------------|----|--------------------|-------|
| 1 | Busch, Ralph | 67 | Lake Washington-36 | 26.99 |
| 2 | Geiger, Kyle | 66 | 425 Masters-36 | 27.67 |
| 3 | Troupe, Curtis | 67 | UC36 | 29.59 |

Men 65-69 100 Yard Freestyle

| | | | | |
|---|-------------------|---------|--------------------|---------|
| 1 | Geiger, Kyle | 66 | 425 Masters-36 | 59.55 |
| | 28.60 | 59.55 | | |
| 2 | Troupe, Curtis | 67 | UC36 | 1:05.27 |
| | 31.18 | 1:05.27 | | |
| 3 | Morrison, Jeffrey | 69 | Thunderbird Aqua-3 | 1:10.26 |
| | 34.60 | 1:10.26 | | |

Men 65-69 200 Yard Freestyle

| | | | | |
|---|-------------------|---------|---------------------|---------|
| 1 | Geiger, Kyle | 66 | 425 Masters-36 | 2:16.70 |
| | 31.63 | 1:05.92 | 1:41.36 | 2:16.70 |
| 2 | Stevens, Rod | 66 | Bainbridge Aquat-36 | 2:28.65 |
| | 35.24 | 1:14.19 | 1:52.16 | 2:28.65 |
| 3 | Durban, Eric | 68 | Blue Wave Aquati-36 | 2:28.77 |
| | 33.99 | 1:12.23 | 1:51.14 | 2:28.77 |
| 4 | Morrison, Jeffrey | 69 | Thunderbird Aqua-3 | 2:35.10 |
| | 36.59 | 1:15.12 | 1:54.94 | 2:35.10 |
| 5 | Weyhrauch, Tom | 66 | Bernardo's All S-36 | 2:56.68 |
| | 38.35 | 1:21.79 | 2:09.10 | 2:56.68 |

Men 65-69 500 Yard Freestyle

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Durban, Eric | 68 | Blue Wave Aquati-36 | 6:34.95 |
| | 36.31 | 1:15.93 | 1:56.49 | 2:36.79 |
| | 3:17.08 | 3:57.10 | 4:37.13 | 5:16.70 |
| | 5:56.45 | 6:34.95 | | |
| 2 | Stevens, Rod | 66 | Bainbridge Aquat-36 | 6:45.37 |
| | 36.14 | 1:16.52 | 1:58.72 | 2:41.06 |
| | 3:22.91 | 4:04.23 | 4:45.43 | 5:26.09 |
| | 6:06.95 | 6:45.37 | | |
| 3 | Underbrink, Dan | 67 | Team Walker Inte-36 | 7:37.25 |
| | 40.05 | 1:24.22 | 2:11.02 | 2:57.54 |
| | 3:44.24 | 4:31.17 | 5:19.55 | 6:07.14 |
| | 6:52.42 | 7:37.25 | | |
| 4 | Weyhrauch, Tom | 66 | Bernardo's All S-36 | 8:04.89 |
| | 40.14 | 1:24.41 | 2:12.38 | 3:01.28 |
| | 3:51.69 | 4:42.21 | 5:32.97 | 6:25.94 |
| | 7:16.53 | 8:04.89 | | |

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****Men 65-69 1000 Yard Freestyle**

| | | | | |
|---|-----------------|----------|---------------------|----------|
| 1 | Durban, Eric | 68 | Blue Wave Aquati-36 | 13:20.41 |
| | 36.65 | 1:16.21 | 1:57.56 | 2:38.80 |
| | 3:20.32 | 4:01.60 | 4:43.07 | 5:23.89 |
| | 6:05.00 | 6:45.74 | 7:26.43 | 8:06.28 |
| | 8:46.91 | 9:26.69 | 10:06.59 | 10:45.71 |
| | 11:24.68 | 12:03.26 | 12:42.00 | 13:20.41 |
| 2 | Underbrink, Dan | 67 | Team Walker Inte-36 | 15:59.23 |
| | 42.12 | 1:27.57 | 2:15.68 | 3:04.72 |
| | 3:51.90 | 4:41.60 | 5:30.34 | 6:18.56 |
| | 7:07.92 | 7:58.14 | 8:46.72 | 9:35.02 |
| | 10:24.11 | 11:12.93 | 12:01.67 | 12:50.44 |
| | 13:39.66 | 14:27.97 | 15:14.97 | 15:59.23 |
| 3 | Weyhrauch, Tom | 66 | Bernardo's All S-36 | 17:24.03 |
| | 41.83 | 1:26.91 | 2:15.18 | 3:06.86 |
| | 3:59.61 | 4:53.55 | 5:45.93 | 6:39.50 |
| | 7:33.97 | 8:28.43 | 9:22.62 | 10:15.97 |
| | 11:09.58 | 12:04.82 | 13:00.52 | 13:55.34 |
| | 14:48.54 | 15:41.94 | 16:34.71 | 17:24.03 |

Men 65-69 1650 Yard Freestyle

| | | | | |
|---|-----------------|----------|---------------------|----------|
| 1 | Durban, Eric | 68 | Blue Wave Aquati-36 | 22:00.11 |
| | 37.42 | 1:17.95 | 1:59.71 | 2:41.33 |
| | 3:22.50 | 4:03.68 | 4:45.11 | 5:26.03 |
| | 6:06.71 | 6:47.84 | 7:28.43 | 8:09.07 |
| | 8:49.84 | 9:30.33 | 10:10.54 | 10:50.98 |
| | 11:30.76 | 12:10.41 | 12:49.95 | 13:29.66 |
| | 14:09.42 | 14:48.90 | 15:28.39 | 16:07.96 |
| | 16:47.28 | 17:26.56 | 18:06.22 | 18:45.30 |
| | 19:24.60 | 20:03.31 | 20:42.78 | 21:21.76 |
| | | | | 22:00.11 |
| 2 | Underbrink, Dan | 67 | Team Walker Inte-36 | 27:26.19 |
| | 41.65 | 1:28.23 | 2:18.28 | 3:06.42 |
| | 3:56.61 | 4:45.10 | 5:34.93 | 6:24.67 |
| | 7:15.03 | 8:05.54 | 8:53.92 | 9:43.80 |
| | 10:35.46 | 11:25.80 | 12:16.28 | 13:06.92 |
| | 13:57.35 | 14:48.05 | 15:38.36 | 16:28.26 |
| | 17:18.96 | 18:08.96 | 19:00.90 | 19:51.22 |
| | 20:42.38 | 21:31.73 | 22:23.37 | 23:14.92 |
| | 24:05.03 | 24:56.98 | 25:47.63 | 26:37.66 |
| | | | | 27:26.19 |

Men 65-69 50 Yard Backstroke

| | | | | |
|---|-------------------|----|--------------------|-------|
| 1 | Morrison, Jeffrey | 69 | Thunderbird Aqua-3 | 41.46 |
|---|-------------------|----|--------------------|-------|

Men 65-69 100 Yard Backstroke

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Underbrink, Dan | 67 | Team Walker Inte-36 | 1:34.79 |
| | 46.76 | 1:34.79 | | |

