

2025 PSM Pentathlon, Sanction #: 365-S004

Meet Program - PSM Pentathlon

Event 1 Mixed 500 Yard Freestyle**Lane Name Age Team Seed Time****Heat 1 of 3 Finals Starts at 01:00 PM**

1	Tran, Jennifer	W29	Orca Swim Team-36	11:36.68
2	Hunt, Andrea	W77	Bainbridge Aquat-36	8:30.00
3	D'Alessandro, Gianluca	M56	UC36	7:29.00
4	Belt, Barbara	W69	Bainbridge Aquat-36	7:37.00
5	Hile, Laurence (Larry)	M75	Bainbridge Aquat-36	9:57.88
6				

Heat 2 of 3 Finals Starts at 01:13 PM

1	Pelham, Kathy	W52	Team Walker Inte-36	6:45.00
2	Sullivan, Annie	W23	Ohana Swim Team-36	6:30.00
3	Ralstin, Madeline	W23	Blue Wave Aquati-36	6:18.28
4	Hathaway, Katharine	W41	UC36	6:25.00
5	Polidori, Wendy	W55	Snohomish Aquati-36	6:40.00
6	Morrison, Jeffrey	M70	Thunderbird Aqua-36	7:17.68

Heat 3 of 3 Finals Starts at 01:21 PM

1	Baguley, Lauren	W32	UC36	5:55.77
2	Shelly, Joseph	M27	Team Walker Inte-36	5:50.00
3	Lekakis, Vasileios	M41	UC36	5:43.87
4	Tujo, Christian	M53	Oregon Masters-37	5:45.18
5	Hathaway, Nicholas	M36	UC06	5:55.00
6	Jones, Zachary	M44	Blue Wave Aquati-36	6:00.00

Event 2 Mixed 200 Yard IM**Lane Name Age Team Seed Time****Heat 1 of 6 Finals Starts at 01:28 PM**

1				
2	Dingle, Adair	W65	Mercer Island Re-36	3:52.00
3	Fogg, Stephen	M76	Team Walker Inte-36	3:05.83
4	Kohler, Caralee	W30	Blue Wave Aquati-36	3:30.00
5				
6				

Heat 2 of 6 Finals Starts at 01:32 PM

1	Hoffman, Wendy	W62	Mercer Island Co-36	3:03.00
2	Chang, Laura	W42	Blue Wave Aquati-36	3:00.00
3	Campbell, Teri	W50	Mercer Island Re-36	2:45.00
4	Jeffery, Shawn	M45	Cascade Masters-36	2:45.00
5	Sussex, Tatyana	W61	Mercer Island Re-36	3:00.00
6				

Heat 3 of 6 Finals Starts at 01:36 PM

1	Sussex, Steve	M69	Mercer Island Re-36	2:40.00
2	Neff, John	M34	Snohomish Aquati-36	2:30.00
3	Latimer, Danielle	W34	Cascade Masters-36	2:30.00
4	Hsiao, Victor	M31	UC36	2:30.00
5	Scott, David	M58	Team Walker Inte-36	2:35.00
6	Leonhart, Wendy	W29	UC36	2:41.40

Heat 4 of 6 Finals Starts at 01:40 PM

1	Cox, Allison	W40	CG Sports Manage-36	2:28.00
2	Reese, Rhiannon	W26	Orca Swim Team-36	2:25.96
3	Cox, Gary	M47	Orca Swim Team-36	2:22.95
4	Matsuda, Jenifer	W25	Cascade Masters-36	2:24.85
5	McLaughlin, Danielle	W39	Mercer Island Re-36	2:26.82
6	Collins, Douglas	M51	UC36	2:28.33

Heat 5 of 6 Finals Starts at 01:43 PM

1	Kang, Patrick	M30	Lake Washington-36	2:20.00
2	Felix, Francisco	M26	Husky Masters-36	2:17.00
3	Yung, Cejih	M39	Swim Long Beach-33	2:15.00
4	Chan, Barry	M42	Cascade Masters-36	2:16.56
5	Nelson, Kirk	M54	CG Sports Manage-36	2:19.99
6	Loughlin, Hannah	W36	Lake Washington-36	2:21.66

Heat 6 of 6 Finals Starts at 01:46 PM

1	Wingerson, Andrew	M31	UC36	2:12.00
2	Petersen, Erik	M36	Puget Sound Mast-36	2:12.00
3	Harris, Nate	M23	UC35	2:04.54
4	Woodbury, Brian	M28	Lake Washington-36	2:05.50
5	Hao, Yawei	M34	Mercer Island Re-36	2:12.00
6	Lang, Brendan	M42	Greenlake Aquadu-36	2:12.94

Event 3 Mixed 100 Yard IM**Lane Name Age Team Seed Time****Heat 1 of 8 Finals Starts at 01:49 PM**

1	Wolfe, Amy	W54	Bernardo's All S-36	1:50.25
2	Deitz, Dina	W58	Mercer Island Co-36	1:45.00
3	Anderson, Graham	M73	Team Walker Inte-36	1:39.16
4	Pomeroy, Jodie	W51	Elk Valley Dolph	1:40.00
5	Doolittle, Katelynn	W39	Blue Wave Aquati-36	1:50.00
6				

