

2025 PNA Championship - 4/12/2025 to 4/13/2025**2025 PNA Championship
Hosted by Blue Wave Aquatics
Results****Women 18-24 50 Yard Freestyle****PNA: 24.15 P 11/7/2021 REVA ZACHARIAS**

1	Sullivan, Annie	23	Ohana Swim Team-3	26.78
2	Wilson, Sara	19	Port Angeles Swi-36	26.94
3	Mielke, Jasmine	20	Western Washingt-3	29.11
4	Ralstin, Madeline	23	Blue Wave Aquati-36	29.46
5	Rees, Amelia	22	Cascade Masters-36	30.09
6	Pai, Naima	24	Lake Washington-36	30.93

Women 18-24 100 Yard Freestyle**PNA: 53.47 P 11/7/2021 REVA ZACHARIAS**

1	Sullivan, Annie	23	Ohana Swim Team-3	58.18
				28.31 29.87
2	Mielke, Jasmine	20	Western Washingt-3	1:02.76
				29.96 32.80
3	Pai, Naima	24	Lake Washington-36	1:10.72
				34.15 36.57

Women 18-24 200 Yard Freestyle**PNA: 1:53.41 P 4/15/2012 PALOMA DINKEL**

1	Lewis, Kathryn	20	Western Washingt-3	2:09.45
				29.18 32.96 33.64 33.67
2	Sullivan, Annie	23	Ohana Swim Team-3	2:10.05
				30.66 32.93 33.45 33.01
3	Ralstin, Madeline	23	Blue Wave Aquati-36	2:24.29
				33.96 35.96 36.89 37.48
---	Rees, Amelia	22	Cascade Masters-36	NS

Women 18-24 500 Yard Freestyle**PNA: 5:16.78 P 4/8/2017 AMANDA R CLARK**

1	Sullivan, Annie	23	Ohana Swim Team-3	5:57.01
				32.59 35.01 36.11 36.34
				36.73 36.76 36.20 36.20
				35.73 35.34
2	Mielke, Jasmine	20	Western Washingt-3	6:10.68
				32.36 36.43 37.97 37.87
				38.27 38.06 37.59 38.28
				37.84 36.01
3	Rees, Amelia	22	Cascade Masters-36	6:47.77
				37.70 40.32 40.62 42.10
				42.77 43.09 41.84 41.38
				40.04 37.91

Women 18-24 1000 Yard Freestyle**PNA:11:12.98 P 4/26/2015 SYDNEY E ANDERSON**

1	Seeley, Gwen	22	Port Angeles Swi-36	14:22.45
				39.35 42.38 43.57 43.98
				43.83 44.34 43.95 44.37
				43.72 43.76 43.97 44.04
				44.43 43.52 43.67 43.63
				43.10 42.09 40.87 39.88

Women 18-24 50 Yard Backstroke**PNA: 27.93 P 11/7/2021 REVA ZACHARIAS**

1	Wilson, Sara	19	Port Angeles Swi-36	31.17
2	Rees, Amelia	22	Cascade Masters-36	33.52
3	Pai, Naima	24	Lake Washington-36	34.86

Women 18-24 100 Yard Backstroke**PNA: 57.98 P 4/12/2014 JORDAN KING**

1	Lewis, Kathryn	20	Western Washingt-3	1:09.40
				33.42 35.98
2	Rees, Amelia	22	Cascade Masters-36	1:16.96
				37.56 39.40
3	Seeley, Gwen	22	Port Angeles Swi-36	1:22.30
				39.95 42.35

Women 18-24 200 Yard Backstroke**PNA: 2:10.34 P 5/18/1997 M.JENKINS**

1	Rees, Amelia	22	Cascade Masters-36	2:49.01
				41.02 44.69 42.83 40.47

Women 18-24 50 Yard Breaststroke**PNA: 29.51 P 5/10/2018 KATIE A KAESTNER**

1	Mielke, Jasmine	20	Western Washingt-3	36.59
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Women 18-24 100 Yard Breaststroke**PNA: 1:04.14 P 5/10/2018 KATIE A KAESTNER**

1	Sullivan, Annie	23	Ohana Swim Team-3	1:16.68
				36.37 40.31
2	Mielke, Jasmine	20	Western Washingt-3	1:19.30
				36.58 42.72
3	Seeley, Gwen	22	Port Angeles Swi-36	1:31.48
				43.86 47.62

Women 18-24 200 Yard Breaststroke**PNA: 2:23.61 P 5/10/2018 KATIE A KAESTNER**

1	Mielke, Jasmine	20	Western Washingt-3	2:51.89
				38.27 43.37 45.15 45.10
---	Sullivan, Annie	23	Ohana Swim Team-3	NS

Women 18-24 50 Yard Butterfly**PNA: 25.79 P 4/13/2014 JORDAN KING**

1	Wilson, Sara	19	Port Angeles Swi-36	29.38
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Women 18-24 100 Yard Butterfly**PNA: 56.87 P 4/13/2014 JORDAN KING**

1	Wilson, Sara	19	Port Angeles Swi-36	1:06.74
				30.41 36.33

Women 18-24 100 Yard IM**PNA: 57.95 P 4/15/2012 PALOMA DINKEL**

1	Wilson, Sara	19	Port Angeles Swi-36	1:06.64
				30.12 36.52
2	Ralstin, Madeline	23	Blue Wave Aquati-36	1:11.85
				33.68 38.17
3	Pai, Naima	24	Lake Washington-36	1:18.63
				34.29 44.34

Women 25-29 50 Yard Freestyle**PNA: 23.19 P 2/21/2010 MEGAN JENDRICK**

1	Pound, Hallie	28	Bernardo's All S-36	28.03
2	Krystad, Maggie	27	Orca Swim Team-36	31.12
3	Tran, Jennifer	29	Orca Swim Team-36	47.65

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Women 25-29 100 Yard Freestyle

PNA: 49.70 P 2/21/2010 MEGAN JENDRICK

1	Matsuda, Jenifer	25	Cascade Masters-36	56.45
	26.99	29.46		
2	Pound, Hallie	28	Bernardo's All S-36	1:00.37
	28.57	31.80		
3	Krystad, Maggie	27	Orca Swim Team-36	1:06.65
	32.61	34.04		
4	Lee, Sami	29	Puget Sound Mast-36	1:08.82
	32.71	36.11		
5	Tran, Jennifer	29	Orca Swim Team-36	1:48.05
	49.37	58.68		

Women 25-29 200 Yard Freestyle

PNA: 1:57.55 P 4/11/2009 DEBRA FORINASH

1	Matsuda, Jenifer	25	Cascade Masters-36	2:03.88
	28.86	31.16	31.63 32.23	
2	Pound, Hallie	28	Bernardo's All S-36	2:10.69
	29.49	32.62	34.05 34.53	
3	Krystad, Maggie	27	Orca Swim Team-36	2:29.30
	35.74	38.05	38.67 36.84	
---	Daniels, Avery	27	Snohomish Aquati-3	NS

Women 25-29 500 Yard Freestyle

PNA: 5:13.04 P 5/18/2003 CASEY MURPHY

1	Matsuda, Jenifer	25	Cascade Masters-36	5:38.85
	30.20	33.54	34.68 34.71	
	34.76	34.57	34.83 34.32	
	33.93	33.31		
2	Pound, Hallie	28	Bernardo's All S-36	5:49.70
	30.58	34.48	35.53 36.19	
	35.82	35.89	35.70 35.72	
	35.57	34.22		
3	Sentenn, Samantha	27	Cascade Masters-36	5:58.66
	32.41	35.44	36.18 36.91	
	36.76	37.00	36.67 36.61	
	35.79	34.89		
4	Tran, Jennifer	29	Orca Swim Team-36	10:18.77
	58.48	1:02.93	1:04.34 1:03.05	
	1:03.71	1:03.64	1:02.47 1:02.33	
	1:01.37	56.45		

Women 25-29 1000 Yard Freestyle

PNA:11:03.79 P 1988 LISA M O'BRIEN

1	Pound, Hallie	28	Bernardo's All S-36	12:10.57
	30.53	34.20	35.44 36.14	
	36.09	36.76	36.59 36.76	
	36.81	36.92	37.13 37.33	
	37.48	37.38	37.53 37.61	
	37.60	37.82	37.57 36.88	
2	Sentenn, Samantha	27	Cascade Masters-36	12:25.73
	33.38	36.45	37.03 37.24	
	37.31	37.92	37.29 37.71	
	37.59	38.14	37.64 37.93	
	38.05	37.87	37.72 38.02	
	37.59	37.68	38.07 35.10	

3	Daniels, Avery	27	Snohomish Aquati-3	14:41.94
	40.95	43.37	44.23 44.43	
	44.55	44.76	44.58 45.24	
	44.95	45.00	44.13 43.69	
	44.10	44.35	44.28 43.77	
	44.02	44.16	44.29 43.09	

Women 25-29 1650 Yard Freestyle

PNA:18:21.65 P 4/6/1986 ZENA HERRMANN

1	Sentenn, Samantha	27	Cascade Masters-36	20:35.86
	33.51	35.86	37.17 37.54	
	37.48	37.62	37.73 37.98	
	37.95	37.86	37.43 37.48	
	37.70	37.66	37.76 37.63	
	38.02	37.97	38.32 37.93	
	37.39	37.67	37.56 37.75	
	37.78	37.22	38.07 37.85	
	37.76	37.67	37.08 37.24	36.22
2	Singh, Isabelle	25	Cascade Masters-36	22:40.43
	35.94	39.74	40.20 40.27	
	40.92	40.96	41.39 41.43	
	41.65	41.28	41.04 41.31	
	41.43	41.13	41.25 41.10	
	41.95	41.64	41.43 41.33	
	41.44	41.99	41.35 41.71	
	41.81	42.42	42.11 42.17	
	41.70	42.32	41.85 42.28	39.89

Women 25-29 50 Yard Backstroke

PNA: 26.19 P 4/16/2023 JOANNA W WU

1	Krystad, Maggie	27	Orca Swim Team-36	36.27
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Women 25-29 100 Yard Backstroke

PNA: 1:01.69 P 4/10/2022 JOANNA W WU

1	Sentenn, Samantha	27	Cascade Masters-36	1:11.40
	34.68	36.72		
2	Krystad, Maggie	27	Orca Swim Team-36	1:17.55
	38.02	39.53		

Women 25-29 200 Yard Backstroke

PNA: 2:10.23 P 4/11/2015 JORDAN G KING

1	Sentenn, Samantha	27	Cascade Masters-36	2:30.50
	36.40	38.96	38.63 36.51	
2	Singh, Isabelle	25	Cascade Masters-36	2:53.48
	40.44	43.23	44.98 44.83	

Women 25-29 50 Yard Breaststroke

PNA: 27.14 P 2/21/2010 MEGAN JENDRICK

1	Tran, Jennifer	29	Orca Swim Team-36	54.34
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Women 25-29 100 Yard Breaststroke

PNA: 59.58 P 2/6/2010 MEGAN JENDRICK

1	Tran, Jennifer	29	Orca Swim Team-36	2:00.72
	57.26	1:03.46		

Women 25-29 200 Yard Breaststroke

PNA: 2:09.05 P 2/6/2010 MEGAN JENDRICK

1	Tran, Jennifer	29	Orca Swim Team-36	4:29.25
	1:03.06	1:09.85	1:10.74 1:05.60	

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1	Ringstad, Kristin	28	Snohomish Aquati-3	32.83
2	Lee, Sami	29	Puget Sound Mast-3	34.02

Women 25-29 100 Yard Butterfly**PNA: 57.51 P 4/13/2013 PALOMA DINKEL**

1	Matsuda, Jenifer	25	Cascade Masters-36	1:02.45
	28.57	33.88		
2	Pound, Hallie	28	Bernardo's All S-36	1:10.84
	31.77	39.07		

Women 25-29 200 Yard Butterfly**PNA: 2:10.47 P 4/12/2015 JORDAN G KING**

1	Matsuda, Jenifer	25	Cascade Masters-36	2:24.89
	32.00	37.29	37.87	37.73

Women 25-29 200 Yard IM**PNA: 1:59.69 P 2/6/2010 MEGAN JENDRICK**

1	Ringstad, Kristin	28	Snohomish Aquati-3	3:01.24
	37.36	45.93	54.81	43.14

Women 25-29 400 Yard IM**PNA: 4:42.13 P 5/7/1989 KARIN FOSBERG**

1	Matsuda, Jenifer	25	Cascade Masters-36	5:04.47
	30.67	36.07	39.50	39.48
	43.33	44.12	36.26	35.04
2	Sentenn, Samantha	27	Cascade Masters-36	5:25.57
	35.45	43.04	39.11	39.62
	47.25	47.98	37.48	35.64

Women 30-34 50 Yard Freestyle**PNA: 24.17 P 10/30/2016 ERICA R CENCI**

1	Motley, Abigail	34	Cascade Masters-36	26.27
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Women 30-34 100 Yard Freestyle**PNA: 52.58 P 10/30/2016 ERICA R CENCI**

1	Baguley, Lauren	32	UC36	56.48
	27.24	29.24		

Women 30-34 200 Yard Freestyle**PNA: 1:55.02 P 2/21/2016 ERICA R CENCI**

1	Baguley, Lauren	32	UC36	2:06.87
	28.95	32.05	33.43	32.44

Women 30-34 500 Yard Freestyle**PNA: 5:19.88 P 4/11/2010 COLLEEN PHILIPPS**

1	Stahl, Shannon	34	Oregon Masters-37	5:49.82
	31.74	34.41	35.81	35.99
	36.06	35.35	35.21	35.67
	35.26	34.32		
2	Moerdyk, Kristen	31	Blue Wave Aquati-3	7:32.02
	37.65	41.85	45.73	46.56
	45.90	47.43	46.27	47.33
	48.54	44.76		

Women 30-34 1000 Yard Freestyle**PNA:10:57.30 P 4/8/2017 ALLISON L COX**

1	Williams, Ava	33	Oregon Masters-37	13:17.33
	36.11	38.94	39.81	40.45
	40.63	40.63	40.57	40.66
	40.65	40.66	40.48	40.78
	39.82	39.71	39.97	39.52
	39.85	39.40	40.07	38.62

Women 30-34 50 Yard Backstroke**PNA: 28.04 P 4/11/2010 TAMARA COULTER**

1	Latimer, Danielle	34	Cascade Masters-36	29.65
2	Motley, Abigail	34	Cascade Masters-36	29.94
3	Homan, Cat	33	Snoco YMCA Barra-3	40.29
4	Moerdyk, Kristen	31	Blue Wave Aquati-3	40.30

Women 30-34 100 Yard Backstroke**PNA: 1:00.35 P 4/11/2010 TAMARA COULTER**

1	Baguley, Lauren	32	UC36	1:02.32
	30.07	32.25		
2	Latimer, Danielle	34	Cascade Masters-36	1:02.76
	30.15	32.61		

Women 30-34 200 Yard Backstroke**PNA: 2:09.33 P 4/5/1992 ZENA HERRMANN**

1	Baguley, Lauren	32	UC36	2:17.87
	31.36	35.47	36.12	34.92
2	Stahl, Shannon	34	Oregon Masters-37	2:40.55
	37.94	41.27	41.60	39.74
3	Kohler, Caralee	30	Blue Wave Aquati-3	3:19.06
	43.67	49.65	53.13	52.61

Women 30-34 50 Yard Breaststroke**PNA: 32.70 P 4/15/2018 AMELIA FERREL**

1	Motley, Abigail	34	Cascade Masters-36	34.92
2	Moerdyk, Kristen	31	Blue Wave Aquati-3	42.76
3	Kohler, Caralee	30	Blue Wave Aquati-3	48.95

Women 30-34 100 Yard Breaststroke**PNA: 1:09.78 P 4/10/2011 M.CHAMBERLIN**

1	Homan, Cat	33	Snoco YMCA Barra-3	1:39.32
	47.52	51.80		

Women 30-34 200 Yard Breaststroke**PNA: 2:23.79 P 3/18/2018 SVETLANA KARPEEVA**

---	Kohler, Caralee	30	Blue Wave Aquati-3	NS
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Women 30-34 50 Yard Butterfly**PNA: 26.77 P 4/16/2023 ERICA DAGG**

1	Latimer, Danielle	34	Cascade Masters-36	27.82
2	Baguley, Lauren	32	UC36	27.98
3	Motley, Abigail	34	Cascade Masters-36	28.55
4	Homan, Cat	33	Snoco YMCA Barra-3	36.01

Women 30-34 100 Yard Butterfly**PNA: 1:00.12 P 4/14/1991 TAMI BENNETT**

1	Latimer, Danielle	34	Cascade Masters-36	1:01.59
	28.45	33.14		
---	Kohler, Caralee	30	Blue Wave Aquati-3	NS

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Women 30-34 200 Yard Butterfly

PNA: 2:13.49 P 5/18/1987 TAMMY BENNETT

1	Latimer, Danielle	34	Cascade Masters-36	2:26.74
	30.92	35.33	36.98	43.51

Women 30-34 100 Yard IM

PNA: 1:00.59 P 10/30/2016 ERICA R CENCI

1	Baguley, Lauren	32	UC36	1:02.97
	28.43	34.54		
2	Moerdyk, Kristen	31	Blue Wave Aquati-36	1:23.49
	38.23	45.26		

Women 30-34 400 Yard IM

PNA: 4:49.69 P 4/11/2010 COLLEEN PHILIPPS

1	Kohler, Caralee	30	Blue Wave Aquati-36	7:10.81
	41.66	51.05	55.30	57.92
	1:03.02	1:02.87	49.90	49.09

Women 35-39 50 Yard Freestyle

PNA: 24.18 P 4/3/2011 SHERI HART

1	Motley, Caitlin	37	Cascade Masters-36	26.96
2	Calvo, Morena	37	Puget Sound Mast-36	27.81
3	Tri, Brittany	35	Snoco YMCA Barra-36	27.92
4	Kennedy, Erin	35	Orca Swim Team-36	34.56

Women 35-39 100 Yard Freestyle

PNA: 54.06 P 4/11/2009 KIMBERLY JETER

1	Motley, Caitlin	37	Cascade Masters-36	59.05
	28.38	30.67		
2	Cheadle, Melissa	35	Bainbridge Aquat-36	1:07.26
	31.57	35.69		
3	Kennedy, Erin	35	Orca Swim Team-36	1:16.46
	36.41	40.05		

Women 35-39 200 Yard Freestyle

PNA: 1:58.10 P 5/9/1996 MARGEE CURRAN

---	Kennedy, Erin	35	Orca Swim Team-36	NS
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Women 35-39 500 Yard Freestyle

PNA: 5:15.13 P 5/9/1996 MARGEE CURRAN

1	McLaughlin, Danielle	39	Mercer Island Re-36	5:36.64
	28.53	31.97	33.43	34.66
	35.87	35.26	35.46	34.47
	33.92	33.07		

Women 35-39 1000 Yard Freestyle

PNA:10:43.03 P 5/9/1996 MARGEE CURRAN

1	Zimmerman, Stephanie	38	Husky Masters-36	14:15.87
	37.75	41.53	42.88	42.93
	42.46	42.87	42.60	43.28
	42.74	43.27	43.45	43.69
	43.41	43.78	44.43	43.23
	43.89	44.17	42.99	40.52

Women 35-39 1650 Yard Freestyle

PNA:18:08.10 P 2/16/1997 MARGEE CURRAN

1	Zimmerman, Stephanie	38	Husky Masters-36	23:44.49
	37.91	41.87	42.38	42.80
	42.69	42.92	43.33	42.90
	43.47	43.40	43.94	43.09
	43.39	43.63	43.20	43.53
	43.70	43.01	43.52	43.24
	43.84	43.32	43.73	44.27
	43.27	43.65	44.20	43.67
	44.25	44.44	44.38	44.06
				39.49

Women 35-39 50 Yard Backstroke

PNA: 27.60 P 2/5/2011 SHERI HART

1	Motley, Caitlin	37	Cascade Masters-36	30.79
2	Cheadle, Melissa	35	Bainbridge Aquat-36	35.78
3	Kennedy, Erin	35	Orca Swim Team-36	39.46

Women 35-39 100 Yard Backstroke

PNA: 57.34 P 4/3/2011 SHERI HART

1	Motley, Caitlin	37	Cascade Masters-36	1:05.87
	32.01	33.86		
2	Zimmerman, Stephanie	38	Husky Masters-36	1:24.00
	41.34	42.66		

Women 35-39 50 Yard Breaststroke

PNA: 33.22 P 11/6/2022 MORENA CALVO

1	Calvo, Morena	37	Puget Sound Mast-36	33.25
2	Cheadle, Melissa	35	Bainbridge Aquat-36	38.85
3	Manwiller-Thompson, Be	37	Cascade Masters-36	43.69

Women 35-39 100 Yard Breaststroke

PNA: 1:11.40 P 4/11/2010 JEAN DILLON

1	Motley, Caitlin	37	Cascade Masters-36	1:14.79
	35.17	39.62		
2	Manwiller-Thompson, Be	37	Cascade Masters-36	1:35.22
	46.36	48.86		

Women 35-39 200 Yard Breaststroke

PNA: 2:31.09 P 4/13/2024 SVETLANA KARPEEVA

1	McLaughlin, Danielle	39	Mercer Island Re-36	2:33.36
	34.97	39.11	39.50	39.78

Women 35-39 50 Yard Butterfly

PNA: 26.86 P 4/3/2011 SHERI HART

1	Motley, Caitlin	37	Cascade Masters-36	29.97
2	Cheadle, Melissa	35	Bainbridge Aquat-36	33.19
3	Kennedy, Erin	35	Orca Swim Team-36	38.47

Women 35-39 100 Yard IM

PNA: 58.88 P 4/3/2011 SHERI HART

1	Tri, Brittany	35	Snoco YMCA Barra-36	1:13.20
	32.57	40.63		
2	Cheadle, Melissa	35	Bainbridge Aquat-36	1:15.14
	34.03	41.11		
3	Zimmerman, Stephanie	38	Husky Masters-36	1:24.74
	40.55	44.19		
4	Kennedy, Erin	35	Orca Swim Team-36	1:26.08
	38.53	47.55		

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1	Calvo, Morena	37	Puget Sound Mast-36	2:32.85
	33.94	40.25	41.45	37.21

Women 40-44 50 Yard Freestyle**PNA: 23.92 P 5/1/2011 SHERI HART**

1	Jennings, Lindsey	43	Cascade Masters-36	27.22
2	Brunjes, Molly	44	Cascade Masters-36	29.49
3	Gottschall, Hannah	44	Bernardo's All S-36	30.43
4	Gustitus, Leah	41	Orca Swim Team-36	34.89
5	Everhart, Kristin	41	Port Angeles Swi-36	37.65