Men 65-69 50 Yard Breaststroke

| | | | | |
|---|-------------------|----|--------------------|-------|
| 1 | Lautman, Chris | 69 | Lake Washington-36 | 36.97 |
| 2 | Morrison, Jeffrey | 69 | Thunderbird Aqua-3 | 41.73 |

Men 65-69 100 Yard Breaststroke

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Stevens, Rod | 66 | Bainbridge Aquat-36 | 1:18.52 |
| | 37.33 | 1:18.52 | | |
| 2 | Busch, Ralph | 67 | Lake Washington-36 | 1:18.59 |
| | 36.80 | 1:18.59 | | |
| 3 | Underbrink, Dan | 67 | Team Walker Inte-36 | 1:32.77 |
| | 44.58 | 1:32.77 | | |

| | | | | |
|---|-------------------|---------|--------------------|---------|
| 4 | Morrison, Jeffrey | 69 | Thunderbird Aqua-3 | 1:35.00 |
| | 44.71 | 1:35.00 | | |

Men 65-69 200 Yard Breaststroke

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Underbrink, Dan | 67 | Team Walker Inte-36 | 3:23.19 |
| | 45.70 | 1:37.93 | 2:31.63 | 3:23.19 |
| 2 | Weyhrauch, Tom | 66 | Bernardo's All S-36 | 3:34.39 |
| | 47.86 | 1:41.94 | 2:39.29 | 3:34.39 |

Men 65-69 50 Yard Butterfly

| | | | | |
|---|----------------|----|------|-------|
| 1 | Troupe, Curtis | 67 | UC36 | 33.82 |
|---|----------------|----|------|-------|

Men 65-69 100 Yard Butterfly

| | | | | |
|---|----------------|---------|------|---------|
| 1 | Troupe, Curtis | 67 | UC36 | 1:25.76 |
| | 39.10 | 1:25.76 | | |

Men 65-69 100 Yard IM

| | | | | |
|---|----------------|---------|--------------------|---------|
| 1 | Busch, Ralph | 67 | Lake Washington-36 | 1:12.16 |
| | 32.79 | 1:12.16 | | |
| 2 | Geiger, Kyle | 66 | 425 Masters-36 | 1:14.95 |
| | 35.82 | 1:14.95 | | |
| 3 | Troupe, Curtis | 67 | UC36 | 1:22.31 |
| | 40.02 | 1:22.31 | | |

Men 65-69 200 Yard IM

| | | | | |
|---|----------------|---------|---------------------|---------|
| 1 | Geiger, Kyle | 66 | 425 Masters-36 | 2:46.04 |
| | 36.34 | 1:21.14 | 2:11.40 | 2:46.04 |
| 2 | Stevens, Rod | 66 | Bainbridge Aquat-36 | 2:48.91 |
| | 39.82 | 1:26.08 | 2:10.92 | 2:48.91 |
| 3 | Durban, Eric | 68 | Blue Wave Aquati-36 | 3:08.19 |
| | 40.48 | 1:33.14 | 2:27.30 | 3:08.19 |
| 4 | Weyhrauch, Tom | 66 | Bernardo's All S-36 | 3:27.06 |
| | 47.88 | 1:41.20 | 2:39.26 | 3:27.06 |

Men 65-69 400 Yard IM

| | | | | |
|---|--------------|---------|---------------------|---------|
| 1 | Durban, Eric | 68 | Blue Wave Aquati-36 | 6:26.55 |
| | 42.54 | 1:33.58 | 2:27.97 | 3:19.22 |
| | 4:11.49 | 5:04.42 | 5:45.96 | 6:26.55 |

Men 70-74 50 Yard Freestyle

| | | | | |
|-----|------------------|----|---------------------|-------|
| 1 | Colella, Rick | 72 | Lake Washington-36 | 25.09 |
| 2 | Hayes, William | 72 | Lake Washington-36 | 27.16 |
| 3 | Walsh, Greg | 71 | Puget Sound Mast-36 | 30.27 |
| 4 | Watts, David | 71 | Wisconsin Master-21 | 33.30 |
| --- | Killory, Francis | 71 | UC36 | NS |

Men 70-74 100 Yard Freestyle

| | | | | |
|---|----------------|---------|--------------------|---------|
| 1 | Colella, Rick | 72 | Lake Washington-36 | 54.83 |
| | 26.53 | 54.83 | | |
| 2 | Hayes, William | 72 | Lake Washington-36 | 1:02.28 |
| | 29.51 | 1:02.28 | | |

Men 70-74 200 Yard Freestyle

| | | | | |
|---|----------------|---------|--------------------|---------|
| 1 | Hayes, William | 72 | Lake Washington-36 | 2:38.37 |
| | 36.44 | 1:17.99 | 2:00.08 | 2:38.37 |

Men 70-74 500 Yard Freestyle

| | | | | |
|---|----------------|---------|--------------------|---------|
| 1 | Hayes, William | 72 | Lake Washington-36 | 7:31.38 |
| | 40.98 | 1:26.34 | 2:13.44 | 3:02.39 |
| | 3:51.26 | 4:37.84 | 5:22.71 | 6:07.71 |
| | 6:51.61 | 7:31.38 | | |

2024 PNA Championship - 4/13/2024 to 4/14/2024

2024 PNA Championship
Hosted by Blue Wave Aquatics

Results

Men 70-74 1000 Yard Freestyle

| | | | | |
|---|--------------|----------|---------------------|----------|
| 1 | Watts, David | 71 | Wisconsin Master-21 | 16:08.89 |
| | 39.23 | 1:23.10 | 2:09.10 | 2:57.05 |
| | 3:45.74 | 4:34.36 | 5:22.81 | 6:11.73 |
| | 7:01.23 | 7:50.46 | 8:38.78 | 9:28.74 |
| | 10:19.03 | 11:09.42 | 11:59.31 | 12:49.21 |
| | 13:39.68 | 14:29.73 | 15:19.86 | 16:08.89 |

Men 70-74 50 Yard Backstroke

| | | | | |
|-----|------------------|----|--------------------|-------|
| 1 | Colella, Rick | 72 | Lake Washington-36 | 29.53 |
| 2 | Killory, Francis | 71 | UC36 | 38.67 |
| --- | Hayes, William | 72 | Lake Washington-36 | NS |

Men 70-74 100 Yard Backstroke

| | | | | |
|---|---------------|---------|---------------------|---------|
| 1 | Davis, Dwight | 70 | Lake Washington-36 | 1:17.24 |
| | 37.80 | 1:17.24 | | |
| 2 | Benson, Gary | 73 | Puget Sound Mast-31 | 1:18.73 |
| | 38.87 | 1:18.73 | | |

Men 70-74 200 Yard Backstroke

| | | | | |
|-----|------------------|---------|---------------------|---------|
| 1 | Davis, Dwight | 70 | Lake Washington-36 | 2:50.99 |
| | 39.44 | 1:21.85 | 2:06.11 | 2:50.99 |
| 2 | Benson, Gary | 73 | Puget Sound Mast-31 | 2:52.35 |
| | 41.19 | 1:23.66 | 2:08.38 | 2:52.35 |
| --- | Anderson, Graham | 72 | Snoco YMCA Barra-3 | NS |