Heat 2 of 8 Finals Starts at 01:51 PM

1	Weyhrauch, Tom	M67	Bernardo's All S-36	1:39.00
2	High, Marjorie	W49	Cascade Masters-36	1:35.48
3	Stuart, Katy	W41	Team Walker Inte-36	1:35.00
4	Voegtlen, Barney	M76	Bainbridge Aquat-36	1:35.10
5	Farrell, Thomas	M65	Greenlake Aquadu-36	1:38.00
6	Castillo, Emily	W46	Team Walker Inte-36	1:39.00

Heat 3 of 8 Finals Starts at 01:54 PM

1	Underbrink, Dan	M68	Team Walker Inte-36	1:33.32
2	Tanabe, Susan	W52	Orca Swim Team-36	1:30.00
3	Naddell, Brandon	M42	Snoco YMCA Barra-36	1:30.00
4	Santo, Luisa	W29	Lake Washington-36	1:30.00
5	Fowler, Ethan	M54	Bernardo's All S-36	1:33.08
6	Ness, Kerry	M55	Team Walker Inte-36	1:34.00

Heat 4 of 8 Finals Starts at 01:56 PM

1	Falkner, Keri	W55	Team Walker Inte-36	1:25.48
2	Baekkelund, Kari	W47	Orca Swim Team-36	1:24.00
3	White, Robert	M76	Lake Washington-36	1:21.32
4	Rees, Amelia	W22	Cascade Masters-36	1:22.58
5	Hersey, David	M60	UC36	1:25.00
6	Peterson, Steve	M78	Bernardo's All S-36	1:26.50

Heat 5 of 8 Finals Starts at 01:58 PM

1	Jones, Laurie	W51	Team Walker Inte-36	1:20.00
2	Quaresma, Pedro	M30	Lake Washington-36	1:15.00
3	Graber, Lee	M47	Cascade Masters-36	1:10.06
4	Calvo, Morena	W37	Puget Sound Mast-36	1:10.08
5	Tri, Brittany	W34	Snoco YMCA Barra-36	1:19.20
6	Bell, Chris	M68	Puget Sound Mast-36	1:20.00

2025 PSM Pentathlon, Sanction #: 365-S004

Meet Program - PSM Pentathlon

Heat 6 Finals (#3 Mixed 100 Yard IM)

1	Motley, Caitlin	W37	Cascade Masters-36	1:07.85
2	Baguley, Lauren	W32	UC36	1:06.77
3	Haynie, Carl	M64	Team Walker Inte-36	1:05.32
4	Motley, Abigail	W34	Cascade Masters-36	1:06.22
5	Jennings, Lindsey	W43	Cascade Masters-36	1:07.54
6	Howell, Richard	M65	Oregon Masters-37	1:10.00

Heat 7 of 8 Finals Starts at 02:02 PM

1	Lindberg, Denise	W42	Lake Washington-36	1:05.00
2	Pelton, Regan	M55	UC36	1:04.50
3	Taylor, Trip	M43	Orca Swim Team-36	1:02.19
4	Thompson, Scott	M42	Lake Washington-36	1:03.00
5	Torrey, Adam	M38	Snoco YMCA Barra-36	1:05.00
6	Ng, Ethan	M26	UC36	1:05.00

Heat 8 of 8 Finals Starts at 02:04 PM

1	Linggi, Caleb	M23	UC36	1:01.00
2	Conroy, Chris	M39	CG Sports Manage-36	1:00.00
3	Mehta, Sivan	M30	Lake Washington-36	55.55
4	Rossmiller, Byron	M26	Bernardo's All S-36	1:00.00
5	Patterson, Nicholas	M31	UC36	1:00.00
6	Sprinkle, Baden	M36	Blue Wave Aquati-36	1:01.64

Event 4 Mixed 100 Yard Butterfly

Lane Name	Age	Team	Seed Time
-----------	-----	------	-----------

Heat 1 of 6 Finals Starts at 02:11 PM

1				
2	Dingle, Adair	W65	Mercer Island Re-36	1:53.00
3	Hoffman, Wendy	W62	Mercer Island Co-36	1:32.00
4	Fogg, Stephen	M76	Team Walker Inte-36	1:39.42
5				
6				

Heat 2 of 6 Finals Starts at 02:14 PM

1	Chang, Laura	W42	Blue Wave Aquati-36	1:30.00
2	Campbell, Teri	W50	Mercer Island Re-36	1:25.00
3	Sussex, Steve	M69	Mercer Island Re-36	1:20.00
4	Sussex, Tatyana	W61	Mercer Island Re-36	1:23.72
5	Leonhart, Wendy	W29	UC36	1:25.00
6				

Heat 3 of 6 Finals Starts at 02:16 PM

1	McLaughlin, Danielle	W39	Mercer Island Re-36	1:09.00
2	Cox, Allison	W40	CG Sports Manage-36	1:08.00
3	Yung, Cejeh	M39	Swim Long Beach-33	1:05.00
4	Collins, Douglas	M51	UC36	1:06.00
5	Neff, John	M34	Snohomish Aquati-36	1:08.00
6	Scott, David	M58	Team Walker Inte-36	1:15.00

Heat 4 of 6 Finals Starts at 02:18 PM

1	Hao, Yawei	M34	Mercer Island Re-36	1:05.00
2	Loughlin, Hannah	W36	Lake Washington-36	1:04.17
3	Reese, Rhiannon	W26	Orca Swim Team-36	1:03.40
4	Latimer, Danielle	W34	Cascade Masters-36	1:03.45
5	Kang, Patrick	M30	Lake Washington-36	1:05.00
6	Matsuda, Jenifer	W25	Cascade Masters-36	1:05.00