Women 40-44 100 Yard Freestyle**PNA: 51.86 P 5/1/2011 SHERI HART**

1	Brunjes, Molly	44	Cascade Masters-36	1:05.79
	32.21	33.58		
2	Smith, Katy	43	Bernardo's All S-36	1:10.67
	32.64	38.03		
3	Croghan, Rachel	40	UC36	1:13.86
	35.47	38.39		
4	Chinn, Sarah	41	Lake Washington-36	1:14.50
	35.09	39.41		
5	Gustitus, Leah	41	Orca Swim Team-36	1:15.97
	36.47	39.50		
6	Everhart, Kristin	41	Port Angeles Swi-36	1:20.16
	38.52	41.64		

Women 40-44 200 Yard Freestyle**PNA: 1:58.67 P 5/9/2013 HALEIGH A WERNER**

1	Cox, Allison	40	CG Sports Manage-36	2:04.49
	29.53	31.66	32.13	31.17
2	Everhart, Kristin	41	Port Angeles Swi-36	2:57.24
	39.74	44.79	46.82	45.89

Women 40-44 500 Yard Freestyle**PNA: 5:21.96 P 5/1/2011 HALEIGH A WERNER**

1	Chinn, Sarah	41	Lake Washington-36	6:00.98
	33.61	35.80	36.34	36.65
	36.44	36.42	36.61	36.32
	36.69	36.10		
2	Brunjes, Molly	44	Cascade Masters-36	6:18.11
	33.39	37.40	38.39	38.53
	39.04	38.65	38.92	38.50
	38.33	36.96		
3	Stuart, Katy	41	Team Walker Inte-36	6:58.28
	35.33	39.71	42.02	42.20
	42.74	43.41	44.44	43.14
	43.10	42.19		
4	Schepler, Lani	44	Blue Wave Aquati-36	7:56.19
	42.20	46.11	47.36	47.96
	48.61	49.34	49.03	50.24
	48.64	46.70		
5	Milman, Ariana	40	Bernardo's All S-36	8:17.89
	44.27	49.54	50.88	50.67
	51.48	50.45	51.21	51.09
	50.49	47.81		

Women 40-44 1000 Yard Freestyle**PNA:10:51.34 P 5/9/2013 HALEIGH A WERNER**

1	Chinn, Sarah	41	Lake Washington-36	12:11.54
	33.64	36.73	37.23	36.97
	36.83	37.14	36.74	36.63
	36.68	36.68	36.43	36.53
	36.60	36.61	36.68	36.71
	36.98	36.98	36.74	36.01
2	Brunjes, Molly	44	Cascade Masters-36	12:51.66
	33.59	37.46	38.67	39.10
	38.94	39.16	39.34	39.19
	39.65	39.54	39.39	39.23
	39.28	39.50	39.04	38.71
	38.41	38.51	38.19	36.76
3	Milman, Ariana	40	Bernardo's All S-36	16:57.77
	44.23	49.85	50.58	51.51
	51.34	51.18	52.40	52.59
	52.68	53.58	53.41	52.57
	52.87	52.65	52.30	51.30
	50.19	49.87	48.59	44.08

Women 40-44 1650 Yard Freestyle**PNA:18:10.83 P 4/29/2012 HALEIGH A WERNER**

---	Smith, Katy	43	Bernardo's All S-36	NS
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Women 40-44 50 Yard Backstroke**PNA: 26.12 P 5/1/2011 SHERI HART**

1	Lindberg, Denise	42	Lake Washington-36	31.73
2	Jennings, Lindsey	43	Cascade Masters-36	32.96
3	Stuart, Katy	41	Team Walker Inte-36	35.80
---	Croghan, Rachel	40	UC36	NS

Women 40-44 100 Yard Backstroke**PNA: 56.03 P 5/1/2011 SHERI HART**

1	Cox, Allison	40	CG Sports Manage-36	1:05.15
	31.97	33.18		
2	Brunjes, Molly	44	Cascade Masters-36	1:10.13
	34.13	36.00		

Women 40-44 200 Yard Backstroke**PNA: 2:13.58 P 5/20/2001 ZENA COURTNEY**

1	Brunjes, Molly	44	Cascade Masters-36	2:31.71
	35.88	38.70	39.37	37.76
2	Stuart, Katy	41	Team Walker Inte-36	2:49.54
	37.41	43.73	45.56	42.84
3	Milman, Ariana	40	Bernardo's All S-36	3:20.32
	47.16	50.90	52.50	49.76

Women 40-44 50 Yard Breaststroke**PNA: 31.61 P 5/9/2013 HALEIGH A WERNER**

1	Lindberg, Denise	42	Lake Washington-36	32.34
2	Jennings, Lindsey	43	Cascade Masters-36	34.47
3	Chinn, Sarah	41	Lake Washington-36	37.86
4	Gottschall, Hannah	44	Bernardo's All S-36	38.23
5	Croghan, Rachel	40	UC36	42.03
6	Winans, Amanda	42	Husky Masters-36	43.60

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Hosted by Blue Wave Aquatics****Results****Women 40-44 100 Yard Breaststroke****PNA: 1:09.07 P 4/29/2012 HALEIGH A WERNER**

1	Lindberg, Denise	42	Lake Washington-36	1:10.57
	33.42	37.15		
2	Winans, Amanda	42	Husky Masters-36	1:33.04
	43.39	49.65		
3	Croghan, Rachel	40	UC36	1:33.30
	44.44	48.86		
4	Gustitus, Leah	41	Orca Swim Team-36	1:39.55
	46.75	52.80		

Women 40-44 200 Yard Breaststroke**PNA: 2:31.78 P 4/29/2012 HALEIGH A WERNER**

1	Jennings, Lindsey	43	Cascade Masters-36	2:48.47
	38.26	43.58	43.60	43.03
2	Croghan, Rachel	40	UC36	3:18.26
	44.86	49.86	51.93	51.61

Women 40-44 50 Yard Butterfly**PNA: 26.25 P 5/1/2011 SHERI HART**

1	Lindberg, Denise	42	Lake Washington-36	29.45
2	Jennings, Lindsey	43	Cascade Masters-36	29.56
3	Chinn, Sarah	41	Lake Washington-36	32.28
4	Gustitus, Leah	41	Orca Swim Team-36	37.18
5	Everhart, Kristin	41	Port Angeles Swi-36	40.99
6	Schepler, Lani	44	Blue Wave Aquati-36	42.18
---	Winans, Amanda	42	Husky Masters-36	NS

Women 40-44 100 Yard Butterfly**PNA: 1:01.99 P 5/18/1997 CAMILLE THOMPSON**

1	Smith, Katy	43	Bernardo's All S-36	1:21.61
	37.24	44.37		
2	Gustitus, Leah	41	Orca Swim Team-36	1:26.71
	38.37	48.34		
3	Everhart, Kristin	41	Port Angeles Swi-36	1:32.46
	41.98	50.48		

Women 40-44 200 Yard Butterfly**PNA: 2:18.99 P 4/14/1996 CAMILLE THOMPSON**

1	Smith, Katy	43	Bernardo's All S-36	3:02.42
	39.79	46.95	49.06	46.62
---	Cox, Allison	40	CG Sports Manage-36	NS

Women 40-44 100 Yard IM**PNA: 58.38 P 5/1/2011 SHERI HART**

1	Lindberg, Denise	42	Lake Washington-36	1:03.80
	29.77	34.03		
2	Jennings, Lindsey	43	Cascade Masters-36	1:07.84
	30.81	37.03		
3	Chinn, Sarah	41	Lake Washington-36	1:13.36
	34.67	38.69		
4	Gottschall, Hannah	44	Bernardo's All S-36	1:13.95
	33.91	40.04		
5	Winans, Amanda	42	Husky Masters-36	1:21.90
	36.89	45.01		
6	Croghan, Rachel	40	UC36	1:24.94
	38.11	46.83		

7	Gustitus, Leah	41	Orca Swim Team-36	1:26.13
	39.10	47.03		
8	Milman, Ariana	40	Bernardo's All S-36	1:30.01
	41.90	48.11		
9	Everhart, Kristin	41	Port Angeles Swi-36	1:32.17
	42.78	49.39		

Women 40-44 200 Yard IM**PNA: 2:20.17 P 5/22/2005 LISA PACE**

1	Lindberg, Denise	42	Lake Washington-36	2:22.40
	31.32	36.99	39.53	34.56
2	Stuart, Katy	41	Team Walker Inte-36	3:01.81
	39.33	1:41.42	41.06	
3	Milman, Ariana	40	Bernardo's All S-36	3:17.21
	45.22	49.36	59.75	42.88
4	Schepler, Lani	44	Blue Wave Aquati-36	3:26.56
	44.14	56.49	57.11	48.82

Women 40-44 400 Yard IM**PNA: 4:50.69 P 5/1/2011 HALEIGH A WERNER**

1	Cox, Allison	40	CG Sports Manage-36	5:12.13
	32.87	38.87	40.75	38.16
	47.74	46.41	35.39	31.94
2	Milman, Ariana	40	Bernardo's All S-36	7:26.70
	49.66	54.91	1:00.80	58.76
	1:03.64	1:04.15	50.07	44.71

Women 45-49 50 Yard Freestyle**PNA: 24.63 P 5/23/2010 LISA A DAHL**

1	Phinney, Sandi	49	Thunderbird Aqua-36	28.91
2	Furtado, Krys	45	Blue Wave Aquati-36	30.08
3	Borg, Erika	46	Bainbridge Aquat-36	33.24
4	Krughoff, Laura	47	Bernardo's All S-36	34.78
5	High, Marjorie	49	Cascade Masters-36	35.72
6	Rucker, Meegan	45	Bainbridge Aquat-36	40.30

Women 45-49 100 Yard Freestyle**PNA: 54.63 P 5/23/2010 LISA A DAHL**

1	Lickwala, Holly	48	Team Walker Inte-36	1:01.14
	29.03	32.11		
2	Furtado, Krys	45	Blue Wave Aquati-36	1:07.21
	31.79	35.42		
3	Krughoff, Laura	47	Bernardo's All S-36	1:18.04
	35.90	42.14		
4	High, Marjorie	49	Cascade Masters-36	1:20.04
	37.54	42.50		
5	Rucker, Meegan	45	Bainbridge Aquat-36	1:36.17
	44.31	51.86		

Women 45-49 200 Yard Freestyle**PNA: 2:04.65 P 5/4/2014 HALEIGH A WERNER**

1	Phinney, Sandi	49	Thunderbird Aqua-36	2:18.77
	31.76	35.05	36.27	35.69
2	Rucker, Meegan	45	Bainbridge Aquat-36	3:37.04
	46.84	52.81	58.84	58.55
3	Davies, Amanda	47	Bainbridge Aquat-36	3:42.76
	51.54	57.69	57.09	56.44

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Hosted by Blue Wave Aquatics****Results****Women 45-49 500 Yard Freestyle****PNA: 5:21.00 P 5/4/2014 HALEIGH A WERNER**

1	Furtado, Krys	45	Blue Wave Aquati-36	6:37.72
	34.02	37.04	39.58	40.54
	41.22	41.26	41.11	41.06
	41.40	40.49		
2	Loiacano, Toni	47	Bainbridge Aquat-36	8:54.18
	48.50	53.69	53.31	54.02
	54.21	54.79	53.59	54.14
	56.28	51.65		

Women 45-49 1000 Yard Freestyle**PNA:10:50.84 P 5/4/2014 HALEIGH A WERNER**

1	Krughoff, Laura	47	Bernardo's All S-36	15:33.28
	40.42	43.26	45.84	47.21
	47.95	48.47	47.41	47.33
	47.08	48.58	48.10	47.74
	48.81	47.36	47.10	47.50
	46.58	47.28	46.19	43.07

Women 45-49 1650 Yard Freestyle**PNA:19:32.15 P 5/4/2014 SARAH A BULLOCK**

1	Krughoff, Laura	47	Bernardo's All S-36	26:07.80	
	41.55	44.75	46.58	47.55	
	47.43	48.44	48.02	47.78	
	47.94	48.22	47.50	47.86	
	47.88	47.38	47.45	47.68	
	47.53	47.59	48.59	48.46	
	47.52	48.46	48.28	48.48	
	48.34	47.88	48.99	48.45	
	47.49	47.99	48.43	47.61	43.70
2	Loiacano, Toni	47	Bainbridge Aquat-36	30:45.05	
	49.46	53.84	53.74	53.79	
	54.24	54.93	55.23	55.59	
	55.75	56.55	56.06	55.94	
	55.88	55.66	55.33	56.82	
	57.19	58.71	57.14	56.80	
	56.88	57.42	58.21	57.52	
	57.86	57.52	56.95	56.62	
	57.03	55.31	55.58	55.95	53.55

Women 45-49 50 Yard Backstroke**PNA: 30.05 P 5/10/2009 LISA DAHL**

1	Phinney, Sandi	49	Thunderbird Aqua-36	32.72
2	Krughoff, Laura	47	Bernardo's All S-36	43.27
---	Castillo, Emily	46	Team Walker Inte-36	NS

Women 45-49 100 Yard Backstroke**PNA: 1:05.05 P 5/20/2007 ZENA COURTNEY**

1	Phinney, Sandi	49	Thunderbird Aqua-36	1:10.55
	33.35	37.20		
2	Borg, Erika	46	Bainbridge Aquat-36	1:22.58
	39.14	43.44		
3	Krughoff, Laura	47	Bernardo's All S-36	1:33.66
	46.54	47.12		
4	High, Marjorie	49	Cascade Masters-36	1:40.61
	46.78	53.83		

Women 45-49 200 Yard Backstroke**PNA: 2:19.72 P 5/20/2007 ZENA COURTNEY**

1	Phinney, Sandi	49	Thunderbird Aqua-36	2:38.03
	35.42	39.02	41.28	42.31
2	Loiacano, Toni	47	Bainbridge Aquat-36	3:45.11
	53.86	58.04	58.74	54.47

Women 45-49 50 Yard Breaststroke**PNA: 32.98 P 2/23/2014 MARY ARMSTRONG**

1	Lickwala, Holly	48	Team Walker Inte-36	36.85
2	Sayigh, Julie	49	Cascade Masters-36	40.37
---	Rucker, Meegan	45	Bainbridge Aquat-36	DQ
	One hand touch			
---	Castillo, Emily	46	Team Walker Inte-36	NS

Women 45-49 100 Yard Breaststroke**PNA: 1:09.95 P 5/4/2014 HALEIGH A WERNER**

1	Lickwala, Holly	48	Team Walker Inte-36	1:18.14
	37.59	40.55		
2	Davies, Amanda	47	Bainbridge Aquat-36	2:01.90
	57.84	1:04.06		
---	Castillo, Emily	46	Team Walker Inte-36	NS

Women 45-49 200 Yard Breaststroke**PNA: 2:33.57 P 5/4/2014 HALEIGH A WERNER**

1	Johnsen, Elizabeth	46	Thunderbird Aqua-36	3:08.68
	43.83	48.10	48.45	48.30

Women 45-49 50 Yard Butterfly**PNA: 26.36 P 5/23/2010 LISA A DAHL**

1	Lickwala, Holly	48	Team Walker Inte-36	29.62
2	Johnsen, Elizabeth	46	Thunderbird Aqua-36	40.83
3	High, Marjorie	49	Cascade Masters-36	41.62
---	Castillo, Emily	46	Team Walker Inte-36	NS

Women 45-49 100 Yard Butterfly**PNA: 1:04.75 P 5/22/2005 MARY LIPPOLD**

1	Phinney, Sandi	49	Thunderbird Aqua-36	1:15.10
	34.42	40.68		
2	High, Marjorie	49	Cascade Masters-36	1:38.57
	44.55	54.02		
---	Lickwala, Holly	48	Team Walker Inte-36	NS

Women 45-49 200 Yard Butterfly**PNA: 2:25.05 P 5/17/2002 MARY LIPPOLD**

1	Sayigh, Julie	49	Cascade Masters-36	3:10.96
	42.85	50.22	50.66	47.23

Women 45-49 100 Yard IM**PNA: 1:02.87 P 5/23/2010 LISA A DAHL**

1	Sayigh, Julie	49	Cascade Masters-36	1:15.70
	34.14	41.56		
2	Furtado, Krys	45	Blue Wave Aquati-36	1:20.27
	38.21	42.06		
---	Davies, Amanda	47	Bainbridge Aquat-36	DQ
	One hand touch - breast			
	57.92	1:05.48		
---	Castillo, Emily	46	Team Walker Inte-36	NS

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Hosted by Blue Wave Aquatics

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Women 45-49 200 Yard IM

PNA: 2:19.88 P 5/20/2007 LISA PACE

1	Johnsen, Elizabeth	46	Thunderbird Aqua-3	3:17.39
				47.04 56.17 49.99 44.19
---	Castillo, Emily	46	Team Walker Inte-3	NS

Women 45-49 400 Yard IM

PNA: 5:00.13 P 5/20/2007 LISA PACE

1	High, Marjorie	49	Cascade Masters-36	7:32.47
				48.38 57.63 56.81 58.20
				1:02.60 1:06.06 52.89 49.90

Women 50-54 50 Yard Freestyle

PNA: 25.39 P 5/15/2011 LISA A DAHL

1	Takahashi, Atsuko	52	Team Walker Inte-3	30.91
2	Kim, Nellis	54	Blue Wave Aquati-3	31.92
3	Abbey, Molly	50	Cascade Masters-36	32.37

Women 50-54 100 Yard Freestyle

PNA: 57.09 P 5/15/2011 LISA A DAHL

1	Takahashi, Atsuko	52	Team Walker Inte-3	1:08.46
				32.32 36.14
2	Tulou, Tamara	51	Bainbridge Aquat-3	1:38.15
				47.27 50.88

Women 50-54 200 Yard Freestyle

PNA: 2:07.91 P 5/20/2007 MARY LIPPOLD

1	Halter, Dana Robertson	50	Cascade Masters-36	2:15.22
				31.98 34.06 34.67 34.51

Women 50-54 500 Yard Freestyle

PNA: 5:35.06 P 4/28/2016 SHANNON MCINTYRE

1	Halter, Dana Robertson	50	Cascade Masters-36	6:01.90
				33.40 36.11 36.53 36.53
				36.67 36.62 36.46 36.44
				36.62 36.52

Women 50-54 1000 Yard Freestyle

PNA:11:27.91 P 4/28/2016 SHANNON MCINTYRE

1	Mcclafferty, Christine	51	Oregon Masters-37	11:53.44
				31.88 35.78 35.65 36.05
				36.21 36.36 35.82 35.96
				35.84 35.84 35.96 35.97
				36.03 35.66 35.80 35.94
				35.93 35.65 35.79 35.32
2	Halter, Dana Robertson	50	Cascade Masters-36	12:16.78
				33.32 35.63 36.74 37.17
				37.12 36.92 37.10 37.14
				37.09 36.73 36.44 36.51
				37.13 37.42 37.16 37.39
				37.34 37.65 37.83 36.95
3	Abbey, Molly	50	Cascade Masters-36	15:59.48
				36.89 41.03 44.27 46.12
				46.72 48.00 48.14 48.41
				48.64 49.73 50.40 50.58
				50.60 51.01 50.77 50.28
				50.28 49.66 50.75 47.20

Women 50-54 1650 Yard Freestyle

PNA:19:36.43 P 4/12/2015 SHANNON MCINTYRE

1	Rasmussen, Karen	50	Blue Wave Aquati-3	24:49.74
				40.37 43.54 44.61 45.27
				45.50 45.99 45.99 46.04
				45.42 45.40 45.49 45.13
				45.47 45.28 45.34 45.06
				45.10 44.71 45.68 45.86
				45.73 44.87 45.51 45.73
				45.74 45.06 45.42 45.08
				45.65 45.71 45.36 45.29
				43.34

Women 50-54 50 Yard Backstroke

PNA: 31.07 P 5/18/2003 BARB GUNDRED

1	Mcclafferty, Christine	51	Oregon Masters-37	30.77
2	Kim, Nellis	54	Blue Wave Aquati-3	40.34
3	Tulou, Tamara	51	Bainbridge Aquat-3	46.42

Women 50-54 100 Yard Backstroke

PNA: 1:05.43 P 5/4/2014 ZENA H COURTNEY

1	Abbey, Molly	50	Cascade Masters-36	1:21.78
				39.47 42.31
2	Davies, Catherine	50	Bainbridge Aquat-3	1:44.25
				48.82 55.43

Women 50-54 200 Yard Backstroke

PNA: 2:23.65 P 4/13/2014 ZENA H COURTNEY

1	Tulou, Tamara	51	Bainbridge Aquat-3	3:36.93
				50.14 54.16 56.39 56.24

Women 50-54 50 Yard Breaststroke

PNA: 33.49 P 4/26/2015 KIM CROUCH

1	Kim, Nellis	54	Blue Wave Aquati-3	41.34
2	Takahashi, Atsuko	52	Team Walker Inte-3	45.66

Women 50-54 100 Yard Breaststroke

PNA: 1:13.60 P 4/12/2015 KIM CROUCH

1	Kim, Nellis	54	Blue Wave Aquati-3	1:29.79
				42.96 46.83
2	Davies, Catherine	50	Bainbridge Aquat-3	1:53.31
				53.05 1:00.26

Women 50-54 200 Yard Breaststroke

PNA: 2:41.24 P 4/26/2015 KIM CROUCH

1	Campbell, Teri	50	Mercer Island Re-36	2:48.43
				37.03 42.46 44.47 44.47
---	Mcclafferty, Christine	51	Oregon Masters-37	NS

Women 50-54 50 Yard Butterfly

PNA: 27.62 P 5/15/2011 LISA A DAHL

1	Takahashi, Atsuko	52	Team Walker Inte-3	33.64
2	Tulou, Tamara	51	Bainbridge Aquat-3	47.74

Women 50-54 100 Yard Butterfly

PNA: 1:03.93 P 5/20/2007 MARY LIPPOLD

1	Halter, Dana Robertson	50	Cascade Masters-36	1:12.68
				34.37 38.31
2	Tulou, Tamara	51	Bainbridge Aquat-3	1:52.97
				52.57 1:00.40

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Hosted by Blue Wave Aquatics****Results****Women 50-54 100 Yard IM****PNA: 1:04.87 P 5/10/2018 SHANNON MCINTYRE**

1	Takahashi, Atsuko	52	Team Walker Inte-36	1:22.26
	38.59	43.67		
2	Kim, Nellis	54	Blue Wave Aquati-36	1:23.13
	39.73	43.40		
3	Davies, Catherine	50	Bainbridge Aquat-36	1:42.54
	48.48	54.06		