Men 70-74 50 Yard Breaststroke

| | | | | |
|---|------------------|----|---------------------|-------|
| 1 | Colella, Rick | 72 | Lake Washington-36 | 29.92 |
| 2 | Walsh, Greg | 71 | Puget Sound Mast-31 | 39.22 |
| 3 | Louis, Steven | 71 | Bainbridge Aquat-36 | 41.74 |
| 4 | Anderson, Graham | 72 | Snoco YMCA Barra-3 | 49.37 |

Men 70-74 100 Yard Breaststroke

| | | | | |
|---|---------------|---------|---------------------|---------|
| 1 | Walsh, Greg | 71 | Puget Sound Mast-31 | 1:33.94 |
| | 43.27 | 1:33.94 | | |
| 2 | Louis, Steven | 71 | Bainbridge Aquat-36 | 1:36.49 |
| | 43.94 | 1:36.49 | | |

Men 70-74 200 Yard Breaststroke

| | | | | |
|-----|------------------|---------|---------------------|---------|
| 1 | Louis, Steven | 71 | Bainbridge Aquat-36 | 3:36.63 |
| | 46.70 | 1:40.04 | 2:37.49 | 3:36.63 |
| --- | Anderson, Graham | 72 | Snoco YMCA Barra-3 | NS |

Men 70-74 50 Yard Butterfly

| | | | | |
|-----|------------------|----|---------------------|-------|
| 1 | Colella, Rick | 72 | Lake Washington-36 | 27.54 |
| 2 | Louis, Steven | 71 | Bainbridge Aquat-36 | 36.74 |
| --- | Killory, Francis | 71 | UC36 | NS |

Men 70-74 100 Yard IM

| | | | | |
|---|------------------|---------|---------------------|---------|
| 1 | Colella, Rick | 72 | Lake Washington-36 | 1:02.45 |
| | 29.63 | 1:02.45 | | |
| 2 | Louis, Steven | 71 | Bainbridge Aquat-36 | 1:22.00 |
| | 38.28 | 1:22.00 | | |
| 3 | Hayes, William | 72 | Lake Washington-36 | 1:22.55 |
| | 40.26 | 1:22.55 | | |
| 4 | Anderson, Graham | 72 | Snoco YMCA Barra-3 | 1:34.11 |
| | 42.26 | 1:34.11 | | |

Men 70-74 200 Yard IM

| | | | | |
|---|---------------|---------|---------------------|---------|
| 1 | Louis, Steven | 71 | Bainbridge Aquat-36 | 3:10.43 |
| | 39.66 | 1:30.15 | 2:27.16 | 3:10.43 |

Men 70-74 400 Yard IM

| | | | | |
|---|--------------|---------|---------------------|---------|
| 1 | Benson, Gary | 73 | Puget Sound Mast-31 | 6:22.63 |
| | 41.18 | 1:28.54 | 2:16.58 | 3:02.53 |
| | 3:59.79 | 4:56.89 | 5:40.58 | 6:22.63 |

Men 75-79 50 Yard Freestyle

| | | | | |
|---|-----------------|----|---------------------|-------|
| 1 | Wright, Larry | 75 | Oregon Masters-37 | 30.02 |
| 2 | White, Robert | 75 | Lake Washington-36 | 31.54 |
| 3 | Peterson, Steve | 77 | Bernardo's All S-36 | 32.57 |
| 4 | Conlan, Michael | 77 | Bainbridge Aquat-36 | 36.93 |
| 5 | Galvani, Bill | 77 | Bainbridge Aquat-36 | 37.34 |

Men 75-79 100 Yard Freestyle

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Kirkland, Dan | 75 | Oregon Masters-37 | 1:01.79 |
| | 30.02 | 1:01.79 | | |
| 2 | Wright, Larry | 75 | Oregon Masters-37 | 1:08.07 |
| | 32.64 | 1:08.07 | | |
| 3 | Conlan, Michael | 77 | Bainbridge Aquat-36 | 1:24.32 |
| | 38.56 | 1:24.32 | | |

Men 75-79 200 Yard Freestyle

| | | | | |
|---|---------------|---------|---------------------|---------|
| 1 | Kimball, Hugh | 77 | North End Otters-36 | 3:41.01 |
| | 46.57 | 1:43.40 | 2:44.81 | 3:41.01 |

Men 75-79 500 Yard Freestyle

| | | | | |
|---|----------------|----------|---------------------|----------|
| 1 | Walker, Thomas | 77 | Team Walker Inte-36 | 14:55.97 |
| | 1:23.14 | 2:55.78 | 4:26.09 | 5:56.57 |
| | 7:25.07 | 9:00.72 | 10:32.24 | 12:03.10 |
| | 13:33.02 | 14:55.97 | | |

Men 75-79 1000 Yard Freestyle

| | | | | |
|---|---------------|----------|---------------------|----------|
| 1 | Kirkland, Dan | 75 | Oregon Masters-37 | 12:17.18 |
| | 33.12 | 1:08.48 | 1:44.42 | 2:20.95 |
| | 2:57.74 | 3:34.54 | 4:11.78 | 4:48.66 |
| | 5:25.83 | 6:03.11 | 6:40.45 | 7:18.05 |
| | 7:55.33 | 8:32.56 | 9:10.13 | 9:47.80 |
| | 10:25.21 | 11:02.53 | 11:40.44 | 12:17.18 |
| 2 | Kimball, Hugh | 77 | North End Otters-36 | 19:37.35 |
| | 48.23 | 1:45.01 | 2:43.67 | 3:43.20 |
| | 4:43.85 | 5:44.66 | 6:44.55 | 7:43.25 |
| | 8:42.72 | 9:41.76 | 10:41.63 | 11:43.69 |
| | 12:44.00 | 13:43.68 | 14:42.20 | 15:41.31 |
| | 16:43.57 | 17:44.88 | 18:43.76 | 19:37.35 |

Men 75-79 1650 Yard Freestyle

| | | | | |
|---|---------------|----------|-------------------|----------|
| 1 | Kirkland, Dan | 75 | Oregon Masters-37 | 20:29.70 |
| | 33.81 | 1:10.29 | 1:47.96 | 2:24.37 |
| | 3:01.29 | 3:38.55 | 4:15.61 | 4:52.80 |
| | 5:30.06 | 6:07.03 | 6:44.21 | 7:21.25 |
| | 7:58.97 | 8:36.44 | 9:13.71 | 9:51.11 |
| | 10:28.58 | 11:05.69 | 11:42.94 | 12:20.94 |
| | 12:58.55 | 13:35.79 | 14:13.29 | 14:50.53 |
| | 15:28.50 | 16:06.25 | 16:44.44 | 17:21.82 |
| | 17:59.45 | 18:37.07 | 19:15.25 | 19:53.07 |
| | | | | 20:29.70 |

