

**Bainbridge Aquatic Masters**  
**22<sup>nd</sup> Annual BAMFest**  
**Sunday, October 12, 2025**  
Warm-up: 9:00 AM, Competition starts at 10:00 AM  
Sanctioned by PNA for USMS Inc. 365-S008



**LOCATION:** Bainbridge Island Aquatic Center  
[8521 Madison Ave, Bainbridge Island, WA 98110](https://www.bainbridgeislandwa.gov/8521MadisonAveBainbridgeIslandWA98110)

**MEET DIRECTOR:** Tamara Tulou – [SwimBAMFest@gmail.com](mailto:SwimBAMFest@gmail.com)

**MEET REFEREE:** Julee Longridge – [juleelongridge@comcast.net](mailto:juleelongridge@comcast.net)

**COURSE DESCRIPTION:** Ray Williams Pool: 25 yard, 6 lanes – starting end 12.0 feet deep; turning end 3.5 feet deep. Temp 76-81°F. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

**CONTINUOUS WARM-UP:** Don Nakata Pool: 4 continuous lanes in the 25-yard recreation pool during warm-up and competition.

**TIMING SYSTEM:** The primary timing system will be automatic timing. Times from this competition will be eligible for USMS records and Top 10 consideration, but not for world records.

**RULES:** Current USMS rules will govern the meet. At the meet referee's discretion, breaks may be adjusted or eliminated, and events may be combined by distance and/or stroke.

**ELIGIBILITY:** All participants must be age 18 or older and be currently registered members of U.S. Masters Swimming or another World Aquatics federation. Swimmers turning 18 during the meet may swim on the days they are 18. Foreign registered swimmers must provide proof of current membership in their country's Masters Swimming governing body.

**AGE DETERMINATION DATE:** October 12, 2025

**AGE GROUPS FOR INDIVIDUAL EVENTS:** 18-24, 25-29, ... in 5-yr increments as high as needed

**AGE GROUPS FOR RELAYS:** Relay age group is determined by the age of youngest relay member: 18+, 25+, 35+, 45+, and up in 10-year increments as high as needed.

**ENTRY PROCEDURE:**

- **Online Entry URL:** [22nd Annual BAMFest \(10/12/2025\)](https://www.bainbridgeislandwa.gov/8521MadisonAveBainbridgeIslandWA98110)
- **Entry Deadline:** Entries must be submitted online by 11:59 PM (Pacific) Sunday, October 5, 2025.
- **Relay Cards** must be submitted to the clerk of course by 9:20 AM for Events #1, 2, and 3 (may be swum combined) and by end of Event #7 for Events #13, 14, and 15 (may be swum combined). Mixed relays require two men and two women.
- **Entry Limits:** Swimmers may enter up to a maximum of 6 individual events and 4 relays. Entries are limited to 160 swimmers. Entries for the 500 Free are limited to 24 swimmers.
- **Entry Fees:** \$16 surcharge PLUS \$4 per individual event. No charge for relays, but relay-only swimmers must enter online by the entry deadline. PNA swimmers who need financial assistance for entry fees may request same from the [PNA Wiggin Fund](#).
- **Entry time** required for all events. Estimates are OK.
- **Deck Entries:** No race day deck entries accepted.

**ORDER OF EVENTS:**

1	Mixed (2 Women/ 2 Men) 200 Free Relay (due by 9:20 AM)	10	Mixed 100 Free
2	Women's 200 Medley Relay (due by 9:20 AM)	11	Mixed 500 Free (check-in by 10:00 AM)
3	Men's 200 Medley Relay (due by 9:20 AM)	12	Mixed 100 IM
4	Mixed 200 Free	--- 10 minute BREAK ---	
5	Mixed 50 Back	13	Mixed (2 Women/ 2 Men) 200 Medley Relay (due by end of Event 7)
6	Mixed 200 IM	14	Women's 200 Free Relay (due by end of Event 7)
7	Mixed 50 Free	15	Men's 200 Free Relay (due by end of Event 7)
--- 15 minute BREAK ---		16	Mixed 100 Back
8	Mixed 100 Fly	17	Mixed 50 Fly
9	Mixed 50 Breast	18	Mixed 100 Breast

**SEEDING:** All events slow to fast, age groups and genders mixed. Pre-seeding except for 500 Free and relays.

**POSITIVE CHECK-IN:** Positive check-in required for Event 11, the 500 Free by 10:00 AM. Swimmers missing the check-in deadline may be scratched from the event.

**500 FREE:** Swimmers in the 500 Free must provide their own COUNTER if desired. Timers and counting device will be provided.

**AWARDS:** Ribbons will be awarded for 1st, 2nd, and 3rd place in each age group and gender.

**CONCESSIONS:** Available at no charge. Donations welcome.

**DIRECTIONS:**

- Heading south on SR 305 from Agate Pass Bridge, turn right at the third traffic light onto Madison Ave. The Aquatic Center is approximately one-half mile, on the right.
- Heading north on SR 305 from the ferry terminal, turn left at the fourth traffic light (approximately 1.5 miles) onto Madison Ave. The Aquatic Center is approximately one-half mile, on the right.

**FERRY SCHEDULE:** Find the ferry schedule and status on the [WA State DOT Ferries website](#).