Women 50-54 200 Yard IM**PNA: 2:21.72 P 4/28/2016 SHANNON MCINTYRE**

1	Mcclafferty, Christine	51	Oregon Masters-37	2:22.77
	29.55	37.17	42.28	33.77
2	Campbell, Teri	50	Mercer Island Re-36	2:33.86
	31.75	41.25	45.01	35.85
3	Halter, Dana Robertson	50	Cascade Masters-36	2:39.47
	34.04	41.65	46.70	37.08
4	Kim, Nellis	54	Blue Wave Aquati-36	3:02.10
	42.20	48.47	50.73	40.70
5	Tulou, Tamara	51	Bainbridge Aquat-36	3:57.12
	52.20	1:01.68	1:07.75	55.49

Women 50-54 400 Yard IM**PNA: 5:02.40 P 4/28/2016 SHANNON MCINTYRE**

1	Mcclafferty, Christine	51	Oregon Masters-37	5:06.12
	31.00	36.93	40.30	38.68
	44.45	44.04	36.42	34.30
2	Halter, Dana Robertson	50	Cascade Masters-36	5:36.71
	34.71	40.45	44.94	43.70
	48.20	48.90	38.70	37.11

Women 55-59 50 Yard Freestyle**PNA: 26.99 P 5/10/2009 DAVIS/STENFJORD**

1	Armstrong, Mary	57	Snohomish Aquati-3	28.28
2	Fuglvog, Jennell	58	North End Otters-36	29.93
3	Simmons, Annette	59	Bernardo's All S-36	41.41
4	Batdorf, Casandra	57	Bernardo's All S-36	54.97

Women 55-59 100 Yard Freestyle**PNA: 59.08 P 5/22/2005 CHARLOTTE DAVIS**

1	Falkner, Keri	55	Team Walker Inte-36	1:07.40
	32.24	35.16		
2	Fuglvog, Jennell	58	North End Otters-36	1:09.54
	31.97	37.57		
3	Simmons, Annette	59	Bernardo's All S-36	1:32.76
	43.72	49.04		
4	Milkowski, Lisa	55	Issaquah Masters-36	1:33.03
	44.60	48.43		
5	Batdorf, Casandra	57	Bernardo's All S-36	2:05.22
	59.44	1:05.78		

Women 55-59 200 Yard Freestyle**PNA: 2:12.87 P 4/26/2015 ZENA H COURTNEY**

1	Stenfjord, Tani	59	North End Otters-36	2:17.85
	32.09	35.23	36.27	34.26
2	Thompson, Kelly	55	Bainbridge Aquat-36	3:08.14
	43.81	47.97	50.57	45.79

3	Batdorf, Casandra	57	Bernardo's All S-36	4:47.11
	59.88	1:13.43	1:18.75	1:15.05

Women 55-59 500 Yard Freestyle**PNA: 5:53.38 P 4/27/2023 NATHALIE VOIVENEL**

1	Wolfe, Amy	55	Bernardo's All S-36	7:20.63
	40.40	42.65	44.97	45.15
	44.88	45.03	44.68	45.15
	44.15	43.57		
2	Milkowski, Lisa	55	Issaquah Masters-36	8:59.21
	44.69	50.77	56.37	54.92
	55.77	56.45	56.63	55.98
	55.87	51.76		

Women 55-59 1000 Yard Freestyle**PNA:12:11.10 P 5/20/2007 BARB GUNDRED**

1	Polidori, Wendy	55	Snohomish Aquati-3	13:26.62
	36.73	39.81	40.55	40.73
	40.73	40.69	40.68	40.65
	40.76	40.49	40.40	40.24
	40.50	40.98	40.81	40.91
	41.20	40.66	40.35	38.75
2	Singer, Shannon	55	Team Walker Inte-36	18:10.09
	49.18	53.06	55.12	54.64
	55.24	56.13	55.27	55.14
	55.66	55.51	54.16	54.88
	55.02	54.94	55.02	55.64
	55.51	54.38	55.36	50.23

Women 55-59 50 Yard Backstroke**PNA: 31.30 P 4/26/2015 ZENA H COURTNEY**

1	Falkner, Keri	55	Team Walker Inte-36	37.74
2	Wolfe, Amy	55	Bernardo's All S-36	44.40
3	Simmons, Annette	59	Bernardo's All S-36	48.44
4	Batdorf, Casandra	57	Bernardo's All S-36	1:08.45

Women 55-59 100 Yard Backstroke**PNA: 1:06.96 P 4/26/2015 ZENA H COURTNEY**

1	Stenfjord, Tani	59	North End Otters-36	1:10.30
	34.31	35.99		
2	Falkner, Keri	55	Team Walker Inte-36	1:18.53
	38.28	40.25		

Women 55-59 200 Yard Backstroke**PNA: 2:28.88 P 5/20/2007 BARB GUNDRED**

1	Wolfe, Amy	55	Bernardo's All S-36	3:16.11
	47.07	49.67	50.69	48.68
2	Singer, Shannon	55	Team Walker Inte-36	4:05.59
	56.03	1:02.05	1:05.33	1:02.18

Women 55-59 50 Yard Breaststroke**PNA: 33.17 P 4/27/2023 MARY C ARMSTRONG**

1	Armstrong, Mary	57	Snohomish Aquati-3	35.61
2	Reimer, Shelley	55	Bainbridge Aquat-36	40.25
3	Falkner, Keri	55	Team Walker Inte-36	41.82
4	Simmons, Annette	59	Bernardo's All S-36	53.44

2025 PNA Championship - 4/12/2025 to 4/13/2025**2025 PNA Championship
Hosted by Blue Wave Aquatics****Results****Women 55-59 100 Yard Breaststroke****PNA: 1:13.23 P 4/27/2023 MARY C ARMSTRONG**

1	Falkner, Keri	55	Team Walker Inte-36	1:28.49
	42.52	45.97		
2	Reimer, Shelley	55	Bainbridge Aquat-36	1:29.54
	42.84	46.70		

Women 55-59 200 Yard Breaststroke**PNA: 2:46.61 P 5/10/2018 KIM CROUCH**

1	Singer, Shannon	55	Team Walker Inte-36	4:26.21
	1:03.41	1:09.01	1:09.24	1:04.55

Women 55-59 50 Yard Butterfly**PNA: 29.90 P 5/14/2006 CHARLOTTE DAVIS**

1	Polidori, Wendy	55	Snohomish Aquati-3	31.37
2	Simmons, Annette	59	Bernardo's All S-36	50.69

Women 55-59 200 Yard Butterfly**PNA: 2:39.75 P 5/1/2011 MARY B LIPPOLD**

1	Polidori, Wendy	55	Snohomish Aquati-3	2:54.45
	39.70	44.75	45.69	44.31
---	Singer, Shannon	55	Team Walker Inte-36	NS

Women 55-59 100 Yard IM**PNA: 1:08.53 P 4/27/2023 MARY C ARMSTRONG**

1	Stenfjord, Tani	59	North End Otters-36	1:09.96
	31.83	38.13		
2	Reimer, Shelley	55	Bainbridge Aquat-36	1:16.23
	34.66	41.57		
3	Thompson, Kelly	55	Bainbridge Aquat-36	1:36.41
	47.09	49.32		
4	Simmons, Annette	59	Bernardo's All S-36	1:47.09
	48.62	58.47		

Women 55-59 200 Yard IM**PNA: 2:28.92 P 5/10/2018 KIM CROUCH**

1	Falkner, Keri	55	Team Walker Inte-36	2:51.95
	39.10	42.00	51.15	39.70
2	Singer, Shannon	55	Team Walker Inte-36	4:03.36
	53.63	1:05.99	1:10.95	52.79

Women 55-59 400 Yard IM**PNA: 5:20.36 P 5/20/2007 CHARLOTTE DAVIS**

1	Singer, Shannon	55	Team Walker Inte-36	8:36.70
	57.85	1:16.88	1:07.62	1:06.16
	1:09.96	1:09.32	57.01	51.90

Women 60-64 50 Yard Freestyle**PNA: 27.02 P 5/4/2014 CHARLOTTE M DAVIS**

1	Delmage, Arlene	62	Oregon Masters-37	29.03
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Women 60-64 100 Yard Freestyle**PNA: 59.41 P 5/23/2010 CHARLOTTE M DAVIS**

1	Delmage, Arlene	62	Oregon Masters-37	1:02.80
	30.30	32.50		
2	Sussex, Tatyana	61	Mercer Island Re-36	1:11.79
	34.11	37.68		

Women 60-64 200 Yard Freestyle**PNA: 2:13.65 P 5/1/2011 CHARLOTTE M DAVIS**

1	Delmage, Arlene	62	Oregon Masters-37	2:17.38
	32.74	34.80	35.64	34.20
2	Hoffman, Wendy	62	Mercer Island Co-36	2:41.36
	37.25	40.57	42.00	41.54

Women 60-64 500 Yard Freestyle**PNA: 5:57.32 P 5/1/2011 CHARLOTTE M DAVIS**

1	Ghilarducci, Emily	62	Bernardo's All S-36	7:14.90
	39.03	42.93	44.40	44.96
	44.98	44.89	44.82	44.54
	43.58	40.77		

Women 60-64 1000 Yard Freestyle**PNA:13:31.91 P 4/27/2023 LUCY M SHAW**

1	Ghilarducci, Emily	62	Bernardo's All S-36	15:07.55
	40.43	44.45	45.87	46.94
	46.53	46.14	46.02	46.59
	46.24	45.68	45.96	45.69
	46.64	46.09	46.00	45.58
	45.51	45.88	44.05	41.26

Women 60-64 1650 Yard Freestyle**PNA:22:23.10 P 5/20/2007 SUZANNE DILLS**

1	Hoffman, Wendy	62	Mercer Island Co-36	23:13.72
	37.91	40.88	41.61	42.64
	42.73	42.70	42.84	42.49
	42.15	42.66	42.31	42.98
	42.99	42.43	42.75	42.42
	42.43	42.05	42.44	42.67
	42.02	42.22	42.37	43.05
	41.75	43.04	41.71	42.21
	42.32	42.72	42.27	42.47
				41.49
2	Ghilarducci, Emily	62	Bernardo's All S-36	25:25.16
	40.49	44.15	45.27	46.25
	46.06	46.34	46.61	46.17
	47.38	46.23	46.62	47.22
	46.64	46.24	47.00	48.10
	47.21	46.81	47.59	47.38
	47.32	48.45	47.23	47.09
	47.12	46.64	46.42	46.40
	46.21	45.73	45.47	44.43
				40.89

Women 60-64 50 Yard Backstroke**PNA: 32.41 P 5/9/2013 CHARLOTTE M DAVIS**

1	Hogan, Elizabeth	63	Port Angeles Swi-36	50.01
---	Sussex, Tatyana	61	Mercer Island Re-36	NS

Women 60-64 200 Yard Backstroke**PNA: 2:50.44 P 4/15/2018 DAWN JAEGER**

1	Hoffman, Wendy	62	Mercer Island Co-36	3:01.54
	43.02	45.42	46.87	46.23

Women 60-64 50 Yard Breaststroke**PNA: 35.88 P 4/28/2016 LINDA CHAPMAN**

1	Ghilarducci, Emily	62	Bernardo's All S-36	40.41
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2025 PNA Championship - 4/12/2025 to 4/13/2025**2025 PNA Championship
Hosted by Blue Wave Aquatics
Results****Women 60-64 100 Yard Breaststroke**

PNA: 1:19.74 P 4/8/2017 LINDA CHAPMAN

--- Ghilarducci, Emily 62 Bernardo's All S-36 DQ
Incomplete stroke cycle other than one pull followed by one kick
43.27 46.22

Women 60-64 200 Yard Breaststroke

PNA: 2:58.09 P 4/8/2017 LINDA CHAPMAN

1 Hoffman, Wendy 62 Mercer Island Co-36 3:11.91
45.74 47.41 50.01 48.75
2 Ghilarducci, Emily 62 Bernardo's All S-36 3:15.45
45.78 49.93 50.61 49.13

Women 60-64 50 Yard Butterfly

PNA: 29.14 P 5/9/2013 CHARLOTTE M DAVIS

1 Delmage, Arlene 62 Oregon Masters-37 30.76
2 Sussex, Tatyana 61 Mercer Island Re-36 34.24
3 Hogan, Elizabeth 63 Port Angeles Swi-36 48.73

Women 60-64 100 Yard Butterfly

PNA: 1:06.86 P 5/1/2011 CHARLOTTE M DAVIS

1 Delmage, Arlene 62 Oregon Masters-37 1:10.30
33.30 37.00
2 Sussex, Tatyana 61 Mercer Island Re-36 1:22.94
37.49 45.45

Women 60-64 200 Yard Butterfly

PNA: 2:59.13 P 5/10/2009 SARAH WELCH

1 Hoffman, Wendy 62 Mercer Island Co-36 3:17.16
41.68 49.82 52.64 53.02

Women 60-64 200 Yard IM

PNA: 2:31.45 P 4/29/2012 CHARLOTTE M DAVIS

1 Sussex, Tatyana 61 Mercer Island Re-36 3:05.05
39.23 47.53 57.02 41.27
2 Hogan, Elizabeth 63 Port Angeles Swi-36 3:46.42
52.89 1:00.33 1:04.00 49.20

Women 60-64 400 Yard IM

PNA: 5:20.51 P 5/1/2011 CHARLOTTE M DAVIS

1 Hoffman, Wendy 62 Mercer Island Co-36 6:17.19
42.01 51.45 47.87 48.53
51.55 52.20 41.86 41.72

Women 65-69 50 Yard Freestyle

PNA: 27.84 P 4/9/2016 CHARLOTTE M DAVIS

1 Underbrink, Mary 65 Team Walker Inte-36 37.86
2 Seaborg, Paige 69 Snoco YMCA Barra-3 42.27
--- Reynolds, Tyree 66 Snoco YMCA Barra-3 NS

Women 65-69 100 Yard Freestyle

PNA: 1:00.94 P 4/28/2016 CHARLOTTE M DAVIS

1 Seaborg, Paige 69 Snoco YMCA Barra-3 1:34.49
44.28 50.21
2 Reynolds, Tyree 66 Snoco YMCA Barra-3 1:57.28
49.13 1:08.15

Women 65-69 200 Yard Freestyle

PNA: 2:17.15 P 3/6/2016 CHARLOTTE M DAVIS

1 Underbrink, Mary 65 Team Walker Inte-36 3:12.43
41.87 48.94 52.79 48.83

Women 65-69 50 Yard Backstroke

PNA: 35.21 P 3/5/2017 CHARLOTTE M DAVIS

1 Dingle, Adair 65 Mercer Island Re-36 43.40
2 Reynolds, Tyree 66 Snoco YMCA Barra-3 1:02.50

Women 65-69 100 Yard Backstroke

PNA: 1:18.98 P 4/26/2015 STELLA PREISSLER

1 Seaborg, Paige 69 Snoco YMCA Barra-3 1:53.96
55.48 58.48

Women 65-69 200 Yard Backstroke

PNA: 2:49.78 P 4/26/2015 STELLA PREISSLER

1 Dingle, Adair 65 Mercer Island Re-36 3:10.27
47.11 47.04 48.85 47.27

Women 65-69 50 Yard Breaststroke

PNA: 37.35 P 4/27/2023 LINDA CHAPMAN

1 Chapman, Linda 69 Lake Washington-36 40.21
2 Seaborg, Paige 69 Snoco YMCA Barra-3 52.97
3 Reynolds, Tyree 66 Snoco YMCA Barra-3 57.73

Women 65-69 100 Yard Breaststroke

PNA: 1:20.27 P 4/27/2017 CHARLOTTE M DAVIS

1 Chapman, Linda 69 Lake Washington-36 1:28.62
42.14 46.48

Women 65-69 200 Yard Breaststroke

PNA: 2:58.20 P 4/14/2019 CHARLOTTE M DAVIS

1 Dingle, Adair 65 Mercer Island Re-36 3:23.37
46.11 52.13 52.55 52.58

Women 65-69 100 Yard IM

PNA: 1:10.02 P 4/27/2017 CHARLOTTE M DAVIS

1 Chapman, Linda 69 Lake Washington-36 1:22.65
39.22 43.43
2 Seaborg, Paige 69 Snoco YMCA Barra-3 1:51.97
56.05 55.92
3 Reynolds, Tyree 66 Snoco YMCA Barra-3 2:10.97
59.66 1:11.31

Women 70-74 50 Yard Freestyle

PNA: 28.83 P 8/22/2021 CHARLOTTE M DAVIS

1 Hinds, Cynthia 71 Bernardo's All S-36 1:03.56

Women 70-74 100 Yard Freestyle

PNA: 1:03.48 P 6/6/2021 CHARLOTTE M DAVIS

1 Hinds, Cynthia 71 Bernardo's All S-36 2:11.88
1:02.62 1:09.26

Women 70-74 200 Yard Freestyle

PNA: 2:21.31 P 6/6/2021 CHARLOTTE M DAVIS

1 Summers, Jeanna 71 Oregon Masters-37 3:15.24
41.97 47.81 51.02 54.44

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Women 70-74 1650 Yard Freestyle

PNA:26:23.28 P 5/10/2018 ANDREA M HUNT

--- Summers, Jeanna 71 Oregon Masters-37 NS

Women 70-74 50 Yard Backstroke

PNA: 39.78 P 4/25/2019 STELLA PREISSLER

1 Glassman, Debbie 71 Puget Sound Mast-3 44.49

2 Hinds, Cynthia 71 Bernardo's All S-36 1:18.04

Women 70-74 200 Yard Backstroke

PNA: 3:03.79 P 4/25/2019 STELLA PREISSLER

1 Glassman, Debbie 71 Puget Sound Mast-3 3:29.12
50.83 52.44 54.05 51.80

--- Summers, Jeanna 71 Oregon Masters-37 NS

Women 70-74 50 Yard Breaststroke

PNA: 38.75 P 4/27/2023 CHARLOTTE M DAVIS

1 Hinds, Cynthia 71 Bernardo's All S-36 1:15.23

Women 70-74 400 Yard IM

PNA:10:00.14 P 4/14/1991 PAT MATTHIESEN

1 Summers, Jeanna 71 Oregon Masters-37 7:56.38

54.97 1:02.84 55.31 53.92

1:14.86 1:13.96 50.39 50.13

Women 75-79 50 Yard Freestyle

PNA: 37.28 P 4/28/2022 SARAH WELCH

1 Gettling, Janet 76 Oregon Masters-37 35.92

Women 75-79 100 Yard Freestyle

PNA: 1:24.78 P 11/7/2021 SALLY DILLON

1 Gettling, Janet 76 Oregon Masters-37 1:22.42

37.79 44.63

Women 75-79 500 Yard Freestyle

PNA: 8:13.81 P 4/16/2023 ANDREA M HUNT

1 Hunt, Andrea 77 Bainbridge Aquat-3 8:34.30
48.77 50.49 51.44 52.26

51.66 52.49 52.11 52.85

52.52 49.71

2 Stearns, Kathleen 76 Bainbridge Aquat-3 12:51.67

1:11.78 1:17.49 1:19.26 1:16.63

1:16.69 1:18.94 1:18.89 1:16.66

1:19.31 1:16.02

Women 75-79 1650 Yard Freestyle

PNA:27:55.27 P 4/27/2023 ANDREA M HUNT

1 Hunt, Andrea 77 Bainbridge Aquat-3 28:47.32

50.52 51.71 52.42 52.57

52.57 52.78 52.53 52.83

52.37 52.37 52.13 52.66

52.13 52.68 52.61 52.47

52.37 52.10 52.88 52.94

52.61 52.76 52.25 52.48

52.68 52.76 52.31 53.33

52.42 52.24 52.41 51.87 49.56

Women 75-79 50 Yard Backstroke

PNA: 44.16 P 10/8/2023 KATE MEYERS

1 Hunt, Andrea 77 Bainbridge Aquat-3 51.98

Women 75-79 100 Yard Backstroke

PNA: 1:38.45 P 7/23/2023 ANDREA M HUNT

1 Meyers, Kate 76 Bainbridge Aquat-3 1:37.49P
48.03 49.46**Women 75-79 200 Yard Backstroke**

PNA: 3:21.27 P 4/16/2023 ANDREA M HUNT

1 Hunt, Andrea 77 Bainbridge Aquat-3 3:40.00
54.38 54.85 56.12 54.652 Welch, Sarah 78 Orca Swim Team-36 3:55.47
56.22 59.64 1:01.41 58.20**Women 75-79 50 Yard Breaststroke**

PNA: 45.44 P 10/8/2023 KATE MEYERS

1 Gettling, Janet 76 Oregon Masters-37 43.95

2 Meyers, Kate 76 Bainbridge Aquat-3 45.48

Women 75-79 100 Yard Breaststroke

PNA: 1:58.49 P 4/10/1999 MURIEL FLYNN

1 Meyers, Kate 76 Bainbridge Aquat-3 1:43.63P
48.85 54.78

--- Gettling, Janet 76 Oregon Masters-37 NS

Women 75-79 200 Yard Breaststroke

PNA: 4:12.25 P 4/10/1999 MURIEL FLYNN

1 Gettling, Janet 76 Oregon Masters-37 3:47.52
51.05 59.38 59.30 57.79**Women 75-79 50 Yard Butterfly**

PNA: 43.83 P 4/28/2022 SARAH WELCH

1 Welch, Sarah 78 Orca Swim Team-36 48.45

Women 75-79 200 Yard Butterfly

PNA: 5:15.05 P 4/5/1992 PAT MATTHIESEN

1 Gettling, Janet 76 Oregon Masters-37 3:42.62
49.64 57.75 57.63 57.60**Women 75-79 200 Yard IM**

PNA: 4:02.19 P 10/6/2024 SARAH WELCH

1 Welch, Sarah 78 Orca Swim Team-36 3:59.69P
51.81 1:01.97 1:14.10 51.81**Women 80-84 50 Yard Freestyle**

PNA: 46.80 P 7/24/2011 GLORIA TOLARO

1 Ward, Joy 82 Oregon Masters-37 39.36

Women 80-84 50 Yard Backstroke

PNA: 50.74 P 2/5/2011 GLORIA TOLARO

1 Ward, Joy 82 Oregon Masters-37 42.25

Women 80-84 100 Yard Backstroke

PNA: 1:59.31 P 6/27/2007 BERNICE PHILLIPS

1 Ward, Joy 82 Oregon Masters-37 1:34.79
46.92 47.87**Women 80-84 200 Yard Backstroke**

PNA: 4:25.69 P 4/13/2008 BERNICE PHILLIPS

1 Ward, Joy 82 Oregon Masters-37 3:25.49
48.89 52.47 53.06 51.07

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Hosted by Blue Wave Aquatics****Results****Women 80-84 50 Yard Butterfly****PNA: 1:07.69 P 10/27/2007 BETTY KERCHEVAL**