2024 PNA Championship - 4/13/2024 to 4/14/2024

2024 PNA Championship
Hosted by Blue Wave Aquatics

Results

(Men 75-79 1650 Yard Freestyle)

| | | | | |
|---|---------------|----------|---------------------|----------|
| 2 | Norris, James | 76 | Puget Sound Mast-36 | 25:25.87 |
| | 41.84 | 1:28.35 | 2:16.10 | 3:04.50 |
| | 3:51.84 | 4:38.22 | 5:24.43 | 6:10.20 |
| | 6:56.62 | 7:43.06 | 8:29.31 | 9:15.19 |
| | 10:01.08 | 10:47.62 | 11:33.96 | 12:20.05 |
| | 13:06.60 | 13:52.75 | 14:39.62 | 15:25.47 |
| | 16:11.58 | 16:57.88 | 17:44.40 | 18:30.81 |
| | 19:17.24 | 20:04.41 | 20:51.17 | 21:37.76 |
| | 22:24.31 | 23:10.96 | 23:56.19 | 24:41.60 |
| | | | | 25:25.87 |

Men 75-79 50 Yard Backstroke

| | | | | |
|-----|---------------|----|---------------------|-------|
| 1 | Wright, Larry | 75 | Oregon Masters-37 | 35.65 |
| --- | Spencer, Rick | 76 | Puget Sound Mast-36 | NS |
| --- | Fogg, Stephen | 75 | Team Walker Inte-36 | SCR |

Men 75-79 100 Yard Backstroke

| | | | | |
|-----|---------------|---------|---------------------|---------|
| 1 | Wright, Larry | 75 | Oregon Masters-37 | 1:18.65 |
| | 38.36 | 1:18.65 | | |
| 2 | Spencer, Rick | 76 | Puget Sound Mast-36 | 1:24.60 |
| | 41.40 | 1:24.60 | | |
| --- | Fogg, Stephen | 75 | Team Walker Inte-36 | SCR |

Men 75-79 200 Yard Backstroke

| | | | | |
|-----|----------------|---------|---------------------|---------|
| 1 | Spencer, Rick | 76 | Puget Sound Mast-36 | 2:56.70 |
| | 41.42 | 1:26.02 | 2:11.66 | 2:56.70 |
| 2 | Walker, Thomas | 77 | Team Walker Inte-36 | 5:30.74 |
| | 1:24.76 | 2:48.43 | 4:12.28 | 5:30.74 |
| --- | Fogg, Stephen | 75 | Team Walker Inte-36 | SCR |

Men 75-79 50 Yard Breaststroke

| | | | | |
|-----|-----------------|----|---------------------|-------|
| 1 | White, Robert | 75 | Lake Washington-36 | 36.05 |
| 2 | Peterson, Steve | 77 | Bernardo's All S-36 | 38.82 |
| --- | Collins, Greg | 75 | Blue Wave Aquati-36 | NS |

Men 75-79 100 Yard Breaststroke

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | White, Robert | 75 | Lake Washington-36 | 1:25.40 |
| | 39.89 | 1:25.40 | | |
| 2 | Peterson, Steve | 77 | Bernardo's All S-36 | 1:26.04 |
| | 41.45 | 1:26.04 | | |
| 3 | Galvani, Bill | 77 | Bainbridge Aquat-36 | 1:39.82 |
| | 47.63 | 1:39.82 | | |
| 4 | Walker, Thomas | 77 | Team Walker Inte-36 | 3:19.82 |
| | 1:33.67 | 3:19.82 | | |

Men 75-79 200 Yard Breaststroke

| | | | | |
|-----|-----------------|---------|---------------------|---------|
| 1 | White, Robert | 75 | Lake Washington-36 | 3:06.93 |
| | 40.86 | 1:28.93 | 2:18.79 | 3:06.93 |
| 2 | Peterson, Steve | 77 | Bernardo's All S-36 | 3:08.60 |
| | 42.75 | 1:31.63 | 2:20.82 | 3:08.60 |
| 3 | Walker, Thomas | 77 | Team Walker Inte-36 | 7:09.26 |
| | 1:40.83 | 3:30.50 | 5:22.86 | 7:09.26 |
| --- | Collins, Greg | 75 | Blue Wave Aquati-36 | NS |

Men 75-79 50 Yard Butterfly

| | | | | |
|---|---------------|----|---------------------|-------|
| 1 | Wright, Larry | 75 | Oregon Masters-37 | 32.62 |
| 2 | Galvani, Bill | 77 | Bainbridge Aquat-36 | 48.60 |

Men 75-79 200 Yard Butterfly

| | | | | |
|-----|---------------|----|---------------------|-----|
| --- | Fogg, Stephen | 75 | Team Walker Inte-36 | SCR |
|-----|---------------|----|---------------------|-----|

Men 75-79 100 Yard IM

| | | | | |
|---|----------------|---------|---------------------|---------|
| 1 | Kirkland, Dan | 75 | Oregon Masters-37 | 1:14.61 |
| | 34.39 | 1:14.61 | | |
| 2 | Wright, Larry | 75 | Oregon Masters-37 | 1:17.92 |
| | 35.26 | 1:17.92 | | |
| 3 | White, Robert | 75 | Lake Washington-36 | 1:22.89 |
| | 41.23 | 1:22.89 | | |
| 4 | Galvani, Bill | 77 | Bainbridge Aquat-36 | 1:41.13 |
| | 51.01 | 1:41.13 | | |
| 5 | Kimball, Hugh | 77 | North End Otters-36 | 1:58.03 |
| | 56.45 | 1:58.03 | | |
| 6 | Walker, Thomas | 77 | Team Walker Inte-36 | 3:15.57 |
| | 1:43.42 | 3:15.57 | | |

Men 75-79 200 Yard IM

| | | | | |
|---|-----------------|---------|---------------------|---------|
| 1 | Peterson, Steve | 77 | Bernardo's All S-36 | 3:01.84 |
| | 42.69 | 1:30.27 | 2:19.39 | 3:01.84 |

Men 75-79 400 Yard IM

| | | | | |
|-----|---------------|---------|---------------------|---------|
| 1 | Kirkland, Dan | 75 | Oregon Masters-37 | 5:46.91 |
| | 40.10 | 1:27.90 | 2:10.27 | 2:52.12 |
| | 3:43.65 | 4:35.36 | 5:12.05 | 5:46.91 |
| --- | Fogg, Stephen | 75 | Team Walker Inte-36 | SCR |

Men 80-84 50 Yard Freestyle

| | | | | |
|---|----------------|----|---------------------|-------|
| 1 | Pilger, Robert | 80 | Bernardo's All S-36 | 29.59 |
|---|----------------|----|---------------------|-------|

Men 80-84 200 Yard Freestyle

| | | | | |
|---|----------------|---------|---------------------|---------|
| 1 | Pilger, Robert | 80 | Bernardo's All S-36 | 2:40.99 |
| | 36.67 | 1:18.07 | 2:01.53 | 2:40.99 |

Men 80-84 100 Yard Breaststroke

| | | | | |
|---|----------------|---------|---------------------|---------|
| 1 | Sawyer, Dennis | 80 | Bainbridge Aquat-36 | 1:35.70 |
| | 46.06 | 1:35.70 | | |

Men 80-84 100 Yard IM

| | | | | |
|---|----------------|---------|---------------------|---------|
| 1 | Pilger, Robert | 80 | Bernardo's All S-36 | 1:26.81 |
| | 39.51 | 1:26.81 | | |
| 2 | Sawyer, Dennis | 80 | Bainbridge Aquat-36 | 1:38.95 |
| | 49.71 | 1:38.95 | | |

