



2026 PNA CHAMPIONSHIP

Saturday, April 11th and Sunday, April 12th

Sanctioned by Pacific Northwest Association of Masters Swimming

For United States Masters Swimming, Sanction # 366-S004

Weyerhaeuser King County Aquatic Center

Federal Way, Washington

Meet Personnel

| | | |
|---------------|-------------|--------------|
| Meet Director | Wendy Neely | 206-793-9391 |
| Meet Referee | Rick Cox | |

Officials – Special thanks to the Officials from Pacific Northwest Swimming

Meet Support

| | | | |
|--------------|---------------|----------------|------------------------|
| Registrar | Angela Turley | Timers | Decator HS Sports Team |
| Hospitality | Kim Mellick | T-Shirt Design | Mary Ann White |
| Meet Program | Angela Turley | | |

Order of Events

| Saturday, April 11 th | | Sunday, April 12 th | |
|----------------------------------|--------------------------|--------------------------------|------------------------|
| 1 | 500 Free* | 13 | 1000 Free* |
| 2 | 50 Back | 14 | 100 Breast |
| 3 | 200 Fly | 15 | 50 Fly |
| 4 | 100 Free | 16 | 200 Free |
| 5 | 100 Back | 17 | 200 IM |
| | Break ** | | Break ** |
| 6 | 50 Free | 18 | 50 Breast |
| 7 | 200 Breast | 19 | 200 Back |
| 8 | 100 IM | 20 | 100 Fly |
| 9 | Women's 200 Medley Relay | 21 | Women's 200 Free Relay |
| 10 | Men's 200 Medley Relay | 22 | Men's 200 Free Relay |
| 11 | Mixed 200 Free Relay | 23 | Mixed 200 Medley Relay |
| 12 | 1650 Free * | 24 | 400 IM |
| | | | PNA Social Event |

Schedule: Saturday and Sunday

- Warm-up 9:00 – 9:50 AM
- Meet starts at 10:00 AM

Check-In Deadlines: Swimmers who do not check in by the deadline may be scratched:

- 500 Free by 9:30 AM Saturday
- 1000 Free by 9:30 AM Sunday
- 1650 by the end of event #6

Relay form Deadlines: Noon each Day

- Saturday - #9, 10, 11
- Sunday - #21, 22 & 23

SEEDING: Two courses will be used for the 500, 1000 and 1650 Free, depending on entries the 400 IM may be swum in two courses. A single course will be used for all other events. All events are seeded slow to fast. Pre-seeding except for the asterisked events.

* Positive Check-In Required

** Break – will be at least 5 minutes, could be longer depending on the meet timeline

| PNA Teams (Scores Team Points In PNA Champs) | | | Non- PNA Teams |
|--|-----------------------------|-------------------------------|-------------------------------|
| Large Teams | Small Teams | | |
| Bainbridge Aquatic Masters | 425 Masters | Olympia Masters Swimming | Golden Road Aquatics |
| Blue Wave Aquatics | Bellevue Club | Raise The Bar | Long Beach Grunions |
| Cascade Masters | Bernardo's All-Stars | Snoco YMCA Barracudas | Oregon Masters |
| Team Walker Int'l Masters | Greenlake Aquaducks | Snohomish Aquatic Masters | University of Washington Swim |
| | Husky Masters | Thunderbird Aquatic Club | Velocity Swimming |
| | | Tom Taylor Family YMCA | |
| Lake Washington Masters | Mercer Island Redwoods | Western Washington University | |
| Orca Swim Team | Middle Aged Marlin Swimmers | | |
| Puget Sound Masters | North End Otters | | |



Swimming Saves Lives Foundations' purpose is to advocate and raise awareness, and to serve as a resource for programs providing adult learn-to-swim lessons. We solicit charitable contributions and provide grants to SSLF program providers.

Our hope is that once an adult learns to swim or improves their swimming skills, they will have the confidence and desire to continue swimming in a Masters Swimming program and experience the lifelong benefits of swimming.

GENERAL MEET INFORMATION:

SAFETY RULES: No hand paddles, fins, or kickboards in warm-up and diving in designated sprint lanes only.

RELAYS – MOVE AWAY FROM THE WALL: To avoid touching the touchpads, please move towards the flags if you are staying in the water after your relay leg.

INTERMEDIATE SPLIT TIMES: USMS Split Notification Forms will be available at the meet for swimmers who would like one or more intermediate split times.

Northwest Zone Championship Meet

The Northwest Zone includes Alaska, Idaho, Montana, Oregon, Utah and Washington. The LMSCs that are included in the Northwest Zone are:

| | | |
|-------------------|----------|---------------|
| Alaska | 4 clubs | 268 members |
| Inland Northwest | 12 clubs | 476 members |
| Montana | 2 clubs | 210 members |
| Snake River | 3 clubs | 138 members |
| Oregon | 5 clubs | 1,336 members |
| Pacific Northwest | 15 clubs | 2,040 members |
| Utah | 16 clubs | 437 members |

Let's welcome our Zone swimmers!

SPECIAL EVENT: Sunday, April 12th
SOCIAL, MEMBERSHIP MEETING, MEAL AND AWARD PRESENTATION

Enjoy a meal and celebrate the recipients of PNA's Coach of the Year and Dawn Musselman Inspirational Swimmer awards. The event will take place in the KCAC banquet hall at the conclusion of Sunday's last event. A short PNA membership meeting will take place before the award presentation.

Reservations are required. The \$10 fee includes snacks, drinks, pizza, salad and dessert. Children 12 & under are free. If you would like to attend please contact Sally Dillon at salswmr@comcast.net to reserve a spot and pay at the door.



MOUNT SAINT HELENS CLASSIC

6 TO 9 SEPTEMBER 2026

4 STAGES - 37+ MILES -

Meet Timeline

| # | Event | Entries | Heats | Starts At |
|--|--------------------------|---------|-------|----------------|
| Saturday, April 11th | | | | |
| 1 | 500 Free * | 50 | 7 | 10:00 am |
| 2 | 50 Back | 46 | 6 | 10:35 am |
| 3 | 200 Fly | 9 | 2 | 10:46 am |
| 4 | 100 Free | 96 | 12 | 10:55 am |
| 5 | 100 Back | 43 | 6 | 11:19 am |
| | Break ** | | | |
| 6 | 50 Free | 93 | 12 | 11:44 am |
| 7 | 200 Breast | 30 | 4 | 12:00 pm |
| 8 | 100 IM | 89 | 12 | 12:17 pm |
| | Break ** | | | |
| 9 | Women's 200 Medley Relay | | | 12:50 pm |
| 10 | Men's 200 Medley Relay | | | 1:00 pm |
| 11 | Mixed 200 Free Relay | | | 1:10 pm |
| 12 | 1650 Free* | 20 | 3 | 1:25 pm |
| | Conclusion | | | 2:23 pm |
| Sunday, April 12th | | | | |
| # | Event | Entries | Heats | Starts At |
| 13 | 1000 Free* | 24 | 3 | 10:00 am |
| 14 | 100 Breast | 52 | 7 | 10:35 am |
| 15 | 50 Fly | 52 | 7 | 10:52 am |
| 16 | 200 Free | 47 | 6 | 11:02 am |
| 17 | 200 IM | 34 | 5 | 11:23 am |
| | Break ** | | | |
| 18 | 50 Breast | 67 | 9 | 11:53 am |
| 19 | 200 Back | 33 | 5 | 12:06 pm |
| 20 | 100 Fly | 30 | 4 | 12:29 pm |
| | Break ** | | | |
| 21 | Women's 200 Free Relay | | | 12:42 pm |
| 22 | Men's 200 Free Relay | | | 12:52 pm |
| 23 | Mixed 200 Medley Relay | | | 1:03 pm |
| 24 | 400 IM | 17 | 3 | 1:17 pm |
| | Conclusion | | | 1:39 pm |

* Positive check-in

** Break – will be at least 5 minutes and could be longer depending on the meet timeline



September 19, 2026
Lake Meridian, Kent WA
 7:30 AM Sign-In / 9:00 AM Start

2026 PNA and Northwest Zone Championship - 4/11/2026 to 4/12/2026

Hosted by Blue Wave Aquatics, Sanction #: 366-S004

Meet Program**Event 1 Mixed 500 Yard Freestyle**

| | Name | Age | Team | Seed Time |
|----|---------------------|-----|---------------------|-----------|
| 1 | Cuthbert, David | M52 | Bainbridge Aquat-36 | 4:00.00 |
| 2 | Shabb, Conrad | M32 | UC36 | 5:10.00 |
| 3 | Nelson, Kirk | M55 | Puget Sound Mast-36 | 5:18.42 |
| 4 | Dang, Vincent | M24 | Puget Sound Mast-36 | 5:20.00 |
| 5 | Conrad, Taylor | M25 | UC36 | 5:20.00 |
| 6 | Bennett, John | M46 | Cascade Masters-36 | 5:23.29 |
| 7 | Thompson, Scott | M43 | Lake Washington-36 | 5:25.00 |
| 8 | Quade, Katie | W22 | Lake Washington-36 | 5:32.16 |
| 9 | Hathaway, David | M65 | Oregon Masters-37 | 5:37.00 |
| 10 | Burt, Aj | M33 | Blue Wave Aquati-36 | 5:37.38 |
| 11 | Jones, Zachary | M45 | Blue Wave Aquati-36 | 5:37.38 |
| 12 | Klau, Ari | M29 | Cascade Masters-36 | 5:40.00 |
| 13 | Smith, Daniel | M63 | Blue Wave Aquati-36 | 5:46.46 |
| 14 | Scott, Michael | M39 | Lake Washington-36 | 5:56.08 |
| 15 | Schwartz, Steven | M62 | Team Walker Inte-36 | 6:04.47 |
| 16 | Tujo, Christian | M54 | Oregon Masters-37 | 6:05.00 |
| 17 | Kirkland, Dan | M77 | Oregon Masters-37 | 6:07.01 |
| 18 | Wahlstrom, Colleen | W49 | Team Walker Inte-36 | 6:10.00 |
| 19 | Buchmann, Rose | W30 | UC36 | 6:15.00 |
| 20 | Brunjes, Molly | W45 | Cascade Masters-36 | 6:16.77 |
| 21 | Quintana, Valentina | W25 | Orca Swim Team-36 | 6:21.17 |
| 22 | Wilwerding, Geoff | M64 | Greenlake Aquadu-36 | 6:22.00 |
| 23 | Allison, Trenton | M26 | Lake Washington-36 | 6:25.00 |
| 24 | Yanasak, Adam | M51 | UC36 | 6:30.00 |
| 25 | Furtado, Krys | W46 | Blue Wave Aquati-36 | 6:37.72 |
| 26 | Durban, Eric | M70 | Blue Wave Aquati-36 | 6:40.00 |
| 27 | Kammert, Katie | W34 | Olympia Masters-36 | 6:40.00 |
| 28 | McAllister, Mark | M63 | Oregon Masters-37 | 6:40.00 |
| 29 | Cary, Dale | M68 | Puget Sound Mast-36 | 6:40.00 |
| 30 | Stevens, Rod | M68 | Bainbridge Aquat-36 | 6:45.00 |
| 31 | Panzer, Timothy | M61 | Bernardo's All-S-36 | 6:45.00 |
| 32 | Rees, Amelia | W23 | Cascade Masters-36 | 6:50.44 |
| 33 | Castillo, Emily | W47 | Team Walker Inte-36 | 7:00.00 |
| 34 | Krystad, Maggie | W28 | Orca Swim Team-36 | 7:02.49 |
| 35 | Ghilarducci, Emily | W63 | Bernardo's All-S-36 | 7:30.00 |
| 36 | Silver, Bailey | W37 | Blue Wave Aquati-36 | 7:30.00 |
| 37 | Rasmussen, Karen | W51 | Blue Wave Aquati-36 | 7:31.33 |
| 38 | Moerdyk, Kristen | W32 | Blue Wave Aquati-36 | 7:32.02 |
| 39 | Underbrink, Dan | M69 | Team Walker Inte-36 | 7:37.93 |
| 40 | DeCarlow, Cara | W41 | Cascade Masters-36 | 8:00.00 |
| 41 | Norris, James | M78 | Puget Sound Mast-36 | 8:00.00 |
| 42 | Tinius, Jeffrey | M80 | UC36 | 8:10.00 |
| 43 | Goetz, Theresa | W63 | North End Otters-36 | 8:21.47 |
| 44 | Farin, Lisa | W68 | North End Otters-36 | 8:30.00 |
| 45 | MacMillan, Lindy | W43 | Bainbridge Aquat-36 | 8:45.30 |
| 46 | Ness, Kerry | M56 | Team Walker Inte-36 | 9:00.00 |
| 47 | Hunt, Andrea | W78 | Bainbridge Aquat-36 | 9:30.00 |
| 48 | Tran, Jennifer | W30 | Orca Swim Team-36 | 9:59.05 |
| 49 | Bailey, Hop | M78 | UC36 | 12:00.00 |
| 50 | Kimball, Hugh | M79 | North End Otters-36 | 19:45.00 |