Heat 5 of 6 Finals Starts at 02:20 PM

1	Felix, Francisco	M26	Husky Masters-36	1:02.00
2	Nelson, Kirk	M54	CG Sports Manage-36	1:01.00
3	Wingerson, Andrew	M31	UC36	59.00
4	Hsiao, Victor	M31	UC36	1:00.00
5	Chan, Barry	M42	Cascade Masters-36	1:01.47
6	Cox, Gary	M47	Orca Swim Team-36	1:03.37

Heat 6 of 6 Finals Starts at 02:22 PM

1	Jeffery, Shawn	M45	Cascade Masters-36	57.00
2	Petersen, Erik	M36	Puget Sound Mast-36	55.00
3	Woodbury, Brian	M28	Lake Washington-36	53.00
4	Harris, Nate	M23	UC35	54.09
5	Werts, Calvin	M24	UC36	55.00
6	Lang, Brendan	M42	Greenlake Aquadu-36	58.94

Event 5 Mixed 50 Yard Butterfly

Lane Name	Age	Team	Seed Time
-----------	-----	------	-----------

Heat 1 of 8 Finals Starts at 02:23 PM

1	Anderson, Graham	M73	Team Walker Inte-36	58.82
2	Weyhrauch, Tom	M67	Bernardo's All S-36	54.00
3	Deitz, Dina	W58	Mercer Island Co-36	50.00
4	White, Robert	M76	Lake Washington-36	50.00
5	Wolfe, Amy	W54	Bernardo's All S-36	55.00
6				

Heat 2 of 8 Finals Starts at 02:25 PM

1	Ness, Kerry	M55	Team Walker Inte-36	45.00
2	Tanabe, Susan	W52	Orca Swim Team-36	45.00
3	Farrell, Thomas	M65	Greenlake Aquadu-36	42.00
4	Voegtlen, Barney	M76	Bainbridge Aquat-36	45.00
5	Kohler, Caralee	W30	Blue Wave Aquati-36	45.00
6	Falkner, Keri	W55	Team Walker Inte-36	48.00

Heat 3 of 8 Finals Starts at 02:27 PM

1	Peterson, Steve	M78	Bernardo's All S-36	41.30
2	Santo, Luisa	W29	Lake Washington-36	40.00
3	Naddell, Brandon	M42	Snoco YMCA Barra-36	40.00
4	Stuart, Katy	W41	Team Walker Inte-36	40.00
5	Fowler, Ethan	M54	Bernardo's All S-36	40.47
6	High, Marjorie	W49	Cascade Masters-36	41.42

Heat 4 of 8 Finals Starts at 02:28 PM

1	Rees, Amelia	W22	Cascade Masters-36	37.37
2	Baekkelund, Kari	W47	Orca Swim Team-36	37.00
3	Tri, Brittany	W34	Snoco YMCA Barra-36	35.00
4	Hersey, David	M60	UC36	35.00
5	Castillo, Emily	W46	Team Walker Inte-36	37.26
6	Underbrink, Dan	M68	Team Walker Inte-36	39.00

Heat 5 of 8 Finals Starts at 02:29 PM

1	Calvo, Morena	W37	Puget Sound Mast-36	32.45
2	Graber, Lee	M47	Cascade Masters-36	31.84
3	Bell, Chris	M68	Puget Sound Mast-36	30.41
4	Howell, Richard	M65	Oregon Masters-37	31.65
5	Patterson, Nicholas	M31	UC36	32.00
6	Jones, Laurie	W51	Team Walker Inte-36	34.00

2025 PSM Pentathlon, Sanction #: 365-S004

Meet Program - PSM Pentathlon

Heat 6 Finals (#5 Mixed 50 Yard Butterfly)

1	Woare, Matthew	M50	Mercer Island Re-36	30.00
2	Ng, Ethan	M26	UC36	30.00
3	Motley, Caitlin	W37	Cascade Masters-36	29.89
4	Baguley, Lauren	W32	UC36	29.90
5	Lindberg, Denise	W42	Lake Washington-36	30.00
6	Quaresma, Pedro	M30	Lake Washington-36	30.00

Heat 7 of 8 Finals Starts at 02:32 PM

1	Haynie, Carl	M64	Team Walker Inte-36	28.98
2	Linggi, Caleb	M23	UC36	27.98
3	Pelton, Regan	M55	UC36	27.50
4	Thompson, Scott	M42	Lake Washington-36	27.80
5	Motley, Abigail	W34	Cascade Masters-36	28.46
6	Jennings, Lindsey	W43	Cascade Masters-36	29.32

Heat 8 of 8 Finals Starts at 02:33 PM

1	Taylor, Trip	M43	Orca Swim Team-36	26.58
2	Sprinkle, Baden	M36	Blue Wave Aquati-36	25.85
3	Cole, Matthew	M26	Bernardo's All S-36	23.00
4	Mehta, Sivan	M30	Lake Washington-36	24.44
5	Rossmiller, Byron	M26	Bernardo's All S-36	26.50
6	Torrey, Adam	M38	Snoco YMCA Barra-36	27.00