Men 80-84 200 Yard IM

| | | | | |
|---|----------------|---------|---------------------|---------|
| 1 | Pilger, Robert | 80 | Bernardo's All S-36 | 3:18.19 |
| | 38.65 | 1:31.99 | 2:36.87 | 3:18.19 |

Men 85-89 100 Yard Backstroke

| | | | | |
|-----|----------------|----|---------------------|----|
| --- | Peterson, Dick | 87 | Puget Sound Mast-36 | NS |
|-----|----------------|----|---------------------|----|

Men 85-89 200 Yard Backstroke

| | | | | |
|---|----------------|---------|---------------------|---------|
| 1 | Peterson, Dick | 87 | Puget Sound Mast-36 | 5:20.15 |
| | 1:10.52 | 2:29.53 | 5:20.15 | |

Men 85-89 100 Yard Breaststroke

| | | | | |
|-----|----------------|----|---------------------|----|
| --- | Peterson, Dick | 87 | Puget Sound Mast-36 | NS |
|-----|----------------|----|---------------------|----|

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****Women 18+ 200 Yard Freestyle Relay**

| | | | |
|---|--------------------------|--------------------------|-----------------|
| 1 | Blue Wave Aquati-36 | A | 2:09.14 |
| | 1) Mellick, Kimberly W45 | 2) Ralstin, Madeline W22 | |
| | 3) Mason, Lauren W39 | 4) Kohler, Caralee W29 | |
| | 32.46 | 1:03.94 | 1:34.81 2:09.14 |

Women 18+ 200 Yard Medley Relay

| | | | |
|---|-------------------------|--------------------------|-----------------|
| 1 | Blue Wave Aquati-36 | A | 2:16.06 |
| | 1) Wu, Joanna W29 | 2) Ralstin, Madeline W22 | |
| | 3) Kohler, Caralee W29 | 4) Mason, Lauren W39 | |
| | 28.37 | 1:04.13 | 1:43.17 2:16.06 |
| 2 | Lake Washington-36 | A | 2:36.96 |
| | 1) Lindberg, Denise W41 | 2) Kempe, Christine W46 | |
| | 3) Singh, Isabelle W24 | 4) Underbrink, Mary W64 | |
| | 31.18 | 1:20.05 | 1:58.38 2:36.96 |

Women 25+ 200 Yard Freestyle Relay

| | | | |
|---|------------------------|--------------------------|-----------------|
| 1 | Cascade Masters-36 | A | 1:50.26 |
| | 1) Motley, Abigail W33 | 2) Brunjes, Molly W43 | |
| | 3) Motley, Caitlin W36 | 4) Jennings, Lindsey W42 | |
| | 25.97 | 55.26 | 1:22.50 1:50.26 |
| 2 | Bernardo's All S-36 | A | 2:03.70 |
| | 1) Lang, Claire W29 | 2) Eastlake, Emily W31 | |
| | 3) Milman, Ariana W39 | 4) Pound, Hallie W27 | |
| | 27.27 | 1:02.81 | 1:36.72 2:03.70 |

Women 25+ 200 Yard Medley Relay

| | | | |
|---|--------------------------|--------------------------|-----------------|
| 1 | Cascade Masters-36 | A | 2:04.16 |
| | 1) Motley, Abigail W33 | 2) Jennings, Lindsey W42 | |
| | 3) Motley, Caitlin W36 | 4) Brunjes, Molly W43 | |
| | 29.84 | 1:04.85 | 1:35.14 2:04.16 |
| 2 | Orca Swim Team-36 | A | 2:10.38 |
| | 1) Spencer, Gillian W33 | 2) McKenzie, Cora W29 | |
| | 3) Lederman, Emily W26 | 4) Nesvig, Chelsea W42 | |
| | 36.84 | 1:10.84 | 1:39.53 2:10.38 |
| 3 | Snohomish Aquati-36 | A | 2:14.82 |
| | 1) Marsh-Limm, Margo W56 | 2) Armstrong, Mary W56 | |
| | 3) Polidori, Wendy W54 | 4) Ringstad, Kristin W27 | |
| | 37.66 | 1:12.60 | 1:44.53 2:14.82 |
| 4 | Bernardo's All S-36 | A | 2:22.74 |
| | 1) Milman, Ariana W39 | 2) Lang, Claire W29 | |
| | 3) Pound, Hallie W27 | 4) Eastlake, Emily W31 | |
| | 40.88 | 1:18.24 | 1:47.62 2:22.74 |
| 5 | Orca Swim Team-36 | B | 2:51.98 |
| | 1) Kennedy, Erin W34 | 2) Fritcher, Katie W36 | |
| | 3) Huffman, Shuxu W29 | 4) Gustitus, Leah W40 | |
| | 42.23 | 1:23.38 | 2:18.70 2:51.98 |

Women 35+ 200 Yard Freestyle Relay

| | | | |
|---|-----------------------|-------------------------|-----------------|
| 1 | Blue Wave Aquati-36 | B | 2:29.35 |
| | 1) Kim, Nellis W53 | 2) Rasmussen, Karen W49 | |
| | 3) Schepler, Lani W43 | 4) Williams, Judy W76 | |
| | 32.17 | 1:10.70 | 1:45.85 2:29.35 |

Women 35+ 200 Yard Medley Relay

| | | | |
|---|--------------------------------|--------------------------|-----------------|
| 1 | Blue Wave Aquati-36 | B | 2:52.14 |
| | 1) Stribling Geldien, Gail W43 | 2) Mellick, Kimberly W45 | |
| | 3) Schepler, Lani W43 | 4) Williams, Judy W76 | |
| | 37.67 | 1:24.27 | 2:06.34 2:52.14 |

Women 45+ 200 Yard Freestyle Relay

| | | | |
|---|------------------------------|-----------------------|-----------------|
| 1 | Cascade Masters-36 | B | 2:13.70 |
| | 1) Halter, Dana Robertson W4 | 2) Sayigh, Julie W48 | |
| | 3) Huntamer, Nancy W59 | 4) High, Marjorie W48 | |
| | 29.88 | 59.43 | 1:38.44 2:13.70 |
| 2 | Bainbridge Aquat-36 | A | 2:38.49 |
| | 1) Cyger, Erin W52 | 2) Loiacano, Toni W46 | |
| | 3) Hunt, Andrea W76 | 4) Belt, Barbara W68 | |
| | 31.24 | 1:14.68 | 1:58.37 2:38.49 |

Women 45+ 200 Yard Medley Relay

| | | | |
|---|------------------------------|------------------------------|-----------------|
| 1 | Cascade Masters-36 | B | 2:29.36 |
| | 1) Halter, Dana Robertson W4 | 2) Ewalt, Anne W61 | |
| | 3) Sayigh, Julie W48 | 4) High, Marjorie W48 | |
| | 34.11 | 1:21.63 | 1:54.38 2:29.36 |
| 2 | Bainbridge Aquat-36 | A | 3:33.51 |
| | 1) Thompson, Kelly W54 | 2) Adkins-Narte, Heather W69 | |
| | 3) Waite, Jocelyn W55 | 4) Loiacano, Toni W46 | |
| | 47.52 | 1:58.27 | 2:49.60 3:33.51 |