Event 2 Mixed 50 Yard Backstroke

| | Lane | Name | Age | Team | Seed Time |
|---------------------------|------|--------------------|-----|---------------------|-----------|
| Heat 1 of 6 Finals | | | | | |
| 2 | | McDaniel, Kathy | W74 | Team Walker Inte-36 | 52.01 |
| 3 | | Anderson, Graham | M74 | Team Walker Inte-36 | 48.98 |
| 4 | | Ward, Joy | W83 | Oregon Masters-37 | 45.00 |
| 5 | | Ness, Kerry | M56 | Team Walker Inte-36 | 46.00 |
| 6 | | Davies, Catherine | W51 | Bainbridge Aquat-36 | 49.00 |
| 7 | | Hile, Larry | M76 | Bainbridge Aquat-36 | 1:15.53 |
| Heat 2 of 6 Finals | | | | | |
| 1 | | Voegtlen, Barney | M77 | Bainbridge Aquat-36 | 41.00 |
| 2 | | Rody, Sean | M59 | Cascade Masters-36 | 40.00 |
| 3 | | Kennedy, Erin | W36 | Orca Swim Team-36 | 39.46 |
| 4 | | Abbey, Molly | W51 | Cascade Masters-36 | 39.00 |
| 5 | | Cyger, Erin | W54 | Bainbridge Aquat-36 | 39.43 |
| 6 | | Timpe, Audrey | W38 | Blue Wave Aquati-36 | 40.00 |
| 7 | | Afkhami, Khody | M44 | Blue Wave Aquati-36 | 40.00 |
| 8 | | Goetz, Theresa | W63 | North End Otters-36 | 43.24 |
| Heat 3 of 6 Finals | | | | | |
| 1 | | Fogg, Stephen | M77 | Team Walker Inte-36 | 38.02 |
| 2 | | Piette, Jeffrey | M70 | Oregon Masters-37 | 35.39 |
| 3 | | Upsall, Benjamin | M46 | Bainbridge Aquat-36 | 35.00 |
| 4 | | Cheadle, Melissa | W36 | Bainbridge Aquat-36 | 34.66 |
| 5 | | Hartney, Maureen | W39 | Lake Washington-36 | 35.00 |
| 6 | | Reising, Macel | W29 | Olympia Masters-36 | 35.00 |
| 7 | | Scott, David | M59 | Team Walker Inte-36 | 36.00 |
| 8 | | Stonecipher, Tari | W61 | Velocity Swimmin-35 | 38.26 |
| Heat 4 of 6 Finals | | | | | |
| 1 | | Rees, Amelia | W23 | Cascade Masters-36 | 33.52 |
| 2 | | Brunjes, Molly | W45 | Cascade Masters-36 | 33.19 |
| 3 | | Johnsen, Nathaniel | M45 | Blue Wave Aquati-36 | 33.01 |
| 4 | | Bradley, Blaire | W41 | Blue Wave Aquati-36 | 32.59 |
| 5 | | Porter, Michael | M59 | Lake Washington-36 | 32.82 |
| 6 | | Jennings, Lindsey | W44 | Cascade Masters-36 | 33.03 |
| 7 | | Cermak, Gerald | M62 | Puget Sound Mast-36 | 33.50 |
| 8 | | Stenfjord, Tani | W60 | North End Otters-36 | 34.60 |
| Heat 5 of 6 Finals | | | | | |
| 1 | | Gemperline, Quinn | M34 | Husky Masters-36 | 32.00 |
| 2 | | Motley, Caitlin | W38 | Cascade Masters-36 | 30.74 |
| 3 | | Alsberg, Maoz | M57 | Team Walker Inte-36 | 29.55 |
| 4 | | Motley, Abigail | W35 | Cascade Masters-36 | 29.10 |
| 5 | | Yang, Jacob | M25 | Cascade Masters-36 | 29.34 |
| 6 | | Haynie, Carl | M65 | Team Walker Inte-36 | 29.85 |
| 7 | | Lindberg, Denise | W43 | Lake Washington-36 | 31.06 |
| 8 | | Kirchhofer, Karl | M61 | Bainbridge Aquat-36 | 32.43 |
| Heat 6 of 6 Finals | | | | | |
| 1 | | Shelly, Joseph | M28 | Team Walker Inte-36 | 28.84 |
| 2 | | Wardian, Ed | M60 | Puget Sound Mast-36 | 28.30 |
| 3 | | Ross, Michael | M57 | Bellevue Club-36 | 27.00 |
| 4 | | Mendez, Tomas | M34 | Blue Wave Aquati-36 | 26.00 |
| 5 | | Linggi, Caleb | M24 | Puget Sound Mast-36 | 26.01 |
| 6 | | Sprinkle, Baden | M38 | Blue Wave Aquati-36 | 28.00 |
| 7 | | Sullivan, Scot | M59 | Oregon Masters-37 | 28.43 |
| 8 | | Taylor, Trip | M44 | Orca Swim Team-36 | 29.06 |

2026 PNA and Northwest Zone Championship - 4/11/2026 to 4/12/2026

Hosted by Blue Wave Aquatics, Sanction #: 366-S004

Meet Program**Event 3 Mixed 200 Yard Butterfly**

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 2 Finals

| | | | | |
|---|-----------------|-----|---------------------|---------|
| 3 | Bailey, Ann | W70 | Puget Sound Mast-36 | 4:30.00 |
| 4 | Howell, Richard | M66 | Oregon Masters-37 | 2:50.00 |
| 5 | Bush, Gabe | M48 | Blue Wave Aquati-36 | 3:00.00 |

Heat 2 of 2 Finals

| | | | | |
|---|-----------------|-----|---------------------|---------|
| 2 | Roth, Matthew | M59 | Oregon Masters-37 | 2:30.00 |
| 3 | Rector, Joel | M43 | Blue Wave Aquati-36 | 2:15.00 |
| 4 | Harris, Nate | M24 | Puget Sound Mast-36 | 2:02.01 |
| 5 | Petersen, Erik | M37 | Orca Swim Team-36 | 2:11.71 |
| 6 | Winter, Doug | M57 | Puget Sound Mast-36 | 2:29.00 |
| 7 | Reese, Rhiannon | W27 | Long Beach Gruni-33 | 2:35.37 |

Event 4 Mixed 100 Yard Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 12 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Kimball, Hugh | M79 | North End Otters-36 | 1:50.00 |
| 2 | McDaniel, Kathy | W74 | Team Walker Inte-36 | 1:35.63 |
| 3 | Ness, Kerry | M56 | Team Walker Inte-36 | 1:33.00 |
| 4 | Thompson, Kelly | W56 | Bainbridge Aquat-36 | 1:30.00 |
| 5 | Condotta, Robert | M62 | Blue Wave Aquati-36 | 1:30.00 |
| 6 | Raisler, Anne | W55 | Bainbridge Aquat-36 | 1:35.00 |
| 7 | Davies, Amanda | W48 | Bainbridge Aquat-36 | 1:49.00 |
| 8 | Bailey, Hop | M78 | UC36 | 2:00.00 |

Heat 2 of 12 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Summers, Jeanna | W72 | Oregon Masters-37 | 1:26.50 |
| 2 | DeCarlow, Cara | W41 | Cascade Masters-36 | 1:25.00 |
| 3 | Tinius, Jeffrey | M80 | UC36 | 1:19.11 |
| 4 | Covey, Sandy | W63 | Blue Wave Aquati-36 | 1:15.00 |
| 5 | MacMillan, Lindy | W43 | Bainbridge Aquat-36 | 1:15.89 |
| 6 | Timpe, Audrey | W38 | Blue Wave Aquati-36 | 1:20.00 |
| 7 | Norris, James | M78 | Puget Sound Mast-36 | 1:25.00 |
| 8 | Arnett, Mimi | W70 | Olympia Masters-36 | 1:30.00 |

Heat 3 of 12 Finals

| | | | | |
|---|---------------------|-----|---------------------|---------|
| 1 | Abbey, Molly | W51 | Cascade Masters-36 | 1:15.00 |
| 2 | Peterson, Steve | M79 | Bernardo's All-S-36 | 1:14.70 |
| 3 | Olivares, Miguel | M54 | Orca Swim Team-36 | 1:11.94 |
| 4 | Quintana, Valentina | W25 | Orca Swim Team-36 | 1:10.81 |
| 5 | Morrison, Jeffrey | M71 | Thunderbird Aqua-36 | 1:11.30 |
| 6 | Castillo, Emily | W47 | Team Walker Inte-36 | 1:12.00 |
| 7 | Voegtlen, Barney | M77 | Bainbridge Aquat-36 | 1:15.00 |
| 8 | Rody, Sean | M59 | Cascade Masters-36 | 1:15.00 |

Heat 4 of 12 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Silver, Bailey | W37 | Blue Wave Aquati-36 | 1:10.00 |
| 2 | Afkhami, Khody | M44 | Blue Wave Aquati-36 | 1:10.00 |
| 3 | Troupe, Curtis | M69 | Team Walker Inte-36 | 1:09.76 |
| 4 | Dailey, Jennifer | W54 | Cascade Masters-36 | 1:06.50 |
| 5 | Tri, Brittany | W36 | Snoco YMCA Barra-36 | 1:06.80 |
| 6 | Cary, Dale | M68 | Puget Sound Mast-36 | 1:10.00 |
| 7 | Gevers, Willy | M66 | Lake Washington-36 | 1:10.00 |
| 8 | Falkner, Keri | W56 | Team Walker Inte-36 | 1:10.40 |

Heat 5 of 12 Finals

| | | | | |
|---|-------------------|-----|---------------------|---------|
| 1 | Kammert, Katie | W34 | Olympia Masters-36 | 1:05.00 |
| 2 | Reising, Macel | W29 | Olympia Masters-36 | 1:05.00 |
| 3 | Cheadle, Melissa | W36 | Bainbridge Aquat-36 | 1:04.56 |
| 4 | Gallardo, Donatto | M35 | Blue Wave Aquati-36 | 1:03.65 |
| 5 | Hass, Katie | W46 | North End Otters-36 | 1:04.00 |
| 6 | Upsall, Benjamin | M46 | Bainbridge Aquat-36 | 1:05.00 |
| 7 | Webber, Paul | M67 | Bainbridge Aquat-36 | 1:05.00 |
| 8 | Furtado, Krys | W46 | Blue Wave Aquati-36 | 1:05.86 |

Heat 6 of 12 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Castle, Matt | M54 | Thunderbird Aqua-36 | 1:03.00 |
| 2 | Reese, Rhiannon | W27 | Long Beach Gruni-33 | 1:02.29 |
| 3 | Cziesla, Marcus | M60 | Bainbridge Aquat-36 | 1:02.00 |
| 4 | Weiss, Karl | M65 | Mercer Island Re-36 | 1:00.99 |
| 5 | Cermak, Gerald | M62 | Puget Sound Mast-36 | 1:01.55 |
| 6 | Ryden, Eric | M45 | Orca Swim Team-36 | 1:02.13 |
| 7 | Chang, Laura | W43 | Blue Wave Aquati-36 | 1:02.35 |
| 8 | Kirchhofer, Karl | M61 | Bainbridge Aquat-36 | 1:03.00 |