1 Ward, Joy 82 Oregon Masters-37 49.54

Women 80-84 100 Yard IM**PNA: 2:01.26 P 4/13/2003 MURIEL FLYNN**1 Ward, Joy 82 Oregon Masters-37 1:40.67
46.42 54.25**Men 18-24 50 Yard Freestyle****PNA: 20.61 P 4/10/2022 MATTHEW C COLE**1 Faskhutdinov, Almaz 20 Port Angeles Swi-36 20.75
2 Werts, Calvin 24 UC36 22.28
3 Yun, Zuriahn 20 Western Washing-3 22.29
4 Linggi, Caleb 23 UC36 22.85
5 Swaney, Connor 24 Snoco YMCA Barra-3 23.08
6 Munoz, Ryland 21 Western Washing-3 23.31
7 Schwartz, Ethan 23 Ohana Swim Team-3 23.43
8 Xu, Michael 24 UC36 23.92
9 Yamane, Evan 22 Western Washing-3 24.12
10 Quinn, Conor 24 Snohomish Aquati-3 24.82
11 Grueber, Zachary 19 Western Washing-3 27.34
--- Allen, Finian 19 Western Washing-3 NS**Men 18-24 100 Yard Freestyle****PNA: 46.54 P 4/26/2015 CLINTON W STIPEK**1 Faskhutdinov, Almaz 20 Port Angeles Swi-36 47.83
22.43 25.40
2 Harris, Nate 23 Husky Masters-36 50.30
24.65 25.65
3 Linggi, Caleb 23 UC36 50.36
24.64 25.72
4 Schwartz, Ethan 23 Ohana Swim Team-3 50.78
24.14 26.64
5 Munoz, Ryland 21 Western Washing-3 54.31
24.63 29.68
6 Yamane, Evan 22 Western Washing-3 55.34
24.94 30.40
--- Allen, Finian 19 Western Washing-3 NS
--- Werts, Calvin 24 UC36 NS
--- Xu, Michael 24 UC36 NS**Men 18-24 200 Yard Freestyle****PNA: 1:44.59 P 4/10/2004 ELLIOTT KOLBE**1 Harris, Nate 23 Husky Masters-36 1:50.38
25.91 27.87 28.40 28.20
2 Schwartz, Ethan 23 Ohana Swim Team-3 1:58.67
26.46 29.24 30.38 32.59
3 Allen, Finian 19 Western Washing-3 2:19.51
31.16 35.38 36.48 36.49**Men 18-24 500 Yard Freestyle****PNA: 4:49.97 P 5/20/2007 DAVID WHITBECK**

--- Schwartz, Ethan 23 Ohana Swim Team-3 SCR

Men 18-24 50 Yard Backstroke**PNA: 24.54 P 4/11/2010 CHRIS CHAPMAN**

1 Linggi, Caleb 23 UC36 26.37

2 Munoz, Ryland 21 Western Washing-3 28.09
--- Allen, Finian 19 Western Washing-3 NS
--- Quinn, Conor 24 Snohomish Aquati-3 NS
--- Werts, Calvin 24 UC36 NS**Men 18-24 100 Yard Backstroke****PNA: 52.56 P 2/20/2011 TAYLOR BRUGH**1 Werts, Calvin 24 UC36 55.04
26.73 28.31
2 Linggi, Caleb 23 UC36 56.11
27.42 28.69
3 Schwartz, Ethan 23 Ohana Swim Team-3 56.33
27.02 29.31
4 Munoz, Ryland 21 Western Washing-3 1:04.85
29.77 35.08**Men 18-24 200 Yard Backstroke****PNA: 1:58.98 P 4/10/2005 ROBERT HOWELLS**1 Schwartz, Ethan 23 Ohana Swim Team-3 2:08.55
28.77 32.00 33.59 34.19**Men 18-24 50 Yard Breaststroke****PNA: 25.94 P 11/4/2018 MICHAEL NELSON**1 Yun, Zuriahn 20 Western Washing-3 26.84
2 Swaney, Connor 24 Snoco YMCA Barra-3 28.99**Men 18-24 100 Yard Breaststroke****PNA: 59.09 P 4/15/2012 JONATHAN HIETT**1 Yun, Zuriahn 20 Western Washing-3 58.88P
27.33 31.55
2 Xu, Michael 24 UC36 1:03.29
29.37 33.92**Men 18-24 200 Yard Breaststroke****PNA: 2:08.41 P 4/10/2011 BRYSON CHIU**1 Yun, Zuriahn 20 Western Washing-3 2:10.87
29.08 32.83 34.16 34.80
2 Harris, Nate 23 Husky Masters-36 2:22.17
33.64 35.57 36.77 36.19**Men 18-24 50 Yard Butterfly****PNA: 22.66 P 10/1/2011 CHRIS CHAPMAN**1 Faskhutdinov, Almaz 20 Port Angeles Swi-36 22.77
2 Yun, Zuriahn 20 Western Washing-3 23.64
3 Linggi, Caleb 23 UC36 25.46
--- Quinn, Conor 24 Snohomish Aquati-3 NS
--- Werts, Calvin 24 UC36 NS**Men 18-24 100 Yard Butterfly****PNA: 50.62 P 5/1/2011 CHRIS CHAPMAN**1 Werts, Calvin 24 UC36 52.76
24.90 27.86
2 Harris, Nate 23 Husky Masters-36 53.94
25.63 28.31**Men 18-24 100 Yard IM****PNA: 52.95 P 4/15/2018 SIVAN MEHTA**1 Xu, Michael 24 UC36 57.78
26.94 30.84

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2	Swaney, Connor	24	Snoco YMCA Barra-3	59.03
	26.86	32.17		
3	Yamane, Evan	22	Western Washingt-3	1:06.76
	29.41	37.35		
---	Grueber, Zachary	19	Western Washingt-3	NS

Men 18-24 200 Yard IM**PNA: 1:59.34 P 4/10/2011 BRYSON CHIU**

1	Yun, Zuriahn	20	Western Washingt-3	2:01.62
	25.82	31.53	33.82	30.45
---	Xu, Michael	24	UC36	NS

Men 18-24 400 Yard IM**PNA: 4:25.17 P 4/10/2005 ROBERT HOWELLS**

1	Harris, Nate	23	Husky Masters-36	4:26.05
	26.25	31.06	35.20	33.79
	39.34	38.99	31.49	29.93

Men 25-29 50 Yard Freestyle**PNA: 20.34 P 4/15/2018 ROMAN RYBIN**

1	Cole, Matthew	26	Bernardo's All S-36	20.20P
2	Woodbury, Brian	28	Lake Washington-36	21.70
3	Chaussabel, Adrien	25	Husky Masters-36	23.82
4	Nouwens, Dominic	25	UC36	24.32
5	Lam, Edmund	28	Orca Swim Team-36	25.73
6	Couch, Brandon	29	Bernardo's All S-36	26.12
7	Espineli, Arik	28	Cascade Masters-36	26.82

Men 25-29 100 Yard Freestyle**PNA: 44.60 P 12/13/2018 ROMAN RYBIN**

1	Woodbury, Brian	28	Lake Washington-36	47.95
	22.92	25.03		
2	Chaussabel, Adrien	25	Husky Masters-36	50.56
	24.74	25.82		
3	Felix, Francisco	26	Husky Masters-36	51.87
	25.34	26.53		
4	Couch, Brandon	29	Bernardo's All S-36	57.37
	27.35	30.02		
5	Lam, Edmund	28	Orca Swim Team-36	1:00.53
	30.20	30.33		
6	Hummel, Jared	26	Western Washingt-3	1:00.65
	28.99	31.66		

Men 25-29 200 Yard Freestyle**PNA: 1:44.49 P 11/5/2023 DANIEL CHANG**

1	Woodbury, Brian	28	Lake Washington-36	1:48.28
	25.23	27.74	27.94	27.37
2	Felix, Francisco	26	Husky Masters-36	1:54.35
	27.64	29.02	28.77	28.92
3	Rossmiller, Byron	26	Bernardo's All S-36	1:54.55
	26.94	29.24	29.24	29.13

Men 25-29 500 Yard Freestyle**PNA: 4:51.29 P 2/23/2014 EDDIE SWITAJ**

1	Woodbury, Brian	28	Lake Washington-36	4:54.75
	25.82	29.04	29.82	30.21
	30.19	30.32	30.22	30.38
	29.87	28.88		
2	Felix, Francisco	26	Husky Masters-36	5:04.34
	28.15	29.82	30.57	30.62
	30.80	30.95	30.98	31.13
	30.89	30.43		
3	Arnold, Joshua	25	Bernardo's All S-36	5:52.44
	25.76	30.74	35.04	37.01
	36.41	37.73	38.03	38.30
	37.62	35.80		

Men 25-29 1000 Yard Freestyle**PNA:10:12.44 P 3/5/1988 PETE COLBECK**

1	Felix, Francisco	26	Husky Masters-36	10:49.35
	29.65	31.27	32.68	32.74
	32.84	32.78	32.84	32.82
	33.16	32.77	32.60	33.00
	33.16	33.02	32.97	33.14
	32.96	32.36	31.70	30.89

Men 25-29 1650 Yard Freestyle**PNA:17:03.61 P 2/1/2014 EDDIE SWITAJ**

1	Woodbury, Brian	28	Lake Washington-36	17:19.73
	27.99	31.18	31.65	31.62
	31.50	31.58	31.51	31.50
	31.85	31.60	31.49	31.85
	31.79	31.71	31.84	31.93
	31.71	31.79	31.71	31.45
	31.66	31.71	31.83	31.72
	31.89	32.02	31.83	31.84
	31.92	31.49	31.73	31.16
				29.68
2	Felix, Francisco	26	Husky Masters-36	18:08.82
	30.85	33.30	34.28	33.73
	33.83	33.75	33.71	33.53
	33.39	33.78	33.73	33.82
	33.10	33.31	33.38	33.34
	33.04	32.76	33.13	33.23
	33.37	32.60	32.67	33.01
	32.93	32.79	32.79	32.93
	32.48	32.84	32.81	31.45
				29.16

Men 25-29 50 Yard Backstroke**PNA: 23.84 P 4/15/2012 CHRIS CHAPMAN**

1	Rossmiller, Byron	26	Bernardo's All S-36	24.68
2	Shelly, Joseph	27	Team Walker Inte-36	29.24
3	Arnold, Joshua	25	Bernardo's All S-36	30.09
---	Cole, Matthew	26	Bernardo's All S-36	NS

Men 25-29 100 Yard Backstroke**PNA: 50.71 P 4/16/2023 BRIAN WOODBURY**

1	Woodbury, Brian	28	Lake Washington-36	50.47P
	24.10	26.37		

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Hosted by Blue Wave Aquatics****Results****(Men 25-29 100 Yard Backstroke)**

2	Rossmiller, Byron	26	Bernardo's All S-36	53.16
	25.44		27.72	

Men 25-29 200 Yard Backstroke**PNA: 1:53.72 P 4/16/2023 BRIAN WOODBURY**

1	Rossmiller, Byron	26	Bernardo's All S-36	1:57.49
	26.81		30.02 30.18 30.48	

Men 25-29 50 Yard Breaststroke**PNA: 25.76 P 4/12/2015 JAKUB P KOTYNIA**

1	Nouwens, Dominic	25	UC36	30.23
2	Shelly, Joseph	27	Team Walker Inte-36	30.79
3	Arnold, Joshua	25	Bernardo's All S-36	31.55
4	Lam, Edmund	28	Orca Swim Team-36	34.30
5	Hummel, Jared	26	Western Washingt-3	34.65
6	Espineli, Arik	28	Cascade Masters-36	35.04
---	Ng, Ethan	26	UC36	NS

Men 25-29 100 Yard Breaststroke**PNA: 57.37 P 4/15/2018 JAKUB P KOTYNIA**

1	Chaussabel, Adrien	25	Husky Masters-36	1:05.88
	31.08		34.80	
2	Shelly, Joseph	27	Team Walker Inte-36	1:08.62
	31.89		36.73	
3	Nouwens, Dominic	25	UC36	1:09.81
	33.13		36.68	
4	Arnold, Joshua	25	Bernardo's All S-36	1:10.09
	31.94		38.15	
5	Espineli, Arik	28	Cascade Masters-36	1:14.71
	35.58		39.13	
---	Ng, Ethan	26	UC36	NS

Men 25-29 200 Yard Breaststroke**PNA: 2:04.25 P 4/9/2016 JAKUB P KOTYNIA**

1	Chaussabel, Adrien	25	Husky Masters-36	2:23.24
	32.56		36.95 37.70 36.03	

Men 25-29 50 Yard Butterfly**PNA: 21.06 P 12/13/2018 ROMAN RYBIN**

1	Shelly, Joseph	27	Team Walker Inte-36	26.70
2	Lam, Edmund	28	Orca Swim Team-36	27.38
3	Wintermute, Logan	28	Snoco YMCA Barra-3	27.72
4	Couch, Brandon	29	Bernardo's All S-36	28.90
5	Hummel, Jared	26	Western Washingt-3	30.29
---	Cole, Matthew	26	Bernardo's All S-36	NS

Men 25-29 100 Yard Butterfly**PNA: 46.92 P 12/13/2018 ROMAN RYBIN**

1	Rossmiller, Byron	26	Bernardo's All S-36	53.36
	24.76		28.60	
2	Chaussabel, Adrien	25	Husky Masters-36	57.17
	27.43		29.74	
3	Shelly, Joseph	27	Team Walker Inte-36	1:00.46
	27.87		32.59	
4	Arnold, Joshua	25	Bernardo's All S-36	1:01.84
	27.07		34.77	

5	Wintermute, Logan	28	Snoco YMCA Barra-3	1:02.29
	28.59		33.70	
6	Couch, Brandon	29	Bernardo's All S-36	1:04.39
	29.34		35.05	

Men 25-29 100 Yard IM**PNA: 50.38 P 4/13/2024 DANIEL CHANG**

1	Chaussabel, Adrien	25	Husky Masters-36	57.53
	27.52		30.01	
2	Arnold, Joshua	25	Bernardo's All S-36	1:00.30
	26.97		33.33	
3	Shelly, Joseph	27	Team Walker Inte-36	1:01.33
	27.74		33.59	
4	Lam, Edmund	28	Orca Swim Team-36	1:06.39
	30.85		35.54	
5	Espineli, Arik	28	Cascade Masters-36	1:07.14
	31.98		35.16	
6	Hummel, Jared	26	Western Washingt-3	1:08.76
	31.27		37.49	

Men 25-29 400 Yard IM**PNA: 4:14.72 P 4/15/2012 CEJIH YUNG**

1	Rossmiller, Byron	26	Bernardo's All S-36	4:27.35
	28.34		31.50 34.36 33.39	
	39.83		39.95 30.81 29.17	

Men 30-34 50 Yard Freestyle**PNA: 21.37 P 4/15/2018 PETER LORRING**

1	Hays, Kevin	30	UC36	23.22
2	Ver, Kyle	31	Orca Swim Team-36	24.63
3	Kralj, James	31	Orca Swim Team-36	25.91
4	Rigby, James	30	Snoco YMCA Barra-3	26.08
5	Sanchez, Daniel	32	Orca Swim Team-36	26.19
6	Neff, John	34	Snohomish Aquati-3	26.83
7	Gallardo, Donatto	34	Blue Wave Aquati-36	27.89
---	Ni, Jake	31	Puget Sound Mast-36	NS

Men 30-34 100 Yard Freestyle**PNA: 45.85 P 4/11/2009 BRIAN WISNIEWSKI**

1	Mehta, Sivan	30	Lake Washington-36	49.27
	23.67		25.60	
2	Ver, Kyle	31	Orca Swim Team-36	55.77
	26.48		29.29	
3	Ringstad, Brandon	33	Snohomish Aquati-3	58.50
	28.32		30.18	
---	Gallardo, Donatto	34	Blue Wave Aquati-36	DQ
	False start			
	29.77		32.16	
---	Ni, Jake	31	Puget Sound Mast-36	NS

Men 30-34 200 Yard Freestyle**PNA: 1:40.22 P 4/11/2009 BRIAN WISNIEWSKI**

1	Kralj, James	31	Orca Swim Team-36	2:14.53
	31.64		34.50 34.88 33.51	

Men 30-34 1000 Yard Freestyle**PNA: 9:45.44 P 4/12/2015 EDDIE SWITAJ**

---	Lum, Andrew	31	Blue Wave Aquati-36	SCR
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Hosted by Blue Wave Aquatics****Results****Men 30-34 50 Yard Backstroke****PNA: 23.79 P 4/13/2024 ROMAN RYBIN**

1	Ver, Kyle	31	Orca Swim Team-36	32.83
2	Ringstad, Brandon	33	Snohomish Aquati-3	32.98

Men 30-34 100 Yard Backstroke**PNA: 51.80 P 4/15/2018 PETER LORRING**

1	Mehta, Sivan	30	Lake Washington-36	55.31
	26.41	28.90		
2	Rigby, James	30	Snoco YMCA Barra-3	1:07.42
	33.45	33.97		

Men 30-34 50 Yard Breaststroke**PNA: 26.17 P 4/14/2019 JAKUB P KOTYNIA**

1	Hays, Kevin	30	UC36	27.61
2	Colella, Casey	30	Cascade Masters-36	29.41
3	Guerrero, Ruben	33	Team Walker Inte-36	29.83
4	Neff, John	34	Snohomish Aquati-3	32.63
5	Ver, Kyle	31	Orca Swim Team-36	35.62
---	Ni, Jake	31	Puget Sound Mast-31	NS

Men 30-34 100 Yard Breaststroke**PNA: 58.00 P 4/14/2019 JAKUB P KOTYNIA**

1	Colella, Casey	30	Cascade Masters-36	1:04.57
	30.80	33.77		
2	Mehta, Sivan	30	Lake Washington-36	1:04.60
	29.89	34.71		
3	Guerrero, Ruben	33	Team Walker Inte-36	1:05.09
	30.96	34.13		
4	Neff, John	34	Snohomish Aquati-3	1:12.57
	33.63	38.94		
5	Burns, Nicholas	33	Oregon Masters-37	1:14.36
	35.71	38.65		

Men 30-34 200 Yard Breaststroke**PNA: 2:13.04 P 4/15/2018 CEJIH YUNG**

1	Guerrero, Ruben	33	Team Walker Inte-36	2:23.00
	33.01	36.59	36.76	36.64
2	Hao, Yawei	34	Mercer Island Re-36	2:31.58
	34.97	39.62	38.63	38.36

Men 30-34 50 Yard Butterfly**PNA: 21.30 P 4/13/2024 ROMAN RYBIN**

1	Mendez, Tomas	33	Blue Wave Aquati-36	23.69
2	Ver, Kyle	31	Orca Swim Team-36	27.65
3	Guerrero, Ruben	33	Team Walker Inte-36	27.86
4	Gallardo, Donatto	34	Blue Wave Aquati-36	31.26
---	Ni, Jake	31	Puget Sound Mast-31	NS

Men 30-34 100 Yard Butterfly**PNA: 46.90 P 4/13/2024 ROMAN RYBIN**

1	Mehta, Sivan	30	Lake Washington-36	53.33
	25.11	28.22		
2	Mendez, Tomas	33	Blue Wave Aquati-36	53.36
	24.50	28.86		
---	Ni, Jake	31	Puget Sound Mast-31	NS

Men 30-34 200 Yard Butterfly**PNA: 1:54.48 P 4/12/2015 EDDIE SWITAJ**

---	Lum, Andrew	31	Blue Wave Aquati-36	NS
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Men 30-34 100 Yard IM**PNA: 51.84 P 4/13/2024 ROMAN RYBIN**

1	Colella, Casey	30	Cascade Masters-36	1:00.32
	29.27	31.05		
2	Burns, Nicholas	33	Oregon Masters-37	1:04.16
	29.06	35.10		
3	Neff, John	34	Snohomish Aquati-3	1:06.68
	30.58	36.10		
4	Ver, Kyle	31	Orca Swim Team-36	1:06.69
	29.42	37.27		
5	Rigby, James	30	Snoco YMCA Barra-3	1:06.89
	29.63	37.26		
6	Kralj, James	31	Orca Swim Team-36	1:09.45
	32.00	37.45		
7	Gallardo, Donatto	34	Blue Wave Aquati-36	1:13.96
	33.74	40.22		

Men 30-34 200 Yard IM**PNA: 1:59.45 P 2/16/2025 KARL E MERING**

1	Colella, Casey	30	Cascade Masters-36	2:12.34
	28.55	35.95	36.30	31.54

Men 30-34 400 Yard IM**PNA: 4:13.79 P 4/12/2015 EDDIE SWITAJ**

---	Neff, John	34	Snohomish Aquati-3	SCR
---	Lum, Andrew	31	Blue Wave Aquati-36	SCR

Men 35-39 50 Yard Freestyle**PNA: 21.45 P 4/26/2015 TREVER O GRAY**

1	Torrey, Adam	38	Snoco YMCA Barra-3	24.29
2	Carey, James	38	Oregon Masters-37	25.15
3	Scott, Michael	38	Lake Washington-36	26.59
4	Maccari, Dino	37	Bernardo's All S-36	31.42

Men 35-39 100 Yard Freestyle**PNA: 46.63 P 4/26/2015 TREVER O GRAY**

1	Sprinkle, Baden	37	Blue Wave Aquati-36	50.51
	24.59	25.92		
2	Conroy, Chris	39	CG Sports Manage-36	53.05
	25.48	27.57		
3	Torrey, Adam	38	Snoco YMCA Barra-3	54.19
	26.16	28.03		
4	Carey, James	38	Oregon Masters-37	54.71
	25.81	28.90		
5	Scott, Michael	38	Lake Washington-36	59.21
	28.33	30.88		
6	Maccari, Dino	37	Bernardo's All S-36	1:13.17
	35.33	37.84		

Men 35-39 200 Yard Freestyle**PNA: 1:45.03 P 4/9/2016 BRIAN WISNIEWSKI**

1	Sprinkle, Baden	37	Blue Wave Aquati-36	1:52.78
	26.35	29.12	29.37	27.94

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2025 PNA Championship
Hosted by Blue Wave Aquatics

Results

(Men 35-39 200 Yard Freestyle)

2	Conroy, Chris	39	CG Sports Manage-3	1:55.95
	27.11	29.38	30.12 29.34	
3	Torrey, Adam	38	Snoco YMCA Barra-3	2:02.08
	27.48	30.99	32.06 31.55	
4	Carey, James	38	Oregon Masters-37	2:05.04
	29.18	31.58	32.67 31.61	
5	Scott, Michael	38	Lake Washington-36	2:13.12
	29.95	34.14	34.70 34.33	
6	Maccari, Dino	37	Bernardo's All S-36	2:49.86
	37.25	42.92	45.28 44.41	