Women 55+ 200 Yard Freestyle Relay

| | | | |
|---|--------------------------|---------------------------|-----------------|
| 1 | Bernardo's All S-36 | A | 3:23.54 |
| | 1) Ryan, Sally W77 | 2) Ghilarducci, Emily W61 | |
| | 3) Batdorf, Casandra W56 | 4) Hermanson, Diana W58 | |
| | 1:06.73 | 1:41.64 | 2:44.64 3:23.54 |

Men 18+ 200 Yard Freestyle Relay

| | | | |
|---|----------------------------|------------------------------|-----------------|
| 1 | Bernardo's All S-36 | A | 1:38.95 |
| | 1) Ekstrom, Alex M33 | 2) Pallasigui, Ian Jayne M28 | |
| | 3) Plotnikov, Pavel M30 | 4) Arnold, Joshua M24 | |
| | 24.77 | 47.34 | 1:15.11 1:38.95 |
| 2 | Husky Masters-36 | A | 1:46.13 |
| | 1) Miharilaza, Larry M21 | 2) Felix, Francisco M25 | |
| | 3) Clark, Jamie M32 | 4) Chaussabel, Adrien M24 | |
| | 34.08 | 57.27 | 1:22.35 1:46.13 |
| 3 | Blue Wave Aquati-36 | A | 1:47.11 |
| | 1) Casey-Minnick, Liam M23 | 2) Sprinkle, Baden M36 | |
| | 3) Wiley, Ryan M45 | 4) Durban, Eric M68 | |
| | 23.99 | 47.20 | 1:14.04 1:47.11 |

Men 18+ 200 Yard Medley Relay

| | | | |
|---|------------------------------|-----------------------------|-----------------|
| 1 | Blue Wave Aquati-36 | A | 1:46.22 |
| | 1) Cutter, Charlie M24 | 2) Chandler, Christiaan M25 | |
| | 3) Lum, Andrew M30 | 4) Hecksel, Phillip M24 | |
| | 27.72 | 56.42 | 1:23.55 1:46.22 |
| 2 | Blue Wave Aquati-36 | B | 1:58.31 |
| | 1) Sprinkle, Baden M36 | 2) Casey-Minnick, Liam M23 | |
| | 3) Wiley, Ryan M45 | 4) Durban, Eric M68 | |
| | 28.50 | 57.88 | 1:26.05 1:58.31 |
| 3 | Bernardo's All S-36 | C | 1:59.38 |
| | 1) Arnold, Joshua M24 | 2) Rittenhouse, Jackson M26 | |
| | 3) Pallasigui, Ian Jayne M28 | 4) Plotnikov, Pavel M30 | |
| | 28.25 | 1:08.02 | 1:31.90 1:59.38 |

Men 25+ 200 Yard Freestyle Relay

| | | | |
|---|---------------------|------------------------|-----------------|
| 1 | Lake Washington-36 | A | 1:25.25 |
| | 1) Rybin, Roman M33 | 2) Woodbury, Brian M27 | |
| | 3) Mehta, Sivan M29 | 4) Repeta, Alex M25 | |
| | 20.88 | 42.37 | 1:03.99 1:25.25 |

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****(Men 25+ 200 Yard Freestyle Relay)**

| | | | | |
|---|--------------------------|-----------------------------|---------|---------|
| 2 | Bernardo's All S-36 | A | | 2:02.58 |
| | 1) Alexander, Nick M35 | 2) Rittenhouse, Jackson M26 | | |
| | 3) Schwartz, Michael M36 | 4) Couch, Brandon M28 | | |
| | 32.34 | 1:03.34 | 1:35.02 | 2:02.58 |

Men 25+ 200 Yard Medley Relay

| | | | | |
|---|-------------------------|------------------------------|---------|---------|
| 1 | Lake Washington-36 | C | | 1:35.36 |
| | 1) Mehta, Sivan M29 | 2) Woodbury, Brian M27 | | |
| | 3) Rybin, Roman M33 | 4) Repeta, Alex M25 | | |
| | 25.16 | 52.51 | 1:14.08 | 1:35.36 |
| 2 | Orca Swim Team-36 | A | | 1:43.11 |
| | 1) Chang, Daniel M26 | 2) Burt, Alan M31 | | |
| | 3) Wong, Austin M38 | 4) Strazzabosco, Domenic M21 | | |
| | 24.01 | 52.70 | 1:17.88 | 1:43.11 |
| 3 | Cascade Masters-36 | A | | 1:53.68 |
| | 1) Bennett, John M44 | 2) Perry, Maxwell M45 | | |
| | 3) Fan, Roger M32 | 4) Graber, Lee M46 | | |
| | 27.81 | 59.34 | 1:27.27 | 1:53.68 |
| 4 | Orca Swim Team-36 | D | | 2:12.11 |
| | 1) Stearn, Chris M55 | 2) Calley, Paul M32 | | |
| | 3) Long, William M25 | 4) Sanchez, Daniel M31 | | |
| | 37.22 | 1:15.49 | 1:46.18 | 2:12.11 |
| 5 | Orca Swim Team-36 | C | | 2:20.11 |
| | 1) Gonzalez, George M53 | 2) Olivares, Miguel M52 | | |
| | 3) Davis, Brandon M33 | 4) Lam, Eddie M27 | | |
| | 38.76 | 1:21.07 | 1:54.94 | 2:20.11 |
| 6 | Bernardo's All S-36 | B | | 2:22.47 |
| | 1) Ekstrom, Alex M33 | 2) Maccari, Dino M36 | | |
| | 3) Couch, Brandon M28 | 4) Schwartz, Michael M36 | | |
| | 30.65 | 1:20.30 | 1:50.57 | 2:22.47 |

Men 35+ 200 Yard Freestyle Relay

| | | | | |
|---|-----------------------|-----------------------|---------|---------|
| 1 | Cascade Masters-36 | A | | 1:37.13 |
| | 1) Jeffery, Shawn M44 | 2) Bennett, John M44 | | |
| | 3) Graber, Lee M46 | 4) Perry, Maxwell M45 | | |
| | 24.20 | 47.64 | 1:13.95 | 1:37.13 |
| 2 | Lake Washington-36 | A | | 1:50.68 |
| | 1) Colella, Rick M72 | 2) Scott, Michael M37 | | |
| | 3) White, Robert M75 | 4) Praeger, Wade M61 | | |
| | 25.33 | 53.04 | 1:22.77 | 1:50.68 |

Men 35+ 200 Yard Medley Relay

| | | | | |
|---|------------------------|-------------------------------|---------|---------|
| 1 | Lake Washington-36 | B | | 1:58.70 |
| | 1) Koss, Michael M44 | 2) Miller, Aaron M40 | | |
| | 3) McCarty, David M59 | 4) Thompson, Scott M41 | | |
| | 31.42 | 1:06.68 | 1:34.77 | 1:58.70 |
| 2 | Orca Swim Team-36 | B | | 2:02.17 |
| | 1) Simpson, Kevin M40 | 2) Chuang, Mason M45 | | |
| | 3) Watkins, Hugh M52 | 4) Larson, Cameron M45 | | |
| | 32.19 | 1:06.03 | 1:37.32 | 2:02.17 |
| 3 | Team Walker Inte-36 | A | | 2:13.64 |
| | 1) Underbrink, Dan M67 | 2) Schwartz, Steven M60 | | |
| | 3) Moore, Robert M63 | 4) Anzilago Tesser, Guilherme | | |
| | 42.16 | 1:20.22 | 1:50.14 | 2:13.64 |