Event 6 Mixed 200 Yard Freestyle

Lane Name	Age	Team	Seed Time
-----------	-----	------	-----------

Heat 1 of 3 Finals Starts at 02:34 PM

1	Hinds, Cynthia	W71	Bernardo's All S-36	4:55.00
2	Hile, Laurence (Larry)	M75	Bainbridge Aquat-36	3:40.77
3	Belt, Barbara	W69	Bainbridge Aquat-36	2:56.00
4	Hunt, Andrea	W77	Bainbridge Aquat-36	3:30.00
5	Tran, Jennifer	W29	Orca Swim Team-36	4:06.61
6	Batdorf, Casandra	W57	Bernardo's All S-36	4:58.74

Heat 2 of 3 Finals Starts at 02:40 PM

1	Pelham, Kathy	W52	Team Walker Inte-36	2:40.00
2	Tanabe, Susan	W52	Orca Swim Team-36	2:30.00
3	Sullivan, Annie	W23	Ohana Swim Team-36	2:20.00
4	Hathaway, Katharine	W41	UC36	2:22.00
5	Polidori, Wendy	W55	Snohomish Aquati-36	2:30.00
6	D'Alessandro, Gianluca	M56	UC36	2:41.00

Heat 3 of 3 Finals Starts at 02:44 PM

1	Shelly, Joseph	M27	Team Walker Inte-36	2:04.42
2	Jones, Zachary	M44	Blue Wave Aquati-36	2:00.00
3	Conroy, Chris	M39	CG Sports Manage-36	1:57.00
4	Hathaway, Nicholas	M36	UC06	1:59.00
5	Schwartz, Ethan	M23	Ohana Swim Team-36	2:00.00
6	Tujo, Christian	M53	Oregon Masters-37	2:08.55

Event 7 Mixed 100 Yard Backstroke

Lane Name	Age	Team	Seed Time
-----------	-----	------	-----------

Heat 1 of 6 Finals Starts at 02:46 PM

1	Pomeroy, Jodie	W51	Elk Valley Dolph	1:40.00
2	Chang, Laura	W42	Blue Wave Aquati-36	1:40.00
3	Sussex, Tatyana	W61	Mercer Island Re-36	1:35.00
4	Dingle, Adair	W65	Mercer Island Re-36	1:39.00
5	Kohler, Caralee	W30	Blue Wave Aquati-36	1:40.00
6				

Heat 2 of 6 Finals Starts at 02:49 PM

1	Campbell, Teri	W50	Mercer Island Re-36	1:25.00
2	Fogg, Stephen	M76	Team Walker Inte-36	1:22.22
3	Leonhart, Wendy	W29	UC36	1:18.16
4	Sussex, Steve	M69	Mercer Island Re-36	1:20.00
5	Scott, David	M58	Team Walker Inte-36	1:23.00
6	Hoffman, Wendy	W62	Mercer Island Co-36	1:31.00

Heat 3 of 6 Finals Starts at 02:52 PM

1	Matsuda, Jenifer	W25	Cascade Masters-36	1:15.00
2	McLaughlin, Danielle	W39	Mercer Island Re-36	1:11.00
3	Cox, Gary	M47	Orca Swim Team-36	1:10.00
4	Neff, John	M34	Snohomish Aquati-36	1:10.00
5	Ralstin, Madeline	W23	Blue Wave Aquati-36	1:12.18
6	Kang, Patrick	M30	Lake Washington-36	1:15.00

Heat 4 of 6 Finals Starts at 02:54 PM

1	Hao, Yawei	M34	Mercer Island Re-36	1:10.00
2	Latimer, Danielle	W34	Cascade Masters-36	1:07.47
3	Nelson, Kirk	M54	CG Sports Manage-36	1:07.00
4	Cox, Allison	W40	CG Sports Manage-36	1:07.00
5	Reese, Rhiannon	W26	Orca Swim Team-36	1:09.27
6	Woare, Matthew	M50	Mercer Island Re-36	1:10.00

Heat 5 of 6 Finals Starts at 02:56 PM

1	Yung, Cejih	M39	Swim Long Beach-33	1:05.00
2	Lang, Brendan	M42	Greenlake Aquadu-36	1:03.89
3	Jeffery, Shawn	M45	Cascade Masters-36	1:03.00
4	Loughlin, Hannah	W36	Lake Washington-36	1:03.37
5	Petersen, Erik	M36	Puget Sound Mast-36	1:04.00
6	Collins, Douglas	M51	UC36	1:06.00

Heat 6 of 6 Finals Starts at 02:58 PM

1	Harris, Nate	M23	UC35	1:01.12
2	Chan, Barry	M42	Cascade Masters-36	59.03
3	Woodbury, Brian	M28	Lake Washington-36	53.00
4	Wingerson, Andrew	M31	UC36	59.00
5	Hsiao, Victor	M31	UC36	1:00.00
6	Felix, Francisco	M26	Husky Masters-36	1:03.00

Event 8 Mixed 50 Yard Backstroke

Lane Name	Age	Team	Seed Time
-----------	-----	------	-----------

Heat 1 of 10 Finals Starts at 03:00 PM

1				
2	Tran, Jennifer	W29	Orca Swim Team-36	1:20.00
3	Deitz, Dina	W58	Mercer Island Co-36	55.00
4	Batdorf, Casandra	W57	Bernardo's All S-36	1:11.75
5				
6				