Heat 7 of 12 Finals

| | | | | |
|---|-----------------|-----|---------------------|---------|
| 1 | Millican, Jacob | M48 | Thunderbird Aqua-36 | 1:00.86 |
| 2 | Smith, Daniel | M63 | Blue Wave Aquati-36 | 1:00.40 |
| 3 | Stephens, Cliff | M71 | Oregon Masters-37 | 1:00.03 |
| 4 | Asch, Jill | W59 | Oregon Masters-37 | 1:00.00 |
| 5 | Klau, Ari | M29 | Cascade Masters-36 | 1:00.00 |
| 6 | Scott, John | M56 | Mercer Island Re-36 | 1:00.06 |
| 7 | Lam, Edmund | M29 | Orca Swim Team-36 | 1:00.53 |
| 8 | Yalung, Patrick | M67 | Bainbridge Aquat-36 | 1:00.92 |

Heat 8 of 12 Finals

| | | | | |
|---|--------------------|-----|---------------------|---------|
| 1 | Espineli, Arik | M29 | Cascade Masters-36 | 1:00.00 |
| 2 | Deines, Jacob | M34 | Olympia Masters-36 | 1:00.00 |
| 3 | Geiger, Kyle | M68 | 425 Masters-36 | 59.55 |
| 4 | Wahlstrom, Colleen | W49 | Team Walker Inte-36 | 59.27 |
| 5 | Bradley, Blaire | W41 | Blue Wave Aquati-36 | 59.50 |
| 6 | McAllister, Mark | M63 | Oregon Masters-37 | 1:00.00 |
| 7 | Tujo, Christian | M54 | Oregon Masters-37 | 1:00.00 |
| 8 | Gemperline, Quinn | M34 | Husky Masters-36 | 1:00.00 |

Heat 9 of 12 Finals

| | | | | |
|---|--------------------|-----|---------------------|-------|
| 1 | Schwartz, Steven | M62 | Team Walker Inte-36 | 59.15 |
| 2 | Loudon, Rich | M65 | UC36 | 58.00 |
| 3 | Quade, Katie | W22 | Lake Washington-36 | 57.43 |
| 4 | Nouwens, Dominic | M26 | UC36 | 55.67 |
| 5 | Alsberg, Maoz | M57 | Team Walker Inte-36 | 56.50 |
| 6 | Colella, Rick | M74 | Lake Washington-36 | 57.90 |
| 7 | Sutherland, Ashley | W29 | Raise the Bar-36 | 58.00 |
| 8 | Scott, Michael | M39 | Lake Washington-36 | 59.21 |

Heat 10 of 12 Finals

| | | | | |
|---|-----------------|-----|---------------------|-------|
| 1 | Ni, Jake | M32 | Blue Wave Aquati-36 | 55.34 |
| 2 | Farrell, Andrew | M47 | Puget Sound Mast-36 | 55.00 |
| 3 | Nelson, Kirk | M55 | Puget Sound Mast-36 | 54.66 |
| 4 | Jones, Zachary | M45 | Blue Wave Aquati-36 | 54.49 |
| 5 | Wardian, Ed | M60 | Puget Sound Mast-36 | 54.50 |
| 6 | Hao, Yawei | M35 | Mercer Island Re-36 | 55.00 |
| 7 | Dang, Vincent | M24 | Puget Sound Mast-36 | 55.00 |
| 8 | Alex, Casey | M53 | Puget Sound Mast-36 | 55.50 |

2026 PNA and Northwest Zone Championship - 4/11/2026 to 4/12/2026

Hosted by Blue Wave Aquatics, Sanction #: 366-S004

Meet Program**Heat 11 Finals (#4 Mixed 100 Yard Freestyle)**

| | | | | |
|---|-----------------|-----|---------------------|-------|
| 1 | Torrey, Adam | M39 | Snoco YMCA Barra-36 | 54.19 |
| 2 | Shabb, Conrad | M32 | UC36 | 54.00 |
| 3 | Sprinkle, Baden | M38 | Blue Wave Aquati-36 | 52.50 |
| 4 | Ross, Michael | M57 | Bellevue Club-36 | 52.00 |
| 5 | Krol, Adam | M25 | Cascade Masters-36 | 52.17 |
| 6 | Bennett, John | M46 | Cascade Masters-36 | 53.70 |
| 7 | Edwards, Evan | M28 | Oregon Masters-37 | 54.07 |
| 8 | Swaney, Connor | M25 | UC36 | 54.44 |

Heat 12 of 12 Finals

| | | | | |
|---|-----------------|-----|---------------------|-------|
| 1 | Yun, Zuriahn | M21 | UC36 | 51.00 |
| 2 | Dudley, Jackson | M24 | UC36 | 50.00 |
| 3 | Grote, Kurt | M52 | Oregon Masters-37 | 49.60 |
| 4 | Cook, Jonathan | M26 | Puget Sound Mast-36 | 48.50 |
| 5 | Linggi, Caleb | M24 | Puget Sound Mast-36 | 49.41 |
| 6 | Mehta, Sivan | M31 | Lake Washington-36 | 50.00 |
| 7 | Perry, Maxwell | M47 | Cascade Masters-36 | 50.79 |
| 8 | Thompson, Scott | M43 | Lake Washington-36 | 52.00 |

Event 5 Mixed 100 Yard Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 3 | Jones, Ronald | M85 | Tom Taylor Famil-36 | 1:58.00 |
| 4 | Anderson, Graham | M74 | Team Walker Inte-36 | 1:48.86 |
| 5 | Hunt, Andrea | W78 | Bainbridge Aquat-36 | 1:55.67 |

Heat 2 of 6 Finals

| | | | | |
|---|-------------------|-----|---------------------|---------|
| 1 | Ward, Joy | W83 | Oregon Masters-37 | 1:37.62 |
| 2 | Davies, Catherine | W51 | Bainbridge Aquat-36 | 1:33.19 |
| 3 | Silver, Bailey | W37 | Blue Wave Aquati-36 | 1:30.00 |
| 4 | Cyger, Erin | W54 | Bainbridge Aquat-36 | 1:25.18 |
| 5 | Hoffman, Wendy | W63 | Team Walker Inte-36 | 1:27.00 |
| 6 | Goetz, Theresa | W63 | North End Otters-36 | 1:30.70 |
| 7 | Yanasak, Adam | M51 | UC36 | 1:35.00 |
| 8 | Underbrink, Dan | M69 | Team Walker Inte-36 | 1:40.27 |

Heat 3 of 6 Finals

| | | | | |
|---|-------------------|-----|---------------------|---------|
| 1 | Kennedy, Erin | W36 | Orca Swim Team-36 | 1:25.00 |
| 2 | Fogg, Stephen | M77 | Team Walker Inte-36 | 1:23.97 |
| 3 | Stonecipher, Tari | W61 | Velocity Swimmin-35 | 1:21.26 |
| 4 | Tomtan, Brenda | W52 | North End Otters-36 | 1:20.50 |
| 5 | Scott, David | M59 | Team Walker Inte-36 | 1:21.00 |
| 6 | Abbey, Molly | W51 | Cascade Masters-36 | 1:21.78 |
| 7 | Rody, Sean | M59 | Cascade Masters-36 | 1:25.00 |
| 8 | Timpe, Audrey | W38 | Blue Wave Aquati-36 | 1:25.00 |

Heat 4 of 6 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Krystad, Maggie | W28 | Orca Swim Team-36 | 1:17.55 |
| 2 | Reising, Macel | W29 | Olympia Masters-36 | 1:15.00 |
| 3 | Kirchhofer, Karl | M61 | Bainbridge Aquat-36 | 1:13.00 |
| 4 | Buchmann, Rose | W30 | UC36 | 1:12.00 |
| 5 | Kirkland, Dan | M77 | Oregon Masters-37 | 1:12.94 |
| 6 | Hartney, Maureen | W39 | Lake Washington-36 | 1:15.00 |
| 7 | Allison, Trenton | M26 | Lake Washington-36 | 1:17.00 |
| 8 | Bell, Chris | M69 | Puget Sound Mast-36 | 1:20.00 |

Heat 5 of 6 Finals

| | | | | |
|---|--------------------|-----|---------------------|---------|
| 1 | Tran, Bao-Vy | W23 | UC36 | 1:10.99 |
| 2 | Brunjes, Molly | W45 | Cascade Masters-36 | 1:10.13 |
| 3 | Porter, Michael | M59 | Lake Washington-36 | 1:09.88 |
| 4 | Roth, Matthew | M59 | Oregon Masters-37 | 1:07.00 |
| 5 | Johnsen, Nathaniel | M45 | Blue Wave Aquati-36 | 1:09.01 |
| 6 | Schutte, Tom | M56 | Puget Sound Mast-36 | 1:10.00 |
| 7 | Caldwell, Ian | M29 | Blue Wave Aquati-36 | 1:10.20 |
| 8 | Stenfjord, Tani | W60 | North End Otters-36 | 1:11.50 |

Heat 6 of 6 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Alsberg, Maoz | M57 | Team Walker Inte-36 | 1:06.55 |
| 2 | Edwards, Evan | M28 | Oregon Masters-37 | 1:04.48 |
| 3 | de Acosta, Diego | M51 | Puget Sound Mast-36 | 58.94 |
| 4 | Linggi, Caleb | M24 | Puget Sound Mast-36 | 56.11 |
| 5 | Hutchison, Tom | M30 | Bellevue Club-36 | 56.39 |
| 6 | Sullivan, Scot | M59 | Oregon Masters-37 | 1:00.50 |
| 7 | Shelly, Joseph | M28 | Team Walker Inte-36 | 1:04.49 |
| 8 | Hathaway, David | M65 | Oregon Masters-37 | 1:07.00 |

Event 6 Mixed 50 Yard Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 12 Finals

| | | | | |
|---|-------------------|-----|---------------------|-------|
| 2 | Davies, Catherine | W51 | Bainbridge Aquat-36 | 48.48 |
| 3 | Condotta, Robert | M62 | Blue Wave Aquati-36 | 44.00 |
| 4 | Ward, Joy | W83 | Oregon Masters-37 | 42.00 |
| 5 | McDaniel, Kathy | W74 | Team Walker Inte-36 | 42.78 |
| 6 | Tran, Jennifer | W30 | Orca Swim Team-36 | 45.73 |

Heat 2 of 12 Finals

| | | | | |
|---|------------------|-----|---------------------|-------|
| 1 | Raisler, Anne | W55 | Bainbridge Aquat-36 | 40.00 |
| 2 | Rody, Sean | M59 | Cascade Masters-36 | 35.00 |
| 3 | Kennedy, Erin | W36 | Orca Swim Team-36 | 34.01 |
| 4 | MacMillan, Lindy | W43 | Bainbridge Aquat-36 | 33.91 |
| 5 | Arnett, Mimi | W70 | Olympia Masters-36 | 34.00 |
| 6 | Covey, Sandy | W63 | Blue Wave Aquati-36 | 35.00 |
| 7 | Tinius, Jeffrey | M80 | UC36 | 35.58 |
| 8 | Ruf, Bonnie | W41 | Blue Wave Aquati-36 | 40.16 |

Heat 3 of 12 Finals

| | | | | |
|---|-------------------|-----|---------------------|-------|
| 1 | Morrison, Jeffrey | M71 | Thunderbird Aqua-36 | 32.30 |
| 2 | Kim, Nellis | W55 | Blue Wave Aquati-36 | 32.00 |
| 3 | Krystad, Maggie | W28 | Orca Swim Team-36 | 31.12 |
| 4 | Sasaki, Yasushi | M62 | UC36 | 31.00 |
| 5 | Troupe, Curtis | M69 | Team Walker Inte-36 | 31.03 |
| 6 | Yanasak, Adam | M51 | UC36 | 32.00 |
| 7 | Voegtlen, Barney | M77 | Bainbridge Aquat-36 | 32.30 |
| 8 | Abbey, Molly | W51 | Cascade Masters-36 | 32.37 |

Heat 4 of 12 Finals

| | | | | |
|---|---------------------|-----|---------------------|-------|
| 1 | Allison, Trenton | M26 | Lake Washington-36 | 30.00 |
| 2 | Chang, Laura | W43 | Blue Wave Aquati-36 | 29.99 |
| 3 | Tri, Brittany | W36 | Snoco YMCA Barra-36 | 29.50 |
| 4 | Hass, Katie | W46 | North End Otters-36 | 29.07 |
| 5 | Quintana, Valentina | W25 | Orca Swim Team-36 | 29.39 |
| 6 | Dailey, Jennifer | W54 | Cascade Masters-36 | 29.50 |
| 7 | Hartney, Maureen | W39 | Lake Washington-36 | 30.00 |
| 8 | Afkhami, Khody | M44 | Blue Wave Aquati-36 | 30.00 |