Men 45+ 200 Yard Freestyle Relay

| | | | | |
|---|-----------------------|------------------------|---------|---------|
| 1 | Bernardo's All S-36 | A | | 2:05.80 |
| | 1) Wadey, Chuck M46 | 2) Panzer, Timothy M59 | | |
| | 3) Weyhrauch, Tom M66 | 4) Rich, Stephen M55 | | |
| | 32.14 | 1:02.45 | 1:37.95 | 2:05.80 |

Men 45+ 200 Yard Medley Relay

| | | | | |
|---|-------------------------|----------------------|---------|---------|
| 1 | Lake Washington-36 | A | | 2:12.75 |
| | 1) Van Pelt, Darren M54 | 2) White, Robert M75 | | |
| | 3) Porter, Michael M57 | 4) Busch, Ralph M67 | | |
| | 40.93 | 1:17.27 | 1:45.96 | 2:12.75 |

Men 55+ 200 Yard Freestyle Relay

| | | | | |
|-----|-------------------------|----------------------|--|----|
| --- | Team Walker Inte-36 | A | | NS |
| | 1) Haynie, Carl M63 | 2) Barnes, Brent M56 | | |
| | 3) Schwartz, Steven M60 | 4) Scott, David M57 | | |

Men 55+ 200 Yard Medley Relay

| | | | | |
|---|--------------------------|------------------------|---------|---------|
| 1 | Bernardo's All S-36 | A | | 2:14.17 |
| | 1) Rich, Stephen M55 | 2) Peterson, Steve M77 | | |
| | 3) Steenbeeke, Alain M62 | 4) Pilger, Robert M80 | | |
| | 35.18 | 1:14.29 | 1:44.23 | 2:14.17 |

Men 65+ 200 Yard Medley Relay

| | | | | |
|---|----------------------|------------------------|---------|---------|
| 1 | Bainbridge Aquat-36 | A | | 2:49.93 |
| | 1) Galvani, Bill M77 | 2) Sawyer, Dennis M80 | | |
| | 3) Stevens, Rod M66 | 4) Conlan, Michael M77 | | |
| | 49.17 | 1:35.37 | 2:11.37 | 2:49.93 |

Mixed 18+ 200 Yard Freestyle Relay

| | | | | |
|-----|----------------------------|------------------------------|---------|---------|
| 1 | Bernardo's All S-36 | A | | 1:40.00 |
| | 1) Lang, Claire W29 | 2) Pallasigui, Ian Jayne M28 | | |
| | 3) Pound, Hallie W27 | 4) Arnold, Joshua M24 | | |
| | 27.06 | 49.70 | 1:16.33 | 1:40.00 |
| 2 | Blue Wave Aquati-36 | B | | 1:52.01 |
| | 1) Jackman, Erika W46 | 2) Mason, Lauren W39 | | |
| | 3) Hecksel, Phillip M24 | 4) Cutter, Charlie M24 | | |
| | 31.45 | 1:05.80 | 1:28.79 | 1:52.01 |
| 3 | Lake Washington-36 | B | | 1:52.41 |
| | 1) Smit, Aidan M23 | 2) Li, Yun W30 | | |
| | 3) Scott, Michael M37 | 4) Molina, Anayeli W31 | | |
| | 23.87 | 53.21 | 1:19.53 | 1:52.41 |
| --- | Western Washingt-36 | A | | DQ |
| | Not enough swimmers | | | |
| | 1) Grueber, Zachary M18 | 2) Banaszewski, Summer W18 | | |
| | 3) Allen, Finian M18 | 4) Ko, Tyler M19 | | |
| | 27.36 | 55.21 | 1:21.50 | DQ |
| --- | Blue Wave Aquati-36 | A | | NS |
| | 1) Wu, Joanna W29 | 2) Ralstin, Madeline W22 | | |
| | 3) Casey-Minnick, Liam M23 | 4) Sprinkle, Baden M36 | | |

Mixed 18+ 200 Yard Medley Relay

| | | | | |
|---|------------------------------|----------------------|---------|---------|
| 1 | Bernardo's All S-36 | A | | 1:56.45 |
| | 1) Arnold, Joshua M24 | 2) Lang, Claire W29 | | |
| | 3) Pallasigui, Ian Jayne M28 | 4) Pound, Hallie W27 | | |
| | 28.95 | 1:06.11 | 1:29.92 | 1:56.45 |

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics****Results****(Mixed 18+ 200 Yard Medley Relay)**

| | | |
|-------------------------------|----------------------------|---------|
| 2 Blue Wave Aquati-36 | A | 2:05.60 |
| 1) Mason, Lauren W39 | 2) Casey-Minnick, Liam M23 | |
| 3) Ralstin, Madeline W22 | 4) Sprinkle, Baden M36 | |
| 39.26 1:08.79 1:42.04 2:05.60 | | |

Mixed 25+ 200 Yard Freestyle Relay

| | | |
|-------------------------------|-----------------------------|---------|
| 1 Orca Swim Team-36 | A | 1:39.47 |
| 1) Burt, Alan M31 | 2) McKenzie, Cora W29 | |
| 3) Lederman, Emily W26 | 4) Wong, Austin M38 | |
| 23.84 49.90 1:16.27 1:39.47 | | |
| 2 Oregon Masters-37 | A | 1:47.12 |
| 1) Hackley, Jeff M55 | 2) Cary, Michelle W42 | |
| 3) Isa, April W35 | 4) Mesford, Chase M34 | |
| 25.93 55.47 1:24.67 1:47.12 | | |
| 3 Orca Swim Team-36 | B | 1:50.23 |
| 1) Chang, Daniel M26 | 2) Nesvig, Chelsea W42 | |
| 3) Fritcher, Katie W36 | 4) Lam, Eddie M27 | |
| 21.46 52.07 1:23.65 1:50.23 | | |
| 4 Blue Wave Aquati-36 | C | 1:57.72 |
| 1) Lum, Andrew M30 | 2) Chandler, Christiaan M25 | |
| 3) Kohler, Caralee W29 | 4) Mellick, Kimberly W45 | |
| 26.20 50.30 1:25.53 1:57.72 | | |
| 5 Orca Swim Team-36 | C | 2:02.81 |
| 1) Davis, Brandon M33 | 2) Spencer, Gillian W33 | |
| 3) Gustitus, Leah W40 | 4) Sanchez, Daniel M31 | |
| 29.76 1:01.40 1:35.94 2:02.81 | | |
| 6 Bernardo's All S-36 | B | 2:03.22 |
| 1) Plotnikov, Pavel M30 | 2) Milman, Ariana W39 | |
| 3) Eastlake, Emily W31 | 4) Ekstrom, Alex M33 | |
| 27.71 1:03.18 1:38.30 2:03.22 | | |
| 7 Orca Swim Team-36 | D | 2:17.29 |
| 1) Long, William M25 | 2) Huffman, Shuxu W29 | |
| 3) Calley, Paul M32 | 4) Kennedy, Erin W34 | |
| 28.14 1:15.12 1:43.31 2:17.29 | | |
| --- Cascade Masters-36 | C | NS |
| 1) Motley, Abigail W33 | 2) Motley, Caitlin W36 | |
| 3) Fan, Roger M32 | 4) Hoover, David M61 | |