Heat 2 of 10 Finals Starts at 03:03 PM

1	Weyhrauch, Tom	M67	Bernardo's All S-36	52.00
2	White, Robert	M76	Lake Washington-36	50.00
3	Pomeroy, Jodie	W51	Elk Valley Dolph	50.00
4	Hunt, Andrea	W77	Bainbridge Aquat-36	50.00
5	Wolfe, Amy	W54	Bernardo's All S-36	50.00
6	Belt, Barbara	W69	Bainbridge Aquat-36	55.00

2025 PSM Pentathlon, Sanction #: 365-S004

Meet Program - PSM Pentathlon

Heat 3 Finals (#8 Mixed 50 Yard Backstroke)

1	High, Marjorie	W49	Cascade Masters-36	48.72
2	Ness, Kerry	M55	Team Walker Inte-36	47.00
3	Pelham, Kathy	W52	Team Walker Inte-36	45.00
4	Underbrink, Dan	M68	Team Walker Inte-36	46.95
5	Anderson, Graham	M73	Team Walker Inte-36	47.64
6	D'Alessandro, Gianluca	M56	UC36	49.00

Heat 4 of 10 Finals Starts at 03:06 PM

1	Peterson, Steve	M78	Bernardo's All S-36	42.70
2	Castillo, Emily	W46	Team Walker Inte-36	42.00
3	Santo, Luisa	W29	Lake Washington-36	40.00
4	Voegtlen, Barney	M76	Bainbridge Aquat-36	41.69
5	Baekkelund, Kari	W47	Orca Swim Team-36	42.45
6	Stuart, Katy	W41	Team Walker Inte-36	45.00

Heat 5 of 10 Finals Starts at 03:08 PM

1	Naddell, Brandon	M42	Snoco YMCA Barra-36	40.00
2	Falkner, Keri	W55	Team Walker Inte-36	39.27
3	Morrison, Jeffrey	M70	Thunderbird Aqua-36	38.90
4	Tri, Brittany	W34	Snoco YMCA Barra-36	39.00
5	Hersey, David	M60	UC36	40.00
6	Hathaway, Katharine	W41	UC36	40.00

Heat 6 of 10 Finals Starts at 03:10 PM

1	Polidori, Wendy	W55	Snohomish Aquati-36	38.00
2	Calvo, Morena	W37	Puget Sound Mast-36	36.71
3	Jones, Zachary	M44	Blue Wave Aquati-36	36.00
4	Howell, Richard	M65	Oregon Masters-37	36.64
5	Farrell, Thomas	M65	Greenlake Aquadu-36	37.00
6	Fowler, Ethan	M54	Bernardo's All S-36	38.69

Heat 7 of 10 Finals Starts at 03:11 PM

1	Sullivan, Annie	W23	Ohana Swim Team-36	35.00
2	Patterson, Nicholas	M31	UC36	35.00
3	Hathaway, Nicholas	M36	UC06	34.00
4	Quaresma, Pedro	M30	Lake Washington-36	34.00
5	Jones, Laurie	W51	Team Walker Inte-36	35.00
6	Graber, Lee	M47	Cascade Masters-36	35.45

Heat 8 of 10 Finals Starts at 03:13 PM

1	Rees, Amelia	W22	Cascade Masters-36	33.57
2	Jennings, Lindsey	W43	Cascade Masters-36	32.04
3	Pelton, Regan	M55	UC36	30.00
4	Motley, Caitlin	W37	Cascade Masters-36	30.74
5	Lindberg, Denise	W42	Lake Washington-36	32.50
6	Bell, Chris	M68	Puget Sound Mast-36	33.71

Heat 9 of 10 Finals Starts at 03:15 PM

1	Haynie, Carl	M64	Team Walker Inte-36	29.69
2	Motley, Abigail	W34	Cascade Masters-36	29.10
3	Shelly, Joseph	M27	Team Walker Inte-36	28.84
4	Thompson, Scott	M42	Lake Washington-36	29.00
5	Taylor, Trip	M43	Orca Swim Team-36	29.62
6	Baguley, Lauren	W32	UC36	29.99

Heat 10 of 10 Finals Starts at 03:16 PM

1	Torrey, Adam	M38	Snoco YMCA Barra-36	28.00
2	Linggi, Caleb	M23	UC36	28.00
3	Mehta, Sivan	M30	Lake Washington-36	25.55
4	Rossmiller, Byron	M26	Bernardo's All S-36	26.50
5	Schwartz, Ethan	M23	Ohana Swim Team-36	28.00
6	Sprinkle, Baden	M36	Blue Wave Aquati-36	28.07

Event 9 Mixed 50 Yard Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 11 Finals Starts at 03:22 PM

1				
2	Tran, Jennifer	W29	Orca Swim Team-36	50.62
3	Belt, Barbara	W69	Bainbridge Aquat-36	45.00
4	Wolfe, Amy	W54	Bernardo's All S-36	45.00
5				
6				

Heat 2 of 11 Finals Starts at 03:24 PM

1				
2	Hile, Laurence (Larry	M75	Bainbridge Aquat-36	42.00
3	Weyhrauch, Tom	M67	Bernardo's All S-36	39.00
4	Deitz, Dina	W58	Mercer Island Co-36	40.00
5	Hunt, Andrea	W77	Bainbridge Aquat-36	45.00
6				