Men 35-39 500 Yard Freestyle

PNA: 4:42.17 P 4/13/2014 BRIAN WISNIEWSKI

1	Sprinkle, Baden	37	Blue Wave Aquati-36	5:11.52
	27.13	30.07	31.13 31.75	
	31.69	31.98	32.21 32.18	
	32.34	31.04		
2	Scott, Michael	38	Lake Washington-36	5:56.08
	31.55	35.35	36.62 37.06	
	37.08	36.31	36.38 36.42	
	35.99	33.32		
---	Schwartz, Michael	37	Bernardo's All S-36	SCR

Men 35-39 1000 Yard Freestyle

PNA:10:00.37 P 4/8/2017 BRIAN WISNIEWSKI

1	Sprinkle, Baden	37	Blue Wave Aquati-36	10:48.87
	27.63	31.06	31.71 32.46	
	32.50	32.53	32.85 32.88	
	32.85	33.29	32.85 32.98	
	33.23	33.32	33.55 33.37	
	33.36	32.92	33.19 30.34	
2	Scott, Michael	38	Lake Washington-36	12:29.38
	31.42	35.53	36.73 37.59	
	38.19	38.03	39.34 38.99	
	37.48	38.91	38.79 38.81	
	38.06	38.67	38.34 38.98	
	36.77	36.80	37.34 34.61	
3	Schwartz, Michael	37	Bernardo's All S-36	16:12.19
	41.64	46.91	48.08 48.17	
	49.21	48.40	49.68 49.63	
	48.52	47.99	49.13 48.16	
	50.48	50.33	50.24 50.25	
	50.83	51.00	47.33 46.21	

Men 35-39 1650 Yard Freestyle

PNA:16:59.11 P 5/20/2007 DAVID KAYS

---	Schwartz, Michael	37	Bernardo's All S-36	SCR
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Men 35-39 50 Yard Backstroke

PNA: 23.79 P 4/26/2015 TREVER O GRAY

1	Maccari, Dino	37	Bernardo's All S-36	54.02
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Men 35-39 200 Yard Backstroke

PNA: 1:51.95 P 4/26/2015 TREVER O GRAY

1	Petersen, Erik	36	Orca Swim Team-36	2:20.20
	32.30	35.25	36.82 35.83	

Men 35-39 50 Yard Breaststroke

PNA: 27.37 P 4/13/2024 JAKUB P KOTYNIA

1	Kotynia, Jakub	36	UC36	27.42
2	Jones, Kevin	36	Orca Swim Team-36	29.23
3	Conroy, Chris	39	CG Sports Manage-3	29.65
4	Schwartz, Michael	37	Bernardo's All S-36	45.26
5	Maccari, Dino	37	Bernardo's All S-36	51.64

Men 35-39 100 Yard Breaststroke

PNA: 1:00.65 P 4/14/1991 RICK COLELLA

1	Kotynia, Jakub	36	UC36	1:00.22
	28.02	32.20		
2	Jones, Kevin	36	Orca Swim Team-36	1:05.50
	30.42	35.08		
3	Conroy, Chris	39	CG Sports Manage-3	1:05.72
	31.01	34.71		

Men 35-39 200 Yard Breaststroke

PNA: 2:11.59 P 4/29/1990 RICK COLELLA

---	Conroy, Chris	39	CG Sports Manage-3	NS
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Men 35-39 50 Yard Butterfly

PNA: 24.08 P 4/10/2004 AMON EMEKA

1	Torrey, Adam	38	Snoco YMCA Barra-3	26.70
2	Carey, James	38	Oregon Masters-37	26.81
3	Schwartz, Michael	37	Bernardo's All S-36	35.55

Men 35-39 100 Yard Butterfly

PNA: 52.45 P 5/18/1997 STEVEN VELA

1	Petersen, Erik	36	Orca Swim Team-36	57.14
	27.12	30.02		
2	Sprinkle, Baden	37	Blue Wave Aquati-36	57.23
	26.52	30.71		
3	Carey, James	38	Oregon Masters-37	1:01.54
	28.44	33.10		

Men 35-39 200 Yard Butterfly

PNA: 2:00.47 P 1996 DAVID SANTOS

1	Petersen, Erik	36	Orca Swim Team-36	2:11.71
	29.01	33.83	35.28 33.59	

Men 35-39 100 Yard IM

PNA: 54.51 P 2/22/2015 TREVER O GRAY

1	Torrey, Adam	38	Snoco YMCA Barra-3	1:02.43
	27.73	34.70		
2	Petersen, Erik	36	Orca Swim Team-36	1:02.61
	28.24	34.37		
3	Carey, James	38	Oregon Masters-37	1:05.39
	29.75	35.64		
4	Maccari, Dino	37	Bernardo's All S-36	1:35.21
	44.50	50.71		

Men 35-39 200 Yard IM

PNA: 1:59.56 P 4/9/2016 BRIAN WISNIEWSKI

1	Scott, Michael	38	Lake Washington-36	2:41.70
	30.81	42.35	53.69 34.85	
2	Schwartz, Michael	37	Bernardo's All S-36	3:09.41
	40.05	47.48	55.73 46.15	

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Hosted by Blue Wave Aquatics****Results****Men 40-44 50 Yard Freestyle****PNA: 21.88 P 4/14/2019 TREVER O GRAY**

1	Yee, Philip	40	UC36	23.24
2	Thompson, Scott	42	Lake Washington-36	23.58
3	Chan, Barry	42	Cascade Masters-36	23.79
4	Naddell, Brandon	42	Snoco YMCA Barra-3	27.21
5	Ryden, Eric	44	Orca Swim Team-36	28.03
6	Block, Jonathan	42	Snohomish Aquati-3	29.93
7	Andelin, Travis	42	Cascade Masters-36	32.64

Men 40-44 100 Yard Freestyle**PNA: 48.05 P 4/14/2019 TREVER O GRAY**

1	Yee, Philip	40	UC36	51.40
	24.43	26.97		
2	Thompson, Scott	42	Lake Washington-36	51.60
	24.73	26.87		
3	Whitbeck, Dave	42	Lake Washington-36	54.08
	26.23	27.85		
4	Ryden, Eric	44	Orca Swim Team-36	1:00.11
	28.31	31.80		
---	Naddell, Brandon	42	Snoco YMCA Barra-3	NS

Men 40-44 200 Yard Freestyle**PNA: 1:45.58 P 5/20/2007 MATS NYGREN**

1	Thompson, Scott	42	Lake Washington-36	1:56.07
	27.37	29.38	29.69	29.63
2	Whitbeck, Dave	42	Lake Washington-36	1:57.96
	26.83	29.49	30.55	31.09
3	Chan, Barry	42	Cascade Masters-36	1:58.84
	27.90	29.27	30.36	31.31
4	Rector, Joel	42	Blue Wave Aquati-36	2:00.72
	28.07	30.62	31.28	30.75
5	Ryden, Eric	44	Orca Swim Team-36	2:18.18
	31.81	34.93	36.70	34.74
6	Andelin, Travis	42	Cascade Masters-36	2:38.89
	34.39	38.81	42.16	43.53

Men 40-44 500 Yard Freestyle**PNA: 4:47.89 P 5/20/2007 MATS NYGREN**

1	Whitbeck, Dave	42	Lake Washington-36	5:16.51
	28.58	30.82	31.81	32.29
	31.88	32.39	32.38	32.71
	32.13	31.52		
2	Thompson, Scott	42	Lake Washington-36	5:21.74
	29.02	31.64	31.95	31.86
	32.49	33.02	33.02	33.33
	33.19	32.22		
3	Banks, Jonathon	41	Team Walker Inte-36	6:23.98
	33.66	37.03	38.48	39.45
	39.30	40.08	39.72	40.05
	39.22	36.99		

Men 40-44 1000 Yard Freestyle**PNA: 9:57.25 P 5/10/2009 DAVID KAYS**

1	Pence, Braden	42	Cascade Masters-36	13:07.04
	33.41	37.24	38.67	38.96
	39.88	39.26	39.56	39.72
	39.97	39.35	39.42	39.95
	39.80	40.28	39.19	40.02
	40.64	41.62	40.29	39.81
---	Lekakis, Vasileios	41	UC36	SCR

Men 40-44 1650 Yard Freestyle**PNA:16:54.00 P 5/10/2009 DAVID KAYS**

1	Lekakis, Vasileios	41	UC36	20:04.02	
	32.50	35.93	36.23	36.64	
	35.95	36.12	35.96	36.39	
	36.20	36.23	36.59	36.11	
	35.91	36.27	36.29	36.53	
	37.20	36.92	37.28	37.18	
	36.83	36.84	36.70	36.89	
	37.32	36.95	37.40	37.24	
	37.25	37.21	37.18	36.99	34.79
2	Pence, Braden	42	Cascade Masters-36	22:41.85	
	35.81	40.22	40.92	41.40	
	41.56	41.79	42.16	42.55	
	42.58	42.02	42.01	41.52	
	41.56	42.52	40.64	41.58	
	41.02	41.76	41.90	41.88	
	40.93	40.72	42.09	41.48	
	40.68	40.49	41.85	41.87	
	41.92	42.16	42.03	40.28	37.95

Men 40-44 50 Yard Backstroke**PNA: 24.82 P 4/15/2018 TREVER O GRAY**

1	Yee, Philip	40	UC36	26.78
---	Naddell, Brandon	42	Snoco YMCA Barra-3	NS

Men 40-44 100 Yard Backstroke**PNA: 51.81 P 2/21/2016 TREVER O GRAY**

1	Chan, Barry	42	Cascade Masters-36	57.88
	27.29	30.59		
2	Yee, Philip	40	UC36	58.42
	27.83	30.59		

Men 40-44 50 Yard Breaststroke**PNA: 27.41 P 2/21/2016 TREVER O GRAY**

1	Pence, Braden	42	Cascade Masters-36	32.20
2	Banks, Jonathon	41	Team Walker Inte-36	34.22
3	Naddell, Brandon	42	Snoco YMCA Barra-3	36.11
4	Block, Jonathan	42	Snohomish Aquati-3	41.93

Men 40-44 100 Yard Breaststroke**PNA: 59.95 P 4/9/2000 ROBERT JACKSON**

1	Banks, Jonathon	41	Team Walker Inte-36	1:16.29
	36.16	40.13		

Men 40-44 50 Yard Butterfly**PNA: 23.43 P 4/9/2016 TREVER O GRAY**

1	Yee, Philip	40	UC36	25.05
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2025 PNA Championship - 4/12/2025 to 4/13/2025

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Results

(Men 40-44 50 Yard Butterfly)

2	Whitbeck, Dave	42	Lake Washington-36	26.87
3	Pence, Braden	42	Cascade Masters-36	28.55
4	Banks, Jonathon	41	Team Walker Inte-36	30.21
5	Ryden, Eric	44	Orca Swim Team-36	31.25
---	Naddell, Brandon	42	Snoco YMCA Barra-3	NS

Men 40-44 100 Yard Butterfly

PNA: 51.32 P 4/9/2016 TREVER O GRAY

1	Whitbeck, Dave	42	Lake Washington-36	58.50
	27.49	31.01		
2	Pence, Braden	42	Cascade Masters-36	1:08.21
	30.58	37.63		

Men 40-44 200 Yard Butterfly

PNA: 2:02.32 P 4/12/2015 DIEGO A DE ACOSTA

1	Whitbeck, Dave	42	Lake Washington-36	2:09.54
	29.05	33.06	34.05	33.38
2	Pence, Braden	42	Cascade Masters-36	2:44.50
	35.83	41.39	43.01	44.27

Men 40-44 100 Yard IM

PNA: 53.78 P 4/14/2019 TREVER O GRAY

1	Yee, Philip	40	UC36	57.90
	25.48	32.42		
2	Thompson, Scott	42	Lake Washington-36	1:01.01
	27.95	33.06		
3	Banks, Jonathon	41	Team Walker Inte-36	1:07.59
	31.98	35.61		
4	Block, Jonathan	42	Snohomish Aquati-36	1:17.72
	35.36	42.36		
---	Andelin, Travis	42	Cascade Masters-36	DQ
	One hand touch - breast			
	40.49	41.70		

Men 40-44 400 Yard IM

PNA: 4:22.20 P 5/20/2001 DAVID SANTOS

---	Rector, Joel	42	Blue Wave Aquati-36	NS
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Men 45-49 50 Yard Freestyle

PNA: 22.50 P 5/20/2007 BRAD HERING

1	Perry, Maxwell	46	Cascade Masters-36	23.22
2	Bennett, John	45	Cascade Masters-36	23.34
3	Millican, Jacob	47	Thunderbird Aqua-36	25.81
4	Chuang, Mason	46	Orca Swim Team-36	28.23

Men 45-49 100 Yard Freestyle

PNA: 49.84 P 11/5/2023 TREVER O GRAY

1	Bennett, John	45	Cascade Masters-36	50.75
	24.12	26.63		
2	Perry, Maxwell	46	Cascade Masters-36	50.79
	23.91	26.88		
3	Cox, Gary	47	Orca Swim Team-36	55.70
	27.28	28.42		
4	Millican, Jacob	47	Thunderbird Aqua-36	58.37
	27.99	30.38		
5	Bush, Gabe	47	Blue Wave Aquati-36	1:02.00
	30.04	31.96		

6	Wadey, Chuck	47	Bernardo's All S-36	1:10.99
	33.46	37.53		

Men 45-49 200 Yard Freestyle

PNA: 1:49.62 P 4/26/2015 MATS O NYGREN

1	Bennett, John	45	Cascade Masters-36	1:54.01
	26.17	28.52	29.00	30.32
2	Gill, Sean	45	UC36	2:08.70
	29.57	32.46	33.59	33.08
3	Graber, Lee	47	Cascade Masters-36	2:15.25
	31.82	33.85	35.50	34.08
4	Chuang, Mason	46	Orca Swim Team-36	2:58.54
	38.55	45.55	48.62	45.82

Men 45-49 500 Yard Freestyle

PNA: 4:57.65 P 5/20/2001 STEVE SUSSEX

---	Gill, Sean	45	UC36	SCR
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Men 45-49 1000 Yard Freestyle

PNA:10:09.96 P 4/26/2015 MATS O NYGREN

1	Bush, Gabe	47	Blue Wave Aquati-36	12:54.95
	33.81	37.45	37.78	38.29
	38.47	38.01	38.38	38.35
	39.05	39.55	39.34	39.83
	39.78	39.41	39.85	39.99
	39.71	39.89	39.67	38.34

Men 45-49 1650 Yard Freestyle

PNA:17:33.82 P 4/28/2016 DAVID E KAYS

1	Bush, Gabe	47	Blue Wave Aquati-36	21:31.71
	34.20	37.85	38.97	39.48
	39.82	39.58	39.54	39.78
	39.79	39.61	38.94	39.02
	39.20	39.17	39.17	39.35
	39.42	39.63	39.72	39.87
	38.72	38.56	39.15	39.62
	39.62	39.05	39.46	39.45
	39.34	39.89	39.21	39.27
				38.26

Men 45-49 50 Yard Backstroke

PNA: 25.00 P 4/10/2022 TREVER O GRAY

1	Perry, Maxwell	46	Cascade Masters-36	26.91
2	Millican, Jacob	47	Thunderbird Aqua-36	31.63

Men 45-49 100 Yard Backstroke

PNA: 55.58 P 5/9/2013 BRIAN JONES

1	Perry, Maxwell	46	Cascade Masters-36	59.30
	28.05	31.25		
2	Gill, Sean	45	UC36	1:06.00
	32.50	33.50		
3	Chuang, Mason	46	Orca Swim Team-36	1:20.64
	39.27	41.37		

Men 45-49 200 Yard Backstroke

PNA: 2:01.71 P 5/9/2013 BRIAN JONES

1	Gill, Sean	45	UC36	2:21.33
	32.26	35.54	36.81	36.72

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2025 PNA Championship
Hosted by Blue Wave Aquatics
Results**Men 45-49 50 Yard Breaststroke**

PNA: 27.66 P 11/7/2021 TREVER O GRAY

1	Perry, Maxwell	46	Cascade Masters-36	31.06
2	Chuang, Mason	46	Orca Swim Team-36	35.19
3	Millican, Jacob	47	Thunderbird Aqua-3	36.67

Men 45-49 100 Yard Breaststroke

PNA: 58.87 P 4/27/2023 SCOTT CAMPEA

1	Chuang, Mason	46	Orca Swim Team-36	1:17.53
	36.64	40.89		
2	Graber, Lee	47	Cascade Masters-36	1:21.39
	38.42	42.97		

Men 45-49 200 Yard Breaststroke

PNA: 2:10.25 P 4/27/2023 SCOTT CAMPEA

1	Graber, Lee	47	Cascade Masters-36	3:01.55
	40.54	45.59	48.07	47.35
---	Wadey, Chuck	47	Bernardo's All S-36	DQ
	One hand touch			
	39.91	45.42	52.16	54.67

Men 45-49 50 Yard Butterfly

PNA: 23.89 P 5/20/2007 BRAD HERING

1	Bennett, John	45	Cascade Masters-36	24.96
2	Perry, Maxwell	46	Cascade Masters-36	26.74
3	Cox, Gary	47	Orca Swim Team-36	27.73
4	Bush, Gabe	47	Blue Wave Aquati-36	29.75
5	Graber, Lee	47	Cascade Masters-36	30.85
6	Wadey, Chuck	47	Bernardo's All S-36	38.19
---	Gill, Sean	45	UC36	NS

Men 45-49 100 Yard Butterfly

PNA: 53.95 P 5/20/2007 BRAD HERING

1	Bennett, John	45	Cascade Masters-36	56.53
	25.65	30.88		
2	Cox, Gary	47	Orca Swim Team-36	1:02.92
	28.29	34.63		

Men 45-49 200 Yard Butterfly

PNA: 2:02.53 P 6/6/2021 TREVER O GRAY

1	Bush, Gabe	47	Blue Wave Aquati-36	2:48.70
	36.02	43.71	45.26	43.71

Men 45-49 100 Yard IM

PNA: 53.35 P 11/7/2021 TREVER O GRAY

1	Bennett, John	45	Cascade Masters-36	58.41
	26.76	31.65		
2	Gill, Sean	45	UC36	1:04.27
	29.59	34.68		
3	Millican, Jacob	47	Thunderbird Aqua-3	1:08.60
	30.93	37.67		
4	Chuang, Mason	46	Orca Swim Team-36	1:09.42
	32.00	37.42		
5	Bush, Gabe	47	Blue Wave Aquati-36	1:12.39
	33.29	39.10		
6	Graber, Lee	47	Cascade Masters-36	1:12.44
	33.25	39.19		

Men 45-49 200 Yard IM

PNA: 2:00.15 P 4/10/2022 TREVER O GRAY

1	Graber, Lee	47	Cascade Masters-36	2:37.29
	32.84	40.77	48.14	35.54

Men 50-54 50 Yard Freestyle

PNA: 22.10 P 4/10/2011 NED STACK

1	Ridle, Jason	50	Port Angeles Swi-36	25.31
2	Godefroy, Guy	50	UC36	25.72
3	DeWard, Robert	51	Puget Sound Mast-36	26.17
4	Castle, Matt	53	Thunderbird Aqua-3	26.81
5	Davidson, Jason	51	Puget Sound Mast-36	26.97
6	Jones, Thomas	50	Port Angeles Swi-36	28.30

Men 50-54 100 Yard Freestyle

PNA: 49.32 P 4/15/2012 NED STACK

1	Ridle, Jason	50	Port Angeles Swi-36	55.97
	26.87	29.10		
2	Godefroy, Guy	50	UC36	58.80
	28.04	30.76		
3	Davidson, Jason	51	Puget Sound Mast-36	59.71
	28.56	31.15		
4	Castle, Matt	53	Thunderbird Aqua-3	1:01.59
	29.15	32.44		
5	Olivares, Miguel	53	Orca Swim Team-36	1:13.71
	35.71	38.00		

Men 50-54 200 Yard Freestyle

PNA: 1:47.88 P 5/10/2018 MATS O NYGREN

1	de Acosta, Diego	50	Puget Sound Mast-36	1:54.35
	26.30	28.38	29.74	29.93
2	Nelson, Kirk	54	CG Sports Manage-36	2:00.34
	28.51	30.28	31.11	30.44
3	Kadwell, Frank	53	UC30	2:48.50
	38.43	42.52	45.69	41.86

Men 50-54 500 Yard Freestyle

PNA: 4:55.54 P 5/10/2018 MATS O NYGREN

1	de Acosta, Diego	50	Puget Sound Mast-36	5:08.30
	27.17	29.71	30.50	30.87
	30.94	31.60	31.69	32.00
	32.03	31.79		
2	Nelson, Kirk	54	CG Sports Manage-36	5:18.42
	29.63	31.32	32.03	31.97
	32.07	32.30	32.24	32.47
	32.61	31.78		
3	Kadwell, Frank	53	UC30	7:52.99
	38.65	44.72	47.51	50.21
	51.23	50.08	49.30	48.95
	47.15	45.19		

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Hosted by Blue Wave Aquatics****Results****Men 50-54 1000 Yard Freestyle****PNA:10:10.20 P 4/27/2017 MATS O NYGREN**

1	Nelson, Kirk	54	CG Sports Manage-3	11:07.20
	30.46	32.88	33.28	33.48
	33.68	33.60	33.73	33.66
	33.49	34.00	33.97	33.86
	33.66	33.58	33.74	33.42
	33.43	33.51	33.44	32.33
2	Kadwell, Frank	53	UC30	16:18.91
	39.28	44.26	48.90	50.17
	50.10	49.86	50.79	49.23
	50.54	51.15	50.02	50.34
	50.73	50.52	50.89	50.26
	49.94	49.08	47.07	45.78
---	Grote, Kurt	51	Oregon Masters-37	SCR

Men 50-54 1650 Yard Freestyle**PNA:17:41.74 P 5/10/2018 DAVID E KAYS**

1	Tujo, Christian	53	Oregon Masters-37	20:52.04
	33.87	37.98	38.58	38.67
	38.30	38.47	38.09	37.79
	37.70	38.08	37.67	38.01
	38.21	38.16	38.15	38.35
	38.28	38.04	38.35	38.43
	38.45	38.22	38.30	38.29
	38.36	37.94	38.05	37.85
	38.06	37.63	38.10	37.41
				36.20
2	Kadwell, Frank	53	UC30	27:37.67
	40.81	45.73	49.14	50.02
	49.35	49.38	49.55	50.38
	50.70	50.63	51.03	50.76
	50.29	50.93	50.69	51.10
	51.31	51.77	50.94	50.95
	50.79	51.56	51.30	50.84
	51.00	51.62	51.38	51.50
	52.03	51.89	51.39	49.45
				47.46

Men 50-54 50 Yard Backstroke**PNA: 26.86 P 5/10/2018 MATS O NYGREN**

1	Grote, Kurt	51	Oregon Masters-37	27.17
2	DeWard, Robert	51	Puget Sound Mast-3	30.14
3	Castle, Matt	53	Thunderbird Aqua-3	32.70
4	Jones, Thomas	50	Port Angeles Swi-36	35.18