2026 PNA and Northwest Zone Championship - 4/11/2026 to 4/12/2026

Hosted by Blue Wave Aquatics, Sanction #: 366-S004

Meet Program**Heat 5 Finals (#6 Mixed 50 Yard Freestyle)**

| | | | | |
|---|-------------------|-----|---------------------|-------|
| 1 | Webber, Paul | M67 | Bainbridge Aquat-36 | 29.00 |
| 2 | Gevers, Willy | M66 | Lake Washington-36 | 28.00 |
| 3 | Loudon, Rich | M65 | UC36 | 28.00 |
| 4 | Gallardo, Donatto | M35 | Blue Wave Aquati-36 | 27.89 |
| 5 | Jennings, Lindsey | W44 | Cascade Masters-36 | 27.99 |
| 6 | Lam, Edmund | M29 | Orca Swim Team-36 | 28.00 |
| 7 | Tran, Bao-Vy | W23 | UC36 | 28.99 |
| 8 | Smith, Katy | W44 | Bernardo's All-S-36 | 29.00 |

Heat 6 of 12 Finals

| | | | | |
|---|-------------------|-----|---------------------|-------|
| 1 | Ryden, Eric | M45 | Orca Swim Team-36 | 27.75 |
| 2 | Geiger, Kyle | M68 | 425 Masters-36 | 27.67 |
| 3 | Kirchhofer, Karl | M61 | Bainbridge Aquat-36 | 27.42 |
| 4 | Schwartz, Steven | M62 | Team Walker Inte-36 | 27.31 |
| 5 | Cziesla, Marcus | M60 | Bainbridge Aquat-36 | 27.40 |
| 6 | Cermak, Gerald | M62 | Puget Sound Mast-36 | 27.53 |
| 7 | Gemperline, Quinn | M34 | Husky Masters-36 | 27.69 |
| 8 | Calvo, Morena | W38 | Puget Sound Mast-36 | 27.81 |

Heat 7 of 12 Finals

| | | | | |
|---|--------------------|-----|---------------------|-------|
| 1 | Stephens, Cliff | M71 | Oregon Masters-37 | 27.21 |
| 2 | Asch, Jill | W59 | Oregon Masters-37 | 27.00 |
| 3 | Sutherland, Ashley | W29 | Raise the Bar-36 | 27.00 |
| 4 | Motley, Caitlin | W38 | Cascade Masters-36 | 26.95 |
| 5 | Castle, Matt | M54 | Thunderbird Aqua-36 | 27.00 |
| 6 | Kammert, Katie | W34 | Olympia Masters-36 | 27.00 |
| 7 | Lindberg, Denise | W43 | Lake Washington-36 | 27.17 |
| 8 | Reese, Rhiannon | W27 | Long Beach Gruni-33 | 27.26 |

Heat 8 of 12 Finals

| | | | | |
|---|--------------------|-----|---------------------|-------|
| 1 | Espineli, Arik | M29 | Cascade Masters-36 | 26.61 |
| 2 | Millican, Jacob | M48 | Thunderbird Aqua-36 | 26.56 |
| 3 | Bradley, Blaire | W41 | Blue Wave Aquati-36 | 26.49 |
| 4 | Graber, Lee | M48 | Cascade Masters-36 | 26.22 |
| 5 | Motley, Abigail | W35 | Cascade Masters-36 | 26.25 |
| 6 | Weiss, Karl | M65 | Mercer Island Re-36 | 26.53 |
| 7 | Scott, Michael | M39 | Lake Washington-36 | 26.59 |
| 8 | Wahlstrom, Colleen | W49 | Team Walker Inte-36 | 26.92 |

Heat 9 of 12 Finals

| | | | | |
|---|-------------------|-----|---------------------|-------|
| 1 | Bollens, Stephen | M66 | Oregon Masters-37 | 26.00 |
| 2 | Farrell, Andrew | M47 | Puget Sound Mast-36 | 25.70 |
| 3 | Jones, Zachary | M45 | Blue Wave Aquati-36 | 25.06 |
| 4 | McCulloh, Brennan | M25 | UC36 | 25.00 |
| 5 | Edwards, Evan | M28 | Oregon Masters-37 | 25.03 |
| 6 | Alsberg, Maoz | M57 | Team Walker Inte-36 | 25.50 |
| 7 | Caldwell, Ian | M29 | Blue Wave Aquati-36 | 25.88 |
| 8 | Colella, Rick | M74 | Lake Washington-36 | 26.00 |

Heat 10 of 12 Finals

| | | | | |
|---|-------------------|-----|---------------------|-------|
| 1 | Shelly, Joseph | M28 | Team Walker Inte-36 | 24.57 |
| 2 | Paramonov, Dmitri | M47 | UC36 | 23.99 |
| 3 | Tran, Jason | M20 | Husky Masters-36 | 23.90 |
| 4 | Mendez, Tomas | M34 | Blue Wave Aquati-36 | 23.81 |
| 5 | Ni, Jake | M32 | Blue Wave Aquati-36 | 23.82 |
| 6 | Nouwens, Dominic | M26 | UC36 | 23.92 |
| 7 | Taylor, Trip | M44 | Orca Swim Team-36 | 24.51 |
| 8 | Dang, Vincent | M24 | Puget Sound Mast-36 | 24.88 |

Heat 11 of 12 Finals

| | | | | |
|---|----------------------------|-----|---------------------|-------|
| 1 | Krol, Adam | M25 | Cascade Masters-36 | 23.45 |
| 2 | Bennett, John | M46 | Cascade Masters-36 | 23.34 |
| 3 | Perry, Maxwell | M47 | Cascade Masters-36 | 23.22 |
| 4 | Hutchison, Tom | M30 | Bellevue Club-36 | 22.84 |
| 5 | Swaney, Connor | M25 | UC36 | 23.08 |
| 6 | Brown, Jonas | M21 | University of Wa-58 | 23.28 |
| 7 | Anzilago Tesser, Guilherme | M44 | Team Walker Inte-36 | 23.42 |
| 8 | Thompson, Scott | M43 | Lake Washington-36 | 23.60 |

Heat 12 of 12 Finals

| | | | | |
|---|---------------------|-----|---------------------|-------|
| 1 | Wong, Owen | M21 | University of Wa-58 | 22.75 |
| 2 | Dudley, Jackson | M24 | UC36 | 22.50 |
| 3 | Fitch, Brad | M31 | Cascade Masters-36 | 22.11 |
| 4 | Faskhutdinov, Almaz | M21 | Bellevue Club-36 | 20.75 |
| 5 | Cole, Matthew | M27 | Bernardo's All-S-36 | 20.99 |
| 6 | Yun, Zuriahn | M21 | UC36 | 22.29 |
| 7 | Costigan, Matthew | M31 | Golden Road Aqua-33 | 22.50 |
| 8 | Grote, Kurt | M52 | Oregon Masters-37 | 22.77 |

Event 7 Mixed 200 Yard Breaststroke

| <u>Lane</u> | <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> |
|-------------|-------------|------------|-------------|------------------|
|-------------|-------------|------------|-------------|------------------|

Heat 1 of 4 Finals

| | | | | |
|---|-----------------|-----|---------------------|---------|
| 2 | Jones, Ronald | M85 | Tom Taylor Famil-36 | 4:30.00 |
| 3 | Cyger, Erin | W54 | Bainbridge Aquat-36 | 3:36.01 |
| 4 | Underbrink, Dan | M69 | Team Walker Inte-36 | 3:20.15 |
| 5 | Ness, Kerry | M56 | Team Walker Inte-36 | 3:30.00 |
| 6 | Davies, Amanda | W48 | Bainbridge Aquat-36 | 4:15.00 |
| 7 | Hile, Larry | M76 | Bainbridge Aquat-36 | 4:45.00 |

Heat 2 of 4 Finals

| | | | | |
|---|--------------------|-----|---------------------|---------|
| 1 | Falkner, Keri | W56 | Team Walker Inte-36 | 3:18.00 |
| 2 | Olivares, Miguel | M54 | Orca Swim Team-36 | 3:15.76 |
| 3 | Cheadle, Melissa | W36 | Bainbridge Aquat-36 | 3:14.32 |
| 4 | Wiley, Elizabeth | W47 | UC36 | 3:02.00 |
| 5 | Hoffman, Wendy | W63 | Team Walker Inte-36 | 3:11.91 |
| 6 | Peterson, Steve | M79 | Bernardo's All-S-36 | 3:15.50 |
| 7 | Panzer, Timothy | M61 | Bernardo's All-S-36 | 3:16.00 |
| 8 | Ghilarducci, Emily | W63 | Bernardo's All-S-36 | 3:20.00 |

Heat 3 of 4 Finals

| | | | | |
|---|-------------------|-----|---------------------|---------|
| 1 | Stephens, Cliff | M71 | Oregon Masters-37 | 3:00.00 |
| 2 | Jennings, Lindsey | W44 | Cascade Masters-36 | 2:51.37 |
| 3 | Haynie, Carl | M65 | Team Walker Inte-36 | 2:50.00 |
| 4 | Schutte, Tom | M56 | Puget Sound Mast-36 | 2:45.00 |
| 5 | Banks, Jonathon | M42 | Team Walker Inte-36 | 2:48.57 |
| 6 | Tujo, Christian | M54 | Oregon Masters-37 | 2:50.55 |
| 7 | Winter, Doug | M57 | Puget Sound Mast-36 | 2:53.00 |
| 8 | Stevens, Rod | M68 | Bainbridge Aquat-36 | 3:00.00 |

Heat 4 of 4 Finals

| | | | | |
|---|-----------------|-----|---------------------|---------|
| 1 | Scott, David | M59 | Team Walker Inte-36 | 2:42.00 |
| 2 | Burt, Aj | M33 | Blue Wave Aquati-36 | 2:35.53 |
| 3 | Hao, Yawei | M35 | Mercer Island Re-36 | 2:30.00 |
| 4 | Yun, Zuriahn | M21 | UC36 | 2:10.87 |
| 5 | Harris, Nate | M24 | Puget Sound Mast-36 | 2:22.17 |
| 6 | Ng, Ethan | M27 | UC36 | 2:30.00 |
| 7 | Esko, Kevin | M60 | Mercer Island Re-36 | 2:35.62 |
| 8 | Howell, Richard | M66 | Oregon Masters-37 | 2:45.00 |

2026 PNA and Northwest Zone Championship - 4/11/2026 to 4/12/2026

Hosted by Blue Wave Aquatics, Sanction #: 366-S004

Meet Program**Event 8 Mixed 100 Yard IM**

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 12 Finals

| | | | | |
|---|----------------|-----|---------------------|---------|
| 3 | Tran, Jennifer | W30 | Orca Swim Team-36 | 3:00.00 |
| 4 | Bailey, Hop | M78 | UC36 | 2:10.00 |
| 5 | Kimball, Hugh | M79 | North End Otters-36 | 2:30.00 |

Heat 2 of 12 Finals

| | | | | |
|---|-------------------|-----|---------------------|---------|
| 2 | Jones, Ronald | M85 | Tom Taylor Famil-36 | 1:55.00 |
| 3 | Davies, Catherine | W51 | Bainbridge Aquat-36 | 1:42.54 |
| 4 | Thompson, Kelly | W56 | Bainbridge Aquat-36 | 1:37.00 |
| 5 | Rasmussen, Karen | W51 | Blue Wave Aquati-36 | 1:40.00 |
| 6 | Ward, Joy | W83 | Oregon Masters-37 | 1:50.00 |
| 7 | Durban, Eric | M70 | Blue Wave Aquati-36 | 2:00.00 |

Heat 3 of 12 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Yanasak, Adam | M51 | UC36 | 1:35.00 |
| 2 | Stevens, Rod | M68 | Bainbridge Aquat-36 | 1:30.00 |
| 3 | DeCarlow, Cara | W41 | Cascade Masters-36 | 1:30.00 |
| 4 | Fogg, Stephen | M77 | Team Walker Inte-36 | 1:27.83 |
| 5 | Abbey, Molly | W51 | Cascade Masters-36 | 1:30.00 |
| 6 | Smith, Katy | W44 | Bernardo's All-S-36 | 1:30.00 |
| 7 | Voegtlen, Barney | M77 | Bainbridge Aquat-36 | 1:35.00 |
| 8 | Kammert, Katie | W34 | Olympia Masters-36 | 1:35.00 |