Heat 3 of 11 Finals Starts at 03:26 PM

1	Doolittle, Katelynn	W39	Blue Wave Aquati-36	38.00
2	Fowler, Ethan	M54	Bernardo's All S-36	36.28
3	Pelham, Kathy	W52	Team Walker Inte-36	35.00
4	Baekkelund, Kari	W47	Orca Swim Team-36	36.25
5	Underbrink, Dan	M68	Team Walker Inte-36	37.00
6	Anderson, Graham	M73	Team Walker Inte-36	38.24

Heat 4 of 11 Finals Starts at 03:27 PM

1	Stuart, Katy	W41	Team Walker Inte-36	35.00
2	Farrell, Thomas	M65	Greenlake Aquadu-36	34.00
3	Castillo, Emily	W46	Team Walker Inte-36	33.24
4	Peterson, Steve	M78	Bernardo's All S-36	33.30
5	High, Marjorie	W49	Cascade Masters-36	34.77
6	Ness, Kerry	M55	Team Walker Inte-36	35.00

Heat 5 of 11 Finals Starts at 03:28 PM

1	Santo, Luisa	W29	Lake Washington-36	33.00
2	White, Robert	M76	Lake Washington-36	30.70
3	Rees, Amelia	W22	Cascade Masters-36	30.25
4	Morrison, Jeffrey	M70	Thunderbird Aqua-36	30.34
5	Voegtlen, Barney	M76	Bainbridge Aquat-36	32.80
6	Falkner, Keri	W55	Team Walker Inte-36	33.17

Heat 6 of 11 Finals Starts at 03:30 PM

1	Polidori, Wendy	W55	Snohomish Aquati-36	30.00
2	Ng, Ethan	M26	UC36	30.00
3	Bell, Chris	M68	Puget Sound Mast-36	29.53
4	D'Alessandro, Gianluca	M56	UC36	29.80
5	Hersey, David	M60	UC36	30.00
6	Jones, Laurie	W51	Team Walker Inte-36	30.00

Heat 7 of 11 Finals Starts at 03:31 PM

1	Hathaway, Katharine	W41	UC36	29.50
2	Quaresma, Pedro	M30	Lake Washington-36	28.50
3	Calvo, Morena	W37	Puget Sound Mast-36	28.22
4	Howell, Richard	M65	Oregon Masters-37	28.42
5	Sullivan, Annie	W23	Ohana Swim Team-36	29.00
6	Tri, Brittany	W34	Snoco YMCA Barra-36	29.51

2025 PSM Pentathlon, Sanction #: 365-S004

Meet Program - PSM Pentathlon

Heat 8 Finals (#9 Mixed 50 Yard Freestyle)

1	Naddell, Brandon	M42	Snoco YMCA Barra-36	28.00
2	Lindberg, Denise	W42	Lake Washington-36	28.00
3	Motley, Caitlin	W37	Cascade Masters-36	26.95
4	Jennings, Lindsey	W43	Cascade Masters-36	27.41
5	Haynie, Carl	M64	Team Walker Inte-36	28.00
6	Patterson, Nicholas	M31	UC36	28.00

Heat 9 of 11 Finals Starts at 03:33 PM

1	Graber, Lee	M47	Cascade Masters-36	26.42
2	Jones, Zachary	M44	Blue Wave Aquati-36	26.00
3	Torrey, Adam	M38	Snoco YMCA Barra-36	25.11
4	Rossmiller, Byron	M26	Bernardo's All S-36	25.50
5	Motley, Abigail	W34	Cascade Masters-36	26.25
6	Tujo, Christian	M53	Oregon Masters-37	26.60

Heat 10 of 11 Finals Starts at 03:35 PM

1	Pelton, Regan	M55	UC36	25.00
2	Taylor, Trip	M43	Orca Swim Team-36	24.51
3	Schwartz, Ethan	M23	Ohana Swim Team-36	24.00
4	Linggi, Caleb	M23	UC36	24.50
5	Shelly, Joseph	M27	Team Walker Inte-36	24.59
6	Hathaway, Nicholas	M36	UC06	25.00

Heat 11 of 11 Finals Starts at 03:36 PM

1	Nouwens, Dominic	M25	UC36	23.92
2	Sprinkle, Baden	M36	Blue Wave Aquati-36	23.42
3	Cole, Matthew	M26	Bernardo's All S-36	20.99
4	Mehta, Sivan	M30	Lake Washington-36	22.22
5	Thompson, Scott	M42	Lake Washington-36	23.80
6	Werts, Calvin	M24	UC36	24.00

Event 10 Mixed 100 Yard Breaststroke

Lane Name	Age	Team	Seed Time
-----------	-----	------	-----------

Heat 1 of 6 Finals Starts at 03:37 PM

1	Fogg, Stephen	M76	Team Walker Inte-36	1:45.51
2	Pomeroy, Jodie	W51	Elk Valley Dolph	1:40.00
3	Hoffman, Wendy	W62	Mercer Island Co-36	1:34.00
4	Chang, Laura	W42	Blue Wave Aquati-36	1:40.00
5	Sussex, Tatyana	W61	Mercer Island Re-36	1:45.20
6	Dingle, Adair	W65	Mercer Island Re-36	1:59.00