Men 50-54 100 Yard Backstroke**PNA: 58.75 P 4/13/2013 ALAIN STEENBEEKE**

1	Grote, Kurt	51	Oregon Masters-37	57.51
	28.05	29.46		

Men 50-54 200 Yard Backstroke**PNA: 2:05.40 P 4/27/2017 MATS O NYGREN**

1	de Acosta, Diego	50	Puget Sound Mast-3	2:03.88P
	29.13	31.24	31.74	31.77

Men 50-54 50 Yard Breaststroke**PNA: 28.51 P 4/27/2017 DANIEL PHILLIPS**

1	Ridle, Jason	50	Port Angeles Swi-36	32.37
2	Allen, Brian	53	Bainbridge Aquat-3	33.30

3	Castle, Matt	53	Thunderbird Aqua-3	33.91
4	Smearer, Michael	51	Puget Sound Mast-3	34.17
5	DeWard, Robert	51	Puget Sound Mast-3	34.47
6	Jones, Thomas	50	Port Angeles Swi-36	37.43
7	Olivares, Miguel	53	Orca Swim Team-36	42.48

Men 50-54 100 Yard Breaststroke**PNA: 1:03.64 P 4/27/2017 DANIEL PHILLIPS**

1	Ridle, Jason	50	Port Angeles Swi-36	1:11.22
	33.85	37.37		
2	Smearer, Michael	51	Puget Sound Mast-3	1:16.73
	35.98	40.75		
3	Olivares, Miguel	53	Orca Swim Team-36	1:33.24
	44.28	48.96		

Men 50-54 200 Yard Breaststroke**PNA: 2:18.75 P 4/26/2015 DANIEL PHILLIPS**

1	Ridle, Jason	50	Port Angeles Swi-36	2:39.59
	35.69	41.43	41.76	40.71
2	Olivares, Miguel	53	Orca Swim Team-36	3:15.76
	43.16	48.30	51.97	52.33

Men 50-54 50 Yard Butterfly**PNA: 24.24 P 4/15/2007 DONALD GRAHAM**

1	Allen, Brian	53	Bainbridge Aquat-3	27.14
2	Godefroy, Guy	50	UC36	29.68
3	Castle, Matt	53	Thunderbird Aqua-3	30.09
4	Jones, Thomas	50	Port Angeles Swi-36	34.93

Men 50-54 100 Yard Butterfly**PNA: 54.71 P 4/25/2004 SCOTT LAUTMAN**

1	Allen, Brian	53	Bainbridge Aquat-3	1:00.96
	27.65	33.31		
2	Godefroy, Guy	50	UC36	1:07.94
	31.60	36.34		
---	Tujo, Christian	53	Oregon Masters-37	NS

Men 50-54 200 Yard Butterfly**PNA: 2:03.04 P 4/25/2004 SCOTT LAUTMAN**

1	Tujo, Christian	53	Oregon Masters-37	2:34.70
	32.96	38.38	40.25	43.11

Men 50-54 100 Yard IM**PNA: 57.22 P 4/26/2015 DANIEL PHILLIPS**

1	Allen, Brian	53	Bainbridge Aquat-3	1:03.24
	29.50	33.74		
2	Ridle, Jason	50	Port Angeles Swi-36	1:05.98
	30.69	35.29		
3	DeWard, Robert	51	Puget Sound Mast-3	1:06.55
	30.41	36.14		
4	Castle, Matt	53	Thunderbird Aqua-3	1:11.29
	31.81	39.48		
---	Olivares, Miguel	53	Orca Swim Team-36	DQ
	Strokes out of sequence - IM			
	44.30	48.20		

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Hosted by Blue Wave Aquatics****Results****Men 50-54 200 Yard IM****PNA: 2:07.97 P 5/4/2014 DANIEL PHILLIPS**

1	Grote, Kurt	51	Oregon Masters-37	1:58.46
	25.76	31.21	33.95	27.54
2	Nelson, Kirk	54	CG Sports Manage-3	2:19.05
	29.38	36.77	41.25	31.65
3	Kadwell, Frank	53	UC30	3:22.89
	47.29	50.02	59.67	45.91

Men 50-54 400 Yard IM**PNA: 4:34.67 P 5/4/2014 DANIEL PHILLIPS**

1	Grote, Kurt	51	Oregon Masters-37	4:14.90
	27.04	30.79	33.32	32.91
	35.29	35.53	30.43	29.59

Men 55-59 50 Yard Freestyle**PNA: 23.01 P 5/10/2018 BRAD V HERING**

1	Jorgensen, Daniel	57	Oregon Masters-37	23.62
2	Pelton, Regan	55	UC36	24.04
3	Sullivan, Scot	58	Oregon Masters-37	24.65
4	Nygren, Mats	58	Lake Washington-36	26.27
5	Scott, David	58	Team Walker Inte-36	26.38
6	Porter, Michael	58	Lake Washington-36	27.08
7	Cziesla, Marcus	59	Bainbridge Aquat-36	27.37
8	Sulya, Andrew	59	Snoco YMCA Barra-3	35.62
---	Henzel, Gregory	55	Harbor Aquatics-36	SCR

Men 55-59 100 Yard Freestyle**PNA: 52.53 P 4/10/2022 MATS O NYGREN**

1	Jorgensen, Daniel	57	Oregon Masters-37	51.42
	25.10	26.32		
2	Pelton, Regan	55	UC36	52.73
	25.44	27.29		
3	Sullivan, Scot	58	Oregon Masters-37	52.85
	25.70	27.15		
4	Cziesla, Marcus	59	Bainbridge Aquat-36	1:01.04
	28.60	32.44		
5	Goldstein, Alex	56	Mercer Island Re-36	1:01.28
	29.56	31.72		
6	Barnes, Brent	57	Team Walker Inte-36	1:11.04
	33.96	37.08		
---	Nygren, Mats	58	Lake Washington-36	NS

Men 55-59 200 Yard Freestyle**PNA: 1:52.60 P 4/27/2023 MATS O NYGREN**

1	Jorgensen, Daniel	57	Oregon Masters-37	1:52.84
	27.23	28.89	28.14	28.58
2	Sullivan, Scot	58	Oregon Masters-37	1:57.52
	26.94	29.13	30.16	31.29
3	Nygren, Mats	58	Lake Washington-36	2:03.77
	28.01	30.96	32.86	31.94
4	Scott, John	56	Mercer Island Re-36	2:08.23
	29.34	32.63	33.65	32.61
5	Barnes, Brent	57	Team Walker Inte-36	2:35.66
	35.40	38.73	41.06	40.47

Men 55-59 500 Yard Freestyle**PNA: 5:01.88 P 8/6/2009 RICK COLELLA**

1	Jorgensen, Daniel	57	Oregon Masters-37	5:06.73
	28.22	30.71	31.07	31.23
	31.30	31.34	30.95	30.92
	31.06	29.93		
2	Goldstein, Alex	56	Mercer Island Re-36	5:53.25
	31.06	33.90	35.49	36.36
	35.95	36.08	36.16	36.15
	36.46	35.64		
3	Ness, Kerry	55	Team Walker Inte-36	8:08.93
	46.14	47.42	48.77	49.08
	4:57.52			
---	Nygren, Mats	58	Lake Washington-36	SCR

Men 55-59 1000 Yard Freestyle**PNA:10:31.42 P 4/27/2023 MATS O NYGREN**

1	Nygren, Mats	58	Lake Washington-36	11:26.09
	31.15	34.05	34.42	34.89
	34.99	34.53	34.39	34.50
	34.59	34.58	34.88	34.74
	34.94	34.64	35.05	34.80
	34.38	34.11	34.03	32.43

Men 55-59 1650 Yard Freestyle**PNA:18:18.52 P 5/10/2018 DANIEL L PHILLIPS**

1	Sullivan, Scot	58	Oregon Masters-37	19:39.96
	31.21	34.39	35.02	34.52
	34.76	34.70	34.90	34.49
	34.56	35.01	34.85	34.97
	35.26	35.75	35.62	35.91
	35.80	35.99	36.28	36.36
	36.71	36.78	37.11	36.78
	37.13	37.51	36.66	37.14
	36.79	37.00	36.75	36.93
				36.32

Men 55-59 50 Yard Backstroke**PNA: 27.15 P 5/10/2018 BRAD V HERING**

1	Pelton, Regan	55	UC36	28.73
2	Porter, Michael	58	Lake Washington-36	32.82
3	Cziesla, Marcus	59	Bainbridge Aquat-36	34.67
4	Barnes, Brent	57	Team Walker Inte-36	44.98
---	Nygren, Mats	58	Lake Washington-36	NS
---	Sulya, Andrew	59	Snoco YMCA Barra-3	SCR

Men 55-59 100 Yard Backstroke**PNA: 59.22 P 4/28/2016 CARL HAYNIE**

1	Pelton, Regan	55	UC36	1:01.16
	29.48	31.68		
2	Cziesla, Marcus	59	Bainbridge Aquat-36	1:12.48
	35.44	37.04		
3	Barnes, Brent	57	Team Walker Inte-36	1:34.20
	44.30	49.90		

Men 55-59 200 Yard Backstroke**PNA: 2:10.11 P 4/28/2016 CARL HAYNIE**

1	Porter, Michael	58	Lake Washington-36	2:26.64
	34.85	36.72	38.09	36.98

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Hosted by Blue Wave Aquatics****Results****Men 55-59 50 Yard Breaststroke****PNA: 28.74 P 5/4/2008 RICK COLELLA**

1 Sullivan, Scot	58 Oregon Masters-37	31.51
2 Porter, Michael	58 Lake Washington-36	34.72
3 Ness, Kerry	55 Team Walker Inte-36	40.21
4 Sulya, Andrew	59 Snoco YMCA Barra-3	49.40
--- Henzel, Gregory	55 Harbor Aquatics-36	SCR

Men 55-59 100 Yard Breaststroke**PNA: 1:03.07 P 5/4/2008 RICK COLELLA**

1 Scott, David	58 Team Walker Inte-36	1:10.95
	34.49 36.46	
2 Scott, John	56 Mercer Island Re-36	1:14.38
	35.49 38.89	
3 Barnes, Brent	57 Team Walker Inte-36	1:20.89
	38.81 42.08	
4 Ness, Kerry	55 Team Walker Inte-36	1:29.33
	41.78 47.55	

Men 55-59 200 Yard Breaststroke**PNA: 2:17.05 P 5/4/2008 RICK COLELLA**

1 Scott, David	58 Team Walker Inte-36	2:34.10
	36.17 39.51 40.20 38.22	
2 Esko, Kevin	59 Mercer Island Re-36	2:43.13
	37.82 41.72 41.04 42.55	
3 Ness, Kerry	55 Team Walker Inte-36	3:17.09
	44.55 49.04 51.36 52.14	

Men 55-59 50 Yard Butterfly**PNA: 24.52 P 2/11/2018 BRAD V HERING**

1 Pelton, Regan	55 UC36	26.58
2 Sullivan, Scot	58 Oregon Masters-37	27.37
3 Scott, David	58 Team Walker Inte-36	29.92
4 Barnes, Brent	57 Team Walker Inte-36	38.75
--- Ness, Kerry	55 Team Walker Inte-36	NS
--- Sulya, Andrew	59 Snoco YMCA Barra-3	SCR

Men 55-59 100 Yard Butterfly**PNA: 56.14 P 5/4/2008 SCOTT LAUTMAN**

1 Porter, Michael	58 Lake Washington-36	1:05.45
	30.37 35.08	

Men 55-59 100 Yard IM**PNA: 58.64 P 5/4/2008 RICK COLELLA**

1 Scott, John	56 Mercer Island Re-36	1:05.56
	30.79 34.77	
2 Porter, Michael	58 Lake Washington-36	1:06.37
	31.40 34.97	
3 Scott, David	58 Team Walker Inte-36	1:07.04
	32.67 34.37	
4 Ness, Kerry	55 Team Walker Inte-36	1:28.59
	42.05 46.54	
--- Sulya, Andrew	59 Snoco YMCA Barra-3	DQ
	Shoulders past vertical toward breast - back	
	46.63 52.48	

Men 60-64 50 Yard Freestyle**PNA: 23.87 P 5/4/2014 DAVID HANNULA**

1 Steenbeeke, Alain	63 Bernardo's All S-36	25.81
2 Haynie, Carl	64 Team Walker Inte-36	26.21
3 Schwartz, Steven	61 Team Walker Inte-36	27.73
4 Cermak, Gerald	61 Puget Sound Mast-36	27.76
5 Sasaki, Yasushi	61 UC36	30.72
6 Condotta, Robert	61 Blue Wave Aquati-36	37.99
7 Nelson, Tim	64 Blue Wave Aquati-36	42.70
--- Magner, Jeffrey	60 Oregon Masters-37	SCR

Men 60-64 100 Yard Freestyle**PNA: 53.98 P 4/25/2019 SERGE GUERIN**

1 Steenbeeke, Alain	63 Bernardo's All S-36	56.31
	26.68 29.63	
2 Smith, Daniel	62 Blue Wave Aquati-36	1:00.99
	28.92 32.07	
3 Cermak, Gerald	61 Puget Sound Mast-36	1:02.31
	30.24 32.07	
4 Sasaki, Yasushi	61 UC36	1:07.82
	32.97 34.85	
5 Condotta, Robert	61 Blue Wave Aquati-36	1:28.14
	41.61 46.53	
6 Nelson, Tim	64 Blue Wave Aquati-36	1:34.18
	44.06 50.12	
--- Magner, Jeffrey	60 Oregon Masters-37	SCR

Men 60-64 200 Yard Freestyle**PNA: 1:51.08 P 4/26/2015 RICK COLELLA**

1 Hathaway, David	64 Oregon Masters-37	2:06.15
	29.35 32.11 32.68 32.01	
2 Panzer, Timothy	60 Bernardo's All S-36	2:24.49
	32.23 36.66 38.29 37.31	
3 Condotta, Robert	61 Blue Wave Aquati-36	3:09.62
	42.57 49.06 50.04 47.95	
--- Wilwerding, Geoff	63 Greenlake Aquadu-3	NS

Men 60-64 500 Yard Freestyle**PNA: 5:11.70 P 2/19/2012 RICK COLELLA**

1 Hathaway, David	64 Oregon Masters-37	5:41.06
	31.53 34.29 34.74 35.04	
	35.05 34.74 34.40 34.67	
	34.09 32.51	
2 Smith, Daniel	62 Blue Wave Aquati-36	5:55.69
	32.23 35.21 35.61 35.85	
	36.31 35.94 36.09 36.51	
	36.49 35.45	
3 Wilwerding, Geoff	63 Greenlake Aquadu-3	6:20.83
	36.00 38.37 38.61 39.10	
	39.01 38.91 37.58 38.34	
	38.01 36.90	
4 Panzer, Timothy	60 Bernardo's All S-36	6:39.84
	34.39 38.50 40.22 40.79	
	41.19 42.37 41.94 41.44	
	40.81 38.19	

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(Men 60-64 500 Yard Freestyle)

5	Condotta, Robert	61	Blue Wave Aquati-36	8:06.00
	41.93	48.44	49.63	51.72
	50.04	49.71	50.35	49.89
	49.12	45.17		
6	Nelson, Tim	64	Blue Wave Aquati-36	9:38.75
	46.49	52.95	57.87	1:00.52
	1:00.73	1:01.33	1:00.22	1:01.49
	59.76	57.39		

Men 60-64 1000 Yard Freestyle

PNA:10:52.24 P 4/15/2012 RICK COLELLA

1	Hathaway, David	64	Oregon Masters-37	11:46.55
	31.82	34.67	35.18	35.67
	35.70	35.49	35.60	35.75
	35.81	36.49	35.78	36.36
	36.42	35.94	35.87	35.79
	35.66	35.41	34.57	32.57
2	Smith, Daniel	62	Blue Wave Aquati-36	12:00.26
	32.37	34.97	35.33	35.51
	35.78	36.36	36.49	36.89
	36.76	36.22	36.42	36.88
	36.69	36.18	36.53	36.47
	36.68	37.01	35.36	35.36
3	Wilwerding, Geoff	63	Greenlake Aquadu-3	13:04.68
			40.23	40.09
	39.82	39.93	40.07	40.05
	39.43	39.62	39.37	39.24
	39.22	38.93	39.25	39.17
	38.77	39.04	38.60	37.52
4	Panzer, Timothy	60	Bernardo's All S-36	13:33.90
	34.26	38.71	40.64	41.09
	41.92	41.58	41.52	41.73
	42.02	41.76	42.18	41.49
	41.15	40.89	41.59	40.88
	41.56	41.02	40.50	37.41
5	Condotta, Robert	61	Blue Wave Aquati-36	16:53.51
	43.33	48.24	49.75	50.25
	51.37	51.13	51.32	51.73
	51.16	51.34	51.48	53.34
	51.18	51.81	51.43	51.61
	51.83	51.05	51.03	49.13

Men 60-64 1650 Yard Freestyle

PNA:18:24.00 P 5/23/2010 ALAN BELL

1	Panzer, Timothy	60	Bernardo's All S-36	22:54.87
	35.67	39.52	41.52	42.30
	42.47	42.83	42.57	42.26
	42.43	42.14	41.88	41.57
	42.61	42.35	42.19	41.27
	42.43	42.10	42.61	42.10
	42.15	42.43	42.30	42.12
	42.02	41.68	42.05	42.14
	41.62	41.60	41.94	40.50
				37.50

2	Hoover, David	62	UC36	24:01.37
	37.39	40.67	40.87	41.48
	42.19	42.06	42.56	42.71
	42.63	42.56	42.96	43.16
	44.70	43.91	44.71	44.62
	45.79	44.14	45.92	45.22
	44.15	45.13	45.54	45.01
	44.32	45.70	43.85	45.61
	45.97	44.91	44.16	43.95
				42.82
3	Condotta, Robert	61	Blue Wave Aquati-36	29:47.37
	44.55	51.65	53.38	53.68
	52.69	53.22	53.71	53.57
	53.91	54.00	53.47	54.14
	54.43	53.84	54.11	55.45
	55.86	56.32	56.34	55.14
	55.82	56.24	55.79	55.99
	55.31	55.81	56.04	54.65
	54.41	54.40	54.02	53.75
				51.68

Men 60-64 50 Yard Backstroke

PNA: 28.12 P 4/26/2015 DONALD GRAHAM

1	Haynie, Carl	64	Team Walker Inte-36	29.62
2	Hathaway, David	64	Oregon Masters-37	30.72
3	Steenbeeke, Alain	63	Bernardo's All S-36	30.84
4	Cermak, Gerald	61	Puget Sound Mast-36	34.71
5	Nelson, Tim	64	Blue Wave Aquati-36	56.37
---	Magner, Jeffrey	60	Oregon Masters-37	SCR

Men 60-64 100 Yard Backstroke

PNA: 59.58 P 5/4/2014 DAVID HANNULA

1	Haynie, Carl	64	Team Walker Inte-36	1:03.38
	30.93	32.45		
2	Steenbeeke, Alain	63	Bernardo's All S-36	1:06.16
	31.74	34.42		

Men 60-64 200 Yard Backstroke

PNA: 2:12.85 P 4/12/2015 DAVID HANNULA

1	Haynie, Carl	64	Team Walker Inte-36	2:23.80
	34.20	36.25	37.49	35.86

Men 60-64 50 Yard Breaststroke

PNA: 28.76 P 4/26/2015 RICK COLELLA

1	Smith, Daniel	62	Blue Wave Aquati-36	34.43
2	Cermak, Gerald	61	Puget Sound Mast-36	34.90
3	Nelson, Tim	64	Blue Wave Aquati-36	54.90
---	Magner, Jeffrey	60	Oregon Masters-37	SCR

Men 60-64 100 Yard Breaststroke

PNA: 1:02.61 P 5/4/2014 RICK COLELLA

1	Haynie, Carl	64	Team Walker Inte-36	1:11.51
	33.65	37.86		
2	Smith, Daniel	62	Blue Wave Aquati-36	1:16.24
	35.75	40.49		
3	Panzer, Timothy	60	Bernardo's All S-36	1:28.20
	42.43	45.77		
---	Hathaway, David	64	Oregon Masters-37	NS

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1	Panzer, Timothy	60	Bernardo's All S-36	3:13.41
	42.83	48.88	52.48	49.22

Men 60-64 50 Yard Butterfly**PNA: 24.84 P 4/28/2016 DONALD GRAHAM**

1	Cermak, Gerald	61	Puget Sound Mast-36	31.48
---	Magner, Jeffrey	60	Oregon Masters-37	SCR

Men 60-64 100 Yard Butterfly**PNA: 58.08 P 4/26/2015 DONALD GRAHAM**

1	Smith, Daniel	62	Blue Wave Aquati-36	1:08.49
	32.10	36.39		
2	Haynie, Carl	64	Team Walker Inte-36	1:10.71
	33.21	37.50		

Men 60-64 100 Yard IM**PNA: 57.23 P 5/9/2013 RICK COLELLA**

1	Schwartz, Steven	61	Team Walker Inte-36	1:12.28
	33.35	38.93		
2	Sasaki, Yasushi	61	UC36	1:20.14
	37.19	42.95		
---	Nelson, Tim	64	Blue Wave Aquati-36	DQ
	Shoulders past vertical toward breast - back			
	55.28	58.24		
---	Cermak, Gerald	61	Puget Sound Mast-36	NS
---	Magner, Jeffrey	60	Oregon Masters-37	SCR

Men 60-64 200 Yard IM**PNA: 2:03.26 P 5/4/2014 RICK COLELLA**

---	Hathaway, David	64	Oregon Masters-37	NS
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Men 65-69 50 Yard Freestyle**PNA: 24.26 P 4/14/2019 RICK COLELLA**

1	Geiger, Kyle	67	425 Masters-36	28.20
2	O'Neil, Dave	66	Bainbridge Aquat-36	29.89
3	Cary, Dale	67	UC36	29.90
4	Piette, Jeffrey	69	Oregon Masters-37	30.17
5	Troupe, Curtis	68	UC36	31.07
6	Howell, Richard	65	Oregon Masters-37	31.35
7	Weyhrauch, Tom	67	Bernardo's All S-36	34.28
---	Bollens, Stephen	65	Oregon Masters-37	NS

Men 65-69 100 Yard Freestyle**PNA: 52.37 P 4/25/2019 RICK COLELLA**

1	Geiger, Kyle	67	425 Masters-36	1:01.81
	29.76	32.05		
2	Troupe, Curtis	68	UC36	1:09.96
	33.17	36.79		

Men 65-69 200 Yard Freestyle**PNA: 1:52.57 P 4/27/2017 RICK COLELLA**

1	Schaufler, Kirby	65	Snohomish Aquati-36	2:21.50
	31.78	35.73	36.80	37.19
2	Piette, Jeffrey	69	Oregon Masters-37	2:23.05
	34.34	36.61	37.03	35.07
3	Cary, Dale	67	UC36	2:30.72
	34.98	37.86	39.93	37.95