Mixed 25+ 200 Yard Medley Relay

| | | |
|-------------------------------|-------------------------|---------|
| 1 Cascade Masters-36 | A | 1:56.05 |
| 1) Bennett, John M44 | 2) Motley, Abigail W33 | |
| 3) Fan, Roger M32 | 4) Motley, Caitlin W36 | |
| 28.29 1:04.22 1:29.35 1:56.05 | | |
| 2 Lake Washington-36 | A | 2:05.89 |
| 1) Bowman, Julie W45 | 2) McCarty, David M59 | |
| 3) Li, Yun W30 | 4) Porter, Michael M57 | |
| 34.44 1:08.80 1:39.95 2:05.89 | | |
| 3 Bernardo's All S-36 | A | 2:22.58 |
| 1) Milman, Ariana W39 | 2) Eastlake, Emily W31 | |
| 3) Couch, Brandon M28 | 4) Ekstrom, Alex M33 | |
| 40.86 1:26.91 1:57.35 2:22.58 | | |
| 4 Orca Swim Team-36 | A | 2:26.98 |
| 1) Huffman, Shuxu W29 | 2) Olivares, Miguel M52 | |
| 3) Lederman, Emily W26 | 4) Burt, Alan M31 | |
| 50.36 1:33.38 2:03.30 2:26.98 | | |

Mixed 35+ 200 Yard Freestyle Relay

| | | |
|--------------------------------|------------------------|---------|
| 1 Cascade Masters-36 | B | 1:52.04 |
| 1) Bennett, John M44 | 2) Andelin, Travis M41 | |
| 3) Jennings, Lindsey W42 | 4) Brunjes, Molly W43 | |
| 23.52 54.81 1:22.93 1:52.04 | | |
| --- Blue Wave Aquati-36 | D | DQ |
| Not enough swimmers | | |
| 1) Wiley, Ryan M45 | 2) Durban, Eric M68 | |
| 3) Stribling Geldien, Gail W43 | 4) Schepler, Lani W43 | |
| 27.71 1:00.15 1:33.92 | | |

Mixed 45+ 200 Yard Freestyle Relay

| | | |
|-------------------------------|------------------------|---------|
| 1 Cascade Masters-36 | A | 1:51.05 |
| 1) Perry, Maxwell M45 | 2) Graber, Lee M46 | |
| 3) Halter, Dana Robertson W4 | 4) Sayigh, Julie W48 | |
| 23.59 50.09 1:19.68 1:51.05 | | |
| 2 Lake Washington-36 | A | 1:56.12 |
| 1) Colella, Rick M72 | 2) Hayes, William M72 | |
| 3) Chapman, Linda W68 | 4) Bowman, Julie W45 | |
| 25.30 52.86 1:26.41 1:56.12 | | |
| 3 Bainbridge Aquat-36 | A | 2:16.19 |
| 1) Kirchofer, Karl M59 | 2) Thompson, Kelly W54 | |
| 3) Waite, Jocelyn W55 | 4) Louis, Steven M71 | |
| 28.75 1:05.43 1:44.36 2:16.19 | | |
| 4 Bernardo's All S-36 | D | 3:14.21 |
| 1) Batdorf, Casandra W56 | 2) Panzer, Timothy M59 | |
| 3) Hinds, Cynthia W70 | 4) Wadey, Chuck M46 | |
| 59.48 1:30.11 2:41.57 3:14.21 | | |

Mixed 45+ 200 Yard Medley Relay

| | | |
|-------------------------------|--------------------------|---------|
| 1 Cascade Masters-36 | B | 2:03.30 |
| 1) Halter, Dana Robertson W4 | 2) Perry, Maxwell M45 | |
| 3) Sayigh, Julie W48 | 4) Graber, Lee M46 | |
| 34.25 1:05.31 1:36.64 2:03.30 | | |
| 2 Blue Wave Aquati-36 | B | 2:25.28 |
| 1) Durban, Eric M68 | 2) Kim, Nellis W53 | |
| 3) Wiley, Ryan M45 | 4) Mellick, Kimberly W45 | |
| 44.21 1:23.93 1:52.17 2:25.28 | | |
| --- Team Walker Inte-36 | A | NS |
| 1) Underbrink, Dan M67 | 2) Haynie, Carl M63 | |
| 3) Lickwala, Holly W47 | 4) Pelham, Kathy W51 | |

Mixed 55+ 200 Yard Freestyle Relay

| | | |
|-------------------------------|--------------------------|---------|
| 1 Bernardo's All S-36 | C | 2:07.81 |
| 1) Ghilarducci, Emily W61 | 2) Rich, Stephen M55 | |
| 3) Hermanson, Diana W58 | 4) Steenbeeke, Alain M62 | |
| 34.01 1:02.55 1:41.30 2:07.81 | | |

Mixed 55+ 200 Yard Medley Relay

| | | |
|-------------------------|---------------------------|-----|
| --- Bernardo's All S-36 | A | DNF |
| Did not finish - Misc | | |
| 1) Rich, Stephen M55 | 2) Ghilarducci, Emily W61 | |
| 3) Weyhrauch, Tom M66 | 4) Batdorf, Casandra W56 | |
| 35.97 1:17.52 2:05.36 | | |

2024 PNA Championship - 4/13/2024 to 4/14/2024**2024 PNA Championship
Hosted by Blue Wave Aquatics
Results**

Mixed 65+ 200 Yard Freestyle Relay

| | | | | |
|---|---------------------|---------|------------------------------|---------|
| 1 | Bainbridge Aquat-36 | B | | 3:02.83 |
| | 1) Hunt, Andrea W76 | | 2) Galvani, Bill M77 | |
| | 3) Stevens, Rod M66 | | 4) Adkins-Narte, Heather W66 | |
| | 43.54 | 1:20.48 | 1:51.52 | 3:02.83 |

Mixed 65+ 200 Yard Medley Relay

| | | | | |
|---|-----------------------|---------|------------------------|---------|
| 1 | Bainbridge Aquat-36 | A | | 2:54.67 |
| | 1) Hunt, Andrea W76 | | 2) Louis, Steven M71 | |
| | 3) Stevens, Rod M66 | | 4) Belt, Barbara W68 | |
| | 51.66 | 1:36.18 | 2:13.95 | 2:54.67 |
| 2 | Bernardo's All S-36 | A | | 3:43.50 |
| | 1) Ryan, Sally W77 | | 2) Peterson, Steve M77 | |
| | 3) Pilger, Robert M80 | | 4) Hinds, Cynthia W70 | |
| | 1:16.71 | 1:53.45 | 2:34.44 | 3:43.50 |