Heat 2 of 6 Finals Starts at 03:40 PM

1	Sussex, Steve	M69	Mercer Island Re-36	1:30.00
2	Leonhart, Wendy	W29	UC36	1:28.06
3	Jeffery, Shawn	M45	Cascade Masters-36	1:25.00
4	Latimer, Danielle	W34	Cascade Masters-36	1:25.00
5	Cox, Allison	W40	CG Sports Manage-36	1:29.00
6	Campbell, Teri	W50	Mercer Island Re-36	1:30.00

Heat 3 of 6 Finals Starts at 03:42 PM

1	Loughlin, Hannah	W36	Lake Washington-36	1:20.00
2	Ralstin, Madeline	W23	Blue Wave Aquati-36	1:16.30
3	Reese, Rhiannon	W26	Orca Swim Team-36	1:15.04
4	Felix, Francisco	M26	Husky Masters-36	1:16.00
5	Collins, Douglas	M51	UC36	1:17.16
6	Matsuda, Jenifer	W25	Cascade Masters-36	1:20.00

Heat 4 of 6 Finals Starts at 03:44 PM

1	Nelson, Kirk	M54	CG Sports Manage-36	1:15.00
2	Chan, Barry	M42	Cascade Masters-36	1:14.34
3	Neff, John	M34	Snohomish Aquati-36	1:13.00
4	Scott, David	M58	Team Walker Inte-36	1:14.00
5	Cox, Gary	M47	Orca Swim Team-36	1:15.00
6	Hao, Yawei	M34	Mercer Island Re-36	1:15.00

Heat 5 of 6 Finals Starts at 03:46 PM

1	McLaughlin, Danielle	W39	Mercer Island Re-36	1:11.49
2	Wingerson, Andrew	M31	UC36	1:10.00
3	Lang, Brendan	M42	Greenlake Aquadu-36	1:09.92
4	Ng, Ethan	M26	UC36	1:10.00
5	Kang, Patrick	M30	Lake Washington-36	1:10.00
6	Petersen, Erik	M36	Puget Sound Mast-36	1:12.00

Heat 6 of 6 Finals Starts at 03:48 PM

1	Yung, Cejih	M39	Swim Long Beach-33	1:05.00
2	Conroy, Chris	M39	CG Sports Manage-36	1:05.00
3	Woodbury, Brian	M28	Lake Washington-36	1:01.50
4	Harris, Nate	M23	UC35	1:04.81
5	Hsiao, Victor	M31	UC36	1:05.00
6	Esko, Kevin	M58	Mercer Island Re-36	1:08.25

Event 11 Mixed 50 Yard Breaststroke

Lane Name	Age	Team	Seed Time
-----------	-----	------	-----------

Heat 1 of 8 Finals Starts at 03:50 PM

1				
2	Wolfe, Amy	W54	Bernardo's All S-36	56.00
3	Anderson, Graham	M73	Team Walker Inte-36	54.96
4	Stuart, Katy	W41	Team Walker Inte-36	55.00
5	Hinds, Cynthia	W71	Bernardo's All S-36	1:20.00
6				

Heat 2 of 8 Finals Starts at 03:52 PM

1	Pomeroy, Jodie	W51	Elk Valley Dolph	50.00
2	Falkner, Keri	W55	Team Walker Inte-36	49.00
3	Voegtlen, Barney	M76	Bainbridge Aquat-36	45.60
4	High, Marjorie	W49	Cascade Masters-36	48.56
5	Deitz, Dina	W58	Mercer Island Co-36	50.00
6	Weyhrauch, Tom	M67	Bernardo's All S-36	51.00

Heat 3 of 8 Finals Starts at 03:53 PM

1	Santo, Luisa	W29	Lake Washington-36	45.00
2	Tri, Brittany	W34	Snoco YMCA Barra-36	43.00
3	Underbrink, Dan	M68	Team Walker Inte-36	42.61
4	Castillo, Emily	W46	Team Walker Inte-36	42.90
5	Hersey, David	M60	UC36	45.00
6	Fowler, Ethan	M54	Bernardo's All S-36	45.22

Heat 4 of 8 Finals Starts at 03:55 PM

1	Jones, Laurie	W51	Team Walker Inte-36	42.00
2	Rees, Amelia	W22	Cascade Masters-36	41.75
3	Peterson, Steve	M78	Bernardo's All S-36	38.70
4	Farrell, Thomas	M65	Greenlake Aquadu-36	39.64
5	Ness, Kerry	M55	Team Walker Inte-36	42.00
6	Baekkelund, Kari	W47	Orca Swim Team-36	42.30

2025 PSM Pentathlon, Sanction #: 365-S004

Meet Program - PSM Pentathlon

Heat 5 Finals (#11 Mixed 50 Yard Breaststroke)

1	White, Robert	M76	Lake Washington-36	36.05
2	Bell, Chris	M68	Puget Sound Mast-36	35.50
3	Motley, Caitlin	W37	Cascade Masters-36	35.29
4	Taylor, Trip	M43	Orca Swim Team-36	35.45
5	Quaresma, Pedro	M30	Lake Washington-36	36.00
6	Graber, Lee	M47	Cascade Masters-36	37.00