4	Durban, Eric	69	Blue Wave Aquati-36	2:32.50
	34.20	38.43	40.00	39.87
5	Troupe, Curtis	68	UC36	2:34.35
	34.01	38.75	41.22	40.37
6	Stevens, Rod	67	Bainbridge Aquat-36	2:34.85
	36.00	38.31	39.91	40.63
---	Geiger, Kyle	67	425 Masters-36	DQ
	False start			
	32.84	35.17	36.20	36.77

Men 65-69 500 Yard Freestyle**PNA: 5:05.44 P 4/8/2017 RICK COLELLA**

1	Piette, Jeffrey	69	Oregon Masters-37	6:23.28
	35.02	38.45	39.75	39.74
	39.29	39.05	38.75	39.00
	38.46	35.77		
2	Durban, Eric	69	Blue Wave Aquati-36	6:39.95
	36.06	40.09	41.58	41.22
	40.60	40.72	40.98	40.59
	40.31	37.80		
3	Stevens, Rod	67	Bainbridge Aquat-36	6:53.33
	37.23	40.91	42.12	42.18
	42.83	42.49	42.24	41.28
	41.59	40.46		
4	Underbrink, Dan	68	Team Walker Inte-36	7:55.23
	39.76	46.20	48.65	48.76
	49.21	49.39	49.19	49.89
	49.45	44.73		
5	Weyhrauch, Tom	67	Bernardo's All S-36	8:31.52
	41.51	47.94	51.01	52.81
	52.07	53.34	54.35	55.10
	51.82	51.57		

Men 65-69 1000 Yard Freestyle**PNA:11:25.42 P 1/31/2015 DAN KIRKLAND**

1	Durban, Eric	69	Blue Wave Aquati-36	13:23.29
	36.73	40.51	41.46	41.82
	41.14	41.51	41.33	41.13
	41.46	40.78	40.77	40.68
	40.55	40.17	39.66	39.34
	38.57	38.78	38.76	38.14
2	Schaufler, Kirby	65	Snohomish Aquati-36	13:25.61
	35.44	40.02	41.00	41.51
	41.42	41.72	41.28	41.22
	41.34	41.07	41.02	40.74
	40.90	40.22	40.53	40.28
	39.84	39.18	38.88	38.00

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Men 65-69 1650 Yard Freestyle

PNA:19:21.80 P 4/12/2015 DAN KIRKLAND

1	Durban, Eric	69	Blue Wave Aquati-36	22:37.42
	37.41	41.48	41.66	42.00
	41.64	41.89	41.71	41.55
	41.69	41.44	40.87	41.30
	41.29	41.13	40.93	40.86
	40.93	41.44	40.90	41.92
	41.68	41.32	41.10	41.00
	41.31	41.52	41.27	41.34
	40.95	40.66	40.71	40.15
				40.37
2	Howell, Richard	65	Oregon Masters-37	22:55.30
	37.03	39.90	41.19	41.07
	41.27	41.99	41.44	41.79
	41.66	41.87	42.04	41.94
	41.73	42.13	41.96	42.07
	42.25	42.12	42.20	42.13
	41.96	41.88	42.26	42.10
	42.08	42.11	42.23	42.31
	42.34	42.28	42.26	41.98
				39.73
3	Schaufler, Kirby	65	Snohomish Aquati-3	22:59.53
	36.08	40.10	41.75	42.35
	42.26	42.33	42.14	42.24
	42.40	41.98	41.98	41.71
	41.91	42.53	42.29	42.18
	42.31	42.13	41.94	42.14
	41.85	42.31	42.47	42.59
	42.44	42.07	42.32	42.11
	42.41	41.22	41.72	41.39
				39.88

Men 65-69 50 Yard Backstroke

PNA: 29.46 P 4/14/2019 RICK COLELLA

1	Piette, Jeffrey	69	Oregon Masters-37	35.39
2	Howell, Richard	65	Oregon Masters-37	36.62
---	Bollens, Stephen	65	Oregon Masters-37	NS

Men 65-69 100 Yard Backstroke

PNA: 1:06.01 P 3/6/2005 GARY CHASE

1	Underbrink, Dan	68	Team Walker Inte-36	1:37.93
	48.05	49.88		

Men 65-69 200 Yard Backstroke

PNA: 2:23.14 P 4/12/2015 DAN KIRKLAND

1	Schaufler, Kirby	65	Snohomish Aquati-3	2:54.19
	40.22	44.39	45.16	44.42
2	Underbrink, Dan	68	Team Walker Inte-36	3:32.03
	49.41	54.99	54.54	53.09

Men 65-69 50 Yard Breaststroke

PNA: 28.88 P 5/10/2018 RICK COLELLA

1	Howell, Richard	65	Oregon Masters-37	32.19
2	Cary, Dale	67	UC36	38.61
3	Weyhrauch, Tom	67	Bernardo's All S-36	43.43

Men 65-69 100 Yard Breaststroke

PNA: 1:02.75 P 4/27/2017 RICK COLELLA

1	Howell, Richard	65	Oregon Masters-37	1:12.78
	34.13	38.65		

2	Stevens, Rod	67	Bainbridge Aquat-36	1:23.12
	39.92	43.20		
3	Cary, Dale	67	UC36	1:23.58
	40.49	43.09		
4	Underbrink, Dan	68	Team Walker Inte-36	1:32.61
	44.88	47.73		
5	Weyhrauch, Tom	67	Bernardo's All S-36	1:37.89
	46.53	51.36		

Men 65-69 200 Yard Breaststroke

PNA: 2:16.70 P 4/27/2017 RICK COLELLA

1	Underbrink, Dan	68	Team Walker Inte-36	3:27.65
	46.97	52.57	54.63	53.48

Men 65-69 50 Yard Butterfly

PNA: 27.00 P 4/14/2019 RICK COLELLA

1	Bollens, Stephen	65	Oregon Masters-37	29.13
2	Howell, Richard	65	Oregon Masters-37	31.23
3	Troupe, Curtis	68	UC36	35.95

Men 65-69 100 Yard IM

PNA: 57.37 P 4/25/2019 RICK COLELLA

1	Geiger, Kyle	67	425 Masters-36	1:15.40
	35.53	39.87		
2	Piette, Jeffrey	69	Oregon Masters-37	1:16.15
	34.84	41.31		
3	Cary, Dale	67	UC36	1:19.11
	37.57	41.54		
4	Troupe, Curtis	68	UC36	1:26.98
	41.17	45.81		
5	Underbrink, Dan	68	Team Walker Inte-36	1:27.36
	43.06	44.30		
6	Weyhrauch, Tom	67	Bernardo's All S-36	1:31.29
	43.46	47.83		
---	Bollens, Stephen	65	Oregon Masters-37	NS

Men 65-69 200 Yard IM

PNA: 2:03.63 P 4/27/2017 RICK COLELLA

1	Schaufler, Kirby	65	Snohomish Aquati-3	2:46.02
	32.91	43.37	51.11	38.63
2	Piette, Jeffrey	69	Oregon Masters-37	2:50.57
	37.62	44.10	52.90	35.95
3	Stevens, Rod	67	Bainbridge Aquat-36	2:53.91
	40.62	46.93	45.89	40.47
4	Geiger, Kyle	67	425 Masters-36	3:03.91
	37.65	49.35	1:00.48	36.43
5	Durban, Eric	69	Blue Wave Aquati-36	3:08.22
	38.42	51.33	56.26	42.21
6	Weyhrauch, Tom	67	Bernardo's All S-36	3:37.39
	48.08	57.87	1:02.81	48.63

Men 65-69 400 Yard IM

PNA: 4:30.64 P 5/10/2018 RICK COLELLA

1	Schaufler, Kirby	65	Snohomish Aquati-3	6:09.65
	38.42	45.57	48.77	47.36
	54.22	53.40	42.45	39.46

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2 Durban, Eric	69 Blue Wave Aquati-3	6:34.23
41.65	52.12	54.66
53.91	55.61	42.67
		41.84

Men 70-74 50 Yard Freestyle

PNA: 24.64 P 4/27/2023 RICK COLELLA

1 Walsh, Greg	72 Team Walker Inte-3	29.77
2 Morrison, Jeffrey	70 Thunderbird Aqua-3	32.73

Men 70-74 100 Yard Freestyle

PNA: 53.90 P 4/28/2022 RICK COLELLA

1 Morrison, Jeffrey	70 Thunderbird Aqua-3	1:13.07
34.89	38.18	
--- Walsh, Greg	72 Team Walker Inte-3	NS

Men 70-74 200 Yard Freestyle

PNA: 1:56.50 P 4/28/2022 RICK COLELLA

1 Morrison, Jeffrey	70 Thunderbird Aqua-3	2:43.11
39.33	40.71	41.30
		41.77

Men 70-74 500 Yard Freestyle

PNA: 5:11.03 P 11/6/2022 RICK COLELLA

1 Morrison, Jeffrey	70 Thunderbird Aqua-3	7:24.60
41.06	44.18	45.68
46.41	45.96	44.69
44.20	40.92	45.24
2 Anderson, Graham	73 Team Walker Inte-3	8:26.75
43.88	48.44	52.07
52.79	53.11	53.11
51.10	48.27	51.61

Men 70-74 50 Yard Backstroke

PNA: 28.79 P 11/6/2022 RICK COLELLA

1 Morrison, Jeffrey	70 Thunderbird Aqua-3	43.26
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Men 70-74 50 Yard Breaststroke

PNA: 29.67 P 4/27/2023 RICK COLELLA

1 Krieger, Bill	70 Team Walker Inte-3	37.68
2 Walsh, Greg	72 Team Walker Inte-3	37.97
3 Morrison, Jeffrey	70 Thunderbird Aqua-3	44.19

Men 70-74 100 Yard Breaststroke

PNA: 1:04.95 P 4/28/2022 RICK COLELLA

1 Krieger, Bill	70 Team Walker Inte-3	1:22.74
39.88	42.86	
2 Louis, Steven	72 Bainbridge Aquat-3	1:33.72
43.84	49.88	
3 Anderson, Graham	73 Team Walker Inte-3	1:47.94
51.93	56.01	

Men 70-74 200 Yard Breaststroke

PNA: 2:21.03 P 4/27/2023 RICK COLELLA

1 Krieger, Bill	70 Team Walker Inte-3	3:08.24
43.11	48.10	49.29
		47.74
2 Anderson, Graham	73 Team Walker Inte-3	4:09.12
57.65	1:04.41	1:05.16
		1:01.90

Men 70-74 100 Yard IM

PNA: 59.97 P 4/28/2022 RICK COLELLA

1 Louis, Steven	72 Bainbridge Aquat-3	1:23.59
38.70	44.89	
2 Anderson, Graham	73 Team Walker Inte-3	1:36.33
45.73	50.60	

Men 75-79 50 Yard Freestyle

PNA: 27.35 P 4/25/2019 ROBERT PILGER

1 White, Robert	76 Lake Washington-36	30.66
2 Voegtlen, Barney	76 Bainbridge Aquat-3	33.81
3 Galvani, Bill	78 Bainbridge Aquat-3	39.65

Men 75-79 100 Yard Freestyle

PNA: 1:01.77 P 4/25/2019 ROBERT PILGER

1 Kirkland, Dan	76 Oregon Masters-37	1:03.01
30.40	32.61	
2 Voegtlen, Barney	76 Bainbridge Aquat-3	1:19.18
35.34	43.84	

Men 75-79 200 Yard Freestyle

PNA: 2:28.37 P 4/27/2023 MICHAEL MCCOLLY

1 Kirkland, Dan	76 Oregon Masters-37	2:14.26
31.01	34.03	35.05
		34.17
2 Kimball, Hugh	78 North End Otters-36	3:41.11
48.51	59.66	58.88
		54.06

Men 75-79 500 Yard Freestyle

PNA: 6:35.34 P 4/27/2023 MICHAEL MCCOLLY

1 Fogg, Stephen	76 Team Walker Inte-3	7:34.99
42.15	45.18	47.27
		46.95
		46.51
		46.16
2 Voegtlen, Barney	76 Bainbridge Aquat-3	8:05.95
41.60	46.91	49.37
		50.72
		50.77
		51.14
		49.69
		44.56

Men 75-79 1000 Yard Freestyle

PNA:13:47.61 P 4/27/2023 MICHAEL MCCOLLY

1 Kirkland, Dan	76 Oregon Masters-37	12:28.48
33.59	36.06	36.27
		36.68
		37.96
		38.27
		39.03
		38.35
		38.28
		38.28
		37.95
		37.60
		37.03
		37.32
		36.16
2 Kimball, Hugh	78 North End Otters-36	20:41.74
51.56	58.86	1:02.70
		59.95
		1:01.85
		1:00.80
		1:02.87
		1:02.31
		1:02.13
		1:03.78
		1:01.94
		1:02.49
		1:05.42
		1:03.08
		1:05.22
		1:04.92
		1:03.68
		1:05.11
		1:04.24
		58.83

2025 PNA Championship - 4/12/2025 to 4/13/2025**2025 PNA Championship
Hosted by Blue Wave Aquatics
Results****Men 75-79 1650 Yard Freestyle****PNA:24:03.52 P 4/15/2007 BOB MILLER**

1	Kirkland, Dan	76	Oregon Masters-37	20:40.63	
	33.96	36.02	36.49	37.48	
	37.57	37.67	37.57	37.65	
	37.85	38.01	37.47	37.86	
	37.83	37.76	37.97	37.84	
	37.68	38.23	37.94	37.76	
	38.09	37.77	37.91	37.56	
	37.83	37.77	37.51	37.95	
	38.06	38.07	37.70	38.37	37.43

Men 75-79 50 Yard Backstroke**PNA: 36.02 P 4/13/2024 STEPHEN W FOGG**

1	Fogg, Stephen	76	Team Walker Inte-36	36.25
2	Voegtlen, Barney	76	Bainbridge Aquat-36	43.36

Men 75-79 200 Yard Backstroke**PNA: 2:49.46 P 5/20/2007 BOB MILLER**

---	Kirkland, Dan	76	Oregon Masters-37	NS
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Men 75-79 50 Yard Breaststroke**PNA: 35.54 P 6/20/2024 ROBERT WHITE**

1	White, Robert	76	Lake Washington-36	36.70
2	Peterson, Steve	78	Bernardo's All S-36	39.58
3	Voegtlen, Barney	76	Bainbridge Aquat-36	45.87
4	Fogg, Stephen	76	Team Walker Inte-36	46.93
5	Galvani, Bill	78	Bainbridge Aquat-36	47.69

Men 75-79 100 Yard Breaststroke**PNA: 1:20.40 P 6/20/2024 ROBERT WHITE**

1	White, Robert	76	Lake Washington-36	1:23.77
	39.46	44.31		
2	Peterson, Steve	78	Bernardo's All S-36	1:29.35
	42.91	46.44		
3	Galvani, Bill	78	Bainbridge Aquat-36	1:47.51
	52.07	55.44		

Men 75-79 200 Yard Breaststroke**PNA: 3:00.25 P 4/27/2023 STEVEN B PETERSON**

1	Peterson, Steve	78	Bernardo's All S-36	3:14.73
	45.06	50.21	50.87	48.59

Men 75-79 200 Yard Butterfly**PNA: 4:05.52 P 1/18/2004 HARVEY PROSSER**

1	Fogg, Stephen	76	Team Walker Inte-36	3:34.20P
	47.18	53.93	57.00	56.09

Men 75-79 100 Yard IM**PNA: 1:17.46 P 6/20/2024 ROBERT WHITE**

1	White, Robert	76	Lake Washington-36	1:19.89
	38.86	41.03		
2	Voegtlen, Barney	76	Bainbridge Aquat-36	1:36.85
	45.84	51.01		
3	Galvani, Bill	78	Bainbridge Aquat-36	1:40.00
	51.14	48.86		

Men 75-79 200 Yard IM**PNA: 2:51.90 P 4/27/2023 STEVEN B PETERSON**

1	Peterson, Steve	78	Bernardo's All S-36	3:05.87
	42.51	50.07	50.92	42.37

Men 75-79 400 Yard IM**PNA: 6:40.98 P 4/10/2022 STEVEN B PETERSON**

1	Fogg, Stephen	76	Team Walker Inte-36	7:05.07
	48.22	54.49	52.80	51.43
	1:05.65	1:04.25	45.46	42.77

Men 80-84 50 Yard Freestyle**PNA: 29.45 P 10/8/2023 ROBERT PILGER**

1	Pilger, Robert	81	Bernardo's All S-36	30.23
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Men 80-84 1000 Yard Freestyle**PNA:18:24.63 P 4/10/1994 GENE CROSSETT**

1	Pilger, Robert	81	Bernardo's All S-36	16:44.93P
	39.38	45.64	48.62	49.67
	51.20	50.74	52.09	51.43
	51.87	51.88	52.51	52.50
	52.65	52.21	52.25	51.68
	51.55	50.77	51.85	44.44

Men 80-84 100 Yard Breaststroke**PNA: 1:34.87 P 4/15/2018 DICK A PETERSON**

1	Sawyer, Dennis	81	Bainbridge Aquat-36	1:34.28P
	45.92	48.36		

Men 80-84 50 Yard Butterfly**PNA: 34.71 P 10/8/2023 ROBERT PILGER**

1	Pilger, Robert	81	Bernardo's All S-36	34.64P
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Men 80-84 100 Yard Butterfly**PNA: 1:57.83 P 3/18/2018 DICK A PETERSON**

---	Pilger, Robert	81	Bernardo's All S-36	NS
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Men 80-84 100 Yard IM**PNA: 1:25.99 P 11/5/2023 ROBERT PILGER**

---	Pilger, Robert	81	Bernardo's All S-36	NS
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Women 18+ 200 Yard Freestyle Relay**PNA: 1:41.39 P 4/13/2014 PSM****A MOORHEAD, L ORAM, P DINKEL, J KING**

1	Cascade Masters-36	C		2:07.16
	1) Singh, Isabelle W25	2) Rees, Amelia W22		
	3) High, Marjorie W49	4) Sentenn, Samantha W27		
	32.19	30.46	35.46	29.05

Women 18+ 200 Yard Medley Relay**PNA: 1:55.40 P 4/14/2013 PSM****D PALUMBO, K SCHAEFFER, B BOGACHUS, M CHANG**

1	Lake Washington-36	A		2:11.78
	1) Pai, Naima W24	2) Lindberg, Denise W42		
	3) Chinn, Sarah W41	4) Chapman, Linda W69		
	34.73	32.65	31.97	32.43
2	Blue Wave Aquati-36	A		2:18.96
	1) Furtado, Krys W45	2) Kim, Nellis W54		
	3) Bradley, Blaire W40	4) Ralstin, Madeline W23		
	38.57	40.02	16.62	43.75

2025 PNA Championship - 4/12/2025 to 4/13/2025**2025 PNA Championship
Hosted by Blue Wave Aquatics****Results****Women 25+ 200 Yard Freestyle Relay**

PNA: 1:41.13 P 4/12/2015 PSM

A MOORHEAD, C HELGASON, J G KING, P DINKEL

1	Cascade Masters-36	A		1:47.27
	1) Latimer, Danielle W34	2) Matsuda, Jenifer W25		
	3) Motley, Abigail W34	4) Motley, Caitlin W37		
	26.56	26.34	26.87	27.50
2	Bernardo's All S-36	A		2:07.70
	1) Smith, Katy W43	2) Milman, Ariana W40		
	3) Krughoff, Laura W47	4) Pound, Hallie W28		
	31.76	34.52	34.57	26.85
---	Orca Swim Team-36	A		DQ
	Early take-off swimmer #4			
	1) Kennedy, Erin W35	2) Gustitus, Leah W41		
	3) Tran, Jennifer W29	4) Krystad, Maggie W27		
	34.08	34.45	49.80	30.01

Women 25+ 200 Yard Medley Relay

PNA: 1:51.99 P 4/12/2015 PSM

C HELGASON, P DINKEL, J G KING, K A BYERS

1	Cascade Masters-36	A		2:03.34
	1) Motley, Abigail W34	2) Latimer, Danielle W34		
	3) Matsuda, Jenifer W25	4) Sentenn, Samantha W27		
	30.26	35.57	27.57	29.94
2	Orca Swim Team-36	A		2:43.31
	1) Krystad, Maggie W27	2) Tran, Jennifer W29		
	3) Gustitus, Leah W41	4) Kennedy, Erin W35		
	37.09	53.88	37.40	34.94
3	Blue Wave Aquati-36	B		2:50.43
	1) Moerdyk, Kristen W31	2) Rasmussen, Karen W50		
	3) Kohler, Caralee W30	4) Ruf, Bonnie W40		
	39.31	48.83	17.94	1:04.35
4	Snoco YMCA Barra-36	A		3:01.42
	1) Reynolds, Tyree W66	2) Seaborg, Paige W69		
	3) Tri, Brittany W35	4) Homan, Cat W33		
	1:03.16	51.84	32.03	34.39

Women 35+ 200 Yard Freestyle Relay

PNA: 1:40.10 P 5/1/2011 PNA

S HART, H A WERNER, M C ARMSTRONG, L A DAHL

1	Cascade Masters-36	B		1:55.34
	1) Sayigh, Julie W49	2) Brunjes, Molly W44		
	3) Halter, Dana Robertson W5	4) Jennings, Lindsey W43		
	28.75	28.98	30.17	27.44
2	Blue Wave Aquati-36	A		2:03.85
	1) Bradley, Blaire W40	2) Kim, Nellis W54		
	3) Rasmussen, Karen W50	4) Furtado, Krys W45		
	26.72	31.77	35.24	30.12
3	Team Walker Inte-36	A		2:03.89
	1) Stuart, Katy W41	2) Takahashi, Atsuko W52		
	3) Falkner, Keri W55	4) Lickwala, Holly W48		
	32.59	31.40	31.98	27.92
4	Bainbridge Aquat-36	A		2:35.42
	1) Cheadle, Melissa W35	2) Loiacano, Toni W47		
	3) Rucker, Meegan W45	4) Tulou, Tamara W51		
	30.43	43.68	39.61	41.70

Women 35+ 200 Yard Medley Relay

PNA: 1:51.95 P 5/1/2011 PNA

S HART, H A WERNER, L A DAHL, K S JETER

1	Cascade Masters-36	B		2:12.99
	1) Brunjes, Molly W44	2) Jennings, Lindsey W43		
	3) Motley, Caitlin W37	4) Manwiller-Thompson, Becc		
	33.19	34.17	30.31	35.32
---	Bernardo's All S-36	A		DQ
	Early take-off swimmer #4			
	1) Milman, Ariana W40	2) Krughoff, Laura W47		
	3) Smith, Katy W43	4) Gottschall, Hannah W44		
	40.80	48.78	35.06	29.66