Heat 4 of 12 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Rody, Sean | M59 | Cascade Masters-36 | 1:25.00 |
| 2 | Moerdyk, Kristen | W32 | Blue Wave Aquati-36 | 1:23.49 |
| 3 | Chapman, Linda | W70 | Lake Washington-36 | 1:22.00 |
| 4 | Furtado, Krys | W46 | Blue Wave Aquati-36 | 1:20.27 |
| 5 | Sasaki, Yasushi | M62 | UC36 | 1:21.00 |
| 6 | Kim, Nellis | W55 | Blue Wave Aquati-36 | 1:22.00 |
| 7 | Olivares, Miguel | M54 | Orca Swim Team-36 | 1:24.29 |
| 8 | Troupe, Curtis | M69 | Team Walker Inte-36 | 1:25.75 |

Heat 5 of 12 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Hartney, Maureen | W39 | Lake Washington-36 | 1:20.00 |
| 2 | Cary, Dale | M68 | Puget Sound Mast-36 | 1:19.11 |
| 3 | Hass, Katie | W46 | North End Otters-36 | 1:16.03 |
| 4 | Caldwell, Ian | M29 | Blue Wave Aquati-36 | 1:15.22 |
| 5 | Wiley, Elizabeth | W47 | UC36 | 1:16.00 |
| 6 | Chang, Laura | W43 | Blue Wave Aquati-36 | 1:19.00 |
| 7 | Tri, Brittany | W36 | Snoco YMCA Barra-36 | 1:19.20 |
| 8 | Rees, Amelia | W23 | Cascade Masters-36 | 1:20.15 |

Heat 6 of 12 Finals

| | | | | |
|---|-------------------|-----|---------------------|---------|
| 1 | Scott, Michael | M39 | Lake Washington-36 | 1:15.00 |
| 2 | Weiss, Karl | M65 | Mercer Island Re-36 | 1:14.20 |
| 3 | Gallardo, Donatto | M35 | Blue Wave Aquati-36 | 1:13.96 |
| 4 | Upsall, Benjamin | M46 | Bainbridge Aquat-36 | 1:13.00 |
| 5 | Castle, Matt | M54 | Thunderbird Aqua-36 | 1:13.00 |
| 6 | Smith, Daniel | M63 | Blue Wave Aquati-36 | 1:14.06 |
| 7 | Geiger, Kyle | M68 | 425 Masters-36 | 1:14.95 |
| 8 | Gemperline, Quinn | M34 | Husky Masters-36 | 1:15.00 |

Heat 7 of 12 Finals

| | | | | |
|---|--------------------|-----|---------------------|---------|
| 1 | Millican, Jacob | M48 | Thunderbird Aqua-36 | 1:12.48 |
| 2 | Yalung, Patrick | M67 | Bainbridge Aquat-36 | 1:11.79 |
| 3 | Schwartz, Steven | M62 | Team Walker Inte-36 | 1:11.68 |
| 4 | Wahlstrom, Colleen | W49 | Team Walker Inte-36 | 1:11.00 |
| 5 | Cermak, Gerald | M62 | Puget Sound Mast-36 | 1:11.60 |
| 6 | McAllister, Mark | M63 | Oregon Masters-37 | 1:11.72 |
| 7 | Scott, David | M59 | Team Walker Inte-36 | 1:12.00 |
| 8 | Bell, Chris | M69 | Puget Sound Mast-36 | 1:12.97 |

Heat 8 of 12 Finals

| | | | | |
|---|--------------------------|-----|---------------------|---------|
| 1 | Graber, Lee | M48 | Cascade Masters-36 | 1:10.06 |
| 2 | Esko, Kevin | M60 | Mercer Island Re-36 | 1:10.00 |
| 3 | Asch, Jill | W59 | Oregon Masters-37 | 1:10.00 |
| 4 | Nouwens, Dominic | M26 | UC36 | 1:08.67 |
| 5 | Johnsen, Nathaniel | M45 | Blue Wave Aquati-36 | 1:09.01 |
| 6 | Nicolls, Dean | M61 | Blue Wave Aquati-36 | 1:10.00 |
| 7 | Anzilago Tesser, Guilhem | M44 | Team Walker Inte-36 | 1:10.00 |
| 8 | Stelmakh, Nikol | W21 | Blue Wave Aquati-36 | 1:10.26 |

Heat 9 of 12 Finals

| | | | | |
|---|--------------------|-----|---------------------|---------|
| 1 | Espineli, Arik | M29 | Cascade Masters-36 | 1:07.14 |
| 2 | Lam, Edmund | M29 | Orca Swim Team-36 | 1:06.39 |
| 3 | Porter, Michael | M59 | Lake Washington-36 | 1:04.72 |
| 4 | Colella, Rick | M74 | Lake Washington-36 | 1:03.97 |
| 5 | Sutherland, Ashley | W29 | Raise the Bar-36 | 1:04.50 |
| 6 | Scott, John | M56 | Mercer Island Re-36 | 1:05.56 |
| 7 | Hathaway, David | M65 | Oregon Masters-37 | 1:07.00 |
| 8 | Quade, Katie | W22 | Lake Washington-36 | 1:07.41 |

Heat 10 of 12 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Petersen, Erik | M37 | Orca Swim Team-36 | 1:02.61 |
| 2 | Hao, Yawei | M35 | Mercer Island Re-36 | 1:02.00 |
| 3 | Torrey, Adam | M39 | Snoco YMCA Barra-36 | 1:01.88 |
| 4 | Shelly, Joseph | M28 | Team Walker Inte-36 | 1:01.33 |
| 5 | Taylor, Trip | M44 | Orca Swim Team-36 | 1:01.65 |
| 6 | Yang, Jacob | M25 | Cascade Masters-36 | 1:01.89 |
| 7 | Alex, Casey | M53 | Puget Sound Mast-36 | 1:02.00 |
| 8 | Lindberg, Denise | W43 | Lake Washington-36 | 1:03.80 |

Heat 11 of 12 Finals

| | | | | |
|---|-------------------|-----|---------------------|---------|
| 1 | McCulloh, Brennan | M25 | UC36 | 1:01.00 |
| 2 | Perry, Maxwell | M47 | Cascade Masters-36 | 1:00.20 |
| 3 | Ross, Michael | M57 | Bellevue Club-36 | 59.99 |
| 4 | Wardian, Ed | M60 | Puget Sound Mast-36 | 59.70 |
| 5 | Linggi, Caleb | M24 | Puget Sound Mast-36 | 59.73 |
| 6 | Shabb, Conrad | M32 | UC36 | 1:00.00 |
| 7 | Sprinkle, Baden | M38 | Blue Wave Aquati-36 | 1:01.00 |
| 8 | Sullivan, Scot | M59 | Oregon Masters-37 | 1:01.32 |

Heat 12 of 12 Finals

| | | | | |
|---|----------------|-----|---------------------|-------|
| 1 | Swaney, Connor | M25 | UC36 | 59.03 |
| 2 | Hutchison, Tom | M30 | Bellevue Club-36 | 57.26 |
| 3 | Mehta, Sivan | M31 | Lake Washington-36 | 56.66 |
| 4 | Cook, Jonathan | M26 | Puget Sound Mast-36 | 53.00 |
| 5 | Grote, Kurt | M52 | Oregon Masters-37 | 55.80 |
| 6 | Yung, Julien | M24 | UC36 | 57.25 |
| 7 | Deines, Jacob | M34 | Olympia Masters-36 | 58.51 |
| 8 | Mendez, Tomas | M34 | Blue Wave Aquati-36 | 59.62 |

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Hosted by Blue Wave Aquatics, Sanction #: 366-S004

Meet Program**Event 9 Women 200 Yard Medley Relay**

| Team | Relay | Seed Time |
|------|----------------------|-----------|
| --- | No entries for event | |

Event 10 Men 200 Yard Medley Relay

| Team | Relay | Seed Time |
|------|----------------------|-----------|
| --- | No entries for event | |

Event 11 Mixed 200 Yard Freestyle Relay

| Team | Relay | Seed Time |
|------|----------------------|-----------|
| --- | No entries for event | |

Event 12 Mixed 1650 Yard Freestyle

| Name | Age | Team | Seed Time |
|-----------------------|-----|---------------------|-----------|
| 1 Yung, Julien | M24 | UC36 | 17:59.98 |
| 2 Lekakis, Vasileios | M42 | UC36 | 20:04.02 |
| 3 Sprinkle, Baden | M38 | Blue Wave Aquati-36 | 20:30.00 |
| 4 Roth, Matthew | M59 | Oregon Masters-37 | 20:30.00 |
| 5 Kirkland, Dan | M77 | Oregon Masters-37 | 20:53.26 |
| 6 Buchmann, Rose | W30 | UC36 | 20:53.85 |
| 7 Banks, Jonathon | M42 | Team Walker Inte-36 | 21:08.55 |
| 8 Piette, Jeffrey | M70 | Oregon Masters-37 | 22:30.00 |
| 9 Bouras, Vas | M37 | Lake Washington-36 | 22:38.39 |
| 10 Panzer, Timothy | M61 | Bernardo's All-S-36 | 23:00.00 |
| 11 Durban, Eric | M70 | Blue Wave Aquati-36 | 23:00.00 |
| 12 Haynie, Carl | M65 | Team Walker Inte-36 | 23:35.00 |
| 13 Tomtan, Brenda | W52 | North End Otters-36 | 24:00.00 |
| 14 Rasmussen, Karen | W51 | Blue Wave Aquati-36 | 24:49.74 |
| 15 Summers, Jeanna | W72 | Oregon Masters-37 | 25:55.00 |
| 16 Ghilarducci, Emily | W63 | Bernardo's All-S-36 | 26:00.00 |
| 17 Cuthbert, David | M52 | Bainbridge Aquat-36 | 28:00.00 |
| 18 Hunt, Andrea | W78 | Bainbridge Aquat-36 | 29:33.53 |
| 19 Moerdyk, Kristen | W32 | Blue Wave Aquati-36 | 32:00.00 |
| 20 Condotta, Robert | M62 | Blue Wave Aquati-36 | 35:00.00 |

Event 13 Mixed 1000 Yard Freestyle

| Name | Age | Team | Seed Time |
|-------------------------|-----|---------------------|-----------|
| 1 Nelson, Kirk | M55 | Puget Sound Mast-36 | 11:07.20 |
| 2 Hathaway, David | M65 | Oregon Masters-37 | 11:47.00 |
| 3 Tujo, Christian | M54 | Oregon Masters-37 | 12:13.77 |
| 4 Lederman, Emily | W28 | Orca Swim Team-36 | 12:15.00 |
| 5 Scott, Michael | M39 | Lake Washington-36 | 12:29.38 |
| 6 Smith, Katy | W44 | Bernardo's All-S-36 | 12:35.00 |
| 7 Kirkland, Dan | M77 | Oregon Masters-37 | 12:38.44 |
| 8 Buchmann, Rose | W30 | UC36 | 12:48.73 |
| 9 Brunjes, Molly | W45 | Cascade Masters-36 | 12:51.66 |
| 10 Sentenn, Samantha | W28 | Cascade Masters-36 | 12:59.99 |
| 11 Piette, Jeffrey | M70 | Oregon Masters-37 | 13:15.00 |
| 12 Williamson, Brian | M33 | Lake Washington-36 | 13:20.00 |
| 13 Gonzalez, George | M55 | Orca Swim Team-36 | 13:50.40 |
| 14 Durban, Eric | M70 | Blue Wave Aquati-36 | 14:00.00 |
| 15 Tomtan, Brenda | W52 | North End Otters-36 | 14:00.00 |
| 16 Banks, Jonathon | M42 | Team Walker Inte-36 | 14:00.00 |
| 17 Zimmerman, Stephanie | W39 | Husky Masters-36 | 14:15.87 |
| 18 Schaufler, Kirby | M66 | Middle Aged Marl-36 | 14:44.44 |
| 19 Rasmussen, Karen | W51 | Blue Wave Aquati-36 | 16:00.00 |

| | | | |
|---------------------|-----|---------------------|----------|
| 20 Cuthbert, David | M52 | Bainbridge Aquat-36 | 17:00.00 |
| 21 Condotta, Robert | M62 | Blue Wave Aquati-36 | 19:00.00 |
| 22 Hunt, Andrea | W78 | Bainbridge Aquat-36 | 19:21.85 |
| 23 Silver, Bailey | W37 | Blue Wave Aquati-36 | 20:00.00 |
| 24 Tran, Jennifer | W30 | Orca Swim Team-36 | 21:51.20 |

