

**WWU MASTERS SWIMMING
VIKING INVITATIONAL
SUNDAY, FEBRUARY 16, 2025
Warm-up: 8:30 AM; Meet starts at 9:30 AM
Sanctioned by PNA for USMS Inc. # 365-S002**

LOCATION: Arne Hanna Aquatic Center
Aquatic Center & Downer Ball Fields
1114 Potter Street, Bellingham, WA 98229, (360) 778-7665

FACILITY: Competition 25 yards, 8 lanes. Temp 79-82°F. Continuous warm-up in the extra lanes not being used for competition. 6 lanes (#2-7) will be used for competition. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. Starting end 6' deep, turning end 3.5' deep. Warm-up pool: 15 yds x 10 yd dive tank. Up to 2 lanes of the competition pool may be available for continuous warm-up. At the discretion of the meet referee, warm-up/warm-down lanes may be adjusted as needed to avoid interferences.

TIMING SYSTEM: The primary timing system will be automatic timing. Times may be submitted for USMS records and USMS Top 10 consideration.

MEET DIRECTOR: Jasmine Mielke, westernswimming@gmail.com
(206) 651-2440

MEET REFEREE: Laurie Bergvall, lauriebergvall@gmail.com

CONCESSIONS: None

RULES: Current USMS rules will govern the meet.

ELIGIBILITY: Open to all 2025 USMS or foreign registered swimmers 18 and above as of 2/16/25. Age groups based on the swimmer's age as of 2/16/25.

ENTRIES: Swimmers may enter up to 5 individual events. Entries must be submitted online by 11:59 (Pacific) Sunday, February 9, 2025.

DECK ENTRIES: No race day entries accepted.

SEEDING: All events slow to fast, age group and genders mixed. Pre-seeding except for relays, 400 IM, and 500 Free.

CHECK-IN: Positive check-in required for the 400 IM by 8:30 AM and the 500 Free by the conclusion of event #11. Swimmers missing the check-in deadline may be scratched from the event.

RELAYS: Deck-enter relays at the meet

- Women, Men, and Mixed relays will be seeded together
- A swimmer may swim on only one relay team (all women, all men, or mixed – 2 women and 2 men) for each relay event
- 18+, 25+ and subsequent ten-year increments as needed. The age of the youngest member of the relay team shall determine the age group.

- Deck entries for all relays due 15 minutes after the start of warmups
- No charge for relays
- Relay Only Swimmers: Wishing to swim only relays at the meet may do so. Same entry deadline and entry fee surcharge applies.

AWARDS: Available for purchase at meet.

ORDER OF EVENTS:

| | | | |
|---------|---|------------|--|
| 1 | *400 IM (limit 12) | 12 | 100 Free |
| 2 | 50 Breast | 13 | 200 Back |
| 3 | 100 Fly | | ~ BREAK ~ |
| 4 | 200 Free | 14 | 200 Breast |
| 5 | 50 Back | 15 | 200 Fly |
| 6 | 100 IM | 16 | 50 Free |
| | ~ BREAK ~ | 17 | 100 Back |
| 7, 8, 9 | 200 Medley Relay 7 – women 8 – men 9 – mixed | 18 | 200 IM |
| 10 | 100 Breast | 19, 20, 21 | 200 Free Relay 19 – women 20 – men 21 – mixed |
| 11 | 50 Fly | 22 | *500 Free (limit 18) |

* Entry limit may be increased if time allows.

~ BREAK ~ may or may not be included at meet referee's discretion and if time allows.

ENTRY FEES: \$17 USD (includes LMSC and timing surcharges) PLUS \$3 USD per individual event. No charge for relays. PNA swimmers who need financial assistance for entry fees may request same from the PNA Wiggin Fund.

ONLINE ENTRIES: Enter online at: [WWU Masters Swimming Viking Invitational 2025 \(2/16/2025\) \(clubassistant.com\)](http://WWU Masters Swimming Viking Invitational 2025 (2/16/2025) (clubassistant.com)).

DIRECTIONS: Link to Google Maps. From North Bound I-5: Take Exit 253 for Lakeway Drive in Bellingham. Turn left onto Potter Street. From South Bound I-5: Take Exit 253 for Lakeway Drive in Bellingham. Turn left onto Lakeway Drive. Turn left onto Lincoln Street. Turn right onto Potter Street.