Women 45+ 200 Yard Medley Relay

PNA: 2:00.29 P 5/4/2014 PSM

L PACE, H WERNER, S BULLOCK, L DAHL

1	Cascade Masters-36	C		2:24.98
	1) Sayigh, Julie W49	2) Abbey, Molly W50		
	3) Halter, Dana Robertson W5	4) High, Marjorie W49		
	36.27	33.09	40.44	35.18
2	Team Walker Inte-36	A		2:26.32
	1) Falkner, Keri W55	2) Lickwala, Holly W48		
	3) Takahashi, Atsuko W52	4) Underbrink, Mary W65		
	37.10	35.83	35.96	37.43
3	Bainbridge Aquat-36	A		2:46.49
	1) Davies, Catherine W50	2) Davies, Amanda W47		
	3) Reimer, Shelley W55	4) Borg, Erika W46		
	46.98	54.33	32.87	32.31

Women 55+ 200 Yard Freestyle Relay

PNA: 1:53.70 P 5/9/2013 PSM

C M DAVIS, S PREISSLER, D A GLASSMAN, M B LIPPOLD

1	Bernardo's All S-36	B		2:57.48
	1) Simmons, Annette W59	2) Wolfe, Amy W55		
	3) Batdorf, Casandra W57	4) Hermanson, Diane W59		
	40.87	37.50	58.27	40.84

Women 55+ 200 Yard Medley Relay

PNA: 2:04.50 P 4/26/2015 PSM

Z COURTNEY, L CHAPMAN, C M DAVIS, M B LIPPOLD

1	Bernardo's All S-36	B		3:20.51
	1) Simmons, Annette W59	2) Ghilarducci, Emily W62		
	3) Hermanson, Diane W59	4) Batdorf, Casandra W57		
	49.18	40.59	52.09	58.65

Men 18+ 200 Yard Medley Relay

PNA: 1:38.26 P 4/15/2018 PSM

S MEHTA, J KOTYNIA, R COLELLA, B SWEDBERG

1	Western Washingt-36	A		1:51.16
	1) Munoz, Ryland M21	2) Yun, Zuriahn M20		
	3) Allen, Finian M19	4) Hummel, Jared M26		
	28.58	26.66	29.95	25.97
2	Snoco YMCA Barra-36	A		1:54.55
	1) Rigby, James M30	2) Naddell, Brandon M42		
	3) Swaney, Connor M24	4) Torrey, Adam M38		
	30.28	35.19	25.09	23.99

2025 PNA Championship - 4/12/2025 to 4/13/2025**2025 PNA Championship
Hosted by Blue Wave Aquatics
Results****(Men 18+ 200 Yard Medley Relay)**

3	Snohomish Aquati-36	A		2:02.09
	1) Quinn, Conor M24		2) Neff, John M34	
	3) Schaufler, Kirby M65		4) Block, Jonathan M42	
	28.26	32.95	31.88	29.00

Men 25+ 200 Yard Freestyle Relay

PNA: 1:25.25 P 4/13/2024 PSM

R RYBIN, B WOODBURY, S K MEHTA, A P REPETA

1	Bernardo's All S-36	A		1:34.89
	1) Cole, Matthew M26		2) Rossmiller, Byron M26	
	3) Couch, Brandon M29		4) Arnold, Joshua M25	
	20.15	23.32	27.02	24.40
2	Lake Washington-36	A		1:39.34
	1) Whitbeck, Dave M42		2) Porter, Michael M58	
	3) Scott, Michael M38		4) Mehta, Sivan M30	
	24.33	27.27	25.72	22.02
3	Blue Wave Aquati-36	A		1:46.16
	1) Sprinkle, Baden M37		2) Gallardo, Donatto M34	
	3) Bush, Gabe M47		4) Smith, Daniel M62	
	23.04	27.75	27.59	27.78
4	Orca Swim Team-36	A		1:49.35
	1) Cox, Gary M47		2) Ver, Kyle M31	
	3) Olivares, Miguel M53		4) Ryden, Eric M44	
	25.31	24.98	32.22	26.84
5	Team Walker Inte-36	B		1:49.51
	1) Haynie, Carl M64		2) Banks, Jonathon M41	
	3) Barnes, Brent M57		4) Shelly, Joseph M27	
	26.36	27.00	31.37	24.78

Men 25+ 200 Yard Medley Relay

PNA: 1:34.30 P 4/12/2015 PSM

T O GRAY, J KOTYNIA, C CHAPMAN, C CONROY

1	Bernardo's All S-36	A		1:45.38
	1) Rossmiller, Byron M26		2) Arnold, Joshua M25	
	3) Couch, Brandon M29		4) Cole, Matthew M26	
	24.80	30.75	29.49	20.34
2	Lake Washington-36	A		1:48.30
	1) Whitbeck, Dave M42		2) Nygren, Mats M58	
	3) Mehta, Sivan M30		4) Woodbury, Brian M28	
	29.57	33.17	23.68	21.88
3	Team Walker Inte-36	A		1:56.84
	1) Haynie, Carl M64		2) Shelly, Joseph M27	
	3) Banks, Jonathon M41		4) Schwartz, Steven M61	
	29.41	30.94	29.49	27.00
4	Blue Wave Aquati-36	A		2:02.04
	1) Bush, Gabe M47		2) Rector, Joel M42	
	3) Sprinkle, Baden M37		4) Gallardo, Donatto M34	
	35.18	32.96	25.68	28.22
5	Cascade Masters-36	B		2:05.98
	1) Graber, Lee M47		2) Colella, Casey M30	
	3) Espineli, Arik M28		4) Andelin, Travis M42	
	34.94	30.15	28.73	32.16
6	Orca Swim Team-36	A		2:10.14
	1) Ver, Kyle M31		2) Olivares, Miguel M53	
	3) Ryden, Eric M44		4) Chuang, Mason M46	
	31.36	40.70	31.08	27.00

Men 35+ 200 Yard Freestyle Relay

PNA: 1:31.52 P 5/20/2007 PNA

J KEPPELER, T DOHERTY, D KAYS, K NELSON

1	Cascade Masters-36	A		1:38.07
	1) Graber, Lee M47		2) Pence, Braden M42	
	3) Bennett, John M45		4) Perry, Maxwell M46	
	26.54	24.74	23.54	23.25

Men 35+ 200 Yard Medley Relay

PNA: 1:41.68 P 4/29/2012 PNA

J KEPPELER, D E KAYS, T DOHERTY, K RICE

1	Cascade Masters-36	A		1:47.18
	1) Chan, Barry M42		2) Pence, Braden M42	
	3) Bennett, John M45		4) Perry, Maxwell M46	
	26.97	31.26	25.51	23.44
2	Lake Washington-36	B		2:03.04
	1) Scott, Michael M38		2) White, Robert M76	
	3) Porter, Michael M58		4) Thompson, Scott M42	
	34.68	35.67	29.34	23.35

Men 45+ 200 Yard Freestyle Relay

PNA: 1:30.56 P 5/20/2007 PNA

BRAD HERING, RICH LOUDON, JAY LEIGH, KARL WEISS

1	Bainbridge Aquat-36	A		1:58.87
	1) Cziesla, Marcus M59		2) Stevens, Rod M67	
	3) Voegtlen, Barney M76		4) Allen, Brian M53	
	26.91	33.05	58.91	

Men 55+ 200 Yard Freestyle Relay

PNA: 1:35.14 P 4/25/2019 PSM

SOUVIRAA-LABASTIE, B V HERING, G LAFFICHE, D L PHI

1	Bernardo's All S-36	B		2:06.48
	1) Panzer, Timothy M60		2) Weyhrauch, Tom M67	
	3) Peterson, Steve M78		4) Steenbeeke, Alain M63	
	30.21	35.06	34.05	27.16

Men 55+ 200 Yard Medley Relay

PNA: 1:45.05 P 4/25/2019 PSM

C HAYNIE, D PHILLIPS, B HERING, B SOUVIRAA-LABASTI

1	Bernardo's All S-36	B		2:27.42
	1) Steenbeeke, Alain M63		2) Peterson, Steve M78	
	3) Weyhrauch, Tom M67		4) Panzer, Timothy M60	
	31.30	39.69	46.80	29.63
2	Team Walker Inte-36	B		2:33.73
	1) Anderson, Graham M73		2) Scott, David M58	
	3) Ness, Kerry M55		4) Underbrink, Dan M68	
	44.23	25.25	48.94	35.31
---	Blue Wave Aquati-36	B		DQ
	Early take-off swimmer #4			
	1) Nelson, Tim M64		2) Smith, Daniel M62	
	3) Durban, Eric M69		4) Condotta, Robert M61	
	57.78	35.31	36.84	37.80

2025 PNA Championship - 4/12/2025 to 4/13/2025**2025 PNA Championship
Hosted by Blue Wave Aquatics
Results****Men 65+ 200 Yard Freestyle Relay**

PNA: 1:47.39 P 5/10/2018 PSM

A BELL, W B HAYES, S W FOGG, R COLELLA

1 Team Walker Inte-36	A	2:17.01
1) Fogg, Stephen M76	2) Underbrink, Dan M68	
3) Anderson, Graham M73	4) Walsh, Greg M72	
34.66	36.26	35.94 30.15

Men 65+ 200 Yard Medley Relay

PNA: 2:00.24 P 5/10/2018 PSM

S W FOGG, R COLELLA, A BELL, W B HAYES

1 Bainbridge Aquat-36	A	2:48.89
1) Voegtlen, Barney M76	2) Sawyer, Dennis M81	
3) Galvani, Bill M78	4) O'Neil, Dave M66	
42.65	45.44	48.60 32.20

Mixed 18+ 200 Yard Freestyle Relay

PNA: 1:34.41 P 5/20/2007 PNA

A KROLL, S PIERCE, E JACOBSON, B GOLDMAN

1 Blue Wave Aquati-36	A	1:43.20
1) Bradley, Blaire W40	2) Rector, Joel M42	
3) Ralstin, Madeline W23	4) Sprinkle, Baden M37	
26.59	23.91	29.91 22.79
2 Western Washingt-36	A	1:48.12
1) Yamane, Evan M22	2) Lewis, Kathryn W20	
3) Mielke, Jasmine W20	4) Grueber, Zachary M19	
27.75	27.24	28.93 24.20
3 Cascade Masters-36	C	1:50.19
1) Colella, Casey M30	2) Rees, Amelia W22	
3) Espineli, Arik M28	4) Sentenn, Samantha W27	
24.84	29.50	27.02 28.83
4 Port Angeles Swi-36	A	1:54.30
1) Wilson, Sara W19	2) Everhart, Kristin W41	
3) Jones, Thomas M50	4) Faskhutdinov, Almaz M20	
26.87	37.19	28.75 21.49
--- Lake Washington-36	A	DQ
Early take-off swimmer #3		
1) Chapman, Linda W69	2) Pai, Naima W24	
3) Nygren, Mats M58	4) Whitbeck, Dave M42	
33.20	32.07	25.42 34.62
--- Snohomish Aquati-36	A	DQ
Early take-off swimmer #4		
1) Polidori, Wendy W55	2) Block, Jonathan M42	
3) Armstrong, Mary W57	4) Quinn, Conor M24	
29.22	29.08	27.38 24.09

Mixed 18+ 200 Yard Medley Relay

PNA: 1:43.66 P 4/15/2012 PNA

C CHAPMAN, C YUNG, L ORAM, P DINKEL

1 Port Angeles Swi-36	A	2:19.67
1) Jones, Thomas M50	2) Ridle, Jason M50	
3) Wilson, Sara W19	4) Hogan, Elizabeth W63	
36.59	33.15	30.21 39.72

Mixed 25+ 200 Yard Freestyle Relay

PNA: 1:33.04 P 4/14/2013 PSM

A MOORHEAD, P DINKEL, R CARDOSO, C CHAPMAN

1 Lake Washington-36	B	1:39.88
1) Chinn, Sarah W41	2) Lindberg, Denise W42	
3) Mehta, Sivan M30	4) Woodbury, Brian M28	
30.07	26.07	22.05 21.69
2 Bernardo's All S-36	A	1:42.42
1) Rossmiller, Byron M26	2) Pound, Hallie W28	
3) Smith, Katy W43	4) Cole, Matthew M26	
23.71	31.59	26.38 20.74
3 Cascade Masters-36	D	1:50.17
1) Pence, Braden M42	2) Andelin, Travis M42	
3) Latimer, Danielle W34	4) Matsuda, Jenifer W25	
25.42	32.61	26.20 25.94
4 Bernardo's All S-36	B	1:54.42
1) Couch, Brandon M29	2) Gottschall, Hannah W44	
3) Krughoff, Laura W47	4) Arnold, Joshua M25	
27.08	29.57	33.58 24.19
5 Husky Masters-36	A	1:54.81
1) Zimmerman, Stephanie W3	2) Felix, Francisco M26	
3) Winans, Amanda W42	4) Chaussabel, Adrien M25	
32.75	23.40	35.04 23.62
6 Orca Swim Team-36	A	1:57.62
1) Lam, Edmund M28	2) Kennedy, Erin W35	
3) Krystad, Maggie W27	4) Petersen, Erik M36	
26.11	35.05	31.72 24.74
7 Blue Wave Aquati-36	B	1:58.04
1) Bush, Gabe M47	2) Furtado, Krys W45	
3) Gallardo, Donatto M34	4) Kim, Nellis W54	
28.41	29.51	28.58 31.54
8 Blue Wave Aquati-36	C	2:10.87
1) Kohler, Caralee W30	2) Moerdyk, Kristen W31	
3) Smith, Daniel M62	4) Durban, Eric M69	
36.46	33.70	28.42 32.29
9 Orca Swim Team-36	B	2:16.18
1) Kralj, James M31	2) Tran, Jennifer W29	
3) Sanchez, Daniel M32	4) Gustitus, Leah W41	
26.42	49.44	26.03 34.29

Mixed 25+ 200 Yard Medley Relay

PNA: 1:41.07 P 4/14/2013 PSM

C CHAPMAN, C YUNG, P DINKEL, A MOORHEAD

1 Cascade Masters-36	A	1:48.25
1) Latimer, Danielle W34	2) Colella, Casey M30	
3) Matsuda, Jenifer W25	4) Perry, Maxwell M46	
29.19	28.58	27.43 23.05
2 Lake Washington-36	A	1:53.47
1) Mehta, Sivan M30	2) Lindberg, Denise W42	
3) Whitbeck, Dave M42	4) Chinn, Sarah W41	
25.26	32.29	26.68 29.24
3 Bernardo's All S-36	A	1:56.37
1) Rossmiller, Byron M26	2) Pound, Hallie W28	
3) Smith, Katy W43	4) Cole, Matthew M26	
24.26	38.11	33.16 20.84

2025 PNA Championship - 4/12/2025 to 4/13/2025

**2025 PNA Championship
Hosted by Blue Wave Aquatics**

Results

(Mixed 25+ 200 Yard Medley Relay)

4	Snohomish Aquati-36	A		2:11.00
	1) Schaufler, Kirby M65		2) Ringstad, Brandon M33	
	3) Ringstad, Kristin W28		4) Polidori, Wendy W55	
	35.42	33.29	33.81	28.48
5	Blue Wave Aquati-36	B		2:27.17
	1) Moerdyk, Kristen W31		2) Schepler, Lani W44	
	3) Smith, Daniel M62		4) Gallardo, Donatto M34	
	39.63	47.64	31.10	28.80
6	Orca Swim Team-36	A		2:27.51
	1) Krystad, Maggie W27		2) Tran, Jennifer W29	
	3) Petersen, Erik M36		4) Lam, Edmund M28	
	36.41	59.05	26.32	25.73
7	Bernardo's All S-36	B		2:28.61
	1) Eastlake, Emily W32		2) Arnold, Joshua M25	
	3) Couch, Brandon M29		4) Milman, Ariana W40	
	50.79	32.87	30.06	34.89
---	Snoco YMCA Barra-36	A		DQ
	Stroke Infraction swimmer #1: Delay initiating turn after past ve			
	1) Seaborg, Paige W69		2) Reynolds, Tyree W66	
	3) Torrey, Adam M38		4) Wintermute, Logan M28	
	52.16	54.06	25.88	25.10

Mixed 35+ 200 Yard Freestyle Relay
PNA: 1:35.55 P 4/29/2012 PNA

L A DAHL, J KEPPELER, H A WERNER, T DOHERTY

1	Cascade Masters-36	B		1:45.08
	1) Chan, Barry M42		2) Motley, Caitlin W37	
	3) Jennings, Lindsey W43		4) Graber, Lee M47	
	24.51	27.26	27.30	26.01
2	Snoco YMCA Barra-36	A		2:12.91
	1) Sulya, Andrew M59		2) Seaborg, Paige W69	
	3) Tri, Brittany W35		4) Naddell, Brandon M42	
	35.59	42.22	28.16	26.94
3	Blue Wave Aquati-36	D		2:39.88
	1) Condotta, Robert M61		2) Nelson, Tim M64	
	3) Ruf, Bonnie W40		4) Rasmussen, Karen W50	
	38.64	22.04	18.07	1:21.13
4	Bernardo's All S-36	A		2:47.13
	1) Maccari, Dino M37		2) Hinds, Cynthia W71	
	3) Hermanson, Diane W59		4) Schwartz, Michael M37	
	30.87	28.99	34.66	1:12.61

Mixed 35+ 200 Yard Medley Relay
PNA: 1:44.29 P 5/1/2011 PNA

S HART, T DOHERTY, L A DAHL, D E KAYS

1	Cascade Masters-36	B		1:57.30
	1) Motley, Caitlin W37		2) Jennings, Lindsey W43	
	3) Pence, Braden M42		4) Bennett, John M45	
	30.75	34.61	28.31	23.63
2	Blue Wave Aquati-36	A		2:04.33
	1) Sprinkle, Baden M37		2) Furtado, Krys W45	
	3) Bush, Gabe M47		4) Bradley, Blaire W40	
	27.25	41.01	29.62	26.45

3	Bainbridge Aquat-36	A		2:22.37
	1) Czesla, Marcus M59		2) Cheadle, Melissa W35	
	3) Allen, Brian M53		4) Tulou, Tamara W51	
	34.33	38.68	27.54	41.82
4	Bernardo's All S-36	C		2:39.42
	1) Wolfe, Amy W55		2) Wadey, Chuck M47	
	3) Schwartz, Michael M37		4) Simmons, Annette W59	
	44.58	38.93	35.19	40.72
---	Blue Wave Aquati-36	C		DQ
	Not enough swimmers			
	1) Kim, Nellis W54		2) Condotta, Robert M61	
	3) Durban, Eric M69		4) Ruf, Bonnie W40	
	41.74	53.65	35.66	43.99

Mixed 45+ 200 Yard Freestyle Relay
PNA: 1:38.53 P 4/26/2015 PSM

L A DAHL, K CROUCH, M O NYGREN, D PHILLIPS

1	Cascade Masters-36	A		1:47.89
	1) Halter, Dana Robertson W5		2) Bennett, John M45	
	3) Abbey, Molly W50		4) Perry, Maxwell M46	
	29.70	23.51	31.57	23.11
2	Bainbridge Aquat-36	A		1:54.14
	1) Czesla, Marcus M59		2) Reimer, Shelley W55	
	3) Borg, Erika W46		4) Allen, Brian M53	
	26.96	29.68	32.43	25.07
3	Team Walker Inte-36	A		1:58.37
	1) Lickwala, Holly W48		2) Barnes, Brent M57	
	3) Takahashi, Atsuko W52		4) Schwartz, Steven M61	
	27.51	33.25	30.68	26.93
4	Bainbridge Aquat-36	B		2:41.74
	1) Galvani, Bill M78		2) Davies, Catherine W50	
	3) Davies, Amanda W47		4) Sawyer, Dennis M81	
	38.81	41.31	43.79	37.83

Mixed 45+ 200 Yard Medley Relay
PNA: 1:48.62 P 4/26/2015 PSM

M O NYGREN, D PHILLIPS, L A DAHL, K CROUCH

1	Team Walker Inte-36	A		2:07.07
	1) Haynie, Carl M64		2) Scott, David M58	
	3) Takahashi, Atsuko W52		4) Lickwala, Holly W48	
	30.19	34.18	34.64	28.06
2	Thunderbird Aqua-36	A		2:09.10
	1) Phinney, Sandi W49		2) Johnsen, Elizabeth W46	
	3) Castle, Matt M53		4) Millican, Jacob M47	
	33.16	40.01	30.63	25.30

Mixed 55+ 200 Yard Freestyle Relay
PNA: 1:42.46 P 5/1/2011 PNA

A BELL, D GRAHAM, M B LIPPOLD, C M DAVIS

1	Team Walker Inte-36	B		2:06.56
	1) Walsh, Greg M72		2) Underbrink, Mary W65	
	3) Falkner, Keri W55		4) Haynie, Carl M64	
	29.91	38.50	31.39	26.76
2	Bainbridge Aquat-36	A		2:14.72
	1) Thompson, Kelly W55		2) Meyers, Kate W76	
	3) Stevens, Rod M67		4) O'Neil, Dave M66	
	35.75	36.28	33.22	29.47

2025 PNA Championship - 4/12/2025 to 4/13/2025**2025 PNA Championship
Hosted by Blue Wave Aquatics****Results****(Mixed 55+ 200 Yard Freestyle Relay)**

3	Bernardo's All S-36	B		2:18.25
	1) Peterson, Steve M78	2) Ghilarducci, Emily W62		
	3) Simmons, Annette W59	4) Steenbeeke, Alain M63		
	37.37	33.99	40.60	26.29

Mixed 55+ 200 Yard Medley Relay

PNA: 1:52.96 P 4/26/2015 PSM

Z COURTNEY, R COLELLA, C M DAVIS, D GRAHAM

1	Team Walker Inte-36	B		2:29.95
	1) Falkner, Keri W55	2) Barnes, Brent M57		
	3) Ness, Kerry M55	4) Underbrink, Mary W65		
	38.05	36.09	39.05	36.76
---	Bernardo's All S-36	D		DQ
	Early take-off swimmer #2			
	1) Steenbeeke, Alain M63	2) Peterson, Steve M78		
	3) Hermanson, Diane W59	4) Hinds, Cynthia W71		
	32.77	42.11	53.11	1:02.48

Mixed 65+ 200 Yard Medley Relay

PNA: 2:04.19 P 4/27/2017 PSM

S PREISSLER, R COLELLA, C M DAVIS, W B HAYES

1	Bainbridge Aquat-36	B		3:27.45
	1) Hunt, Andrea W77	2) Voegtlen, Barney M76		
	3) Stevens, Rod M67	4) Stearns, Kathleen W76		
	51.65	50.95	29.99	1:14.86