Event 14 Mixed 100 Yard Breaststroke

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | |
|--------------------|-----|---------------------|---------|
| 3 Anderson, Graham | M74 | Team Walker Inte-36 | 1:56.68 |
| 4 MacMillan, Lindy | W43 | Bainbridge Aquat-36 | 1:35.68 |
| 5 Dingle, Adair | W66 | Mercer Island Re-36 | 1:47.32 |
| 6 Hile, Larry | M76 | Bainbridge Aquat-36 | 2:18.80 |

Heat 2 of 7 Finals

| | | | |
|----------------------|-----|---------------------|---------|
| 1 Stuart, Katy | W42 | Team Walker Inte-36 | 1:35.00 |
| 2 Ness, Kerry | M56 | Team Walker Inte-36 | 1:33.00 |
| 3 Peterson, Steve | M79 | Bernardo's All-S-36 | 1:30.90 |
| 4 Ghilarducci, Emily | W63 | Bernardo's All-S-36 | 1:30.00 |
| 5 Falkner, Keri | W56 | Team Walker Inte-36 | 1:30.49 |
| 6 Hoffman, Wendy | W63 | Team Walker Inte-36 | 1:31.00 |
| 7 Underbrink, Dan | M69 | Team Walker Inte-36 | 1:33.03 |
| 8 Johnsen, Elizabeth | W47 | Thunderbird Aqua-36 | 1:35.00 |

Heat 3 of 7 Finals

| | | | |
|---------------------|-----|---------------------|---------|
| 1 Lynott, Andrea | W64 | Tom Taylor Famil-36 | 1:30.00 |
| 2 Panzer, Timothy | M61 | Bernardo's All-S-36 | 1:28.00 |
| 3 Olivares, Miguel | M54 | Orca Swim Team-36 | 1:26.31 |
| 4 Menzies, Jennifer | W42 | Middle Aged Marl-36 | 1:26.03 |
| 5 Chang, Laura | W43 | Blue Wave Aquati-36 | 1:26.16 |
| 6 Chapman, Linda | W70 | Lake Washington-36 | 1:28.00 |
| 7 Calkins, Peter | M56 | Snoco YMCA Barra-36 | 1:30.00 |
| 8 Kim, Nellis | W55 | Blue Wave Aquati-36 | 1:30.00 |

Heat 4 of 7 Finals

| | | | |
|---------------------|-----|---------------------|---------|
| 1 Cary, Dale | M68 | Puget Sound Mast-36 | 1:23.58 |
| 2 Castle, Matt | M54 | Thunderbird Aqua-36 | 1:20.00 |
| 3 Mielke, Jasmine | W21 | Western Washingt-36 | 1:19.30 |
| 4 Reese, Rhiannon | W27 | Long Beach Gruni-33 | 1:18.04 |
| 5 Jennings, Lindsey | W44 | Cascade Masters-36 | 1:19.01 |
| 6 Graber, Lee | M48 | Cascade Masters-36 | 1:19.88 |
| 7 Millican, Jacob | M48 | Thunderbird Aqua-36 | 1:20.59 |
| 8 Cheadle, Melissa | W36 | Bainbridge Aquat-36 | 1:24.41 |

Heat 5 of 7 Finals

| | | | |
|--------------------|-----|---------------------|---------|
| 1 Wiley, Elizabeth | W47 | UC36 | 1:18.00 |
| 2 Yalung, Patrick | M67 | Bainbridge Aquat-36 | 1:17.45 |
| 3 Kim, Jae Seon | M45 | Bellevue Club-36 | 1:16.33 |
| 4 Calvo, Morena | W38 | Puget Sound Mast-36 | 1:15.76 |
| 5 Banks, Jonathon | M42 | Team Walker Inte-36 | 1:16.29 |
| 6 Porter, Michael | M59 | Lake Washington-36 | 1:16.84 |
| 7 Barnes, Brent | M58 | Team Walker Inte-36 | 1:17.87 |
| 8 Alex, Casey | M53 | Puget Sound Mast-36 | 1:18.00 |

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Meet Program**Heat 6 Finals (#14 Mixed 100 Yard Breaststroke)**

| | | | | |
|---|-----------------|-----|---------------------|---------|
| 1 | Brelsford, Dan | M45 | Bainbridge Aquat-36 | 1:15.00 |
| 2 | Smith, Daniel | M63 | Blue Wave Aquati-36 | 1:14.10 |
| 3 | Howell, Richard | M66 | Oregon Masters-37 | 1:12.00 |
| 4 | Haynie, Carl | M65 | Team Walker Inte-36 | 1:11.51 |
| 5 | Schutte, Tom | M56 | Puget Sound Mast-36 | 1:12.00 |
| 6 | Espineli, Arik | M29 | Cascade Masters-36 | 1:12.22 |
| 7 | Scott, John | M56 | Mercer Island Re-36 | 1:14.38 |
| 8 | Scott, David | M59 | Team Walker Inte-36 | 1:15.00 |

Heat 7 of 7 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Lindberg, Denise | W43 | Lake Washington-36 | 1:10.30 |
| 2 | Yang, Jacob | M25 | Cascade Masters-36 | 1:06.96 |
| 3 | Grote, Kurt | M52 | Oregon Masters-37 | 59.32 |
| 4 | Cook, Jonathan | M26 | Puget Sound Mast-36 | 57.93 |
| 5 | Yun, Zuriahn | M21 | UC36 | 58.88 |
| 6 | Ng, Ethan | M27 | UC36 | 1:02.77 |
| 7 | Colella, Rick | M74 | Lake Washington-36 | 1:08.95 |
| 8 | Bouras, Vas | M37 | Lake Washington-36 | 1:10.31 |

Event 15 Mixed 50 Yard Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 3 | Jones, Ronald | M85 | Tom Taylor Famil-36 | 55.00 |
| 4 | DeCarlow, Cara | W41 | Cascade Masters-36 | 45.00 |
| 5 | Ward, Joy | W83 | Oregon Masters-37 | 55.00 |
| 6 | Condotta, Robert | M62 | Blue Wave Aquati-36 | 1:05.00 |

Heat 2 of 7 Finals

| | | | | |
|---|---------------------|-----|---------------------|-------|
| 1 | Amon, Elizabeth | W57 | Mercer Island Re-36 | 42.48 |
| 2 | Afkhami, Khody | M44 | Blue Wave Aquati-36 | 40.00 |
| 3 | Quintana, Valentina | W25 | Orca Swim Team-36 | 37.61 |
| 4 | Furtado, Krys | W46 | Blue Wave Aquati-36 | 36.00 |
| 5 | Leick, Blaine | M70 | UC36 | 37.00 |
| 6 | Kramer, Karen | W60 | North End Otters-36 | 38.00 |
| 7 | Stevens, Rod | M68 | Bainbridge Aquat-36 | 40.00 |
| 8 | Longridge, Julee | W55 | Bainbridge Aquat-36 | 42.60 |

Heat 3 of 7 Finals

| | | | | |
|---|-------------------|-----|---------------------|-------|
| 1 | Troupe, Curtis | M69 | Team Walker Inte-36 | 35.55 |
| 2 | Rees, Amelia | W23 | Cascade Masters-36 | 34.90 |
| 3 | Smith, Katy | W44 | Bernardo's All-S-36 | 33.00 |
| 4 | Chang, Laura | W43 | Blue Wave Aquati-36 | 31.99 |
| 5 | Armstrong, Mary | W58 | Snohomish Aquati-36 | 32.05 |
| 6 | Gonzalez, George | M55 | Orca Swim Team-36 | 33.76 |
| 7 | Sussex, Tatyana | W62 | Mercer Island Re-36 | 35.00 |
| 8 | Sentenn, Samantha | W28 | Cascade Masters-36 | 35.99 |

Heat 4 of 7 Finals

| | | | | |
|---|-------------------|-----|---------------------|-------|
| 1 | Jennings, Lindsey | W44 | Cascade Masters-36 | 31.21 |
| 2 | Cermak, Gerald | M62 | Puget Sound Mast-36 | 31.18 |
| 3 | Bollens, Stephen | M66 | Oregon Masters-37 | 30.00 |
| 4 | Motley, Caitlin | W38 | Cascade Masters-36 | 29.89 |
| 5 | Stelmakh, Nikol | W21 | Blue Wave Aquati-36 | 30.00 |
| 6 | McGhee, Paul | M63 | Team Walker Inte-36 | 31.00 |
| 7 | Polidori, Wendy | W56 | Snohomish Aquati-36 | 31.20 |
| 8 | Gallardo, Donatto | M35 | Blue Wave Aquati-36 | 31.26 |

Heat 5 of 7 Finals

| | | | | |
|---|-------------------|-----|---------------------|-------|
| 1 | Schwab, Katherine | W49 | Orca Swim Team-36 | 29.02 |
| 2 | Motley, Abigail | W35 | Cascade Masters-36 | 28.46 |
| 3 | Stephens, Cliff | M71 | Oregon Masters-37 | 28.13 |
| 4 | Philipps, Maureen | W49 | Puget Sound Mast-36 | 27.59 |
| 5 | Jones, Zachary | M45 | Blue Wave Aquati-36 | 28.00 |
| 6 | Colella, Rick | M74 | Lake Washington-36 | 28.30 |
| 7 | Bradley, Blaire | W41 | Blue Wave Aquati-36 | 28.50 |
| 8 | Weiss, Karl | M65 | Mercer Island Re-36 | 29.33 |

Heat 6 of 7 Finals

| | | | | |
|---|-------------------------|-----|---------------------|-------|
| 1 | Ross, Michael | M57 | Bellevue Club-36 | 27.00 |
| 2 | Perry, Maxwell | M47 | Cascade Masters-36 | 26.74 |
| 3 | Fitch, Brad | M31 | Cascade Masters-36 | 26.00 |
| 4 | Sprinkle, Baden | M38 | Blue Wave Aquati-36 | 26.00 |
| 5 | Jones, Kevin | M37 | Orca Swim Team-36 | 26.00 |
| 6 | Hays, Kevin | M31 | UC36 | 26.50 |
| 7 | Ni, Jake | M32 | Blue Wave Aquati-36 | 26.87 |
| 8 | Anzilago Tesser, Guilhe | M44 | Team Walker Inte-36 | 27.41 |

Heat 7 of 7 Finals

| | | | | |
|---|---------------------|-----|---------------------|-------|
| 1 | Swaney, Connor | M25 | UC36 | 25.23 |
| 2 | Arevalo, Alan | M22 | University of Wa-58 | 24.80 |
| 3 | Costigan, Matthew | M31 | Golden Road Aqua-33 | 23.00 |
| 4 | Cole, Matthew | M27 | Bernardo's All-S-36 | 21.99 |
| 5 | Faskhutdinov, Almaz | M21 | Bellevue Club-36 | 22.77 |
| 6 | Mendez, Tomas | M34 | Blue Wave Aquati-36 | 23.69 |
| 7 | Bennett, John | M46 | Cascade Masters-36 | 24.96 |
| 8 | Williamson, Brian | M33 | Lake Washington-36 | 26.00 |

Event 16 Mixed 200 Yard Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Hunt, Andrea | W78 | Bainbridge Aquat-36 | 3:50.30 |
| 2 | Condotta, Robert | M62 | Blue Wave Aquati-36 | 3:30.00 |
| 3 | Farin, Lisa | W68 | North End Otters-36 | 3:08.00 |
| 4 | Tinius, Jeffrey | M80 | UC36 | 2:58.09 |
| 5 | Silver, Bailey | W37 | Blue Wave Aquati-36 | 3:00.00 |
| 6 | Cuthbert, David | M52 | Bainbridge Aquat-36 | 3:20.00 |
| 7 | Tran, Jennifer | W30 | Orca Swim Team-36 | 3:39.12 |