Heat 6 of 8 Finals Starts at 03:58 PM

1	Naddell, Brandon	M42	Snoco YMCA Barra-36	35.00
2	Thompson, Scott	M42	Lake Washington-36	35.00
3	Motley, Abigail	W34	Cascade Masters-36	34.76
4	Torrey, Adam	M38	Snoco YMCA Barra-36	35.00
5	Patterson, Nicholas	M31	UC36	35.00
6	Pelton, Regan	M55	UC36	35.00

Heat 7 of 8 Finals Starts at 03:59 PM

1	Haynie, Carl	M64	Team Walker Inte-36	33.42
2	Cole, Matthew	M26	Bernardo's All S-36	33.00
3	Rossmiller, Byron	M26	Bernardo's All S-36	32.99
4	Sprinkle, Baden	M36	Blue Wave Aquati-36	32.99
5	Calvo, Morena	W37	Puget Sound Mast-36	33.22
6	Jennings, Lindsey	W43	Cascade Masters-36	34.47

Heat 8 of 8 Finals Starts at 04:00 PM

1	Linggi, Caleb	M23	UC36	32.00
2	Howell, Richard	M65	Oregon Masters-37	31.93
3	Mehta, Sivan	M30	Lake Washington-36	29.99
4	Nouwens, Dominic	M25	UC36	31.56
5	Ng, Ethan	M26	UC36	32.00
6	Lindberg, Denise	W42	Lake Washington-36	32.90

Event 12 Mixed 100 Yard Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 8 Finals Starts at 04:02 PM

1	Hile, Laurence (Larry)	M75	Bainbridge Aquat-36	1:46.22
2	Belt, Barbara	W69	Bainbridge Aquat-36	1:30.00
3	Hoffman, Wendy	W62	Mercer Island Co-36	1:16.00
4	Dingle, Adair	W65	Mercer Island Re-36	1:29.00
5	Hunt, Andrea	W77	Bainbridge Aquat-36	1:35.00
6	Tran, Jennifer	W29	Orca Swim Team-36	1:59.51

Heat 2 of 8 Finals Starts at 04:05 PM

1	Fogg, Stephen	M76	Team Walker Inte-36	1:14.19
2	Campbell, Teri	W50	Mercer Island Re-36	1:12.00
3	Pelham, Kathy	W52	Team Walker Inte-36	1:10.00
4	Sussex, Tatyana	W61	Mercer Island Re-36	1:10.00
5	Tanabe, Susan	W52	Orca Swim Team-36	1:13.00
6	Chang, Laura	W42	Blue Wave Aquati-36	1:15.00

Heat 3 of 8 Finals Starts at 04:07 PM

1	Sussex, Steve	M69	Mercer Island Re-36	1:07.00
2	Hathaway, Katharine	W41	UC36	1:05.00
3	Sullivan, Annie	W23	Ohana Swim Team-36	1:05.00
4	Polidori, Wendy	W55	Snohomish Aquati-36	1:05.00
5	Leonhart, Wendy	W29	UC36	1:06.15
6	D'Alessandro, Gianluca	M56	UC36	1:09.00

Heat 4 of 8 Finals Starts at 04:08 PM

1	Scott, David	M58	Team Walker Inte-36	1:01.00
2	Woare, Matthew	M50	Mercer Island Re-36	1:00.00
3	Loughlin, Hannah	W36	Lake Washington-36	1:00.00
4	McLaughlin, Danielle	W39	Mercer Island Re-36	1:00.00
5	Latimer, Danielle	W34	Cascade Masters-36	1:00.53
6	Tujo, Christian	M53	Oregon Masters-37	1:01.70

Heat 5 of 8 Finals Starts at 04:10 PM

1	Reese, Rhiannon	W26	Orca Swim Team-36	59.29
2	Hsiao, Victor	M31	UC36	58.00
3	Wingerson, Andrew	M31	UC36	57.00
4	Matsuda, Jenifer	W25	Cascade Masters-36	57.40
5	Cox, Allison	W40	CG Sports Manage-36	59.00
6	Neff, John	M34	Snohomish Aquati-36	1:00.00

Heat 6 of 8 Finals Starts at 04:12 PM

1	Yung, Cejih	M39	Swim Long Beach-33	56.00
2	Kang, Patrick	M30	Lake Washington-36	56.00
3	Jones, Zachary	M44	Blue Wave Aquati-36	56.00
4	Collins, Douglas	M51	UC36	56.00
5	Hathaway, Nicholas	M36	UC06	56.00
6	Cox, Gary	M47	Orca Swim Team-36	56.43

Heat 7 of 8 Finals Starts at 04:14 PM

1	Lang, Brendan	M42	Greenlake Aquadu-36	55.00
2	Petersen, Erik	M36	Puget Sound Mast-36	54.00
3	Conroy, Chris	M39	CG Sports Manage-36	53.00
4	Chan, Barry	M42	Cascade Masters-36	53.71
5	Nelson, Kirk	M54	CG Sports Manage-36	54.66
6	Shelly, Joseph	M27	Team Walker Inte-36	55.00

Heat 8 of 8 Finals Starts at 04:15 PM

1	Jeffery, Shawn	M45	Cascade Masters-36	53.00
2	Schwartz, Ethan	M23	Ohana Swim Team-36	52.00
3	Woodbury, Brian	M28	Lake Washington-36	50.00
4	Harris, Nate	M23	UC35	51.61
5	Felix, Francisco	M26	Husky Masters-36	52.50
6	Hao, Yawei	M34	Mercer Island Re-36	53.00