Heat 2 of 6 Finals

| | | | | |
|---|--------------------|-----|---------------------|---------|
| 1 | MacMillan, Lindy | W43 | Bainbridge Aquat-36 | 2:51.47 |
| 2 | Voegtlen, Barney | M77 | Bainbridge Aquat-36 | 2:50.00 |
| 3 | Timpe, Audrey | W38 | Blue Wave Aquati-36 | 2:45.00 |
| 4 | Castillo, Emily | W47 | Team Walker Inte-36 | 2:42.42 |
| 5 | Schaufler, Kirby | M66 | Middle Aged Marl-36 | 2:44.44 |
| 6 | Kennedy, Erin | W36 | Orca Swim Team-36 | 2:48.89 |
| 7 | Olivares, Miguel | M54 | Orca Swim Team-36 | 2:50.88 |
| 8 | Johnsen, Elizabeth | W47 | Thunderbird Aqua-36 | 2:55.00 |

Heat 3 of 6 Finals

| | | | | |
|---|----------------------|-----|---------------------|---------|
| 1 | Longridge, Julee | W55 | Bainbridge Aquat-36 | 2:40.22 |
| 2 | Moerdyk, Kristen | W32 | Blue Wave Aquati-36 | 2:40.00 |
| 3 | Cary, Dale | M68 | Puget Sound Mast-36 | 2:30.72 |
| 4 | Panzer, Timothy | M61 | Bernardo's All-S-36 | 2:28.00 |
| 5 | Afkhami, Khody | M44 | Blue Wave Aquati-36 | 2:30.00 |
| 6 | Barnes, Brent | M58 | Team Walker Inte-36 | 2:35.25 |
| 7 | Zimmerman, Stephanie | W39 | Husky Masters-36 | 2:40.00 |
| 8 | Cziesla, Marcus | M60 | Bainbridge Aquat-36 | 2:40.90 |

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Meet Program**Heat 4 Finals (#16 Mixed 200 Yard Freestyle)**

| | | | | |
|---|--------------------|-----|---------------------|---------|
| 1 | Davidson, Patricia | W43 | Middle Aged Marl-36 | 2:24.03 |
| 2 | Lickwala, Holly | W49 | Team Walker Inte-36 | 2:19.58 |
| 3 | Schwab, Katherine | W49 | Orca Swim Team-36 | 2:15.00 |
| 4 | Schwartz, Steven | M62 | Team Walker Inte-36 | 2:14.74 |
| 5 | Lederman, Emily | W28 | Orca Swim Team-36 | 2:15.00 |
| 6 | Mielke, Jasmine | W21 | Western Washingt-36 | 2:18.95 |
| 7 | Cheadle, Melissa | W36 | Bainbridge Aquat-36 | 2:22.24 |
| 8 | Gonzalez, George | M55 | Orca Swim Team-36 | 2:26.07 |

Heat 5 of 6 Finals

| | | | | |
|---|-----------------|-----|---------------------|---------|
| 1 | Stephens, Cliff | M71 | Oregon Masters-37 | 2:14.00 |
| 2 | Scott, Michael | M39 | Lake Washington-36 | 2:13.12 |
| 3 | Jones, Zachary | M45 | Blue Wave Aquati-36 | 2:03.62 |
| 4 | Linggi, Caleb | M24 | Puget Sound Mast-36 | 2:00.68 |
| 5 | Dang, Vincent | M24 | Puget Sound Mast-36 | 2:02.69 |
| 6 | Scott, John | M56 | Mercer Island Re-36 | 2:08.23 |
| 7 | Reese, Rhiannon | W27 | Long Beach Gruni-33 | 2:13.20 |
| 8 | Graber, Lee | M48 | Cascade Masters-36 | 2:14.24 |

Heat 6 of 6 Finals

| | | | | |
|---|-----------------|-----|---------------------|---------|
| 1 | Sprinkle, Baden | M38 | Blue Wave Aquati-36 | 1:58.00 |
| 2 | Bennett, John | M46 | Cascade Masters-36 | 1:55.81 |
| 3 | Edwards, Evan | M28 | Oregon Masters-37 | 1:54.53 |
| 4 | Grote, Kurt | M52 | Oregon Masters-37 | 1:47.41 |
| 5 | Harris, Nate | M24 | Puget Sound Mast-36 | 1:50.38 |
| 6 | Conrad, Taylor | M25 | UC36 | 1:55.00 |
| 7 | Sullivan, Scot | M59 | Oregon Masters-37 | 1:57.52 |
| 8 | Ni, Jake | M32 | Blue Wave Aquati-36 | 2:00.00 |

Event 17 Mixed 200 Yard IM

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 1 of 5 Finals

| | | | | |
|---|---------------|-----|---------------------|---------|
| 3 | Jones, Ronald | M85 | Tom Taylor Famil-36 | 4:15.00 |
| 4 | Durban, Eric | M70 | Blue Wave Aquati-36 | 3:30.00 |
| 5 | Stevens, Rod | M68 | Bainbridge Aquat-36 | 3:50.00 |

Heat 2 of 5 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Fogg, Stephen | M77 | Team Walker Inte-36 | 3:22.82 |
| 2 | Timpe, Audrey | W38 | Blue Wave Aquati-36 | 3:05.00 |
| 3 | Bush, Gabe | M48 | Blue Wave Aquati-36 | 3:00.00 |
| 4 | Wiley, Elizabeth | W47 | UC36 | 2:50.00 |
| 5 | Piette, Jeffrey | M70 | Oregon Masters-37 | 2:54.15 |
| 6 | Hoffman, Wendy | W63 | Team Walker Inte-36 | 3:02.00 |
| 7 | Rees, Amelia | W23 | Cascade Masters-36 | 3:15.04 |

Heat 3 of 5 Finals

| | | | | |
|---|---------------------|-----|---------------------|---------|
| 1 | Castle, Matt | M54 | Thunderbird Aqua-36 | 2:47.27 |
| 2 | Lynott, Andrea | W64 | Tom Taylor Famil-36 | 2:45.00 |
| 3 | Tujo, Christian | M54 | Oregon Masters-37 | 2:36.14 |
| 4 | Menzies, Jennifer | W42 | Middle Aged Marl-36 | 2:34.90 |
| 5 | Scott, David | M59 | Team Walker Inte-36 | 2:36.00 |
| 6 | Davidson, Patricia | W43 | Middle Aged Marl-36 | 2:41.45 |
| 7 | Quintana, Valentina | W25 | Orca Swim Team-36 | 2:45.59 |
| 8 | Longridge, Julee | W55 | Bainbridge Aquat-36 | 2:48.00 |

Heat 4 of 5 Finals

| | | | | |
|---|-----------------|-----|---------------------|---------|
| 1 | Nicolls, Dean | M61 | Blue Wave Aquati-36 | 2:30.00 |
| 2 | Hathaway, David | M65 | Oregon Masters-37 | 2:27.00 |
| 3 | Porter, Michael | M59 | Lake Washington-36 | 2:24.48 |
| 4 | Espineli, Arik | M29 | Cascade Masters-36 | 2:22.98 |
| 5 | Banks, Jonathon | M42 | Team Walker Inte-36 | 2:24.30 |
| 6 | Roth, Matthew | M59 | Oregon Masters-37 | 2:25.00 |
| 7 | Reese, Rhiannon | W27 | Long Beach Gruni-33 | 2:28.15 |
| 8 | McGhee, Paul | M63 | Team Walker Inte-36 | 2:32.00 |

Heat 5 of 5 Finals

| | | | | |
|---|-------------------|-----|---------------------|---------|
| 1 | Lindberg, Denise | W43 | Lake Washington-36 | 2:21.84 |
| 2 | Torrey, Adam | M39 | Snoco YMCA Barra-36 | 2:18.13 |
| 3 | Perry, Maxwell | M47 | Cascade Masters-36 | 2:12.55 |
| 4 | DeCarlow, Cara | W41 | Cascade Masters-36 | 1:40.00 |
| 5 | Grote, Kurt | M52 | Oregon Masters-37 | 1:58.46 |
| 6 | Petersen, Erik | M37 | Orca Swim Team-36 | 2:15.36 |
| 7 | Brelsford, Dan | M45 | Bainbridge Aquat-36 | 2:20.00 |
| 8 | Philipps, Maureen | W49 | Puget Sound Mast-36 | 2:22.29 |

Event 18 Mixed 50 Yard Breaststroke

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 1 of 9 Finals

| | | | | |
|---|----------------|-----|---------------------|-------|
| 3 | Hile, Larry | M76 | Bainbridge Aquat-36 | 58.54 |
| 4 | Tran, Jennifer | W30 | Orca Swim Team-36 | 53.70 |
| 5 | Jones, Ronald | M85 | Tom Taylor Famil-36 | 55.00 |

Heat 2 of 9 Finals

| | | | | |
|---|------------------|-----|---------------------|-------|
| 1 | Rasmussen, Karen | W51 | Blue Wave Aquati-36 | 46.27 |
| 2 | MacMillan, Lindy | W43 | Bainbridge Aquat-36 | 45.47 |
| 3 | Troupe, Curtis | M69 | Team Walker Inte-36 | 43.50 |
| 4 | Sussex, Tatyana | W62 | Mercer Island Re-36 | 43.25 |
| 5 | Polidori, Wendy | W56 | Snohomish Aquati-36 | 43.50 |
| 6 | Calkins, Peter | M56 | Snoco YMCA Barra-36 | 45.00 |
| 7 | Voegtlen, Barney | M77 | Bainbridge Aquat-36 | 45.60 |
| 8 | Amon, Elizabeth | W57 | Mercer Island Re-36 | 46.30 |

Heat 3 of 9 Finals

| | | | | |
|---|--------------------|-----|---------------------|-------|
| 1 | Ghilarducci, Emily | W63 | Bernardo's All-S-36 | 42.00 |
| 2 | Peterson, Steve | M79 | Bernardo's All-S-36 | 41.30 |
| 3 | Rees, Amelia | W23 | Cascade Masters-36 | 40.87 |
| 4 | Kramer, Karen | W60 | North End Otters-36 | 40.48 |
| 5 | Olivares, Miguel | M54 | Orca Swim Team-36 | 40.49 |
| 6 | Lynott, Andrea | W64 | Tom Taylor Famil-36 | 41.00 |
| 7 | Furtado, Krys | W46 | Blue Wave Aquati-36 | 42.00 |
| 8 | Ness, Kerry | M56 | Team Walker Inte-36 | 42.00 |

Heat 4 of 9 Finals

| | | | | |
|---|--------------------|-----|---------------------|-------|
| 1 | Kim, Nellis | W55 | Blue Wave Aquati-36 | 40.00 |
| 2 | Chang, Laura | W43 | Blue Wave Aquati-36 | 39.99 |
| 3 | Chapman, Linda | W70 | Lake Washington-36 | 39.90 |
| 4 | Menzies, Jennifer | W42 | Middle Aged Marl-36 | 39.06 |
| 5 | Bradley, Blaire | W41 | Blue Wave Aquati-36 | 39.79 |
| 6 | Sentenn, Samantha | W28 | Cascade Masters-36 | 39.99 |
| 7 | Afkhami, Khody | M44 | Blue Wave Aquati-36 | 40.00 |
| 8 | Johnsen, Elizabeth | W47 | Thunderbird Aqua-36 | 40.00 |

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Meet Program**Heat 5 Finals (#18 Mixed 50 Yard Breaststroke)**

| | | | | |
|---|-------------------|-----|---------------------|-------|
| 1 | Cary, Dale | M68 | Puget Sound Mast-36 | 38.61 |
| 2 | Walsh, Greg | M73 | Team Walker Inte-36 | 37.97 |
| 3 | Williamson, Brian | M33 | Lake Washington-36 | 37.00 |
| 4 | Graber, Lee | M48 | Cascade Masters-36 | 36.93 |
| 5 | Gevers, Willy | M66 | Lake Washington-36 | 37.00 |
| 6 | Lickwala, Holly | W49 | Team Walker Inte-36 | 37.10 |
| 7 | Lederman, Emily | W28 | Orca Swim Team-36 | 37.99 |
| 8 | Stephens, Cliff | M71 | Oregon Masters-37 | 39.00 |

Heat 6 of 9 Finals

| | | | | |
|---|-------------------|-----|---------------------|-------|
| 1 | Mielke, Jasmine | W21 | Western Washingt-36 | 36.59 |
| 2 | Jennings, Lindsey | W44 | Cascade Masters-36 | 35.93 |
| 3 | Armstrong, Mary | W58 | Snohomish Aquati-36 | 35.25 |
| 4 | Cermak, Gerald | M62 | Puget Sound Mast-36 | 34.86 |
| 5 | Motley, Caitlin | W38 | Cascade Masters-36 | 34.89 |
| 6 | Wiley, Elizabeth | W47 | UC36 | 35.90 |
| 7 | Millican, Jacob | M48 | Thunderbird Aqua-36 | 36.31 |
| 8 | Schwartz, Steven | M62 | Team Walker Inte-36 | 36.92 |

Heat 7 of 9 Finals

| | | | | |
|---|-------------------|-----|---------------------|-------|
| 1 | Schwab, Katherine | W49 | Orca Swim Team-36 | 34.00 |
| 2 | Yalung, Patrick | M67 | Bainbridge Aquat-36 | 33.91 |
| 3 | Calvo, Morena | W38 | Puget Sound Mast-36 | 33.25 |
| 4 | Lindberg, Denise | W43 | Lake Washington-36 | 32.05 |
| 5 | Howell, Richard | M66 | Oregon Masters-37 | 32.50 |
| 6 | Smith, Daniel | M63 | Blue Wave Aquati-36 | 33.31 |
| 7 | Castle, Matt | M54 | Thunderbird Aqua-36 | 34.00 |
| 8 | Motley, Abigail | W35 | Cascade Masters-36 | 34.76 |

Heat 8 of 9 Finals

| | | | | |
|---|-----------------|-----|---------------------|-------|
| 1 | Bouras, Vas | M37 | Lake Washington-36 | 31.83 |
| 2 | Haynie, Carl | M65 | Team Walker Inte-36 | 31.41 |
| 3 | Yang, Jacob | M25 | Cascade Masters-36 | 30.54 |
| 4 | Mendez, Tomas | M34 | Blue Wave Aquati-36 | 29.42 |
| 5 | Colella, Rodney | M58 | Cascade Masters-36 | 30.00 |
| 6 | Tran, Jason | M20 | Husky Masters-36 | 30.60 |
| 7 | Colella, Rick | M74 | Lake Washington-36 | 31.67 |
| 8 | Cole, Matthew | M27 | Bernardo's All-S-36 | 31.99 |

Heat 9 of 9 Finals

| | | | | |
|---|-------------------|-----|---------------------|-------|
| 1 | Jones, Kevin | M37 | Orca Swim Team-36 | 29.10 |
| 2 | Ng, Ethan | M27 | UC36 | 28.97 |
| 3 | Yun, Zuriahn | M21 | UC36 | 26.54 |
| 4 | Cook, Jonathan | M26 | Puget Sound Mast-36 | 26.00 |
| 5 | Costigan, Matthew | M31 | Golden Road Aqua-33 | 26.50 |
| 6 | Hays, Kevin | M31 | UC36 | 28.00 |
| 7 | Swaney, Connor | M25 | UC36 | 28.99 |
| 8 | Yung, Julien | M24 | UC36 | 29.22 |

Event 19 Mixed 200 Yard Backstroke

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 1 of 5 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 3 | Hunt, Andrea | W78 | Bainbridge Aquat-36 | 5:05.00 |
| 4 | Farin, Lisa | W68 | North End Otters-36 | 3:35.00 |
| 5 | Anderson, Graham | M74 | Team Walker Inte-36 | 3:56.82 |

Heat 2 of 5 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 2 | Ward, Joy | W83 | Oregon Masters-37 | 3:33.00 |
| 3 | Dingle, Adair | W66 | Mercer Island Re-36 | 3:20.27 |
| 4 | Kennedy, Erin | W36 | Orca Swim Team-36 | 3:05.00 |
| 5 | Goetz, Theresa | W63 | North End Otters-36 | 3:09.95 |
| 6 | Underbrink, Dan | M69 | Team Walker Inte-36 | 3:30.34 |
| 7 | Schaufler, Kirby | M66 | Middle Aged Marl-36 | 3:33.33 |

Heat 3 of 5 Finals

| | | | | |
|---|----------------------|-----|---------------------|---------|
| 1 | Falkner, Keri | W56 | Team Walker Inte-36 | 3:02.00 |
| 2 | Stonecipher, Tari | W61 | Velocity Swimmin-35 | 2:57.26 |
| 3 | Armstrong, Mary | W58 | Snohomish Aquati-36 | 2:55.00 |
| 4 | Sentenn, Samantha | W28 | Cascade Masters-36 | 2:49.99 |
| 5 | Tomtan, Brenda | W52 | North End Otters-36 | 2:50.00 |
| 6 | Polidori, Wendy | W56 | Snohomish Aquati-36 | 2:55.00 |
| 7 | Zimmerman, Stephanie | W39 | Husky Masters-36 | 3:00.00 |
| 8 | Hoffman, Wendy | W63 | Team Walker Inte-36 | 3:02.00 |

Heat 4 of 5 Finals

| | | | | |
|---|--------------------|-----|---------------------|---------|
| 1 | McGhee, Paul | M63 | Team Walker Inte-36 | 2:40.00 |
| 2 | Kirkland, Dan | M77 | Oregon Masters-37 | 2:35.68 |
| 3 | Schutte, Tom | M56 | Puget Sound Mast-36 | 2:35.00 |
| 4 | Brunjes, Molly | W45 | Cascade Masters-36 | 2:31.65 |
| 5 | Davidson, Patricia | W43 | Middle Aged Marl-36 | 2:34.71 |
| 6 | Alsberg, Maoz | M57 | Team Walker Inte-36 | 2:35.50 |
| 7 | Buchmann, Rose | W30 | UC36 | 2:36.92 |
| 8 | Stuart, Katy | W42 | Team Walker Inte-36 | 2:49.54 |

Heat 5 of 5 Finals

| | | | | |
|---|------------------|-----|---------------------|---------|
| 1 | Roth, Matthew | M59 | Oregon Masters-37 | 2:30.00 |
| 2 | Sullivan, Scot | M59 | Oregon Masters-37 | 2:15.26 |
| 3 | Edwards, Evan | M28 | Oregon Masters-37 | 2:11.66 |
| 4 | de Acosta, Diego | M51 | Puget Sound Mast-36 | 2:03.88 |
| 5 | Linggi, Caleb | M24 | Puget Sound Mast-36 | 2:10.00 |
| 6 | Perry, Maxwell | M47 | Cascade Masters-36 | 2:14.55 |
| 7 | Brelsford, Dan | M45 | Bainbridge Aquat-36 | 2:22.00 |
| 8 | Lederman, Emily | W28 | Orca Swim Team-36 | 2:30.00 |

Event 20 Mixed 100 Yard Butterfly

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|-------------------|-----|---------------------|---------|
| 2 | Troupe, Curtis | M69 | Team Walker Inte-36 | 1:29.85 |
| 3 | Stevens, Rod | M68 | Bainbridge Aquat-36 | 1:25.00 |
| 4 | Gallardo, Donatto | M35 | Blue Wave Aquati-36 | 1:17.78 |
| 5 | Cheadle, Melissa | W36 | Bainbridge Aquat-36 | 1:20.00 |
| 6 | Sussex, Tatyana | W62 | Mercer Island Re-36 | 1:28.00 |
| 7 | Fogg, Stephen | M77 | Team Walker Inte-36 | 1:39.27 |

Heat 2 of 4 Finals

| | | | | |
|---|-----------------|-----|---------------------|---------|
| 1 | Bradley, Blaire | W41 | Blue Wave Aquati-36 | 1:11.00 |
| 2 | Graber, Lee | M48 | Cascade Masters-36 | 1:10.05 |
| 3 | Smith, Daniel | M63 | Blue Wave Aquati-36 | 1:08.49 |
| 4 | Hathaway, David | M65 | Oregon Masters-37 | 1:07.14 |
| 5 | Scott, John | M56 | Mercer Island Re-36 | 1:07.52 |
| 6 | Torrey, Adam | M39 | Snoco YMCA Barra-36 | 1:10.00 |
| 7 | Lederman, Emily | W28 | Orca Swim Team-36 | 1:10.40 |
| 8 | Mielke, Jasmine | W21 | Western Washingt-36 | 1:13.00 |

2026 PNA and Northwest Zone Championship - 4/11/2026 to 4/12/2026

Hosted by Blue Wave Aquatics, Sanction #: 366-S004

Meet Program**Heat 3 Finals (#20 Mixed 100 Yard Butterfly)**

| | | | | |
|---|-------------------|-----|---------------------|---------|
| 1 | Porter, Michael | M59 | Lake Washington-36 | 1:05.45 |
| 2 | Espineli, Arik | M29 | Cascade Masters-36 | 1:01.77 |
| 3 | Conrad, Taylor | M25 | UC36 | 1:00.00 |
| 4 | Dang, Vincent | M24 | Puget Sound Mast-36 | 59.93 |
| 5 | Ross, Michael | M57 | Bellevue Club-36 | 59.99 |
| 6 | Philipps, Maureen | W49 | Puget Sound Mast-36 | 1:00.89 |
| 7 | Ni, Jake | M32 | Blue Wave Aquati-36 | 1:04.74 |
| 8 | Stelmakh, Nikol | W21 | Blue Wave Aquati-36 | 1:07.00 |

Heat 4 of 4 Finals

| | | | | |
|---|----------------|-----|---------------------|-------|
| 1 | Alex, Casey | M53 | Puget Sound Mast-36 | 59.00 |
| 2 | Petersen, Erik | M37 | Orca Swim Team-36 | 57.14 |
| 3 | Harris, Nate | M24 | Puget Sound Mast-36 | 53.94 |
| 4 | Yun, Zuriahn | M21 | UC36 | 52.78 |
| 5 | Mendez, Tomas | M34 | Blue Wave Aquati-36 | 53.36 |
| 6 | Yung, Julien | M24 | UC36 | 56.83 |
| 7 | Bennett, John | M46 | Cascade Masters-36 | 58.53 |
| 8 | Jones, Zachary | M45 | Blue Wave Aquati-36 | 59.00 |

Event 21 Women 200 Yard Freestyle Relay

| Team | Relay | Seed Time |
|------|-------|-----------|
|------|-------|-----------|

--- No entries for event

Event 22 Men 200 Yard Freestyle Relay

| Team | Relay | Seed Time |
|------|-------|-----------|
|------|-------|-----------|

--- No entries for event

Event 23 Mixed 200 Yard Medley Relay

| Team | Relay | Seed Time |
|------|-------|-----------|
|------|-------|-----------|

--- No entries for event

Event 24 Mixed 400 Yard IM

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Finals

| | | | | |
|---|-----------------|-----|---------------------|---------|
| 3 | Durban, Eric | M70 | Blue Wave Aquati-36 | 7:30.00 |
| 4 | Castillo, Emily | W47 | Team Walker Inte-36 | 7:00.00 |
| 5 | Underbrink, Dan | M69 | Team Walker Inte-36 | 7:05.01 |

Heat 2 of 3 Finals

| | | | | |
|---|-------------------|-----|---------------------|---------|
| 2 | Stuart, Katy | W42 | Team Walker Inte-36 | 6:45.00 |
| 3 | Hoffman, Wendy | W63 | Team Walker Inte-36 | 6:13.00 |
| 4 | Haynie, Carl | M65 | Team Walker Inte-36 | 5:50.00 |
| 5 | Sentenn, Samantha | W28 | Cascade Masters-36 | 5:59.99 |
| 6 | Wiley, Elizabeth | W47 | UC36 | 6:15.00 |
| 7 | Stonecipher, Tari | W61 | Velocity Swimmin-35 | 6:45.26 |

Heat 3 of 3 Finals

| | | | | |
|---|-------------------|-----|---------------------|---------|
| 1 | Tujo, Christian | M54 | Oregon Masters-37 | 5:35.44 |
| 2 | Banks, Jonathon | M42 | Team Walker Inte-36 | 5:12.13 |
| 3 | Nelson, Kirk | M55 | Puget Sound Mast-36 | 4:55.00 |
| 4 | Harris, Nate | M24 | Puget Sound Mast-36 | 4:26.05 |
| 5 | Williamson, Brian | M33 | Lake Washington-36 | 4:40.00 |
| 6 | Sullivan, Scot | M59 | Oregon Masters-37 | 5:04.27 |
| 7 | Roth, Matthew | M59 | Oregon Masters-37 | 5:17.00 |
| 8 | Buchmann, Rose | W30 | UC36 | 5:38.70 |